# Emmitsburg NEWS-JOURKAL

EXULTING THE IMPORTANCE OF IDEAS AND INFORMATION -EDWARD R. MURROW

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#### NEWS

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#### **World War I** August 1917, the crisis in

# Thurmont Little League wins state title

The Thurmont Little League mercy rule win.

team has done it; they

brought home the state title! This

is the second year in a row that a

Thurmont Little League team has

made it to the state tournament

since 2011, and this year they've

proudly secured the title of state

champions. After some stumbles

last year at states, the team prac-

ticed and played hard this year to

make a better run at the state ti-

tle. Their hard work paid off as

they dominated their way through

the district round, winning four

games in a row and made it to the

In their first game at the state

tournament against Elkton, Thur-

mont came out strong, going up

1-0 early on in a leadoff homer-

un from Logan Simanski and add-

ing three more in the second to

take a 4-0 lead. A pair of two-run

shots from Will Gisriel and Con-

nor Crum in the third highlight-

ed a six-run inning that put Thur-

mont on top 10-0. Elkton finally

got on the board with a run in the

fourth, but Gisriel hit a second

homerun in the bottom of the in-

ning to give Thurmont the 11-1

state tournament.

Thurmont's second game in the state tournament was a dominating 17-0 win over Easton. Thurmont scored three in the second, eleven in the third, and three more in the fourth in the mercy-rule shortened game.

Next, Thurmont took on Berlin for a trip to the state title game. Thurmont quickly took a 1-0 lead, getting two singles and two walks. They were able to scratch one more run in the top of the first, giving them a 2-0 edge. Berlin rallied in the bottom of the fifth to put runners on the corners with only one out, but Simanski induced a lineout and a groundout to keep the score right where it was. The bottom half of the sixth inning started with a Berlin solo shot to make the score 3-2. Simanski quickly forced a flyout, but an error brought the winning run to the plate. A final play by Skowronski sent Thurmont to the state title game for the first time since 2006.

Thurmont's final challenge at the state tournament came once more from Berlin. After Berlin



Thurmont's very own Little League team fresh off their State Championship victory on July 20. Photo credit, Cara McMannis.

fought their way through the losers' bracket, they earned the right to face Thurmont with a state title on the line. Thurmont wasted no time at all in the game, jumping to a 3-0 lead in the top of the first. Skowronski was called on to start the game on the mound for Thurmont and he quickly retired Berlin in the first, despite a walk. Thurmont blew the game wide open in the top of the second, picking up seven runs on four singles, three walks, two errors, and a double. Berlin came close in the bottom of the third with a threerun homerun and even closer with

a two-run double in the bottom of the fourth. However, Thurmont's pitching sealed the deal, as Mc-Mannis got the final seven outs and Thurmont won the game and the state title, 11-5.

This is the first time Thurmont has won the state title since 2005 and they will advance to play in the Mid-Atlantic Regional tournament beginning on August 6. The community of Thurmont is incredibly proud of the Little Leaguers and all the hard work they have already put into their season. Best of luck to them as they continue to fight for the Regional title!

# Adams County earns national distinction

The Land Conservancy of Adams County recently received the distinction of being named a "certified entity" under the federal National Resources Conservation Service's Agricultural Conservation Easement Program (NRCS-ACEP)—the only certified entity in Pennsylvania, joining just three other certified entities in the nation.

Certification means that when

grams, the Land Conservancy and the county's Agricultural Land Preservation Program came to a mutual understanding that LCAC is better suited to pursue the federal grants.

"We're proud of the farmland protection we've been able to accomplish with NRCS, and luckily we've worked with some saintly landowners who found the patience to stick with us through these multi-year efforts," says Kipp. "I'm very excited about the prospect of being able to move through the conservation easement steps with greater speed." To achieve certification, the Land Conservancy of Adams County had to demonstrate that its easement valuation, monitoring, and enforcement methods align with ACEP guidelines, that it completes easement transactions in a timely fashion, and that it holds a minimum of 25 agricultural easements, at least five of which were funded by ACEP or its predecessor programs. Since completing its first conservation easement with the NRCS in 2003, the Land Conservancy of Adams County has completed 24 NRCS-funded easements preserving a total of



Russia continues. Page 26

#### Cooking

Get ready for the beginning of peach season by learning some peachy facts. **Page 31** 

#### Four Years At The Mount

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#### Sports

Catoctin High School's most recently graduated athletes. **Page 40** 

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Summertime is the best time to go outside. **Page 42** 

landowners work with the Land Conservancy of Adams County to preserve their agricultural land, conservation easements that are funded through the NRCS can be completed much more quickly.

"Our understanding is that we're fairly unique in Pennsylvania as a nonprofit having a longterm, ongoing partnership with NRCS," says Sarah Kipp, the Land Conservancy of Adams County's land conservation coordinator.

Most NRCS grants go to county-run farmland preservation programs that match it with state or county money. At one time the Adams County Agland Preservation Program partnered with NRCS, but due to bureaucratic hurdles and conflicting requirements of the state and federal pro-



# Since 2003, the Land Conservancy of Adams County has preserved 3,380 acres of county farmland.

3,380 acres of county farmland. By working with the NRCS on its farmland-preservation easements, the Land Conservancy of Adams County has helped bring more than \$4.7 million to Adams County to compensate landowners who have preserved their land through the program.

The Land Conservancy of Adams County is a nonprofit, member-supported land trust founded in 1995 to preserve the rural lands and character of Adams County. To date the Land Conservancy of Adams County has worked with local landowners to preserve more than 10,000 acres of county farmland, woodland, open spaces, streams, and historically significant lands. For more information about the Land Conservancy of Adams County, visit LCACnet.org.

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# **EMMITSBURG NEWS**

# Mount & VHC plan for emergencies

n July 8, the Vigilant Hose Company held mock exercises at Mount St. Mary's University. Northern Frederick County emergency services personnel practiced their plans and skills for mitigating a series of potential emergencies on the Mount campus. This was done in concert with Mount St. Mary's University Public Safety Personnel, Facilities Management Staff and Mount Leadership.

The Vigilant Hose Company of Emmitsburg (VHC) has been working with Mount employees to update Fire Department "Pre-Plans" as occurs every so often to make sure all parties are in sync with needed knowledge and relationships in place prior to a given emergency to assure maximum efficiency and effectiveness for successful resolution with minimum disruption and adverse effects.

VHC Fire Chief Chad Umbel has been overseeing this lat-

est round of fire and emergency services preparedness. As Chief Umbel remarked, "The Mount has always been a huge supporter of our efforts in being prepared to handle emergencies. And, this past year, they've again been very gracious and helpful to our firefighters who have been studying campus upgrades allowing for updating maps, double-checking access points for utility shut-offs, emergency operational considerations like hydrant access and utilization and allowing full access to areas of all buildings on campus.

According to Chief Umbel, "All 'first-in' fire and ambulance companies are being invited to participate on the 8th so they, too, can be prepared to help handle emergency situations that could arise." The media can watch first-hand as the process is refined during a series of drills that will take place at different parts of the campus throughout the day.

"Exercises will be scenario-based - meaning drawn from real life situations typical to institutions of higher learning as experienced here locally and elsewhere across the nation," said Umbel. VHC uses "pre-incident planning" on major target hazards to assure managing possible incidents that could create significant threats to life and property to prepare for various eventualities which help assure that things go smoothly during a potential actual event.

Utilizing mitigation evolutions like V.E.I.S. (Vent / Enter / Isolate / Search) with a specific focus on Rapid Intervention Techniques and properly utilization of existing built-in building protection systems, emergency services personnel will practice operational exercises, command and control, occupant location and removal, hose deployment, ventilation and restoration of normal building functionality.



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month basis if they so chose.

As discussed, anything that impedes the sewer, water or plumbing lines is susceptible for repair. A homeowner would simply need to call one of the toll free numbers provided. Under the warranty, up to \$8,500 would be given toward each incident and every repair. There is no annual or lifetime limit on the number of repairs a homeowner may have.

Considering that all lines are something every resident is responsible for in order to help

maintain the infrastructure of the Town, this could be a viable option for the Town. Commissioner Sweeney commented "This could really be beneficial for Emmitsburg." "It can help those who may not be able to afford to make certain repairs when the Town cant help." Other Commissioners and Town staff seemed to be in favor

No official actions were taken during the July meeting. The program may be brought up during a future meeting to be voted upon.

# Town considers utility providers

uring the July 10 Town meeting, Town staff and the Board of Commissioners listened to a presentation about a potential partnership with Utility Service Partners to provide homeowners with infrastructure warranties. Ashley Shiwarski, representing the National League of Cities Service Line Warranty Program, briefed the Board on the program and the products that could be offered to residents.

The idea behind the program is to help address the public policy issue of aging infrastructure for homeowners specifically. The homeowners' portion of infrastructure maintenance is often overlooked, as many communi-

ties look at maintaining public infrastructure primarily. By utilizing this program, Utility Service Partners would partner with the town to make the program voluntarily available to all residents in Emmitsburg. The program would provide homeowners with an optional protection or warranty on external water lines, external sewer lines and in-home plumbing.

Utility Service Partners would handle all aspects of the program including marketing, billing, and customer service at no cost to the town. In fact, Shiwarski mentioned that the Town would receive a revenue increase of \$0.50 per month per household product if they chose to participate in this program. As Shiwarski mentioned, the biggest benefit of this program is to raise awareness, both for town staff and residents. The program offers three prod-

ucts for homeowners. Those interested in participating would not be obligated to sign up for all three, but can pick and choose which products they want. The product that offers warranty on external sewer lines costs \$7.75 per month; the external water line product costs \$5.75 per month; and the in-home plumbing product costs \$9.99 per month. Residents wouldn't have to commit for any particular length of time. They could choose to continue with the product on a month-by-

# of the product as well.

# VHC - Ambulance Co. merger talks progress

Vigilant Hose Company Fire Department and Mary Lou Little, President of the Emmitsburg Volunteer Ambulance Company, were pleased to announce to the Emmitsburg Board of Commissioners that the merger between the ambulance department and fire department is going smoothly. Two months ago, Emmitsburg's fire department and ambulance depart-

Trank Davis, President of the ment decided to create a merger, bringing both departments together into one, more convenient location. A meeting was held, which was attended by over 100 members of both departments, and they voted unanimously to merge. Several additional meetings over the past two months, more specifically geared toward planning and coordination, have been occurring among and between leadership of

both the EVAC and the VHC as well as with County and Town governmental personnel.

The two on-duty career Emergency Medical Technician/Firefighters began working from the Vigilant Hose Company facility (25 West Main Street / Station 6) at 8 a.m. on Saturday, July 8. Both ambulances were transferred to Station 6 at the same time. Full administrative transition will be effective midnight December 31, 2017, as it is simpler and easier to make final legal changeovers at the start of the new tax year. Davis and Little hope to have everything in

partment has failed on a single response. This is surely best for the community of Emmitsburg as well as all surrounding communities that benefit from VHC and Emmitsburg ambulance services.

the merger completely settled by Jan 1, 2018.

So far, as both Davis and Little commented, the merger has been going seamlessly. In addition, they are pleased to announce that since the merger has started, neither de-

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in PA

& MD

All aspects of emergency and non-emergency services and community support will hopefully continue to be seamless. Fundraising functions like the always-popular Bingo events and social functions (wedding receptions, meetings, business luncheons, etc.), will continue and likely will be increased. Right now, the focus is on providing the best possible emergency service delivery for all in the greater Emmitsburg area to include the general public, businesses, institutions and agencies that have so generously helped over the years.

VHC Members as well as EVAC Members wish all to know how much they value the wonderful and comprehensive way all are embracing this significant undertaking.



# FAIRFIELD/CARROLL VALLEY NEWS

# **Carroll Valley votes no to in-home sprinklers**

uring the July 11 Borough Council meeting, members of the community, including members of several local fire companies, attended the Fire Sprinkler hearing in anticipation of the Board's vote. After the hearing rolled over 45 minutes into the regular scheduled Council meeting, the Board voted to repeal the mandated in-home fire sprinkler systems in the Borough.

The fire sprinkler ordinance was re-visited at the end of 2016 after Carroll Valley Borough Council member Tyler Pyles asked the Council to reconsider the mandate. The ordinance was sent to the Carroll Valley Planning Commission who, in February, recommended that the Board continue to keep in-home sprinklers as a mandated item. However, the discussion didn't stop there.

Since the beginning of the year, members of the community, local businesses, local fire company volunteers and even outlying concerned parties have taken the time to share their input on the matter. As the ordinance previously stood, all one and two family dwellings and townhouses constructed in Carroll Valley were required to have an automatic sprinkler system installed. The installation of these systems adds a significant additional cost to homebuilders, ranging from \$6,000 - \$10,000 and higher. Unfortunately with this additional cost, realtors in the area have seen this regulation as a deterrent for several potential homeowners looking to build in Carroll Valley.

Local Real Estate Agents including Trish Rowe and Kim Mills, were present during several Borough Council meetings, and were avid in urging the Board to reconsider the regulation. They received feedback from consumers, and presented the Board with a petition with over 100 names representing those who want the choice to install the sprinklers. Mills noted that she has lost at least five individuals who were interested in building in Carroll Valley, but after evaluating the finances for the build, turned away from the Borough because the mandated sprinkler systems pushed the project well over budget.

The Borough of Carroll Valley is currently the only Borough in Pennsylvania that has in-home sprinklers as a mandated item. "The builders are staying out of the area, we're losing people right and left due to this one item that no one else has in this area," said Trish Rowe. Rowe also mentioned that she has walked into several foreclosed homes that were ruined by misfiring of the sprinkler systems, which was ultimately due to improper winterization.

On the other hand, many see this item as a safety concern in place to benefit locals. During the February Council meeting,

Fire Marshall, John Waters gave a presentation on behalf of the surrounding fire companies stressing the importance of this regulation. Fire Departments simply can't get to a burning home fast enough. Even on a good day, the Fire Department generally doesn't arrive on scene until nine minutes after receiving the 911 call. That isn't quick enough when a building reaches the doomed flashover point in only three to four minutes. "Carroll Valley is a leader," said Waters, "other Borough's should follow suit and mandate in-home sprinkler systems."

All those in attendance who represented the surrounding fire departments agreed that it would be "taking a step backwards if the Borough chooses to repeal the ordinance." "Sprinklers buy time, time buys lives," was mentioned numerous times. Ultimately, fire safety isn't just a concern for residents; it's a concern for the firefighters

who volunteer their time to help keep the Borough safe. As presented, Pennsylvania is the number one state in losing firefighters across the country. Fire department staff question why Carroll Valley would want to move backward when they were already ahead of other communities in saving lives with this ordinance.

Residents who spoke against mandated in-home fire sprinklers questioned Borough Council about the lack of sprinklers in the brand new Borough building. The fact that the Borough wanted to regulate this additional expense, while they themselves didn't follow the regulation seemed hypocritical to many.

In the end, Council voted four in favor, three opposed, and the ordinance repeal was passed. Borough Council member, Dan Patton, asked the Council to consider a replacement ordinance that would require an education portion on fire safety and sprinklers for builders in Carroll Valley.

# Liberty Township proposes amended traffic ordinance

n July 11, Liberty Township Voted to advertise an amendment to Ordinance 2017-02, originally Ordinance 2 -1999. This Ordinance prohibits certain traffic and vehicular conduct within the Township's parameters. Such conduct includes: drag racing of vehicles, spinning tires or accelerating for no apparent reason, operating a vehicle in an offensive manner or endangering, or causing alarm to residents and anyone using the Township's roads.

As the ordinance originally stood, there was a \$100 fine per violation. The amendment to the ordinance proposes a stair step approach, in which additional violations to the ordinance incur higher penalties. Any violators could incur a \$100 - \$1,000 fine for the first offense, a \$250 -\$1,000 fine for the second offense, a \$500 - \$1,000 fine for the third offense. If a perpetrator continues to violate the ordinance, they may receive \$1,000 and may be sentenced up to thirty days in jail.

This ordinance amendment may be in response to residents of Liberty Township who voiced their concerns several months ago with a family of reckless drivers who were caught drag racing up and down the road,

in front of the resident's farm. There was concern for the safety of the family as well as the animals kept on the property.

According to Police Chief Brand Briggs, this stair step approach is in line with a majority of surrounding Townships in Adams County. If the identification of the vehicle can be made, the fine may be given to the offender. The Police Officer may not necessarily have to see the disorderly conduct in order to fine the violator. drag racing, unnecessary acceleration, disorderly conduct.

Supervisors are also proposing an additional ordinance, which revises the fee schedule for certain municipal services of Liberty Township. Supervisors will be voting upon both ordinances at the August 1 meeting.

# **Backyard chickens welcome in Carroll Valley**

fter months of debate amongst The community of Carroll Valley and much deliberation between Borough Council members, a vote in favor of backyard chickens was finally made.

The topic of chickens has been a popular discussion item over the past few years, but has never been passed through until now. Back in October of 2016, the ordinance was once again revisited because the verbiage and language in the old ordinance was causing some confusion within the community. Residents stood evenly on either side of the debate, and both sides have been passionate about their opinions since the beginning, stated Borough

Manager Dave Hazlett.

The old ordinance only allowed residents living in an agriculturally zoned area to own livestock, which includes chickens and other poultry. If a resident lived outside the Agricultural District, in a residentially zoned area, and owned livestock or poultry, they were susceptible to a penalty.

The new ordinance reads as follows: "An Ordinance of the Borough of Carroll Valley amending Chapter 2 of the Borough of Carroll Valley Code of Ordinances to: create a new part 4, entitled "chickens" to include provisions permitting the limited keeping of domesticated chickens as an accessory use

to a single-family detached dwelling." Residents are allowed to own up to six hens and are to keep them in a coop of pre-determined specifications, specifically a structure at least eighteen inches high and at least three square feet of floor area per chicken. In addition, those wishing to keep a few backyard chickens will have to acquire a permit from the Borough.

Residents concerned with the presence of chickens in the Borough mentioned the possibility of distress within the community, potentially causing residents to take their neighbors to civil court if they were displeased with the presence of chickens on a neighboring property. They also noted a possible health concern, lack of cleanliness, presence of an odor and the deed restriction on many properties in the Borough that do not allow poultry.

Those in favor mentioned a growing desire for self-reliance on eggs, meaning having the knowl-

edge of where they come from and how the chickens that produce them are treated. Residents also noted the value in teaching children responsibility by taking care of chickens and enjoying the pleasure of having chickens as pets.

The Board voted unanimously in favor of this ordinance, and chicken supporters rejoiced.



# New Area Code to take effect soon

n Aug. 26, callers with a 717 area code will be required to dial the full (10-digit) number with area code when making calls.

