

# Emmitsburg NEWS-JOURNAL

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## Solar "Phase II" to begin in Emmitsburg

As the first phase of a solar power generation facility in Emmitsburg continues to generate power, contract negotiations for a second phase are already underway, according to Town Manager David Haller.

Haller informed the board of commissioners of the status of Phase II at their May 5 meeting. A full status briefing is expected to occur in June.

The solar installations are being sited on the Creamery Road property of the town wastewater treatment plant, the first phase having been formally approved by the board of commissioners in September of last year, and, now, already on-line.

Jack Copus, director of business development at Rockville-based Standard Solar, previously described the Phase I work as involving the development of a "1.1 megawatt ground-mounted" array... "estimated to produce about 1,400 megawatt hours on the first year, which is 1,425,000 kilowatt hours."

Standard Solar was appointed by the town as the project engineer-procurement-construct manager through a previously held competitive bidding process.

The UGI Utilities, Inc., a natural gas and electric utility, will be the company that will actually be operat-

ing both phases of the solar power installation, and leasing the land from the town upon which the solar arrays and controls are located. UGI will own the solar production operation for 20 years as a third party.

The Phase II installations will produce an estimated 1,670,000 kilowatt hours in the first year of production, Haller told the commissioners at their May meeting. The town expects to generate enough excess power from the Phase II installation to turn a \$40,000 profit.

After the contracts are finalized for the Phase II installation, the array should be on-line by the end of September, Haller stated.

Concurrently in progress is the construction of the new wastewater treatment facility, which is expected to be completed in June 2015.

The facility will be using some of the solar power generated on-site, but Haller said that will only provide about 60 percent of the treatment plant's power needs. "The new plant is an energy monster," Haller said, noting that the facility's energy consumption will be "more than the whole town (uses)."

Aside from legal expenses and related expenditures, the town has not had to pay any upfront costs for the solar installations, which have been



State Senator David Brinkley (above) and County Commissioner Kirby Delauter (below) have done an exceptional job serving the citizens of northern Frederick County and have more than earned your vote and this paper's endorsement. (See editorial on page 2 for additional endorsements)



assumed by the developers.

To date, the town has expended some \$3,000 for an initial study, \$6,000 for existing pipeline removal at the site, and \$19,000 in legal services. Of that, some \$12,500 is expected to be reimbursed through

energy grants, according to Mayor Donald Briggs.

Haller said it has been projected that the town will spend another \$15,000 to \$20,000 in the process of completing the pending Phase II contract.

## Fairfield Fire & EMS holds open house

The Fairfield Fire and EMS held their annual open house in May to allow residents to meet local emergency responders and see the equipment they use in the course of performing their duties.

The open house was held at the Fairfield fire house on May 18. The event was designed to be both educational for all and entertaining for the young.

Several dozen local residents and families attended the event under partially cloudy skies with a slight chill to the spring air. Weather conditions, including misty rain, were blamed for the diminished attendance experienced at last year's event, which had even included a threat of thunderstorms.

Fairfield displayed its entire fleet of firefighting, medical transport, and fire police vehicles. They were joined by the Biglerville Fire Company and the Fountindale Volunteer Fire Department, who also brought units of firefighting apparatus to the event.

Also attending were Carroll Val-

ley Borough and Liberty Township police officers.

Displaying the fleet also provided the fire and ambulance company with an opportunity to show-off two new additions to their 2013 F250 Ford traffic control unit, which had been acquired late last year.

The unit is assigned to the company Fire Police and carries essential safety equipment that the fire police previously had to transport in their private vehicle when responding to emergencies.

The vehicle cost a total of \$63,000, and was paid for with donations, fundraising, and grant from the Volunteer Firefighters' Relief Association.

Fairfield emergency staff provided fire truck rides to attendees, and even allowed children to try and put out a mock burning house using fire department hoses.

Also attending to permit people to become familiar with their equipment and operations was the



Members of the Fairfield Fire & EMS demonstrated passenger rescue at their recent open house.

crew of a Life Net medical evacuation helicopter and one of their "birds."

Fire personnel, accompanied by

the Life Net helicopter also put on a rescue demonstration involving the extraction and rescue of a crash "victim."

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## NEWS

## From the Editor

In the upcoming primary, the voters of northern Frederick County are faced with some very stark choices, some very enjoyable choices, and some very difficult choices when it comes to who will represent them in Annapolis and in the new county council.

The starkest of choices is between current State Senator David Brinkley, and Michael Hough. David Brinkley is a decent, honorable individual. He's one of the few politicians today who can be described as a statesman—his number one priority is serving us. He is superbly qualified and so well respected by his fellow Republican Senators that they chose him to be the Republican minority leader in the Maryland State Senate. As minority leader, David is in a rare position of ensuring that the needs and voices of the citizens of northern Frederick County are heard.

David's opponent, on the other hand, has accomplished nothing, and has nothing to offer other than the politics of hate, fear, and deceit. Hough has no intention of serving us, but rather serving only himself. Frederick County deserves to be represented by an honorable man—we deserve David Brinkley.

Voters also have some enjoyable choices this primary. One of the most is casting a vote for Kirby Delauter to be the Republican candidate for the

Republican District 5 County Council seat. There are not enough positive adjectives in the English language to describe Kirby, so let's just make it simple—Kirby is the type of guy you want in a foxhole next to you. His priority is and always will be taking care of you first. As such, Kirby is the guy you want overseeing how your tax dollars are spent in this county. His campaign motto, "Govern Like a Taxpayer," says it all.

Another clear choice, in the democratic ballot, is Mark Long for candidate for District 5 County Council seat. Mark is clearly compassionate about not only preserving the environment, but also improving the quality of life in northern Frederick County.

Another clear choice is for the House of Delegates. Both Wendi Peters and Kelly Schulz are wonderful choices and deserve your votes. I could give you many reasons for voting for them, but I think they themselves over the past few months have done an exceptional job of laying out their visions in the pages of this paper of what they hope to accomplish in Annapolis.

And while you have the opportunity to vote for three Delegate candidates, I'm going to suggest you choose only two. With five candidates in the Delegate race, it's going to be tight, so if you only choose two, and don't add

to the vote count of one of the other candidates, the voters in northern Frederick County will put Kelly and Wendi into office—and they will both do us proud.

The choices get tough, however, in the county council at large race. After years of elections where one finds oneself voting for the least objectionable, voters are faced with choosing from an exceptional list of qualified candidates, any of which will serve the county well. But for our money, two candidates stand out above the rest: Justin Kiska & Jennifer Charlton. They bring different strengths, but they share a fresh perspective, an inclusive philosophy that recognizes the need to hear all opinions, and last but not least, and the honorable willingness to serve for the betterment of the community. Justin & Jennifer may not have the most road signs, but they do have the best ideas. And in the end, it's ideas that should rule the day, not their number of signs.

That said, another council candidate worth taking a long hard look at is Bud Otis. His strong suit is his exceptional management background in the private sector, a talent the new council will need. On the Democratic side, Linda Norris is a clear choice for County Council at large. Like Kirby, we can't say enough good things about Linda. So if you're a democrat, we encourage you to cast your vote and advance her to the election finals in November.

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## Proposed budget averts increase

The current, proposed Emmitsburg budget for 2014-2015 will not necessitate a need for a tax increase if adopted in the recommended amount.

Mayor Donald Briggs presented his proposed budget for the coming year to the board of commissioners at their May 5 meeting.

The budget was presented to the board to begin the process of adopting a budget and was not discussed in detail at the meeting.

The details of the proposed bud-

get will be considered at upcoming meetings of the board of commissioners as it winds its way towards final adoption no later than the second town meeting in June.

The amount of the proposed budget was also not discussed at the meeting. However, town Administrative Assistant Cathy Willets told the *News-Journal* subsequent to the meeting that the budget was proposed by the mayor in the amount of \$1,702,793 for the general fund.

Mayor Briggs did state at the

meeting that the proposed budget would not entail a tax increase, and would permit keeping the constant yield (real estate) tax at the current rate of 36 cents per \$100 of assessed real estate value.

The proposed budget also will

permit a two percent increase in a cost-of-living increase for town employees, if approved. "This is in line with the county's and area towns' budgets, and is in line with the consumer price index," Briggs said.

The budget also includes a "pro-

vision for the set-up of a pre-formatted, new town website," he said.

The water and sewer enterprise funds were allocated \$1,348,476 in the proposed budget, but these are supported by service charges and not through taxation.

## Emmitsburg area news briefs...

## Cluster development considered

Emmitsburg town staff are working on a possible ordinance that would permit cluster developments within the municipality.

Town Planner Susan Cipperly told the board of commissioners at their May 5 meeting that allowing cluster developments would create more open space within developments, could allow for more housing options, and be more practical for the town to maintain dedicated improvements.

Cipperly noted the proposed changes would comply with objectives stated in the town's 2009 Comprehensive Plan.

The planner stated staff has a "partial draft (ordinance) right now," but wouldn't be bringing it back before the board until after the 2014-2015 budget work is completed.

## Town receives \$1 million grant

The U.S. Department of Agriculture (USDA) has approved a \$1 million rural development grant for Emmitsburg's new wastewater treatment plant.


According to U. S. senators Barbara A. Mikulski and Ben Cardin, the town was also granted a \$1 loan from the USDA, also intended for use in the construction of

the new wastewater facility.

This funding will be used to upgrade the wastewater treatment plant in Emmitsburg to include enhanced nutrient removal. Enhanced nutrient removal technologies enable water and waste treatment plants to reduce the amount of nitrogen and phosphorous that enter the Chesapeake Bay. The project will serve 1,226 homes and businesses in Emmitsburg, according to the press release issued announcing the grant.

The receipt of the grant and loan approval was confirmed May 27 by town Administrative Assistant Cathy Willets.

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# Land preservation resolution defeated

Two recently-elected Hamiltonban Township supervisors defeated a proposed resolution that would have established a township policy barring any future zoning changes to state-administered, former Glatfelter tree farm land.

The intent of the proposed resolution was essentially to send a message to the state Department of Conservation and Natural Resources (DCNR) indicating that Glatfelter land earmarked for preservation would no longer be granted zoning changes to accommodate land trades for commercial use.

The land is presently zoned

Woodland Conservation District.

Supervisors LuAnn Dille and J. Edward Deardorff voted "no" to the proposed measure at the supervisors' meeting on May 6, forcing a tie-vote which killed the resolution.

Supervisors Robert L. Gordon and Coleen N. Reamer had voted to approve the resolution, while Supervisor Douglas Woerner abstained. Deardorff had initially abstained, but subsequently asked that his vote be changed to a "no" vote.

The proposed resolution followed on the heels of a recently-approved conditional use application

submitted to the township by Specialty Granules Inc. (SGI), formerly ISP Minerals, a local quarry operation that quarries metabasalt deposits for use in shingle production.

That approval followed a change of zoning from Woodland Conservation District to Industrial by the supervisors to facilitate SGI's plans for the acquired tract.

The 112-acre tract of land involved was previously part of the Glatfelter Tree Farm No. 1, formerly owned by Glatfelter Pulpwood Company, which had been acquired through preservation efforts (through the assimilation

of millions of dollars) and made part of the Michaux State Forest, administered by the DCNR.

SGI (then still ISP) acquired the land through what some, especially among those who were involved in raising the funds to acquire the land for the state, viewed as a controversial exchange with the DCNR. Protests lodged by those involved in the preservation effort seemingly fell on deaf ears, and the trade was ultimately consummated.

Although the township supervisors resented the land deal, they never-the-less felt compelled to support SGI, a not-insignificant,

township-based operation, when it became clear the municipality was fighting a losing battle to stop the trade altogether.

The attempted resolution proposed and defeated at the May 6 meeting was devised to send a message that no further zoning changes would be considered regarding the preserved lands still in DCNR hands.

Dille and Deardorff basically indicated that they voted against the resolution to allow past issues with the DCNR to die, and move on. "I don't think we should put any stipulation on what they can do with their land," Deardorff said. "I'm worried about the future (as opposed to the past)."

# Cluster development amendment rejected

Carroll Valley Borough councilmembers voted following a May 13 public hearing to reject changes proposed to the borough zoning ordinance.

The amendments would have paved the way for the commencement of the land development process of a proposed multi-hundred unit housing project.

In a 4-2 vote, the borough Council rejected zoning changes that would have facilitated the creation of phased-in housing developments comprised of a variety of housing types based on market demands.

Council members Dan Patton, Neal Abrams, Janis Ashman, and Tom Fitzsimmons voted against the proposed changes. Council President John Van Volkenburgh and Councilman Ken Lundberg voted in favor. Councilwoman Tammy Lytle was absent.

The defeated zoning changes had been proposed by Eluma, Inc., specifically as the result of a housing development they are presently considering on a 107-acre tract wooded site bordered by Sanders and Tract roads, and butted-up against the borough's K-section residential area.

However, the changes would have been applicable to any new development in the borough if they had been approved by the council.

If the zoning changes had been implemented by the council allowing Eluma to proceed to the land development plan phase of the project, the company promised to pay for the upgrade to the existing 40-year-old municipal wastewater treatment plant to increase its capacity and overall operation as part of any final subdivision approvals.

A number of the several dozen resident attending the public hearing spoke-out against the approv-

al of the proposed changes at the hearing, mostly expressing their concerns over the potential increase in traffic, numbers of residents, and possible adverse impacts on the "quality of life" in the municipality.

Borough Planning Commission Chairman Edward Kaplan reviewed the work of that entity in assisting Eluma in ironing-out the proposed amendment and amassing answers to questions regarding the changes that had been previously posed by council members and the public.

None of the residents in atten-

dance spoke out in favor of the changes.

Eluma already has a circa-2006 approved 107 single-family home development, and is further "armed" with a court order which mandates that the municipality provide the development with sewer service.

Also, the development operation could come back before the planning commission and the borough Council with a multi-hundred unit townhouse development plan in lieu of the approved 107-unit project, which would be permitted under the existing zoning ordinance.

# Fairfield area news briefs...

## Planning wraps up official map

A proposed official map for Fairfield Borough moved a step closer to completion as a result of action taken by the borough Planning Commission at their May 12 meeting.

The commission gave county Planner Robert Thaeler the go-ahead to produce a digital draft map, moving the production a notch up from the "hand-drawn," hard copy map the commission had been using, and to finalize the texts of an ordinance and narrative information.

The map will serve as a "wish list" of future open space, trails, and other common areas that borough hopes will be created by developers when prosing development projects.

The map package will likely face approval for recommendation of adoption to council at the planning commission's June meeting.

## Supervisors back parks and rec effort

The Hamiltonban Township Board of Supervisors voted unanimously at their May 6 meeting to show their support for the ongoing efforts of the township Parks and Recreation Committee.

The endorsement followed concerns over lackluster survey results received from township residents concerning parks and recreation objectives, and on the heels of Hamiltonban's recent rejection of participating in a regional recreational plan.

Parks and recreation committee member Teresa Scripture said, "Do you want to disband us? We were surprised you didn't want to do a regional plan." She also asked if there was still interest in creating a municipal park to be located near the township office.

Supervisors Vice-chairwoman Coleen Reamer said on behalf of the committee, "Their concern is legitimate. They don't want to do hard work and then be shut down. They're all volunteers."

Although Supervisor J. Edward Deardorff ultimately voted for the endorsement, initially he disagreed, saying, "I'm against recreation when it's not needed. Think it's better to invest in Carroll Valley's park. I'd like to see this go to a ballot.

## Regional plan creeping forward

The final draft of the proposed Southwest Adams Joint Comprehensive Plan, prepared by the Adams County Office of Planning and Development, is awaiting final input by two of four potentially participating municipalities.

County Planner Robert Thaeler told the Fairfield Borough Commission at their May 12 meeting that Fairfield and Hamiltonban Township have indicated they are on-board to recommend apportionment of the regional plan, but that, as of the May meeting, the county is still waiting to hear from Carroll Valley Borough and Liberty Township.

Two other area municipalities, Freedom and Highland townships

are being "kept in the loop," he said, "even if they continue to hold to the position that they don't want to participate."

The regional plan would super-

sede existing master plans of those municipalities that chose to implement the county version.

## School district approves budget

The Fairfield Area School Board voted at their May meeting to approve a proposed budget for the

2014-15 year, which does not include a tax increase.

This will be the first time in ten years that the district has been spared a school tax increase.

The board is scheduled to approve the final budget during its meeting on June 23.

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# NEWS

## Future Colorfest permit fees increased

The Thurmont Board of Commissioners voted at their May 6 meeting 4-1 to increase permit fees for vendors who will be participating in future Colorfest events.

Voting in favor of the permit fee increases were Mayor John Kinnaird and commissioners Martin Burns, Bill Buehrer, and Wes Hamrick. Commissioner Wayne Hooper voted against the increases.

The board voted to implement the increases beginning with the

2015 Colorfest to help compensate the town for diminishing revenues used to offset the town's costs associated with providing services associated with the event.

On a motion made by Burns, the board elected to implement the following permit increases: craft permit fees will be increased from \$30 to \$35; Parking permit fees will be increased from \$27 to \$30; fees for permits for non-profit food vendors will be increased from \$27 to \$30; and fees for permits for profit food

vendors will be increased from \$500 to \$505.

Yard sales permit fees will remain unchanged at \$15.

The board noted that the revenue generated for the town to help pay for costs has been continuously declining over the past several years, one of the reasons cited by the board being a drop in vendor participation.

Hooper, however, noted that he felt "if you raise the (the vendor permit) fees, then the permits are going to go down more,"

prompting him to vote against the increases.

Burns said, "We're showing a trend... We lost \$7,500 last year. If you look at the numbers, we made \$14,365 one year (before the decline set-in)."

"A lot of people think this is a cash cow to the town of Thurmont," Burns stated. "All we're trying to do historically is break even. It has to offset the cost."

In addition to implementing the permit fee increases, the board will also be looking at ways

to reduce expenses as well. Porta-potties, security, police, and bus transportation represent some of the aspect the board will be looking at for possible cost reductions.

"We can certainly shave off a little bit of this," Mayor Kinnaird said. "We can do that this year and see if it makes a difference."

The board did approve the addition of a bus stop during the event to be located at Center Street in the hopes of driving more event attendees to vendors located in that area of the town.

## Hundreds attend "His Place" car show

The Fifth Annual Emmitsburg Maryland Charity Car Show held May 5 at the Mother Seton School managed to avoid a rainy event on the heels of a moisture-laden week.

The show is organized and held annually by Bill Kuhn, of His Place, Inc. Kuhn's ties to the automotive show operation is the result of his affiliation with His Place, a "full service automotive facility" located at 20 Creamery Way, Emmitsburg. The company also offers car restoration services.

Kuhn said, regarding this year's show, "This is our best year for

registration."

Last year's event, he stated, was adversely impacted by rain, resulting in a registration numbers. "The weather didn't cooperate," he said, resulting in only 30 vehicles registering to compete in the show. This year, he said, more than 60 has indicated they were coming.

Participating contestants pay \$12 advance registration (or \$15 "at the door") to show their vehicle at the event. Of the money raised by the show, one hundred percent of the show's profits go toward providing funds to help

support the Emmitsburg Osteopathic Primary Care Center (EO-PCC), 121 West Main Street, and the Mother Seton School, 100 Creamery Road, Kuhn stated.

The event netted and netted \$2,800.00 this year, and will help cover expenses and provide donations to the care center and school.

Kuhn told the *News-Journal* previously he had been thinking about having a car show in the area for "a couple of years" before actually creating one. "I had to figure out where and how to hold it. It would have been too

much to do it up at our site (His Place.)"

The auto show concept took off, he said, after meeting with EOPCC founder/owner Bonita J Portier. More than 20 sponsors began to kick-in to help make the show a reality, including individually sponsoring trophies bearing the donor's name.

"Everything we have is donated," Kuhn stated. Any uncovered expense is paid for out-of-pocket by Kuhn, including the event insurance, he previously said.

Karen Adelsberger, president of the board at EOPCC, said the

auto show had 28 sponsors this year.

One of the major backers of the event is Rocko Meats, 12623 Catocin Furnace Road, which Kuhn referred to as "a very big sponsor." Rocko Meats was founded in the early 1900s by Frank William Fraley. Current co-owners, Vicky and James "Nick" Fraley acquired the business in 1985 from James "Nick" Fraley, Sr.

The show, Kuhn said previously, "benefits everyone involved" by providing commercial enterprises with a means to advertise their participation, and providing funds to the health clinic and school.

## Thurmont area news briefs...

### Ethics ordinance adopted

The Thurmont Board of Commissioners adopted a proposed ethics ordinance at their May 6 meeting in a 4-1 vote.

The creation of the ordinance was the result of a state-mandate. Municipalities not complying with the state mandate could lose state monies.

Voting in favor of the ordinance were Mayor John Kinnaird and commissioners Wayne Hooper, Bill Buehrer, and Wes Hamrick. Commissioner Martin Burns voted against the measure.

Burns had recommended a more defiant response to the state's demands. "(The response should be) They told us. We heard them. And we took a motion and we reject this," he said.

"And if they apply the appropriate pressure, then we'll go, but at least we'll go screaming and yelling, saying, 'This is over reaching.'"

Kinnaird stated, "It's the law of the land... I would prefer not to thumb my nose at the State of Maryland quite like that."

Elected officials, as well as planning and zoning commission members, and those of the board of appeals, would be covered. Members of the police commission would be excluded. The ordinance is effective immediately.

### Wastewater excess still plagues plant

The Thurmont Board of Commissioners directed at their May 6 meeting to have the sewer de-

partment prepare a plan to seek out and locate problematic, private lateral sewer lines in the town.

Thurmont Mayor John Kinnaird stated, "Over the last seven to eight years we have invested into our sewer infrastructure something in the order of six or seven million dollars to address inflow and infiltration (I&I) into the sewer system.

The average incoming flow at the treatment plant ranges around 650,000 gallons a days (GPD). During rain or melt-water events, the GPD can surge as up to three million gallons a days. Majority of sewer lines have been replace. "It has to be coming from somewhere," he said.

I&I refers to stormwater and

snow melt-water which makes its way into wastewater collection system through cracks and breaks, or unauthorized discharges.

The mayor said, after all the work that has been done on the system, the continued excess suggests the wastewater is com-

ing from unauthorized sources, such as unpermitted discharges into privately-owned lateral sewer lines.

"We we're at the point now... that we need to at some point to address the balance of the problems which are on the property owners' hands," Kinnaird stated.

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# One hundred years ago this month

## June 5

### Prohibitionist Get Together

There will be a big get together conference on Thursday afternoon at the Methodist Episcopal Church in Frederick. The purpose of this meeting is to discuss plans for organizing and setting in motion forces which will line up Frederick County solidly for countywide and statewide prohibition. Members of Emmitsburg's Former Former Boozers Association say they plan on protesting the meeting, provided they can get back in time for the evening dart match at the Hotel Slagel.

### Creagerstown swept by Fire

Creagerstown, a village of 200 inhabitants 10 miles south of Emmitsburg, was nearly wiped out on Tuesday by a fire, which raged for hours. A sudden change in the wind when the flames were at their worst saved all that is left of the place.

Without fire protection and with only wells and cisterns to depend upon, the townspeople had to stand by and watch the fire as it leapt from one building to another, laying in ashes everything in its path. Crowds from Woodsboro, Walkersville, Thurmont, Emmitsburg, and other nearby towns assisted the villagers in removing personal effects beyond the danger zone.

Every house in the town was empty of its furniture and barely enough houses are left to shelter those who lost their homes in the fire. When the fire broke out the townspeople formed a bucket brigade to fight the flames. It spreads so rapidly that attention was turned to removing personal effects from the houses. In a number of cases only a few household goods were saved. The damage will reach between \$55,000 and \$60,000, less than one third of which is insured.

The fire originated in the boiler room of the creamery and then spread to the Town Hall. It next burned the house and outbuildings of Benjamin Bell, and then made a sweep of the storehouse and barn of Robert Ogle. From the Ogle property the fire leapt across the street.

Word was sent to Frederick for

assistance and the Independent Steamer was placed on a flat car on the Thurmont division of the Hagerstown and Frederic Electric Road and a fast run made to Thurmont. At the latter place, however, it was not a loaded because of lack of water at Creagerstown. The fire continued to burn on both sides of the street until a change of wind halted it. By this time it was in striking distance of the Winebrenerian and Lutheran Churches on the West, and the public school on the East side of the street.

The village presented a sorry spectacle when the blaze died out. Every business place was burned and no provisions or clothing could be brought. The churches and schoolhouse are filled with what was saved from the doomed buildings and a number of persons found shelter in them.

An unfortunate feature of the fire is lack of insurance. Several persons lost practically every cent they have accumulated over the years. The town is next to the oldest settlement in the county and consist of one street running the length of the village.

## June 12

### Supersaturated Alcoholics

The town lockup had as its guest late Wednesday night two supersaturated alcoholics who were trying to make sleep impossible for residents on E. Main St. at the expense of their vocal powers. Policeman Rowe took the men in tow. One prisoner was released in the morning on payment of a fine. The other was committed to Mountevue. Rumor has it that the committed man's wife was a Sufferget and he had been driven to drink by her non-stop nagging on the ludicrous idea of women having the right to voting, an idea that would drive any man insane.

### Verdict in Assault Case

George Sauble of near Taneytown, was awarded \$100 by a jury in circuit court against Mead Patterson, a butcher of Emmitsburg, for injuries sustained by an assault. The suit

was for \$5,000. Mr. Sauble charged that Mr. Patterson beat him so that he was injured and was compelled to expend a considerable sum for nursing and surgical and medical attention. Mr. Paterson contended that false and slanderous statements were being circulated against him by Sauble and as a result, Sauble deserved a whopping.

### Mare for Sale

Looking for some reliable transportation? Ready to trade in that useless autocar? Family-friendly seven-year-old mare, perfectly safe for any woman or child to drive, fearful of nothing, for sale at a reasonable price. Why pay for gas when all you need is good green grass?

## June 19

### Wild West Show

Coming to Emmitsburg, Wednesday, June 24, on Firemen Field. Montana Al's Wild West Show and Reed's European Show combined will give to exhibitions, 2 and 8 o'clock - rain or shine. Admission, children under nine, \$.15, adults \$.25. The show consists of first-class cowboy tricks and fancy riding, lady ropers, tossing and spinning. Also a few Vaudeville acts by first-class talent.

### Californians Arrive in Emmitsburg

David Locke and a companion arrived in Emmitsburg on Sunday on their way to Washington. The pair had traveled over mountains, across deserts and planes in a Ford automobile - a four-passenger car equipped with every appliance for comfort and with every means for successfully overcoming anything that might happen.

The Lincoln Highway has been the route mainly followed but at times they have been diverted from their course in order that they may take in points of historic interest. The course was changed in order to reach Gettysburg, hence their pilgrimage to this good old town. Mr. Locke and his chum said they have enjoyed every moment of their



This recently discovered photo shows a decorated horse-drawn carriage during the 1914 Emmitsburg Memorial Day parade.

novel journey and recounted many amusing and dangerous incidents of their travels. Nor have they been dependent upon hotels for accommodation, their tents allowed the pair to stop and rest as they saw fit and their complete cooking facilities allowed them to prepare any game or fish secured by them in route.

## June 26

### Firemen's Picnic

The Fourth of July is always a high point in the year in Emmitsburg. It is the day of the Firemen's Picnic, an annual event that brings everybody together for a good time. This in itself is reason enough for holding this enjoyable event, but there is a greater and better reason. It is this: the proceeds from this picnic are applied to the needs of the Vigilant Hose Company, the local volunteer organization of which Emmitsburg is justly proud, an efficient core of brave, unselfish, ever ready firefighters without whom the property interest of the town and community would be in constant jeopardy. Any town would count itself lucky to have a fire company half as good as the Vigilant Hose Company. The Vigilant Hose Company is simply the very best of the very best!

The lovers of baseball why have a splendid opportunity to see two speedy games. The Thurmont club will play the locals at 10 in the morn-

ing, while in the afternoon Taneytown and Emmitsburg will struggle for victory. Rosensteel and Arnold, season slab artists, are slated to troll for Emmitsburg. Thurmont will probably send in their prime pitcher, Root, while it is not unlikely that Taneytown will send in a man not seen pitching for them this year.

### Controversy over Hays Estate

Alleging that the estate of her father, the late James T. Hays, should amount to about \$75,000. Mrs. Lizzie Snively, of Greencastle, has filed an objection to the claim of her brother, Thomas C. Hays, of Emmitsburg, for \$24,800. This claim is alleged by Thomas C. Hays to be the amount due him as a partner of his father's business.

### Fairfield Falls Before Emmitsburg

For the second time this season and Emmitsburg defeated Fairfield here on Tuesday, 8 to 2. Rosensteel was in fine form, and after the first inning in which two singles were made of his delivery, he allowed but two scratch hits that might have been scored as errors. His teammates supported him in fine style. Lowe, who opened on the mound for Fairfield, was hard hit and retired in the third in favor of Bower. The latter pitched a steady game, but the hard hitting of the locals brought in two more runs.

To read past editions of 100 Years Ago This Month visit the Historical Society section of Emmitsburg.net.

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## FROM THE DESK OF . . .

## State Senator David Brinkley

Are you tired of Washington insider politics? If my opponent has his way, he will bring the same tired rhetoric to Annapolis that has caused a complete legislative meltdown in Congress. If re-elected, I will continue my proven track record of bringing results to the people of Frederick and Carroll Counties without sacrificing my conservative ideology.

My first mailer to voters had a photograph of my opponent posing with Bill Clinton's chief political strategist and spin doctor, James Carville, taken in August of 2012. Not one to shy away from manipulating the facts, Carville is quoted as saying: "Truth is relative. Truth is what you can make the voter believe is the truth. If you're smart enough, truth is what you make the voter think it is."

My opponent must think he is a genius, then, because he has been trying to deceive Republican voters into believing some real whoppers:

*He calls me a liberal and implies that I am not loyal to the Republican Party or our principles of conservatism.*

**Here are the facts:**

My Republican colleagues in the State Senate have three times elected me to serve as the Minority Leader and once as the Minority

Whip, the second-ranking position within the caucus.

Maryland Business for Responsive Government has ranked my pro-business voting record better than 97% of the 188 members of the legislature. My opponent is not even close

Twice I worked tirelessly to defeat Governor O'Malley.

Over the years, my contributions to the Republican Party and to Republican candidates have exceeded \$50,000. My opponent has spent less than \$3500 helping elect Republicans.

My opponent, as a member of the Frederick County Delegation, voted for me to chair the Delegation all three times I was a candidate. If our principles were so far out of alignment, then why did he repeatedly vote for me to be his Chairman and leader?

*My opponent calls me O'Malley's best Republican friend in the Legislature.*

**The facts:**

On December 16, 2013, I called for a full, independent investigation of the failed Health Care Exchange. I have renewed that call four times since and serve on the legislative task force appointed to review the implementation process and make recommendations on

how to proceed.

On multiple occasions (most recently on January 23, 2014), I delivered the Republican response to O'Malley's State of the State Address.

The O'Malley Administration viciously attacked me for criticizing his decision to call a special session solely to raise taxes (all of which I opposed, despite my opponent's assertions).

In 2014, I proposed budget amendments to cut over \$200 million from the state budget, including abolishing taxpayer funded abortions and State funding to embryonic stem cell research. My proposals over the years have involved alternative budgets and reductions in excess of \$1 billion. In four years, my opponent has only offered a single budget reduction equal to 0.00001% of total spending.

I will grant that Governor O'Malley does call me on occasion to complain when I hold up a bill that he wants passed, when I get a conservative amendment attached to one of his ultra-liberal pet projects, and when I figure out a procedural way to kill a controversial bill on the last day of session.

*My opponent is sending out a flyer from a disgraced, for-profit, so-called anti-abortion advocacy group claiming that I support late-term abortions. He knows this is a bold-faced lie, yet he continues to perpetuate a false narrative.*

**The facts:**

Maryland Right to Life (www.mdrtl.org), the Maryland affiliate of the nation's oldest, largest, and most effective pro-life organization, has endorsed only my candidacy for the Senate Primary race in District 4.

My record with Maryland Right to Life is 100%.

My proposed amendments to the budget would have halted taxpayer funding of abortions and eliminate embryonic stem cell research funding. Ironically, Hough's group has been attacking legislators who voted for these amendments.

My opponent in the May 20th edition of the Frederick News-Post criticized me for not attempting to overturn the 1992 referendum on abortion. That might be valid criticism from anyone except another member of the legislature who, in four years, never submitted similar legislation himself.

Not only have I consistently voted against taxpayer funding of abortions and voted to end the horrific practice of late term abortions, this group criticizes me for not cosponsoring a recent late-term abortion bill (SB 34, 2014). What they fail to understand, and what my opponent fails to acknowledge, is that Senate rules prevent any cosponsors when legislation is pre-filed before the legislative session begins. The bill's primary sponsor, Senator Ed Reilly, has even called out the group's founder for spreading this falsehood.

*My opponent is now claiming that he has a better track record of supporting the Second Amendment and fighting against Governor O'Malley and his gun-grabbing policies.*

**The facts:**

I have been a member of the NRA since 1994 (#129211470), have been endorsed innumerable times with "A" ratings since then, and this year received an A- rating.

In this year's Budget Reconciliation and Financing Act (SB172), I added language mandating the State Police justify the expense of the ballistic fingerprinting system, a program I have tried to elimi-

nate through legislation numerous times. The trade association for the firearms industry responded: "On behalf of the National Shooting Sports Foundation, I want to applaud Senator Brinkley for taking this big step toward getting Maryland State Police to address our concerns about the Ballistics Imaging Program." My opponent voted against this bill containing this important language.

I have repeatedly cosponsored legislation making Maryland a "shall issue" State when it comes to concealed carry legislation.

During last year's gun debate, I added an amendment to the Firearms Safety Act of 2013 to allow an individual's firearms to be transferred to a licensed firearms dealer for consignment instead of being confiscated by the state police. My opponent did nothing to prevent the House from stripping that language from the bill.

During the September 2013 hearing on the gun bill's regulations, my questions directed to the governor's administration and the Attorney General were integral in laying the foundation for the arguments currently being used to challenge the constitutionality of the bill currently being debated in federal court. My opponent had absolutely no input.

I am supported by Sheriff Chuck Jenkins and assisted him as he became the top law enforcement officer testifying in Annapolis against SB281.

Republican voters have a clear choice on June 24th in the District 4 Senate primary election. You can vote for my opponent: an underachieving, back-benching novice with no accomplishments other than a hefty campaign account courtesy of his political allies in D.C. and the ability to shift contributions to and from a certain friend in West Virginia--or you can vote for a trusted and proven leader who actually gets results and always places the interests of his constituents first. You can vote for someone who has only proven his effectiveness at twisting the truth into something unrecognizable or for someone who has demonstrated his qualifications and dedication to serve on your behalf for the last twenty years.

I hope I can count on your support and your vote.

**VOTE**  
ON JUNE 24<sup>TH</sup>

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# GOVERNMENT—SOUTH OF THE MASON-DIXON LINE

## Wendi Peters, Candidate for State Delegate (R)

Since I announced my candidacy for the Maryland House of Delegates last July, it has been my honor and privilege to travel around District 4 and talk to members of our community about issues that are important to them. It has been a great opportunity for me to listen to citizens' concerns, answer questions and talk about how my experience will make me an effective legislator. What follows are my responses to some of the common questions I have received from voters.

**Why are you running for House of Delegates?** - My more than two decades of community leadership include 8 years as an elected Councilwoman for Mount Airy making tough decisions, solving problems and working to keep taxes low. I want to take this experience to Annapolis and put it to work for you. My local government experience, coupled with my

passion to serve the community will bring fresh insight to Annapolis that demonstrates respect and compassion for taxpayers, business owners and working families.

**Will you support agriculture and farm businesses?** - My family has been working with the agriculture industry and farm families in Carroll and Frederick Counties for over 50 years. I understand and appreciate the vital role agriculture plays in our economy and our quality of life. I am committed to working with our farm community to reduce burdensome and costly regulations, protect property rights and expand opportunities for commerce within the agriculture industry. I am very proud to have received the endorsement of the Maryland Farm Bureau PAC.

**What would you do to strengthen Maryland's economy?** - I support

comprehensive tax relief including repealing rain tax, stopping the gas tax, cutting individual and corporate income tax rates and eliminating overreaching regulatory burdens. I want to make Maryland a place where families can afford to live, work and retire and where businesses are encouraged to thrive. Comprehensive tax relief is instrumental in strengthening Maryland's economy.

**How would you approach the state budget?** - I have 8 years of experience working on municipal budgets, analyzing line-by-line, targeting cuts where appropriate and reducing spending. I support a similar approach at the state level, including independent audits of all agencies and departments. We must make state government more efficient by cutting waste and duplication.

**What are your education policy priorities?** - My top priority will

be to support school choice and empower parents to pursue the best learning environment for their children. I support the repeal of Common Core. Education reform should focus on collaborative efforts of teachers, parents and leaders in our communities, with emphasis on decision-making freedom at the local level and sufficient resources and training to meet the individual needs of each student. I also support revisiting the formula used to allocate state education funds. As your Delegate, I will advocate for a sufficient allocation of state education funds, which are your tax dollars, to be returned to District 4.

**What are your thoughts on transportation funding?** - All state funds allocated to transportation should be used for that purpose. We need to create a true "lock box" to ensure that money dedicated to the

Transportation Trust Fund will not be raided, but will instead be used for transportation operating and capital expenses. District 4 citizens contribute taxes "dedicated" to this fund and my focus will be to make sure this money gets back to our District for its intended purpose.

As your Delegate, I will ask tough questions, bring vital issues to the forefront and advocate common sense solutions for the challenges facing our State, all while remaining focused on fiscal responsibility. I will accomplish this while always remembering that I work for you, the citizens of District 4. To bring fresh insight to Annapolis next year, I respectfully ask for your vote.

If you have any further questions or need additional information please feel free to call me at 301-829-2525 or visit my website, wendipeters.com.

## Kelly Schulz, Candidate for State Delegate (R)

Tuesday, June 24<sup>th</sup> is Primary Day in Maryland. The fear is that there will be a very low voter turnout, which has been common for primaries, but there are many reasons why this year should be different.

One reason for lower turnout is if you are not a registered Republican or Democrat, you do not have the ability to vote in the party primary. Maryland is a closed primary system, thus anyone that is registered as unaffiliated, will not have the opportunity to vote. Maryland has seen an increase in unaffiliated (independent) voters over the years.

I have talked to hundreds of voters over the years about their reasoning to either register as Independent or change their affiliation to Independent. The most common reason provided is that they do not relate to one of the political parties all the time, and that the perception of those in leadership is bad behavior leading to legislative gridlock. Many vot-

ers do not want to be a part of an institution that seems to be causing the problems.

This is understandable, but it also limits the power of the individual - specifically by eliminating them from perhaps most important part of the election process - primaries. The parties choose their top candidates to be elected in the general election in November. By not voting in June, you may not have the opportunity to vote for your candidate of choice, which leaves you with candidates chosen by others.

June 3<sup>rd</sup> is the deadline for registering for the Primary, so this may be too late for some, but a special plea is going out those that can. Important issues will be decided by YOU this election season. The candidates have been working hard to get information out about where they stand, and now it is time for you to decide how our governments at all levels will move forward.

As you are educating yourself on the candidates, you will learn that there are many distinctions between them - even within the same political party. You DO have a choice! You will be deciding on experience, effectiveness, character, and philosophy. Many candidates are well known. Many more are introducing themselves to you for the first time.



I will take this opportunity to ask you, when you are in the voting booth, to cast your vote for me - Kelly Schulz - for Delegate. I have served Frederick County's district 4a for 4 years and have had meaning-

ful legislation passed that directly impacts the lives of Marylanders. Fighting against tax increases; fighting FOR teachers and local school board control; authoring legislation to reduce business regulations; authoring bills to protect victims of crimes - and holding criminals responsible!; and creating new ways for farmers to utilize their land while continuing to grow crops.

During my first term in office, I have had the great opportunity to represent the finest district in the state...to allow your voice to be heard loud and clear. My col-

leagues trusted my leadership by voting unanimously to elect me as the Chairman of the Frederick County Delegation. The leaders in my Party appointed me as Ranking Member of my committee (House Economic Matters Committee) to lead the fight against a liberal anti-business agenda.

It would be an honor to be trusted by you for one more term. Please vote on Tuesday, June 24<sup>th</sup>, and please vote for me, Kelly Schulz. Together, we can grasp the opportunities and tackle the tough issues facing our great state. Thank you!

*"I am committed to working on comprehensive tax relief for all Marylanders."*

Wendi Peters  
Candidate for Delegate  
District 4  
Endorsed by  
Maryland Farm Bureau PAC

Authority: Citizens for Wendi Peters  
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## FROM THE DESK OF . . .

## Jennifer Charlton, Candidate for County Council at Large (R)

I have a servant's heart and love serving those in need. After many years in the for-profit sector as an entrepreneur and sales and marketing professional, I have found my calling as executive director of Mission of Mercy. Running a \$2.2 M nonprofit that makes a difference in the lives of thousands of patients by providing life-saving health and dental care, without government funding, is very rewarding. Offering my leadership as an At Large member of the county council was a natural next step.

Every day I lead by five principles that I will bring to the council to ensure that our charter government delivers an efficient, effective and responsive local government.

Personal Responsibility - Fundamentally, I believe that the government doesn't take care of people, people take care of people. Real effectiveness comes when we take personal responsibility particularly when

federal accountability is so lacking.

Respect for the Individual - Since this political journey began, I've been struck by the nasty practices of politics. I am disheartened when I hear negative rhetoric rather than respectful dialogue that promotes creative and solution-driven civil discourse. Ultimately, we must focus on principles-based leadership that honors voters, opponents and supporters alike. Let's restore "statesman politics" to the local elective process.