On Sept. 26, area code 223 will be issued for new service lines. Calls made without the 717 or 223 area codes will not go through.



# THURMONT NEWS Thurmont receives National Main Street accreditation

The Town of Thurmont Main L Street Program has once again received the National Main Street Accreditation for 2017. In June, Thurmont was designated as an accredited Main Street America program for meeting rigorous performance standards set by the National Main Street Center. Each year, the National Main Street Center and its Coordinating Program partners announce the list of accredited Main Street America programs in recognition of their exemplary commitment to preservation-based economic development and community revitalization through the Main Street Approach.

"It is a great honor to recognize

tional Main Street Center. "Main Streets are the heart of our communities, and the work they do to create quality public spaces, catalyze local entrepreneurship, and support downtown housing is more important than ever. Across the county, Main Street America programs truly strengthen the economic, social, and cultural fabric of their entire communities."

this year's 828 nationally Accredit-

ed Main Street America programs

for their outstanding work to trans-

form downtown and neighborhood

commercial districts," says Patrice

Frey, President & CEO of the Na-

Thurmont Main Street hosts several events and programs through-

out the year including the Main Street Farmers' Market, the Business Showcase, Christmas in Thurmont, the Thurmont Business Bucks program, and Art and Wine Strolls, along with operating the Thurmont Main Street Center. "Main Streets are the heart of any community and the catalyst for future growth within any town. Thurmont is proud and honored to be recognized as an elite member of the 828 Nationally Accredited Main Street America communities, and one of the twenty-eight in the state of Maryland. A special thanks to all of our dedicated volunteers who make this possible", stated Grinder.

The organization's performance is annually evaluated by Thurmont Main Street, which works in partnership with the National Main Street Center to identify the local programs that meet ten performance standards. Evaluation criteria determines the communities that are building comprehensive and sustainable revitalization efforts and include standards such as fostering strong public-private partnerships, securing an operating budget, tracking programmatic progress and actively preserving historic buildings.

Main Street America has been helping revitalize older and historic commercial districts for more

than 35 years. Today, it is a network of more than 1,000 neighborhoods and communities, rural and urban, who share both a commitment to place and to building stronger communities through preservation-based economic development. Since 1980, communities participating in the program have leveraged more than \$71.35 billion in new public and private investment, generated 583,869 net new jobs and 131,974 net new businesses, and rehabilitated more than 267,800 buildings. Main Street America is a program of the nonprofit National Main Street Center, a subsidiary of the National Trust for Historic Preservation.

# Catoctin Furnace Historical Society receives \$90,000

n July 6, the Maryland Heritage Areas Authority voted to approve more than \$1.4 million in funding for heritage tourism projects across the state. Of the 34 projects funded in this competitive state program, four organizations in the Heart of the Civil War Heritage Area will receive grants for the 2018 fiscal year. One of these four organizations lies right in Thurmont, as the Catoctin Furnace Historical Society will receive \$90,000 for development of

the Museum of the Ironworker at mont's pieces of rich history. Cunningham Falls State Park.

In response to the dire need for maintenance, The Catoctin Furnace Historical Society, Inc., (CFHS) decided to rehabilitate the circa 1820 stone worker's cottage at 12610 Catoctin Furnace Road and turn it into the Museum of the Ironworker. Not only will this preserve the building and give it the much-needed attention, but it will transform it into a museum showcasing on of Thur-

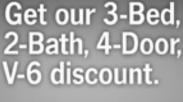
This project will include the rehabilitation of the historic cottage in order to make it safe and compliant with modern building codes. The leaking 100+-year-old roof will be replaced, new electrical, plumbing, HVAC, and temperature and humidity control systems will be installed, and insulation will be installed throughout the entire building. CFHS will also design, fabricate, and install exhibits that tell the story of the workers who powered the historic iron forge at Catoctin Furnace from 1776 to 1903.

In order to complete this project, CFHS will partner with Silver Oak Academy, a nearby residential high school licensed by the Maryland Department of Juvenile Services serving at-risk young men, the Frederick County Public School SUCCESS program, and Johns Hopkins University to provide work opportunities and job skills. CFHS will provide vocational and educational training to these students while benefiting from the labor and work. The end goal is to teach restoration skills and local history to students while providing CFHS with space to display our ever-growing collection of historical artifacts as well as specially-designed museum displays. An official start date has yet to be officially announced, but hopefully, pending final approvals, work may begin in the fall of this year.

In addition to this project grant, the Heart of the Civil War Heritage Area was awarded grants totaling \$145,000 for management and marketing of the heritage area. For each of these grants, state support is matched dollar for dollar with other funding. The total investment leveraged by these MHAA grants awarded exceeds \$471,500.



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# **Thurmont celebrates National Farmers Market week**

This year, National Farmers Market week runs during the week of August 6 - 12. In celebration of National Farmers Market week, the Thurmont Main Street Farmer's Market will have some new vendors in addition to the other great vendors who are there each week at their Saturday, August 12 Farmer's Market from 9 a.m. - Noon. Some special events and activities will also be taking place throughout the morning.

Detour winery will be present and will be sampling and selling their fruit wines and Josh Bollinger from Bollinger's Restaurant will at the Frederick Coffee Company, be serving his famous pit beef, McClintock Distillery, Beans in the Belfry, and Linganore Winery. pork, & turkey sandwiches. Also,

the Thurmont Regional Library, Trades of Hope, & Yoga 2 You will have their own booths and welcome everyone to come and visit.

Acoustic guitar player Michael Warner will be performing throughout the Farmer's Market. Michael's repertoire includes songs by Dylan, Townes Van Zandt, John Prine, Eric Clapton, David Bromberg et al, along with those of friends you've never heard of. He will also be playing some of his own original music. If the name sound familiar, you may have heard Michael perform

Farmers Markets aren't just a great way to get out in your community and enjoy the summer weather, they also offer a great avenue to support local farmers, growers and artisans by purchasing locally grown produce and products. Farmers markets stimulate the local economy, increase access to fresh food, preserve farmland and rural livelihoods and support healthy communities. The Thurmont Farmer's Market is located at the Municipal Parking Lot on South Center Street in front of the American Legion.

If you haven't had a chance to

1103161.1

State Farm Mutual Automobile Insurance Company State Farm Indemnity Company, Bloomington, IL

visit the Thurmont Farmers Market, take some time on August 12 to check it out!



# **100 YEARS AGO THIS MONTH**

# August 1917

# August 3

### Soldiers Overcome By The Heat

With the temperature hovering around the 100° mark, the fifth Regiment went forth on a twelve-mile hike from the Gettysburg camp Tuesday morning, every enlisted man carrying on his back the full pack of 63 pounds, and the results were what might have been expected. Two thirds of the command is recruits who have enlisted since the opening of the camp, many of them from shops, factories and offices, and they were unable to stand up under the strain. Scores fell out, and were carried to the camp in ambulances, automobiles and other vehicles. There were no reports of any serious sickness, the cases generally being mild heat prostration. The maximum temperature for this week was 99° on Tuesday. Although there are no definitive heat prostrations in Emmitsburg, a number of workmen were forced to stop work on account of the high temperatures.

### Most Enjoyable **Outing Of The Season**

One of the most delightful outings of the season was held on Wednesday afternoon and evening in Hartman's Grove, one mile west of Emmitsburg. During the afternoon, bathing was enjoyed and a splendid lunch was served on the banks of old Tom's Creek. Approximately 40 guests gathered around picnic tables to enjoy the sandwiches, sweetmeats, and ice cold lemonade. Following the luncheon, summer melodies were sung. The party was convoyed to the grove in large touring cars.

#### Boozer Protest **Prohibition Amendment**

When word was heard that the Senate was considering a resolution proposing an amendment to the Constitution of the United States providing for prohibition, the members of the Former Former Boozers turned out in force on the Square to protest the amendment. Said one boozer: "Here we are at war to defend our right to make our own choices, and yet the nut heads in Washington want to strip that right from us. I've half a mind to root for the Germans if they win, at least we'll know the national drink will be beer!" Following the protest, the boozers assembled in front

of the house of the notorious Sufferget and Prohibitionist Mrs. Andrew Annon where they emptied their bladders on Mrs. Annon's prized flower garden.

#### **Accidentally Shoots Father**

Blazing away at a weasel, which for some time had been killing chickens, William Harbaugh accidentally shot his father on the latter's farm, about one mile north of New Midway. Fortunately, the Senior Harbaugh was not badly wounded, only one of the shots taking effect. The weasel got away unscathed.

### August 10

#### Camp Do Little

A party of Emmitsburg's younger set are camping at Bollinger's Dam near Emmitsburg. The name is Camp Do Little and is composed of the following young men: Brian Byers, Charles Gillielan, John White, Jesse Stone, Nimrod Frizzle, Richard and Sheridan Bates, John Boyle, Dorsey Boyle, Charles Bushman, and Eichelberger Welty.

#### **Robberies At Motters**

On Sunday morning between the hours of one and nine, thieves broke into the garage of Roy Sharrer and deliberately cut the seat of his automobile to shreds with a penknife. On Saturday night the same offenders entered the home of Harry Knipple and robbed the baby's bank of its contents, relieved Mr. Knipple of a pair of trousers and left their presence marked in the summer kitchen where they left everything in a topsy-turvy condition. That same night Mr. Flory Wetzel's home was visited by the night raiders, fortunately nothing was disturbed.

#### Women Needed In Canneries

An appeal for women workers in the cannery has been made by local farmers. The appeal was made to the headquarters of the women's section, Maryland Council of Defense. The farmers said women are needed to skin tomatoes and to cut corn, and they will give them a comfortable place to camp, with the kitchen of their own and home comforts. The tomato season is late, owing to the unusual weather, and will probably start about the middle of the month.

# August 17

#### **Troops Stop In Emmitsburg**

On Tuesday, Motor Battery B. from Baltimore, stopped in Emmitsburg in route to Westminster. There were about ten double motorcycles and a supply and kitchen truck. Each machine, accompanied by two men, carried two rapid-fire guns -individual magazine rifles - and one motorcycle was equipped with a Berthier magazine gun. This motor battery is making a tour of the state for the purpose of demonstrating the practicality of the Berthier gun for modern warfare.

### Emmitsburg Men **Eligible For Draft**

Men from the Emmitsburg district who were certified for military service today are: Daniel Brown, Martin Hahn, Clarence Baumgardner, Maurice Mosier, Robert Hahn, John McMorris, Joseph Kreites, Clarence Frailey, Thomas Frailey, Guy Knott, George Smith, Joseph Turner, William Shuff, Edward Worthington, and Morris Wetzel.

Sterling Galt, Jr. of Emmitsburg was commissioned a Captain, and John Glonginger, formerly of Emmitsburg, was commissioned a second Lieutenant in the infantry section, Officers Reserve Corps.

### **Circus Coming To Frederick**

Sparks World Famous Circus is scheduled to appear in Frederick on August 23. Some of its animal acts are without doubt the most wonderful and thrilling ever presented to an American audience. An extraordinary feature of the circus is the educated seals and sea lions. These interesting animals perform the most seemingly impossible feats: balancing chairs, jumping through rings of fire, climbing ladders, walking tight ropes and riding the backs of galloping horses. This feature baffles description and must be seen to be appreciated. A mile-long street parade of dazzling splendor, beautiful women and handsome horses, interspersed with three brass bands will traverse the streets shortly before noon and this feature alone will be worth going many miles to see. The Emmitsburg Railroad will run extra trips that day to ensure everyone in town who wishes to see the show can get to it and back.



A recently discovered photo of the New Slagel Hotel – the favorite meet-ing spot of the Former Former Boozers Association. We doubt the men in the photo are Boozers as they appear to be standing without assistance.

### August 24

### **Child Dies From Eating Poison**

Eating several poison tablets, which she managed to reach in some manner while playing with her older sister, Mary Violet Pittenger, aged one year and two months, daughter of Mr. and Mrs. Elmer Pittenger, of Rocky Ridge was made ill Wednesday and died several hours later. A physician was promptly summoned, but the child's life could not be saved.

#### Automobiles

During the week automobiles representing 33 states, one from Mexico and one from Canada passed through Emmitsburg. A hiker on the Gettysburg Road Sunday afternoon reports having been passed by 240 automobiles in one hour. While cranking his car Thursday afternoon, Mr. Lewis Rhodes, President of the Emmitsburg Savings Bank, had the misfortune of breaking his right wrist.

Notice has been made that the racing of automobiles on the state road from the Clairvaux schoolhouse as far as Zents' Town would be stopped. For the past several weeks the racing on this section has been very unpleasant for persons walking along the state road during the early hours of Sunday nights. Residents have complained to the road commissioners who promised to investigate it. It is reported that some cars had even exceeded the outrageous speed of twenty miles per hour.

# August 31

#### James Neely Dies

James Neely, one of Adams County's best-known citizens died suddenly

at his home in Fairfield after a brief illness from a leaking heart. While he had not been in perfect health for some time he was still able to be about and retired Friday in unusually good spirits and his death was altogether unexpected. He was in his 73rd year. Mr. Neely was one of the founders and directors of the First National Bank of Fairfield, and was its President from its organization until his death. Much of its success has been due to his efforts, and his shrewd business instincts.

#### M. Snyder, Prominent **Citizen Of Harney Dies**

M. Snyder, age 39 years died Monday from anthrax, the first case of its kind known in Carroll County. Mr. Snyder, who lived in Harney, contracted the disease at a reduction plant in Gettysburg. His face was swollen to twice its normal size. He was a son of Mr. and Mrs. William Snyder, of Harney. He is survived by his widow, who before her marriage was Miss Elizabeth Horner, one daughter and two sisters, both of Harney.

#### **New Directional Signs**

Under the auspices of the Civic League of Emmitsburg four attractive signs had been erected at the Square to direct motorists to different cities and towns in Maryland. Meanwhile, work is progressing rapidly on both state roads near town. A large number of men being employed. If weather permits it is hoped all work will be completed by fall.

To read past editions of 100 Year Ago this Month, visit the History section of Emmitsburg.net.



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extra parking in back. 2 zone cooling, newer tilt windows, updated electric & plumbing, wood floors, mid level laundry, lots of storage, and so much more.

FR10001258

Beautiful rear yard. You must see what this home has to offer.

FR0051760

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Emmitsburg

level. Offers 3 BR & 3 BA. All wood floors and trim

stained. Beautiful addition with large family room and

recreation room. Eat-in kitchen with lots of cabinets &

built-in pantry. Separate laundry room and 1 car garage.

Big spacious open floor plan with over 2100 sq. ft. on 1



# FROM THE DESK OF . . .

# **County Council President Bud Otis**

o you have a technical issue that may need a legislative fix? If the answer is yes, then please reach out directly to me or your district's Council Member. We will do what we can to help. Recently, the owner of the property where Sweet Clover Barn (antiques and home decor) is located asked for an amendment to our county code to allow her tenant to continue to operate the business where it is currently located. The allowed uses in the current zoning for Limited Industrial (LI) did not include authorization for the sales of antiques. It did however allow for auction houses, boat sales and restaurants. As the operation of an antiques and home furnishings business seemed to fall inside that type, category or line of business, we explored the possibility of adding "Antique, Artisan, and Craft

Shops" to the LI district as a permitted use.

The concept was vetted through the Frederick County Division of Planning and Permitting staff prior to the preparation of the Bill itself. After the Bill was ready, it was forwarded to the FC Planning Commission (FCPC) for review and vote. The FCPC voted to approve this Bill on 7.12.17 in a 5 to 2 vote. This process helped move this legislation forward. As of 7.18.17, Bill #17-11 has been approved. It was unanimously passed by the Council. It will be effective 60 calendar days from 7.18.17 which is Saturday, September 16, 2017. This was a great result for the property owner and her tenant. A win-win for all. We are working together with the Administration to encourage more and more businesses to flourish in

Frederick County. The businesses here are becoming more aware that we are willing to work together for a positive solution, whenever possible.

It was also brought to my attention the need for a zoning text amendment to keep up with the times. There seems to be a need to accommodate tiny homes on current lots. There is a national trend moving in this direction for a number of reasons - affordability, "granny pods", millennials with minimalist living needs, "mother-in-law" suite next door, etc. My personal vision is geared toward protecting the senior population and being able to provide more people with the availability to "age in place". This may be a good option as one of the tools in the tool box. It may also spur additional affordable housing options here in Frederick County.

There are considerations which need to be addressed. The tiny homes built on the same property as an existing home is called an Accessory Dwelling Unit. There are planning, permitting, and legal considerations which are being worked out as I write this article. I am planning to sponsor this legislation and bring the Bill to the full Council once the analysis and final wording is complete. Stay tuned!

I appreciate CM Billy Shreve for putting forth legislation to address one of the businesses in Frederick County with a zoning problem in Bill #17-13 - Limited Wood Waste Recycling in the General Commercial (GC) Zoning District. Unfortunately the legislative fix proposed could adversely affect many business-

es in general commercial zones and opens up too many possibilities for problems in the future as it has wide-reaching implications for the county. The Division of Planning and Permitting staff were against this idea, and the Planning Commission voted unanimously against approving the Bill. After some deliberation, CM Shreve opted to table his Bill to allow for additional research to provide possible amendments for review at the Council Meeting on 8.22.17. We are trying to find a solution to this zoning issue by working with the Administration to find the best possible outcome for this business.

If you have any questions or concerns, my door is always open. Please email me at BOtis@frederickcountymd.gov or call 301-600-1101. I'm happy to meet with you! Thank you for allowing me to be of service for this terrific county.

# **County Councilman Kirby Delauter**

This month I am taking a break from politics to write about another member of my wife Tina's family that sadly has passed away. Just over a year ago we lost her Mother, Pat Zanella and on July 8th 2017 we lost her sister Patti (Zanella) Sprenkle to pancreatic cancer. Patti was just 49 years old. I've known Patti since we were in high school, I was a senior when she was a freshman. Since her older sister Tina wooed me into dating and eventually marrying her, I was around the Zanella household almost every day so when I'd see Patti at school she always made it fun. Patti always had a great sense of humor and a laugh that was unmistakably hers. She was classic Zanella one

hundred percent right down to the standard bright blue eyes which are the Zanella trademark.

About fifteen months ago she found out she had pancreatic cancer. The tumor could not be removed until it was reduced to a size that made surgery possible. So, chemotherapy was the only option at this point. So after months of chemo that had little effect on the tumor but a large effect on her quality of life, she started looking to other options. They contacted a treatment center in Chicago where she went for testing. After all tests were performed the results came back that there was nothing they could do for her at that point. Most people would have given up right then and there, not Patti. She tried various other treatments and did it with a smile on her face. Truly unbelievable.

Then came June and July when things took a turn for the worse. She was in and out of the hospital several times, the last time being the end of June. About a week before she passed, Tina and I went to see her in the hospital. Even in her condition which we knew was not good, she was smiling and her and I were joking about some things and then once again there she went with her unmistakable laugh. Cancer is tough. Cancer is hard on a person's mind and body. Most people would be laying there feeling sorry for themselves but not Patti. Her courage and grit through this was something I will never forget. It reminded me once again that certain people just won't quit, they love life, they love their families and they have a resolve that sets them apart, Patti had all of those things.

I know she loved her two kids, Anna (15) and Joe (13) along with her husband Greg. Her family kept her going as they all stayed incredibly strong throughout her illness. A void left from a mother, a sister and a friend taken way too soon. Patti, you set an example that you passed on to your kids about courage during a life altering and inevitably a life-ending event. You will surely be missed by all of us but you left us all better peo-

land in Frederick County continues to decline. Between 2001 and 2015, Frederick County lost more than 6,200 acres of forest, with 4,000 of those acres lost in a four-year period.

Executive Gardner is proposing amendments to the Frederick County Forest Resource Ordinance (FRO), originally adopted 25 years ago to

hemed activities!



ple because of who you were right up until the end.

Patti wrote some final thoughts on paper on the last few weeks of her life. One of those thoughts was " Be a warrior not a worrier". You were a true warrior in your fight against cancer Patti Z.

protect forests through conservation and preservation as well as "afforestation," the planting of acres of trees where there were none previously. The FRO regulations were weakened in 2011 to match minimum standards set by the State of Maryland and restore longstanding requirements. For more information visit www.Frederick-CountyMD.gov/FRO.

"Stuff the Bus"

# **County Notes**

#### **Forest Conservation**

County Executive Jan Gardner announced a legislative proposal to improve the preservation and conservation of Frederick County forests and tree canopy as our county develops

and grows. Forests prevent flooding, reduce storm run-off, keep sediment and other pollution out of streams and creeks, and contribute to the overall quality of life in Frederick County.

"After seeing mass grading and tree removal, many asked me what the county is doing to protect our forests," said Executive Gardner. "My goal is to conserve and protect our forests and farmland to ensure our long-term bright future for Frederick County."

The number of acres of forested

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#### school supply drive.

"With retailers offering school supplies on sale right now, it's a great time to participate in the 'Stuff the Bus' drive," said Executive Gardner. "In Frederick County, one in three households struggle to afford basic household necessities and it's very difficult for many families to afford much needed school supplies. Let's all do our part to help them and join in this campaign!" Each year the United Way of Frederick County engages local businesses and individuals in the "Stuff the Bus"

school supply drive. This year's goal is to stuff 10 buses.

Executive Gardner said that this is the first year Frederick County Government is participating in the campaign and noted that yellow collection totes are available at many facilities in addition to many other locations throughout Frederick County.

# **GOVERNMENT—SOUTH OF THE MASON-DIXON LINE**

# **County Executive Jan Gardner**

It's summertime! While many people are enjoying vacation and summer fun, county government is still hard at work. Almost 5,000 children are participating in Park and Recreation summer camps, crews are working on numerous road projects and bridge repairs, and over 9,000 people of all ages are participating in Frederick County Public Libraries' Summer Reading Program. Construction of the Walkersville library is well underway and is scheduled to open in early 2018.

### Taxpayer Giveaway

On a more serious note, I recently provided an update on what I consider to be the worst financial deal and biggest taxpayer giveaway in the history of Frederick County.

The prior Board of County Commissioners entered into a 30-year Tax Increment Financing (TIF) agreement with the developer of the Jefferson Tech Park, allowing the developer to use every penny of property tax revenues generated by the project over 30 years to pay for costs that a developer traditionally pays for.

I am sharing this information because I believe citizens have a right to know that millions of property tax dollars are being shifted to benefit the developer. How much? \$89 million! So what does this bad deal

mean? The developer was permitted to spend over \$25 million from the sale of bonds to construct an interchange and a bridge over US 340, to make required road improvements, and to make sewer improvements. Just like a mortgage, where you pay back your loan over time, the total amount paid is higher than the price of your home due to interest payments. It will cost taxpayers \$89 million to pay back this \$25 million in debt. Remember, it is customary for developers to take on these costs. It is a cost of doing business typically financed by a bank, with no obligation to use your tax dollars.

While the prior board touted this project as creating as many as 7,000 high-tech jobs, all the development to date has been residential. This may change as the project builds out. A grocery store, hotel, and some offices are included in the plan.

Residents in this development are paying their property taxes just like every other resident and deserve and expect county services. However, their property tax payments are not going into the county general fund to cover their use of county service. As these new households add children to our schools, make calls for public safety response, and use libraries, parks and roads, all the other taxpayers in the county have to subsidize the cost of these services. This will be true for 30 years.

Unbelievably, the deal gets even worse. In 2006, the county required this developer to pay \$8 million for an addition to Crestwood Middle School because the project would overcrowd the school. The last Board of County Commissioners allowed the developer out of this contract and allowed them instead to pay \$800,000 in school mitigation fees. County taxpayers are now stuck paying the remaining \$7.2 million to build the school addition.

It is hard to understand how the prior administration could enter into such a bad financial deal. It allows tens of millions of property tax dollars to be diverted and lets the developer out of a contract to build a needed school addition. In my view, it is a travesty and the worst financial deal in the history of Frederick County. Many citizens do not even want the additional development and are rightly angry about having to pay for it.

Never again! My pledge to you is that this kind of bad deal will never happen on my watch. As your County Executive, I take my responsibility seriously to protect taxpayers. I have put in place new policy to make sure this kind of deal is not allowed. County policy now prohibits Tax Increment Financing for any residential housing project. Taxpayers should never be asked to subsidize residential housing.

While I firmly commit to never allowing this kind of bad deal to happen again, it is important to recognize that a future administration could allow this again. It is up to voters to hold their elected officials' feet to the fire.

### Good news!

I want to share good news about what's happening in Frederick County. And there is a lot of good news.

Our economy continues to grow and we are adding new jobs. We recently welcomed a new research firm called Emmes and their 100plus employees. I am proud that Frederick County assisted them by getting permits approved in just six days. Among other things, this company assists life science and bio-tech companies with getting their products and medical devices through FDA approval. Likewise, RoosterBio Inc. is graduating from the Frederick Innovative Technology Center Inc. and is expanding into a 14,000-square-foot office. The bio-tech company plans to double the number of employees within a few years.

Our Health Department was

just recognized as one of only three in the country for its successful Kids Like Us program that helps children who have family members struggling with drug addiction. Our health department is doing an outstanding job with limited resources to connect people experiencing drug addiction with resources and services. Heroin and opioid addiction is taking far too many lives. We clearly need more treatment capacity and are working with many partners to provide help and prevention.

Our students continue to accomplish incredible things. This summer, Walkersville High School rising senior Sydnie Grossnickle was named Maryland Dairy Princess. And the Thurmont Little League team was crowned State champs!

I also want to publicly thank Bess Gladhill for her generous donation to Frederick Community College to set up a scholarship in memory of her husband, Frank Gladhill. This scholarship fund will allow numerous students the opportunity to earn their college degree and achieve their dreams.

There is no place like Frederick County with so many good people, organizations and opportunities. We live in a truly fabulous community with wonderful people and a strong sense of community. Together, we will move forward to address our challenges and secure a bright future.

# Emmitsburg election approaches, still no candidates filed

The Emmitsburg town election will be held on September 26 this year with residents voting for someone to fill the seats currently held by Emmitsburg Mayor Don Briggs and Commissioner Joe Ritz.

The last day to file to run for either Mayor or Commissioner this year is Aug. 28, according to Town Clerk Maddy Shaw. The write-in deadline is September 19 at noon. The last day to register to vote in this year's election is also August 28. Candidates for election must be Emmitsburg residents and registered voters in the town. Candidates must also live in the town for the duration of their term. If a candidate moves out of town while in office, they must vacate their office.

While no one has officially filed to run yet, it is not that unusual for candidates to wait until closer to the deadline. It tends to be on par with past elections, waiting until closer to the deadline to announce their candidacy.

Don Briggs has filled the position of Mayor since 2011, when he won against then Mayor Jim Hoover. Briggs secured a win over Hoover

with a vote of 209 against 176 votes, ending Hoover's nineyear run as Emmitsburg Mayor Briggs has held the position since then, but no official word has been given as to whether or not he'll run again, for another term. Commissioner Joe Ritz has been a Commissioner since October 2014, and has been the town liaison for the Citizen's Advisory Board as well as, more recently, the Parks and Recreation Committee. Neither Briggs nor Ritz has officially announced any intention to run for their respective positions again.





#### \_\_\_\_\_

# Tuesday, September 26, 2017 22 East Main Street 7:00 a.m. - 8:00 p.m.

The last day to register to vote with Frederick County is August 28th.

Registration applications can be obtained at the Town Office located at 300A South Seton Avenue, Emmitsburg, Maryland or by visiting <u>www.elections.maryland.gov</u>.

Candidates must file written application for candidacy and their Financial Disclosures with the Town Clerk no later than August 28<sup>th</sup> at 4:00 p.m.

> All candidates will be posted on the Town bulletin board in the order they are received.

The write-in deadline is September 19, 2017 at Noon.

The Mayoral Seat and one Commissioner Seat are open.

For More information visit <u>www.emmitsburgmd.gov</u> or call the Town Office at 301-600-6300

# FROM THE DESK OF... Carroll Valley Mayor Ron Harris

The 12th Annual Carroll Valley Borough July 4th Celebration was a very successful event. Attendance was approximately 2,000 participants during the day and by the evening, another 4,000. The success of the day would not have been achieved without the continued involvement of many individuals and local businesses. Special thanks go to the Carroll Valley Municipal Services crew: Steve Fitez, Ken Nichollas, Bruce Pecher, Donny Shaffer, Sterling Shuyler, and Jeff Wise for their tireless efforts preparing the Carroll Valley Commons for the day's event.

I would like to thank the members of the July 4th (J4) Planning Group who planned the event under the outstanding leadership of Gayle Marthers. The members are: Amanda Bell, Samantha Frazier, Jeni Jarrell, Jim Jarrell, Robert Jester, Charlee Marthers, Gayle Marthers, Hunter Paulus, Dan Sanders, Marie Schwartz, Tim Skoczen, and James Whittington. I would also like to thank all volunteers who shared their time and talents to make the celebration such a success.

The major sponsors of the event were Liberty Mountain Resort & Conference Center, Adams Electric Cooperative Inc., GMS Funding Solutions, Comcast, Quad Graphics, Park's Garbage Service, Inc., SGI and Jarrell Studios. For the entire list refer to the July 4th website or visit the July 4th Facebook page. Thank you all for your financial support. Visit www.ronspictures.net or go to Facebook.com/MayorRonHarris to view the pictures.

August 4th is U.S. Coast Guard Day. It is a day to honor the military branch that protects our waters and shorelines. The Revenue Cutter Service, which was the predecessor of the U.S. Coast Guard, was created on August 4, 1790 by Congress to enforce U.S. tariff laws. The title "Coast Guard" was first used in 1915. August 14th is VJ Day (Victory Over Japan Day) which marks the end of World War II and the cessation of fighting against Japan.

A few Carroll Valley Library dates you may want to mark on your calendar are: August 7th at 6 pm the Teen Book Club meets; August 17th at 6 pm attendees between the ages of 10 and 16 will be given one on one instructions on how to craft a wooden pen using a lathe; and August 21st at 7 pm the Adult Book Club meets. The Fairfield Area School District classes begin on August 24th which means you need to watch out for young people waiting for school buses on the trails.

August is usually the month that many of us go on vacation. But please do not overlook making sure your home is safe when you are a way. There are a number of things you should consider to protect the homestead. According to the FBI, more than half (53%) of home burglaries happen during the day. Here are a few tips: (1) Lock your doors and windows if you leave your house; (2) Do not share the details of your vacation with everyone and especially on social media like Facebook; (3) Make the house look as if someone is home by using light timers throughout the house; (4) Go to the Post Office and delay mail delivery; (5) Do not post pictures on social media indicating how much you are enjoying yourself - remember, if you are there I know where you are not; (6) Contract with a security company and when selecting one, checkout their references by going to www.bbb.org; and (7) Contact the Carroll Valley Police Department to be placed on their house check list. And, by the way, have a great, safe, and relaxing vacation.

How to handle vendors who knock on your door. Remember the old proverb "Buyer Beware!" If you do not want any vendors to bother you, place a "No Trespassing and/or Soliciting" sign on your front lawn. However, if you do deal with the vendor, ask for their permit issued by the Borough for them to go "door-todoor" to sell/take order for any goods, wares or merchandise. In our ordinances, Chapter 13, Section 202 a person must obtain a permit/license from the Borough prior to selling door-to-door. There are exceptions.



At the July 11th Borough Council meeting, the Council repealed the requirement to install automatic sprinkler system for all newly constructed one and two-family dwellings and townhouses to be consistent with the Uniform Construction Code adopted by the Pennsylvania Commonwealth. The vote was 4 to 3 in favor to repeal.

The Council also approved (7 to 0) an amendment to Ordinance Chapter 2 – Animals. Ordinance No. 1-2017 creates a new section (Part 4) titled Chickens that allow provisions permitting the limited keeping of domesticated chickens as an accessory use to a single family detached dwelling. Part 4 deals with the number of chickens (6) that can be kept, the construction and design of the chicken coop, the maintenance of the chicken coop, chicken pen, and surrounding area and the requirement to obtain a Limited Residential Chicken Permit from the Borough. The permit will be available at the Borough office after the August 15th Council meeting at which time the fee schedule will be presented for approval. To see the discussion on both topics, go to the Carroll Valley website (carrollvalley.org), click on Administration and then Borough Videos.

The Borough meetings for August are: Planning Commission (Aug 7th), Borough Council (Aug 15th) and the Parks and Recreation Committee (Aug 23rd). If you have any questions, call me at 301-606-2021 or email me at MayorRonHarris@ comcast.net. Please slow down when driving in the Valley.

# Liberty Township Supervisor Walter Barlow

Secrecy in local government is a "serious blight" on our democratic process, as I discussed in an editorial last month. Municipal officials who are allowed to conduct business behind closed doors are accountable to no one; without public oversight or input, they can and do adopt whatever measures they want. The result – in my experience, including as a supervisor of Liberty Township, Adams County, Pennsylvania – is a culture that not only allows but invites abuse of power.

The abuse sometimes takes the form of pure nepotism. An official allows himself to construct a buildwithout obtaining a permit ing that would be required of anyone else. He excuses friends from violations of ordinances, when others would be subject to fines and other penalties, if not criminal prosecution. He steers township business towards political contributors, and away from those do not or cannot offer such "support." Officials abuse their power in a host of other ways, however. They can increase fees or taxes on the general populace while reducing those charges that affect their specific interests. They may refuse to publicize or take action against township employees who engage in misconduct - even potentially criminal activity - to avoid any appearance of negligence in their own management. They adopt ordinances and resolutions to give themselves greater authority and control over township affairs and meetings, at the expense of the citizens and their rights.

While these abuses (which I have seen and fought) may differ in form, they produce the same results: harm to the public, loss to the township, and – most fundamentally – damage to the very concept of democracy. An official who engages in abuse of this sort places

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himself above the law, and indeed above all other citizens, and grants himself the right to extend favors to anyone who pleases him and to deny them to others. This is despotism, plain and simple, and reflects the ultimate expression of disrespect towards the citizenry.

Combatting such abuse of power – and the culture that breeds it – requires that all of us band together, including at the ballot box, to demand that municipal business be conducted in the open and for the benefit of the public. That is why I originally ran for supervisor of my township, and it is why I am now running for reelection this November. Working together, we can ensure that our government and officials serve us, not themselves.





"Realtors

With A

Heart!"

# **GOVERNMENT—NORTH OF THE MASON-DIXON LINE** eral legislative issues to working **County Commissioner Marty Qually** with other elected officials to co-

The Adams County Council of Governments along with the Adams County Office of Planning is offering a one day covered device recycling event. On September 9th from 10 till 2 county residents will be able to drop off their covered devices at our 911 center at 230 Greenamyer Lane, Gettysburg. The first step that a resident should take is to register with the County Planning office by calling 717-337-9824. They will sign up residents and answer any questions. The only cost that residents will need to pay is \$25 to drop off a television and \$10 to drop off a computer monitor. All other covered devices will be free. All of these funds will be collected by the recycling company, E-end, to offset their cost to recycle the leaded glass in the television and computer screens. This program will be a huge success, so please get registered as soon as you can. We want to serve every resident that we can, but we will only know how many tractor trailers to have on hand, if people pre-register.

In 2016 Pennsylvania saw the unraveling of electronic recycling programs. This was mostly due to a poor market for recycled material and the expense of recycling the leaded glass in televisions and computer monitors. In my years as a Commissioner, this issue has garnered the most response to date. It has been great hearing from people of all walks of like that they were concerned about the loss of electronic recycling in Adams County.

My dad told me a story about when he was a child and they recycled the foil from gum wrappers. At first it sounded like one of those "we walked in snowstorms to the bus stop, uphill both ways" stories, then my mother and mother-in-law shared the same gum wrapper story. This duty to frugality really comes into focus the more I learn from older residents about how many televisions they have stored in their basement waiting to be recycled. On the other end of the spectrum, I hear from younger residents, whose concern is more environmental. The fisherman tired of fishing broken televisions out of the stream or the farmer picking them up along the road. All of these people share one thing in common, as responsible Americans we want to do what is right for our community and our environment.

With such an array of resi-

dents expressing concerns to local, county, and state officials, it became clear that something had to be done. At each level of government actions are being taken to address this concern. While the COG and the County have stepped up to address the immediate concern, we know this is not sustainable forever. As TVs and computers become outdated or break down, there needs to be legislation to deal with their safe disposal. Senator Rich Alloway, who has met extensively with municipal and county officials, has already introduced legislation (Senate Bill 800) to help solve the problem. While I will oversimplify, what is a complex piece of legislation, it is basically two fold. First, the legislation allows for leaded glass to be segregated and dealt with separately from the electronic components of TVs or computer monitor. This is significant! Lead is a very dangerous element that must be kept out of our water supply through safe disposal processes, but at the same time lead is very heavy. This weight is what caused prior state programs to fail. The funding for electronic recycling programs was based upon a formula where in each pound of new electronics produced funded a pound of old electronics to be recycled. Have you ever lifted an old television? They can easily weight 10 times more than a modern one. This meant that the recycling fund couldn't keep up with the amount and weight of old televisions being recycled.