Fiscal Conservatism - I'm a Reagan conservative. I believe in low taxes, decentralized power and a strict interpretation of that inspired document known as the U.S. Constitution. Currently we live in an era of creeping government responsibility for the people - rather than by the people - which has translated into our bloated and derelict bureaucratic government. Likewise our state corporate tax structure deeply af-

fects our local businesses, job creation and economy. This stifling constraint on our businesses must be adjusted to empower rather than impede our competitiveness with neighboring states. Finally, we must grow or we'll roll backwards; but that growth comes in many shapes and sizes - including growth that preserves our lovely rural feel, adequate road systems and schools. As for school overcrowding, the BOE should consider school redistricting and realignment of services to address the excess capacity issues in more than 13 schools. As politically charged as it may be, we adjust our political districts based on the census every 10 years; the school system should do the same to make best use of our available resources in educating our youth. Constructing schools at a cost of \$40-60 million must be our last solution to this important issue.

Compassionate Leadership - Con-

servatives are often mischaracterized as cold-hearted, profit-driven and harsh but the opposite is true. Conservatism is more caring, offering freedom to choose - not mandates that force political outcomes. Similarly, caring leadership is about listening to the people's concerns and being responsive to their needs.

As a local legislator, I will promote policies that protect individual liberty and property rights while delivering an accountable government. We will need a leadership team that is collaborative and represents the diversity of our party and community - be it age, ethnicity, or gender- without compromising competency and effectiveness. Our first-ever county council must build our economy, workforce, and infrastructure, without over-burdening our businesses or over-taxing our citizens or we run the risk of becoming a bloated government.

National issues have and will

continue to affect our families, businesses and local economy. Healthcare reform is a mess! The healthcare industry has been plunged into turmoil, costing taxpayers billions! The healthcare gap has expanded to include our middleclass. A whole new level of financial burden has been bestowed upon our hard-working, job creating middle class, many of whom are small business owners. These issues will continue to impact us as people have to access care somehow...either at free clinics such as Mission of Mercy or at the hospital Emergency Department.

Integrity - Restoring fiscal responsibility and providing compassionate leadership with grace, is a matter of political integrity. I am honored to be endorsed by the Emmitsburg News-Journals as a candidate to serve you. Thank you and may God Bless us in this important transition!

## Bud Otis, Candidate for County Council at Large (R)

Growth: Growth should not be a burden to taxpayers. I do not want Frederick County to turn into another Montgomery or Prince George's County.

Education: Education is our future on so many levels. It is the ticket to a successful and happy life. Frederick County's children deserve the best foundation so they can compete for the jobs of tomorrow. Together, we will work

to continue to elevate ourselves to the goal of owning the best school system in the State of Maryland. I support Maintenance of Effort to ensure that all Frederick County Public School students continue to have access to a high quality public school education.

Economic Development: I am pro-business. As an elected official I will do everything possible to make Frederick County the most business

- friendly jurisdiction in Maryland. There is so much that the County Council can do to improve the everyday lives of Frederick County citizens. One of the best places to start is with economic development. What that means to me is attracting employers, both in government and in the private sector, who give folks the opportunity to provide for themselves and their families.

We need to make Frederick Coun-

ty a model for the live here/ work here philosophy, instead of being tied up in traffic on I-270. Friends, with your help, and only with your help, we can do this.

Environment: I was blessed to grow up on a farm where I held the rich fertile soil in my hands and experienced the vital importance of our limited natural resources. I have a deep understanding of the importance of agriculture to our county and will do everything possible to be a strong advocate for our farmers. One of the big issues for our County government moving forward will be how to solve our solid waste problem. We need to find a technological-sound and fiscally responsible solution that does not burden taxpayers.

Senior Citizens and the Elderly: Hopefully all of us at some point will be elderly. Our population is aging and we need to address those specific needs head on. The challenges facing the elderly with respect to property taxes, cost of living, independent living, assisted living, and skilled nursing care must be addressed in a comprehensive fashion.

I will support the Department of Aging and the programs that are provided for seniors.

(Law) Enforcement and Emergency Services: Both the Sheriff and the Fire Chief will have my full support in their efforts to provide safety and protection to our citizens! I support our current system of both volunteer firefighters and career firefighters. I will work to see that never changes!

Ethics: It is an honor to be elected to serve the citizens of our great county. It was an honor for me to serve as Chairman of the County's Ethics Commission. I took my responsibilities very seriously, and consider high ethical standards to be a requirement for those of us who will serve in the County Council.

## Why vote for Bud Otis?

I have spent 12 years working as Chief of Staff for our local Congressman in Washington doing EXACTLY the same type of work that I will be doing as your County Councilman, which is passing laws which work best for you. I am experienced in the system of government that we are about to embark. I am ready for what is ahead and know how to skillfully guide our County to greatness.

Sustainable Environment.  
Good Economy.

A smart, balanced candidate that will bring strength to our first Charter Government.

LINDA COUNTY COUNCIL  
**NORRIS**

Charting the Future of  
Frederick County.

[lindanorrisforcouncil.com](http://lindanorrisforcouncil.com)

Republican Billy Shreve  
Council at Large

Promises Made - Promises Kept

- Ended double Taxation of Municipal Residents
- Ended over \$200 million in lawsuits against Frederick Co.
- Ended a legal battle between the Municipalities and County Government.
- Reduced or eliminated 202 taxes and fees
- Passed a Senior Tax credit to help Seniors stay in their homes
- Added Wi-Fi to all schools in Frederick County



[www.BelieveInShreve.com](http://www.BelieveInShreve.com)

By authority of the candidate: Angels A. Gregory, treasurer

VOTE



MARK  
**LONG**

"For all the people of Frederick County!"

[www.marklong.us](http://www.marklong.us)

[mark@marklong.us](mailto:mark@marklong.us)

Visit me on facebook at: Mark Long for Frederick County District 5

COUNTY COUNCIL DISTRICT 5

Jill Long, Treasurer



# GOVERNMENT—SOUTH OF THE MASON-DIXON LINE

## Justin Kiska, Candidate for Frederick County Council at Large (R)

My family moved to Walkersville when I was only five years old and that is where I am proud to say I grew up and went to school. It's hard for me to remember a time when I didn't live in Frederick County. After I graduated from Walkersville High School and it was time for me to go to college, I chose The George Washington University because I knew it was the perfect school for me. Why go to Boston or New York City to learn how our government works when I could go to school in the nation's capital and learn from those actually in the government?

As I was getting ready to leave for GW, my parents began looking at building a house in the new Worman's Mill neighborhood on the north side of Frederick City. I fell in love with Worman's Mill the first time I saw it and said that after college, when I came back, that is where I was going to live.

While I was in Washington, I worked on my first political campaign. Many start with a campaign

on the local level; I started volunteering for Elizabeth Dole's Presidential Exploratory Committee. By the time she ended her campaign, I had worked my way up from a volunteer to an assistant in the fundraising department. After a semester working as a Policy Intern at Empower America for former Cabinet Secretaries Jack Kemp and Bill Bennett, I returned to Mrs. Dole's office to become her Scheduler and Special Assistant.

There was a time, as hard as it may be to believe, that "politics" was not a dirty word and our representatives in Washington could disagree while debating on the floor of the House and Senate, then put those differences aside and go out together for dinner. We had leaders in the government like Bob and Elizabeth Dole and Jack Kemp, all who believed in the importance of serving and who understood it was more important to *do* something than simply fight about something. These were my teachers. These were the people who instilled in me

what it means to be a public servant.

During all of my time working in Washington, I still considered Frederick my home. At the end of 2001, when an opportunity presented itself, my family purchased The Way Off Broadway Dinner Theatre, and I returned to Frederick to take over as the theatre's Managing Director. My family had been involved in theatre for a long time, but everyone who knew I had been working in Washington assumed I would continue following that path. Some were surprised to find out I was leaving Washington, but I saw coming back and running Way Off Broadway and building a successful business as a chance to be a part of a great community. And when I came back, I bought a home in Worman's Mill.

A few years ago, I was honored when Frederick City Mayor Randy McClement appointed me to the group charged with forming what is today the Golden Mile Alliance. It is an organization that is working to revitalize the Route 40 cor-

ridor, which was once an economic engine of the city. Today, I am the President of the Golden Mile Alliance, and while there are those who think the Golden Mile can never be revitalized, I know it can. Anything is possible in Frederick County because of the people who live here and the commitment they have to their community.

The potential Frederick County had always amazed me. I grew up knowing Frederick County was a very special place and I knew what could happen here. That is why I came home. I wanted to be a part of Frederick's future. In the last twelve years, Frederick has changed and grown and will continue to grow. As much potential as I saw in Frederick twelve years ago, it has even more today. I am excited about all of the possibilities of what can happen right here in Frederick County.

That is why I am running for the new Frederick County Council. I want to help guide Frederick County into the future. I want to help unleash Frederick County's poten-

tial. I want to see Frederick County be as great as it can be.

This year is a new beginning for Frederick County. The Charter that goes into effect in December will usher in a brand new government. The new County Executive and Council members are going to be the ones that lead Frederick into the future. So it is imperative to elect the people who believe in Frederick's potential; the people who will do whatever they can to make Frederick County the best it can be. We need to elect the people who are going to lead and make each and every resident of the county proud.

Since I entered the race in February, I have been crisscrossing the county trying to meet as many residents as possible. There is still a lot of ground to cover, both literally and figuratively. With the Primary fast approaching, I am asking you today for your vote on June 24<sup>th</sup>. Between now and Primary Election Day, I am going to continue working my way around the county to win every vote I can. I'll see you on the campaign trail!

## Linda Norris, Candidate for County Council at Large (D)

### Government's Role: Facilitating Public/Private Solutions

Heroin use has resurfaced in our community in recent years, after a heyday in the 70s as a "hippie drug", as a result of prescription opioid abuse. This challenge, which has hit hard in the northern part of Frederick County, provides a good example of the necessity for private resources and government to team up and tackle the issue.

According to health experts, Percocet and methadone, the source of 27 deaths in Frederick County 2011, are the opioids at the root of the problem, though heroin is now replacing the opioids as the drug of choice for those who can no longer get or afford the opioids 10 people overdosed 2012 and 2 people in 2013

from heroin laced with fentanyl, a batch containing a deadly synthetic. The deaths have touched all of us; my daughter went to school with and was broken-hearted over the young woman from Thurmont who lost her life last year.)

As an aspiring County Councilmember, I see the need for our government resources on the frontlines — Sheriffs deputies, state troopers and city/town police, the EMTs and paramedics, to partner with the Health Department, which can facilitate the crisis by tracking the overall health impact to our community and providing educational support in tandem with nonprofit agencies like the Mental Health Association and private drug treatment facilities

The collaboration has already begun with the Drug Awareness

community events spearheaded by the Sheriffs Office, Drug "Turn-in" days sponsored by local law enforcement agencies, and the Frederick County Health Department's efforts to train physicians to watch for signs of prescription abuse. Physicians are also being educated and encouraged to sign up for the new state Prescription Drug Monitoring Program. By providing access to databases of prescribed controlled dangerous substances, physicians, nurse practitioners along with pharmacists can watch for signs of overprescription of painkillers.

These education programs are funded through grants and existing staff.

Incidentally, we should be and are following the lead of 188 local overdose prevention programs

in the country that now distribute naloxone (also known as Narcan) and have provided training to more than 50,000 people, leading to the reversal of 10,000 overdoses, according to the Centers for Disease Control. I support efforts of the county public safety departments, including paramedics and ALS staff as well as sheriff's deputies, who are being trained in the administration of this drug, and urge cooperative purchasing and training among our city and town law enforcement agencies.

The County Council should pass legislation to ensure that our emergency responders are trained and can administer this non-habit forming drug without liability, and that friends and family who report overdoses fall under "Good Samaritan" laws if they are illegal

users so that the necessary help can be called for a person in distress, so that even users will do the right thing to call for help to save someone's life. In too many cases, I've heard from my daughter and other young people, users are afraid of being caught and abandon people in emergency situations for fear of being prosecuted, and a "one strike" or limited prosecution guarantee could save more lives and potentially lead others to treatment.

The government's role is to put our public safety, educational and public health resources to work facilitating support from the private sector and non-profits to solve problems like this. It's a public-private model that can work for many issues that face our community.

## Billy Shreve, Candidate for County Council at Large (R)

Why am I running for office? I get Results! Plain and simple. I'm just an average Joe who asks lots of questions and does my homework. Every day I roll up my sleeves and make tough decisions. I'm not trying to win a popularity contest, I make decisions because it's the right decision, because it's the right thing to do.

Government takes money from your family. Your tax dollars are not my slush fund to throw out the windows to everyone who wants a handout.

If I make a promise, I keep it. You know who I am and what I stand for. That doesn't happen very often in the political world. I need your vote on June 24<sup>th</sup>.

No other Board of County Commissioners has ever produced

the results of this Board of Commissioners. Blaine Young, Kirby, Delauter, Paul Smith and Billy Shreve have produced over 5 pages of results to make your life easier, and less complicated so you can spend more time with your family. Visit [www.BelieveInShreve.com](http://www.BelieveInShreve.com) to see this BoCCs list of accomplishments.

When Elected in 2010 job #1 was to Draft a 4 year Strategic Plan. A few highlights of our accomplishments is listed below:

**Taxes:** This BoCC removed over 200 taxes, fees, and policies that made your life more difficult. No longer are you required to get a permit to install a garbage disposal or pay to register your home alarm.

**Senior Citizens:** As County Commissioner I have initiated

several programs to allow Seniors to live better, and age in Place. Started a pilot program to allow the use of Transportation vouchers for private transportation services when buses do not work for them, Initiated a **Senior Tax Credit**, and started a land trust. The Land Trust allows several Senior friendly Living options and can be partially tax free.

**Education:** Wi-Fi in all schools. Why turn off a Students connection to the World? We embraced that tool and invested so that every classroom can be a computer lab and is connected to the most up to date information available. School Security was enhanced, and investments were made in new schools and additions to existing schools. System wide School Capacity is now

less than 90%.

**Roads:** Developed partnerships with the City, State, and Private Sector to build and enhance Roads. Improvements are being made to RT 15/Opossumtown Pike, & RT 270/80. Interchanges are planned or being built at RT 15 near Butterfly Lane, RT 15/Biggs Ford Rd, RT 70/Meadow Rd, plus improvements to RT 75 and Monocacy Boulevard.

**Open for Business:** As a Commissioner, I created Large & Small Business tax credits to compete with our neighboring Counties. These programs foster Job growth, business retention, and lower unemployment. Result: More citizens live & work in Frederick County. The Government must be stable, trustworthy, predictable, and establish the same rules

for everyone.

**Drugs & Crime:** I championed the collaborative efforts of the County, State, Sheriff's Department, Health Department, State's Attorney's office, 12 Municipal Governments, and Frederick County Public Schools to educate parents about drugs & drug related issues surrounding their children. We held 4 events in County High Schools and produced a video that can be viewed online. We must stop the rising 300% increase in Heroin use, overdoses, and affiliated crimes.

These accomplishments were completed during the worst economy since the Great Depression, without raising taxes.

If you want Leadership and Results ... I'm your man. Vote for me on June 24<sup>th</sup>.

## FROM THE DESK OF . . .

## Kirby Delauter, Candidate for County Council (Dis. 5) (R)

Coming up June 24th 2014 we have the primary election. This is a key election because during our four year term as Commissioners, four of us have held the line on spending and made great progress in reducing the size of government, here are some of the highlight items that we have completed and some reasoning as to why I think you should consider me for the elected Council in District 5.

We have been hit by many issues from the State during our short time in office. Things like reduced State Police presence in the County, which causes our Sheriff to add Deputies which the County now has to fund, fewer dollars back to us in the way of highway user revenues, the "rain tax", just to name a few. Our fiscally pru-

dent ways have caught the eye of the bond rating companies in New York, when they upgraded our bond rating. This rating is important because if you can borrow funds at a lower interest rate, you can borrow more for schools, roads, and infrastructure while your debt ratio remains intact. We will do all of this while keeping the constant yield of \$1.060 and increasing the overall budget by less than 0.5%.

As far as Schools, we have taken a lot of flak over school funding. The facts of the matter are this: we funded maintenance of effort at \$231 Million, including teachers pensions of \$8.44 million. We provided \$11.3 Million of in-kind services as well. The FCTA can mis-state facts all they want. They can also act as though they have not re-

ceived a pay increase in over five years, when the fact is; they received COLA's almost every year. We funded \$250,000 to fully restore the \$1 Million reduction in funding to the Frederick Community Collage cut by the prior administration.

We have increased the Senior tax credit, allocated funds for emergency shelters, instituted Housing Initiative Funds, funded MOU agreements with the Mental Health Association, and funded Thurmont's Senior Center and the Forest Conservation Board. We have increased funding for Agricultural preservation by 42%, School construction funding by 2.5%, and Parks acquisition by 100%.

The water and sewer enterprise fund is up 13.8% due to increased

rates. These rates were increased due to new mandates by the State for clean water discharge from sewage plants.

State mandates play a big part in whether or not your taxes are increased so this election is critical as well for who we put back in Annapolis to represent us. You need to determine whether you want State Delegates and Senators that favor a stable tax environment with responsible government, or State Delegates and Senators that place things like the bathroom bill as a priority, you know, whether or not men can enter women's restrooms and vice versa. What kind of government we get depends on who we send to represent us. Same goes for Frederick County.

I have fought hard to bring you responsible government at a respectable

tax rate. I am not afraid to step on toes at the State level and let them know I will fight hard if I feel we are having burdensome taxes and regulation shoved onto our taxpayers.

Going forward you have to decide whether your quality of life here in Maryland will be maintained by electing responsible, fiscally sound people, or will be left to deteriorate by electing the go along to get along politicians that have the backbone of a wet noodle. It's your call, do your research and most importantly vote. A lot of people gave up their opportunity to vote when they died on various battlefields throughout history. Don't squander the opportunity that was given to you by their sacrifice.

## Mark Long, Candidate for County Council (Dis. 5) (D)

From a very early age, I developed a love for the mountains, forests and nearby park lands. We're very fortunate to have Catoctin Mountain National Park, as well as Cunningham State Park in our back yard. My extended family, the Longs, the Keilholtz and the Greens, took hikes together in the mountains to places like Chimney Rock, Wolf Rock, Catoctin Vista and Cunningham Falls. These were great occasions to enjoy the forest scenery, get some exercise in the out of doors, as well as enjoy the company of family.

I also loved to go hunting for morel mushrooms with my family. My mother's father, Sam Pryor who founded Pryor's orchard in Thurmont, on at least one occasion took me out of school so we could hunt morel mushrooms. This was a very special treat! My grandfather knew of many special

places where he knew morels could be found. When we would get near his "secret" spot where he thought mushrooms should be, he would wave his walking stick like a "magic wand" and mushrooms would magically appear. He helped instill in me an appreciation and sense of wonder for nature, and to this day, one of my greatest joys is just walking through the forests, along the streams and enjoying the solitude of nature. It's refreshing and restorative for me.

When I was 13, my family toured and camped around the country for a month. We visited many of the well known National Parks and monuments during that journey, such as the Smoky Mountains, Monument Valley, Grand Canyon, Bryce Canyon, Yosemite, Sequoia, Yellowstone, Badlands and others. This was an enriching experi-

ence and one of the most memorable times of my childhood. Our National Park system is one of the true treasures of our great country. It's something that everyone should be proud of. We should all be thankful for the foresight of the visionaries that realized the value of preserving portions of our land in their natural state for the enjoyment of future generations. These areas help connect us to the land and ground us, as well as give us perspective as human beings. They are good for our soul.

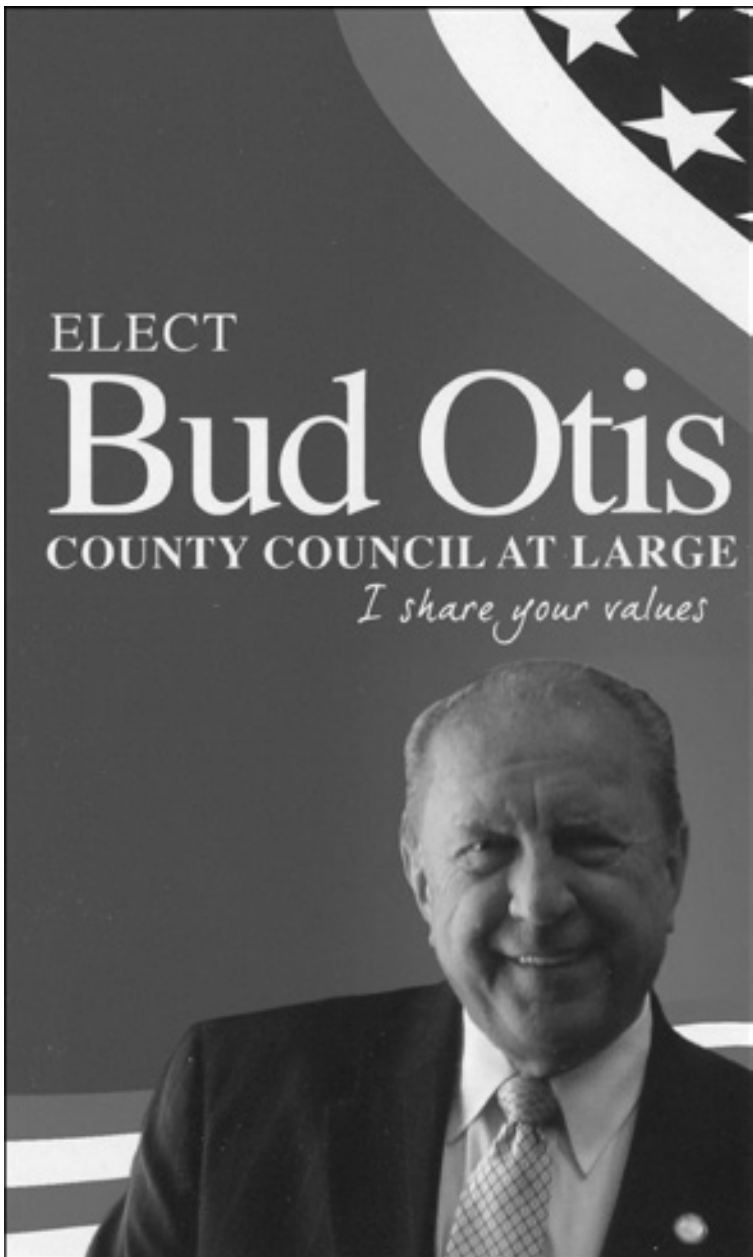
And as important as it is to preserve areas in their natural state as we do with our parks, I think it's also important to protect our environment and natural resources as a whole. Our planet sustains us and we have only one planet to live on and utilize. We should respect it and care for all of it, so it continues to provide for our needs and provide us with a good home. It's important to take responsible mea-

sures to ensure that our streams and rivers remain clear and healthy so that they can continue to provide us with healthy drinking water, as well as venues for fishing and other recreation. By responsibly managing rain runoff and caring for our local waterways, we also keep our Maryland gem, the Chesapeake Bay, in good health. Most everyone enjoys Maryland crabs, oysters and other sea foods and to continue to have these products available, we must protect the valuable resource that allows them to thrive.

We have another great resource that I think it's important to protect, our farms. Locally, this includes dairy, beef, alpaca, sheep, goat, equine, vegetable and aqua cultural farms, as well as orchards and wineries, and more. Frederick County has the largest number of farms and more acreage is covered with our farms, than any other county in our state. Our coun-

ty ranks #1 in the state in the number of organic farms, demonstrating a strong local commitment to growing green products. Our agricultural industry is vital to our county's economic health.

We can continue to protect our farms and preserve our rural heritage by responsibly managing our residential growth, planning it so that it occurs near our existing towns and traditional growth centers. Of course, we can also help our farmers by supporting them with our business and buying locally. Nothing tastes better than local produce and this also helps our local economy. While the primary purpose of farms isn't to provide us with visual enjoyment, I, for one, do enjoy looking out across the green open vistas that farms provide. Like our National Parks, I believe that open spaces are good for our soul and well being, and enrich us as a community.



## Emmitsburg Mayor Don Briggs

Congratulations to the graduating class of Mount Mary's University. The Commencement conjured up a wonderful securing feeling to see so many young people prepared and eager to go out to the challenges of the world. At every Mount commencement I am taken by the jobs and advanced education opportunities the Mount graduates earn. It is a terrific school. The grads come out prepared. From the players I've coached have come doctors, attorneys, an FBI agent, one with Homeland Security, Certified Public Accountants, Army com-

missioned officers, MBAs and MAs, one studying for a PhD in philosophy, award winning teachers to name a few. With each passing year I hear more accomplishments of former players as their lives unfold and their determination to make "plays", that is, great things happened for them and their families. Always a certain Mount grads forge strong lifetime friendships. But most of all, and I mean most of all, are the great husbands and fathers with wonderful wives and children.

As for town news, new fencing for basketball and tennis courts and re-

surfacing is underway as well as LED lighting. We're ramping up security in parks with security cameras, extra lighting and trimming of trees. The Community Legacy matching funds grants with property owners is in full swing with four properties now be renovated. The General Dollar Store site plan submission is slated on the Planning Commission May agenda.

Lib and I along with a 185 or so others attended the Peter and Wendy play at the Community Center put on by Christ's Community Church. In front of many beaming family members and friends the young cast performance was terrific.

For the second year in a row the state baseball tournament will be playing in Memorial Park, Starts Friday night, July 4<sup>th</sup> with skills challenge and games Saturday and Sunday. We are so fortunate to host the tournament and have the strong local support to sponsor it.

June 14<sup>th</sup> is Flag Day. There will be a flag retirement ceremony in front of the Community Center at 6 PM. If you have never witnessed this ceremony with the 21-gun salute it is special. Plans are afoot for a more consolidated memorial for our veterans.



## GOVERNMENT—SOUTH OF THE MASON-DIXON LINE

### Dick Johnson, Candidate for County Council at Large (R)

Running for the County Council At-Large is a very humbling experience. Most folks I talk to want to know what is the difference between Charter Government and our current Commissioner form. There have been numerous forums around the County to explain the differences. Most are subtle changes while some are more glaring. The new County Executive will carry a lot of power. The Executive will have power over the budget and the power to veto. The Council can only reduce items in the budget not increase them. They will be heavily involved in Land Use decisions and in passing laws, the majority of which used to be part of the Legislative Package that went to Annapolis each year.

Economic Development is the key to bringing more jobs to Frederick. We currently have several new restaurants coming to Frederick. We will even have a Dick's Sporting goods Store (no relation). All of these bring jobs. With Fort Detrich and the National Cancer Institute located here, we need more companies that compliment these facilities. We need to work with our local small business to see how we can help them grow. We need to further reduce fees that impede this business growth. We have a lot to offer. I know. I've been here 40 years. At the same time we expand our economic development, we need to preserve our quality of

life. While many look at our rural character, I believe our quality of life starts with the people. Saying good morning, or afternoon, holding a door, not being too quick with the horn, being more patient are all little things but they are contagious and make people feel welcome.

According to the Department of Agriculture, Family Farms account for 98% of all farms in the USA. They provide 85% of the Nation's total agricultural output. The scary fact is that 70% of the Nation's farmland will change hands in the next 2 decades.

Maintaining our rural character while at the same time protecting the property rights of farmers is of utmost importance. Allowing farmers to keep the farm in the family without any kind of tax as it passes from one generation to the next, to build homes on the farm for family members without affecting subdivision rights, should be a top priorities. We need to support our farmers by utilizing the Farmers Markets, Pumpkin Patches, Christmas Tree Farms, Ice Cream Parlors, etc. We need to make farming more attractive to the younger generation by supporting 4H and other programs. We need to get the kids engaged. It beats video games.

Our seniors are our newest asset. In the next 15 years, we will have more seniors in Frederick County than students in school. Twice as

many seniors over 65 are driving now than there were 20 years ago. Many are working longer and those that retire are an untapped resource. We need to looking at making Aging-In-Place the mainstay of our senior program. We need to adjust our tax structure to facilitate this. It is imperative that our seniors have access to expert medical care and affordable prescription medication. Expanding our senior transportation system can


help achieve these goals. We can create affordable housing clusters where seniors can care for seniors. Imagine how this would enhance the quality of life among our seniors. Lastly, we have to provide support and care for our At-Risk seniors. Our parents should never have any fear of being alone and that no one cares.

We have a great educational system. We need to have a collaborative effort between the BOE and the

Council to help reduce costs and develop new revenue streams to find additional funding for our teachers and support staff. They have taken the hit as we all have. It is time to offer them a future as well.

It is not enough to be from Frederick, you've got to be for Frederick and I am for Frederick. Remember me, Dick Johnson, when you cast your ballot on June 24<sup>th</sup>. Your voice in Frederick.

Re-Elect  
**SHERIFF CHUCK JENKINS**  
 "The People's Sheriff"



I ask for your vote in the Primary Election on June 24th and General Election November 4th.

[www.sheriffchuckjenkins.com](http://www.sheriffchuckjenkins.com)  
 Authority: Gary L. Jenkins, Treasurer

Committed to the people of Frederick County

# SCOTT ★ ROLLE

## CIRCUIT COURT JUDGE



The Experience Required to ensure justice in our community

[www.scottrolleforjudge.com](http://www.scottrolleforjudge.com) Authority: Candidate: Devon Rolle, Treasurer

## FROM THE DESK OF . . .

### Mark Sweadner, Candidate for County Executive (R)

Hello! My name is Mark W. Sweadner and I am seeking to become your County Executive. I am the only candidate for County Executive that has not had the opportunity to lead this County.

I felt it was imperative to seek this position based upon the directions the current and prior leaders of our BOCC have taken us. Equally important are my qualifications and experiences for this extremely important position.

I have lived my whole life here in Frederick County. I graduated from Linganore High School in 1969. Received an AA degree in Business Administration from Frederick Community College (FCC) in 1971 and received the Outstanding Graduate Business Administration Transfer Award. Transferred to the University of Baltimore and graduated magna cum laude in 1973 with a degree in Accounting. Married with three children. Attended graduate

school at Mount St. Mary's College.

My parents were Duval W. & Martha M. Sweadner. Both did various volunteer works in the community. My dad was an educator and one of the founders of FCC. He was the first president from 1957-1967. My mother was a homemaker most of her life but entered the job market after getting her Nursing Degree at FCC. She followed in the footsteps of her mother and became a Registered Nurse. I have two sisters and one brother.

My first professional job was with Main Lafrentz & Co., an international CPA firm located in Hagerstown. It was a job but wasn't fulfilling. Seeking public service, I applied for and was selected to be the first City Accountant for the City of Frederick. I worked there for 8 years and enjoyed my public service immensely. Next position was with Carroll County Govern-

ment as their Chief, Bureau of Accounting and I was responsible for around 20 employees. During my 8 years there I received the Commissioners Exceptional Service to the Citizens of the Community Award for cash management. I also served Carroll County as their Tax Collector. I have always looked for savings for the taxpayer. I then became the Budget Officer for Frederick County Government working for 7 budget cycles. After working at several other jobs I returned to Frederick County Government working in other financial positions before retiring in 2011, ending my governmental financial career after working for 29 years.

I have always enjoyed public service and working in finance. The major issues that I want to accomplish are –

Effective use of our financial resources (property and local income taxes) which would result in a reduction in the amount of taxes we

are paying. (FY15 proposed budget is over \$450 million for these taxes.)

Control rapid and rampant growth. (Encourage commercial growth but halt residential growth since we have sufficient residential planned growth for both the short and long-term.)

Stop the Incinerator Project (WTE) since we know it is not economically feasible. Research the feasibility of a Materials Recycling Facility or Materials Recovery Park like Carroll County is doing. There is not a problem with our current method of long hauling.

Keep Montevue Assisted Living & Citizens Care & Rehabilitation Center nursing homes.

Stop Tax Incremental Financing (TIF'S). TIF's surrender the increased value of County assessments within the developed area and provide this increased assessment to the developers to pay for their debt service for their improve-

ments. We get their growth but no additional taxes to pay for it.

Restore funding for non-profits. This would be a very small amount of County funds (approximately \$250,000) but means so much to these organizations that provide services to those less fortunate than we are.

Restore taxation for Admissions & Amusement & Trailer Parks.

I have not asked for nor accepted campaign contributions. I plan on running my campaign like I will manage the County if I am elected your County Executive - very frugal and conservative. I balance budgets by reducing expenditures and not by increasing your taxes.

I ask for your support in getting my platform out and for your vote. Please get out and vote on June 24, 2014 for the candidates that you believe will redirect our wonderful Frederick County for the best interests of all of our citizens.

### Jan Gardner, Candidate for County Executive (D)

Frederick County is a special place. And it's the people who live here that make it special. They are generous, take care of each other, and enjoy a high quality of life. Our challenge is to keep Frederick County the best place to live, work, and raise a family.

I am running to serve as Frederick County's first County Executive to restore trust in government, to re-focus government on serving people, and to ensure a prosperous future for all of us who call Frederick County home. Together, we can make

sure Frederick County's best days are ahead.

Frederick County citizens deserve a County Executive who worries less about the profits of out-of-county developers and more about protecting taxpayers from absorbing the costs of residential development. Frederick County citizens deserve a County Executive they can trust. That's why I am running for County Executive.

I believe Frederick County can grow while preserving our rural character, our historic and cultural amenities, and our won-

derful quality of life. Residential growth must pay its way and be timed with our ability to provide needed schools, roads, public safety and other services. We can welcome new residents while maintaining our high quality of life. Citizens deserve a County Executive who puts the needs of existing residents first. That's why I am running for County Executive.

Frederick County citizens deserve a County Executive who worries less about always getting his way, and cares more about making sure citizens are empow-

ered to participate in the public process and make a difference. Citizens have a right to be heard and must be treated with dignity and respect. That's why I am running for County Executive.

Frederick County citizens deserve a County Executive who will not give away millions of property tax dollars to residential developers while failing to adequately fund education and services to seniors like Meals on Wheels. Frederick County cannot continue to spend more money than it has or give tax dollars away to subsidize devel-

opment. Citizens deserve good management and fiscal responsibility. That's why I am running for County Executive.

My vision for Frederick County is a community where every child has an opportunity for an exceptional education and a seat inside a school building, where citizens can drive across town without long delays on congested or unsafe roads, and where every citizen feels a sense of belonging and community.

Frederick County deserves a full-time County Executive who will devote all their energy and effort to serve the betterment of the County. That's why I am running for County Executive.

### Blaine Young, Candidate for County Executive (R)

I have been honored to serve as a County Commissioner for over four years now. Prior to that, I served four years on the Board of Aldermen in the City of Frederick. Before that I watched my father as Mayor of the Frederick for 16 years. If I learned nothing else during all this time, I learned that there is no more important aspect of county government than having a good solid, productive working relationship between the county and the municipalities.

When I was sworn in as County Commissioner the county was faced with multiple issues with its municipalities, including the enactment of county laws, which were designed to supersede local control of land use matters within municipal borders. The power grab by the county was no better than what we complain about the State of Maryland doing to us - unfunded mandates and usurpation of local authority.

One of the very first things I did when I took office to restore

an appropriate balance between the authority of the municipalities and the county government. In addition, I restored tax equity payments to each and every municipality. The payments, which had been recently cut, are provided to the municipalities in recognition of the fact that the municipalities are providing certain services for their residents, and therefore the county does not have to provide them. It was the right thing to do.

I view the relationship between the county and the municipalities so important that an entirely new position was created to serve as a liaison between the county and municipal governments. Dave Dunn has done a great job in restoring trust between municipal leaders and county government, he regularly attends meetings in every municipality in the county, and he brings issues back to the county, which we tackle immediately. This new-found working relationship and cooperation between the various governments

has resulted in municipalities saving thousands of dollars on things such as procurement, because it is now our policy to allow the municipalities to piggyback on some of our purchases, and take advantage of lower bulk pricing. Again, it is only the right thing to do, and we are glad to do it.

And, I am proud to say that this new cooperative environment created with the municipalities, and its appreciated at the local government level, as ev-

idenced by the endorsement of my candidacy for County Executive by over 40 past and present municipal leaders.

I never understood the "us versus them" mentality. Your local mayors and town councilmen should not often treated like the enemy when they ventured into Winchester Hall to say their peace, but instead, should be seen as valued allies. After all, we are all in this together. Frederick County belongs to each and ev-

ery one of us, whether we live in the unincorporated areas of the county or within the borders of our towns and cities.

I have enjoyed immensely my four plus years as a County Commissioner, and one of the things I have valued most is getting to know so many people in every part of the county, many of them who reside in the municipalities. I look forward to continuing this work, and pledge to continue our efforts to make each and every one of our cities and towns a happy and productive place to live and work.

## Republican Blaine Young for County Executive

**Blaine Young delivers RESULTS for taxpayers.**

Thanks to his leadership, county government is spending responsibly and taxing less, with no reduction in services to taxpayers:

- **Reduced or eliminated 202 different taxes and fees**
- **Reduced county administration by 16% with no reduction in county services**
- **Passed the Senior Tax Credit to help seniors stay in their homes**

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Paid for by Blaine Young for Maryland, Carol Young Treasurer

# GOVERNMENT SOUTH OF THE BORDER

## Ron George, Candidate for Governor

I wish to thank the Emmitsburg News-Journal for allowing me this opportunity to reach out and introduce myself to the voters in Northern Frederick and Carroll Counties. I am a Republican candidate for governor, a family man and a successful businessman, owner of Ron George Jewelers in Annapolis. I am also a state representative from Anne Arundel County. As a ranking member on the Maryland House Ways and Means Committee, I have earned a reputation as a conservative who finds solutions and builds coalitions. This has helped me in leading the successful fights to repeal the Tech Service Tax and to cap the boat excise tax, thus restoring both those industries in Maryland. In 2009 I won the fight for secure drivers licenses. Known for exposing waste, I have twice been named Legislator of the Year. My wife Becky and I have been in love for 34 years. We have six children and five grandchildren.

Frederick's Shelley Alois is my Lieutenant Governor candidate. She is a lifelong Frederick County resident, a former middle school, high school, and university math and science teacher. She was among the first to cultivate the AIDS virus in a lab for research. A banking analyst, Shelley led an Olympic village and is the former alderman from Frederick. It is Shelley's and my hope to leave a prosperous and free Maryland that rewards hard work and preserves

the natural beauty of our state for future Marylanders.

Press and business groups have called me the leader of all candidates for having the most sound and comprehensive platform to restore Maryland. Here are some of the Frederick and Carroll County local highlights:

- Frederick and Carroll County Highlights of My Platform - A 10 Point Promise
- (For the full Maryland version go to [VoteRonGeorge.com](http://VoteRonGeorge.com))

### I. Economic Development and Maryland Jobs Plan, including:

- Emergency across-the-board 10% income tax cut retroactive to 2014 tax returns
- Lower the Corporate Income Tax Rate by 2% to 6.25%.
- Grow the tax base in Baltimore to allow Frederick and Carroll Counties to keep more of their money home.
- Bring manufacturing back to Frederick, Hagerstown, Cumberland and the Eastern Shore.
- Assist small cities that have revenue saved toward broadband and other incentives, by giving them the rest of the cost they need on a pay-back basis
- Ease farm regulations that overreach and make areas unprofitable
- Make sure each regulated business is well represented on any regulatory board

- Repeal the Gas Tax automatic increase and the Rain Tax
- Remove Obamacare and replace with a free market model
- Increase biotech development
- Move forward with safe drilling and exporting of natural gas, helping Allegheny, Garrett, Calvert, and St. Mary's Counties

### II. Buy in Maryland plan, including:

- Allowing Maryland residents to receive a 20% sales tax refund on all individual items bought for over \$100 in Maryland

### III. Cut waste. Balance the state budget while cutting taxes, including:

- Requiring independent audits of all departments and agencies. Ron has shown close to 3 billion in waste in our departments.

### IV. Restore Good Government, including:

- Create a government that is more responsive to individuals, regardless of party
- Require the automatic forfeiture of retirement benefits for elected officials convicted of abusing their office
- Enforce the Campaign Finance Reform laws that Ron helped enact
- Implement the state's transparency software
- Remove the pressure of one-size-

fits-all federal and state mandates on local governments

### V. Increase Public Safety, including:

- Encourage enforcement of existing laws
- Remove ineffective and overreaching laws
- Address growing heroin epidemic at all levels
- Define roles more clearly for sheriffs, state and local police

### VI. Promote Effective Education, including:

- Reject Common Core and all federal and state mandates that remove teachers' abilities, parental control, student privacy and school board autonomy.
- Create a scholarship system where students that pass an entrance exam to a private school will receive some money to attend. This will help create smaller public classroom sizes.
- Promote civics and financial literacy courses
- Bring back trade schools

### VII. Make energy more affordable, available and less dependent on unstable governments around the world, including:

- Developing natural gas resources and using clean coal

### VIII. Create a Proactive Transporta-

### tion Plan, including:

- Create a true lock-box for the Transportation Trust Fund
- Put all gas taxes (after repealing the increases) toward state road and bridge creation and improvements
- As we build a stronger tax base, more local jurisdictions will better meet their transportation infrastructure needs

### IX. Restore, conserve and preserve our natural resources without punishing the very people who live, work, and recreate here because they love our beautiful state, including:

- Dredge the "silt pond" above the Conowingo Dam
- Create a true lockbox of dedicated funds for sewage treatment
- Encourage planting of Maryland's tall deciduous trees
- Allow more hunting of overpopulated species

### X. Protect your God Given Rights Guaranteed by our Constitution:

- I believe the strength of our state lies within the individual and that each person's dignity, freedom, ability, and responsibility must be honored. I have spoken on the need to stop any erosion of the 2nd, 4th, and 10th amendments protecting individual, parental, and states' rights


For more information about the full ten-point plan or to donate, visit [voteron-george.com](http://voteron-george.com) or call 410-544-3128.

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# DANNY

# O'CONNOR



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- ★ Respect

Judge O'Connor has more than 32 years of experience as a trial lawyer, and is the only candidate on the ballot found qualified to serve as a judge by Frederick County's bipartisan Judicial Nominating Commission.

Judge O'Connor has served as the Chair of the Maryland State Bar Association Litigation Section, and has repeatedly been recognized for his excellence in the law and for his commitment to our Frederick County community.

Recognized by his Peers

- ★ Highest *Ethical and Professional Ability* rating in Attorney Peer Reviews at Lawyers.com
- ★ Frederick County Bar Association *Jerome Offutt Award* for Professionalism and Civility
- ★ Best Civil Litigation Attorney by Frederick Magazine "Attorneys' Poll"
- ★ Statewide *Super Lawyer*, Baltimore Magazine

Recognized by the Community

- ★ Laughlin *Distinguished Citizen Award* by Frederick Community College
- ★ *Paul Harris Award* by the Rotary Club of Carroll Creek
- ★ *Reinberger Award* by Families Plus

Committed to Community Service

- ★ Frederick Community College Foundation, Chairman and Board Member
- ★ Habitat for Humanity of Frederick County, Board Member

[www.judgeoconnorcampaign.com](http://www.judgeoconnorcampaign.com)

**f CitizensforJudgeDannyB.O'Connor**

By Authority: Citizens for Judge Danny B. O'Connor, Kimberly S. Chaney, Treasurer

**On Tuesday June 24th, Vote to Keep Judge Danny O'Connor on the Circuit Court for Frederick County.**

## FROM THE DESK OF . . .

## Carroll Valley Mayor Ron Harris

On the same weekend in June, we celebrate our national flag and honor our fathers. National Flag Day is June 14th. Flag Day was officially established by President Woodrow Wilson on May 30, 1916. In 1949, President Truman designated June 14th of each year as National Flag Day. Be proud! Fly the flag that day. Remember the flag should be displayed only between sunrise and sunset. It is permitted to display the flag at night if illuminated. Father's Day will be celebrated on June 15th. Father's Day originated in 1909 when a woman named Sonora Dodd came up with the idea to celebrate her father who was born in June. She encouraged others to honor their fathers in June. It didn't become an official holiday until 1972 when President Nixon issued a proclamation declaring the third Sunday in June as Father's Day. A "Concealed Carry Seminar" is being hosted

by State Representative Will Tallman on June 5th beginning at 6 p.m. at the Penn Township Volunteer Fire Company, 1750 Pine Road, Newville (Cumberland County). This is a great opportunity for anyone who holds a permit or is thinking about applying for one to learn about their rights and responsibilities. Be sure to reserve a seat by going to the website, <http://www.repwilltallman.com/>.

School will be ending in June and more people, young and old, will be bicycling and walking on our trails. This might be a good time to take a look at our Pennsylvania laws regarding both. In Chapter 35, Section 3510 of the Pennsylvania Consolidated Statutes book, there is a law that requires all bicyclists age 12 and under to wear a properly fitted bicycle helmet every time they ride their bicycle. As a matter of fact, it is recommended that all bicy-

clists wear a safety helmet when riding a bicycle. Please note that a bicycle is considered a vehicle and therefore when riding on a roadway must be operated in the same direction as required of other vehicles on the roadway. All bicyclists are required to use hand arm signals while on the road. Section 3507 mandates that bicyclists, who ride after dark, install reflective devices or lights on their bicycle. We know that pedestrians have the "right of way".

But what are your responsibilities/duties regarding walking on our trails? Section 3544 states that where a sidewalk is provided and its use is practicable, it is unlawful for any pedestrian to walk along and upon an adjacent roadway. Where a sidewalk is not available, any pedestrian walking along and upon a highway shall walk only on a shoulder as far as practicable from the edge of the roadway. Where neither a side-

walk nor a shoulder is available, any pedestrian walking along and upon a highway shall walk as near as practicable to an outside edge of the roadway and, if on a two-way roadway, shall walk only on the left side of the roadway. Bottom-line, please follow these laws. They are for you and your family's safety on the road. For us drivers, slow down when in the Valley. Watch out for the unexpected when it comes to people walking, jogging and bicycling on our beautiful trails.

Hope you are planning to attend our July 4th Celebration. It is being held on Friday, July 4th. Event starts at 2 pm. Click on [www.cvjuly4th.com](http://www.cvjuly4th.com) to see all that is going on that day. It is an old time family picnic and the children rides are free. We also have a hayride that can be enjoyed by all. There is so much to do in a short period of time. The evening ends with fireworks being launched from the top of Ski Liberty Mountain. Make plans to be there. If you want to see pictures of past

July 4th celebrations, go to [www.ronspictures.net](http://www.ronspictures.net). Also, if you enjoy playing golf, please think about coming out to our Firecracker Golf Tournament being held at the Carroll Valley Golf Course on Friday, June 13th at 12 noon. The cost is \$60 per golfer. The format is a 4 person scramble. It includes lunch and beverages. While there are prizes, you also will have the opportunity to play in the "Hole-in Contest" and walk away with a brand new car. Not bad for an afternoon of relaxation and support your community. The proceeds support the fireworks. If interested, contact Gayle Marthers at [gayle@carrollvalley.org](mailto:gayle@carrollvalley.org) or me.

Borough meetings to be held are: Planning Commission (June 2nd); Public Safety (June 9th); Borough Council (June 10th) and Parks & Recreation (June 25th). Please be sure to mark your calendar for our July 4th Celebration. Please slow down when driving. Questions call me at (301) 606-2021 or email me at [MayorRonHarris@comcast.net](mailto:MayorRonHarris@comcast.net).

## State Representative Dan Moul

Pro-jobs initiatives that have encouraged private sector business growth, reformed unemployment compensation and put an end to lawsuit abuse in the Commonwealth have contributed to the lowest unemployment rate in more than five years. In May, Pennsylvania's unemployment rate dipped below 6 percent for the first time since 2008. While I will never be satisfied until everyone who wants to work finds a job, this is a very promising sign. I will continue my work on these important initiatives and the further improvement of Pennsylvania's economy.

Another business-friendly bill that became law recently will end double-taxation on Pennsylvania job creators. In fact, the new law prohibits municipal governments from arbitrarily or excessively applying local business taxes to any company or employer that performs work there for 15 or fewer days per year. Act 42 of 2014 also protects businesses from being charged the gross receipts tax twice by separate municipalities for the same earnings.

A new state law places restrictions on indoor tanning facilities. Gov. Tom Corbett signed into law a bill to require every indoor tanning facili-

ty to be licensed and inspected by the Pennsylvania Department of Health. Act 41 of 2014 also bars minors age 16 and younger from using a tanning facility and requires 17 year-olds to first obtain parental consent. Tanning facilities are now required to post health and safety warnings concerning exposure to ultraviolet light. Non-compliance can result in license revocation.

The House recently passed a bill that I co-sponsored, which would enhance the child abuse mandatory reporting requirements for school employees, requiring them to report suspected abuse directly to Department of Public Welfare's ChildLine. House Bill 434 also expands background checks and other security requirements for school employees, student teachers and volunteers who work directly with children, and it strengthens the penalties for refusing to cooperate with a child abuse investigation. Anyone can anonymously report suspected child abuse by calling ChildLine at 800-932-0313.

The House also approved a bill that

would help landlords dispose of personal property left behind when tenants move out. Currently, a landlord is required to file an eviction proceeding against a tenant who vacates a property without returning the keys. Since many tenants leave personal property behind, the onus is on the landlord to try to locate the tenant and serve them with a complaint in eviction in order to get the items removed – even when substantially all of the tenant's property is removed and it is clear they will not be returning. House Bill 1714 would give tenants some time to retrieve their belongings and would save landlords money on court costs that would be passed along to future tenants. It would also enable them to get vacant properties back on the market sooner – increasing the availability of housing.

In related action, the House passed House Bill 1218, which allows for the early termination of a lease without penalty upon the death of a tenant, if a tenant requires long-term care that cannot be provided where the tenant lives, or if the tenant is a victim of domestic abuse, sexual assault or stalking. Another provision also seeks to enhance the safety of tenants who are

victims of domestic violence.

Memorial Day weekend marks the beginning of the summer travel season. The Pennsylvania Department of Transportation and area police are promoting public safety through the "Click It or Ticket" seatbelt enforcement initiative now through June 8. Pennsylvania's seatbelt law requires drivers and passengers under the age of 18 to buckle up, and children under the age of 4 must be properly restrained in an approved child safety seat. Children ages 4-8 must be restrained in an appropriate booster seat. Drivers and front-seat passengers, age 18 or older, are also required to buckle up. If motorists are stopped for a traffic violation and are not wearing their seatbelts, they can receive additional penalties.

Finally, PennDOT has updated its 511PA mobile application, just in time for summer travel. The application provides hands-free and eyes-free travel alerts for the Pennsylvania Turnpike and the nearly 40,000 miles of road maintained by PennDOT. The application is available free from the iTunes App Store or Google Play stores by searching for "511PA."

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# GOVERNMENT—NORTH OF THE MASON-DIXON LINE

## County Commissioner Jim Martin

“A new day, a new challenge”- that seems to describe many days within Adams County Government. Elections are no exception. Our most recent election day, May 20<sup>th</sup> started with a bang and a 5:00am phone call to Commissioner Phiel. The bang was a vehicle crashing into a utility pole in the very early hours of May 20<sup>th</sup>. It was not just any utility pole; it was the pole that provided power to the Mt Joy Township Building and the election poll. The damage to the utility pole severed electrical service to the polling site. This meant no electricity for the ballot counter, no lighting in the building, and no well service to pump water needed for the restrooms.

Our elections director received an unexpected phone call describing this situation just before 6:00am. Commissioner Phiel, Elections Director Monica Dutko and Maintenance Director Larry Steinour went into action making it possible for the poll to be able to service voters and election workers. An emergency order for a Jiffy John was made to provide facilities in place of restroom service. By using portable emergency lights and

moving voting operations close to windows, the poll was ready for action. Voted ballots were securely held until power was restored to the ballot scanner/counter. We'd like to give our appreciation to the Election Board of Mt. Joy Township for their patience and cooperation during this inconvenience. On the morning of May 16<sup>th</sup> Adams County encountered an even greater challenge, many flooded roads. Through the prompt action of the county's IT Department and coordination with Adams County Department of Emergency Services, road closure alerts were posted on the Adams County Web site. Residents were then able to assess road conditions and weather related incidents. This new web site feature alerts Adams County residents to potential hazards.

I want to thank Steve Scherm and his staff for helping create the direct link to the 'Active Incidents/Road Closures' which is courtesy of our CAD system. The general public, school districts, municipalities and the media now have access to this information. We've been sharing the link with the local media as they call for in-

formation on weather related issues. When the new day arrives with 'Active Incidents/Road Closures', the challenge to inform the community has become a more fluid process that we can all truly appreciate.

Under the category of "a new day, a new challenge"- the county has recently become subject to a new federal compliance known as the Prison Rape Elimination Act (PREA). The implementation of this act has placed new pressures on prison operations, not only functionally but financially. The act requires our county prison to develop policies and training to address the subject of rape. To insure that the act is fully implemented, federally trained representatives will regularly inspect and audit for compliance. It appears that this audit will be billed to the county at an hourly rate that will exceed \$100.00 per hour. We anticipate that the audit will be at least a two- day process. This will be an added cost to our already large correctional facility's budget. (After adjusting for prison revenues, the prison operation's budget is \$9.7 million.) The requirements of PREA are another

example of unfunded mandates that the county must absorb.

An emerging challenge that will potentially increase the costs of municipal and county operations is related to the EPA and Army Corp of Engineers efforts to expand the range of waters that will come under Federal jurisdiction and regulation. The expansion would result by amending the definition of "waters of the U.S." that fall under the Clean Water Act. The new definition would use interconnectivity of water as the vehicle to bring more waters under federal jurisdiction. The result of this proposal would make municipalities and counties subject to increasingly complex and costly federal requirements. I have already contacted my U.S. Representative to voice my objection to this federal proposal. I encourage you to do the same. We do not need the additional regulation and added costs. We already have the assistance of our County Conservation Districts to help implement water improvement practices.

In another effort to aid the County's bottom line, I have joined in advocating with a num-

ber of other rural counties that contain significant acres of Pennsylvania State Forest and Game Lands. (Adams County has approximately 25,000 state acres.) This initiative requires the state to increase their "payment in lieu of taxes" (PILOT) to counties for the state's forest and game lands within each county. Also the action is to require that timber sales on the state lands be shared with the counties in a similar manner as Marcellus Shale Gas fees. Remember, counties are providing emergency services for state lands within the county. The increased PILOT payments and timber fees would help counties to defray the increasing cost of emergency services to the state forest and game lands.

Presenting the above scenarios was to give a sample of "the new day, the new challenges"- that arrives before the Adams County Commissioners on a regular basis. On behalf of the Adams County Commissioners I encourage all to have a safe and enjoyable summer. Finally, please be careful to exercise good judgment to prevent fires; the cost to be safe is affordable, but the damage and loss can be overwhelming.

## State Senator Rich Alloway

As chair of the Senate Game & Fisheries Committee, it is my responsibility to protect the health, safety and welfare of the sportsmen in our Commonwealth. That is why I'm advocating our state legislature to take a lead on Lyme Disease education.

The Senate recently adopted a resolution (SR338), urging the PA Game Commission to add Lyme Disease education to the state's mandatory Hunter-Trapper Education courses that are offered to hunters each year. I authored Senate Resolution 338, and the measure generated 20 additional co-sponsors. Overall, the resolution promotes wider awareness of the risks posed by Lyme Disease, by encouraging the addition of a new component in the six-hour training class required by law for all first-time hunters and trappers. Lyme Disease is the most common tick-borne illness in the United States. The potentially serious disease is carried by deer ticks.

Sportsmen are at a much greater risk for Lyme Disease due to the amount of time they spend outdoors.

In recent years, Pennsylvania, New Jersey and Massachusetts have reported the greatest number of cases. There were more than 4,000 confirmed cases of Lyme Disease in Pennsylvania in 2012. The disease can also cause arthritic, cardiac and neurological problems. It is successfully treated in early stages - and often in later stages - with antibiotics.

The first line of defense against Lyme Disease is knowing what it's symptoms are, what causes it,

and what can be done to prevent and treat it. Symptoms of Lyme Disease, in addition to a darkened area at the site of the tick that resembles a bull's eye rash, can include fever, headache, joint pain and fatigue. Failure to adequately treat the disease may lead to long-term damage to the heart and central nervous system.

There are several easy prevention steps whenever you venture to the outdoors. First, because ticks generally lie low in grass and bushes, protective clothing is advised for feet, legs and ankles. Avoid going barefoot outdoors. Clothing should be light-colored so ticks can be readily spotted. I recommend the use of bug repellents on clothing, especially shoe tops, socks and pant legs. Brush off clothing before entering your house. Pets are also subject to Lyme Disease, and should be checked and brushed before coming indoors. Body checks are an important daily preventative measure. Ticks usually crawl upwards on the body for several hours before settling on a feeding site. Be sure to check

hidden areas like the hairline, navel, groin and underarms.

If a tick is discovered, time is on your side because experts believe the disease is transmitted only after many hours of feeding. All ticks are not deer ticks and not all deer ticks are infected with the Lyme Disease bacteria. Recognizing the presence of deer ticks is an important task, but sometimes a difficult one since the adult is about the size of a pinhead and the nymph is not much larger than a pinpoint - and sometimes, bites are not likely to be felt. Remove a biting tick with tweezers by grasping firmly where the head is attached to the skin and pulling out slowly and steadily. If you save the tick, place in a sealed container in rubbing alcohol, and obtain identification information from your County Health Department.

The best chance of discovery is afforded by the red, often ring-like rash that occurs on many victims after infection. Typically, the rash expands and then fades within a few weeks. However, the rash does not occur on more than

one-quarter of Lyme Disease victims.

Symptoms of the early stages of Lyme Disease include fever, head ache, stiffness, lethargy and other mild complaints that are often dismissed as the flu. The symptoms of later stages, ranging from facial palsy to heart irregularities, are easily misdiagnosed. There is a blood test for Lyme Disease, but it is not perfect. Early treatment is important because that is when the disease is most easily conquered by antibiotics. Pets also respond to antibiotic treatment.

The best rule is to seek medi-

cal advice if you, your children, or pets have been exposed to ticks and have experienced Lyme Disease symptoms.

For more information, the American Lyme Disease Foundation has a website: www.aldf.com. I have brochures available at my district offices in Gettysburg and Chambersburg.

I encourage all sportsmen and women to know the facts about Lyme Disease! The severe long-term consequences of this disease make it imperative to ensure sportsmen understand the risks and symptoms so they can seek prompt treatment if exposed.

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## COMMENTARY

## Words from Winterbilt

## Too many regulations

Shannon Bohrer

We constantly hear the talking heads and politicians talking about too many regulations. The government is too big and the regulations get in the way of business. This sounds reasonable, especially if you are impacted by the regulations in a negative way. However, if there are regulations and because they are not enforced you are impacted in a negative way, your perspective is different. The acceptance or belief in regulations is from one's perspective; specifically do they affect you and if so; is the affect positive or negative.

My wife and I live on a small farm, east of Emmitsburg. Several years ago a small farm, located about a mile from us, was purchased by a couple from Mt Airy, Maryland. The farm was then developed for the purpose of holding events, which seemed to be primarily weddings. The name of the farm is Engedi Estates and it is located on Sixes Bridge Road. According to Engedi's web site, they conduct weddings with a seating capacity for up to 300 people. This farm (business) seemed to grow very fast and on summer evenings we could hear the DJ and music at our farm. I commented to my wife that if we could hear the

DJ and music, the people living close to this place must be going crazy. We also noticed an increase in vehicle traffic, specifically related to events being held on the "Farm".

In discussions with neighbors that live closer we were informed that when "Engedi" was having an event, the neighbors had no choice but to live inside their homes because of the noise. And while we were annoyed with the traffic, the traffic on Sixes Bridge Road was much worse. In early March we noticed a sign in front of Engedi. The sign was a notice for a hearing on March 27, 2014, at Winchester Hall in Frederick. The owners of "Engedi" were applying for a Special Exception to build a Country Inn on their property.

My wife and I both planned to attend the hearing and we soon learned that many neighbors also planned to attend. Prior to the hearing I did some research and found the county regulations for a Special Exception Request for a Country Inn. To begin with an exemption for country inn requires a home on the property that was built prior to 1977, which does seem a little odd. Additionally there are five elements and/or conditions that are needed:

The proposed use is consistent with the purpose and intent of the Com-

prehensive Development Plan. (It is not consistent.)

The nature and intensity of the operations will be in harmony with the appropriate and orderly development of the neighborhood. (It is not in harmony.)

Operations shall not have as adverse effect on neighboring properties above and beyond those inherently associated with the special exception at any other location within the zoning district. (It does have an adverse effect.)

Parking will comply with the off street parking regulations (A new parking lot was added, without obtaining a permit.)

The road system providing access to the proposed use is adequate. (It is not adequate.)

On March 27, we attended the Frederick County Board of Appeals hearing at Winchester Hall. The owners of the property gave a presentation as to why the exception should be allowed and they had several witnesses that testified for the exemption. The opposing side then gave their presentations, which include testimony of 16 people. The opposition included immediate neighbors and others that lived close by. The testimony was strong and it was valid and it addressed the negative issues with the application, plus other concerns. The petitioners applied for and received a

permit to build a shed for agricultural equipment on the property. They built the shed and shortly thereafter they were advertising that they had a wedding pavilion. The petitioners added a bathroom facility on the property and only after doing so, applied for a permit. The petitioners applied for a perk test, which failed and were only given permission for sand mound. The petitioners later stated that they had an approval for a septic system, but nothing official was presented. There was testimony that the petitioners thinned/cleared an embankment on the Monocacy and then threw the materials in the river, and there was also the issue of moving earth to build the parking lot, without a permit. The petitioners had also already posted to their web site, before the hearing date, that they would soon have a country inn.

After the conclusion of the testimony the applicants were given time to address the opposition statements. The applicant attempted to address some of the issues presented but the facts are, as they say, the facts. At one point the owner said he was told by a county employee that he was allowed to hold 12 events a year on the "Farm". When questioned about this, it was stated that an individual is entitled to hold a special land use event, with a permit. And in fact a special land use permit can be applied for 12 times in 12 months. However, just because one is issued does not mean additional permits would be issued. It was ob-

vious that "Engedi" was holding events where a permit was required, for which no permits were issued. Do the owners even have a business license?

When the testimony concluded, I thought there was no way an approval could be expected and while the petition was denied, it was denied only on one issue. The one issue being the home, built before 1977 was too small to accommodate the "Country Inn." And yet from the testimony given the request fails 4 of the 5 criteria needed for the special exemption.

From my perspective many neighbors came together for good reason and stood up for the enforcement of regulations – and for good reasons. Not all of the neighbors even knew each other before the hearing. The neighbors are not opposed to weddings, they are not opposed to small business – but they are opposed to someone that opens a commercial business in a residential and agriculture area – and the business adversely affects the neighbors. I would say that the neighbors in opposition to the permit felt very good when leaving the hearing.

Several weeks later "Engedi" was holding another event. This time they apparently obtained a special land use permit. The positive feeling I had leaving the hearing was now gone.

*"I am the law and the law is not mocked"* - Inspector Javert

To read past editions of Words from Winterbilt visit the Authors section of Emmitsburg.net.

## Common Cents

## Great Britain's sunset?

Ralph F. Murphy

Winston Churchill was famously quoted as saying "the sun never sets on the British empire". While that's largely true of the 53-nation Commonwealth of Nations (formerly the British Commonwealth), his assertion has not stood the test of time as regards sovereignty. A Scottish referendum for independence is set for 18 September and Great Britain would fall largely into historic oblivion. If approved, Britain could lose one third of its territory and one twelfth of its population. This says much about international alliances and domestic pressures being exploited by opportunists.

The Irish struggled for hundreds of years against English rule, and the Irish Republican Army has waged a bloody campaign with roots in the "Irish Volunteers" of 1913. Many respect the effort and it continues with less violence in Northern Ireland to this day. To win full autonomy and international inclusion as the Scots may very well do shortly, without a shot being fired indicates something is painfully wrong with the British ruling structure.

Scotland was an independent country for 800 years before being formally annexed by England in the Treaty of Union of 1707. The region was granted an assembly and home rule by 1853, and in 1928 a National Party of Scotland was created. This

political movement was the forerunner to the Scottish National Party (SNP), which emerged in 1934, and continues to this day.

The SNP is a major player in the modern Scottish Parliament, which had its beginning in the 13th century and continued to incorporation with the English Parliament in 1707 to form Westminster Parliament of the United Kingdom. It is located in Edinburgh and was voted back into existence in a Scottish referendum of 1979. The parliament convened for the first time in almost three centuries through the Scotland Act of 1978.

Curiously the formation of the new Parliament was preceded by a 1979 referendum on devolution of powers from London to Edinburgh which actually won a 48-52% majority, but was cleverly downed by Margaret Thatcher's Tory government for not having won 40% of the voting electorate. The 1979 effort brought out 44.8% of the voters and gained 74.3% approval.

This act offered "devolved powers" from Westminster, or areas it can make laws, and not a part of "reserved powers" or those retained by London. Devolved powers are important, but relatively minor sectors of jurisdiction to include "local agriculture, fisheries and forestry, environment, food standards, health, and regional laws". The reserved powers retained by England as explicitly stated in the agreement are legally outside the Scottish Parlia-

ment and its Ministries domain. The excluded powers include "abortion, broadcasting policy, civil service, energy sources to include nuclear power, coal and gas, defense, drug policy, social security, and the UK's fiscal and economic monetary system".

London retained control, and the arrangement appeared to work, but then Scotland started to push. In 2007 Scottish First Minister Alex Salmond led the SNP to largely, undisputed leadership of the Legislative Assembly. He rallied a "National Conversation" in August of that year which pushed for further devolution or even outright independence. That effort stalled, but was followed in 2010, by an SNP-backed, 84-page demand on "Scotland's Future". It sought approval for increased powers from Westminster.

Those eligible to vote on the measure were announced to include "British residents of Scotland, citizens of 53 Commonwealth countries resident in Scotland, citizens of other European Union countries resident in Scotland, residents of the House of Lords resident in Scotland, and service and Crown personnel serving overseas in UK armed forces who are residents of Scotland". Quite a wide swath. The mostly liberal Scottish Parliament also sought to reduce the voting age from 18 years to 16.

Reaction was swift from Westminster. House of Lord's Baroness Symonds allowed that since the whole of the United Kingdom would be affected all should be entitled to vote.

The House of Lords is largely void of power, and the government's position was better reflected in Advocate General Lord Wallace's abdication in allowing that "whether or not Scotland remains in the United Kingdom is a matter for Scotland".

The independence movement has been forwarded by a largely center left coalition which currently includes the SNP with 65 Parliament seats, and Scottish Labor with 38. The Scottish Conservative and Unionist Party mustered a mere 15 MSP's and are the closest that region has to an opposition for a movement seen as backed by the EU. Former NATO Secretary General Lord Robertson allowed that Scottish independence could be "cataclysmic for the West. The breakup of the UK and therefore the disintegration of one of the key pillars, the anchor of the Western alliance." His concerns were echoed by former Prime Minister John Major who warned England may "lose its permanent seat in the UN Security Council".

The "Yes Scotland" party for separation includes the SNP, Scottish Green Party, and Scottish Socialist Party. The government this coalition leads promises a 15,000 unit land, air, and sea military force by 2026. At that level the NATO probably wouldn't accept them as a member. The UK has a Trident Nuclear Weapons System based at Coulport in the Firth of Clyde area of Scotland. The SNP wants them out, but London says there's no alternative location available. This is a point of friction that is yet to be resolved.

The "Better Together" party has

widespread English backing, even Labour Party and Liberal Democrats along with predictable Tories. That apparently hasn't translated into Scottish support. Labor's Alastair Darling, Campaign Leader for the Scot Group felt "Yes Scotland" unrealistic in its policies. "Instead of a credible and costed plan, we have a wish list of political promises without any answers on how Alex Salmond would pay for them".

RBS and Lloyd's Banking group concede they might relocate from Edinburgh to London "for financial security concerns". An Oxford study also cited "additional costs and complexities in the operation of business pension schemes. The report notes that 70% of all Scottish exports (are sent to England)" giving the British trade leverage.

The Scottish Independence referendum is set for 18 September. If Scotland secedes, as seems likely by the polls, there will be a plethora of changes in domestic and international dealings. England would likely look to punish its new neighbor economically, and has already indicated the Scots will probably have to print their own money or adopt the Euro - as the Pound Sterling is not an option. A "red herring" perhaps, but a background issue all the same. If Scotland does vote for independence, and Westminster doesn't rally its reversal, the two nations will be marginal world players. However, this will not happen until Westminster formally approves the referendum. This could happen soon.

To read past editions of Common Cents visit the Authors section of Emmitsburg.net.



COMMENTARY

# Pure OnSense

## Sizing up Sisi

Scott Zuke

There are plenty of reasons to be cynical about the claims by Egypt's presumed next president, Abdel Fattah el-Sisi, that he intends to return the country to a path to democracy. There are, literally, ominous signs of a more authoritarian track lying ahead. Omnipresent campaign posters bearing grand portraits of Sisi in dress military uniform or with a gentle grin and trademark sunglasses, evoke thoughts of other dictatorial regimes and monarchies structured upon a cult of personality.

Sisi's broad popularity stems from his role in deposing Mohamed Morsi last July. Dubbed a "democratic coup," the event has been argued both as an assault on democracy as well as a defense of it. Both sides are right: the coup was a non-democratic intervention against a government that was leading Egypt in an anti-democratic direction.

However, if the July coup was, in a sense, democratically neutral, the actions of Egypt's transitional government in the aftermath has been decidedly negative. The government dubiously declared the Muslim Brotherhood a terrorist organization

and has clamped down hard on the movement and even its most casual supporters. In addition to the scores killed in the violent dispersal of pro-Morsi protests following the coup, the Brotherhood's leaders and thousands of civilians have been imprisoned, showing a zero-tolerance policy toward the Islamist group and the millions of non-violent citizens who either support it, or at least oppose a military-backed and sometimes violent regime. If democracy requires equal rights under the law and free and fair opportunities for participation, it is clear that Egypt is straying far from the democratic path. For better or worse, it's notable that the two political parties that have actually ruled Egypt—those of the Morsi and Mubarak eras—are now barred from even running.

Sisi and his supporters have maintained that the government's aggressive tactics against the Brotherhood, youth activists, and other dissenters, including members of the press, are a short term necessity for restoring security and stability to the country. Amr Moussa, an Egyptian diplomat and advisor to Sisi, said at a recent appearance in Washington, "Bear in mind that Egypt is going through ab-

normal times. That makes it necessary sometimes to take this or that action, but I believe that all this will come to an end once the country stabilizes."

Some skepticism is reasonable—afterall, we don't take campaign advisors at their word during our own presidential elections either—but what if he's right? What is the likelihood that Sisi really doesn't harbor authoritarian intentions, and is merely doing what he feels he must do to get elected and restore normalcy before getting back to work on fulfilling the goals of the 2011 revolution?

The biggest reason to hold out hope is that Sisi will be coming into office on the heels of two strongmen who were forcibly removed from office, and he will not want to one day find himself in their shoes. Mohamed Morsi is facing charges of espionage and inciting violence, and would be very lucky to escape with a life sentence. Late last month Sisi also witnessed Hosni Mubarak, the dictator of 30 years, behind bars and sentenced to jail time on corruption charges. It's hard to think of any reason the same could not happen to a President Sisi. A relative newcomer to Egyptian government, his power is bound closely to his public popularity, which could vanish as suddenly as it did for his predecessors if he doesn't produce results. The alarmingly low turnout at the polls, which forced the government to extend the

voting deadline to save face, is already being interpreted as a result of disillusionment with Sisi.

While Sisi-mania has softened, his status as the only viable candidate in a country yearning for stable leadership may give him a sufficient electoral mandate to pursue a reform agenda of his own design. This means it is at least conceivable that he could enact liberalizing reforms after being elected.

There is a small, but notable group of historical figures, such as Turkey's revered reformer and modernizer, Mustafa Kemal Atatürk, who found themselves in a similar position and earned posterity's praise as being "benevolent dictators." In present times there is Burma's President Thein Sein, who rose to power out of the repressive military junta and surprised the world by embarking on major democratic and human rights reforms. In some circumstances, it may take an absolute, but democratically-inclined ruler to lay the groundwork for a more democratic political system that will coalesce only after his departure.

This could be Abdel Fattah El-Sisi someday, but no one, probably not even Sisi himself, knows if this is the direction he will go once in power. In one of his rare campaign interviews, Sisi admitted that the task of securing and stabilizing Egypt is not something that can be accomplished in his first 100 days, asking instead for two

years of the peoples' patience to bring about improvements.

There is a delicate balance that must be maintained in those two years for the democratic track to have a chance: on one hand, Sisi must feel accountable to the Egyptian people and constantly aware that he could be removed from office if he fails to earn their confidence, and on the other, he must feel secure in his position of authority so that he is capable of enacting reforms that will be a tough pill for some to swallow.

This balance between accountability and legitimate authority is, afterall, the very essence of democratic elections. Their success depends upon rule of law, division of powers, the cooperation of state institutions, and a public that holds this democratic and constitutional framework above any individual. These elements take time to develop and become ingrained to the point where the system can survive occasional authoritarian backslides.

President Sisi could still become the authoritarian that his critics are warning of, but under the circumstances, reserving judgement for the next two years, or until he undercuts the constitution like Morsi did, is not too much to ask.

To read past editions of Pure OnSense visit the Authors section of Emmitsburg.net.

# Down Under

## Flying feather

Submitted by Lindsay!  
Melbourne, Australia

"Birds of a flock feather together."  
- Lindsay, 1998

We all know that there is strength in unity, and that like the birds, we are less able to achieve a goal on our own than with the help of others. The bigger the goal, the more the numbers needed. Once having achieved a certain point, those numbers begin to generate power, which is an attraction for others. Power bases are the stuff of politics, commerce, and the implementation of dreams, both good and bad.

Power and liberty are often spoken of together, as though one was not available without the other - but, as William Hazlitt said in 1819, 'The love of liberty is the love of others, the love of power is the love of ourselves.' Well, it is true that we all love power, or at least like the idea we might have some some of the time, but that kind is trifling compared to the real power; that is, the power to command others, to order their lives, to shape their destiny according to your wishes.

That, as Hazlitt says, demonstrates the love we have for ourselves, and that kind of power is rampant. Not just in politics, but in commerce and the media, power is an end in itself, a natural outcome of the 'me' generation, greed, and indifference to those below. This has allowed personal views of life to become part of the culture, part of the double-talk that secures their place

in policy and law whether these are in the public interest or not. It is certainly true of the most potent lords of media, Rupert Murdoch, who sways decisions, especially on voting preferences, with subtle savagery.

And it is now true of a fairly new group, the lords of silicon valley. These former nerds, now turned nards (products from certain smelly plants) draw down what many believe to be obscene salaries, and are not prepared to acknowledge their debt to the lowly folk who buy their products. Silicon valley - aptly named, as nothing natural grows on it - now contains an unprecedented concentration of wealth, which is not of itself such a bad or remarkable thing, but the result is social dislocation, deprivation, and dismay, especially for the residents of that wonderful city, San Francisco.

It is not the only place to feel the zap of the stun gun, the ether of numbness seeping into its bones, but it seems to be the most vocal. The stories being told remind me of Versailles in the 18th century, when the aristocracy lived a life of pleasure, saw citizens as cattle, and were rewarded with la guillotine. Yes, there is cake to eat today, but not if you have to pay over \$3000 a month for a two bedroom apartment; not if you see the cavalcade of limo busses ferrying the nards to their nardom (who wants to live in LA? Much better the sights of Frisco), not if you hear the Czars proclaim that people who protest about the busses are like the persecutors of the Jews in Nazi Germany.

A gentleman (I use the term very loosely) with the very ordinary name of Tom Perkins, a billionaire and self-proclaimed 'King of silicon valley', has even suggested that the rich should get more votes than the poor because they pay more taxes. It would have appealed to Ronnie Reagan and the Bush's, but the citizens began constructing wooden structures with suspicious metal blades - symbolically, of course, as suitable wood is in short supply - and the Anti-defamation league, (surely the oddest title to see the light of day in you odd country, for defamation is the lingua franca) offered what appears to be a defamed apology.

The rich have a place - they are always with us, after all - and they usually live in discrete harmony with us lesser fellows even as we traipse around viewing their mansions and oohing at their digitized lives, but when they forget and show us just how crass some of them really are, we begin to be resentful. When they treat us with contempt and like nothing better that a hall of mirrors in which to view the world, while the old, the sick, the poor, the hungry are left to live or die with negative help, well then revolt brews.

The poor, too, have always been with us, and have always been powerless to effect change in any real way, but until now the middle class has simply remained in the middle. ('The middle class: The protein between the upper crust and the crumbs'). Now, however, the middle is thinning out, and is being weighted so much it is sinking - but the inhabitants thereof know how to take action, and have more resources - so the Czars, the Antoinettes, the dilettantes had better stop partying, for their reign is not immutable.

Even the government will join the fight, for these charming princes hide



their abominable profits in tax havens, depriving not just the populace but the core of government with the where-withal to do their job. Of course, the government may not be big or strong enough to fight back - the oil industry has had their measure for a long time - but it had better if the core values of a great democracy are to survive.

Can we blame the nards? They are, after all, products of the 'me' generation, where gratification was usual, self-indulgence the norm, greed the god. America was a land of success, and that's what they were, so that makes them good Americans. NO!! A good citizen is one who cares for his fellows, who loves liberty instead of power, who refuses to live in protective isolation. One whose windows open onto the world, who know its horrors and joys, its suffering and glory, and is prepared to strive and work to embrace it all. They are not nardish lovers of themselves.

And, let it be said, not all nerds are nards. Many are generous, caring, proactive for good, and conscious of their true responsibilities. They help up-

wards, not downwards. Many hearts have kindness and tolerance, and while it is thus we live in wonder and horror at the continued presence of that tawdry underbelly. Which, as the title suggests, they inhabit by feathering together. May their feathers soon fly off.

Let me finish with a poem by one of Australia's best cartoonists, Michael Leunig:

As God has dictated, The fishes, the fowls, and the forests have been put on earth for Man's convenience

Now it goes like this: The fishes, the fowls, forests AND friendly folk have been put on earth for Cluey man's convenience -

The government is so much in agreement With God on this one that it has extended the idea.

Friendly folk, put on earth to be caught, used or harvested. It is an article of faith.

Lindsay, down under looking for feathers.

To read past editions of Down Under visit the Authors section of Emmitsburg.net.

## THE PASTOR'S DESK

# God, the Father

Pastor Katie Penick  
Incarnation, United Church  
of Christ

When I was nine years old, my family was driving home from vacation. It was very late, and as the dark descended upon us, my mother and brother fell asleep in the back seat. But I stayed awake, sitting next to my father as he drove into the darkness. As the miles fell behind us, my father told me stories. He talked of his childhood, growing up in South Carolina. He talked about visits to his own grandfather's house in Alabama. He told me about how his life changed during World War II, when his father was gone for years and his mother struggled to raise four boys alone. He shared memories of meeting my mother and told me about the day I was born. As he wove the stories together, I saw the tapestry of our family... the memories shared and passed on to the next generation. And the tapestry continues to grow as he shares these same stories with my daughter, and I add stories of my own.

One of the most enduring images we have of God is "Father." Our God is the head of our family; the One who weaves stories and creates memories that we share with one another. No matter what our own relationship with our earthly father might be, we long for a relationship with God that reflects the love and commitment of a sacred family.

In the movie Lilo and Stitch, Lilo

teaches us that "Ohana" means 'family.' 'Family' means 'no one gets left behind.' Scripture is filled with reminders that we are all members of God's family, chosen by God... blessed by God. The psalmist proclaims that God formed (our) inward parts and knit (us) together in (our) mothers' womb (Psalm 139:13). God made us, God named us, God knew us before we were even born.

And, as God tells the prophet Jeremiah: "For surely I know the plans I have for you, plans for your welfare and not for harm, to give you a future with hope." (Jeremiah 29:11)

God has such great plans for each of us.

When Jesus plunged deep down into the baptismal waters of the Jordan River, those plans began to take shape. "This is my beloved son," God proclaimed, "Listen to him" (Luke 3:22)

As we listen to him, we learn what God's Beloved Community looks like. A place where no one is left behind and all are welcome. God's Beloved Community is a like a woman searching for one lost coin on her hands and knees; and it is like a shepherd searching for that last, lost sheep. God's Beloved Community is like a father waiting at a window for his long lost son to come around the corner, seeking a second chance. (Luke 15)

God's beloved community is our family home.

"Do not let your hearts be troubled," Jesus tells us. "Believe in God, believe also in me. In my Father's house

there are many rooms. If it were not so, would I have told you that I go to prepare a place for you? And if I go and prepare a place for you, I will come again and will take you to myself..." (John 14:1-3)

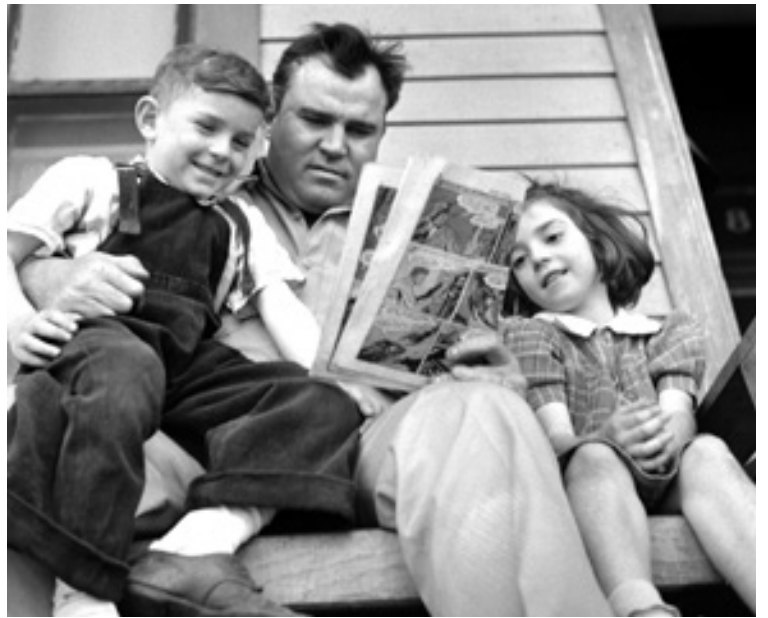
Even though we often hear this promise at funerals, Jesus is not talking about a place in heaven. Jesus is talking about a place here on earth... a place we can all go to. Jesus continues his teaching, "I will not leave you orphaned. I am coming to you. In a little while the world will no longer see me... because I live, you also will live" (John 14:18-19). Jesus is not speaking of heaven, but of earth. Very soon, Jesus -- as the disciples have seen him and heard him -- will go away. Jesus will not bend down to wash their feet... but they will wash each other's feet. They will remember that night when He took the basin and towel when He bent down and took care of them. It was that same night when He said, "A new commandment I give you that you love one another as I have loved you" (John 14:21).

Cleansed and renewed, they will also remember that moment when God's voice proclaimed, "This is my beloved son. Listen to him!"

"Ohana means family. Family means no one gets left behind." Jesus promises that no one is left behind, that God will send us the Holy Spirit -- our own Advocate -- to be with us forever.

Jesus' promises to the disciples extend beyond this little group of believers and embraces the entire community. These words are Jesus' last words to the community he has gathered, the community of disciples which would become the Church. And when we hear these words, we remember too. We are a part of the tapestry woven by God from the beginning of time.

Dietrich Bonhoeffer was a Lutheran pastor who was hanged for his part in a plot to kill Hitler. In his book *Costly Discipleship*, he wrote about Christ's body, the church. "The body of Christ takes up space on the earth," he said -- as buildings take up space, and cars, dirt, flowers, rocks, people. Then Bonhoeffer goes on, "The incarnate Christ needs not only ears or hearts, but living people who will follow him." The body of Christ takes up space on the earth. It is more than this church building; it is bodily reality. The Body of Christ is us.



The Psalmist asks: Who shall ascend into the hill of the Lord? Who shall stand in God's holy space? (Psalm 24:3)

There is no one but us. There is no one else to send...only us. We are the ones that God knew from the beginning, the ones who God loves. We are the ones who God has such great plans for. We may not feel ready for all that God asks for us, but there is no one out there but us.

And, God promises to give us all that we need.

Have you not known? Have you not heard? Our Lord is the everlasting God... and those who wait upon God, will renew their strength and mount up on wings like eagles. As members of God's earthly body, we shall run and not get weary... we shall walk and not faint. Because we have already been given all that we need. (Isaiah 40:28-31)

Jesus is gone. The twelve disciples are

gone too, but we have inherited the stories of all that they remembered and passed on to us. We are all a part of a blessed family, led by God the Father.