The second part of the approach is for electronics manufacturers to pay their fair share to fund the electronic recycling programs. While we all know that they will pass on their costs to the consumers, we will still be a part of the solution. This is no different than paying for the trash we generate or the fees to change your oil. From what I can tell this bill goes a long way to solving the long term challenges of recycling electronics.

As we wait for new proposed legislation to reinstitute effective electronic recycling programs, our local Council of Governments (COG) and the County Planning office are stepping up to help on September 9th. Many readers may not be familiar with the COG. The COG is made up of representatives of municipalities, county government, and school districts. Our goal is to find solutions to shared problems. This ranges from combining our voices on state and fed-

operative purchasing to reduce costs to tax payers. In the case of spearheading the electronic recycling project on September 9th I would like to give special thanks to Colleen Reamer and Bob Gordon (Hamiltonban Township), Mayor Ron Harris (Carroll Valley), Gus Fridenvalds (Huntington Township), and Carroll Smith (Fairfield Borough). These local officials saw the need, listened to their residents, and pushed for this event to occur. Along with the county planning office they are the boots on the ground serving our local residents.

So don't forget to pre-register with the Adams County Planning office at 717-337-9824. On September 9th from 10 till 2 county residents will be able to drop off their covered devices at our 911 center at 230 Greenamyer Lane. The Planning office will sign up residents and answer any questions. The only cost that residents will need to pay is \$25 to drop off a television and \$10 to drop off a computer monitor. All other covered devices will be free. This program will be a huge success, so please get registered as soon as you can. And if you have any questions about municipal or county government, feel free to give me a call at 717-339-6514.

# **State Representative Dan Moul**

recently passed a welfare reform bill that I sponsored, which would establish work requirements for people on public assistance and preserve the continuity of care for Pennsylvania's most vulnerable citizens.

Expenditures for public health and welfare account for about 39 percent of our state budget. One of our largest cost-drivers is our Medical Assistance program, which increases by about 7 percent annually. Yet, state revenue to pay for it is increasing at a rate of only 3 percent. House Bill 59 provides commonsense reforms that aim to

 $F_{ ext{exceeds}\ \$2\ billion,\ the\ House}^{ ext{aced with a budget deficit that}}$  for their disabled children. These services are free, regardless of family income. However, the disparity between the cost and funding of these benefits threatens our ability to provide these services.

My bill would require minimal monthly premiums for Medical Assistance for wealthier families to ensure there is ample funding to provide this critical lifeline for those in greatest need. Under my legislation, a family of four with an income in excess of \$246,000 would be asked to pay a portion of their medical insurance premium. This change would save the Commonwealth about \$6 million the first year and would enable us to maintain the current level of service for the more than 1.2 million Pennsylvania children receiving Medical Assistance.

al chain of dependency on public assistance. It requires reasonable work requirements for those on public assistance who have the physical and mental capacity to do so. This requirement is substantially similar to many other welfare programs, including food

stamps, which have a work requirement in order to be eligible. President Bill Clinton established a successful welfare-to-work program during his administration and the states that implemented it have experienced significant reductions in their welfare rolls. I am hopeful Gov. Tom Wolf will sign my bill into law and begin encouraging self-sufficiency while

saving the Commonwealth tens of millions of dollars.

Until we get entitlement spending under control, we will continue to have billion dollar state budget deficits. The Department of Human Services (DHS) routinely overspends its budget and looks to the General Assembly to bail it out. The time is fast approaching when we will no longer be able to do so.



bring this spending under control while protecting those in need.

Unlike every other state in the country, Pennsylvania families are not required to pay Medical Assistance premiums and co-payments

Another major reform in my bill aims to break the generation-

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MLS#21707769 \$184,900	MLS#21702416 \$259,900	MLS#21702979 \$369,900
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Edward Jones MAKING SENSE OF INVESTING Member SIPC

# THE PASTOR'S DESK

# God's kindness

Pastor Paul Matthews Piney Creek Presbyterian Church

It is easy to miss out on God's kindness when you think you have to do something to earn his favor. The question is "how are we acceptable to God?" How are we right with God? What must we do to know God's love? These concerns are as relevant for Christians as they are for those who are not.

When Paul wrote to the churches in Galatia (located where central Turkey is today) there were teachers in the church who promoted a performance basis for acceptance with God. Performance means that there is some work I must do or some set of laws I must adhere to in order to be worthy of God's acceptance. These teachers were Jews who had come to accept the death of Jesus Christ for the forgiveness of sins but taught that to really be sure you knew God you must also adopt the Law of Moses and be circumcised (you must become a Jew).

They seemed to be sincere but Paul says they were wrong. They were confusing and distorting the message of Paul which had been passed on to him from Jesus himself. Paul first asserts his reliability and credentials in chapter 1:1: "Paul, an apostle—sent not from men nor by a man, but by Jesus Christ and God the Father, who raised him from the dead".

Having established his authority, he immediately states the gospel message:

(1:3-4) " Grace and peace to you from God our Father and the Lord Jesus Christ, who gave himself for our sins to rescue us from the present evil age, according to the will of our God and Father." While 'grace and peace' can be understood as a common greeting, in the context of Paul's writings they mean much more than a simple and polite 'hello'. The gospel is a message of grace and peace. Grace means that God has done something for us that we do not deserve and cannot earn. Peace means in this context that when we trust God's provision of his son's sacrifice for our salvation that we now have peace with God. We are no longer in a broken relationship with him.

Then Paul says that the gospel is a message from God the Father and from the Lord Jesus Christ. What is the message about? It is about God's gift of himself for our sins. It is his will and work to rescue us from sin and its power over us. What sort of rescue is this? It is not a matter of his instructions to us but to save us from sin and eternal death. You can only rescue someone who is lost, in trouble, without help, and they know it; they see their need and their helplessness. Yes, Jesus and the word of God teach us. But deeper than the instruction is the rescue. We are unable to save ourselves. But Jesus is able and willing, and he has accomplished it.

How did Jesus rescue us? by giving himself for our sins. He was our substitute, our atonement (the just punishment that we deserved he took on our behalf). He took our sin as well on himself. He did everything that was necessary to accomplish and complete our salvation. His death covers our sin; his resurrection gives new life.

Paul goes on in his letter to explain that the message of the good news of Jesus means that the performance of Jesus on our behalf is the basis of our acceptance with God. It is his life, suffering, death on our behalf that merit our acceptance by and with God.

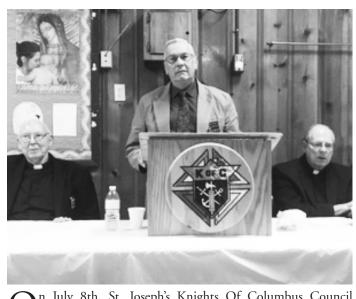
Galatians tells us that we must distinguish between two different "gospels". The distorted gospel tells us that our efforts count. We must do something to be or become acceptable to God. Paul is saying that this 'gospel' is really no gospel at all (Galatians 1:7). To believe this message is to deny the true gospel and to desert and lose Christ. Paul was concerned both the accuracy of the message as well as the spiritual safety of the people in the church.

The teachers who were contradicting Paul's message were actually adding something to the message. They were saying that the death of Jesus is not enough. Yes, what he did was good and necessary, but there is more. There is something we must do too. For them it was the necessity of keeping the law of Moses and becoming a Jew. For us today it might not be the requirement of adding the Law of Moses but of adding any religious tradition or other obligation that is considered necessary to truly be a child of God. It might be a dress code or a cultural expectation such as 'no smokers or drinkers accepted here'.

The message being promoted in the Galatian church added something to God's gift. It did not deny the gift but said that receiving the gift was not enough; we must also do something of our own efforts to know God. Any addition to God's provision as the basis of our acceptance by him is a denial of what is sufficient and necessary to know God's love and forgiveness.

In contrast, the good news is all about God's gift to us as sinners. When we accept and trust the true gospel we find freedom, acceptance and new strength. We become free from the control and consequences of sin. We become free to be all that God has intended for us to be. We embrace God's acceptance of us without any condition or performance or change or efforts or repentance on our part. And he gives us his own Spirit to enable us to believe in the Lord Jesus Christ and to change in a way that reflects his own character and purposes.

For the Christian this means that my confidence and assurance of safety and peace with God is based not on anything I do but



On July 8th, St. Joseph's Knights Of Columbus Council 11631 of Taneytown held its installation of officers for the term, 2017 - 2018.

Pictured, left to right, Monsignor Martin Feild, Ret., former St. Joseph's Church Pastor and council chaplain, Richard French, new council Grand Knight, and Father John Lesnik, St. Joseph's Church Pastor and present council Chaplain. The installation was followed by a dinner in honor and celebration of the newly installed officers.

fully and wholly on what Jesus Christ has done for me. The gospel is not only a message that can save me, it is a message that offers me comfort every step of my journey. I am not only saved by faith, I live by faith. Faith means that I trust God, that I depend on God, that I believe in God. Faith means that I am not relying on any efforts of my own to be pleasing to God. God is pleased with me because of his unconditional love offered in his Son Jesus Christ. My love for God, my obedience to his will is always and only because of his prior love for me

Yes, even when I do wrong, when I fail God or hurt someone I am not out of fellowship with God. There is nothing I need to do to get back in God's favor. I am never out of his favor. I simply admit my wrong, express sorrow over my wrong or injury, ask God to change my heart and actions, and confess my fault to one who I have offended. But I don't do any of these things to restore my relationship with God. He never disowns his children. My repentance is not an effort to become acceptable to God or to be re-accepted by him but a response of gratitude for the grace that God

has shown to me.

Some express concern that such a view of acceptance leads to a life of license, that it does not matter what I do or how I live, that I am ok with God. Such a view shows a misunderstanding of God's gracious gospel. If I truly experience God's love and forgiveness on his terms than I will have a new desire and motivation to want to love him, to love my neighbor and to do his will and not my own. His grace is free, but not cheap. He paid the price in full for my redemption and rescue, and I become thankful and experience a new desire to follow him.

The gospel message has benefit both for the seeker and for the saved. As Tim Keller says " what is this gospel? that we are more sinful than we could imagine, yet more loved and accepted than we could ever hope for! This message helps motivate us both in coming to Christ and in living for Christ. We never outlive the comfort of the good news.

Piney Creek Presbyterian Church is located between Taneytown and Harney on Harney Rd. To learn more visit www.pineycreekchurch.org.





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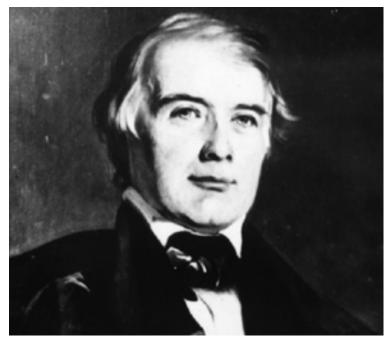
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# **BOOK OF DAYS**

# Great fires a cause of rain: Espy's theory



# August 1

There is extant a letter, dated the 1st of August 1636, from the Earl of Pembroke and Montgomery to the high-sheriff of Staffordshire, stating that the king was about to pass through that county, and having heard there was an opinion in it that the burning of fern brought down rain, he desired that such practice should be forborne for the time, 'that the country and himself may enjoy fair weather as long as he remains in those parts.'

In Scotland, it is customary in spring to burn large tracts of heather, in order that herbage may grow in its place; and there also it is a common remark that the moor-burn, as it is called, generally brings rain.

The idea looks very like a piece of mere folklore, devoid of a foundation in truth; but it is very remarkable that, in our own age, a scientific American announced a theory involving this amongst other conclusions, that extensive fires on the surface of the earth were apt to produce rainy weather. He was a simple-hearted man, named James P. Espy, who for many years before his death in 1860 had occupied a post under the American government at Washington. It is undoubted that he made an immense collection of facts in support of his views, and though most of his scientific friends thought he was too ready to adopt conclusions, and too little disposed to review and test them, yet it must be admitted that his 'law of storms,' as he called it, was entitled to some measure of consideration. It may be thus briefly stated: "When a body passes from a solid to a fluid state, it absorbs a large amount of caloric. In passing from a liquid to a solid state, this caloric of fluidity is given out. In the same manner liquids passing into vapour absorb, and vapours condensed to liquids give out the caloric of elasticity. The former is 140°, the latter no less than 103°. The evaporation of water cools the earth, by its absorption of this caloric of elasticity. The condensation of vapour into clouds sets free this latent caloric, which rarefies the surrounding atmosphere, and produces an upward current of air."

"When the atmosphere is well charged with vapour, an ascending current, however produced, causes condensation, by exposing the vapour to cold. This condensation, setting free latent caloric, produces a further upward movement and condensation. The air rushes in on every side to fill the partial vacuum. This air takes the upward movement, with the accompanying phenomena of condensation and the attendant rarefaction, until the clouds so formed are precipitated in rain; or where the movement is more powerful, in hail, sometimes accompanied by water-spouts and tornadoes."

All storms, Mr. Espy held, have these characteristics. There is a central upward movement, with condensation of vapour, forming clouds. The wind blows from every side toward the centre. When the movement is very powerful, in level countries and hot climates, it has the character of a tornado, in the track of which he always found trees fallen in every direction, but always toward the centre. The waterspout forms the centre of the tornado at sea.

The formation of hail has long puzzled men of science. Why should drops of water, falling from a cloud, be frozen while passing through a still warmer atmosphere, and even in hot climates? Mr. Espy's upward current solves the difficulty. The raindrops are first carried up into the region of congregation, and being thrown outward, fall to the earth. So great masses of water, carried up in waterspouts, fall in a frozen state, in lumps that have sometimes measured fifteen inches in circumference. In the same manner Mr. Espy accounts for the occasional raining of frogs, fishes, sand, seeds, and stranger substances; but he does not account for such matters being kept in the clouds for several days, and carried over hundreds of miles' distance from the place where they were carried up in tornado or waterspout. They may have been carried up by the force of aerial currents, but it does not appear that they could be kept up for any length of time by such cur-

rents. Thousands of tons of water

are swept into the clouds by waterspouts, but what power prevents it from pouring down again in torrents?

Still, the theory of Mr. Espy is very ingenious, and has the merit of affording a reasonable explanation to many, if not all, phenomena. The committee of the French Academy called his attention to the connection of electricity with meteoric phenomena, but he does not appear to have pursued that branch of investigation. It is our opinion that a certain electrical condition of bodies in the atmosphere gives them repulsion to the earth, and that gravitation has no effect upon such bodies, until there is a change in their electrical condition. The earth is a magnet, which may either attract or repel bodies, as they are positive or negative to it. Only in this, or in some such way, can we account for solid bodies, often of considerable density, being sustained for days in the atmosphere. It may be admitted, in conformity with Mr. Espy's theory, that such bodies may have been carried upward in a tornado, and it may be that the atmospheric movements may develop their electrical condition. It was to these matters, doubtless, that the French Academy wished to direct his attention.

Mr. Espy was very anxious that the American government should make appropriations to test the utility of a practical application of his theory. He always asserted that, in a certain condition of the atmosphere, as of a high dew point in a season of drought, it was practicable to make it rain by artificial means. Nothing was necessary but to make an immense fire. This would produce an upward current, vapour would condense, the upward movement would thereby be increased, currents of air would flow in, with more condensation, until clouds and rain would spread over a great surface of country, so that for a few thousands of dollars a rain would fall worth millions. Mr. Espy had observed that the burning of forests and prairies in America is often followed

by rain. He believed that the frequent showers in London and other large cities have a similar origin. Rains have even been supposed to be caused by great battles. There is little doubt that they are caused by volcanic eruptions. An eruption in Iceland had been followed by rains over all Europe. In 1815, during an eruption of a volcano in one of the East India Islands, of a population of 12,000, all but 26 were killed by a series of terrific tornadoes.

In this case there were phenomena strongly corroborative of Mr. Espy's theory. Large trees, torn up by the tornadoes, appear to have been carried upward by an ascending current formed first by the heat of the volcano, and then by the rush of winds from every quarter, for these trees, after being carried up to a vast height, were thrown out-ward and descended, scorched by the volcanic fires.

To read other selections for Robert Chambers' Book of Days visit www. thebookofdays.com



# COMMENTARY

# Words From Winterbilt The election and health care

#### Shannon Bohrer

The election we had last fall seems to still be with us. The Republicans say the election is over and they won. The Democrats say they are not obstructionist, but they won't work with the Republicans unless they can have input. And with very few exceptions, both sides seem divided on how to govern the country. History tells us that our politics is often divided – and sometimes our politics represent our differences. But, sometimes – the differences are non-existent.

A case could be made that there are times when the parties are divided because they want to be, not because of any differences. Our approach to health care is an example of this. We know that our health care system is broken and it was broken before the Affordable Health Care Act (ACHA) was passed. We also know that the ACHA was modeled after proposals from the Heritage Foundation, a ery conservative organization. The health care system adopted in Massachusetts under Governor Romney, was from the same conservative model. So if the Democrats used the conservative model (from the Heritage Foundation) to create the Affordable Health Care Act, why was it opposed?

It was opposed, at least in part, because the opposition party agreed to oppose everything that President Obama did. On the night that President Obama was sworn into office a group of fifteen opposition leaders met at a restaurant in Washington DC and agree to obstruct everything the presidency did with the intent of making him a one term president.

I would expect that some readers would disagree with what I have written, but these are not alternative facts. With very little research you can find information on the group that met on the night that President Obama was sworn in and you can also find the Heritage Foundation and their original health care proposal.

In 1989, that's right; 1989, the Heritage Foundation put forth a proposal for universal health care. The proposal outlined problems within the medical industry such as cost. Does that sound familiar?

The Heritage Foundation recommendations included:

- State-based exchanges that would exist where residents may compare and purchase private insurance policies. The objective of these exchanges is to drive down premium costs by increasing competition, and provide policies with similar levels of coverage for ease of comparison.
- A guarantee issue, meaning consumers cannot be denied coverage due to pre-existing health conditions.
- Subsidies for lower-income households. The proposal in-

- cluded subsidies for lower income individuals, to ensure affordability.
- Mandatory participation in a heath care program.
- The "Affordable Health Care Law" includes:
- State based exchanges, where individuals can shop and purchase health insurance. The objective of these exchanges is to drive down premium costs by increasing competition in the free markets.
- Individuals with pre-existing conditions cannot be denied coverage.
- The government provides subsidies for lower income individuals, with subsidy percentage dependent upon the level of income.
- Required participation, meaning everyone must have health insurance.

If you belong to a party that voted to repeal the ACHA over 60 times, because it was such a disaster, you have to make it look like a disaster. Remember, you only had two choices when the ACHA was passed. The first choice is that you liked it - even though the opposition party passed it, but then you're not different. To be different, you have to be against it, which is where we are. So while you can be against it to be different, what happens when the public finds out that it was not a total disaster? While the ACHA was a step in the right direction, it does have problems that should be addressed. Our Health care system is a mess, primarily because it's not about heath care; it's about the business of delivering health care. Currently our health care is one sixth of our economy, or 17.6 percent of GDP. The average heath care cost per-individual in the United States is \$8, 233 per person.

The Organization of Economic Cooperation and Development, (OECD) composed of 34 members, estimates that the U.S. consumer pays two and one half times more than the other members in their group. In a recent report on health care quality, by the same organization, the United States ranks 11th. Ahead of us are the UK, Switzerland, Sweden, Australia, Germany, Netherlands, New Zealand, Norway, France and Canada.

To help to reduce the costs -one option that has been talked about is a single payer system. Having so many insurance companies has never lowered the cost, but single pay with Medicare and Medicaid is efficient and does work.

A large argument against single payer is that the only organization that can deliver single payer is the government. And a large problem with that is when the government delivers health care, it does not make individuals responsible and it becomes an entitlement. Then again, if you pay for it, is it still an entitlement? As to not being responsible, we also have a long history of private companies not being responsible, so maybe that argument is a little weak. For example, does anyone really believe that the banking industry would be responsible without regulations?

If we go back in time to 1965, when Medicare was enacted, we can view the issues with some historical clarity. Medicare was not proposed because of some grandiose idea that the government should insure everyone, it was proposed because private insurance companies - cancelled policies when persons reached the grand old age of 65. Why did they do that? Simply put when people get older they get sicker, they see more doctors and have more procedures. The insurance companies knew this and they made a business decision to stop covering the elderly. Simply put it was not profitable.

A popular argument against the government running our health care is that our Constitution does not guarantee health care. Neither does the Constitution guarantee public education, roads and bridges, police and fire services. The government does not guarantee a lot of services it provides, including Medicare. However, the government – provides services to us that private industry cannot, or in some cases does not do well. So - maybe health care falls into that group.

I believed that eventually we will have single payer health care, but not anytime soon. In order for the government to provide single payer health care, the government would have to raise taxes. Raising taxes to provide services – is just not right. Everyone knows we should have free services like roads, education, and fire and police protection – without paying for them. After all, this is America!

### To read past editions of Words from Winterbilt, visit the Authors section of Emmitsburg.net.

Common Cents Species decline in Catoctin Mountains

### Kai Hagan

A 2014 article by Ike Wilson, entitled "41-year study shows drastic orchid species decline in Catoctin Mountains," conveyed bad news about the "precipitous" decline of 19 of the 21 species of orchids that have been observed in our local mountains in recent decades.

The entire study was not very long (barely eight pages). While it mentioned a few factors that could affect This is an important point, and one to remember when we purchase and/ or manage public lands to preserve natural areas. The subject is too broad to get into the weeds here and now, but besides the serious concerns about chronic over-browsing by a much too large deer population, there are, of course, other threats to the biological integrity of the habitat, such as invasive, non-native plants, insects and other animals, air pollution, certain recreational uses that fail to adequately consider of Maryland's original forest and the unrestricted killing of deer led to their elimination from all but the most remote areas of far western Maryland. Imagine that. No deer in Frederick

County. There weren't a lot of people here then. But there weren't a lot of forests, either. And things were seriously out of balance. Today there are a lot more people in Frederick County. And, of course, for a lot of reasons, a lot more deer. Too many deer. In a different kind enough to provide ample cover and an abundance of nutritious food. Deer may be fearful and skittish creatures, but the benefits of living near people clearly outweigh the drawbacks.

Deer are graceful and beautiful animals. But without a more effective way to reduce the population, however, they are increasingly viewed as unwelcome pests.

The burgeoning deer population is having a growing impact on the people of Maryland. Vehicle collisions numbers in the tens of thousands. Farmers experience significant crop damage. Orchard and nursery owners constantly battle to reduce damage from browsing and rubbing. Homeowners are experiencing damage to their vegetable gardens, flowerbeds and landscape plantings. Lyme disease, which is spread by ticks found on deer, is a serious concern. We created this problem, and it's our responsibility to deal with it. There are many serious problems affecting our environment that have nothing to do with deer, of course. But reducing the number of deer is one solution we can't afford to ignore. Without natural predators, well regulated hunting is the only realistic way to achieve this goal in many areas.

As population growth and suburban sprawl continue to make hunting impractical or impossible in many areas, other measures may be required. There are other options available, such as relocation, contraception, repellants, and fencing, but they are all much more costly and generally less efficient. In contrast, hunters pay for the privilege of hunting and trapping by purchasing licenses from the state and federal government. The use of hunters and trappers to harvest animals is often the most cost-effective way to manage wildlife populations. Spending substantial tax dollars to do the job less effectively doesn't make much sense. Unfortunately, some land management practices and hunting regulations have contributed to our deer problem, prioritizing the maintenance of an unnaturally high population for the benefit of hunters. When hunters are allowed, even encouraged, to take more does, for example, and hunting seasons are expanded, it probably isn't enough. But it's a start.

the population of some or all of the orchids (not to mention other plants), the key finding of the study was that "the main cause of this decline is most likely herbivory by white-tailed deer."

As valuable as the research is, the conclusion is not surprising, as it confirms the well-known fact that the unnatural overabundance of white-tailed deer has a widespread and dramatic effect on many native plants, and by extension, on native animals, and even entire ecosystems.

Among other things, the authors make the point that native plants and animals, and the overall ecosystems are not necessarily or adequately protected just because much of the land publicly owned parks and watershed areas where development isn't a threat, adding that "Proper natural resource management is a prerequisite for species survival." the ecology of the area in their management plan, and more.

The rest of this column is an updated version of something I wrote more than a decade ago. Unfortunately, it's as relevant today as it was then. Deer are often managed as much or more for the benefit of maintaining a sizable population for hunting than primarily for the benefit of the overall ecological community of native plants and animals.

They are beautiful and graceful native creatures that belong here. But you can have too much of a good thing.

During the 2016-2017 (September through January) combined archery, muzzleloader and firearm seasons, Frederick County hunters harvested 7,556 deer. A number like that make it hard to believe there was a time when the near complete clearing way, things are still out of balance.

Our deer population has been growing for decades, reaching about 150,000 in 1991, and roughly 250,000 a decade ago. Some projections suggest it could reach 500,000.

You don't have to be a wildlife biologist to understand how this has happened. The recipe we've used for cooking up a landscape to suit our needs and desires contains all the ingredients necessary to support far more deer than nature intended.

Most significantly, our suburban neighborhoods, pastoral farmland, woodlots and fragmented forests do not support either solitary mountain lions or packs of wolves. More than anything else, these predators kept the deer population in check, maintaining a healthy balance for millennia. As if removing the large preda-

tors wasn't enough, we've also been

Any one or two of those problems is enough to convince many people that we have to do more to reduce the number of deer.

For some, the most convincing reason to take more aggressive action is that our seriously out of balance deer population is having a disastrous effect on the health and diversity of our remaining forests and other ecosystems. Hungry deer are eating the food and shelter that a great many other animals depend on.

Too many deer means greatly impoverished forests and reduced biological diversity. Our native orchids are just one of many canaries in our metaphorical coal mine.

To read past editions of Common Cents, visit the Authors section of Emmitsburg.net.

# The American Mind Buying enforcement (or not) of laws

William Hillman

That was the Chant that erupted from the crowd that gathered to support Larry Krasner as he announced victory in the democratic primary for Philadelphia District Attorney.

Despite what the Main Street Media would have you believe. Krasner will not simply walk into the City's DA's office next January. He still has to win in November. One strong woman named Beth Grossman stands between George Soros and his new progressive, social justice centered puppet.

This almost unnoticed race may be our generations political Gettysburg. Either we stop this former Nazi in Philadelphia or he will continue to spread his social disease across the country.

Perennial pain in the ass, George Soros, is quietly hatching a new plan to reshape this great nation. He has been taking over District Attorney offices around the country in an effort to control social justice at its source. DA's have the final say in who gets prosecuted, what they are charged with, and sentences requested. The schema will provide great protection for his pet group like Black Lives Matter, while they keep pushing for civil war.

"There is almost no reform you'd want that prosecutors couldn't implement today using their own discretion", said John Pfaff, Professor of Law and author of the book, Locked In, which blames prosecutors for mass incarceration. This is nothing less than an "end around" of our legislative and democratic system. The DAs in this country are entrusted to uphold the laws, not create laws by picking and choosing what to enforce.

If Soros gets his way, it will not be good for police, victims, and law-abiding citizens. Soros' DAs will surely follow the mantra of his "Black Lives Matter thugs" that "all cops are racists". The police will find themselves the subject of a witch hunt, spending their days watching their backs instead of protecting the citizens. Who would want to be a police officer in a system where persons empowered to prosecute the criminals presume all criminals are innocent by right of their minority status, regardless of the evidence, and the arresting officer is presumed to be guilty of a crime? It maybe be a self-fulfilling prophecy, as good quality cops with other opportunities will head for the door.

In Cook County, Illinois, Soros backed State Attorney General, Kim Foxx, recently announced her support to release nonviolent offenders without bail. Amermis Ayala, State Attorney in Florida and Soros puppet recently said she would no longer seek the death penalty. Since 2015, Soros has picked and supported fourteen "progressive" and "social justice" candidates for local Attorney General races around the county. Ten of them have won with one up for election in November.

Soros' latest target is Philadelphia. But former Assistant DA, Beth Grossman, is standing in his way and refuses to move.

Soros dumped \$1.6 million into the Primary campaign of Democrat, Larry Krasner, who promises to end cash bail and not lock up non-violent arrestees. In a seven way primary, Krasner received 30% of votes. Enough to win this anemic primary where only 18% of registered voters bothered to show up. Conventional wisdom states that with an 8 - 1 voter majority, the winner of the democratic primary will be the next DA of the city.

The night of his primary victory, Krasner's supporters filled the hall at the Anderson apartments chanting "F\*ck the FOP".

I talked to a Democrat from the city's Germantown section, who is actively working to elect Grossman, Krasner's opponent. She asked that I not use her name. "Krasner has spent his carrier defending rapist and criminals. His supposed civil rights experience consists of suing the police 75 times on behalf of criminals. Krasner believes that the criminal is the first victim of any crime. A killer deserves the same compassion as the parents of a murdered child. This man is brainwashed and must be stopped."

A recently retired city police detective told me, "Beth is tough as nails. She has always had a great relationship with both police and community organizations."

Written off by the State Republicans and many local republican leaders as a lost cause, Grossman is putting up a fight that would make Rocky proud. Not surprising, Grossman has been endorsed by every FOP lodge in the area. And traditional democratic groups are quietly aligning with Grossman. From community civic groups, religious leaders and even Democrat ward leaders, there is concern that a Krasner office would be a social experiment and they are the Guinea pigs.

Grossman is taking this campaign nationwide. She is drawing a line at the border of Philadelphia. The battle is here, we must stop the spread of this social cancer.

We all need to be concerned. Soros has his eyes on more than just the big cities. He wants control of rural DA offices. In 2015, Soros gave almost \$1 million to the successful campaign of Mississippi DA, Scott Colom. The next time one of Soros' "Social Justice Warriors" beats a veteran because he finds the shirt he is wearing offensive, who will the DA side with, the veteran or his sugar daddy's thug?

A little background on George Soros.

George Soros, is a multi-billionaire who made his money by shorting the British pound and helping to cause the Asian financial crisis in 1997. He is now the world's leading "Social Warrior" who wants to take over the western world.

Some of his organizations as listed by 'Discover The Network's include:

American Friends Service Committee: This group views the United States as the principal cause of human suffering around the world. As such, it favors America's unilateral disarmament, the dissolution of American borders, amnesty for illegal aliens, the abolition of the death penalty, and the repeal of the Patriot Act.

COMMENTARY

Democracy Alliance: This self-described "liberal organization" aims to raise \$200 million to develop a funding clearinghouse for leftist groups. Soros is a major donor to this group.

Hillary Clinton for president: Last year he suffered a humiliating defeat when Hillary Clinton lost the presidential election and the citizens of this country rejected his new vision of a cockled American. George spent over \$25 million on Hillary Clinton's Campaign.

Black Lives Matter: No explanation needed.

The list goes on seemingly ad-infinitum. I have counted at least 50 social justice organizations around the country that he uses to funnel money and influence to further his warped cause.

Soros' great effort to change western civilization and rebrand it one big hate group is getting international push back. Recently he has been denounced by the governments of both Hungary and Israel.

Maybe the biggest enemy to American democracy is not Russia like the media would have you believe, but George Soros. And our line of defense right now is a woman, full of fire, walking the streets of Philadelphia. https:// friendsofbethgrossman.com

I recommend watching this race. It promises to be a good one.

You can follow Bill Hillman on twitter @bhillman29

To read past editions of The American Mind, visit the Authors section of Emmitsburg.net.

# Down Under Ignorant glory

Lindsay Coker Melbourne, Australia

> From ignorance our comfort flows, the only wretched are the wise. —Matthew Prior, 1692

Flags aren't waving as SS America pulls out of the dock. There's no water cannon, no big bands, very little press. The ship itself is all lit up, and the strains of C&W float over the silence. There's laughter, the clink of glasses, with lots of smoke from the funnels and an enormous bow wave. The great ship is leaving harbour for destinations unknown. The commander, brash and cocksure, is surrounded by the resplendent navigator and the gold coin purser, while the rest of the officers stare glumly into their shot glasses. No one is sure of its destination, except that it's not going to call at foreign ports, and everyone is now sure it will cruise around the southern states selling memorabilia and nostrums. Yes, I know you think this is a fiction, but it isn't - it's an allegory for what is actually taking place in your country, as seen by outsiders. That is, everyone else in the world. And, fortunately, quite a few of you who live there - which is rather amazing, seeing the power that Google and Facebook

hold over your information.

This conflation of a digital free for all and a having a byte head in the White House is a first. Yes, the Brits had mad King George, and other nutcases have adorned the halls of power from time to time, but never has someone so incapable of understanding a world on the brink of meltdown ever been elected. Well, we know that democracy is a cot case, but this drives home just how much sense has also been lost. America has been dumbed down until ignorance is the driving force in popular belief, an ignorance ripe for pillaging by the heirs of the me first society. And, it is now apparent, an ignorance in full bloom in your president. He has certain attributes, no doubt, but making anything great is not one of them. The one thing going for him, unlikely as it is, is his non-conformity. Madness for the masses, anti-bellum showmanship. It's scary to the rest of us, this ignorant glory, and a golden opportunity for our enemies. These are not terrorists or Muslims, but the dictators who run China, North Korea, and Russia. So Putin is not a dictator? Only because he's too wise to adopt the title, but the aims are there.

I'm pretty sure most of us were sure they'd have mounted such a vociferous campaign of dissent by now that some of it would have reached the mainstream press, even the electronic versions. But no, not a murmur so far as can be told. Tell me I'm wrong. I'd love to eat humble pie. Yes, the Dems don't have much power in either house, the popular press is anti, but boy, they have some prominent people in their ranks, and some high profile coverage.

There seems to be more anti Trump language from Republican members of the senate and the house than them, so



Now that's the rest of the world, but the truly astonishing thing is the defection of the Democrats. I have to ask – if there is no real opposition, how can the remnants of Democracy be expected to work? And this is where the real wave of ignorance comes into its own. The majority of Americans seem to be happy with his leadership, even as it fails to deliver jobs and security. Bear in mind that the resurgence in the job market is the result of policies put in place by the previous administration, that nothing Mr. Trump has done has helped that, and that many things he has done are bearing against it.

And the majority don't care about the rest of the world, that part of the globe over the seas that has nothing to do with them. Which many of them could not identify, happy as they are in their tweeted knowledge and facebook favourites, but it's the rest of the world that should concern them. The top financials of the world, meeting re-

#### the second se

cently in Hamburg, the G20, turned their back on his childishness and the Utube montage of his greatness. No, that's wrong. Vladimir Putin didn't. He smiled the condescending smile of the tiger as Mr. Trump apologised for having doubted his friendship, although even he must know of Russia's interference in your recent election.

But there's one thing clear about your president: He doesn't care that America will be only great again in his eyes, nor that its role as leader of the free world has been taken off the table; it doesn't trouble him that climate change is real, so he has no plans to try and mitigate it. It bothers him not that Mexico, his favourite whipping horse, has thumbed its nose at him, and it certainly doesn't concern him that China is now the predominant country in influence, power and cyberfuge. And it doesn't seem to bother him that his own party (well, he's no Republican, just using the name) want to disown him. He's riding high in popular folklore, a mad masked crusader saving his people from a fate worse that death. And that will be his legacy. Death of American society, a thousand cuts inflicted by the greedy and power mad of which he is the catalyst.

If you have any wisdom at all you will, like me, be wretched in your assessment of the future. For everyone of us It is going to take a supreme effort of cooperation, unstinted work and communication to sink that ship of ignorance as we prepare for a brave new world. Bravery being the operative word. We have a big job ahead of us.

To read past editions of Down Under, visit the Authors section of Emmitsburg.net.

# THE (retired) ECOLOGIST

# The year of the mealy bugs

**Bill Meredith** 

The world is full of wondrous things That I can look at, free; Sometimes it makes me wonder if They're put here just for me. —written in one of those moods

When you sit down to write something, the hardest part is getting started. That's why I've always admired Garrison Keillor. He had a formula for starting; he always began with, "Well, it's been a quiet week here in Lake Wobegon, my home town, up here in Minnesota at the edge of the prairie..." and then he rambled off in whatever direction he felt like, and we followed him because it felt comfortable and we knew wherever he went would be interesting. That was the amazing thing about him... he could make anything interesting. Just like nature, if you know what I mean.

Well, as Keillor might have said if he hadn't lived somewhere else, it's been a quiet summer here in Emmitsburg, my home town, here in Maryland at the edge of Catoctin Mountain. Last winter was mild, compared to how it used to be... not much snow, and the ground didn't freeze very deep, so everything started growing early. My wife got after me back in March to get the garden started, but I reminded her that Mrs. Geesey warned us when we moved here back in '57 that we might get frost as late as May, so I put it off. But nature and global warming were against me; we didn't have any late frosts, and the rains fell gently on our fields just as the Irish Blessing said they should. By the time I finally got the main garden planted, it was the end of June, and the herb garden was still waiting... and that is where the story begins.