Let us trust in Jesus' promise about the dwelling places in God's house, about a future with Jesus which I cannot see. "Very truly, I tell you," said Jesus, "the one who believes in me will also do the works that I do and, in fact, will do greater works than these because I am going to the Father." (John 14:10)

Jesus spoke those words to His disciples before He went away from them. Who is listening? There is no one but us; the body of Christ must claim space on the earth. "Do not let your hearts be troubled." We are not alone -- you and I who dance and climb, who run and get knocked down, we who lay on the grass and sit watching the late night tv. We are not alone. And, no one gets left behind.

### Summer Lunches in the Park

This summer, the Thurmont Ministerium would like to invite all local school children and their younger sisters and brothers to participate in the Summer Lunches in the Park program. Anyone who goes to a school that will feed into the Catoctin High School is eligible. Children can come one day or every day to receive lunch and take part in crafts, games and other activities. The program is free and runs from June 16th until August 22nd, Monday through Friday, Noon until 2pm. It is held in East End Park, behind the Thurmont Senior Center on E. Main Street.

A typical lunch will include a sandwich, a piece of fruit, chips, juice, and often a small desert such as cookies. (Please note that lunch will not be served on Friday, July 4th.)

Each week, a different local church will lead the activities, and everyone is welcome to attend. This project is funded by the Thurmont Ministerium and the Thurmont Church of the Brethren. Pastor Sean DeLawder and Alice Stambaugh of Trinity United Church of Christ are coordinating the program this summer and can be reached via the church's phone at 301-271-2305.

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AMAZING GRACE ADVENTURES

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Contact Person: Teresa Cook  
301-271-3588  
MCOB - 13517 Motter Station Rd., Rocky Ridge

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**Emmitsburg**  
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[www.emmitsburgcommunitybiblechurch.com](http://www.emmitsburgcommunitybiblechurch.com)  
**Worship Time: Sunday 10:00 AM thru 11:30 AM**  
**Location: Emmitsburg Elementary School**  
**300 South Seton Avenue,**  
**Emmitsburg, MD 21727**  
**Office Phone Number: 301-447-6565**

# THE BOOK OF DAYS

## Roger Bacon



**June 11**  
English science has a double interest in the name of Bacon, and the older of the two individuals who bore it is certainly not the least illustrious, although we know very little of his personal history. He lived in an age when the world in general cared little about the quiet life of the laborious student.

According to the account usually received, Roger Bacon was born near Litchester, in Somersetshire, in the year 1214. It is said that he displayed great eagerness for learning at a very early age, and that he was sent to study at Oxford when still a boy. After he had made himself master of all that could be learnt at that time, to the much more important school of scientific labour, the University of Paris, where he is said to have become a doctor in the civil law.

He is said to have returned to England in 1240, when, if the date given as that of his birth be correct, he was still only twenty-six years of age, and he then established himself in Oxford. It seems doubtful if it were before or after his return to England that he entered the order of the Franciscans, who were then great cultivators of science, but all we know of his life at this period seems to shew that in Oxford he took up his abode in the convent of that order.

It is stated that, in the course of twenty years, he spent in his studies and experiments no less than £2,000 sterling, which would be equivalent to a very large sum of money in the reckoning of the present day and it is evident that Bacon's family was rich; yet he remained almost unknown within his convent, and apparently neglected, if not despised by

his fellow friars, until he was at length dragged from his obscurity by Pope Clement IV.

It appears that, before his accession to the papacy, Clement's curiosity had been excited by some accidental information he obtained relating to Bacon's wonderful knowledge and discoveries, and that he had written to ask the philosopher for some of his writings.

Clement was an old soldier, and, however arbitrary he may have been in temper, he appears to have cared little for popular prejudices. In 1266, the year after he became pope, he despatched a brief to Bacon, enjoining, notwithstanding the order of any ecclesiastical superior or any rule of his order to the contrary, that he should communicate to him a copy documenting his important.

Bacon was thus fully brought before the world, and under Pope Clement's protection he continued for some years to diffuse his extraordinary knowledge. It was at this time that he produced his three great philosophical and scientific works, the Opus Majus, the Opus Minus, and the Opus Tertium, all three completed within the space of fifteen months.

In the thirteenth century, a man like Bacon was exposed to two very dangerous accusations. People in general, in their ignorant wonder at the extraordinary things he was said to be able to perform, believed him to be a magician, while the bigoted Churchman, alarmed at everything like an expansion of the human intelligence, sought to set him down as a heretic. Bacon incurred both these imputations; but, though the liberal views he expresses in his works, even

on religious questions, could not but be distasteful to the church, yet he was safe during Pope Clement's time.

Several short papacies followed, until, in 1277, Pope Nicolas III ascended the papal throne, a man of a different temper from Clement. At the beginning of his papacy, the general of the Franciscans, who had just been made a cardinal, brought forward an accusation of heresy against Bacon, and, with the pope's approval, caused him to be thrown into prison. When, ten years afterwards, the persecuting general of the Franciscans became pope himself, under the name of Nicolas IV, Bacon still remained a close prisoner, and it was only, we are told, towards the close of Nicolas's life that some of his friends were able to exercise sufficient interest to obtain his freedom.

Nicolas IV died in 1292; and, according to what appear to be the most reliable accounts, Bacon died on the 11th of June 1292, although the real year of his death is by no means satisfactorily ascertained. He is said to have died in the convent of the Franciscans, at Oxford, and to have been buried in their church.

The real amount of his discoveries is very imperfectly known; but it is certain that they were far in advance of the age in which he lived, and that there was no branch of science which he had not sounded to its depths.

His favourite subjects of study are said to have been mathematics, mechanics, and chemistry. He is said to have invented the camera obscura, the air-pump, and the diving-bell, but, though this statement may admit of some doubt, he was certainly acquainted with the nature and use of optical lenses and with gunpowder, at least with regard to the explosive powers of the latter, for the projectile power of gunpowder appears not to have been known till the following century.

We may now turn from the real to the legendary character of Roger Bacon. When we consider the circumstances of the age, it is a proof of the extraordinary reverence in which the science of the friar Roger Bacon was held, that he not only became the subject of popular legends, but that in the course of years nearly all the English legends on science and magic became concentrated under the name of Friar Bacon.

According to leg-

end, while still in his youth, Bacon attracted the notice of the king (what king we are not told), and his wonderful feats of magic at court gained him great reputation, which leads him into all sorts of queer adventures. On one occasion, with an ingenuity worthy of the bar in its best moments, he saves a man from a rash contract with the devil.

But one of the most famous exploits connected with the history of the legendary Friar Bacon was the manufacture of the brazen head, famous on account of the misfortune which attended it. It is, in fact, the grand incident in the legend.

'Friar Bacon, reading one day of the many conquests of England, be-thought himself how he might keep it here-after from the like conquests, and so make himself famous hereafter to all posterities.

'After deep study, he found that the only way to effect this was by making a head of brass, and if he could make this head speak, he would be able to encompass England with an impregnable wall of the same material. Bacon took into his confidence Friar Bungye, and, having made their brazen head, they consulted the demon who was under their power, and were informed by him that, if they subjected the head to a certain process during a month, it would speak in the course of that period, but that he could not tell them the exact day or hour, and that, if they heard him not before he had done speaking, their labour would be lost.

'The two friars proceeded as they were directed, and watched incessantly during three weeks, at the end of which time Bacon employed his man Miles, a shrewd fellow, and a bit of a magician himself, as a temporary watch while they snatched a few hours' repose. Accordingly, Bacon and Bungye went to sleep, while Miles watched. Miles had not been long thus employed, when the

head, with some preparatory noise, pronounced very deliberately the words, 'Time is.'

'Miles thought that so unimportant an announcement was not a sufficient reason for waking his master; and took no further notice of it. Half an hour later, the head said in the same manner, 'Time was,' and, after a similar interval, 'Time is past;' but Miles treated it all as a matter of no importance, until, shortly after uttering these last words, the brazen head fell to the ground with a terrible noise, and was broken to pieces. The two friars, thus awakened, found that their design had been entirely ruined, and so, the greates worke of these learned fryers was overthrown by this simple fellow.'

At length, according to this legendary history, after many strange adventures, Bacon became disgusted with 'his wicked life,' burnt all his magical books, and gave himself up entirely to the study of divinity—a very orthodox and Catholic conclusion.

He retained, however, sufficient cunning to cheat the fiend, for it is implied that he had sold his soul to the devil, whether he died inside the church or outside, so 'then caused he to be made in the church wall a cell, where he locked himself in, and there remained till his death. Thus lived he some two years space in that cell, never coming forth: his meat and drink he received in at a window, and at that window he did discourse with those that came to him. His grave he dug with his own hands, and was laid there when he died. Thus was the life and death of this famous fryer, who lived most part of his life a magician, and dyed a true penitent sinner, and an anchorite.'

To read other selections from Robert Chambers' *The Book of Days* visit [www.thebookofdays.com](http://www.thebookofdays.com).

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## THE (retired) ECOLOGIST

# From the jungles of Emmitsburg

Bill Meredith

*"It's a jungle out there."*  
—Randy Newman, "Monk Theme Song."

*"He who fights and runs away lives to fight another day."*  
—Oliver Goldsmith, who probably pinched it from Tacitus, who was probably paraphrasing Demosthenes....

If I watch from the kitchen window in the morning or from the porch swing after supper, at some point a rabbit will appear. It is a female, and as rabbits go, she is old; the fur on her sides is turning gray. She has nested in the small jungle that I call my front yard for at least four years, eluding the cats, dogs, foxes, hawks, owls, teen-aged drivers, lawnmowers and blood-sucking parasites that kill most of her kind before they are a year old. Last year she nested in the patch of ferns by my garage; I haven't pinpointed her nest yet this year, but it is somewhere under the juniper shrubs on the bank in front of the house. She comes morning and evening to nurse her litter of five or six babies; the rest of the time, she stays away, to keep from attracting predators to the nest. If luck continues to smile on her, she will produce another four or five litters of young this summer, averaging a half-dozen each.

Using these average numbers, if all of her offspring survived, she would have produced over 100 descendants in the four years I have known her; but

of course they didn't. The rabbit population will remain stable if only two survive to replace her and her mate in the next generation; the rest will slip into the anonymity of the food chain that sustains the diversity of the ecosystem. So it is, and always has been. It's a jungle out there.

Ideally, an ecologist should stay impartial and observe the jungle without getting involved in it personally, but sometimes that's hard to do. I was standing in the yard one morning a month or so ago, contemplating the first blossoms on our rhododendron bush, when a large yellow and black insect buzzed by. My eyes aren't as quick as they used to be, and at first I thought it was a bumblebee; but when it stopped and faced me, hovering in mid-air, I saw that it was a carpenter bee. My first instinct was to head for the garage and start rummaging for a can of Raid, but I had a cup of coffee in my hand and the sun felt good on my back, so I just stood there and watched.

The bee began darting back and forth above the bushes, stopping to hover here and there, and occasionally darting down into a flower; but it was not after nectar. It is a predator, relentless as any hawk or wolf, and while I watched it captured several flies and other small insects and ate them on the wing. It was storing up energy for egg-laying, and I knew that within a few days it would be boring holes in the wood above my garage door where it will make its nest. I can't just stand by and let that happen. I live in this jungle too, and I have to defend my territory.

In the mid-1700s the Swedish biologist, Karl von Linne (aka. Linnaeus), set out to classify all plants and animals, and collectors were encouraged to send him specimens from all over the world. Someone in South Carolina sent him the skeleton and skin of chipmunk, and he gave it the Latinized name, *Tamias striatus*. The species name, *striatus*, was obvious enough... it means "striped" in Latin... but the genus name, *Tamias*, requires an explanation. Apparently the original collector included some sketchy notes that said the little creature dug tunnels and filled them with seeds, on which it lived in the winter; and for that reason, Linnaeus selected the Greek word, *Tamias*, which means "steward" or "housekeeper." It was a good choice, for it describes exactly what has been going on in my yard.

A chipmunk appeared at my bird feeder last fall, and until bad weather arrived it entertained me each morning by stealing sunflower seeds. It would cram seeds into its cheek pouches until it looked like a bad case of mumps, and then dash off to the tunnel it had dug under the front walk. Evidently it filled the available space in that tunnel, for as weeks went by it proceeded to dig at least five more, scattered strategically around the yard and driveway. It stayed in the one under the walk all winter; it plugged the entrance with dead leaves, and slept comfortably there for weeks at a time when the area was covered with snow. Between snowstorms, when the snow melted I would sometimes find the dead leaves pushed aside



Karl von Linne (aka. Linnaeus)

where it had come out to look around, and in one case it left tracks in a light snow; but mostly it stayed indoors, probably with its mate.

When the last snow finally melted, the chipmunk(s) moved from the hole under the walk to another one in the flowerbed by the driveway, where they probably have started a family by now. For the past month, while I watched from the breakfast table, it has scurried busily about, sometimes picking up sunflower seeds, or on other errands; but one day last week its behavior changed. It was in the middle of the driveway, and it would sit still for a minute, then dart forward to-

ward the flowerbed, then leap sideways and back away. I had a pretty good idea of what was going on, so I got my cane and went out to the rescue.

Sure enough, there in the flowerbed was a blacksnake; the chipmunk had been trying to distract its attention from the nearby tunnel, and he darted away as I approached. A light rain was falling and it was chilly, so the snake made no resistance when I pinned its head down with the cane and picked it up. In a friendly manner, it wrapped around my arm, snuggling close to warm itself. I wanted to offer it the hospitality of our warm kitchen until the rain stopped, but my wife demurred, so I took it down in the woods behind the house and set it free.

It is hard to avoid being anthropomorphic about things like that. The children of my generation heard "The Tales of Peter Rabbit" and "The Wind in the Willows" at bedtime; today's parents can choose from "Chester Chipmunk's first day at school" or hundreds of other titles advertised on the internet. Such stories have value; most of them have a moral to tell, and they got me interested in reading early on. I don't think it hurt me to believe animals talked to each other and shared human values when I was three, and when small friends come to visit I will show them the chipmunk's home and tell them its name is "Tammy." But if I had continued to believe things like that after I grew up, I never would have understood the real inhabitants of the natural world.

The brave chipmunk valiantly defending his home and family makes a nice image in the mind, but the real jungle is not like that. The chipmunk was not reciting Oliver Goldsmith's verse as he faced the blacksnake; he was doing by instinct what his ancestors had learned when facing snakes 60 million years ago. It was one of the principles of survival of the fittest long before Demosthenes first quoted it. And here in the jungles of Emmitsburg, it still applies.

To read past editions of *The Retired Ecologist* visit the Authors section of [Emmitsburg.net](http://Emmitsburg.net).



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IN THE COUNTRY

# Preventing raptor road-kill

**Tim Iverson**  
Naturalist

Believe it or not it had been a rather pleasant afternoon commute up 270-N. I had been following the same sedan for some miles now. As any good driver does my eyes made the circuit from looking ahead through the windshield, up to the rearview mirror, over to the side view mirrors, and every now and again to check the time and speed I was going. After one of these rounds I make it back to staring forward, and I catch a glimpse of a hand fling something out of the driver's side window. The yellow and slender skin with arms flailing in the wind made it abundantly clear what they had tossed aside. It couldn't have been anything other than a banana peel. Big deal you might be asking yourself. Well, I am here to tell you that it IS a big deal.

At seven state parks across Maryland there are aviaries housing injured wildlife that will never be able to return to the wild because they can no longer care for themselves as the result of human caused injuries. The closest to our area is located at Cunningham Falls State Park. Within this aviary are animals, most of who have been hit by cars. These accidents could largely be avoidable. Most think of roadside litter as trash bags, empty fast food bags, cups and containers, and other kinds of junk. When presented with the idea of banana peels or apple cores or other natural and biodegradable things they think it's perfectly natural and fine to toss them aside as they please. However, this is not the case. The raptors living in Maryland Park Service aviaries can provide ample evidence as to why.

Let's meet a Red Tailed Hawk for just a minute. This beautiful bird of prey is the largest hawk that lives in Maryland. This bird prefers wide open spaces, primarily fields. In fact, if we're being honest this is probably one species that has benefited from deforestation and development. They feast on small mammals like mice, rabbits, squirrels, and smaller birds in their territory. You can often see them sitting on the sides of roadways. They're usually perched upon telephone poles, over head lights, or signs. They are naturally drawn to these areas because of high perch places, and the abundance of prey.

You see rodents are naturally attracted to any type of food trash. It doesn't matter if that fast food bag is empty or not, because it still smells like French fries and burgers. Empty wrappers still retain the scent of whatever food they packaged as well. Banana peels, apple cores, or other food waste will still attract prey like mice to the sides of roadways in search of a quick meal. Red-tailed Hawks, and other birds of prey, know this and will wait for prey to arrive. Then when the moment is right they'll strike. They swoop down from on high to claim their catch. Often times though it's

not that simple. They are competing with the tumult of traffic which can be chaos to process for wildlife. Raptors frequently are struck by cars in the process of hunting. In most cases these birds are killed on impact. A lucky few who do survive and make it to medical assistance in time may be able to fully recover and be rereleased to the wild. However, the majority of those who are hit and survive will not be able to go back. These reasons can vary: wing amputations, which makes flight impossible; brain damage, which makes hunting and survival impossible; or loss of vision in one or both eyes, which makes hunting, flying, and surviving difficult to impossible.

For those birds that are fortunate enough to survive, but cannot survive on their own will be placed in zoos and aviaries throughout the county. The Maryland Park Service has a program called Scales & Tales which cares for and houses wildlife like this. Scales & Tales is an environmental education program that provides people the opportunity to see these wild animals up close. By relating the "tale" or story of the animals the Maryland Park Service can reach out to the public and educate them on environmental issues of concern. These issues range from environmental pollution, climate change, habitat and resource loss, invasive species, and more. There are a few ways people can help these animals as well as wildlife.

The first way is by visiting these aviaries, parks, and wild spaces in general. By raising your awareness, you are likely to make lasting lifestyle changes and be able to spread the message to others. Scales & Tales also has an adoption program that allows you to symbolically "adopt" these animals, and the money goes towards their care and well being. The best way to help them is to help prevent unnecessary injuries from happening in the first place. Practicing Leave No Trace is a great way to start.

Leave No Trace is a non-profit or-

ganization and a set of principles or ethics regarding how we use and treat the great outdoors. These seven ideas are easy to follow and very reasonable. They are:

**Plan Ahead & Prepare** – Make sure you pack all necessary food, gear, etc. Know your way so you don't get lost. Most importantly, plan for how to pack your waste and bring it back with you

**Travel/Camp on Durable Surfaces** – When you hike or camp off of specific or regulated areas you destroy vegetation that prevents rain runoff and destroy habitat by expanding human impact

**Dispose of Waste Properly** – If you brought it there, then make sure you bring it back.

**Leave What You Find** – This way another passerby can experience what you did

**Minimize Campfire Impacts** – If there are existing fire rings then use them! Otherwise the woods will be pockmarked with blackened scorched earth

**Respect Wildlife** – Respect all wildlife, but remember some wildlife can be venomous or dangerous so if you don't respect them they will not respect you.

**Be Considerate of Other Visitors** – You'd hate it if you were soaking up the beauty of the outdoors and someone was being loud, rude, and disruptive. Don't do it to someone else.

**Leave No Trace** can usually be summed up by the adage, "Take only pictures, leave only footprints." By practicing these principles in all of our outdoor affairs we can assure that every one of us can always enjoy what the wild lands have to offer. Just like you try to take care of your personal stuff, we need to take care of our collective stuff. Throwing the banana peel out instead of waiting to find a trash can is reckless. It endangers wildlife by setting them up for disaster. When this happens often enough the scavengers eating it become accustomed to the food



source, and may starve when or if it is no longer available. The simple act of just waiting a few more minutes is well worth the investment to preserve the independent and natural order of things. I once saw a road sign while working for the National Park Service in Big

Bend Texas that I think I'd like to leave you with – Litterin' is UNLAWFUL! Make sure the impact you leave behind is a positive one.

To read other articles by Tim Iverson visit the Authors section of Emmitsburg.net.

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## IN THE COUNTRY

# Becoming the conservation

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Perhaps one of the fastest, if not THE fastest growing segment in the field of photo journalism is that of conservation photography. The current concerns with our disappearing wild lands, and the relatives, flora and fauna, coupled with the near exponential growth in technologies has provided a broad opportunity for those with a sincere interest regarding this subject matter.

Prior to the advent of digital technologies, field journalism of any sort was at best a demanding endeavor. The conservation photographer was pretty much a lone wolf. Often spending an enormous amount of time working either alone or, if lucky, in the company of a like-minded partner. His or her equipment was heavy and somewhat cumbersome. The lenses alone used for distant or small subjects often weighed in excess of 10 pounds. Then there were the tripods; sturdy, but often made of steel or heavy gauge alloys. If close up photos or small subjects such as insects or flowers in detail were required, this would necessitate an additional macro lens. For one to owe reproduction an extension tube would be required to be used with the macro lens.

The camera body itself was usually of brass construction with chrome plating. A black finish was used on

professional models. Remember, film was the medium of capturing the desired image. Of course, we didn't know if we got the image or not until we had the film processed. In the field, the choice of film to be used depended largely on subject matter. However, the likelihood one might shoot insects, birds, and /or landscape on the same foray necessitated two or more camera bodies. Each would be loaded with a different film type. Extra lenses and perhaps an auxiliary light source for fill in flash might be called for as well. A whole host of other accessories might be found in the conservation photographer's bags and luggage during those days of yore.

Within the last six years, digital camera revolution has either become equal to or surpassed the image making capabilities of film equipment. ISO ranges unheard of as recently as ten years ago have made low light shooting a whole different kettle of fish. Five or six years ago a 2GB memory card might be considered special; currently, 64GB, or even double that, are available. The more common 8 or 16GB memory cards make it possible to capture more than 2,000 images before the card is full. Plus, all this makes quality video capture a reality. The cameras now available in conjunction with the newer memory cards have opened the doors to entirely new dimensions in all fields of photography. Nowadays, weather sealed camera bodies with WI-FI capabil-

ities; GPS, HDR, and the ability to shoot in color, black and white, sepia tone or cyan have changed the whole game. Hybrid photography is the direction many aspiring photographers have gravitated to where still photos and video are combined to create the story.

Smart phones are the most recent incarnation of a picture taking machine. Their widespread use has literally changed the world of photo journalism. Their big advantages are size, WI-FI, and a built in modem for uploading to the Internet capability. Recently, more and more accessories have become available. More importantly is now the ability to use them with a DSLR or other professional level camera. This simply translates into better image quality!

All these huge advances in technology can help you be or become a better conservation photographer; however, not on its own. It will not substitute for basic compositional skills, marketing ability, or superior image quality. You'll still have to work with people; know where to go; and how to create your story as well. The dynamics of how you present your material is at least as important as the content itself. Timing can also play a key role in your success.

Beginning June 7th we will host a 3-part series on this subject of how to become a 21st century conservation photographer. The first session will focus on applying professional compositional techniques in conjunction with using your smartphone as your primary means of image capture. Learn some simple tricks that can make photos literally POP! This will give you an edge in actually getting those photos where you want them to be ... published either locally or nationally.

We will also discuss some of the new apps and accessories available for your smartphone and what advantages the phone cameras, in general, offer while taking an objective look at their disadvantages as well. During this 4-hour workshop, you'll be able to learn by doing at Strawberry Hill Nature Preserve. With over 600 acres on site, Strawberry Hill provides a wide range of habitat and potential subject matter. You'll find this fun as well as



Prior to the advent of the digital camera, nature photographers could go a lifetime and never catch a photo like this.

informative. There will be time later for review and discussion with a look at what is in the future for this means of image capture, either still or video.

In the second part of our conservation photography series we will move into how to best utilize those photos that you have captured. We will take a critical look at editing your files; how to make decisions on what's saved and what's trashed; what media do you really want to target and why; putting together a story that's in line with your theme in mind. Perhaps a topic to look at which is just as important is what persons, organizations or business might you need to collaborate with in order to achieve the goals that you have set for your work and efforts. I will share some of the formulas that I found to work and combine your story, media goals, as well as what and who you will need to partner with to bring this all to fruition. Also, during the 4-hour workshop; to be on June 14th from 1:00 to 5:00 pm, we will again spend time in the field fine-tuning our methods while keeping our goals in mind. You will also learn how to tell more than one story with your material.

On June 21st we will conclude with how you make that leap into the world of professional conservation photography; what new tools should you consider; streamlining your workflow; what media to pursue; and find what

equipment the professionals are using and why. We will take a look at what the future might hold based on current trends. We will also discuss post processing and HDR, the pros and cons.

Since this will be a transition time between spring and summer, we will want to spend as much time as possible in the field. During the last workshop, it will be a good time for reflective consideration of what direction we should go from here to have the most positive influence.

If you are indeed hungry to pursue conservation photography as part of a bigger endeavor or on its own, go for it! This field could quite possibly be your next career!

No matter how many workshops you attend, you'll find that Strawberry Hill Nature Preserve is perfect for the aspiring photographer. With access to wetlands, forest, and a variety of other habitat, one can easily spend an entire day there and not see its entirety. Bordered on one side by Michaux State Forest, you'll find a mixture of wildlife and plant life. This occurred during a recent reptile and amphibian study.

It is my sincere wish that you join us in June for what could possibly be the beginning of a new career path for you!

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COMMUNITY NOTES

# Emmitsburg Heritage Days

Mark your calendars! Plans are underway for the 32nd Community Heritage Day in Emmitsburg, the annual event held to benefit various charities on the last Saturday of June, this year on June 28th. The organizers have planned a full day of activities "Last year was the first time we focused on Emmitsburg's rich civil war history and we opened the event to a variety of local businesses and organizations. It was also the first time we included a crafter/vendor show and a yard sale. We hope for the event to be even more successful this year," said Jennifer Joy, for the Heritage Community Day Committee. Newly planned this year are activities such as a neighborhood kickball tournament, baseball exhibition game, bicycle rodeo/ride, carnival rides and games, all this in addition to its traditional field games, parade, and fireworks. The kickball tournament is a brand new activity, "We are encouraging neighbors to get together and form teams to compete at the baseball field in Community Park starting at 12:30pm," says Jennifer Mellor, "You don't have to be an expert athlete to participate. You just have to want to have fun!" she added, "Silo Hill has already started forming a team and they say, "It's on!" (Please check out the Facebook page "Kickball Heritage Day.") If you are interested in signing up a team for the kickball tournament, please send your request to kickballheritage@gmail.com.

Community organizations such as the Friends of the Emmitsburg Li-

brary will be participating by having a large book sale; Seton Center, Inc. will host a yard sale located at the Farmer's Market area; the Knights of Columbus Bruté Council will sponsor live music at the bandstand featuring the Home Comfort band, Miriam Warthen, Matthew Braeden, Silver Lining, Frederick Let There be Rock School, Seven x Seventy and The Bubonics; the Osteopathic Primary Care Center will host tours, crafts, refreshments, and a bake sale; a Bike Rodeo and bike ride will be provided by Bike Maryland and Frederick Bicycle Coalition (respectively), Emmitsburg Profes-

sional and Business Association sponsor's the fireworks; the Lions Club will have its traditional field games, horseshoe tournament, and BBQ; the Emmitsburg Baseball and Softball League will sponsor their annual Car, Truck, and Motorcycle show; the Emmitsburg Vigilant Hose Company will have its traditional breakfast; the Town will have the pool open from 12 noon to 7pm; and local churches and other organizations will have games and activities in the park as well. "The amazing thing about this event is that all the proceeds will go to charity and everything is donated," says Cliff Sweeney,

president of the Lions club and a town commissioner, "That makes our community event truly remarkable."

Additionally, local exhibits at the Seton Shrine and Fire & Rescue museums will be open and tours will be available. A walking tour of Emmitsburg, with local historians, is also planned for 4pm for history buffs. "North Frederick County has a rich history often overlooked, and Emmitsburg has been in the middle of some pivotal historical events," say local historian, Michael Hillman.

Jennifer Mellor, town commissioner, has been in charge of building the

vendor /crafter show this year and is looking forward to making it an annual thing, "Her expertise in managing festivals and her immense energy has been invaluable to the committee this year," says Joy. If anyone is interested in participating in the craft/vendor show, it's not too late to get a spot. The yard sale also has spots available. If you are interested in signing up for the parade please email Jennifer Joy at eburgheritagedays@gmail.com. For information on the above and other details about the event, please see the website www.emmitsburg.com (select the Heritage Community Day button). Also, friend us on Facebook! Or you can reach the Community Heritage Day committee at 301-447-6467, or email at eburgheritagedays@gmail.com.

**CALLING ALL CRAFTERS & VENDORS!**

**Emmitsburg Community Heritage Day Craft and Vendor Show**



**Saturday June 28, 2014**  
10:00 a.m. - 4:00 p.m.

**Emmitsburg Community Park**

To register please contact Jennifer Mellor at [jmellor@emmitsburgmd.gov](mailto:jmellor@emmitsburgmd.gov) or at [eburgheritagedays@gmail.com](mailto:eburgheritagedays@gmail.com) to get an application. 12 X 12' spots are \$35.00.

**Tel: 301-447-6467**

Registration Deadline: June 15, 2014

[www.emmitsburg.com](http://www.emmitsburg.com)  
for more information on Community Heritage Days

**Emmitsburg Community Heritage Day**

**Saturday, June 28, 2014**



**AT FARMERS MARKET area on South Seton Avenue, Emmitsburg.**

If interested in participating as a seller, there is a \$20.00 fee to reserve your 10 x 10 spot. All registration fees go to benefit needy families.

Yard Sale hours: 8am—2pm (No early birds please!)

For registration information please call Seton Center, Inc. Tina Lamont:  
**Tel: 301-447-6102 x 13**

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**Emmitsburg Community Heritage Day**  
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## PETS LARGE & SMALL

# It's "just an animal shelter"

Jennifer Vanderau  
Cumberland Valley  
Animal Shelter

A year and a half ago, the Cumberland Valley Animal Shelter moved from its out-dated, practically-falling-apart-around-us building to a new, modern, planned-out shelter to fit the century in which we exist.

It was an incredible undertaking. We moved almost 100 animals across town in 45 minutes. No joke. We had volunteers stationed at the old shelter and volunteers waiting at the new one and it was as seamless as anything we've ever done.

I can't say enough about the assistance we received, both from our volunteers and the County Animal Response Team. Amazing.

Since then, we've been settling into our new digs and it's been pretty great. Our adoption area is completely separated from our isolation area -- something that we didn't have at our old shelter.

Indeed, at our old place, the dogs in isolation were side by side with dogs available for adoption. As you can imagine, disease control was insanely difficult to manage that way. When a brand new, stray dog that we had no information about could go nose-to-nose with a dog up for adoption, it drove us all about half crazy.

That no longer happens.

Our dogs have their own den in our new shelter, one complete with an automatic water bowl (it fills itself!) and individual ventilation system. At the old shelter, all the kennels were separated only by chain link in the front, again, making control of disease difficult. Now each pup breathes his own fresh air.

We're hoping to eventually have the same living conditions for our cats, but we haven't quite reached that point yet.

Shortly before we moved, we were facing \$80,000 in repair costs at the old shelter. We knew



In the cold month of December, Maxine was brought to the Adams County SPCA with her baby, Mandy. Luckily, Mandy was adopted quickly but Maxine is still waiting for someone to notice her. She is a very slender and petite young lady and is a bit on the shy side. She loves to play, gets along well with most other cats, and is sweet and affectionate with people. She is dreaming of the day when her new family takes her to her forever home! To adopt Maxine, visit the Adams County SPCA/Meyers Animal Shelter at 11 Goldenville Rd., Gettysburg, PA. Or, you can visit [www.adamscountyspca.org](http://www.adamscountyspca.org) or call 717-334-8876.

there was no way we could put that kind of money into a building that we were planning on leaving, so we sat down and looked at what we absolutely needed to get to our new home.

As a result, we borrowed more than \$400,000, finished only half of the dog dens and brought the cat cages over from the old shelter. We also still need to install our 10,000 gallon water tank for collecting rainwater to use to clean the kennels -- an environmentally friendly feature that will also help reduce water costs.

I'm proud to say that thanks to the kindness of our donors, we have paid off the debt we incurred during the move and are now looking at the remaining projects that need to be completed.

I know that there are people out there (believe me, I've heard them say this) that it's "just an animal shelter" and we're putting

up a building "just for animals" couldn't we just construct a pole building and get wire crates donated and voila! We'd have our brand new, inexpensive animal shelter.

I mean, in all sincerity, yes, we could do that. It would be cheaper and we could have been done a long time ago.

But (and really, you had to hear that coming) after working here for 13 years, I can tell you, it takes a lot more than a simple building and some cages to run an animal shelter the way it should be done.

First, with our pole building scenario, I cannot IMAGINE how you would maintain any kind of disease control. Dogs and cats all over the place in nothing more than crates?? The mind boggles.

Secondly, what about dangerous dogs that would come in? We've had some rather vicious animals come through our doors --



Nick is a 5-year-old terrier mix whose owner was moving and couldn't take Nick along, so he ended up at the shelter. We're working on getting Nick's weight down. He was a little depressed for the first couple of days he was here, but he's slowly getting better and showing us his wonderful personality. He's been out and about to a lot of places and is really awesome with meeting people. During his temperament test, he wagged his tail the whole time. Do you have a spot for this sweetheart? To adopt Nick, call the Cumberland Valley Animal Shelter at 717-263-5791.

because we are an open-admission animal shelter which means we accept all strays -- we don't turn stray animals away from the jurisdictions that support us. Having an aggressive dog in nothing more than a crate would be a huge safety concern for all involved.

And Pennsylvania law states that we HAVE TO hold stray dogs for 48 hours. So that would mean said aggressive dog would be in only a crate for two days? No thank you.

The truth of the matter is animal sheltering has come a long way from the days of the dog pound and dog catcher. Technology has given us the ability to recognize that a worthwhile animal shelter almost has to have hospital-like standards to truly have a place that cares for the four-legged souls that come through the doors.

We use seriously tough cleaning products every day -- 365 a year. The floors have to be able to stand up to that -- linoleum won't do.

We get animals coming in to us in varying stages of health. We have to have a way to keep the healthy ones healthy and control the spread of disease as much as possible.

It frustrates me that we weren't able to have our cat cubbies ready for our felines before the move -- I completely understand why, but I wish we had our cats in their true home. The cages we brought with us are open, so we have sheets up on the sides to help cut down disease as much as we can.

Upper respiratory infections blow through catteries like wind on a spring day. Seriously. Once one of them sneezes, it travels to all the others. One of our biggest expenses each year is medication to help get them well and keep them well.

The cat cubbies we want to have are more like what you see

in Petsmart or Petco. They are enclosed on three sides and have a plexiglass front, so the cats will have a little den of their own in which to play. It will be a godsend for keeping our felines healthy and happy.

We constructed our building with the future in mind. We want to reduce costs as much as possible, so we have skylights for natural lighting, solar panels to heat the rainwater we collect from the roof and in our (eventual) collection tank, separate areas for adoption and isolation and floors that can withstand the chemicals we use for cleaning every day.

The plan was to build a shelter that will actual reduce the transmission and spread of disease so that we can cut down our medical costs each year.

It was about longevity and being here for years to come.

To us they will never be "just animals." They are the four-legged souls who came to us, through no fault of their own, and it's our responsibility to care for them and find them new, forever homes.

We still need the funding to truly complete our animal shelter, but we're working on it every day and with the help of our supporters, we'll get there. For them.

We're doggone (pun very much intended) proud of what we built for the animals we love so much. If you get a chance to visit, please stop by and say hello to the sweet babies who "have no voice but ours."

Jennifer Vanderau is the Director of Communications for the Cumberland Valley Animal Shelter in Chambersburg, Pa., and can be reached at [cvascomm@cvas-pets.org](mailto:cvascomm@cvas-pets.org). The shelter accepts both monetary and pet supply donations. For more information, call the shelter at 717-263-5791 or visit the website [www.cvas-pets.org](http://www.cvas-pets.org).

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PETS LARGE & SMALL

# Mare is a four-letter word

Kimberly Brokaw DVM  
Walkersville Vet Clinic

A couple of years ago I attended a lecture at the American Association of Equine Practitioners Convention titled Mare is a Four Letter Word. The lecture focused on the difficulties of getting mares pregnant and managing them throughout the pregnancies. This weekend has left me in complete agreement with the lecture presenter.

Last year one of my clients had three mares that were notoriously difficult to get pregnant. The one hadn't been pregnant in five years. Because of previous years' difficulties we elected to start the breeding process at the end of March. While for thoroughbreds this would be late in the year, these are warmblood sport horses. A mare's pregnancy typically lasts 11 months. As sport horse people want their mares to foal out in May, we tend not to start the breeding process in March, except in difficult situations such as low fertility. Sport horses, unlike Thoroughbreds also tend to be bred through artificial insemination. Artificial insemination has numerous benefits. First it eliminates the risk of injury due to fighting between the mare and the stallion. Risk of disease transmission also decreases. AI permits both mare and stallion to be on opposite ends of the country as well as for them to continue to compete during breeding season. One of the down sides to AI is that some of the sperm die during the shipping process and you also have to coordinate sperm delivery to when the mare is going to ovulate. All of this as well as other factors can result in lower conception rates. In this situation we assumed that the mares would not get pregnant on the first breeding attempt, and would require repeated inseminations to conceive.

We were wrong. All three mares got pregnant on the first try. While the owner was initially ecstatic, as it came time to sit in the barn at night and monitor the mares for signs of foaling during the frigid February nights, the owner was less happy. Having the owner or other foaling attendant present at each foaling is essential to maximizing the chance of the foal surviv-

ing. Situations such as foals who are unable to break the amniotic sac, require rapid human intervention. Therefore, sport horse breeders expect to sit up night after night to make sure they will be present for the foalings.

Since most sport horse foals are born in the spring, the sport horse breeders don't expect to sit outside in a 15 degree barn for one February night after another after another. Each of these mares foaled during different nights of the polar vortex. The owner managed to be present for each foaling. She used heat lamps to warm herself and the foals, and the foals did great. The owner looked rather cold and worn by the third foaling. This year the owner said that there was no way she was ever going to even contemplate breeding a mare before May.

As the month of May progressed, the owner continued to monitor the mares for signs of coming into season. She started noticing signs the week before Memorial Day. Not only did this client notice her mare coming in, but so did another one of my warmblood clients. While this may not at first seem significant, it is in fact extremely significant when doing AI. Not only will FedEx not deliver semen on Sundays, but they won't deliver on holidays either. Stallion owners also usually only have certain days when they collect semen (i.e. Monday, Wednesday, Friday). The presence of the holiday meant that the mares had to either be ready to breed by Saturday, or not ready to breed until the Thursday following Memorial Day.

As I was ultrasounding the mares and contemplating which days I'd be



Watching a mare with a newborn foal is almost worth all the effort owners go through until they realize - the real costs of the foal is about to begin, e.g., boarding, vets, shoeing, training, &c.

able to obtain semen, my mind wandered back to the lecture "Mare is a four letter word." The lecturer was correct. It seemed like these mares were going to be ready to breed Sunday night/Monday morning. While the lecturer went into several mare fertility issues, he also spent time covering options when the mare is going to ovulate on weekends, holidays, and other times when it was impossible to get semen delivered. The vet has a couple of options. Based on the size of the follicle the vet can give an injection of a medication that will make the mare ovulate. If the mare is far enough along in her cycle, that becomes a very good option. If the mare isn't far enough along, there are also medications to try and slow down the development of the ovulatory follicle so that they don't ovu-

late until after the holiday. While it sounds like with those medications, weekends and holidays would not be problems, they still are. Mares don't always respond to the medications the way the vet wants them to and pregnancy may not result. When a mare doesn't conceive by June, most likely the breeding year is lost. Therefore, breeders are usually very eager to avoid losing an ovulation cycle because of a holiday like Memorial Day.

Two of the mares were close to ovulation. We gave an injection to stimulate ovulation and fortunately were able to breed them before the holiday weekend. The other mare was given a medication to delay ovulation. As I am writing this article, I still don't know if I was successful in delaying ovulation. I will check the

mare soon and plan the semen order based on the follicle size. Then, 14 days after inseminating the mares, I will ultrasound them again to see if they are pregnant.

To those who are not breeders, mares and foals, grazing out in the fields, conjure up images of peace, tranquility, and no stress. These images are very far from the reality of breeding. Breeding is full of major catastrophes and little stresses. It is the little stresses in breeding mares, such as coordinating semen delivery around a holiday, that remind me of how much time and effort owners put into their brood mares, and that is why I don't want to own one.

To read other articles by Dr. Brokaw visit the Authors section of Emmitsburg.net.

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## PETS LARGE & SMALL

# The Kittens of Willow Rill

Michael Hillman

I really had not wanted to go to the party that afternoon. I had a lot to do on the farm and spending the afternoon in the company of people I didn't know really didn't appeal to me. But as the party was for Ashley, one of my first and better students, I had to go.

It was an afternoon barbecue in celebration of her 30<sup>th</sup> birthday. She had grown a lot since I first spied her at 12-years-old, watching me through the slats in my arena's fence as I rode. As we sat and chatted about the glory days gone by, my gaze drifted over her shoulders to the creek next to the pavilion in the park we were in. As I was about to turn away, my eye caught something moving in the distance, something small and shy. Intrigued, I got up and walked toward it. At first, all I could see were two gray ears, then a face—it was a kitten.

Realizing he had been spotted, Barkley, as he would soon be known, tried to make himself invisible—but not totally. For every ten steps I took toward him, he only took five back, as if saying, "I'm scared, but I don't want to be."

I went back to the table and picked up my half-eaten hamburger. When I turned around, I discovered Barkley had followed me halfway, as if in a dance (which in many ways it was).

I tossed Barkley a chunk of the hamburger. He followed it through the air and jumped at it when it landed. It took only seconds for him to devour it. Clearly he was hungry. When he was finished, he advanced toward me with a look that said, "More please?" I tossed him another chunk, and then another, and then another.

When I went back to get a second hamburger, my wife asked me what I was doing. When I

told her, she smiled and offered me the remains of her hamburger. Barkley was not satiated with even that, so I returned a third time, this time with a hotdog. With that in his belly, Barkley finally lay down and stretched out. He was full and quite happy with himself.

As we drove home from the party, my wife and I talked about Barkley. The park he lived in was small, right next to a major road. As the summer was mild and moderately wet, the creek along which he lived provided an ample source of water and vegetation alongside it. It was surely a steady source of mice and moles, not to mention cover for a growing kitten. But winter was just around the corner and all those positive attributes would soon change. The park would soon be devoid of water and prey—leaving him no better option but to start roaming. The chances for survival would drop dramatically as the weather turned, unless he had help.

So we decided to help.

### Learning to trust

Knowing full well that domesticating feral cats was difficult at best, we settled on trapping, vetting and neutering him, and then releasing him on our farm where we could keep an eye on him. That was the plan at least...to execute it, however, we would first need to get him to trust us.

Knowing he would be hungry around the same time the next day, I returned to the park, this time with cat food. Sure enough, Barkley was waiting. I spied an old Styrofoam hotdog holder, which I used as an improvised cat bowl and set down for him. As I retreated, Barkley advanced toward it. I can't recall if he even bothered to sniff it. Within an instant it was all gone. Once again he gave me the "More please?" look. As I advanced to fill it a sec-



Reggie (front) and Barkley quickly learned when feeding time was and were always waiting for their food bowl to be filled.

ond time, I noted he didn't retreat to his original spot, but instead, only retreated halfway.

The pattern was repeated the next day, and the day after. On the fourth day, as I was watching him eat, I saw movement in the bushes behind him. Slowly, another face emerged—it was a second kitten. This cat was clearly much more shy than Barkley, and I found myself having to retreat almost back to the pavilion before it would come out of the bushes to join its brother at the food bowl. Don't ask why, but I got the impression it was a female.

At the time, we were referring to Barkley as "Rill," since the creek he lived by was called "Willow Rill." So she was immediately given the name Willow. Needless to say, the plans we had laid for Barkley were expanded to include her.

On day 7, "momma cat" made an appearance. Being fully feral, she took one look at me and dis-

appeared.

By day ten, I found myself lying in bed at night worrying about the pair. The nights were getting colder and a major rain storm was being predicted. To ease my anxiety, my wife suggested we build them a habitat that could serve as a temporary shelter for the kittens and a permanent shelter for momma cat. A quick search of the Internet brought me to the website of Alley Cat Allies, which had several nice diagrams of shelters—one of which quickly took shape in my carpentry shop.

Barkley, who by this time had become quite bold, just had to help me install his new home. As I filled his food, he was busy inspecting the inside of the shelter. He must have approved, for as I sat down to watch him eat, I was surprised to see him walk not toward his food bowl, but rather straight up to me as he began to rub his head all over my outstretched legs. I reached out and

offered him my hand. He sniffed at it and, accepting the offer of friendship, he advanced to my side, rolled on his back and offered me the opportunity to give him a belly rub—an offer I was unable to resist. For what seemed like an eternity, he just laid there and purred. The fact that his sister was eating all his food was of no concern to him whatsoever.

It was now obvious that the plans of simply trapping, spaying, and releasing the pair was now out of the question. Barkley, and just maybe his sister, had a destiny as indoor cats, which in our household, was a pretty good life.

But first things first—we needed to trap them.

### Trapping

Because of Barkley's newfound openness to physical human contact, the trapping date was advanced a week, which also served to get them out of the elements before the arrival of a nasty tropical storm.

The night before the trapping, I once again found myself lying in bed at night worrying about what could go wrong. I knew I would be able to trap Barkley. Heck, by now I could probably simply pick him up and carry him to the car, but what about his sister? How long would I have to wait? What if we were unable to trap her? I planned for everything.

The following morning, weary from lack of sleep, we drove to the park with two traps in tow. Once again, curiosity got the better of Barkley, and he sat patiently watching us set up the trap. We no sooner opened its door than he walked boldly inside. Now he was none too happy to have the door spring closed behind him, but with a towel placed over the trap to darken it, he quickly settled down and accepted his fate.

Now I faced my biggest fear—trapping his sister. She had

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watched Barkley enter the trap and made a beeline for the tall grass when the door sprang shut behind him. As I watched my wife pull away in her car with Barkley, I settled down with a stack of newspapers, ready for what I expected to be a very long day. But, I was wrong.

I had no sooner finished scanning the headlines on the front page than Barkley's sister made her reappearance. She followed the trail of tuna fish oil my wife had led up to and into the trap. Much to my chagrin, the trap failed to close behind her, and once she finished the tuna fish in the trap she simply walked back out! Thankfully, she didn't leave the area, but instead patiently waited as I circled the trap a few times.

Having been in the trap once without issue, the smell of more tuna was enough to get her to go back in. This time however, the trap worked. The whole thing had taken us less than 15 minutes from start to finish.

The pair didn't know it, but their new lives had just begun.

### Domesticating

Introducing new cats into an existing cat population is always a little tricky, not to mention dangerous. Until we knew that the kittens were not carrying any communicable diseases, such as Feline Leukemia, we decided to keep them separated from the rest. Fortunately, we had a heated tack room in the barn, so that would be their home until we knew what we had.

Unsure of how they would respond when we released them, we hauled out the large dog cage and set it up in the middle of the tack room floor. My wife placed a cardboard box in the back of the cage, which would serve as a hiding "cave" should either of the pair feel the need for one. On the cage's side and roof, my wife hung all sorts of kitten toys, enough to keep them occupied for what was going to be a long period of isolation.

Barkley was released into the cage first. He strolled out of the trap as if on a Sunday walk in the park and immediately began to explore his new home. So far, so good.

When Willow's cage was opened, she darted out as if on fire, ricocheted off one of the walls, and went out the front before we knew what had happened. Barkley, sensing something was wrong, followed her in hot pursuit. So much for our well laid out plans.

It only took a few moments to recapture Barkley. On the oth-

er hand, Willow wanted nothing to do with us. Each time we cornered her, she somehow managed to find an escape route. She darted from one side of the tack room to the other, getting more frantic with each dart. A lucky throw of a towel and a quick grasp ended the event. It was much rougher than I wanted, and was everything we had feared, but at least we had her safely back in the cage. It was going to be a long, long time before she allowed us to get near her again, that was for sure.

Over the next few days we made a point of visiting the kittens at every opportunity we had. Barkley was always at the cage's door with an outstretched paw as if to say, "Let me out." Willow was always squished as far back as possible in the box, clearly terrified.

As the days wore by, the pair soon began to associate us with food. Barkley, ever eager to get out of the cage, did his best Houdini impersonation every time the cage's door was opened, unless of course the door was being opened to refill the food bowl. In those cases, he seemed more interested in climbing into the large food container than escaping out the front door. Willow was more than content to watch the food bowl get filled. Only when the cage door was closed and she was sure that no one would be attempting to lay hands upon her did she venture out of her box.

By the end of the first week it was obvious that Barkley had outgrown the cage and was ready to be released into the tack room. Willow, on the other hand, could have benefited from another week or two in the cage, but Barkley wanted out.

Upon their release, Barkley immediately went to work exploring the tack room. Willow, on the other hand, ran into the bathroom and hid behind the toilet. It was hard not to feel sorry for her.

The next morning we were greeted by Barkley, who had taken up a position on the tack room counter next to the door. From the counter, Barkley could look out the windows that lined the walls next to the counter. Willow, however, was nowhere to be seen.

Our first thought was that she had somehow escaped. Before we had placed them in the tack room we had gone to great lengths to secure all the openings. Even the tack room's window screen was reinforced with a tougher chicken wire mesh, which was secured by 250 staples. For what seemed like an eternity, we looked high and low. Willow was simply nowhere to be found. Finally my wife let out an,



A "kittenhood" filled with hunger was apparently imprinted on Barkley, who can never seem to get enough to eat!

"Ah ha!" and pointed to a speaker sitting on top of one of the cabinets hanging above the counter. Squished back as far as possible between the back of the speaker and the wall was Willow. Her natural instincts were to find a high, secluded spot from which she could safely survey everything around her.

Willow's unwillingness to engage us, when compared to Barkley's outward acceptance of everything new, began to make us question the correctness of trapping her. Maybe it would have been better to leave her with her mother after all. But the die had been cast and we decided to let events play themselves out.

While we hadn't yet decided on what we would do with them, domesticating the kittens would be critical if the option of making them indoor cats was even to be considered. So every evening, I would set an hour aside and sit on the tack room floor playing with one of the many cat toys that now littered the

floor. Barkley took to playing like a fish to water. This was just way too much fun for him.

At first, Willow would have nothing to do with me, but as the days wore on, she took more and more queues from her brother. Soon, she abandoned her cave behind the speaker and was hunched over the edge of the countertop watching Barkley's antics as we played "bat a bird." By the end of their first week out of the cage, Willow's confidence had grown so that she now felt safe on the floor and occasionally, even dared to venture near one of the catnip mice for a sniff.

During the day, the pair spent their time sitting in the windowsill that overlooked the walkway out of the barn. Adjacent to a large cedar, which was home to a plethora of finches, it offered them non-stop entertainment as we went about our normal daily routine.

It was about this time that my wife finally got a good look at Willow and

discovered that she wasn't a she, but in fact, she was a he. We had not adopted a brother and sister, but two brothers. Willow was going to need a new name.

We racked our minds that evening for a suitable name, but nothing came to mind. Star Trek wasn't exactly known for its shy, reclusive characters. But then it hit us. We had named Barkley after Lt. Reginald "Reggie" Barkley, who was a nice, but sometimes "goofy" outgoing character. But Lt. Barkley also had another side to him—a recluse, shy, unsure side. In the show, Lt. Barkley was always referred to as "Reggie" when he was being shy, and Lt. Barkley when he was being outgoing. While it seemed wrong to name both cats after the same character, it nevertheless worked. Willow was renamed Reggie, and the name stuck.

Part 2 next month

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## CIVIL WAR

## The Confederate raid around Baltimore

John A. Miller  
Emmitsburg Historical Society  
Civil War Historian

During the winter of 1863-1864, a plan was thought of by Confederate General Robert E. Lee to send a force to Point Lookout, Maryland to free the thousands of Confederate prisoners being held there. However, by late February, Lee's plan was interrupted by the Dahlgren and Kilpatrick Raid on Richmond. As June 1864 began, General Lee sent out Lieutenant General Jubal Early to strike upon the Shenandoah Valley, to relieve pressure from his entrenched lines near Petersburg, Virginia. There Lt. Gen. Early secured Lynchburg, and began marching north to Maryland. As Lt. Gen. Early made his way to Staunton, Virginia, General Lee began evaluating his Point Lookout plan. Lt. Gen. Early was fully aware and in communication with General Lee about this daring raid.

The raid itself called for a force that would travel upon land, while another force sailed by sea into the Chesapeake Bay. The two forces would have to be precise in their arrivals to Point Lookout. General Lee wanted this force to be led by Marylanders. Bradley Johnson

and his cavalry brigade were picked by General Lee. Brigadier General Bradley's cavalry brigade contained two Maryland consolidated cavalry units, commanded by Major Harry Gilmor.

As Lt. Gen. Early neared the Potomac River on July 2, near Petersburg, Virginia, General Lee summoned Confederate States Naval Commander John Tyler Wood to his headquarters. Commander Wood was also a Marylander, and he was selected by General Lee to lead the naval expedition to Point Lookout. Commander Wood was to gather supplies and guns, as well as lead his force on the beach, and upon landing he and Brig. Gen. Johnson would attack the prison at Point Lookout. Up until this point only Lt. Gen. Early and Commander Wood knew of the raid.

As Brig. Gen. Johnson's cavalry led the way for Lt. Gen. Early's army in Maryland on July 7, he fought along the way from Middletown to just west of Frederick. The next evening, he was ordered to Lt. Gen. Early's headquarters, where the plan was laid out before him. Brigadier General Johnson was to first make his way toward Baltimore, cutting all communications and railroad lines from the city to the north and move due south to-

ward Washington, and from there, move directly to Point Lookout to help free the Confederate prisoners. A total of about two hundred and fifty to three hundred miles had to be traveled, and this had to be accomplished in three days, by the evening of July 12. Brigadier General Johnson was stunned at the idea.

During the night, Johnson's cavalry made their way to Worman's Mill on the Liberty Road, and bivouacked there for the night. As morning came on July 9, the sounds of battle were heard as the main body of the Confederate army began to attack the Union forces at Monocacy Junction. This was the signal that Brig. Gen. Johnson was waiting for, and he began moving along the Libertytown Road. The Confederate cavalry made their way through Libertytown and Uniontown before halting just within sight of New Windsor, when at dusk they would enter the town. Major Gilmor's cavalry was ordered to screen ahead to Westminster.

As the Confederates neared their first targets, railroad bridges were destroyed, and telegraph wires were cut. While Major Gilmor was in Westminster, Brig. Gen. Johnson sent a dispatch ordering him to ob-

tain 1,500 sets of clothing. Brigadier General Johnson moved into Westminster, where Major Gilmor personally asked him to spare the town from the torch. During the night, Brig. Gen. Johnson began initiating the second phase of the raid. They would begin moving toward Baltimore.

During the early morning hours of July 10, Major Gilmor was ordered to take his command and proceed to Cockeysville, where he was ordered to tear up railroad tracks, destroy two bridges along the Northern Central Railroad, and the turnpike bridge. Major Gilmor also placed pickets on the road leading toward Baltimore. Brigadier General Johnson reached Cockeysville during the mid-morning and linked up with Major Gilmor. There, Brig. Gen. Johnson ordered Major Gilmor to take one hundred and thirty-five of his Maryland command to destroy the Gunpowder River Bridge. Major Gilmor was upset that he could not take his full five hundred Marylanders with him since he heard that the bridge was heavily guarded.

Major Gilmor left Cockeysville at noon, and by evening had rode through Timonium, cutting telegraph lines along the way. Near Kingsville, a local farmer named Ishmael Day, shot one of Major Gilmor's men as he took the Union flag down from his property. After he shot the soldier, farmer Day fled into the woods escap-



ing Gilmor's men. In retaliation, farmer Day's house and barn were burned. While Major Gilmor was riding off, Brig. Gen. Johnson's brigade eventually moved through Green Spring Valley, encamping at sunset, twelve miles northwest of Baltimore.

At 4:30 a.m. on July 11, Major Gilmor struck Magnolia Junction, one mile northeast of Gunpowder Bridge. Telegraph wires were quickly cut. By 9:30 a.m., an inbound train came rolling in, and stopped by Gilmor's men. They learned that Union Major General William Franklin was on board, and he was quickly taken prisoner. Other Union troops were captured and quickly paroled.

While waiting for another train to roll in, the men disabled the first

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# CIVIL WAR

train. Soon another train rolled in and it was captured, set on fire, and moved on top of the Gunpowder Railroad Bridge. As the train itself, burned, the bridge quickly began to ignite, soon becoming engulfed in flames. By 4:00 p.m., Major Gilmor left and moved along the York Road. He thought about entering into Baltimore, but moved westward instead to Towson town, arriving there late in the evening. Major Gilmor continued to Owings Mills and Randallstown. During the night, Maj. Gen. Franklin escaped from custody.

During the same morning, Brig. Gen. Johnson had ordered a detachment of the 1st Maryland Cavalry to burn Maryland Governor Augustus Bradford's home. The Marylanders arrived at 9:00 a.m. and fired the house. Brigadier General Johnson continued to move through Owings Mills, Woodstock, Ellicott's Mills, and encamped at Triadelphia, twenty miles southwest of Baltimore. Near Owings Mill, at Painter's Mill, the Confederate horsemen noticed the frozen treat of ice cream being loaded into freezers on a wagon headed to Baltimore. The Confederates quickly took the frozen treat and issued it for breakfast. During that hot morning, the men ate the frosty treat, or tried to place it in their canteens so that it would melt and they could drink it later.

At Baltimore, the Union army, under the command of Major General Lew Wallace was given a new commander, Major General E. O. C. Ord. Although he was the hero

of Monocacy, Union Maj. Gen. Wallace, was criticized for his lack of pursuance while the Confederate army was in Maryland marching upon the National capital, Baltimore, and the surrounding suburbs.

Soon, the Union commander took his newly acquired command and began garrisoning several of the forts around Baltimore. During the day, Brig. Gen. Johnson had sent a courier to gather information on the layout of the city. The courier reported back by midnight with information that the remainder of the Union XI and XIX corps were moving toward Washington to reinforce the ring of forts. This information was quickly sent to Lt. Gen. Early who was already at Fort Stevens, just outside of Washington.

All the Confederate activity did not go unnoticed by the War Department. They had received word about a Confederate raid to free the prisoners held at Point Lookout. The garrison was notified, and the U.S. Navy stepped up patrols in the Chesapeake Bay and along the Atlantic Ocean. Upon learning this, Lt. Gen. Early sent a dispatch to Brig. Gen. Johnson notifying him that the raid was off, and he was to move at once toward the main body of the Confederate army. Commander Wood was also notified to call off his part of the Naval expedition just outside of Wilmington, North Carolina.

On July 12, Major Gilmor operated around Pikesville. He sent a small detachment of men to operate near the Baltimore city line, cutting tele-

graph lines and disrupting communications. After accomplishing his goals, Major Gilmor began moving westward to unite with Lt. Gen. Early's army at Poolesville, where he arrived on July 13.

At 2:00 a.m., Brigadier General Johnson continued to move toward Beltsville, arriving there at 9:00 a.m. After doing some major damage there, Brig. Gen. Johnson moved to Upper Marlboro. Along the way at Bladensburg, Brig. Gen. Johnson attacked about five hundred Union cavalry. During the afternoon, a cou-

rier from Lt. Gen. Early informed Brig. Gen. Johnson that the raid on Point Lookout was called off, and he was to report back to the main body of the Confederate army.

After following the line of defenses around Washington, the advance units of Johnson's brigade reached the Confederate headquarters at Silver Springs. Brigadier General Johnson arrived just after midnight, in time to form the rearguard of Lt. Gen. Early's army as he moved away from the defenses of Washington.

The Johnson and Gilmor Raid

had accomplished destroying vital communication lines, and the destruction of bridges, it was, by far, a huge success, although it cost them time. Although, Johnson fell behind by one day, he was in striking distance of Point Lookout. Johnson and Gilmor were both criticized for taking time to visit family or friends during the raid, which is where several hours were lost.

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## HISTORY

# The history of Catoctin National Park

Edmund Wehrle

**Early White Exploration and Settlement, continued from last month**

Pioneer life in the Catoctin region was hard at first. Migrants, generally chose homesteads near running streams or creeks and built homes from logs. In the absence of nails, they carved notches into the logs to fit walls together. Rocks and clay provided raw materials for chimneys. As farms prospered, Germans and Swiss sometimes abandoned their log houses and constructed larger homes of wood and limestone, utilizing traditional German designs, often featuring central chimneys. In other cases, log houses

were sheathed in clapboard or vertical board. Barns were large and built into bank slopes. The barn basement served as a stable and the first floor for storage and threshing. A popular German feature on barns were decorative ventilation slits on the gable ends. Alongside their sturdy architecture and productive farms, Germans quickly gained notice for their hearty baked dishes that incorporated preserves made from huckleberries (generally found on the mountain, especially burned-over land), strawberries, grapes, and cherries.

While early historians of the upper Monocacy Valley postulated the existence of a lost town called Monocacy somewhere south of later Creagerstown, such a town ap-

pears never to have existed. Instead, settlers established dispersed farms, eschewing the example of the cramped villages of Europe. In the Monocacy Valley, Germans kept close kinship relationships, helping to preserve German culture for generations. Until the 1830s, German was the dominant language of central and northern Frederick County. Remarkably, today many of the same founding families continue to occupy the region in significant numbers, and evidence of traditional German culture can still be found.

Religion alongside kinship was the other glue that held early Catoctin society together. Germans brought numerous versions of Protestantism with them to North America. "There exist so many varieties of doctrines and sects," noted an observer of the Germans, "that it is impossible to name them all." Settlers constructed the first church in the region, known as the Monocacy Church, out of logs as early as 1745. According to local historian Elizabeth Anderson, the church sat at the present junction of Hessing Bridge and Blue Mountain Road. While apparently of Lutheran denomination, the church appears to have served all of the early settlers. With a great shortage of ministers in the back country, traveling Luther-



Mt. Moriah Lutheran Church as it looks today.

an missionary Pastor Johann Caspar Stover from Pennsylvania served the church as part of his regular rounds.

Very quickly, however, dissension between religious sects broke up the early ecumenical Monocacy Church. The 1740s, the era of the Great Awakening, was in fact a time of great religious enthusiasm. Germans enjoyed their own revival of religious fervor. German missionaries, such as Michael Schlatter of the German Reformed Church traveled through the Maryland frontier attracting large audiences. Despite the language differences, Germans also flocked to the religious revivals held by English evangelical George Whitefield. With the population growing and farmers increasingly prosperous, settlers wanted their own churches in which they could worship their own way. Moravians began meeting at the home of convert Jacob Weller and, in 1758, built their own church in Graceham. Meanwhile the Lutherans constructed Apple's Church in the future Mechanicstown. Later, as settlers began filling up the west side of the mountain, the Hauver family, led by German immigrant Peter Hauver, and area Lutherans built the Mount Moriah Lutheran Church.

Writing in the nineteenth century, historian of western Maryland, Thomas Scharf reported real rivalries and occasional violence between "Swizzers" (Swiss immigrants) and Germans in north-

ern Frederick County (at this time Frederick County included present-day Montgomery, Frederick, and Washington Counties). These conflicts, Scharf suggested, were outgrowths of political tensions. Unfortunately, he provided no evidence for his claim, nor can any be readily found. One can surmise that there were differences, especially along the lines of religion, but any real conflict went unrecorded in historical sources.

Rather than conflict between nationalities, the pioneers appeared more interested in material gain from increasingly commercialized agriculture. Upon arrival, first generation settlers quickly surveyed and appropriated the best land in the region, most acquiring tracts averaging 152 acres. The settlers cleared and plowed fields and established a grain-based mixed farming economy in sharp contrast to the tobacco grown in Eastern Maryland. Wheat was the primary crop but the German migrants also raised livestock, and grew small grains such as rye, barley, oats, buckwheat, flax, and hemp. Credit networks among the settlers helped the Germans establish themselves and, sometimes, expand into more commercial farming. While most farms remained family operations, more prosperous farmers did hire servants and some bought slaves. The first generation of Catoctin area farmers thrived despite adversity. Land holding at death frequently exceeded 400 acres.



Moravian Church in Graceham as it looks today.

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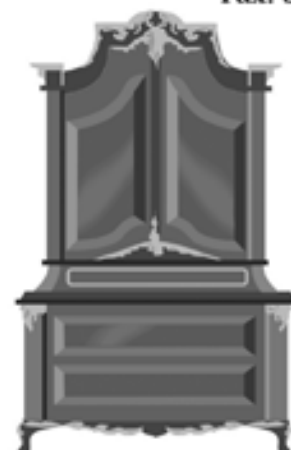
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# HISTORY



Pieces of limonite (iron ore), a chunk of pig iron produced in Catoctin Furnace, and the old Catoctin Furnace stack.

the colonies.

Angry at the American colonists but determined to defeat their enemies, the English, in the summer of 1755, organized a large army under General Edward Braddock to march on Fort Duquesne. Braddock spent several weeks marshaling his forces at Fredericktown, where he headquartered at a Tavern on West All Saint's Street. There, he was joined by Washington and about 250 Virginia militiamen as well as by Thomas Cresap and a contingency from western Maryland. The colonists found Braddock to be an arrogant commander, contemptuous of their advice and knowledge of the back county. In June Braddock rallied his troops, numbering some 2,500, toward Fort Duquesne. They stayed their first night on South Mountain before pressing further west.

Although the English greatly outnumbered their adversaries, the French with the aid of a group of war-seasoned Indians took the offensive. They ambushed Braddock's army as it attempted to cross the Monongahela River, roughly six miles from the fort. Braddock and nine hundred men died in the fighting. Washington had two horses shot from under him. Defeated for a second time, Washington led the remaining forces

back to Frederick County.

Settlers on the Maryland frontier reeled in horror at the specter of their defeated troops in retreat. Now there was nothing between them and the French and Indians. Hundreds of settlers fled their farms to the relative safety of Fredericktown, which quickly became an armed camp. Paranoia swept not only western Maryland but the entire colonies. Fears swirled of Indian attacks, slaves uprisings, and Catholics plots. Worried about their own security, eastern Maryland elites seemed little concerned with the fate of western homesteaders. Thomas Cresap, infuriated that the colonial government had not sent reinforcements west, threatened to lead a protest march on Annapolis.

But Cresap and the other pioneers could not leave their western holding for fear of a French and Indian invasion. They organized a volunteer militia at Elizabethtown (the future Hagerstown), and Cresap turned his Potomac River outpost at Oldtown into an armed fort. Tensions grew even greater as Indians began raiding and attacking settlements in western Maryland. Spurred by their French allies, Native Americans attacked Emmitsburg. The small Moravian church at Graceham recorded 1756

as a year of "great danger and distress." The Maryland Gazette, the colony's main newspaper, reported numerous scalplings in 1756 and 1757. Equally horrifying were the abductions. Native Americans kidnapped colonists, especially women and children, holding them hostage, sometimes for several years. In the Catoctin region, Indians abducted the daughter of Caspar Schmidt, listed in the Graceham Moravian records as a "farmer in the mountains," in 1757. The kidnapping apparently took place directly in front of her father. With a treaty signed in 1758 requiring the release of all captives, the Schmidt girl found freedom but was apparently claimed by a family living in Philadelphia. Schmidt was forced to travel north to reclaim his daughter and the final outcome is unrecorded.

The several years of war had a profoundly dislocating effect on life in the Monocacy Valley. After having established farms, churches and homes, the settlers abandoned everything and fled. With the English victory in North America in 1760, the pioneers were eager to reestablish themselves and, no doubt, hoped for peace. But war, tumult, and change continued.

### The French and Indian War

Despite the general success experienced by the pioneer generation of Germans and Swiss in the Catoctin area, the area suffered a significant upheaval in the decade following the initial settlement. As the English colonial frontier edged westward, conflicts grew over the fate of the Ohio Valley, claimed by both France and England. The two nations long had been at each other's throats and had fought several wars, the most recent of which ended in 1748. Seeking to lay a claim to land west of the English colonies, the French, with the help of their Native American allies, built a series of forts in western Pennsylvania in 1752 and 1753. Their efforts culminated in 1754 with the construction of Fort Duquesne (present site of Pittsburgh). Angry English authorities sent a young George Washington and a small group of Virginia

militiamen to warn the French away. But the future president and his forces met a much more determined enemy than they had expected. Fighting broke out and the overwhelmed Virginians were forced to flee eastward.

Washington's defeat sparked an international war—the Seven-Year's War. The war in America put the colonists in a difficult position. Many, especially the Germans, had little loyalty to the British. Mennonites and Moravians, as pacifists, opposed both oath-taking and bearing arms; they felt particularly uncomfortable under pressure to fight for an imperial power with which they had little connection. Even colonists of English descent seemed to feel no great commitment to the battle. There was little interest in organizing a central administrative body among the colonies and real resistance to supporting financially the English army in

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# HISTORY

## The Arrival of Iron

Security having been restored after the end of the French and Indian War, settlers returned to their homes. At the same time, easterners began looking anew at western Maryland with an eye toward investment opportunities. Just as eastern Maryland's Native Americans had mined the mountains for rhyolite, white easterners sought to extract their own bounty from the region in the form of iron.

Iron was, in fact, an increasingly important colonial commodity. England, the mother country, had developed a strong metalworking industry by the mid-eighteenth century. But the forests of Britain quickly became severely depleted, depriving English iron makers of necessary fuel for iron furnaces. By 1720, England was importing over 20,000 ton of iron, mostly from Sweden. To the English, committed to the mercantile economic ideals of the

times, dependent colonies—and certainly not profiteering outside countries—should provide raw material and ready markets for finished products. Great Britain thus set about to encourage iron making in the North American colonies. In 1719, the Maryland General Assembly passed “An Act for the Encouragement of an Iron Manufacture within this Province.” The far-reaching act allowed an entrepreneur interested in iron manufacturing to obtain a “writ ad quod damnum” or a special condemnation to acquire a water-powered site capable of producing iron. An unfortunate owner of a targeted site would lose his land unless he or she produced proof of an intention to build an iron works. If no proof was forthcoming, the land would go to an entrepreneur, who was required to begin furnace construction within six months.

Iron manufacturing in the colonies presented challenges. English co-

lonial officials, while eager to encourage the colonists to produce pig and bar iron, were less enthusiastic about the colonial manufacturing of finished products from iron. Parliamentary acts pertaining to iron in 1750 and 1757 allowed for the duty-free shipping of the metal but prohibited manufacturing of finished products and declared all “machines for hammering or drawing metal” as “common nuisances” to be destroyed within thirty days. Nevertheless, some colonial manufacturing of iron did continue in defiance of British authorities and money still was to be made from the production and exporting raw iron.

Inspired by colonial incentives, a nascent iron industry in Maryland sprang to life. The Principio Company in Cecil County became the colony's first iron furnace in 1720. The erection of several other furnaces for the manufacture of pig iron quickly followed. By 1762, eight iron factories existed in Maryland. With greater security on the western frontier following the French and Indian War, investors targeted the western portions of the colony for development. Entrepreneurs from the lower Tidewater area erected the Hampton Furnace, one mile west of Emmitsburg in 1764. The furnace boasted 3,000 acres of land. African-American slaves provided the bulk of labor. But operations at the furnace lasted only a few years before it went broke.

Undeterred by the apparently risky nature of the venture, other wealthy Marylanders also began investing in western enterprises. As early as the 1750s, prominent investor Charles Carroll, eventually planning to construct an iron-making plant, purchased a large tract of land in western Maryland. By the 1760s, another wealthy easterner, Thomas Johnson, a promi-

nent lawyer, entrepreneur, and future governor of Maryland, also took an active interest in western Maryland. Johnson's grandfather had come from Yarmouth, England in 1660 to settle in Calvert County. The family, already aristocracy, further prospered in Calvert County. Grandson Thomas was one of twelve children born to Thomas and Dorcas Johnson. Quickly proving himself adroit in both politics and business, Johnson moved to the forefront of colonial leadership. Among his close friends he counted George Washington.

Seeking economic opportunity on the Maryland frontier, Johnson formed a partnership with Launcelot Jacques, a fifth-generation descendant of French Huguenot refugees. In 1768, taking advantage of the Maryland Assembly offer of ad quod damnum, Johnson and Jacques purchased a 9,860-acre tract known as Green Springs, roughly two miles south of Fort Frederick, on the Potomac River, in what is present-day Washington County. Accounts from the time referred to the furnace constructed on the site as the “Fort Frederick Iron Mill.” Their investment proved not particularly successful, and the two began to look for a better furnace location somewhat to the east.

A tract south of the Hampton Furnace—land which may well have provided some of the iron ore for the Hampton furnace—caught the attention of Thomas Johnson. Situated near an iron ore bank, a ready supply of lime, and a plentiful water source (Hunting Creek), the tract known as “John's Mountain” owned by John Valentine Verdries and his wife Elizabeth appeared ideal for iron exaction and manufacture. The Verdries, like most in the area, were refugees from Germany and had been among the early members of the Lutheran Monacacy Log Church Congregation.

Although ad quod damnum would have certainly been at Johnson's disposal, he and his partners do not appear to have used condemnation to

obtain Verdries' land. In 1770, the Verdries sold the land, now called “Mountain Tract,” to Thomas Johnson and his partner Benedict Calvert, also a partner in the Hampton enterprise to the north. Johnson then set about to acquire other land in the area with the help of his brothers, Roger, Baker, and James, all of whom had already moved to Frederick County. Among their acquisitions was a tract known as “Good Will” and a tract originally granted to Charles Carroll known as “Stoney Park.”

The Johnson brothers, having secured several thousand acres in the area for mining and timber harvesting, then moved to construct their furnace. The Johnson family owned a sizable number of slaves and it is most probable that unfree labor constructed the original furnace. The exact site of the original furnace remains a point of some controversy. Archeological surveys have failed to yield any definite conclusions, although it appears that the first furnace was built within a mile of the current ruin. An 1842 letter from the son of James Johnson identified the location of the first furnace as where “the Auburn house now stands” The original furnace stack stood 32 feet high and 8.5 feet in diameter. Although small compared to stacks later constructed at Catocin, nothing like it had ever been seen in the Catocin area before.

## The Road to Revolution

While the Johnson brothers were introducing the Catocin Mountain area to industry, tensions between Great Britain and her North American colonies were heating up. The friction grew out of an attempt by Great Britain to tighten colonial control after years of loose administration. Although essentially a frontier only a decade before, Frederick was the third largest county in Maryland by the 1770s, and western Maryland, along with new resident Thomas Johnson, were active players as the colonies edged toward independence.

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# HISTORY

son to feel any great affection for the mother country. General Braddock during the French and Indian War had proven callous and contemptuous of Americans trying to aid his cause. English incompetence was a bitter memory for many in Frederick County. In addition, roughly half the population was German and had little affinity for the imperial British and their authoritarian ways. Maryland authorities still forbade Germans from voting. There also existed fears that the British eventually would seek to impose their Church of England on the sectarian Germans.

The local population was ripe then to support the growing resistance to the new imperial edicts. When colonial authorities attempted to impose the Stamp Act, requiring all printed materials to carry a stamp for which a payment was required, Frederick County joined in the upheavals that shot across the colonies. Protestors burned a tax collector in effigy during a mass demonstration in Fredericktown. Meanwhile, despite the prosperity of some, others, especially commercial farmers were going into debt. They blamed imperial authorities and petitioned the General Assembly to protest a shortage of currency. Some Marylanders even resorted to using Pennsylvania currency.

Meanwhile in 1767, the long-standing Pennsylvania-Maryland dispute came to an end with the establishment of the Mason-Dixon Line. This resolution paved the way for greater cooperation between the two colonies, as each faced the growing crisis with Great Britain.

Reacting to the growing tensions, the Governor of Maryland blamed Thomas Cresap for stirring up the

people. In fact, Cresap, now rather elderly, again threatened to march on Annapolis when the colonial government appeared hesitant to recompense members of the western militia. When tensions heated up again around the time of the Boston Massacre in 1770, a group of angry western Marylanders, primarily concerned with threats to religious liberty, met at Tom's Creek near Emmitsburg and issued the following statement:

Resolved by the Inhabitants of Tom's Creek Frederick County, in the Province of Maryland, loyal to their king and country that we reaffirm the Great Magna Carter of Civic and Religious Rights, as granted by Charles of England to Lord Baltimore and the Inhabitants of this colony, as reaffirmed on the first landing of the Pilgrim Fathers of Maryland. That there shall be a perfect freedom of conscience and every person be allowed to enjoy his religious political privileges and immunities unmolested.

By 1774, a dysfunctional relationship between the colonies and motherland had disintegrated into open hostilities when the British forcibly closed Boston Harbor in retaliation for the Boston Tea Party. Although far way, Marylanders, especially in the west, identified with the struggles of the Bostonians. In July of 1774, 800 gathered in Elizabethtown (Hagerstown) to protest the blockade of Boston Harbor. Similar protests were held in every district of the county. Proclamations of sympathy for Boston poured out of the meetings.

Jonathan Hager, a German immigrant and founder of the future Hagerstown, was a great supporter of the colonial cause, as were the Johnson brothers. When open hostilities devel-

oped in early 1775, Frederick County immediately organized two companies of volunteers, one under Michael Cresap, son of Thomas. With their faces painted like Indians, armed with

tomahawks and rifles, and dressed in deerskins and moccasins, the volunteers headed north to aid the battling minutemen in the summer of 1775. The war began just as construction

completed on the Johnson Furnace at Caroctin. Both events signaled a new era for the mountain.

Part 4 next month

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## COLD WAR WARRIORS

# Life in a Cold War submarine

## What changed during my career?

Captain William Hicks, USN Ret.

Part 9

Over a 30 year career, many things changed. It is interesting to consider the more significant changes and how they have affected submarine operations moving into the 21st century with a new enemy and new tactical and strategic demands on the force:

### Navigation

Navigation in the context of this discussion involves both the ability to determine where the submarine is located using external sources as well as the ability to determine the location at all times by dead reckoning or plotting the track being followed without external data. During my career, both aspects of navigation advanced significantly.

During the special operations on Sargo when we grounded, the ability to obtain a navigational fix from external sources was limited to star sights through a periscope is not very accurate, or visual sightings of landmarks on shore. There was essentially no electronic navigation system available except a tenuous soviet system which was not reliable. At the time we grounded, there had been no fix for two days due to cloud cover and being out of sight of land. Sargo was actually about 12 miles from the dead reckoning position due to currents and the lack of a functioning inertial navigation system.

A significant effort was initiated during the development of the Polaris Missile SSBN systems to de-

velop a Ships Inertial Navigation System (SINS). In its most simplistic form, the SINS uses a stable gyro system to maintain a stable north vector and accelerometers to determine the ships speed by integrating the changes sensed by the accelerometers. Sargo had an early developmental SINS system but it seldom worked. SSBNs had three, more advanced SINS with which they were able to maintain an accurate dead reckoning position frequently updated by fixes using electronic means that were not available in the parts of the Pacific Ocean in which we were conducting the special operations.

Today, everyone is familiar with the Global Positioning System (GPS). When my career started, GPS was not available and would not become available for many years. The predecessor to GPS was the Naval Satellite System (NAVSAT) which was a constellation of satellites that could be individually tracked, when available, to provide positioning information. NAVSAT functioned by tracking the signal of a passing satellite for about 15 minutes and using Doppler changes and an estimate of position. In this way, it was possible to achieve an accurate fix.

I believe the first NAVSAT I saw was on DACE as a developmental installation that was provided for deployment. With a constellation of GPS satellites, it was no longer necessary to wait for a satellite pass; the accurate fix was nearly instantaneous. SINS also developed to become extremely accurate and reliable.

DACE had no SINS, but Phila-

delphia had two mini-SINS. Bates had one very reliable SINS which required significant operator understanding of the cyclic nature of the provided track to ensure accurate understanding of the ships position. However, I always felt while in command of Bates that I knew our position within a manageable uncertainty and was confident of the accuracy of the uncertainty of that position.

By the time I left command, I believe that there was little excuse for a submarine not to have an adequate, continuous knowledge of the ships position at all times. While there are still instances of submarine groundings or violation of submerged separation rules, they are now predominately due to poor seamanship rather than inadequate navigation policies, equipment or technology. Examples of the poor seamanship include not keeping all charts up to date; not accurately managing position uncertainty when operating submerged; poor or incomplete voyage planning; imprudent navigation team actions; and excess depth or speed in shallow or hazardous waters.

### Weapons

When I reported to Sargo, we had essentially the same weapons used at the end of WWII. Steam driven anti-ship torpedoes (MK 14) and battery powered, slow speed anti-submarine torpedoes (MK 27/37). The fire control system was similar to the ones on the WWII submarines and required manual calculations of the firing solution for the MK 37 torpedoes. Sargo had six 21 inch torpedo tubes in the forward torpedo room and two smaller tubes in the stern which accommodated only 19 inch electric torpedoes.

During my career, I saw the nuclear tipped torpedo (MK 45) come and go as well as the nuclear tipped anti-submarine short range missile (SUBROC). The MK 48 was the major advance in anti-ship and anti-submarine torpedoes. It has progressed through multiple advanced capability improvements but remains the only torpedo.

Torpedo tubes have changed little. The small diameter stern tubes were last on Skate class. The 21 inch hydraulic tubes remain the standard, although there has been discussion of a larger diameter tube to accommodate submerged launching of remote or tethered vehicles for mine clearance or surveillance.

The major advance has been the tactical Tomahawk cruise missiles in its many variants. The initial introduction of the Tomahawk onto submarines occurred in the mid 1980's. The Tomahawk was launched from a torpedo tube. The significant advance was configuring and updating the fire control system to accom-

date the targeting requirements for the Tomahawk. In the initial introduction of the system, portable test equipment was placed on the submarine to control the Tomahawk. Because of the significant tactical capability of the Tomahawk, the development of the fire control system upgrades progressed rapidly.

The more revolutionary change for the SSN was the vertical launch system for the Tomahawk in which vertical launch tubes were installed in the submarine forward ballast tanks for the sole purpose of carrying Tomahawk missiles. This increased the number of Tomahawks that could be carried and launched and mitigated the reduction of torpedoes in the torpedo room, although in some cases, submarines carried Tomahawk in both the vertical tubes and the torpedo room.

The fire control systems and sonar systems have also evolved to significant improvement from Sargo. Digital technology has provided much of the improved ca-



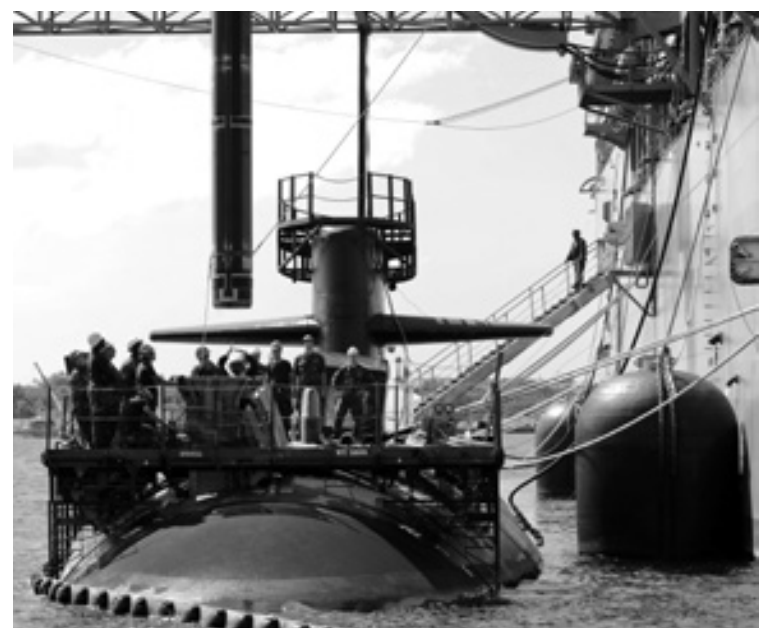
Captain William Hicks, USN Ret.

ability. In sonar, the digital analysis capabilities have been mated with much more sensitive sensors, both the "big ball" sonar mounted on the bow of the submarine and the long towed array attached to the stern.