Two years ago, when Easter was over I gathered up all of the unclaimed Easter Lilies at church and planted them in our herb garden. They came up last summer but didn't do much, and I assumed they were on their way to that Great Greenhouse in the Sky. But this year the mild winter must have given new hope to them, and they grew as if they were competing for the Comeback of the Year Award. I was preoccupied with the main garden, and the herb garden was choked with weeds, so

I didn't notice the lilies at first; but one day in June they bloomed, all at once. It was spectacular. They were over three feet tall, and covered with blossoms of the purest white, bigger than the ones they had when they stood by the pulpit of our church two years ago. But something wasn't right.

On every stem, just below the blossoms, there was a mass of cottony white material that looked like mold. I recognized it, not from years of reading biology books, but from childhood memories. I can still remember an afternoon when I was four or five years old, sitting in the yard waiting for my Dad to come home from work, when a tiny speck of cottony stuff floated down and lit on my arm. Naturally, I poked at it with my finger... a bit too roughly, for it was crushed... but among the residue I could make out parts of a tiny insect. Just then, the old Model A Ford hobbled into the driveway; the bug was forgotten, and I rushed to see if there were any cookies left in Dad's lunch pail. But a few days later, when I was "helping" Grandma in her garden, I saw more of the cottony things floating around, and we found they were coming from masses of white, fluffy stuff that was grow-



Mealy bugs are a group of insects that are characterized by a soft body with a hard or soft shield. They live as parasites and suck the sap out of plants.

ing on both vegetables and weeds. Grandma didn't have a name for them, but she said there were a lot of them that year, while in other years there were none.

Several years later, when I took my first Zoology course, I learned that the cottony things are called "mealy bugs;" they belong to a category called Scale Insects, and there are several hundred different species of them. In the late spring, eggs that survived the winter hatch into tiny white nymphs. Their mouths consist of a delicate but very sharp tube, which they use to puncture the stem of a plant and suck out the sap, in the same manner as aphids. They can crawl around until they find a juicy stem in a sheltered part of the host plant; and there they puncture the stem and begin feeding. As they grow, they secrete a waxy material with the texture of cotton all over their bodies. Some textbooks claim this material protects them because it doesn't taste good to predators... but I was not tempted to test it myself.

The female mealy bugs are very hard to see when they're young; I suppose someone who didn't have to wear bifocals could see them

with the naked eye, but I can no longer see them without a magnifying glass. But they grow to nearly an eighth of an inch, so even without magnification you can see legs and tails on them, especially if you find them when the cottony wax has been rubbed off. This may happen when the plants they are feeding on are moved by wind or passing animals. The waxy stuff often floats away in the air when it is rubbed off; I often see globs of it floating in the air, and each morning the spider webs around the herb garden are full of it.

I feel a bit sorry for the males. After their first three molts, their bodies change shape; the little piercing tube that they use as a mouth drops off, so they can no longer eat. At the same time, they grow a pair of delicate, transparent wings, and fly away from their original colony to find another group, where they will mate; and then they die, with empty bellies. When they fly, some of the waxy material sticks to them, so if the air is moving at all they are carried wherever it takes them. No doubt the tiny cotton-ball that fell on my arm 80 years ago was such a wind-borne male.

The first day that I found the mealy bugs in my garden, I wondered where they came from. I don't recall seeing them in this area before, and I knew they were notorious in some places as a greenhouse pest; so I wondered if they might have been on the original Easter lilies from the church. However, I have no cause to feel guilty; a few days later I found they were also growing on a golf course in Pennsylvania. So, apparently, this is just one of those years, as my Grandmother would have guessed. And there was a reason for feeling very good about science. Several years before I retired, the library at the Mount was getting rid of old, outdated books, and for fifty cents I got a copy of Comstock's volume on Entomology. It was written in 1894, before they had microphotography; and the pictures of mealy bugs, drawn by hand, were as accurate as any on my computer screen. I may no longer be able to keep up with the flood of new information; but what I do know is based on a pretty solid foundation.

To read past editions of the Retired Ecologist visit the Authors section of Emmitsburg.net.





# **IN THE COUNTRY**

# Solar eclipse 2017

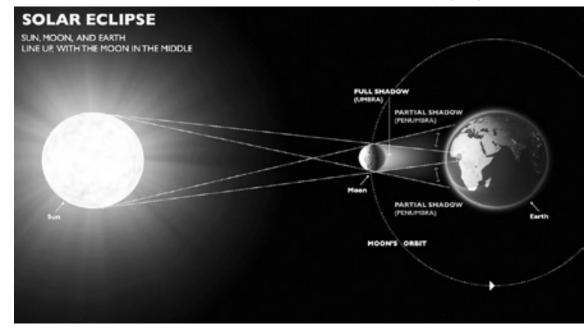
#### Tim Iverson Naturalist

hen we watch a sunset we are actually looking into the past. It takes about eight minutes for light to travel from the sun to the earth. So, when we view a sunset the sun actually sunk under the horizon eight minutes before! On Monday August 21 the United States will witness another truly remarkable feature of the sun - a total solar eclipse.

A total solar eclipse can only occur when the sun, the moon, and the earth line up exactly. If the moon passes between the earth and the sun, the area directly below has By being in the direct path viewers will witness 100% total eclipse darkness. An eclipse event generally takes a few hours, but total darkness will only last a few minutes.

While an eclipse is a remarkable event, they aren't unique to earth. Other planets in our solar system do have them, but not to the same degree that occurs on Earth. This is due to the relative size and the locations of the players here. Most planets have moons that are too small or too far to create an eclipse event. However, earth has a really large, really close moon. The sun is about 400 times the size of our moon. Our moon is also about 400 times closer to the Earth than the Sun. Throughout history different cultures thought demons or something nefarious was consuming or fighting the sun, a veritable god. Vikings thought wolves were eating the sun. The Vietnamese thought a frog had swallowed the sun. Korean mythology tells a story of fire dogs trying to steal the sun. The dogs never succeed, but manage to take a bite. In many of these traditions terrified people would attempt to scare away the evil spirits by making noise or banging pots and pans.

Not all historical traditions or understandings of eclipses were of dread or terror. Some African cultures viewed eclipses as the sun and moon fighting. They would band



a shadow cast down upon it. This is set to occur on Monday August 21 and the shadow will slice across a narrow section of the US from Oregon to South Carolina. Locally, in Maryland, we can expect to view about 80% of eclipse totality. However, if you can make it to one of the areas in the direct path of the eclipse you can experience a truly remarkable and nearly once in a lifetime event. Total solar eclipses do occur within the US occasionally, the last hitting Hawaii in 1991. However, the last time a total solar eclipse crossed the entire continental United States was in 1918. The next time an eclipse like this will occur, covering only a portion of the US, will be in 2024 and will cross from Texas upwards toward Maine.

What that happy accident means is that both the sun and the moon appear to be the same size. Because of these factors when they align just right the moon appears to blot out the sun. When this happens only the outer atmosphere, the corona, of the sun is visible and shrouds the area below in darkness.

There are few things in life that are certain. One of them is that the sun comes up in the morning, goes down at night, and remains bright throughout the day. A total solar eclipse throws this truth upside down, the sun and moon are suddenly doing something they shouldn't be. That's what makes these events so spectacular. Ancient peoples, however, weren't always so enamored with eclipses. together outside and encourage them to make peace. The Navajo Indians view eclipses more simply. Their traditions hold it as part of the grand cosmic order and a part of natural balance. Early Navajo people would regard this time as sacred and spent it with family in song and prayer.

Today we know what an eclipse is and how it occurs. That fact doesn't make the experience any less magical. It demonstrates just one of the many incredible ways the universe is at work. Given the opportunity people should go and see it, whether it's locally or by travelling to a place of full totality. Either way, safe viewing is paramount. As children we learn to never look directly at the sun. By staring direct-



The August eclipse will be the first to go coast to coast across the U.S. since 1918, offering viewing opportunities for millions of people.

ly at the sun permanent damage or blindness can occur. Throughout the region and nation there will be viewing parties. Locally Catoctin Mountain Park and other national parks will host viewing events, and will provide viewing glasses. These glasses are also available for purchase online. With these specialized glasses you can look at the sun and watch as the sun is eclipsed by the moon. The only, and absolutely only, time you can look directly at the sun without glasses is if you are in the path of 100% totality and the sun is fully eclipsed. Outside of that very brief and narrow circumstance you should not, under any circumstance, look directly at the sun.

The natural world has always been full of wonder. Different animal adaptations are the difference between eating or being eaten. The astronomical world is no different, but the natural world will also take notice of this spectacle. While it won't be as dark as the dead of night, birds usually come to roost and stop singing. Stars should be visible during the totality. Temperatures typically drop, by 10 to 15 degrees fahrenheit and breezes come to a stop. Leaves will begin to cast a crescent shaped shadow before and after totality.

Throughout the course of human history the sky above has been integral in both the mythological and scientific realms. A total solar eclipse is just one of the many remarkable features of our home and our place in the cosmos. While a cloudy day could put a damper on the whole event, anyone with the ability to get outside should try to view it. Partial totality, like what we will experience in the DC region is of course better than nothing. However, if you can make it to a location of full 100% eclipse totality the experience will be worth the effort.

To read other articles by Tim Iverson, visit the Authors section of Emmitsburg.net.





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# **REAL SCIENCE**

# **Biological annihilation**

#### **Michael Rosenthal**

ecent research shows that thou-Recent rescarce and species are in precipitous decline. The findings, published in the dependable and prestigious Proceedings of the National Academy of Sciences, refer to the decline as a global epidemic in large caused by human destruction of animal habitats. Five previous events of this sort were attributed to natural phenomena. The authors of this study, headed by Geraldo Ceballos, a researcher at the Universidad Nacional Autonama de Mexico, present dependable scientific data to back up their assertions that possible mass extinctions of species worldwide may be imminent.

The decline, they explain, flow from reductions in a species range, as a result of habitat degradation, pollution, and climate change, as well as factors more specific to an individual species. This methodology has been previously used by the International Union for Conservation of Nature.

They have found that some 30% of all land vertebrates – mammals, birds, reptiles, and amphibians – are experiencing declines and local population losses. In most parts of the world, mammal populations are losing up to 70% of their members due to habitat loss.

A specific example is cheetahs, whose population has declined to about 7,000 members. Also striking is the decline in Borneo and Sumatran orangutans, of which only about 5,000 remain. African lions have declined by 43% since 1993, and giraffes, whose four species now number under 100,000 members.

The authors of this paper assert that previous estimates of global extinction have been too low, because scientist worried more about total extinction than serious decline that could more slowly, but eventually lead to total extinction. Some 200 species have gone extinct in the last century. The previous extinction rate was two species every hundred years!

The greatest losses numerically appear to be in tropical regions, which have historically the greatest biodiversity. Temperate regions are seeing higher population loss proportionally. The cause of this phenomenon is attributed by the authors to human activity, and the only way to reverse this trend, they say, is to reduce the scale of human enterprise, specifically human population growth and increasing the resource consumption accompanying it. Habitat destruction - deforestation for agriculture and environmental pollution - are primary culprits, they say, but rising carbon pollution and climate change resulting from it will accelerate the problem. Says Dr. Paul R. Ehrlich, a renowned professor at Stanford University and author of the book entitled The Population Bomb, "We're toxifying the entire planet"

burg Annual Drinking Water Quality Report, which I now read more carefully in light of the problems so vividly described in Flint, Michigan. Emmitsburg gets its water from five wells, there of them in Emmitsburg, two of them near Emmitsburg on Hampton Valley Road, and one of them from Rainbow Lake on Hampton Valley Road. I have a lot of experience in looking at drinking water from my years at Bard College in New York, where I headed a water quality study project in the stream from which the college drew its water and into which it also discharged its aqueous waste. The aquifer, the Sawkill Creek, flowed into the nearby Hudson River. Lest you fear, the withdrawn water was above the discarded water, so contamination never occurred. Though there is nothing in the local report to seriously alarm me, there are some things to keep an eye on, and one always might consider not drinking tap water without purification. It is interesting to note the source of potential contaminants, even when the measured level is not high enough to be alarmed. Here are a few: The source of copper is from erosion of natural deposits, leaching from wood preservatives, and corrosion of household plumbing systems. Lead and copper are two contaminants to always keep an eye on. Also on this list are haloacetic acids and trihalomethanes, and chemicals added to control microbes of by-products of drinking water disinfection. Barium contamination can arise from discharge of drilling waster or erosion of natural components. Volatile organic contaminants such as ethylbenzene or xylenes arise due to discharge from petroleum refineries or factories. You might say that we don't have such sources nearby,

I recently received the Emmits-



Habitat loss and overhunting have Jaguars on the run and listed as threatened or endangered nearly everywhere they call home. The situation is most dire in the U.S. - Mexico borderlands, where they've been virtually wiped out in the United States, and only 70-100 animals are thought to survive in Mexico.

but water does travel long distances by various means. This all makes me think of the drinking water we used when I was growing up in Youngstown, Ohio, with the products of the then active (now totally extinct!) steel industry. All in all, Emmitsburg water looks pretty safe to me.

As you know if you are a regular reader of Real Science, I am a strong supporter of solar energy generation. The sun is almost always cooperative, and there is no pollution of the environment except in solar panel manufacturing. In the past six years rooftop solar panel installations have grown some 900 percent. However, Bloomberg New Energy Finance reports that this past year has seen a decline of 2 percent in new installations. This is partly due to saturation in some market places and to financial issues among some panel manufacturers. But what I find really interesting is that there has been a concerted and well-funded lobbying effort by some traditional utilities across the country to discourage the homeowners from installing solar panels. Utilities have

argued in a number of state capitals that rules allowing solar customers to sell excess power back to the grid at the retail price, known as "net metering," is unfair to homeowners who do not want or cannot afford their own solar installations. Several states have, as a result, phased out net metering, and many states are considering fees on solar customers! This trend is based on the fear that solar energy production will further hurt conventional production sources such as coal, oil, and natural gas, and thus potentially reduce the income of the utilities. However, an independent study by the federal Lawrence Berkeley National Laboratory concluded that the vast majority of rooftop solar credits have a negligible impact on electricity rates for nonsolar customers.

In my opinion, expressed before, we should move to increase wind and solar power wherever possible, support nuclear power generation with continued strong attention to safety and nuclear waste disposal issues, work with natural gas, and work to totally phase out energy production by coal and oil.

Finally, I have not presented much in the way of examples of pseudoscience lately, having not seen much that's new. (The world is still filled with products of no or minimal value whatsoever, many of which we've presented in previous articles). I turned up the following item, however, in a product labeled as a Himalayan Scrub, a skin care product that seems to be very nice. However, it does make a few strange promises, as follows: (a) "is known to increase circulation, assist in the rejuvenation of your cells, leaving your skin revived, but your mind, body & spirit refreshed as well." That may be a bit of a stretch, but I can accept it as show business. Then there is (b) "Regulate sleep." I find it hard to imagine that a skin scrub would regulate your sleep. But the best claim of all, to me, is (c): "Bathing in & exfoliating with Natural Mineral Salts is also known to assist in purging the auric field of negative vibrations." Man, now that is really cosmic!



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# THE VILLAGE IDIOT

# Life after the factory

#### Jack Deatherage, Jr.

was recently in Wally World Llooking at backpacks that might hold all the gear I've been carrying to hopefully fishable waters. It's one thing to put a small cooler of drinkables, two soft tackle bags, up to three hard case tackle boxes, two rods & reels, a box of bait and a bag for picked up trash in the back of Tattoo Don, Pillar of the Community's truck so he can haul all that, plus his gear and us to the water's edge. It's an all together different adventure if I decide to fish some distant hole when Don is working and I can't drive my car as close to water as he can his truck. Having to hump that much gear through a half mile of shoulder high weeds, scrub, trees and brambles infested with ticks and biting buzzers isn't a pleasant prospect when I realize I staggered back to the car after the last such exploration without having carried any gear at all! If I keep this up I'll eventually not come home under my own power.

Which reminds me of the lecture I got from DW and Don. I'd decided I could get down to a water's edge after studying a steep, flood debris packed creek bank last month. Sure it was in my head that if I fell and broke a bone I'd likely die there as I hadn't told anyone I was going creek exploring. Yes, I was thinking wading an algae slick dam wasn't the smartest thing I'd done of late. Nor was wading upstream over equally slick rocks looking for a fishing hole and a less steep bank to climb back to the road a particularly brilliant idea! Even though I may have found a fishable hole, it was in my head that I was exhausted and not able climb up the way I'd come down.

Looking at the cluttered bank -that had only an hour gone looked merely daunting, I realized I might need rescuing. Oh hell no. I'd rather fall in the creek and drownd! (According to Google, "drownd" is an archaic form of drown. Being archaic myself, I get to use drownd instead of drown.) Up the bank, over and through the tangles of tree limbs, brambles and trash I climbed -fishing rod in hand! Through the poison

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FEEDS

Cat ~ Dog ~ Goat

Sheep ~ Pig ~ Horse

Calf ~ Heifer

Cow ~ Steer

ivy, or oak (I don't know one from cool enough for wine fermentathe other) and broken beer bottles onto the hardtop. I'd have shouted, Ooh RAH, had I the breath to do so.

I should hand out pictures of myself to the local cops so they can more easily identify the corpse when they eventually find me rotting along the water's edge, or on some mostly forgotten path to the water. Should I be found "maggoty" under such circumstances, I've no objection to being rolled into the water to feed the fishes. (Hey, I've nibbled enough fish flesh over 63 years to understand my debt to the watery denizens.)

"Can't you find something to do at home when Don can't take you fishing?"

Did I just ask myself that, or was it DW? Seems too practical to have been me, so I'll answer DW.

Other than running for mayor (which I ain't doing) I've set up a straw bale garden that can be tended by a four year old now that it's working, more or less as planned. (Possibly the first garden I've ever attempted that is as planned!) I suppose I should be soliciting area kids to work a bigger garden of bales, but that pipe dream drifted away sometime ago.

The latest flush of bread building madness has faded and the cake building insanity that followed the bread has slowly returned to its embryonic state as both wait for the next flare up of baking mania.

Nine packets of wine yeast reside in the fridge as I contemplate what wines I might build with them. Currently a bucket of ginger root, lemons and 5-gallons sugar water is bubbling wildly in the bedroom -that room being tion. I'm thinking 15 pounds of bananas and 10 pounds of sugar will be the basis of the next batch of wine I build.

But beans, bread and boozey hobbies still leave me with hours of time to occupy with something other than napping. Napping tends to promote dreaming and dreams tend to lead me into adventures that irritate the DW.