Since my retirement, the improvements in sonar sensors have been even more dramatic as the Wide Aperture Array has been developed and installed on the newest class of submarines (Virginia Class). I watched the individual steps of this evolution from Sargo to Sunfish and Dace and then the major advances on Philadelphia



Until recently, torpedoes were the principle weapon carried by submarines. But in today's theater of conflicts, submarine-launched missiles like the Tomahawk and Harpoon have all but relegated torpedoes to an afterthought in today's nuclear powered submarines.



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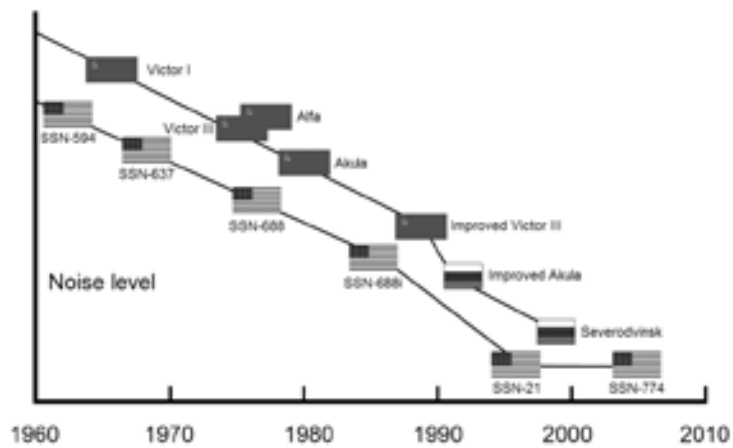
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# COLD WAR WARRIORS



and the submarines in Squadron Eleven. The first step was usually a standalone test or prototype component which was installed for special operations, deployments, or evaluation exercises. It then evolved into a formal standalone alteration. The capabilities would eventually be integrated into the basic fire control, sonar or navigation systems installed during construction or overhaul.

Since my career was primarily on SSNs, I have not discussed the similar advances in strategic missile systems and capability. From the air breathing Regulus Guided Cruise missile on Halibut and several diesel submarines, to the 1200 mile, single warhead capability of the Polaris Ballistic missile on the George Washington (SSBN 598), to the multi-thousand mile, multiple independent reentry vehicle (MIRV) warhead Trident II on the Ohio, the advances in capabilities of the strategic submarines has been equally dramatic. The other revolutionary advancement has occurred in special operations support provid-

ed by the conversion of four Ohio class SSBNs to SSGNs.

### Stealth

A submarine survives by the ability to remain undetected. During WWII, the major detection threat was radar. The German Submarines combated the Allies radar with radar absorbing and scattering materials on the snorkel mast which was extended to get air into the submarine when underway submerged on diesel propulsion. US diesel submarines had the same stealth adaptations.

For nuclear submarines, the issue with stealth is noise. Submarines track other submarines passively by sound. Thus reduction of the sound signature is a critical success factor. The sound generated by a submarine can also limit the ability of that submarine to hear another. Submarines generate noise through many mechanisms. The rotating machinery such as pumps, turbines, reduction gears, and more create acoustic energy (noise) that will radiate into the water if a path is present to the hull.

The first few nuclear submarines

including Sargo had essentially no isolation between the rotating machinery and the hull. Each class after that had a more sophisticated internal isolation system to keep the machinery noises from transmitting into the water. However, the human element was always a risk since it only took a poorly placed locker, temporarily stored container, or dropped tool to provide a sound short which negated the sound isolation technology. To work this problem, each ship had a system to check self noise.

Flow noise was also a detection source when the diesel fleet boat hull traveled at the higher speeds made possible by nuclear power; thus the development of the "tear drop" hull shape. The propeller is the device that pushes the ship through the water and through which the thousands of shaft horsepower are dissipated into the ocean. Poor propeller design was a significant source of noise. Over the years the shape and operation of the submarine propeller or propulsor have changed significantly to reduce the noise signature. Rattles in the ballast tanks or superstructure outside of the hull also are a noise source mitigated by improved design. Traditionally, submarines had top-side lockers in the sail and the superstructure to store mooring lines, paints, a brow, and other items needed to moor or when on the surface. The locker structure or contents often were the source or rattles that risked detection or limited the speed. Philadelphia had no lockers in the superstructure and thus eliminated that source of noise. That did require mooring lines be stored be-



In old submarines, the "trimming" of a submarine to stay underwater was an intricate process, requiring the hand manipulation of countless valves by multiple sailors. In today's submarines, it's all done via computers at a central control station.



low decks or not carried which was a problem in a new or strange port.

Other adaptations such as deflectors on the ballast tank flood ports and closure caps on the sail evolved as noise reduction took on ever greater importance. Active sonar was also a potential source of detection. To combat this risk, hull coatings were developed that similar to the anti radar coatings absorbed or scattered the ac-

tive sonar signals. These coatings also acted to reduce the transfer of noise from inside the submarine into the water. In aggregate, the difference in acoustic detectability between Sargo and Philadelphia was dramatic.

*To be continued next month.*

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## FROM THE DESK OF . . .

## Kenneth Kerr (D)

Before I continue with my article on the history and nature of Common Core Standards, the editor of this paper asked me to introduce myself and tell you why I am running for the Board of Education - so here goes!

I am running because there is no better place for me to help shape the future of Frederick County than through education. I am seeking a seat on the Frederick County Board of Education because education matters. It matters to us all. The first thing someone with a family thinks of when considering a move to Frederick is "how are the schools?" I want to be able to continue to say, "Great!"

I am currently chair of the English department at Frederick Community College where I over see three programs, 20 full-time and 60 part-time faculty.

I was born in Boston, grew up in Baltimore, and moved to Frederick after high school. I graduated from FCC, then on to Hood where I studied music. I went to Towson University to get

my teaching certification and taught 4th grade at East Frederick Elementary School. While completing my certification, I drove a school bus from Yellow Springs Elementary, to Monocacy Middle to TJ High School.

I left the elementary school for a career in the new field of personal computers where I started at the bottom assembling and testing the components IBM and Apple computers. I then learned to fix them. I then taught people how to use them. I then managed a \$20 million inventory of them. I joined a start up and wrote software manuals and training materials before returning to Towson to complete a masters in writing which allowed me to make to switch to higher education where I have been ever since. In 2003, I completed a doctorate in Education Leadership at Morgan State with extensive study in educational planning and budgeting.

I am past-president of the Mid Atlantic College Reading Association and

the Developmental Education Association of Maryland. I was on the team that wrote the current Maryland State Plan for Post Secondary Education, I serve as Secretary to the Maryland Higher Education Commission Faculty Advisory Council.

All of my years of training, experience, and my own education have prepared me to run for this office at this time.

Common Core: Cleared for Takeoff (part 2)

Let's take a look at the whole confusing mess—Common Core Standards/Curriculum/PARCC Assessments—by comparing it to something familiar—building a jet aircraft.

A group of interested people get together and decide that what America needs is a new jet airplane to meet the changing demands of the American traveler. They come up with the desired outcome—to build a jet that will transport hundreds of people to various destinations in a safe, efficient and cost effective manner. Once everyone agrees on what they want to do, they come up with some specifics: they want to car-

ry 450 passengers, have a range of 8000 nautical miles, have up-to-date computer mediated controls, get .07 kilometers to the liter of fuel, and so on. Then, the NGA, the CCSSO, Pearson, and the Gaites and Mott foundations get together and build it. We now have a working jet—let's call that the Common Core.

Once we have our working "Common Core Jet," we need somebody to fly it. We need someone to make the jet perform its intended function just like we need a way to make the Common Core operate. This jet pilot is like the curriculum. We can either hire the pilot, or we can learn to fly the jet ourselves. In most cases, local school districts lack the expertise—the pilot training—to develop their own curriculum, so they adopt the state's curriculum or a commercially-developed curriculum connected to the common core standards. There is nothing keeping local school districts from developing their own curriculum, but like becoming a pilot, it is more expedient to hire that talent than develop their own.

So the pilot makes the jet operate just

like and a curriculum makes the Common Core operational. Over time, we want to see if the jet is performing at the standards we designed for. We also want to see if the curriculum is doing a good job of giving students an opportunity to meet the Common Core Standards as specified. That means taking the jet out of service, running some diagnostics, and performing routine maintenance to ensure it is working properly. If it is not, repairs are initiated, components replaced. In some cases, it's back to the drawing board for systems modification.

This is the role of the PARCC assessments—those standardized test that assess whether students know and can do the things the Common Core says they should be able to know and do after going through the curriculum designed to help them achieve that. If they can't, we need to then determine where the problem is—is the curriculum not effective? Are the standards too ambitious? PARCC, like the maintenance hangar, should be used to assess the operation of the curriculum—not the classroom teacher. If the curriculum is the pilot, then the teachers are the flight attendants who are responsible for the students who are the passengers.

Just like aircraft performance and maintenance assesses the operation of the aircraft—not the pilot. If the plane (Common Core) is operating as designed, but crashes, we wonder how good the pilot (curriculum) is. But we don't blame the flight attendant (teacher).

Pilots are evaluated by separate criteria, as should teachers. If a hydraulic component, a communications system, or a cabin light is not functioning, it is not the pilot's fault. If PARCC determines the curriculum is not working, it is equally misguided to see teachers as the cause.

In June of 2010, The Maryland State Department of Education became among the first to adopt the Common Core Standards. According to MSDE, "Hundreds of classroom educators, instructional leaders, administrators, and higher education representatives continue to assist State officials in developing the new Maryland College and Career-Ready Standards Framework to support the implementation of these new standards." The curriculum is still being written and the PARCC assessments are in field testing. Both the curriculum and PARCC will undoubtedly evolve and improve. The Common Core, too, is likely to be adjusted and improved.

These changes to American education are confusing enough without people posting misleading curriculum examples on line with "This is the Common Core!" It's not. There are three things going on—the standards, a curriculum, and a test. And if the major opposition to the Common Core is a disagreement over process, let's get past that and start flying the plane. If the Common Core Jet can get our kids where they need to go, we can deal with the smooth operation, maintenance, and modifications as we go.

*Kenneth Kerr is the Chairman of the English Department at Frederick Community College. To learn more about Ken visit [www.kerr4boe.com](http://www.kerr4boe.com).*



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# CANDIDATES FOR BOARD OF EDUCATION

## Michael Ferrell (R)

Currently approximately 48% of Frederick County's budget is consumed by our public school system. Given the significance of this figure as well as the importance of educating our children, I would hope each of you pay significant attention to the candidates you elect to the Board of Education. The ramifications of electing Board members who come to the table with biases and agendas would be disastrous for all parties involved.

Frederick County continues to grow and with this growth will be new and emerging challenges Board of Education members must address. New schools to be constructed, modernization and technology upgrades, addressing the growing population

of children whose primary language is not English as well as the demand for educational opportunities for our children with special needs and requirements. We also must continue improving our processes in assisting families who need financial aid to ensure their children receive a great educational experience. We must include the opportunity for Charter Schools to be given equal care and funding since they are under the public school umbrella.

Frederick County must have individuals, who are neutral thinkers and commit to gathering facts and render decisions based on sound judgment. There are times when difficult decisions must be made which will

not be popular however those elected must have the courage to cast their vote without fear from outside special interest groups. Unfortunately outside sources remain a driving force in influencing candidates running for the Board of Education. The primary and most visible is the Frederick County Teachers Association (FCTA) which sponsors and endorses only candidates which vow to be a rubber stamp for any and all measures and initiatives endorsed by the FCTA. A rubber stamp mentality by a board which controls half of Frederick County's budget is not in the taxpayer's best interest.

The Board of Education is intended to serve as an unbiased broker for education decision making, focusing on the big picture, articulating the long-term vision and needs of public edu-

cation, and making policy based on the best interests of the public. Drive by the FCTA building and you will see the signs of candidates they support. You will also be given the red apples at election time and possibly receive a call to your home from their advocates. Keep this in mind when you expect a non biased decision to be made with your tax dollars.

The FCTA was offered an increase in starting teachers' salaries which would have raised our starting teacher's pay to be in the top five counties in Maryland but the Teachers association would not allow this without a corresponding increase for all teachers across the board. All or nothing negotiations followed by sculpted press releases continue and are designed to confuse the public and draw sympathy

to the FCTA and their initiatives. The FCTA continues to advocate for more money for technology upgrades when most Frederick County Schools have boxes of new computer equipment stacked in closets which have yet to be installed.

We must continue to elect individuals who will commit to the job of using facts to make decisions and not emotional grand standing and special interests. While you may not agree with me if elected I will ensure each decision I am part of will be fully researched to include dialog with those involved, interaction with teachers, students, parents, staff and facility personnel to guarantee a fair and unbiased decision. The ramifications of the Board of Education selection are enormous. Please make your vote counts. Thank you.

## Colleen Cusimano (R)

I first ran for the Board of Education in 2010, pointing out waste and mismanagement that I had witnessed as an employee. I had concerns that students and school-based staff were being asked to sacrifice while our Central management staff grew, demands on our schools grew, and resources dwindled.

A newly elected BOE worked to restore our academic focus to using tested and proven curriculum and teaching methods to our elementary schools. They worked to ensure access to all students for opportunities and resources. The former Superintendent, and several executive-level managers left Frederick County.

The Board of Education hired a new Superintendent who found that there was indeed waste and a lack of direction for many of our departments. Over the past 3 years, the Superintendent and Board of Ed have worked to repair and replace a management structure that had lost its focus on serving our students. There is still work to be done, but it is hard not to see a significant improvement in the relationship between school personnel and parents/community members.

Our schools continue to face challenges. It is a challenge every day to provide individualized instruction to every student, meeting them where

they are academically and ensuring that they grow to reach their greatest potential. While Frederick County has sought to conquer those challenges, and has historically been very successful, we are now forced to refocus again. The mandatory and sweeping changes to our curriculum and state-wide testing has ballooned the workload of our teachers and administrators, and caused tremendous anxiety for our students. The rapid pace for these changes demanded by the state has left our schools and staff unprepared, and deeply concerned. The newly-enacted changes to disciplinary regulations are projected to increase our workload even further and force significant planning regarding school and student safety issues.

My husband and I chose Frederick County as a home for our family largely because of our great school system. I have been a long-time advocate for our students and our schools. I have been a volunteer in our schools, our local PTA and our community. Since my appointment to the Board of Education in July 2013, I have worked with other Board of Ed members on a number of significant issues. We are currently in negotiations with our labor unions, revisiting the entire contract with our teachers for the first time in several

years. As a Board, we are working to update the strategic plan for our school system. I have worked to partner with our local leaders and legislators to seek the best outcomes for all of our students. As always, I seek information


and research an issue or topic before taking a position or seeking change.

I am running once more for the Board of Education. It is more important than ever that we elect Board of Education members who have an

understanding of the wonderful educational opportunities that Frederick County provides, and an urgent desire to protect and grow them.

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- Standing up against unsustainable demands on our school system.**
- Working together with elected leaders locally, and at the State and Federal levels. - It's never been more important!**

**Colleen Cusimano**  
\* Current Board of Ed member

-24 year resident of Frederick County  
-Mother of 3 children in FCPS  
-Parent volunteer / PTA officer and volunteer / former Girl Scout leader

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## SCHOOL & LIBRARY NEWS

# What's new at the library

**Erin Dingle**  
Frederick County Public Library

### Leap into Literacy Fair and New Literacy Area

The Emmitsburg Branch Library is happy to announce the introduction of ELLA, the new Emmitsburg Library Literacy Area on June 4. With grant funding from Citizens for Maryland Libraries, Children's Services Supervisor Tara Lebherz has developed 'ELLA' to be incorporated into the children's department of the branch. The literacy area introduction is part of the Leap Into Literacy Fair, a family event is designed to provide children birth to 3 years of age and their caregivers with early experiences in language development that will help lay the foundations for reading readiness.

Drop by the fair between 11 am until 12:30 pm. Visitors will meet ELLA the Elephant, the literacy area's elephant mascot and enjoy a variety of

hands-on literacy activities including baby yoga, sign language instruction and more. The literacy area is designed to help children get a head start in reading. During the Early Literacy Fair, the focus will be on the early literacy practices that every child needs to get ready to read. Participate in yoga and sign language presentations that will delight your child as well as give you new and exciting ideas to try at home! Local community agencies such as the Frederick County Infants and Toddlers Program and the YMCA of Frederick County Head Start will also be at the library to provide families with information regarding their educational programs for young children.

It is critical to help young children be ready for school by working with them to develop early literacy and learning skills. Strong reading skills form the basis for learning in all subjects. The library plays an important role in helping because children who

visit the library and have been read to at home start school with important early literacy skills and are prepared to learn to read and write. The Emmitsburg Branch Library Children's staff, Cheryl Dillman and Julie Scott, continually strive to incorporate literacy into story-times, programs and in-library activities to enhance the reading and learning skills of our youngest patrons. The addition of the new literacy area will support those efforts.

### The Friends need your books!

This summer, the Friends of the Emmitsburg Branch Library will host a large community used book sale on Heritage Day, Saturday, June 28. Please bring your gently used books, DVD's and audio books to the library as a donation to help support the good work of the Friends. Please box them and drop at the library during regular business hours. We cannot accept text books, encyclopedias or VHS tapes. And then after you donate, plan to take part in Heritage Days and be sure to come to the book sale between 10 am and 3 pm directly in front of the library. Call 301-447-6321 for more information.

### Free Job Seekers Assistance Twice a Month!

Goodwill of Monocacy will be at the Thurmont Library on the 1st and 3rd Tuesdays of every month to assist north county citizens with job preparations and searches. Patie Elsberry, Job Trainer, will be in the building between 3-5 pm and invites anyone with questions about job hunting to drop in to talk. Patie provides guidance and a plan to get your started on your job search and will continue to help you as needed. And it's all free.

### Teens Helping Seniors with Tech

The library is inviting seniors 50+ to participate in a new partnership being held at the Thurmont Regional Library. Are you interested to learn more about tablets or smart phones

and how to use them to your best advantage? It's no secret that young people are the experts and they are willing to share their knowledge to help you. Tech savvy teens from Catoclin High School have volunteered to be paired with local seniors for one-on-one sessions. It's a chance for you to bring your tablet or phone and ask questions or learn about new apps. Registration is required and you can choose June 20, July 23 or August 13. You will be assigned a half hour session between 2-3:30 pm. Please call the library at 301-600-7212 for more information and registration.

### Summer Reading and Programs!

Now is the time to sign up for Fizz-Bang-Boom, the 2014 Summer Reading Club to keep up literacy skills, win prizes and have fun. Plus, check out the fcpl.org website to find programs and activities, many of them Science, Technology, Engineering & Math (STEM) programs! Here are just few:

#### Wednesday @ 11 am:

- June 18 - Bob's Critters where everyone gets to touch a live animal
- July 9 - Roger Lindsay Magic Show full of fun and the magic of reading
- July 16 - Visit with Keyote from Key's Baseball

#### Thursday nights @ 6 pm:

July 31 and August 28 - Starlight Storytime Bring the whole family for an evening of storytime fun. We'll read, move, and rhyme with a different theme each month. Nurture a love of

reading through books, music, activities, and STEM. Almost bedtime? Feel free to wear your pajamas!

#### Saturdays @ 11 am

- June 7 - Exploration Station: Ocean Commotion
- June 14 - Get Spotted with Ladybug Girl - meet her in person
- June 21 - Junior Gardeners in Bloom - make a take-home project
- July 12 - Visit with Biscuit, the adorable yellow puppy (\*10:30 am)
- July 19 - Exploration Station: Space
- July 26 - Ooey-Goey Science - make a mess, it's ok.
- August 9 - 'Kool' Kids Science using Kool-Aid
- August 16 - Exploration Station: Nature

### Vote Early During the Primary

We are pleased to announce that Frederick County citizens can vote early this year at the Thurmont Regional Library. Voting will take place in the library Community Meeting Rooms from 10 a.m. until 8 p.m. Thursday June 12 through Thursday June 19. We are one of three county Early Voting Centers for the 2014 election. Qualified registered voters can visit the library to vote in person before Primary Election Day (June 24). Library services will be continue to be available during regular library hours. In October, the library will once again serve as an early voting site for the General Election from October 23-30th from 10 am until 8 pm. For more information about early voting, citizens can call 301-600-VOTE or visit Frederick County Board of Elections at [www.FrederickCountyMD.gov/elections](http://www.FrederickCountyMD.gov/elections).

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# SCHOOL NEWS

## Letter to the Editor On the Fairfield school budget

Lisa Sturges

As spring sports begin and the school year starts to wind down, one of the most difficult responsibilities for communities throughout Pennsylvania is the creation of the next year's school budget. It seems unfair that schools are seeing education budgets decreased yet still must try to meet their fiscal and educational obligations. This places them at odds with property owners trying to survive during tough economic times. In addition, add into the mix that Pennsylvania is in desperate need of a fair and equitable funding formula. As tensions rise within communities and budget proposals are presented the unforgivable happens: we shift our focus away from students and educational successes. We get caught up in the fight but somehow lose sight of why we are here in the first place, our kids of all ages with spe-

cial talents and individual needs. There is very little that I can do to change how schools are funded by myself but I can encourage communities to work together to solve these fiscal issues and to balance out the needs for our schools and our communities.

In order for this to happen though we must be open minded, listen to the facts and be respectful of all opinions. I believe in transparency and I understand that teacher salaries and benefits contribute to the budget. What I do not understand is how teachers in the Fairfield Area School District became the focus of the current budget concerns, not concern for our students nor our programs. It appears that budget discussions are being used as a platform to denigrate teachers. Do I understand that there are many views about teachers and the current state of education? Do I believe that people have a right to their opinions? My answer is yes to both but they do not belong in budget discussions. Budget

discussions are difficult enough without introducing other issues and we must stick to the facts.

Many incorrect statements have been reported recently about the teachers of Fairfield Area School District, too many to address them all at this time. I will, however, address some of the most important facts.

Teachers in Fairfield do not receive 100% of their salary when they retire unless they have worked for 40 years. Public school employees contribute toward their own pension benefits and the state's share of employees' pensions is paid for in large part by investment returns, not just by taxpayers.

Retired teachers may stay on the district's healthcare at the time of their retirement but must pay the full premium to the district.

Healthcare costs are currently not rising in Fairfield. Over a five year period, due to the willingness of the Fairfield Education Association to negotiate plan design changes to the insurance plan the district saw a 12% decrease or \$224,047 in overall costs.

There are more than 13 students in our classrooms. It is an oversimplified statistic to take the total number

of students and divide that by the total number of teachers in Fairfield. Simply stated not all teachers have home-room classes. The number of students in the average elementary and high school class is 23 and middle school classes average 24 students.

Fairfield is a great community. I feel one of the best. We have dedicated leadership and community members that really care. Due to the involvement of parents; the contributions made by school personnel such as teachers, staff, adminis-

trators and coaches; and the hard work and motivation of our students we continue to produce creative, bright, and award winning students. The future is our shared responsibility, and it walks through our school doors every day. Will we seek shared solutions to invest in our future or continue promoting our own personal agendas?

*Lisa Sturges Community member, Teacher, President of the Fairfield Education Association.*

## Proposed Fairfield school budget

The Fairfield Area School Board voted to approve a proposed budget for the 2014-15 year, which does not include a tax increase. This will be the first time in 10 years that the district has been spared a school tax increase. The decision came during the board's May meeting.

Despite fears to the contrary, no teachers or staff were laid off, nor did the Board vote to cut any student programs to reach the 0% increase.

Instead, the district will be replacing a large section of roof, as well as spending \$89,000 on capital improvements. The budget also includes \$172,000 to pay off the deficit incurred by the school cafeteria. The district attributes the caf-

eteria's deficit to new federal regulations on school lunch programs.

In total, the FASD proposed budget came in at \$16.7 million. The district had been collecting more tax revenue than expect over the last couple of years, which allowed the board to craft a budget which avoided a tax increase without having to make deep cuts.

Still, some Board members wanted the opportunity to vote for a tax increase, which would've brought in about \$104,000 more in revenue.

Director Lionel Whitcomb made a motion to impose the 1.3% increase on the district. Rigler then motioned to approve a proposed budget with no tax increase. That motion passed with Rigler,

Hatter, Barlow, Foscatto and Great-house voting in favor, and Whitcomb, Mikesell and Van Metre opposed.

The proposed budget is available for review on the School District's website [www.fairfieldpaschools.org](http://www.fairfieldpaschools.org).

The Board is scheduled to approve the final budget during its meeting on June 23.

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## FOUR YEARS AT THE MOUNT

# Freshman Year

## Summer of adventures

Leeanne Leary  
MSM Class of 2017

Until I was 17 years old, I had never traveled farther than the eight hours it took to drive to the Outer Banks, North Carolina once each year. That was the end of my world, because everything farther away seemed unattainable. Those locales were just places to be looked at in pictures or read about in the news. Until I was 14, I had never been farther than Ocean City, Maryland in one direction and Pittsburgh, Pennsylvania in the other. Needless to say, my family isn't one for traveling. I get car sick, my mom refuses to get on a plane, my dad is perfectly content sitting on a boat in the river, and my brother and sister are so loud that last- ing long in a vehicle with them is a risky proposition.

My first experience really traveling was to a four-day journalism convention in Seattle, Washington, a trip made even more interesting by the fact that I was on a plane going to a strange new place, surrounded by strangers. We detoured to

Forks, Washington—during the time when everyone was obsessed with Twilight—and spent the rest of our trip in the heart of Seattle. To this day, my trip to Seattle is the greatest trip I've ever taken. This may be because it was my first time in a world so different than my hometown, but everything was so exciting and fresh. The next year I traveled to the same convention, this time flying to San Francisco, California. The attraction of San Francisco didn't appeal to me in the same way that it did to my companions, but nonetheless, it was sunny and warm. And, let's be honest, who doesn't enjoy just being in California? Until this summer, those two trips were my only experiences outside of the East Coast.

While I loved the time that I spent traveling to Seattle and San Francisco after my freshman year, I vowed to expand my horizons. This summer I planned on embarking on two very different trips. For my first adventure, I went to Florida to celebrate the end of freshman year with my roommate. Fort Lauderdale

was beautiful and freeing, and the vacation went swimmingly...well, except for the occasional disaster along the way. All my friend Nicole and I wanted was a hotel on the beach, so being the poor college students that we are, we went with one of the cheapest ones. We didn't care what it looked like or if there was free breakfast—we just wanted to be on the beach. Well, we got there and we were wrong. We did care. The crack in our door was so wide that we could see the outdoor pool while standing in the room. It probably hadn't been cleaned in a couple weeks, there were stains all over the bed and bathroom, and there was one single sputtering light bulb in the corner of the room. I could go on about how disgusting the whole place was, but I won't. Without another word Nicole and I left. So there we are walking down Main Street in Fort Lauderdale hauling our bags. At this point I wasn't sure if I felt lost or independent, or if I was in some strange place in between. We found a new hotel only two blocks back from the beach that was beautiful. We got food and spent the day on the beach and that's when we came to our next minor disaster. Nicole got sun poisoning. She couldn't sleep and barely moved for the next two days. The room smelled

like aloe and all we ate was ice cream. As if things couldn't get any worse, we found bugs, tons of bugs. The room was extremely clean and nice but somehow there were bugs. Herein lies our final minor disaster. I hate bugs. There is nothing I hate more than bugs. They actually scare me; their little eyes are just so creepy. So after a little working we were finally able to switch rooms. After three different rooms, sun poisoning, a random inspection at the airport, a lot of ice cream, and even more pizza, we didn't spend much time on the beach, but I did surprisingly live through my first experience traveling alone.

I will be continuing my summer of adventures next month in Port Au Prince, Haiti on a mission trip with Global Partners. I can't say much about what it will be like because I am still unsure of what will happen, but I have already been blessed in so many ways while preparing for the trip. The support and donations I've received have been incredible. Just this morning I made it through four vaccines required for the trip. This may seem a small feat to all those not scared of shots, but to those not so tough and mighty, you will understand this triumph. While I'm there, it will be my first time out of the country and my first time

with a group of 50 people who I don't know. I'll be working with the team focusing on orphan care and vacation bible school. I know this will be so much fun and will change my life. I also know it will be a challenge in a country where a large portion of the population practices Voodoo. Traveling to Haiti will be a new and hopefully amazing experience, one that I can carry back with me when I return home.

No matter how many hours I spend in Rock-it Pizza (my at-home job) answering phones and making subs, or how much time I spend greeting customers at Justice, laying outside, visiting friends, or eating Rita's, nothing will compare to the thrill of experiencing new places and new people. Traveling, just as the season of summer does, has a freeing sense about it. A place can only be new once, I can only see things for the first time once, and the awe and excitement that accompanies the first time can only be revisited in pictures and memories. So the first time I step foot on Haiti's soil, I'm going to embrace it and live in that moment, because that's what traveling is all about.

To read other articles by Leanne visit the Authors section of Emmitsburg.net.

# Sophomore Year

## Being flat

Lydia Olsen  
MSM Class of 2016

It's finally summer time! The weather is warm, the sun is shining, and people are cheerfully discussing their plans for this exciting time of year. Throughout conversation it seems that one word gets thrown around the most. That one word is vacation, and it is a signal of hope for rest and relaxation. Yet, with tight budgets and outrageous prices on hotels, travel, and activities, how can anyone go on vacation without it costing an arm and a leg? Well it may seem extreme and unrealistic, but instead of paying for an airplane or train ticket, you could just mail yourself. It would be much easier, of course, if you were flat.

In elementary schools throughout the nation and even in other countries, there is one classmate who has been to more places than anyone else. He is extremely popular and his peers thoroughly enjoy sharing their adventures with him. He is four feet tall, roughly a foot wide, and only half an

inch thick. His name is Stanley, and he has that desired feature of being flat.

How did he get this way? Well, the popular children's book explains that while he was sleeping one night a large bulletin board that his parents had gotten for him and his brother for Christmas fell on top of him. When his parents removed the board, they found Stanley had become completely flat. His mother quickly took him to the doctor's office, but the doctor assured Stanley's mother, Mrs. Lambchop, that Stanley was perfectly healthy and would be completely fine. Stanley did not mind being flat. It allowed him to do awesome things like sneak into a locked room through the crack under the door, fly as if he were a kite, and avoid a majority of the raindrops when caught in a downpour. However, one of the most notable things that Stanley was able to do was visit his friend in California.

Thomas Anthony Jeffery is a good friend of Stanley's. His family had recently moved to California, and Stanley missed him very much. After receiving a letter from Thomas, Stanley

came up with the idea to mail himself to go visit him instead of having to pay for air or train fare. Stanley's father, Mr. Lambchop, brought an enormous envelope home with him from work one day, and Stanley got into it. It fit him well and there was even enough extra space for a sandwich his mother made for him. After placing a lot of stamps onto Stanley's envelope, his parents dropped Stanley into a mailbox around the corner from their house. He arrived at his friend's house without any difficulties, and when it was time for him to go home, Thomas' family made Stanley a special envelope and even mailed him first class!

The popularity of the short novels about Stanley and his adventures began almost 20 years ago, and it continues today. The author, Jeff Brown, challenged his readers to send Flat Stanley on a new adventure. There are templates online where you can print out your own Flat Stanley and color him in, or you could draw him to the best of your ability. Jeff Brown encourages his readers to keep a notebook and record the adventures that the reader takes his or her own Flat Stanley on. Then, when the reader is ready, he or she should send the journal and Flat Stanley to one of his or

her friends so that Stanley's adventures can continue on and on. Teachers have picked up on this project and modified it a little. After reading the novel as a class, the teacher informs the class that each student will be able to spend a week with Flat Stanley and document the activities and adventures that the student and Stanley go on. This usually includes writing a few paragraphs or doing an activity while taking pictures of Stanley at a certain place. The journal and Flat Stanley are then passed on to another student in the class and so on. By the end of the year, Stanley has been on many awesome adventures and has spent time with each student in the class. Even if students feel as if they are very different from their peers, they have Stanley as a commonality among themselves.

This project has become a huge hit. Students love having Flat Stanley and sharing his adventures with other students. He has been almost everywhere and done almost everything. There have been pictures of Flat Stanley in airplanes, in different countries, and even with world leaders such as President Obama. Flat Stanley's explorations are endless, and each student brings a new and exciting activity to Stanley and to the class. A neat addition is to include a map in

the notebook to track all of the places that Stanley travels to during the school year. This project teaches students so many different skills needed for school and life in a fun and creative way.

Now, I understand that while this may sound like a good idea for elementary students, it doesn't exactly sound like something you might be interested in doing. However, I challenge you to keep your own adventure notebook this summer. Whether you make a Flat Stanley and have him join in on the action or not is up to you. Writing down your explorations, activities, and enjoyments makes for tangible memories that can be passed on to loved ones, who can then share their experiences as well. We are only human, and we tend to forget moments even when they mean a lot to us at the time. Writing them down preserves them and allows for the adventure to continue even many years from now. While you may not be able to become flat yourself, you can instead keep something that is flat and give it value and an entirely new meaning by documenting the places you go and the people you meet.

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## SUMMER TRAVELS

# Junior Year

## A different destination

Kyle Ott  
MSM Class of 2015

Ahhhh...I apologize for starting my article on an especially relaxing note, but after a long and rewarding year at Mount St. Mary's I think that every one of us deserves the chance to take a deep breath before our lives get crazy again (don't worry, they always do). For many of us the summer is a chance to kick our feet up and relax, for others it's an opportunity to reconnect with old friends, and for still others it's the ideal time to go out and try something brand new and go to places they've never been before. For me, summer is the perfect opportunity to spend some time enjoying the little things in life and discover some new things with the people I love: my cousin Joe and my Uncle Thomas. Every summer, my brother and I make it our sacred duty to convoy up to Syracuse, New York to spend time with our family and do a little bit of traveling with the people we love.

You see, unlike a lot of families, I don't get to see my extended family very often. Over time, we've scattered across the country (predominantly the East Coast) and, as most people

are too well aware, time constraints make it so that the days when I get to see my family are few and far between. This is especially sad because my cousin, Joe, is very close to my brother and me, both in age and in spirit. He's shared some of life's greatest times with us. When we were younger, we would run around in the backyard, hurling water balloons and shooting squirt guns at each other. As we got older, we shared in some of the time-honored traditions that come with every teenage boy's existence: girls and crippling awkwardness.

On one of our famous trips, the three of us drove to the nearby town of Canandaigua to sample some of the fine cuisine (in layman's terms, there was a Philly cheesesteak place renowned for greasy, slobbery, delicious food). The drive up was uneventful enough for our standards. We may have cranked up the rap and rock music all the way up to eleven, but other than that it was a usual drive for three boys with something in their pockets and nothing in their stomachs. We pulled into the parking lot, entered the store and came face to face with the greatest challenge of all: a cute girl working at the register. Now, it was at this moment that

thousands of years of social conditioning, biological programming, and intellectual ability should have kicked in. It didn't. Instead, what happened was that our brains and bodies miraculously transformed into Jell-O pudding and we were left flailing our words around trying to order a drink to go with our sandwiches. After several minutes of gesturing to the fridge full of sodas (and by gesturing I mean we bordered on interpretive dance), I finally smacked my head against my hand and blurted out, "He wants a bottled soda." Our herculean ordeal finally complete, we settled down to eat our sandwiches only to discover that they were just about as uneventful as the drive. To this day, none of us can explain what made our entire collective minds go haywire at the exact same moment, but it's still one of the funniest moments the three of us have ever shared. Was it stupid? Absolutely. Awkward? Painfully so. Hilarious? More than anything.

And it's not that we haven't had our fair share of funny moments with my uncle, either. One of the best parts about driving up to Syracuse is getting to marvel in the glory of our 40-something child of an uncle. Never before has God put so much snark and sarcasm into the soul of a human being and allowed him to walk around this world. He's the first one to crack a joke, or make a biting remark about anyone or anything; the man would talk back to a tidal wave if he thought

it would appreciate his humor. The first time he met my father was during a game of football, after he had been knocked flat on his back by my dad. What followed was an exchange of names and a lasting friendship. One of the first times he met me as an infant he told my parents it didn't matter if I was smiling, that I wasn't truly happy, just excited about the attention. He then proceeded to snatch me from my parents and ask me a very simple question: "Do you want to go into the oven, little baby?" Apparently my constant giggling and goo-ing was interpreted as a resounding yes by my uncle, who made a big show of opening the oven and wrapping me up like a loaf of bread to be placed neatly inside. So yeah, the man's got a good sense of humor.

However, it wasn't until I'd spent a week living with him in the summer that I fully understood how deep that sarcastic streak went, and how much like us he really is. It was in the middle of the week and I had just woken up from a deep, donut and chocolate milk fueled sleep. I spent most of my first moments rolling back and forth in the sheets like a human burrito, trying to figure out whether or not I wanted to close my eyes again. Suddenly a string of incredibly loud noises erupted from the basement and I heard shouting, gunfire, and a string of expletives. Realizing that my time in a delicious human bundle was destined to be brief, I threw the sheets back and sprinted downstairs,

not positive what I was going to find when I arrived. What I saw shocked me almost as much as the eruption of military conflict in our basement would have. My uncle, still wearing the shirt and shorts that he had had on the night before, was sitting in front of the TV with the volume turned all the way up and a controller in his hands, playing my cousin's copy of *Modern Warfare 3*. He turned, looked at me and demanded to know how the sniper rifle worked because the game was starting to tick him off. I did eventually show my uncle how it worked, but only after I sat down and took a few minutes to laugh about what I had just witnessed.

You see, while many people use their vacations to go explore exotic locales, or sample all kinds of exquisite food, it's important to remember that travel can be an important time to connect not just with a location, but with the people that matter to you. While I have been to some strange places and done some pretty outlandish things, it's always the little things about the people I go with that I remember the most. It's the stories about people, with people, and involving people that tend to be the messiest, the funniest, and the most important to a successful vacation. Until next time, I'm Kyle Ott. Won't you sit and read for a while?

To read other articles by Kyle visit the Authors section of [Emmitsburg.net](http://Emmitsburg.net).

# Senior Year

## Homeward bound

Nicole Jones  
MSM Class of 2014

This is a short, slightly sarcastic guide to packing for your trip back home, a subject that is often ignored under the mistaken assumption that if you made it there, you'll be able to make it back. I've tried to keep my advice broad, as my inspiration for it comes mostly from my recent and permanent trip back home from the Mount, which is really more of a move than a trip.

### Step 1: Pack early.

Take a look around your apartment, condo, hotel, or motel room. You've just realized that you've not only accumulated much more cargo than you brought with you, but that you have also spread it nice and evenly throughout your toasty living space. Panic, regret, and mild irritation may start setting in. This is natural. The best thing to do is start scraping together your belongings into one central location. I typically choose my bed for this, but living room floors, kitchen tables, and the occasional armchair or two will suffice. Have your boxes, luggage, and duffel bags at the ready, then stand pondering for a few minutes how on earth you made everything fit. Give up to a sense of hopelessness and watch TV for a half hour. (I recommend *Scrubs* for the weary of heart.) Allow the characters' stories to inspire you. Gain a renewed sense of confidence and ambition and approach your task once again. Pack one box, sigh with a sense of accomplishment, then go to bed. Repeat step for up to one week.

### Step 2: Buy more luggage

By now you have realized that you must have been a magician when you packed the first time but you seem to have misplaced your bottomless trunk. Regardless, you must now invest in another box, bag, or pack mule, dependent upon your specific needs. With your new supplies, you are now able to reasonably overflow your other luggage without breaking any zippers, locks, or buckles and now you think you're ready to move everything into the car.

### Step 3: Leave a few things behind

Wrong. You begin hauling everything out to your vehicle when you realize that no way in Hades will everything fit in your trunk. Plus, the more you carry, the more tired you become. You realize that some of the heavier, less practical things must be sacrificed for the greater good and to avoid overweight luggage charges on your next flight, should that be your means of transportation. You carefully unzip the spring-loaded luggage and extricate the complete set of hand painted mixing bowls that you just had to have and realize that you still have to have them. You decide a few of your older clothes can be sacrificed instead and that you'll swallow the bitter pill of overweight luggage fees. You silently curse yourself for not thinking this through sooner.

### Step 4: Enlist help

As you continue to load your car, your luggage seems to grow heavier and heavier. It has. Like the not-so-skilled Tetris master you are, you have constructed the bottom layer of luggage out of your

lightest, most fragile belongings. Proceed to empty your vehicle into the parking lot while glancing warily around for any suspicious character that may want to snatch something during this moment of weakness. Begin rebuilding the bottom layer of luggage with your heaviest, sturdiest belongings this time. Grow weary. Run over your own foot with the wheezy luggage a couple times and drop your duffel bag twice, but continue to deny the fact that you need help. Nearly drop those treasured mixing bowls and finally recognize that you may actually need help. Hating the very thought of your own inferiority, you continue to struggle for another half hour before conceding defeat.

You now have two options: call a friend or hire a stranger. Your friend will tease your frailty but willingly help while a stranger is of questionable honesty and requires money you don't have. The friend it is. Your ego deflates a little as you make the phone call, but within a half hour your truck is packed and ready to go. You chide yourself for not calling sooner.

### Step 5: Travel

Road trip time. Whether you're making your way back to the airport or, like me, just making a short trip across counties, there is one thing that is absolutely essential to driving: music. You now grimace upon remembering that your vehicle is outdated. There is no auxiliary jack for your iPod. Old-fashioned radio it is. Your preselected stations are not as good as usual, and you're sick of that Katy Perry song. You finally settle on Jack FM when the signal cuts out. Fantastic. The next 5 minutes of the trip are spent hitting the search button for something—anything—familiar. You're stuck with a country station that you aren't really into at the moment.

The traffic isn't bad and the weather is nice enough to roll your windows down and enjoy the breeze...until you pass through the scenic cornfields that were freshly fertilized. You've never rolled your windows up faster. Then there's your trusty GPS, "recalculating..." on your console as you try not to panic about having "arrived at your destination." Apparently, you now live in a cornfield. Fabulous. Eventually you find your way back to a main road, then a familiar town and—praise the Lord!—your driveway is within reach.

### Step 6: Arrive home

Once you make it home you'll be tempted to sit down with a nice cup of coffee or tea and relax. Don't. This is a false sense of security. Just because you are home does not mean the work is over. Unpack your car as quickly as possible, shoving boxes and bags wherever they'll fit in your home. Only then should you kick back and enjoy a cup of your favorite poison.

### Step 7: Unpack

In this corner we have the defending champion, "Loaded Luggage," and in the other corner we have the rookie challenger, "Tired Traveler." *Ding ding!* You've now sat on the couch for two days with an infinite

supply of coffee and tea. You really should unpack. You trudge to your room and the wall of bags is so intimidating you think you'd rather just sleep. Grabbing one, you reach inside and pull out an armful of dirty laundry, which you promptly toss into the hamper. The next bag holds pictures from your trip. You promptly sit down and flip through them, losing a solid hour of useful unpacking time. Finally setting them aside, you look at the clock and realize you should probably go to bed. You have to go back to work tomorrow and don't want to be too tired. Unpacking can wait one more day.

Pretty much every member of the Class of 2014 is going through this cycle at the moment, not wanting to unpack their boxes for fear that it'll mean college is really over when they do. My own "Loaded Luggage" still beats me down every day, but it's time to fight back and unpack. My memories of the Mount will always have a place with me, but I have some new boxes that need to be filled with new memories. Goodbye, Mount. Hello, University of Virginia!

To read other articles by Nicole visit the Authors section of [Emmitsburg.net](http://Emmitsburg.net).

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# THE GRADUATE

## On life's graduations

Megan Kinsella  
MSM Class of 2013

One of the biggest themes on my mind these days is "graduation." It seems as though everyone in my life is graduating from something recently. My 2-year-old nephew is graduating from diapers to pull-ups (or at least his mother hopes he is). My brother is soon graduating ranks in the Coast Guard, from Lieutenant Junior Grade to First Lieutenant. My dad will soon be graduating from the 6-year-long education process to become a deacon for the Catholic Church. All of my senior friends at Mount St. Mary's are graduating from college. I myself am graduating from my job as a missionary to move home, get married, and start a family. In addition, after this month I'll be "graduating" from my post as the Graduate writer for the *Emmitsburg News-Journal*.

In a sense, we are all constantly graduating from things of the

past and moving on to things of the future. We are always going to be graduating from different stages in our lives, looking for what else life has in store for us. In my own life, it seems like recently I can't get away from graduation! I walked across the stage to receive my diploma from the Mount exactly one year ago, and now am preparing to graduate from my time as a FOCUS missionary. I'll soon be graduating from single status to married, and then when we start having our own children the graduation process will begin all over again!

Graduation inevitably always brings change. How many of us can honestly say that we truly enjoy change? If I had to guess, I would say a very select few. However much we may not enjoy it though, change is always going to be a very necessary part of our lives. Change brings new beginnings—and a lot of times, they *better* beginnings.

Imagine if the seasons never

changed. How miserable would that be? Yes, I'll admit winter has never been my absolute favorite season, but without winter there could be no spring! Without a change in seasons, there would be no new birth; the earth would be in an eternal, constant state of stagnancy. Even though the winter can be uncomfortable sometimes, it is always going to be worth the little bit of pain. The earth is simply preparing itself for something greater!

The same goes for change in our own lives. Change is never comfortable. When we accept change in our lives, we leave the comforts of what is familiar behind us, and we venture out into completely new, uncharted territory. With change, we almost never know what to expect, but we can always be sure that the adventure will lead us to something greater than we ever imagined.

In the first semester of my freshman year in college, I went to talk to a priest during a retreat that I was on. Throughout the whole semester I had been feeling extremely homesick and very uneasy about the change that had happened in my life. Up until freshman year of college, I had lived in the same house, in the same town, surrounded by the same neighbors since the day I was born. I went through preschool, kindergarten, middle school, and high school with all of the same friends, and every summer we always went with the same group of families to the same campground for our annual camping trip. Needless to say,

I was pretty comfortable with the way my life was. When my parents dropped me off at school that first August, my mom made my bed, my parents kissed me goodbye, they too off... and my world turned upside down. Absolutely everything in my life changed, and I wasn't a happy camper.

So a few months later I found myself telling this priest about what had been going on in my life and how much I hated all the change—how I felt like everything was shifting, and I wasn't a fan. He smiled and nodded empathetically, and then presented me with one of the greatest life analogies I've ever heard.

He told me to imagine an unborn child in his mother's womb. The child is happy and healthy, and as he grows he gets stronger and more aware of himself. He has all the food and nourishment he could ever need, he is warm, he feels safe and loved. He has gotten used to the soothing, rhythmic sound of his mother's heartbeat. All is good in his world. The longer he is with his mother, though, the more and more cramped he gets. Slowly but surely, he finds that it is very difficult to move, and his living quarters seem to get smaller and smaller as the days go on.

One day, something terrible happens. Against his will, he is taken from his comfortable living situation and brought, rather roughly, into a much larger room, with very loud noises and bright white lights that hurt his eyes. The room is horribly cold, and he is so confused and scared that he begins to cry. Nurses

poke and prod at his belly and his hands and toes. He can't hear his beloved mother's heartbeat like he used to. His body hurts everywhere.

The terrible experience that the newborn baby has to undergo (i.e., his birth), is very uncomfortable and downright confusing. He cannot yet see all of the beautiful things that are going to come from this seemingly horrible day. But, with time, he will become accustomed to his new surroundings. He will learn how to laugh, he will meet new friends, he will learn how to ride a bike, and he will play in his first baseball game. He will experience all of the beautiful, wonderful things that life has to offer, but he has to undergo a big change before any of this can happen.

It is with a tear in my eye that I "graduate" from FOCUS and move away from Lafayette, LA, away from all of the new, amazing people God has put into my life this year. But, I also leave with so much hope in the fact that God always uses change to bring us new beginnings, the start of new adventures.

I hope you've all heard the song *Closing Time*, by the 90's band Semisonic? They very poetically touch on exactly what we're talking about here: "Closing time, every new beginning comes from some other beginning's end." Everything eventually needs to come to an end, but this is not reason for sadness or pain. We must find solace and hope in the fact that we can have a fresh start, a new beginning!

So, here's to springtime, new adventures, and fresh starts.

To read other articles by Megan Kinsella visit the Authors section of [Emmitsburg.net](http://Emmitsburg.net).



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19560R15	\$83.00	\$68.00
20560R15	\$87.00	\$72.00
21560R15	\$92.00	\$77.00
20560R16	\$90.00	\$75.00
21560R16	\$93.00	\$78.00
22560R16	\$95.00	\$80.00
23560R16	\$105.00	\$90.00

Multi-Mile Metric R/S 60,000 Miles	Mounted & Balanced + Tx	Cash & Carry + Tx
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CREATIVE WRITING

# A picture is worth a thousand words

Alexandra Tyminski  
MSM Class of 2015

When I was asked to babysit for a neighbor of mine, I couldn't help but hesitate.

"Uh, well I'm not so sure about that. I think I have to check my calendar first. I might be busy. I will get back to you," I said.

As I was looking through my calendar and realized I didn't have anything going on that week besides schoolwork, my internal conscience began tugging on my heart.

*"You really should help Mrs. Baker out. She is having a hard time balancing work and family. You can take one night off and help watch Cassie."*

My conscience won, and there I was on Thursday night watching little five-year-old Cassie. She was a cute little girl with short blonde curly hair, blue eyes, and one small freckle on the tip of her nose. She loved to paint until her hands were every color of the rainbow. Her ears were sometimes blue, her left cheek sometimes green while her right cheek was orange. You might have even mistaken her for a redhead because sometimes the tips of her baby hairs would be as red as an apple. When I asked Cassie what she was painting, she told me something I will never forget.

*"I'm painting a picture for the world to see."*

• • •

In April, I attended a trip with a few classmates and a professor to visit the Voice of America Headquarters in Washington, D.C. Voice of America is the largest U.S. International Broadcaster, broadcasting in 45 different languages with an audience of 164 million weekly. We were given tours of the studios and the VOA headquarters, and we met with VOA's Executive Editor, Steve Resch.

When we left Washington and came back to the smaller town of Emmitsburg, I was bursting with happiness. The little Cassie inside of me was reminded why I love journalism so much and what it strives to teach the world. Just like Cassie, I too am painting a picture for the world to see.

According to Warren Buffet, "The smarter the journalists are, the better off society is. For to a degree, people read the press to inform themselves—and the better the teacher, the better the student body." Some people, not all, may doubt that there are writers who strive to deliver true facts and good writing to their readers. Is that true? Is there a thing as the art of journalism? Does objective journalism even exist anymore? What is journalism?

I'm not sure I can answer these questions in one article, but I do

believe that journalism is many things. It is first and foremost an art. It is an art that brings alive the true facts about everyday events in society. It allows men and women in diverse parts of the world to make informed decisions. Journalism is an ethical practice of providing trustworthy information. Arianna Huffington, the president and editor-in-chief of the Huffington Post Media Group, said, "Journalism is meant to give people a true sense of their world, so they can participate and have a voice in how their world is structured."

Today's news can be structured in a way that combines news and entertainment to make "edutainment." This only becomes a stamp of disloyalty to the public, and I believe this is where most of the doubt in journalism comes from. I used to think that you could only believe news if it was something that you agreed with, but I have learned that the goal of journalism isn't to agree with you, it is to make you informed. We then take this information, form our opinions, and ultimately make decisions around what we believe.

Journalism is responsible. People may not realize how much accountability journalism holds. Accountability is not just for world leaders, but also for day-to-day citizens like you and me. Journalists expose, inform, and write stories about anyone and anything that happens. This is to show the world the truth; the truth about people, places, and events. What is truth? This brings me to my next understanding of journalism.

Journalism is different in every part of the world. This is the most important definition I have ever learned. Thank you to my professor from Global Journalism for showing me perspectives of journalism that I can now share with you. We studied a book called *The World News Prism* by William A. Hachten and James F. Scott. They both stress the importance of an improved global news media, which is one that recognizes that not every part of the world adapts the same definition of journalism. All lenses are different. All nations are different. All people are different.

Another professor of mine once told me that she could not wait to retire because then she could sit down for the whole day and read the entire newspaper from front to back. When our class laughed at her, she told us that journalism was also education. Over the years, my participation in this newspaper and my communications classes at the Mount has educated me on how journalism educates society. When people are educated, they have a voice, a voice that allows them to speak up and to make decisions. Journalism gives society a foundation on

which to build further education. It is a helpful and useful occupation for all of society.

When I first started writing for the *Emmitsburg News-Journal*, I questioned how my creative writing could be seen as helpful to those who read it. The more I wrote, the more I understood. Creative writing is presenting stories or topics in a way that makes the reader creatively think about the issue. As I pondered over this thought, I saw that the goal of writing might be to inform an audience about something to bring them somewhere they have never been.

The *Emmitsburg News-Journal* paints a picture for everyone to read. From every lense and every angle, one small town newspaper delivers the quality that every reader deserves. It brings people to places they can only go to by reading the art plastered on the page in front of them. A news story could connect a reader across the world to the people in Africa or Asia. A creative story may bring people to a place they can imagine or bring back memories once forgotten. Commentaries force the reader to think about other's opinions and learn from them. This can lead to a place of disagreement or agreement, but whatever the place is, the reader will be discussing it over a cup of coffee. Political sections bring readers to a board room with a politician while a gardening column brings us to someone's backyard with beautiful sunflowers and gardening tools. Each one of these writers is conveying a message. They are painting a picture.

Since I am a business major, you may be wondering why journalism intrigues me so much. I believe that business and journalism, when done correctly, could together be profitable and a service to society. Together, they can make a beautiful piece of artwork. As a journalist, I write creative articles or topics of interest that I believe readers should think about. However, I know that all writers wish to inform their audience about something of importance.

• • •

Cassie was always painting something for the world to see. Each and every day, journalists and writers paint a new story for us to read. Some of those paintings take longer to read, while others are absorbed just by reading the bolded headlines. Journalists everywhere sacrifice their lives to bring us their best pieces of artwork. Some of the art may take more time to compile than others. Many of these artists get very tired, but they always deliver a masterpiece. They give you something that no other artist can give you: reality. Maybe re-



ality is truth. And maybe truth in journalism means the reality from where you are. From where I'm sitting to your kitchen table and to your neighbor's front porch. Journalism is a way of revealing the reality of challenges and opportunities that present themselves to the world. This is a service to society. When we wake up every morning and reach for our paper, the encounters we have with so many journalists are nu-

merous. The things we learn are infinite, and the world is a better place because of our journalists.

I hope that you can see the meaning behind the words of every article. I hope you will see that journalism is not just a business; it is an art. So I ask, what do you see as the main point in my picture?

*To read past articles by Alexandra Tyminski visit the Authors section of Emmitsburg.net.*

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## Summer movies at the Majestic

This summer make your Wednesday nights "Majestic" with our Summer Classic Movies which include 6 comedies, 2 musicals, 2 love stories, 2 thrillers and of course a John Wayne movie! Relive these great films "on the Big Screen" in the historical Majestic Theater, Gettysburg, PA starting June 4, 2014 through August 27, 2014 at 7:30 p.m. -tickets only \$6.00. Each classic film includes an informative and entertaining introduction by Mr. Majestic himself, Jeffrey Gabel, founding executive director and a free raffle drawing for a pair of Majestic Celebrity Live Performance tickets for the new 2014-2015 season.

Laughter is the best medicine that's why we have so many comedies starting on June 4th with The Majestic (2001 starring Jim Carey in this romantic comedy that celebrates the important role a small town movie theater played in its community. Mr. Deeds Goes to Town (1936) on June 25th is director Frank Capra's screwball comedy starring Gary Cooper and Jean Arthur about Longfellow Deeds a small town tuba player, who inherits a fortune and has to contend with conniving city slickers. Buster Keaton's si-

lent comedy masterpiece, The General (1927) on July 2nd is about a Confederate engineer who recaptures his stolen locomotive after a daring chase through Yankee lines. In Auntie Mame (1958), Rosalind Russell recreates her hallmark stage role on July 30th as the eccentric grand dame of café society, bringing up her 10-year-old nephew. On August 13, is a comedy classic double feature: Laurel & Hardy as bumbling piano movers in The Music Box (1932) and W.C. Fields as the long suffering, henpecked grocer in It's a Gift (1934). And one of the greatest comedy movies will round out the season on August 27th, The Producers (1967) as Zero Mostel romps across the screen as a down-on-his-luck Broadway producer who schemes to cheat little old ladies out of their money by producing a flop. Co-starring Gene Wilder and is directed by Mel Brooks.

Two big musicals will have you dancing and singing in the aisle on June 11 with Meet Me in St. Louis (1944) as Judy Garland gives one of her finest performances in the delightful MGM musical set during the 1904 World's Fair and on July 9, Oliver! (1968) is the high-kicking, pocket-picking musical

based on Charles Dickens dark tale of orphans in Victorian London.

Fall in love again with these two favorites of the year 1939, The Hunchback of Notre Dame on June 18 with the lavish production of Victor Hugo's gripping, medieval tale of Quasimodo starring Charles Laughton & Maureen O'Hara. Then on July 16, Wuthering Heights is Emily Bronte's tragic tale of the doomed love between Cathy & Heathcliff, achingly portrayed by Merle Oberon & Laurence Olivier.

Sit on the edge of your seats with these thrillers starting on August 6, Invasion of the Body Snatchers (1956) is the thrilling classic science fiction film about a sleepy California town that "goes to seed" in the most disturbing way. (\$100 door prize for the best alien costume.) And on August 20, The Third Man (1949) is about a writer as he travels to shadowy, postwar Vienna to investigate the mysterious death of an old friend starring Joseph Cotton & Orson Welles.

And our season would not be complete without a John Wayne Western! On July 23, She Wore a Yellow Ribbon (1949) is a masterpiece of mood and heroics, this second film in director John Ford's epic "cavalry trilogy" features one of the Duke's most moving performances as a cavalry officer in his final week of service before he retires.

## Taneytown Jazz Fest

Kathryn Franke  
MSM Class of 2013,  
MBA Class of 2015

A tradition of wonderful art, music, food, and festivities has formed in Taneytown, Maryland in recent years, and we are excited to announce that this tradition will continue once again! The 3rd Annual Taneytown Wine, Fine Art and Jazz Fest will be held on Saturday, June 21 from 11am-4pm. Located at Memorial Park, this family-friendly event is free and open to the public.

According to Nancy McCormick, Economic Development Director of the City of Taneytown, the event was held downtown three years ago, and as the attendance continued to grow, it was decided that the event should move to Memorial Park to accommodate the growing number of guests. Last year, the attendance continued to pick up, the weather was perfect, and the festival once again proved itself to be a wonderful event for families, friends, and the entire community.

Last year, the event showcased three wineries, but this year the event will host five wineries: Detour Vineyard & Winery, Far Eastern Shore, Galloping Goose Vineyards, Serpent Ridge Vineyard, and Catocin Breeze Vineyard. There is a nominal \$10 fee for wine tastings, and bottles of wine can be purchased at the event.

Also joining the lineup for the festival are two jazz groups who, according to McCormick, are "absolutely dynamic." The Dynam-

ic Mary Shaver Band will take the stage at noon, followed by the Eric Byrd Trio at 1:30pm. The Dynamic Mary Shaver Band was extremely popular at last year's event and was requested again for this year's festival. Eric Byrd is a nationally known jazz musician, and we are excited to welcome him to the Taneytown stage this year.

There will be some seating for those who want to sip wine and enjoy the music, but guests are encouraged to bring lawn chairs or a blanket.

The festival will also showcase many local artists, artisans, unique crafters, and food vendors. There will also be various demonstrations so the public can witness the creativity of these artisans firsthand. Those planning the event are still looking for more quality, unique vendors to join them, so if anyone is interested in becoming a vendor, please contact Nancy McCormick at the City of Taneytown by calling 410-751-1100 by June 13. The City of Taneytown is excited to showcase the great artisans and small vineyards in the area through this event.

But what is a festival without great food? Fear not! They have that covered, as well. To name just a few types of food that will be at the event, there will be Jamaican food, pit beef, turkey, and ham, chicken, hot dogs and hamburgers, crab cakes, popcorn, cheese, and fruit. There is certainly something for everyone!

This festival is a wonderful event for people of any age, and it is a fantastic place for families to spend a

lovely summer day together. There will be face painting, moon bounces, castle bounces, and slides for children to burn off all that energy!

However, this event has a far greater meaning than just a fun day for the family. While the festival will bring together the city of Taneytown and the surrounding areas, it will be bringing them together for a good cause. Proceeds from this event will go to Taneytown Caring and Sharing, which services those less fortunate with food, clothing and other services. Guests will be able to spend the day with family, friends, and neighbors while supporting those in need.

McCormick is very excited for the festival this year. "It is an event that we want to build on," she said. "We make it inexpensive for vendors so they can make money from selling their products at the event. The nominal fee for vendors helps pay for our advertising, but we want to help artists, crafters and artisans showcase their work and get it out in the community."

The festival will be held outdoors and will be a rain or shine event. Mark your calendars for Saturday, June 21 from 11am-4pm, and spread the word so everyone can enjoy fine wine, art and music at this family-friendly festival!

For more information about the 3rd Annual Taneytown Wine, Fine Art and Jazz Fest, contact Nancy McCormick at 410-751-1100 or visit [www.taneytown.org](http://www.taneytown.org).

# “Art Angels”

Caroline King  
MSM Class of 2015

Mother Seton School took the opportunity to showcase some up-and-coming artists in their recent Fine Arts Night, featuring their talented and distinguished student artists. They didn't stop with just artists, though. The event focused on all forms of art, including performances from their amazingly talented chorus and award-winning band.

As if this wonderful focus on art isn't enough, the school made a special emphasis on the messages behind their art. Those who attended the event were first greeted by the lively choir, who certainly sounded heavenly as they sang lyrics such as, “We all share this planet, we are in this world together! We have all the power we need to be better and better!” Inspirational lyrics echoed in many of the featured works of art. Kindness, helping your neighbor no matter how big or small a problem, and taking care of the Earth that unites us were some of the big messages these young students happily emphasized.

It is safe to say that Mother Seton School truly celebrates the arts and the importance of art in education. The children learn advanced techniques in their art class, practicing things like linear drawings and other practical and often difficult art skills. But the Mother Seton School doesn't stop with just excellence in the traditional sense of art. In their band, which received very good ratings from competition judges from Calvert Hall College High School and Catholic University, every student gets a chance to shine. From giving perfect attendance awards and acknowledging the graduating eighth graders to letting all the first-year students perform alongside the more experienced students, the band program continues to touch the children's lives in the way only the arts can.

“All the children in this band can learn to play very well, no matter the size of the current band,” said band director Dave Metcalf. “Our students are better players going into high school bands.” While the benefits of playing in the Mother Seton School band are obvious in the students' performance, perhaps the greatest thing to see was how supportive the students were of each other. The chorus clapped along to the band's songs, the band cheered for the chorus after their performance, and both applauded the artists being called up and celebrated for their works.

“This is why we love this school,” said Lynn Taylor, an employee at Mother Seton School. Commenting on the focus of the arts, she said, “It's refresh-

ing to see a school that not only celebrates the arts and the importance of art in their students' lives, but also excels in teaching and performing those arts. From a young age, Mother Seton School students are getting excited and involved in the arts.”

Shae Archie is an enthusiastic fourth grader who joined the chorus this year, the very earliest she possibly could. It was impossible for the audience not to smile watching her and her fellow chorus members perform and dance choreographed moves on the stage. “It's fun,” Archie said with a large smile after the show had ended, “and I love singing and dancing!” Chorus is a big commitment for this fourth grader, as the group gets together for practice every Tuesday and performs several times throughout the year, sometimes at masses and liturgies during school. All the hard work has paid off. The chorus, and Archie's, performance at the art gallery was absolutely spectacular. If Archie has anything to say about it, music will always be a part of her life. “I want to be a music teacher,” she informed me during our interview, “or a singer!” With her talent in performing and dance (and a little boost from the Mother Seton School's music program), her dreams are sure to come true. Of course, we can't forget the equally dedicated behind the scenes stage crew who help with the chorus' props and stage set-ups. All the students involved work very hard in order to create successful performances!

The teachers of Mother Seton School affirm the concept of the arts as being essential to the students. Cheryl Carney has been a teacher at Mother Seton School for, in her own words, “a little while.” A little while consisting of seventeen years, that is! When asked about the importance of the arts for students, Carney said, “Music makes for a well-rounded person. Musicians, and any artists, tend to be better students in other fields because of the discipline they learn through practice.” In an era where art programs are often put on the backburner, it is good to see a school acknowledging the importance of the arts and helping their students by giving them as many opportunities and advantages as they can.

Perhaps one of the school's most interesting ways of promoting art is its “Art Angels” program. Comprised of sixteen dedicated and talented students, the “Art Angel” program is a way for children interested and inclined towards art to have even more exposure to techniques and ways to improve their art skills. It is a revolving door of knowledge as Mrs. Karolyn Myers, the art instructor, educates some of the older students and they in turn



The Mother Seton School chorus put on a beautiful performance that was filled with themes of kindness, helping our neighbors, and taking care of the Earth that unites us.

teach the other students what they've learned. It is a win-win situation; the children learn how to become better artists and leaders in their community. In this way, the “Art Angels” program also teaches the students valuable lessons outside of art, strengthening their leadership roles. “It gives them tools they can use outside of art by teaching them responsibility,” said Mrs. Myers. “They're the ones who clean up their art supplies and the brushes and do things like set up the classroom before we get started.”

Current eighth graders, and therefore retiring “Art Angels,” Julia Laug and Kim Ahlers talked a little bit about their experience as an “Art Angels.” “We help around the art room and do projects, things about world peace and school events. We did things around Christmas and made service banners,” said Laug. Keeping with the theme of peace, Laug and Ahlers were some of the students who helped fold 1,000 paper cranes for Newtown, Connecticut as part of the school's International World Peace Day.

Laug was also the winner of the “Keep Christ in Christmas” art contest. “Every since I was little,” she confessed, “I was pretty good at art. My friends and my family encouraged me.” It is no small feat to become an “Art Angel,” since space and transportation is limited, but Laug and Ahlers both took on the challenge and will hopefully continue in their artistic pursuits as they move on in their schooling. Referring to her experience as an “Art Angel,” Ahlers said, “I like doing it.” Ahlers admitted she is hoping to keep up her artwork in the future, something Mrs. Myers heavily encourages her students to do.

Truly, exposure and education in the way of the arts can help students immensely, giving them an edge in their life experiences and a safe and creative outlet from which to express themselves. The Mother Seton School is definitely producing students with a jumpstart in their education through their artistic opportunities. Studies show children with exposure to the arts from a

young age tend to do better academically, and it is never too early to start getting some experience under their art belts in this increasingly art-driven world. Not to mention, a creative mind can go far in the workplace.

The Mother Seton School is giving its students every advantage it possibly can. Even the young students had pieces hanging up in the art gallery that focused on patterns and perspective, which are very challenging skills to develop, especially at such a young age. There were self-portraits and three-dimensional works hung throughout the hallways for this event, and visitors were free to browse through after the chorus and band performances. The creativity shown through all the pieces on display through-

out the school, as well as the students' talents showcased through their performances at the event, were phenomenal. The artwork was quite impressive for students of this age to produce, but with the Mother Seton School's emphasis on art, its students have begun to blossom into prominent young artists. You can be sure we'll be hearing about a graduate from the Mother Seton School becoming a famous artist, musician, or singer one of these days! In an era of cut art programs, the faculty and board of Mother Seton School must be commended for their dedication to their students and for providing them with as many artistic opportunities as they have. The Mother Seton School really is filled with “Art Angels.”

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## THE MASTER GARDENER

# Garden favorites

Mary Ann Ryan  
Consumer Horticulture,  
Penn State Extension

We are now entering the full swing of summer, finally! Hopefully you now have some time to add to your garden before the hot summer sun beats on us. While we can really enjoy our gardens, I'd like to offer a few plant suggestions and combinations for your summer gardens – to enjoy and watch for summers to come.

Throughout my life, I have always had a love for plants: how they work together, colors, textures, creating something for others to enjoy, whether it's the birds, the bees, the butterflies or visiting family and friends. When I put perennials together and consider perennial design, one of the major contributing factors is bloom time and texture. When designing a perennial garden one of the goals is to always have something that is in bloom, and what is in

bloom needs to blend in color with one another.

### A full sun garden border

*Heliopsis helianthoides*, or false sunflower, is one of my favorite summer bloomers. It's a native plant, gets a yellow, daisy-like flower and will reach three feet. This is a great perennial to use in the background, however, the foliage is dark green in color, and is not something in need of hiding. *Heliopsis* requires full sun, makes great cut flowers, and looks very nice with salvias and nepeta.

Both salvia and nepeta have blue-purple flowers. Depending on the species, some are shorter than others, but all will bloom in the summer months. Although not native, these two plant genus attract many pollinating insects like bees, hummingbirds and moths. When in bloom the put on a great show, and with the *heliopsis* in the background, the combination is stunning.

A third plant for this grouping

could be the *Echinacea purpurea* 'White Swan'. A selection of the purple coneflower, this old time favorite has white petals with an orange like center. This plant offers a white contrast to the *heliopsis* and purple flowers of the salvia and nepeta. Reaching about two feet, it will bloom in the summer months, offering a nice accent to a garden.

Another plant to add to this mix is *Liatris spicata*, or gayfeather. This native plant is definitely on my favorites list! The flower spike opens from the top down, whereas most flowers open from the bottom up, making this an interesting perennial. *Liatris* has purple-pink fuzzy flowers borne of a tall spike. The grassy-like foliage makes this texture interesting when mixing it with summer blooming perennials. Well drained soil and full sun is important for this fun plant that will reach up to 30".

As mentioned, these plants are summer bloomers. In addition to summer, a good perennial border needs color in the spring and fall as well. For spring color, try *Baptisia*. There are different species of this stately native plant. The *Baptisias* typically grow to 30" or so, have tall flower spikes, with the individual flowers resembling pea flowers. The foliage is a nice green offering an interesting texture to the spring border. Depending on the species and variety, the flowers are yellow or purple/blue. Many new introductions have been made for this particular species of plant. Note that when planting this spring beauty, do not move it again. It hates to be transplanted so be sure to site it well.

If you choose the yellow species of *Baptisia*, try adding *Amsonia* 'Blue



***Heliopsis helianthoides*, or false sunflower, is a native plant with a yellow, daisy-like flower that will reach three feet.**

*Ice*'. This plant is believed to be a cross of two native species of *Amsonia* and gets about 18" tall. The buds are a dark blue and as the flowers open, turn a lighter blue color. It is clump forming, and does not spread quickly. Great for the foreground, this plant will complement a yellow *baptisia*.

Fall color in a garden isn't so easy. It seems that when late August hits, we are looking at mums to fill the color void. However there are some exciting plants to add to the sunny border that will keep the color coming! Try *Aster* 'Lady in Black', a native dark leaved plant that blooms white in late August. The dark maroon foliage color pairs well in the summer with the plants mentioned, and then becomes the show of the August garden.

Goldenrod, *Solidago*, is another native Genus that offers a wonderful show in the fall. Note that goldenrod is not the ragweed we sneeze with during the fall. Ragweed is a totally different plant. However *Solidago* should be more recognized in the plant world as a great fall blooming plant. Many species of the plant offer many different "looks" to the garden as some reach 20", with horizon-

tal flowers like the variety 'Fireworks', while others get quite tall, and should be used in the background of a perennial garden. Give this plant a chance in the garden as I think you'll be pleasantly surprised.

A very tall fall plant that will be buzzing with bird, bee and butterfly activity is *Joe Pye Weed*, *Eupatorium purpureum*. In my garden, this plant gets 6' high. It does well in most soils and pairs well with all the above plants. A dark pink flower, it looks great with the foliage of the aster and the yellow flowers of the goldenrod.

### Shade garden

This type of garden can be a bit more difficult than a sun border. Many shade plants bloom in the spring, making the summer shade void of traditional flower color. But working with textures of plants can be as much fun as putting together flower combinations.

Some of my favorite shade plants to work with are the *tiarellas* and *heucheras*. So many introductions have been made of these two native species, all working with different leaf color and leaf shape. As many gardeners have experienced this cold, snowy winter, some plants really took a beating, and have had difficulty recovery, if at all, from the winter. *Tiarella cordifolia* 'Brandywine' is a plant that, for me, has come out of winter with few setbacks. This is a spring bloomer, with white flower spikes, reaching about 12". The foliage is green with darker, almost maroon, veining. It's a great plant for the foreground of a semi-shady garden.

Combining the *Tiarella* with coral bells (*Heuchera*) can be quite a combination. *Heuchera* is available in so many different colors, from dark reds/maroons, to orange and yellow leaf colors – jeez - who needs flowers? Some of my favorite *Heucheras* are 'Caramel', and an old time favorite 'Purple Palace'. *Heuchera villosa* 'Autumn Bride' brings some fall flowers, as they will bloom in late August with white flower spikes.

Ferns should never be overlooked in the shade garden. Many stately ferns, like ostrich fern, cinnamon fern and lady fern are great for the background of any shade garden. These three ferns can reach up to 3' and offer fine textures to the garden. Other ferns, like sensitive fern and Christmas fern, will reach a height of about 24".

Our native bleeding heart, *Dicentra eximia*, will bloom in the spring, as well as offering sporadic pink flow-

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# THE MASTER GARDENER

## Small Town Gardener Serendipity

Marianne Willburn

Every once and awhile, and contrary to the best laid plans of mice and men, the garden decides to take matters into its own hands and do some planting without the express permission of the resident gardener.

We are quick to pull out the dandelions and purslane (though both are edible), and it's obvious that there is only one thing to do with the burdock; but what do we do when we are faced with the offspring of a prized (or even not-so-prized) plant? Are you the type who pulls first and asks questions later, or will you take a minute and examine what nature has given you? As long as you keep the big picture in mind, you may find the second option far more entertaining – and often quite charming indeed.

I have pulled up Virginia creeper (*Parthenocissus quinquefolia*) by the handful for many years. Seeds scattered by fattened birds in the fall are quick to germinate and quicker to wrap themselves around the stems of plants otherwise minding their own business. Let a seedling go and before you know it you have chaos on your hands – especially if it gets itself entwined in a large hedge of privet or euonymus.

But Virginia does not only creep, she also climbs – and what's more, she blushes a beautiful crimson red in the fall just before undressing for the season. This eastern native beauty is grown in Europe as a prized ornamental; and at several Euros a pop, she clothes buildings and outbuildings skillfully and rampantly, much like Boston ivy (*P. tricuspidata*) does for our northern neighbors.

So, when I noticed one day that she'd placed herself up against a particularly boring windowless section of my north wall - I decided to let her have her wicked way and stayed my weeder's hand. It's been four years and she has achieved that which she set out to do, without any planning input from me. Ironically, a purchased and planted *Hydrangea petiolaris* nearby is taking far longer to achieve the same goal.

At the edge of my potting area, a common honeysuckle (*Lonicera japonica*) decided to put down roots in the space between patio bricks – completely covering the corner of a newly mortared

wall. Though the plant snobs will snigger, I couldn't have wished for finer raiment. Not only does this vine create a bit of evergreen color in a difficult space, I am blessed with a full season of heady perfume in the air, hours of enjoyment for children enraptured by honey-filled flowers, and a fine screen against houses below. Again - not my plan, but I surely benefitted.

Ditto a couple bronze fennel seedlings that have become majestic plants in the vegetable garden, and the brilliant California poppies that sit sweetly at their feet. Neither of these were choices I made, but rather, choices that the garden made for me. I can list many of these serendipitous seedlings - just as I can list many more that, after examination, didn't make the cut.

Had I pulled out a *Clematis terniflora* seedling three years ago from under a downspout, instead of watching it make its way up the deck and through the railings, I would not be able to enjoy the beauty and scent of flowers fifteen feet up in the air on a chilly September evening. However, had I let one of its cousins live in the sunny border, I would have lost numerous plants to its suffocating embrace.

If you are faced with something you didn't plan, don't be too quick to sign its death warrant. The souls of our gardens are often hidden in these little gifts from Mother Nature. When it is only ourselves in charge, our gardens might appear neat as a pin, but lacking that certain charm that separates the good from the great.

Just keep a pair of pruners and a spade at the ready – as Mother Nature's plans can go oft awry just as frequently as our own.

ers throughout the summer months. This bleeding heart will grow to about 24" and has a fine texture throughout the season. It looks great with the ferns and heucheras.

Epimediums, although not native, offer some heart shaped leaves for texture in the shade garden. Many varieties offering flowers of dark pink to yellow, bloom in the spring. Some varieties you may find will have red veining through the leaves, giving a different color combination to the garden.

A fall blooming shade plant, Tricyrtis or toad lily, is a nice plant for the fall shade garden. Not native, it has pinkish flowers above green leaves. It likes will drained soils and will look great with our native plant Chleone glabra, tur-

tlehead. Chleone has white flowers, although there is a selection, 'Hot Lips', that has pink flowers. Growing naturally along streams, this shade perennial will get about 3' and offers a lovely show in September.

As you can see, many combinations can be used in any garden. Understand the site – sun, shade, wet or dry, and the plant choices become much easier. Try some of these combinations in your garden. I'm sure you'll enjoy them as much as I do and the buzzing and flying visitor will enjoy them as well!

To read other gardening articles visit the Gardening section of Emmitsburg.net.



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## COOKING WITH LOVE

# Growing your own herbs

Brooke Hagerty Lurie  
The Food Chick

Container gardening is an easy and fun way to get garden fresh goodies all summer long and is quite a soothing and zen like activity - there is nothing quite like getting your hands a little dirty to bring you back down to earth in today's hectic society.

This year I decided to concentrate on traditional salad veggies and herbs so I planted red and green lettuce, Swiss chard, cherry tomatoes, jalapeños, bell peppers and about a dozen or so herbs. As I started my garden in April I am already getting lettuce out the wazoo and I find myself sneaking

outside to grab a hunk of lettuce for an early morning snack as I am watering the plants and my flower garden. But don't fret, you can start your container garden now and have plenty of time to grow and have your own veggies and herbs well into the fall season.

You do not need to start your garden from seed, simply go to your local grower or garden center and see what they have. Local Farmer's Markets are also opening now and many of the farmers are selling starter plants for those of us who want to grow our own. You would be surprised at how many items you can grow in containers (my husband's cousin grows potatoes in an old garbage can). I recently

read that in 8" planters you can grow cabbage, cucumber, eggplant, fennel, kale, leeks and even melons and pumpkins. Looks like my next container garden is already starting!

How do you start a container garden? First, start by looking around your house and garage to see if you can repurpose something you already have. You would be surprised at what you have that with just a little imagination can take on a whole new life. I have also seen hay bales being used as your walls and then filled with dirt. There are also kits available for purchase that you can build your own and pretty much make it any size or height you like. I am trying in vain for



a friend's husband to build me the 3.5 foot high by 10 foot long one like he built for his wife. He used untreated

2 by 4's, filled the bottom with rock and gravel and the top with soil about 1 foot deep. And speaking of soil you will also need some moist dirt available at your local garden center. I tend to be a little impatient so I (in addition to buying plants that have already been started) purchase a starter product such as Miracle-Gro for flowers and vegetables.

No matter what type of container you are using be sure to properly space your plantings to allow for plenty of growth. Also, make sure to read the directions for sun and moisture needs.

Fresh herbs are a great way to add flavor and freshness to all of your meals but especially so during the warm summer months. They simply ooze all of nature's bounty into everything they touch and are oh so easy to grow! Growing your own herbs not only provides you with a sense of accomplishment, it is also a great family activity and on top of that a great money saver! At the end of the season you can freeze your herbs to use all winter long or add them to your favorite sauce when you are canning. This year I am taking my first stab at canning and am really looking forward to it (look for an article on canning in August).

Simple dressing recipes are great for summer foods and really allow for the freshness to shine through. I love a great vinaigrette and tend to use the same recipe over and over again. But it never gets boring because I change my vinegar and just one or two of the seasonings to add a fresh new take.

**Here is the basic recipe:**

In a bowl add 1/2 cup balsamic vinegar, 1 tablespoon of honey, 1 tablespoon of your favorite mustard (I prefer a grainy Dijon), 1/2 teaspoon fresh ground black pepper, 2 teaspoons salt (preferably sea or kosher), 2 teaspoons minced garlic, 1 cup of extra virgin olive oil and 4 drops of hot sauce.

Whisk together in a bowl or in your food processor. Put an Asian twist on this dressing by using rice wine vinegar, sesame oil and a little soy sauce.

Going Italian? Add basil to the existing recipe, just be sure to finely chop it.

My favorite switch to this recipe is to add dried cranberries and rosemary and pulse it through a food processor.

*As always, if you have an idea for an article do not hesitate to contact me anytime at brooke@thefoodchick.biz or visit my new website, www.thefoodchick.biz!*

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# MOUNT SPORTS

## Women's Rugby

**Bridgette Nitza-Buwala**  
MSM Class of 2015

Women's Rugby is not only a club sport that competes under the Eastern Penn Rugby Union, but also a group of girls who have been recognized by their coach, Mount St. Mary's University, and the local community as an active sisterhood.

Specifically, Mount St. Mary's University honored the Women's Rugby team with three awards at the annual Club Sports Banquet. These awards included, "Tier A Team of the Year," "Most Successful Team Off the Field," and "Community Service All-Stars." In addition to these awards, Head Coach Scott Stratton won "Coach of the Year."

"I am so very blessed we have a club sports department at the Mount. This is not the case at many other universities," Stratton pointed out. "I am also floored that our team won so many awards. It is absolutely fantastic and shows how hard the young ladies work to maintain a positive rugby image and culture."

It was only two years ago at the Rugby National Championship in 2012 that Coach Stratton was recruited by Men's Rugby Coach Jay Myles to help start up a women's rugby team at Mount St. Mary's University.

However, this University team is not only led by Head Coach Scott Stratton, but also by Assistant Coach Melissa Hutchinson. Hutchinson played for Stratton before he resigned from his position as Head Coach of Shippensburg's Women's Rugby Team. Stratton says, "She is just another blessing that I have. She played for me for four years at Shippensburg. Not only is she an amazing player, but she is also fantastic with the girls." Because Hutchinson is closer in age to the rugby women, she can communicate well and maintain balance when both she and Stratton coach the players.

This past school year was the second year that Mount St. Mary's University Women's Rugby was given the opportunity to play competitively. The players were grateful for each and every opportunity to showcase their improvement. Stratton was specifically impressed with the intensity of this year's organization and focus. Four new players joined Women's Rugby who had experience with the game, which launched the entire team in a positive direction.

Though the university was only hoping to reach a total of 30 rugby women in three years, there were over 40 players in this second year. A few women even joined in the spring semester, contributing much strength to an already successful group of girls. "The perfect example of this strength is Meghan Reed, who came in spring semester and was named an All-Star at the National Small College Rugby Organization (NSCRO) 7's Tournament," shared Stratton.

With this large group of girls came large community involvement.

Among other charity driven activities, the rugby women volunteered at a middle school for Martin Luther King Jr. Day and helped clean a local park. It has also become an annual tradition for the ladies to participate in Relay for Life, supporting the fight for a cure for cancer.

The young ladies have bake sales and car washes throughout the year to help fund their club.

Stratton did express, "Our biggest challenge is to connect to our Alumni." Nevertheless, the team is working diligently to overcome this challenge. Through various routes of communication and an apparel store online, there is a strong effort to connect with past rugby women of the Mount.

This past May, the Women's Rugby Team grew their alumni as they graduated seniors Kayla Bishop, Lola-Bode George, Megan Clester, Sydney Clinton, Joy Hovestadt, Erin Neives, and Emily O'Brocki. Stratton would like to lead these graduates into their future endeavors by reminding them, "They are an amazing group of young women both on and off the field. Their leadership has topped the charts."

Stratton made a point to call Joy Hovestadt "irreplaceable." He explained, "On the field she is fantastic,

a great player and a great leader. In my 14 years of coaching, she is one of the top players I have ever had."

Alongside his praise for Joy, Stratton praised Kayla Bishop for her dedication to the administrative side of rugby. "Looking back on my last two years as a leader of this team, I am beyond proud of everything we have accomplished...I have learned how to be a leader, a teammate, a sister, and a Mountie through being a member of Mount St. Mary's Women's Rugby Club. Nothing else on campus has shaped my experience at the Mount quite as much as being a part of this incredible program," Bishop stated.