I suppose I could do what so many others seem to be doing these days and start worrying about my health. I'm well aware my ever more frequent napping has atrophied my muscles, not that they were ever developed beyond minimum need anyhow. Also the recent, frequent sampling of various flavors, ferments and distillations of alcohol has given me cause to learn a new medical term -gynecomastia. My first thought was, I got a cancer tumor, and not bothering to see a doctor about the situation led to a second thought -I still might have cancer. (yawn)

Edema has recently entered my daily vocabulary, only because I can pronounce edema. I wasn't surprised that fluid collecting in my feet and lower legs is related to my lack of exercise, alcohol intake and diet. (I'll get started on a reduced salt diet right after I build and eat the next batch of my interpretation of the New Orleans classic- Muffaletta. A glorious sandwich packed with salty Italian cured meats, cheeses and olive salad rich in olive oil!)

The gynecomastia is reason enough to cutback on alcohol because the effects of the condition may help keep my head above water when I eventually fall in while

fishing. Edema though is seriously interfering with my fishing and creek exploring. If I can't get that under control I may break down and actually ask Doc Thomas to write a prescription. (I don't want to go down that road because I've seen where it leads!) Hopefully, exercise in the form of fishing and creek exploring, and diet will be enough to deal with what all ails me medical-wise.

So what do I do while all these slowly evolving hobbies wind themselves to whatever end? Mostly I hangout at the Emmitsburg Tattoo Company -Don has a better air-conditioner than we have at home. And I don't spend money there, though Don should charge me for the education I'm getting.

Were I not hanging about (gasp) a tattoo parlor -marveling at Don's people skills, I'd never have flipped through tattoo flash books to discover Japanese koi tattoos! I've passed the fish flash on to First Sister who immediately fell in love with the style and began painting flashy fish on T-shirts! I'll eventually be strutting- ummm toddering about town in her work.

And who but Don would listen to me complain about having never discovered my life's vocation, then tell me (after the short time he's known me) that learning about whatever catches my attention is my vocation? Maybe the Mad One did, but senility advances and she isn't here to nag- I mean remind me!

Sheesh. Where was Don fifty years ago when that observation might have changed my life? Oh yeah. He hadn't been born yet.

To read other articles by Jack Deatherage visit the Authors section of Emmitsburg.net.





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# PETS Black Cat

#### Michael Hillman

If you've followed my writing over the past few years you know I have a fondness for feral cats. While much has been said in the mainstream media about their impact on native bird and small mammal populations and the need to erratic feral cats, I tend to see them differently.

Recent studies have shown that while dogs were domesticated by humans, it was cats, not humans, who chose to be domesticate. As humans moved from hunter gathers to farming societies, cats found it beneficial to be around us. It would not be a far reach to say that because they chose to be domesticated, even the most domesticated of house cats still retain – in their minds at least – the right to return to their wild roots.

That said, it's hard not to look into the eyes of a cold, hungry or hurt feral cat and not recognize their desire for human championship. Sure, I occasionally come across a feral cat that runs for cover the minute I get within eyesight. But given time, most feral cats willing to give humans the benefit of the doubt, and if approached right, and more importantly consistently, are willing to accept human interaction.

Such is the case with Black Cat.

It's now been over three years since I first saw her. It was cold winter day and I caught a glimpse of her out of the corner of my eye as I was driving down the road near the bottom of our field.

She was hunting along side the road, and from what I could see, she was pretty thin and scruffy – the typical look hard life look I've come to expect of feral cats.

Having just successfully closed down a local colony of feral cats through a trap, neuter and adoption/release effort, I had some time on time on my hands. During that effort I found myself frustrated at the fact I was taking care of a colony far from our farm while doing nothing for our local ferals. Here was my chance to rectify that situation.

When I got home, I filled a bowl with dry cat food and a thermoses

with hot water and headed down to where I had seen her hunting. Not unexpectedly she was no where to be seen when I arrived, but I nevertheless set out the food and water and hoped for the best.

The next morning, as expect, the water bowl was frozen over, but the food bowl was empty. Of course I had no idea if Black Cat, as she would eventually be called, ate it, or some other hungry animal.

For the next few nights the process was repeated. The ice in the water bowl was emptied and the food bowl refilled. I never saw any signs of Black Cat, but in the morning, the food was always gone.

It was probably well into the third week of feeding that I finally sighted Black Cat waiting for the evening feeding. She was sitting in a field across the road, watching from behind a bush. When I finished filling the bowls, I retreated to the top of the hill and sat down to watch her. She didn't bit. She apparently could still see me and had no intention of approaching the foods until the coast was truly clear. After half and hour of shivering in the cold, I gave up.

Our game of watch and wait went on for almost two more weeks. Finally, Black Cat began to associate me with the food, and as I had shown her no harm, she began to accept my presence near the food bowls, that is, as long as my presence was sufficiently far enough away to make a safe getaway if necessary.

And that's the way the first winter went. Where Black Cat went for shelter to get out of the elements was a mystery to us. During the following spring and summer we saw little of Black Cat, with plenty of voles and mice to eat, and a fresh stream to drink out of, she didn't need us as much. But with the approach of Fall, she once again became a regular feature at the bottom of the hill.

By this time my wife and I figured we would be feeding her all winter long, and given that, we would need to set up a proper feeding station for her. Fortunately a 'coop' – a type of A-frame horse jump was located in the fence line where we feed her. It would offer not only a convenient location to place the food and water, but if Black Cat should so chose, it could also serve as shelter from the elements.

By the middle of the winter, Black Cat had gotten soused to us that she was always waiting when we arrived with her food. She still scurried off, but never more then a few yards, and she immediately went to the bowls when we stepped back from them.

As it became apparent that Black Cat was spending more and more time around the coop, I filled the inside with straw so she could nestle down in it for warmth.

Unlike the first Spring, Black Cat did not disappear with the arrival of Spring, so we continued to feed her. By now she was coming within arms reach, and she allowed me to touch here with a stick. Touches with the stick soon became scratches. As her confidence in us built, the distance she maintained from us closed to within an arm's-length – which of course led to her first official real scratch – and with it a purr that could be heard miles away. She's never looked back.

That Summer and Fall Black Car's personality began to show through. It was only then that we discovered that she was in fact a she, that she had been spayed, which meant at one time she had belonged to someone, and that sadly, like most ferals, she had become feral not of her own choosing, but because of the actions of her owners.

While Black Cat liked to get scratched, she wanted the scratches on her own terms. No belly rubs, no scratching by her tail, no scratching under her chin. Every place else was fair game. Being picked up was not in her vocabulary.

By this time it was apparent Black Cat had set up permanent residence at the coop, and she was being fed both in the morning and evening. During the day she could seen lounging on top of the coop soaking up the sun.

With her third winter approaching, we built her a proper shelter. The coop was torn down and replace with a new one. The inside was water proofed and insulated, and a floor installed to raise her off

undation



the cold ground. The ends were sealed and cat doors installed to cut down on drafts and keep in what heat there was. As the inside was now safe from the elements, a proper thermal cat bed, with a cover, was installed inside the coop. So now on cold winter nights, she could retreat into the coop, and then into the cat bed, which would self-heat form her body heat. While it was not as good as sleeping in front of a fireplace, it was a pretty good set up for a feral cat.

Based upon the expression on her face, she quite approved.

his Spring, Black Cat showed a degree of vigor and fitness (that is fatness) that she had heretofore not shown. While the Spring before we were worried about her health, this year her coat was smooth and her expression happy.

For all intents and proposes, Back Cat is now unofficially – officially ours. She is always waiting for us when we arrive to feed her, and comes running when we call her name. When people ask us how many cats we have, Black Cat is included in that number. While she's yet to endure a trip to the vet, she's now included in the regular rounds of tick and flea treatments.

In many ways, Black Cat actually gets more attention then all our other cats. Both my wife sit with her during the morning and evening feeds, using the 'down time' between scratches to check our e-mails or catch up on news – all the while Black Cat lies close by, purring away. Sitting with Black Cat actually forces my wife and I to take a pause in our hectic lives and, for at least a half hour, sit and appreciate all we have. Without Black Cat, I'm not sure I would take that time to reflect, so in a way, maybe I'm getting more out of Black Cat the she is out of me!

I often find myself wondering if Black Cat ever become a inside cat, and to be honest, I don't know. Every day she becomes friendlier and friendlier, as if recalling life before becoming feral. But for now, she's quite content with her kittie condo and her living arrangements, and more importantly she's happy.

For a feral, that about as good as it gets!

So next time you see a feral cat, don't be so quick to shush them away, given them a break – you just might find yourself with a new special friend. And God only knows, true friends are hard to come by these days – unless of course if they come with four paws.

To read others articles by Michael Hillman visit the Authors section of emmitsburg.net



Before humans die, they write their last Will & Testament, give their home & all they have, to those they leave behind. If, with my paws, I could do the same, this is what I'd ask...

To a poor and lonely stray I'd give:

- My happy home.
- My bowl & cozy bed, soft pillows and all my toys.
- The lap, which I loved so much.
- The hand that stroked my fur & the sweet voice which spoke my name.

I'd Will to the sad, scared shelter dog, the place I had in my human's loving heart, of which there seemed no bounds.

So, when I die, please do not say, "I will never have a pet again, for the loss and pain is more than I can stand."

Instead, go find an unloved dog, one whose life has held no joy or hope and give MY place to HIM.

This is the only thing I can give. The love I left behind.

-- Author Unknown

# Needle shy

Kimberly Brokaw DVM Walkersville Vet Clinic

Veedle shy horses are an aggra-vation to the owner and the veterinarian. It is not the veterinarian's job to teach your horse to stand still for injections. A horse who panics at the sight of a needle creates a dangerous situation for all. Unhandled horses are also a major risk for the veterinarian and the owner. I'm shocked at the number of people who have told me that their horse is so untrained that they can't even get a halter on it, yet they somehow expect me to be able to treat it. One of the more frustrating things in veterinary medicine is when you are called out to treat a horse and the horse is so fractious that it can't be treated successfully. If the vet can't touch the horse and the horse gets sick, he likely can't be examined and treated appropriately and may die. Even if you don't care about your veterinarian's well-being or your own well being as an owner, it is still important to teach your horse to be good so that in an emergency the horse can get appropriate care.

I understand what it is like to own a horse who panics at the sight

That horse is now so relaxed about injections that I can draw his blood or give a vaccine without putting a halter on him.

I was recently called to pull a coggins test (the annual, state required, equine infectious anemia test) on a horse. The client had never used our clinic before as she had just moved to a new boarding barn. The boarding barn was on the far edge of our practice area so we were reluctant to take her on as a new client. However, after discussing the distance with the bosses, we decided that we would provide veterinary services for her horse. We explained that since she was on the edge of our coverage area that she should also have a second vet in case of an emergency. One of the reasons that we restrict the size of our practice area is so that vet care can be provided in a timely manner.

When I arrived at the farm on the scheduled day, the owner met me there with "Lemon," a big, powerful, beautiful, chestnut warmblood. We took the horse out of the stall and took photos for the coggins test. As I was getting ready to draw the blood, the owner told me that her horse was not good for needles but that last year she was able to give shots. Most vets



Needle shy horses are an aggravation to the owner and the veterinarian. It is not the veterinarian's job to teach your horse to stand still for injections. Once the horse is severely ill, there is no time to train them.

ed kicking out with her hind feet and striking with her front feet. I tried to help the owner by holding Lemon's head and Lemon bit me on the arm. While the owner wanted to continue trying to give Lemon some sedatives so we could get blood for the coggins test, I told her it was too dangerous. I told her that I would leave her with an oral sedative and she could give that 45 minutes prior to our appointment and we could try again next week.

Lemon's owner was disappointed

what she was experiencing. Although I was only 8 years old when we bought Shadow, I still have vivid memories of struggling to get her injections done. No one told my family about desensitization techniques, so we struggled for several years before Shadow finally accepted injections.

If you have a horse who is difficult to handle or who is poorly behaved for injections, it is time to get a kind and experienced trainer involved or to start a desensitization program. Horses don't understand that cooperation is essential to their survival if they have a health crisis. Once the horse is severely ill, there is no time to train them. You, your veterinarian, and your horse will be happy when your horse is a model citizen at veterinary visits.

To read other articles by Dr. Brokaw visit the Authors section of Emmitsburg.net



# THE MASTER GARDENER

# Summer pests in the garden

Mary Ann Ryan Adams County Master Gardener Coordinator

What is your plant suffering from and how should you take care of it? Here are some common problems facing our gardens throughout the summer months.

Aphids are seen on most plants, from herbaceous to hardwoods, and throughout various times of the year. These little guys can really be pesky! Colors of green, black and red, these soft bodied insects will suck the juices right out of a plant! The good news is they are relatively easy to control. Spraying a hard stream of water will knock them down and most oils and soaps will do the job too. Keep an eye out for these insects as well as the beneficial insects. Lady beetles are great feeders for the aphid, both the larval stage and the adult stage of the lady beetle. Get to know what they look like so if you see a larvae lady beetle, you'll know that the aphids are already being taken care of!

Blossom end rot on tomatoes and peppers is a common problem and often thought of as a disease. Samples of this come into the office on a regular basis beginning at the end of June. The symptoms of this problem look like a leathery black end on the tomato. On side of the fruit. It's particularly exacerbating to find this problem because you typically don't see it until you are ready to harvest. The tops of the fruit look ripe and delicious, then, bam! the bottoms are black.

This problem is not a disease, virus, or insect problem, but rather a nutritional issue. Calcium is a nutrient provided by the soil. For the fruit, calcium helps the cell walls in the fruit to form. It moves through the plant by water. In the soil, it becomes even less accessible to the plant if the soil pH is less than 5.8. When the plant is young, it uses less calcium. As the fruit begins to grow, more calcium is needed for the fruit to develop into a ripe tomato. Since the calcium is moved by water, and the fruit of a tomato or pepper plant becomes mature during the heat of the summer, more water is needed to allow more calcium to be available to the fruit. Hence, if you are not watering regularly during dryer times, blossom end rot occurs.

So what should you do? With the understanding of why tomatoes and peppers get blossom end rot, the solution is simple. Watering regularly during time of fruit development - approximately one inch per week - will help assure a healthy tomato or pepper. If the problem occurs, your



peppers, it's often found on the best solution is to pick the fruit side of the fruit. It's particularly exacerbating to find this probing regularly.

> Powdery mildew is a disease often found on lilacs, bee balm, and garden phlox as well as other ornamentals. This disease begins to grow when temperatures are between 60 and 80 degrees and under high humidity. Typically, powdery mildew is not fatal to a plant, but it can cause deformity, yellowing of the leaves as well as early leaf drop. Good air circulation is critical in controlling or deterring the disease from developing. Planting where the plants are not against a wall or fence, and not crowded by other plants will help in the control of this disease. As leaves drop, good sanitation becomes very important for control of additional spore dispersal. Pick up the leaves and discard. Reduce as much as you can of the infected leaves and stems to help control the problem. If additional control is warranted, fungicides can be used as soon as the mildew is detected. Following the label on the fungicide for appropriate use and frequency will help control the problem.

> Spider mite damage typically shows up in the heat of the summer. Did you ever see dwarf Alberta spruces suddenly turn brown about this time of year? Needles drop, and the plant appears to be dying. These symptoms point to the spruce spider mite. Even though the evidence of the mite appears in the summer, the actual feeding happens in the spring and fall in cooler temperatures. Activity occurs when the daytime temperatures are between 60 - 70 degrees. The Spruce spider mite not only feeds on the Dwarf Alberta Spruce, but also can be found on hemlocks, other spruce, arborvitae, junipers and firs.

> So how does one control this deadly trouble-maker? Unfortunately, by the time you see the damage of this pest in the sum-



Aphids, also known as plant lice, are small sap-sucking insects. Many species are green, but other commonly occurring species may be white, brown or black. Aphids are among the most destructive insect pests on cultivated plants in temperate regions. They are capable of an extremely rapid increase in numbers by asexual reproduction. The damage they do to plants has made them enemies to gardeners around the world.

mer, it's too late to do much about it. When the temperatures start to rise above 80 degrees, they become inactive and the populations begin to decline due to predatory activity. When temperatures reach 90 degrees, adults will lay eggs and go into dormancy.

Since the feeding activity happens in the cooler temperatures of the spring and fall, that would be the best time for control. Spraying with an insecticidal soap or oil spray will help control this little pest. Good coverage is important when using these pesticides, but be sure to read the label for temperature needs of the pesticide and how to mix it. Also note that if you are having trouble with the spider mite on blue spruce, spraying with oil or soaps will take away the blue coloration, so it's not recommended for those types of plants.

By the end of July through August, we see a lot of tulip tree sam-

ples come in. Typical symptoms are blackening leaves, sticky substance on leaves and dripping onto cars, sidewalks and driveways. Upon closer inspection, clients may see bumps on the stems of the tree.

The blackening on the leaves is sooty mold, which grows as a result of the secretions of the increasing number of scale insects which feeds on the tree. The insect may lead to quick decline of the tree. The insect sucks plant fluid from the tree, and the sooty mold reduces leaf surface, thus reducing photosynthesis, an important process for plant growth and health.

Control for this insect is best done in the early spring using a dormant oil spray. This will control the overwintering nymphs, thus reducing the amount of insects that will feed in late summer. However, control can be done with the oil in mid-August through mid-September. This will control the newly emerged crawlers that would have hatched from the adults. Once the insect enters the adult stage, they become more difficult to control due to the shield, or scale, it develops. When using pesticides, be sure to read the label for instruction. July is often the time when folks start to see the spruce trees with cone-like growths. These are spruce galls. There are two kinds that you could see on your spruce tree: the Cooley spruce gall and Eastern spruce gall. Both have very specific life cycles, but are managed very similarly. The Cooley Spruce Gall pest requires both the spruce and the Douglas fir as hosts. To complete this very complicated life cycle, the insect can begin on the spruce, but must have a Douglas fir to complete the five stag-





# THE MASTER GARDENER

es. They feed on the new buds, lay eggs, then begin a very long life cycle of traveling to the Douglas fir and back, many stages take place, continuing for two years. The bottom line is, the galls will often destroy the shape of the spruce, since it's the terminal buds that are affected. On the Douglas fir, the symptoms are not as evident. Yellow spots on the needles, which in heavy infestation can change the overall coloration of the tree, are the symptoms. Typically, you'll see these galls on the Colorado Blue Spruce, but can also be found on all spruce.

The Eastern spruce gall is not as complicated. Typically found on the Norway spruce, but it can be seen on white or red spruce as well. This gall looks similar; however, it does not need a host plant to complete its life cycle, and only takes one year to complete its life cycle.

For both of these galls, the same control is recommended. Cutting the galls off when they are green will control the problem. If the trees are too large, or there are too many galls to cut, using imidicloprid in the fall of the year will help control the pest. Horticultural oil is also a recommended control, however, not on blue spruce or any other spruce that have a coloration.