Rising senior Juliana Good, who will continue as President of the Women's Rugby Club, emphasized, "I believe what has made us so successful over the past two years is not only our amazing coaching staff and support from the Mount St Mary's community, but also how well our team works together. Our focus during the spring season is to develop skills and work with new players to prepare for our competitive season in the fall," Good explained.

Both girls mentioned their satisfaction with the team's senior tournament. Bishop stated, "Our final home game versus Catholic University was a big match for us as it was



our senior day, and it was an opponent we had never played before. We beat them 45-10, ending our 15's season." Good concluded, "We had a lot of fun this semester and we were able to finish our season undefeated versus Catholic University on our senior day!"

Stratton continued, "I am wowed at how quickly all the women have picked up the game, and impressed with the overall caliber of each player." He has faith that the Women's Rugby program will continue to flourish.

After completing this season as 3<sup>rd</sup> overall in the NSCRO 7's Tournament, Stratton's three main goals for next year are for the ladies to "be safe when they play the game, develop a passion for rugby, and build a

camaraderie that gives them lifelong friends." He assured, "If those three things happen, I have a winning team. Then, if they want to compete for a national championship, we will."

While Stratton remains confident in the Women's Rugby program, so will the university and the community. All who have been affected by such a sisterhood cannot help but admire the players' dedication and strive for excellence.

To obtain a full roster of the 2013-2014 Mount St. Mary's University Women's Rugby Team and any further material on the team, please visit <http://www.msmary.edu/student-life/recreation/club-sports/womens-rugby/>

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## FITNESS AND HEALTH

# Complementary Corner

## Unplug yourself

Renee Lehman

The Dalai Lama has said that “technology is good. It’s when we let it control us that it becomes a bad thing. Technology does not produce compassion.” I thoroughly agree with his comment. As with most things in life, technology can be healthy or harmful depending on how it is used.

Technology is becoming deeply woven into the very fabric of our lives at the speed of light. New programs/apps/etc. are introduced and become a part of our culture so quickly that there isn’t time to step back and consider the implications that the new technology has on us. It is only in the rearview mirror that we can see whether a technological advancement has been helpful or harmful. We are now starting to see the effects that technology is having on us.

A national survey by the Kaiser Family Foundation in 2009 found that with technology allowing nearly 24-hour media access as children and teens go about their daily lives, the amount of time young peo-

ple spend with entertainment media has risen dramatically, especially among minority youth. Today, 8-18 year-olds devote an average of 7.5 hours to using entertainment media (i.e., TV, video games, movies, tablets, and smartphones) across a typical day (more than 53 hours a week). And because they spend so much of that time ‘media multi-tasking’ (using more than one medium at a time), they actually manage to pack a total of 10 hours and 45 minutes worth of media content into those 7.5 hours.

A study completed by San Francisco-based Common Sense Media showed that 38% of babies under 2 use tablets or smartphones, up from 10% in 2011. This high tech’s popularity with toddlers is outpacing what is known about the neurological and cognitive impact on the toddler’s brains, so child development experts say less — or no — exposure may be best in the first 24 months. “The bottom line is that it’s so new we don’t know if it’s good, bad or otherwise, but there is a lot of other research that shows the main learning and sustenance for young children — particularly un-

der 2 — comes from their relationships, particularly with their parents and whomever takes care of them,” said Tovah Klein, director of the Barnard College Center for Toddler Development.

Don’t get me wrong, technology absolutely brings wonderful advantages to our lives. It has given us the opportunity to connect with others who live at a distance. We have access to so much information at any time of the day, and it is so easy to share this information. It just also has some major disadvantages.

Another concern that I have about technology is that it doesn’t allow for us to “see” what is really happening around us, and to experience life. By constantly looking down at our smartphones and other high tech devices, we miss life that is happening all around us, and it is increasing our stress levels.

An example of how we are missing what is really going on around us can be found in the 2009 Western Washington University study. Specifically, 75% of college students who walked across a campus square while talking on their cell phones did not notice a clown riding a unicycle nearby. The researchers call this “inattentive blindness,” say-

ing that even though the cell-phone talkers were technically looking at their surroundings, none of it was actually registering in their brains.

An example of how our constant “connectedness” is stressing us out can be found in the University of California, Irvine study that measured the heart rate of employees with and without constant access to office e-mail. The researchers found that those who received a steady stream of messages stayed in a perpetual “high alert” mode with higher heart rates. Those without constant e-mail access were less stressed.

So, what would happen if one day, we chose to unplug for several brief moments during the day? Or, if we cut the cord to our technology for a day or two and looked up and out, what would happen, what would we experience?

What silence sounds like. Buzzing and chirping coming from the birds and insects, instead of your smartphone. These sounds can be very calming and soothing.

Being in the present moment with your own thoughts. An opportunity to be mindful, and really connect to yourself.

Conversation and interaction with friends at dinner. Food is

meant to be enjoyed (not photographed and posted via social media), and eye contact can let you know that you are heard and understood.

And finally, my favorite:

The beauty of Nature! Each season has beauty. Can you see and appreciate all that nature has to offer? As Albert Einstein said, “Look deep into nature, and then you will understand everything better.”

Sure, at first, you may feel some anxiety about not being “connected,” about not being accessible... “What if someone tried to get in touch with you?” I’m sure that you will realize, just like my students at Gettysburg College reported after they completed this same assignment, “After 30 minutes, the anxiety of not having my smartphone eased, and I saw buildings, trees, and other things that I never noticed before.” And my favorite response, “I started to look up and look into other people’s eyes. I felt a greater connection to others.”

Unplug Yourself and Go Outside

*Renee Lehman is a licensed acupuncturist and physical therapist with over 25 years of health care experience. Her office is located at 249B York Street in Gettysburg, PA. She can be reached at 717-752-5728.*

# The Herbalist

## Speedwell

Amy Brodish

Speedwell (*Veronica Officinalis*) is a herb native to Europe and Asia that became naturalized in the United States. This herb is abundant in our region and can be found in open grassy or stony areas. It is a low creeping herb with hairy stems that may spread out up to twelve inches. The leaves are opposite, round to elliptical, with scalloped edges. The pastel blue-violet or occasionally whitish-blue flowers contain veins of a darker shade. It is one of the first herbs to be found growing in Febru-

ary and one of the first to flower at the onset of Spring, remaining through Fall.

The whole plant, root and above ground parts, can be made into tea. The plant may be dried for use throughout the winter. Speedwell is rich in Vitamins E, K and C and also contains some Omega 3 fatty acids. Additionally, this plant contains bitter compounds and tannin, the latter resulting in its astringent properties.

This plant may have a cholesterol reducing effect in those eating high cholesterol diets, based on results of an animal study. Another study shows Speedwell to be anti-inflammatory, as it inhibits COX-2 expression, an en-

zyme involved in inflammation and pain. Speedwell also has been shown to protect against oxidative stress, making it an antioxidant as well. Furthermore, it has been shown to prevent and speed the healing of gastric ulcers and heal the gastric mucosa.

In nineteenth century France, Speedwell was used as a tea substitute and referred to as d’Europe, translated as Europe Tea. Also, it was claimed that Charles V of Spain used this tea for gout. Further historical uses for Speedwell include lung diseases, diuretic, fever aid by promoting sweating, promoting of menstruation, expectorant, skin infections and irritations, blood purification for skin and kidney ailments, coughs, asthma, small pox, measles, tonic, liver complaints, wounds and

hemorrhages.

According to Neltje Blanchan, a Victorian Naturalist, “An ancient tradition of the Roman Church relates that when Jesus was on His way to Calvary, He passed the home of a certain Jewish maiden, who, when she saw drops of agony on His brow, ran after Him along the road to wipe His face with her kerchief. This linen, the monks declared, ever after bore the impress of the sacred features—vera iconica, the true likeness. When the Church wished to canonize the pitying maiden, an abbreviated form of the Latin words was given her, St. Veronica, and her kerchief became one of the most precious relics at St. Peter’s, where it is said to be still preserved. Medieval flower lovers . . . named this

little flower from a fancied resemblance to the relic . . . [and] special healing virtue was attributed to the . . . common wayside plant that bore the saint’s name.”

Before gathering any plants, be certain that you have positively identified the correct plant with a field guide and gather from an area far from roads that have not been in contact with herbicides, pesticides, fungicides, synthetic fertilizers or other harmful substances, including vehicle exhaust fumes.

*Amy Brodish is a Certified Natural Health Professional and owner of Herbal Reflections in Fairfield. Amy also prepares personalized herbal formulations and flower essences for clients. For further information, contact 717-642-5000.*

# Fitness Matters

## Expert answers to your health questions

George Puvel  
Anytime Fitness Owner

**Question:** There are so many fat-burning products on the market—are they helpful or harmful?

**Answer:** There are numerous products on the market that contain thermogenic ingredients, or what most of us call “fat burners.” Ephedrine, yohimbine, green tea extract (EGCG), bitter orange (synephrine) and even caffeine are examples, and they basically work by stimulating the central nervous system. This increases your “fight or flight” responses, indirectly providing energy and allow-

ing you to process calories at a faster rate. Along with these supposed benefits, there are also side effects associated with these ingredients, including increased blood pressure, heart rate and respiratory rate. Another potential issue is the fact that, individually, they don’t have a real dramatic effect. As a result, companies often combine several of these ingredients into one product and then sell it as an energy or health supplement. Unfortunately, we don’t know how any one of these stimulants will specifically affect you as an individual, let alone several of them combined together. So, despite the claims, your best bet is to pass on these ingredients and the products

that contain them. Instead, focus on maximizing your training and nutrition, and speak to a qualified professional about losing body fat in the safest and most effective way possible.

**Question:** What should I eat or drink if I only have an hour before a workout?

**Answer:** What to eat before you exercise should be largely determined by timing and personal preference. Generally speaking, a large meal takes 4-5 hours to digest, a smaller meal takes 2-3 hours, and a large snack takes 1-2 hours. If you don’t digest food well enough prior to an activity, you can end up with a stomach-ache and cramping. This often occurs because blood (which plays a key role in digestion) is shunted to your arms and legs during activi-

ty, thereby slowing down the digestive process. Therefore, if you only have an hour to fuel yourself, it would probably be best to stick with a liquid carbohydrate/protein shake. Liquids are processed faster than solid foods and will provide the energy you need in a shorter timeframe. Keep in mind, we’re not talking about those ice cream-based shakes from fast food restaurants. We’re talking about a sports nutrition shake that is de-

signed for active individuals and athletes. If you want something lighter, a traditional sports drink would be a viable option as well. There are a number of products on the market in each category, so do some taste-testing to see which ones work best for you.

*George Puvel is the Club Owner. To submit a question for future articles, please contact the author at Thurmont-MD@anytimefitness.com.*

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# FITNESS AND HEALTH

## Keep Moving

Fighting cancer with a positive attitude

**Linda Stultz**  
Fitness Trainer/  
Fitness Therapist

My first chemo was awful. I was so nauseated and had no energy. I wasn't sure how long I could do this. During this time my friend and fellow survivor Diana, was asked to talk at a church event. Immediately following the event she called to say "You are not going to believe this" but at the event they were painting BelieveBig mugs. Since the mistletoe can't be patented, an organization called BelieveBig is raising funds to get the trial up at John Hopkins. She told me she got the information for me and to come to her business the next morning. One thing I've learned through this journey is when something pops up multiple times you follow up with it. God has a plan. So

the next morning I went to my friends business and picked up the brochure and went home to call Ivelisse. Ivelisse told me her story. She had stage 4 colon cancer and had only 8 percent chance of survival. She heard about mistletoe and decided to go strictly with homeopathic treatment. She is now 5 years with no sign of cancer. She then gave me a name of a doctor in Baltimore that can prescribe the mistletoe, who I immediately called and set up an appointment. Prior to that appointment I had another dose of chemo. I told the nurse my horrible side effects and they decided to start me on steroids for a few days, post chemo. Prior to my third dose of chemo I was able to meet with the doctor and started the mistletoe injections along with several supplements. I then met with my oncologist, who was extremely leery. I told him that for me

this is what I needed. The best he could offer me was shrinkage of the tumors along with time; whereas the homeopathic MD gave me hope and possible remission. I also made him aware that following my third treatment I would not take the steroids. The mistletoe injections supposedly help with chemo side effects, improve mood, and boost your immune system to help it attack the cancer cells. I wanted to see if mistletoe really helped with the side effects. Well you guessed it, I didn't have to take the steroids and felt good. Still a little tired, but I can live with that. Along with the mistletoe injections and all the supplements I'm taking, I also did private yoga nidra. I changed my diet to low sugar and carbs. I also eliminated going out to fast food chains, cut out processed foods, and try to eat gluten free. I eat organic meat, fruit, and vegetables. Along with this I am working on getting rid of all harmful chemicals in my home. I honestly believe the greatest weapon against cancer is having hope and a positive attitude. I al-

ways try to look at a situation and see the good in it. I tell myself everyday my journey is not over and I have so many more people to help and memories to make with my family and friends.

I had my first follow up PET scan on December 17th. I arrived home to pack my belongings, because if my plate wasn't full enough, my house sold after being on the market for 2 years. My phone rang shortly after arriving home. It was my oncologist calling with my results. I put him on speaker phone so my mom could hear. He then told me the cancer in my lungs was in remission. No cancer in my lungs! He then said that I only had one lymph node in my axilla with little activity. Finally tears were flowing from good news. The packing and cleaning stopped and the phone calls began. My Christmas miracle and the best present I could have ever asked for. I continued with chemo because now my results were too good for any chance at a clinical trial. On March 18th I had my second follow up PET scan. This time

I was pretty nervous waiting for the results. I had very little room to improve. Well I got the news that I am now in complete remission. After discussing options with my oncologist I have decided to hold any further chemo and just continue on the mistletoe and supplements. I now get to look into reconstruction options.

I hope this story inspires some and gives others hope. Fight the good fight and always remember to do what is best for you. There are options, and for some it may or may not be mistletoe. Thanks for taking the time to read and share my story!

I respect the fact that this treatment may not work for everyone but I felt it was important to get the information out for anyone who may be interested. Stacy is an inspiration for our whole family and is always looking for the positive in any situation. I hope this will encourage you to always look at the cup half full and never give up even when life seems too hard to handle.

## Tabata-wha..?

High-intensity interval training

**Holly McGlaughlin-Redding**

If you've recently found yourself awake in the wee hours of the morning watching television, most likely you've seen infomercials about popular Tabata exercise or HIIT (high intensity interval training) programs, such as P90X or Insanity. Programs like P90X and Insanity are types of Tabata or high intensity interval training programs. You've probably seen the great physiques of those people who actually manage to stick with these programs (along with the prescribed diet program) for several weeks, either on TV or in real life. HIIT has been shown to mostly engage those type II or fast twitch muscle fibers... the fibers responsible for making one's muscles look defined or ripped. Research has shown that HIIT stimulates the promotion of testosterone in men and growth hormone in women, increasing lean muscle mass and hypertrophy, thus boosting metabolism. Typically these programs involve working to one's maximum effort for 20 seconds or more followed by a shorter rest period. True Tabata training involves 8 cycles of 20 seconds of all-out effort followed by 10 seconds of rest or recovery. Well, you're saying, that all sounds like a lot of work... a recipe for crippling muscle soreness and exhaustion for 3 days after a session.

It's true that unless you've already been working out and have a baseline level of fitness, HIIT training may not be the way to begin your fitness journey. But, after a period of several weeks of building a baseline level of cardiovascular fitness, say walking for 30-60 minutes 3-5 days a week, and maybe seeing that scale stuck on the same number, a modified HIIT program can be a great addition to your already-established fitness program.


Recent research notes that performing HIIT training twice a week along with your traditional cardiovascular/weight training workouts can help you reap the benefits of increased cardiovas-

cular fitness (think less winded when walking stairs), increased strength and an increased metabolism... not to mention more defined muscles (shorts and short-sleeve weather is right around the corner). So, how do we make a HIIT program appropriate for mere mortals?

Unless you're a fitness professional or athlete, you most likely won't want to or be able to begin your interval training with 20 seconds of all-out effort with 10 seconds of recovery. You will want to tailor your interval training to your current level of fitness and your ability to tolerate a high level of effort. For example, if you've been walking at a steady pace of approximately 3 miles per hour for 40 minutes 3-5 days a week, a good place to start would be to add 30-second to 1-minute intervals of 4 miles per hour every 3 to 5 minutes. These interval periods should make you feel winded. Also, because you're burning more calories as you walk faster, you may get the same calorie burn from a 30-minute interval workout versus a 40-minute

steady pace workout. If you're really trying to lose that weight, keep the workout length at 40 minutes, add intervals, and you'll boost that calorie burn. You can transfer the same idea to bike-riding and other aerobic activities. For example, add bursts of speech to your usually-leisure bike ride. Take your RPMs from 50 to 70-80 for 30 seconds or 1 minute every 3-5 minutes. If you're doing an aerobic dance workout, such as Zumba, add spurts of increased range of motion, like bigger arm movements or bigger side or front steps. You can also add intensity by bending your knees and performing the workout with a lower center of gravity.


Gradually lengthen the time you perform at a higher intensity and shorten your rest periods. Perform at a high intensity for 1-2 minutes and recover for 30 seconds to one minute. Again, this interval training can be added to your usual fitness regimen twice a week. And because you're burning more calories, you can replace your steady-state 40 minute aerobic workout with 20 minutes of an interval workout, burning the same or even more calories during half the time. Couldn't we all use an extra 40 minutes a week to do something other than work out?



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## ASTRONOMY

# The night sky of June

Professor Wayne Wooten

For June 2014, the Moon will be new on May 29th, so the first two weeks find the moon waxing in the evening sky. On June 1st, the thin waxing crescent moon passes about 5 degrees south of Jupiter in the western sky. The first quarter moon is high up in the south at sunset on June 5th and appears high lit. The waxing gibbous moon passes 1.5 degrees south of Mars in the SE on June 7th. The almost full moon passes 1.2 degrees south of Saturn on June 10th. Full moon, the Honey Moon, is June 12th.

The last quarter moon is on June 19th. The beginning of summer occurs at 5:51 AM CDT on June 21, the longest day of the year, with about 14 hours of daylight for the Gulf Coast. The waning crescent moon passes 1.3 degrees south of Venus in the dawn on June 24th. The new moon is on June 27th. The waxing crescent moon passes 5.4 degrees south of Jupiter on June 29th.

As June starts, you may just spot Jupiter next to the crescent moon on June 1st. Mars is being left behind by the Earth, and fading in Virgo, just to the lower left of Spica. High up in the southern evening sky is the most beautiful planet, Saturn, well east of Spica, the brightest star of Virgo. Saturn is brighter than Spica, and more yellow in color. Saturn's

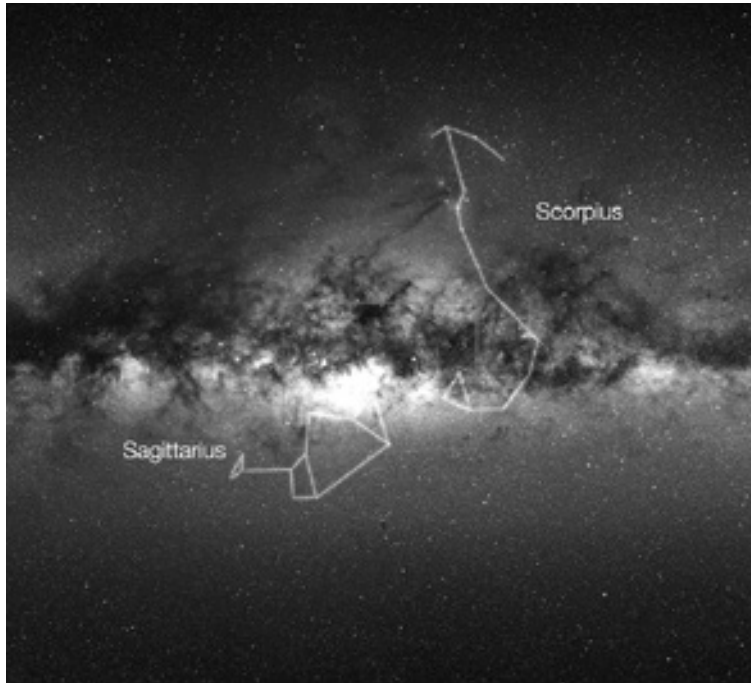


Photo showing our Galaxy's core in the constellation Sagittarius.

rings are now open about 20 degrees; they will continue opening up wider until 2017, when they are tilted 27 degrees toward us and the Sun. You may also see some belts and zones on the planet's disk. The largest, Titan, will be seen in any small telescope, but others will need larger scopes to spot. Venus still dominates the dawn sky, but is pulling away from us on the far side of sun, to pass behind the sun this fall.

The winter constellations are being swallowed up in the Sun's glare, but you might spot Sirius low in the SW as June begins. Sirius vanish-

es into the Sun's glare by mid-June, and this sets the period as "Dog Days", when Sirius lies lost in the Sun's glare. In reality, Sirius is about 20x more luminous than our star, but also lies eight light years distant, while our star is eight light minutes away from us.

The brightest star in the NW is Capella, distinctively yellow in color.

It is a giant star, almost exactly the same temperature as our Sun, but about 100X more luminous. Just south of it are the stellar twins, the Gemini, with Castor closer to Capella, and Pollux closer to the Little Dog Star, Procyon. By the end of June, all the winter stars, like Sirius, are vanished behind the Sun.

Overhead, the Big Dipper rides high. Good scouts know to take its leading pointers north to Polaris, the famed Pole Star. For us, it sits 30 degrees (our latitude) high in the north, while the rotating earth beneath makes all the other celestial bodies spin around it from east to west.

If you drop south from the bowl of the Big Dipper, Leo the Lion rides high. Note the Egyptian Sphinx is based on the shape of this Lion in the sky. Taking the arc in the Dipper's handle, we "arc" SE to bright orange Arcturus, the brightest star of Spring.

Spike south to Spica, the hot blue star in Virgo (with Mars now to its lower left), then curve to Corvus the Crow, a four sided grouping. It is above Corvus, in the arms of Virgo, where our large scopes will show members of the Virgo Supercluster, a swarm of over a thousand galaxies about 50 million light years away from us.

To the east, Hercules is ris-

ing, with the nice globular cluster M-13 marked on your sky map and visible in binocs. This rich cluster is one of the top telescopic sights in good sized scopes. Several other good globular clusters are also shown and listed on the best binoc objects on the map back page.

The brightest star of the northern hemisphere, Vega rises in the NE as twilight deepens. Twice as hot as our Sun, it appears blue-white, like most bright stars. Its constellation, tiny Lyra, looks like a parallelogram just south of Vega, but was the harp of Orpheus in Greek legends.

In the southeast, Antares rises about the same time as Vega does, in the brightest of all constellations, corpius. Antares appears reddish (its Greek name means rival of Ares or Mars to the Latins) because it is half as hot as our yellow Sun; it is bright because it is a bloated red supergiant, big enough to swallow up our solar system all the way out to Saturn's orbit! In the photo of our Galaxy's core in Sagittarius, Antares is the bright red star to the top left of the frame. The Milky Way will be best placed for viewing locally on clear dark evenings in the next few months. Use binoculars to spot many nebulae and clusters shown in this fine photo.

## Farmers' Almanac

**Mid-Atlantic Weather Watch:** Fair, warm (1,2,3,4); storms, cooler (5,6). Fair and mild (7,8,9,10) with heavy rain, storms in the south (11,12); 13-19 Cloudy, quite warm (13,14,15,16,17,18,19); storms, severe north (20,21) turning fair, very warm (22,23,24,25,26,27). Hurricane, windy, heavy rain (28,29,30).

**Full Moon:** June's Full Moon that will occur on Thursday, June 12th. It has been aptly referred to as Full Rose Moon because roses start to show their beautiful blooms at the beginning of the month. It was also given the Name STRAWBERRY MOON because during June, the first strawberries of the season become ripe for

the picking (and eating!).

**Special Notes:** Here comes Summer! The Summer Solstice will occur on Saturday, June 21st. Honor your favorite student this month when he or she graduates from high school or college. This is a major milestone so mark the achievement with a special event or memorable gift.

**Holidays:** Whit Sunday (Day of Pentecost) is Sunday, June 8th. Celebrate Flag Day on Saturday, June 14th by proudly flying 'Old Glory'. Be sure to check out the website, [www.ushistory.org/betsy](http://www.ushistory.org/betsy) for all of the proper ways to display our beautiful flag. Father's Day falls on Sunday, June 16th in 2014.

Don't forget to remember dear old Dad on his day by doing something really special for him. After all, he is the guy who a) paid for 4 years of college, b) paid for a really nice wedding, c) helped you finance that new (fill in the blank), or d) All of the above! The first day of Ramadan begins at sunset on Saturday, June 28th.

**The Garden:** It's not too late to start warm-season crops such as corn, beans, tomatoes, squash, peppers, and eggplant. Plant or sow summer annuals such as nasturtiums, vinca, verbena, geraniums, phlox, marigolds, lobelia, impatiens, cosmos, sunflowers, zinnias, and alyssum. Feed annuals and remove spent flowers to promote another round of flowers. Feed roses after each bloom cycle, water regularly, and remove any spent flowers. Additional pruning may be required in June of fast-growing plants, such as juniper, privet and yew. This will help promote new growth and also maintain a desirable shape during the growing season. Cut back perennials like Shasta daisy, black-eyed Susan, cone flower, and lavender after first bloom to encourage a second round of flowers in the Fall. Cut back fuchsia, geranium, and margarite to encourage branching. Stake tall, floppy flowers: foxglove, yarrow, bachelor's buttons, carnations, and delphiniums. Watch for insects everywhere! When you see them (and you will!), immediately wash them or pick them off plants before they can lay eggs and multiply. Use fungicide where diseases usually are a problem, especially on roses. Remember that working in the garden when plant leaves are wet can help spread many diseases. If you cut flowers for fresh in-door arrangements early in the morning, they will stay fresher and more vibrant much longer.

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# COMPUTER Q&A

## Potentially unwanted programs

Aysë Stenabaugh,  
Jester's Computer Tutor

It sounds like a good deal to get your computer moving faster for free. Of course, as many of us know nothing is ever free unless it's garbage. That is just what these companies are doing – trying to get you to download free garbage to entice you to pay for more garbage. Sounds like a bad deal right? It is!

You have probably seen advertisements like these before, perhaps even on legitimate websites. Advertising is advertising and some people don't care who they sell their products to as long as they get their money. Advertisements like these may mention that they can "speed up" your computer or perhaps they "found" errors on your computer. Well, first of all most of the programs that offer to speed up your computer can do more damage than good. Secondly, they can NOT tell if your computer even HAS errors until the program is installed and ran, by then it may be too late!

Many of the computers that have been brought in lately for "clean ups" have had a variety of these "garbage" software programs installed on them. This is a huge indication that one (or several) of these "garbage" programs were installed. Many of them even allow pop-ups that tell you that you must purchase additional software to further fix errors or that you must pay more to fix the errors!

Here is a partial list of what we call "garbage" software that does more harm than good when installed:

- FLASHPLAYERPRO V5.4
- LYRICS-MONKEY
- VAFMUSIC2 TOOLBAR SEARCH
- PROTECT BY CONDUIT
- OPTIMIZER PRO V 3.2
- DESK 365
- DEFAULT TAB
- DM UNINSTALLER
- DOWNLOAD TERMS
- MY PC BACK UP

When you click on the advertisement, not only has a bunch of unnecessary software been installed that has nothing to do with speeding up your PC, but you may also notice that some of your system settings like changes to your browser's default search engine have been affected. Additionally these programs can actually slow your computer down!

Some of the software listed above can be difficult and sometimes seemingly impossible to remove without professional assistance. A good antivirus will not prevent you from installing this "garbage" software since you as the user are initializing the installation of the software.

Technically the above programs are NOT considered viruses but they share many of the same traits that malicious software carries. Those of us in the IT industry has labeled these programs as "Potentially Unwanted Programs" or "PUP".

### Additional software we recommend uninstalling

Any registry cleaner such as CCleaner – These programs are known to do more harm than good!

Any program that claims to speed up your computer or offer a performance boost.

Programs that offer "support" such as 24x7 help – Most are scams and they could steal your information if you allow them to take control of your computer.

All toolbars which you are not actively using or do not need – They slow your internet experience down and many of them contain malicious scripts!

Any program "updater" or "download helper" – Again generally junky software and you should always go to the program manufacturer's website for updates, otherwise you may get more "garbage" software bundled in with it.

Any kind of driver assistance program – Again go right to the manufacturer's website for drivers!

A professional computer clean-up can provide you with a faster, reliable computer!

If you need computer advice or would like to seek help Jester's Computer Tutor provides one-on-one classes and assistance in

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If you need quick, quality, computer repair services, contact Jester's Computer Services located at 5135 Fairfield Road, Fairfield, PA or you can reach them by phone at (717) 642-6611 or send an email to: customerservice@jesterscomputers.com (see our ad on this page)



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# UPCOMING EVENTS

**Norsk Hostfest - Sept 27 to Oct 9** - America's largest Scandinavian Festival featuring performances by Danny O'Donnell! Book your trip now with Diakonia Travel or lose you chance to see this the widely popular Irish singer. For more information visit [www.diakoniatravel.com](http://www.diakoniatravel.com) or call 301-471-0415.

**June 6, 7 & 8**

Central Maryland Antique Tractor Club's Annual Gas engine, Trac-

tor and Truck show. Friday is an antique collectibles consignment auction at 5:30pm. Saturday antique tractor pull at 11 am, kiddie pedal pull. Sunday has a tractor parade, bake auction, kiddie pedal pull, slow tractor race. Flea markets and crafts and food vendors are there both days. For More Information call 443-286-7843 or visit [www.cmatc.org](http://www.cmatc.org).

**June 7 & 8**

Gettysburg National Park's D-Day anniversary weekend. Join a Park Ranger for

a talk on Eisenhower and the Men of D-Day. World War II living historians portray a variety of soldiers and talk informally with visitors at Eisenhower National Historic Site. Included in site admission. For more information call 717-338-9114 or visit [www.nps.gov/eise](http://www.nps.gov/eise).

**June 14**

2nd annual Cornhole 4 a Cause tournament at the Emmitsburg Community Park. For more details and registration information, please visit [www.leaguelineup.com/b4bc](http://www.leaguelineup.com/b4bc) or stop by Ca-

toctin Hope Chest at 104 Frederick Road in Thurmont to pick up a flyer!

Gettysburg National Military Park brass band concert. The Wildcat Regimental Band will perform free at the Gettysburg National Military Park Museum and Visitor Center as well as present an evening concert at the Pennsylvania Memorial. Call for a program schedule 717-338-4433 or 717-334-1124 x8023. More information is available at [www.gettysburgfestival.org](http://www.gettysburgfestival.org).

Mt. Tabor Church of Rocky Ridge will hold a festival at Mt. Tabor Park, home of the Bib Slide. Come enjoy good home-cooked food: Soup, Sandwiches, Iced Tea and Ice Cream & Strawberries beginning at 4 p.m. Also enjoy games including Bingo. Come join us in Christian Fellowship - surely a good time for everyone of all ages.

Magic is in the air - A summer concert at the Frederick Community College, 7932 Opossumtown Pike, Frederick. For More Information call 301-685-3585 or visit [www.fredericksymphony.org/Concerts](http://www.fredericksymphony.org/Concerts).

**June 14 & 15**

Pennsylvania Lavender Festival - The only such event in the eastern U.S., the Festival offers sensory delights and a wide variety of experiences for participants including tours of the farm's lavender fields and demonstration gardens, lectures and workshops by nationally known experts, and cut-your-own lavender from the farm's 2.5 acres of plantings. Visit with vendors, find practically everything lavender under our "Lavender Tent", or start your own lavender garden with some of the nearly 100 varieties available at our certified organic greenhouses. Herbal picnic fare is available for purchase or you can bring your own. Free parking is available at Fairfield school where a

## Thurmont history-themed mural

A new mural reflecting the historical sites of the Thurmont area will be unveiled June 12 during an open house from 6 to 8 pm at Timeless Trends, 21 E. Main Street, Thurmont.

Yemi had been working with the Thurmont Lions Club on a mural project last fall and, over the holidays, Timeless Trends Boutique offered to sell the accompanying products as a goodwill gesture to help promote the Lions Club project. It was this project that led Yemi to Timeless Trends Boutique.

Since then, Timeless Trends Boutique has been working with artist Yemi to install a mural on the front corner of their Main Street Thurmont storefront. The artwork will reflect the "historical sites of the Thur-

mont area as well as women and home fashion through the beginning of the 20th century."

Timeless Trends Boutique, open since 2009 and a favorite place for locals to shop for vintage furniture and upscale home decor and gifts, is located in the former Creager Furniture store which opened at the 21 E. Main Street, location in the 1850's. M.L. Creager was Frederick's oldest continuous family owned business operating from 1840 to 2003.

Most of the furniture sold, refinished and re-purposed by Timeless Trends is from the 1880's to 1940's and those are the time periods represented in Yemi's artwork. There will also be a new product line designed around the artwork that reflect the vintage appeal of the boutique to be sold exclusively

in Timeless Trend.

The building was vacant for several years until Virginia and Jay LaRoche purchased it in late 2007, and the boutique has regular shoppers from as far away as Florida. The boutique has grown a great deal since opening to include the old carriage house behind the shop which is now home to their Vintage Warehouse where monthly sales draw crowds.

"The history of our location is what inspired our product line," said LaRoche. "Knowing that this was a furniture store offering home fashion for over 100 years is so inspiring."

Signed works by the artist and light refreshments were also available at the unveiling.

## Save the Date FOR A YEMI MURAL UNVEILING EVENT!

Timeless Trends Boutique is excited to be working with artist YEMI to unveil a mural and artwork for an exclusive product line designed to celebrate historical sites of Thurmont, women and home fashion. The boutique is located in the historical Creager Furniture building, one of the oldest family owned business locations in Frederick.



21 E Main Street, Thurmont, MD, 21788 • [timelesstrendsboutique.com](http://timelesstrendsboutique.com) • 240.288.8226  
Store Hours- Tues, Fri, Sat 10:00-5:00 • wed, thurs 10:00-7:00 • sun noon-5:00



Be the first to see and purchase this exclusive and stylish line. Come get your exclusive piece of history at Timeless Trends Boutique!

**DATE & TIME:** Thursday, June 12th 6:00-8:00 pm

**ADDRESS:** 21 E Main Street, Thurmont MD 21788

For more information and to RSVP to the event visit <http://bitly/yemimural> or call 240-288-8226

Join us for the mural unveiling and product launch reception with wine and appetizers!

**11th Annual Emmitsburg Farmers Market**  
302 South Seton Ave., Emmitsburg, MD

- Fresh Local Fruits & Vegetables • Crafts
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**Every Friday!** **Jun. 13th - Sept. 26th**  
**3:00 P.M. - 6:30 P.M.**

Vendor Space Still Available

For more information contact Amy Naill  
**(301) 600-6303**  
[anaill@emmitsburgmd.gov](mailto:anaill@emmitsburgmd.gov)

**ST. JOHN'S LUTHERAN CHURCH**  
**FRIED CHICKEN & HAM DINNER**

**Saturday, June 14, 2014**  
**12:00 pm - 5:00 pm**

Includes: Garden Lettuce Salad, Vegetables, Desserts & Fancy Table

ADULTS: \$13 CHILDREN UNDER 12: \$7 UNDER 5 FREE  
*Proceeds Benefit Lola Noffsinger Doll And Billy Kolb*

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*Beverages, Lavender Cookies & Ice Cream  
Bring Your Own Picnic  
And Stay As Long As You Like  
Admission Is Free - No Pets*

Visit Our Website At: [www.willowpondfarm.com](http://www.willowpondfarm.com)

# UPCOMING EVENTS

free shuttle bus will bring you directly to the Festival. Willow Pond Farm, 145 Tract Road, Fairfield. For more information call 717-642-6387 or visit [www.palavenderfestival.com](http://www.palavenderfestival.com).

**June 21**  
*Summer Solstice*

3rd Annual Taneytown Wine, Art & Jazz Festival - See article on page 44 for additional details.

New Oxford Outdoor Antique Market & Craft Show Antiques Dealers over 160 Antiques Dealers plus permanent shops. On Center Square & Streets of New Oxford. For more information call 717-624-2800.

**June 27 & 28**

The National Shrine of Saint Elizabeth Ann Seton's Back from the Dead: Soldiers & Angels Cemetery Walk in St. Joseph's Cemetery. Guests will encounter Civil War soldiers and Sisters who nursed the soldiers in this interactive event. The event will also offer free access to the Charity Afire exhibit, which tells the compelling stories of the Sisters and Daughters of Charity who served the soldiers as nurses during the Civil War. Due to the nature of this event, it is recommended for children ages 14 and older. Groups are welcome. The first tour through the cemetery will begin at 7 p.m. and the event will run until 10 p.m.

**June 28**

Emmitsburg Community Day - see article on page 23 for more details.

**June 29**

Taneytown Community Patriotic Concert - This year our nation celebrates the 200th Anniversary of the writing of the National Anthem: "The Star-Spangled Banner" at 3 pm at Trinity Evangelical Lutheran Church, 38 W. Baltimore Street, Taneytown.

The Trinity sanctuary will be filled with the sounds of American patriotic music, including "The Star-Spangled Banner" as well as the setting of a hymn that Francis Scott Key wrote for a patriotic concert on July 4, 1832:

"Before the Lord We Bow." From "The Star-Spangled Banner" to "God Bless America," the songs that celebrate our country and our heritage will sound from "Sea to shining Sea" as our singers and instrumentalists inspire us

to get in the spirit to celebrate our nation's upcoming birthday! The concert is open to the public and admission is free - no tickets are required. For further and/or additional information, please contact the church office at 410-

756-6626 or Choral Director Cathy Ellkiss at 717-359-4784.

**June 30**  
Walkersville Volunteer Fire Company Carnival.

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<p><b>ORCHARD HILLS</b> 302 Tippin Drive, Thurmont</p> <ul style="list-style-type: none"> <li>• 4 BAYS</li> <li>• VACUUM</li> <li>• SHAMPOO</li> <li>• AIR FRESH</li> <li>• ARMOR ALL</li> </ul>	<p><b>SILO HILL</b> 107 Silo Hill Pkwy., Emmitsburg</p> <ul style="list-style-type: none"> <li>• 4 BAYS</li> <li>• VACUUM</li> <li>• SHAMPOO</li> <li>• AIR FRESH</li> <li>• ARMOR ALL</li> <li>• AUTOMATIC BAY</li> </ul>
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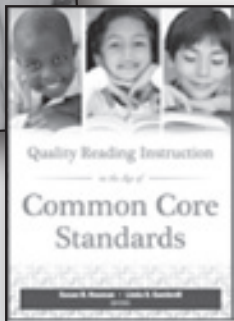
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## MOUNT TEACHER INSTITUTE

Tuesday, June 24  
8:30 a.m. - 4 p.m.  
Mount St. Mary's University  
Frederick Campus  
5350 Spectrum Drive, Frederick

Educators—join us for a day of professional development, skill building and networking. This year's theme is Effective Literacy Practices for Content Reading K-12. Linda G. Gambrell, Ph.D., distinguished professor of education at Clemson University, is this year's keynote speaker. She is the co-editor of *Quality Reading Instruction in the Age of Common Core Standards*.

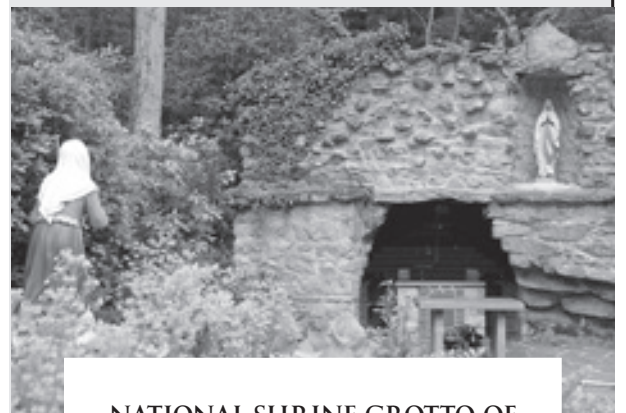
Registration deadline: June 20

For more information, and to register, visit [www.msmary.edu/MTI](http://www.msmary.edu/MTI)

**Admission Includes:**

- Keynote speaker
- 3 breakout sessions
- A copy of *Quality Reading Instruction in the Age of Common Core Standards*
- Box lunch and refreshments
- MSDE/PA ACT 48: Continuing Ed credit available at additional cost

*During the Summer there is plenty to do at the Mount!*

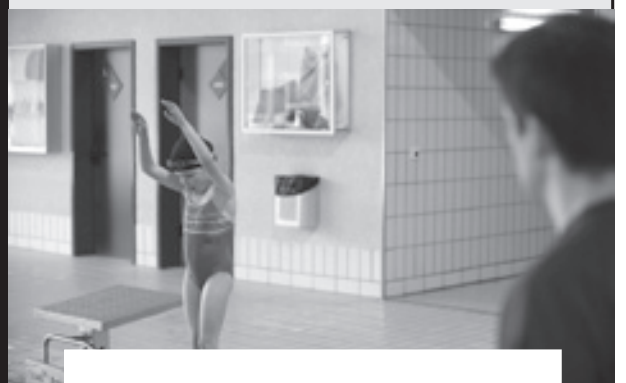


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For more information, pool hours and fitness class schedules, visit [www.msmary.edu/recreation](http://www.msmary.edu/recreation)



YOUTH SWIM LESSONS  
Session I: June 16–19 and 23–26  
\*Register by June 9 to get the Early Bird price!  
Session II: June 30–July 3 and July 7–10  
\*Register by June 23 to get the Early Bird price!  
Session III: July 14–17 and 21–24  
\*Register by July 7 to get the Early Bird price!

For more information, visit [www.msmary.edu/aquatics](http://www.msmary.edu/aquatics)

## Advance Your Career WITH A DEGREE FROM THE MOUNT! Info Session: June 4, 4-6 p.m., Frederick Campus

### JUNE 4 INFORMATION SESSION 4-6 p.m.

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