Understanding pests, their life cycles and what they feed on, will help in your choice of controls and when that control should be applied. So be sure to have the problem identified correctly and make your decision from the facts. Gardening is full of challenges and rewards. Take the time and learn more about all aspects of the garden and enjoy. Whenever using pesticides, be sure to read the label.

Where trade names appear, no discrimination is intended, and no endorsement by Penn State Cooperative Extension is implied.

To read other gardening articles, visit the Gardening section of Emmitsburg.net.

# Frederick County Master Gardener Late Summer Seminars

University of Maryland Extension Frederick County (UMEFC) Master Gardeners are volunteers who love gardening and have been specially trained to help other gardeners. Our mission is to educate Maryland residents about safe, effective and sustainable horticultural practices that build healthy gardens, landscapes, and communities. UMEFC Master Gardeners present the following free seminars for the general public, beginning and advanced gardeners alike.

August 12 - Extend the Growing Season. Begin to plant now for a second harvest this fall. Find out what to plant and when to plant it. Discover the benefits of making and using row covers. , 10 am - noon

August 26 - Preserving the Garden's Harvest. Explore different techniques for preserving your garden's bounty of vegetables, fruits and herbs. We will discuss drying, canning and freezing; dry storage; and other tried-and-true methods

Register online using the links on our website <u>www.</u> <u>extension.umd.edu/frederick-county</u> or call Lisa at 301-600-1595. Doors open 30 minutes prior to start times. Walk-ins are welcome if there is room.



#### Marianne Willburn

Humidity. It's separating the men from the boys right now.

Only last weekend I was forced to deride guests for scuttling back inside during a deck party. The key word I was trying to impress upon them was 'deck' – but this did nothing to shame them into compliance.

For that matter, neither did the three-minute lecture on how East Coast natives born and raised in this sauna bath should be ashamed to let a California girl beat them in the annual Summer Endurance sweepstakes. But by that point it was just me talking to the trees - everyone had already departed stage left.

Even I can admit, however reluctantly, that the heat indexes are trying. From my desk in the morning, I peer out on miraculous shades of green under overcast skies and head outside with joy in my heart and a skip in my step only to be hit by a brick in the chest. Pleasure and pain all wrapped up together like a Sartre play – and the pain is starting to trump all.

Gardeners often respond to environmental conditions without realizing it – heading in a direction over time that instinctually makes sense – even if a decision was never consciously made to move that way. That pretty much describes my journey towards tropicals and semi-tropicals as backbones of my deck and patio gardens. One day I woke up and realized that I'd headed south without ever leaving home. Petunias and Calibrachoa are all well and good when the humidity is below 20%, but eating your BBQ chicken while you stare at a centerpiece of sticky, mold-coated stems does nothing for the appetite. How much better instead to surround yourself with rain forest lovelies, hang a few strands of lights, crank up the Brazilian samba and celebrate the humidity that is making everybody around you a little cranky.

Faced with heavy rainfall and punishing heat and humidity – the hallmarks of the Mid-Atlantic summer – plants such as canna, colocasia, begonia, caladium, tetrapanax, banana, calla, petasites, etc...come into their own and keep my gardener's heart beating.

Each time I lose another Mediterranean herb to rot, I can at least pour myself a Rum punch, sit in the redgreen shade of a potted red banana (Ensete maurelii 'Ventricosum') and pretend my toes are splashing in Caribbean waters instead of a cheap plastic dog pool.

This, very typical, very trying, summer is all the motivation I ever needed to spend a little effort overwintering these guys. Some gardeners more profligate than I might just let them die and buy new stock next spring, but the fact that so many of these plants can sit practically naked in an unheated, unlit garage makes my choice easier – as does the fact that most of my tropicals are already potted in ceramic containers that benefit from coming inside during the winter anyway.

Some, such as tetrapanax and petasites are planted in the garden proper. They can squeak by in my

7a winter without protection. And before you gasp inwardly and open a new email to righteously regale me with tales of woe and despair, I must tell you that both fulfill very specific needs in my garden. The former to seasonally fill out along a long, plain stucco wall where winter winds decimate anything with any height. The latter to mask the unsightly cement covers of our septic tank, and stabilize the bank of a creek with tough roots and invasive habits.

Large and lush, these plants seem to provide an excuse for the humidity - as if to say "I know it's awful out here, but if it wasn't, I wouldn't look like this." That argument supports the rich red leaves of the ensete...the yellow-green striations of a 'Pretoria' canna... the succulent blossoms of a Begonia grandis...and the morning dew shining with fitting grace upon shield shaped leaves of Colocasia esculenta 'Morning Dew.' "Sure it's humid," they cry. "Get over it. At least it's raining and your well is full." And so I will put on my best 'what-doesn't-destroyme-makes-me-stronger' smile, sip a tropical cocktail, and try to ignore the fungal diseases romping around my garden like it's the 15th century. But that's a topic for another day.







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Marianne is a Master Gardener and the author of Big Dreams, Small Garden. You can read more at www.smalltowngardener.com or follow The Small Town Gardener on Facebook.

# **COMMUNITY NOTES**

# Annual Thurmont & Emmitsburg community show

**L** & Emmitsburg Community Show will be held at Catoctin High School, 14745 Sabillasville Road, Thurmont, on Sept. 8, 9 and 10. All activities and entertainment are free all weekend!

Entry of exhibits will take place on Thursday evening, September 7, from 6 to 9 p.m. and on Friday, Sept. 8 from 8:30 a.m. to 11:30 a.m. in the new gymnasium and in the agriculture department area. Commercial exhibits may be entered on Friday, Sept. 8 from 3:30 - 5:30 p.m. The show will open to the public at 6 p.m.

On Friday night, the 2017-2018 Catoctin FFA Chapter Ambassador will be announced. In addition, the 42nd annual community flag ceremony will be held and this year's program will honor the 50th anniversary of St. John's Christian Preschool and the 50th anniversary of WTHU Radio. The baked goods auction will begin immediately following the program at 8:15 pm and the grand champion cake, pie and bread will be sold at 9 p.m..

On Saturday, Sept. 9, the show is open from 9 a.m. to 10 p.m.. Activities include a Market Goat, Beef, Sheep and Swine Fitting & Showing contest from 8 a.m. - 2 p.m. at the school's Ag Center. At 10 a.m., the Blue Ridge K-9 will present a dog obedience demonstration and Canine Citizen program on the front lawn of the high school, followed by the Pet Show at 10:30 a.m.. Categories include: cat with prettiest eyes; cat with longest whiskers; cutest cat;

The 61st annual Thurmont best trained pet; dog with wiggliest tail; prettiest dog (25 pounds and under); prettiest dog (26 pounds and over); best costumed pet; pet with most spots; largest pet (by height); most unusual pet; smallest pet.

> On both Saturday and Sunday from 10 a.m. -3 p.m., there will be a petting zoo, farm animals display, face painting by Kathy McBride and pony rides sponsored by the Thurmont Riding Club. The farm animals display will include "Abel" a Brown Swiss, who is 14 years old and weighs approximately 2,600 pounds, owned by Joe and Ruth Biser; Alpacas owned by Lynn Cherish of Baggy Britches Farm, LLC; Emus owned by James and Peggy Royer of Old Orchard Emus, and a sow & litter of pigs owned by Chip Long. John Kinnaird of Thurmont will have many historical pictures from the Catoctin area displayed in the small gym.

> At 3 p.m., on Saturday, Elower-Sicilia Productions will have a dance program in the auditorium, and at 4 p.m., Noble Path Martial Arts will have a program in the small gymnasium.

> The Thurmont Grange will serve their Roasted Turkey and Country Ham Buffet in the school cafeteria on Saturday night from 3 to 7 p.m.. Musical entertainment will be performed in the auditorium by the Catoctin Mountain Boys from 6 - 7 p.m. and Taylor Brown's Elvis Tribute Show from 7-9 p.m..

> The 43rd annual Catoctin FFA Alumni Beef, Sheep & Swine sale will begin on Saturday night at 7 p.m. in the Ag Center. There will be approx

imately 8 goats, 9 steers, 22 hogs and 10 lambs for sale by community 4-H and FFA members. Buyers are welcome to come and support these individuals and their livestock projects.

Activities begin on Sunday, September 10 at 9 a.m. with the Dairy Goat Show, 10 a.m., is the Dairy Cattle Show and, at Noon is the 20th annual Decorated Animal Contest. All activities are located in the Agricultural Center area.

At Noon, the Catoctin FFA Alumni Chicken Bar-B-Que will be held in the cafeteria. At 1 & 2 p.m., the Thurmont Academy of Self Defense will have a martial arts program in the small gymnasium. The 38th annual Robert Kaas horseshoe pitching contest will begin at 1 p.m. near the softball field behind the school, and the log sawing contest will be held at 1 p.m. in the Agricultural Center area tent. Another new and fun feature is a kiddie pedal tractor pull for kids ages 5-10 at 1:30 p.m. in the Ag Center area with prizes being awarded.

Musical entertainment in the auditorium will be The Catoctin Mountain Boys will be from 12:30 - 1:30 p.m., and Taylor Brown's Elvis Tribute Show will be from 1:30 - 3 p.m.. Food and refreshments will be available throughout the weekend by the Thurmont Lions Club and the Catoctin High School Cheerleaders, while the Catoctin High School Junior Class will be selling ice cream.

Exhibits must be removed on Sunday, Sept. 10 between 3 - 6 p.m., and please note the new deadline of 6 pm to pick up items. Any remaining en-



This year's farm animal display will include "Abel" a Brown Swiss, who is 14 years old and weighs approximately 2,600 pounds, Alpacas, Emus, and a sow & litter of pigs.

tries must be picked up on Monday, Sept. 11 from 9 - Noon in the Ag Department behind the school.

The community show booklets can be found in local Thurmont, Emmitsburg and surrounding area businesses in early August. New residents of the community are urged to enter and be a part of the Community Show, which is the largest in the State of Maryland. This year, there are changes to the photography department in the junior, youth and adult categories and other minor additions and deletions were made in some of the departments. Departments include: Fresh Fruits, Fresh Vegetables, Home Products Display, Canned Fruits, Canned Vegetables, Jellies & Preserves, Pickles, Meats, Baked Products, Sewing & Needlework, Flowers and Plants, Arts, Paintings & Drawings, Crafts, Photography, Corn, Small Grains and Seeds, Eggs, Nuts, Poultry & Livestock, Dairy, Goats, Hay, Junior Department and Youth Department. There is no entry fee for exhibits.

For more information about this year's classes to enter and the activities schedule, go to the Community Show's website thurmontemmitsburgcommunityshow.webs.com", and click on "Exhibitor Entry List" and "Schedule of Activities", or pick up a booklet when available in early August.

Entry tags will also be available for exhibitors to complete and bring with their entries at the Thurmont Library. Thurmont Feed Store, Thurmont Economic Development Office and Eyler's Flea Market located in Thurmont and at Jubilee Market and Zurgable's Hardware in Emmitsburg.

The Community Show is sponsored by the Thurmont Grange, Catoctin FFA Chapter, Catoctin FFA Alumni, the Maryland State Grange and the Maryland State Agricultural Fair Board.



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(Left to right) Leonard Wantz, Scott Wantz, Greg Turnbaugh (Center), Bob Kennedy (Service manager) and Lloyd Haak (General manager)

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# **HEALTH NOTES** A lifetime of fitness pays off

#### Kelsev Shupe Frederick Memorial Hospital

 $S^{\rm ixteen}$  years ago, Norma and Tom Day decided it was time to be more active, so they dedicated themselves to working out on a regular basis. Today, Norma is 96 and Tom is 92. They still never miss a workout. Three times a week, they clear their schedules so they have time to visit FMH Pro-Motion Fitness+. Their dedication to each other, and to fitness, is inspiring to many.

### Made For Each Other

When Norma and Tom began jobs as teachers at Bethesda-Chevy Chase High School, they never imagined the journey they were about to go on together. Tom was a physical education teacher, while Norma taught home arts. "Back then, they called it stitching and stewing," jokes Tom. They got to know each other when school administrators assigned them

to chaperon dances together, and they were married six months later. Tom was 25 at the time, and Norma was 29.

Meet Norma and Tom in person, and it's easy to see why they hit it off so well. Both are veterans, serving from 1943-1946. Norma was part of the Women's Army Corps, worked in food services, while Tom was in the Army, and worked as a recon radio operator and combat engineer. They both went to school at the University of Maryland, and they love their Terps. Norma received her master's degree in education with a minor in nutrition and eventually became the Director of a Continuing Education department for Montgomery County Public Schools. After receiving his master's in counseling and education administration, Tom went on to work as an assistant principal of Montgomery Village Junior High.

In 1975, they moved to Wolfsville in Frederick County to a 58-acre

farm they owned. They enjoyed an active lifestyle there. In 1997 the decided to sell the farm and move closer to healthcare services and a love of fitness continued.

### **Exercise and Longevity**

When Norma was told she needed to exercise more often, the couple saw it as an opportunity to get in shape and spend more time together. "Just like that we started working out three days a week," says Tom. The couple credits their routine with their longevity. They've exercised three days a week for the past 16 years. "We never miss a workout. We'll rearrange our schedules to make sure we get those three days in," says Norma.

They also credit their diets for keeping them healthy. "We've always paid attention to nutrition," says Norma. "We eat well and make sure we get 5-7 different fruits and vegetables into our diets each day." Dalis Albaugh, lead



Tom and Norma Day have dedicated themselves to working out on a regular basis. Their dedication to each other, and to fitness, is inspiring to many.

certified clinical exercise physiologist with ProMotion Fitness+, says that she loves having them around. "They've been a member of our program for as long as I can re-



MDAnderson

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member," says Albaugh. "They're just really special people."

Albaugh, who began working at ProMotion Fitness+ in September 2004, feels like people of all ages could learn a thing or two from the Days. "They stick to it," says Albaugh. "A lot of young people start exercising to lose weight or look better. For [the Days], it's about being able to walk longer and live independently."

#### Living Healthy Pays Off

All these years later, Tom and Norma are grateful they made the decision to listen to their doctors and start focusing on their health. "Some people get good advice and don't take it. We've taken their advice," says Tom. By working out three days a week and being mindful of their nutrition, Tom and Norma have been able to watch not only their kids grow up, but their grandkids as well.

Tom and Norma love going to ProMotion Fitness+ because they like the schedule and being able to socialize. They find the staff and the other gym members to be very friendly, and they feel safe knowing that the staff is trained for medically focused fitness, something that Albaugh takes particular pride in. "Our No. 1 goal is to help people feel comfortable in a safe atmosphere,<sup>2</sup> says Albaugh. By working hard and taking care of themselves, the Days have been able to continue doing the things they love.

Kathy Iverson is a breast cancer survivor and Frederick County resident.

REGIONAL HEALTH SYSTEM

When Kathy, 59, was diagnosed with breast cancer, she knew it would be a long and challenging journey to be cancer free. With the oncology team at Frederick Regional Health System—and their affiliation with MD Anderson Cancer Network®, a program of MD Anderson Cancer Center-Kathy not only survived; she thrived.

> 2 Leading Centers 1 Mission

# #endcancer

#### **Time For Each Other**

A dedication to fitness has made it possible for Tom and Norma to continue to travel, even into their 90s. They love cruises, like the one they took through the Holland Canals, with the prettiest gardens they had ever seen. In April, they went with the whole family on a cruise down the East Coast of the U.S. It helps that they all get along and love spending time with each other. In total, Tom and Norma have traveled to 56 different countries.

To enroll in our program or for more information, call 240-215-1470 or visit fmh.org and search fitness.

# PART 2 Emmitsburg NEWS-JOURNAL What does it mean to be an Eagle Scout? PART

Sean Vietri

have achieved the rank of Eagle Scout, the highest achievement in the Boy Scouts of America. Although this number may seem large, don't be mistaken. According to the National Eagle Scout Association (NESA), "only about five percent of all Boy Scouts" earn the rank of Eagle. That small parameter includes many influential men such as the late Neil Armstrong, the late Sam Walton, Steven Spielberg, Michael Bloomberg, Supreme Court Justice Steven Breyer, and the late President Gerald R. Ford, Jr. Even though, to the general public, it's widely considered to be the paramount milestone for a Boy Scout, the real significance of the award is much less known.

To become an Eagle Scout, a youth must advance through the first six ranks of Scouting: Scout, Tenderfoot, Second Class, First Class, Star, and Life. During this time he must earn a total of 21 Merit Badges, thirteen of which are specific. In addition, he must hold leadership positions in his troop, and demonstrate that he lives by the Scout Oath and Law, the moral guidelines of the organization. As a Life Scout, he must execute an Eagle Scout Project that does not benefit himself or his troop. It must be beneficial to the community and must demonstrate his leadership skills. After all this is accomplished he must pass a Board of Review, which is similar to an interview process.

The mission of the Boy Scouts of America states, "to prepare young people to make ethical and moral choices over their lifetimes by instilling in them the values of the Scout Oath and Law." The Eagle Scout Award is a reflection of this ideal, which all scouts should be in pursuit of. Eagle Scout is both a combination of hard work and work yet to come in a young man's life.

There are many components to ceived Eagle Scout on May 24th, the bridges and rework the flower- you want to get this, it'll be your riences in scouting, and encourage the award, one of them being a ten days after he turned eighteen. beds at the site. Devin said, "Ea- work alone." Having my father him on his trail to Eagle.

personal component for each person who attains the award. As a Scout myself from Troop 270 in Thurmont, I have had the pleasure of growing up with and working with quite a few Eagle Scouts. In my troop alone there have been 72 Eagle Scouts since it was founded in 1932 as Troop 11. (It was later reestablished as Troop 270 in 1946) I asked those who are still active today in the troop to share a bit about them to better capture the essence of an Eagle Scout.

Alex Mayhew received his Eagle Scout on September 28th 2012, at the age of just 12. Considering a scout's journey as a youth spans for an average of eight years, this is not the norm. To receive the award at that age requires a tremendous amount of discipline. Alex's project was removing a damaged bridge at Catoctin Mountain Park, and installing a drain in a culvert. After giving back to our local National Park, Alex performed over five years of service at the district level. Serving as Chapter Chief of the Order of the Arrow, Alex oversaw all service projects and events of the now Francis Scott Key Chapter, which has 230 active members. Alex says, "Being an Eagle Scout binds you to a life of service to others and makes you a role model. As an Eagle Scout, you should exemplify the twelve points of the Scout Law in your everyday life, for the rest of your time on this earth."

It is well versed that once a scout reaches his eighteenth birthday he can no longer work towards Eagle. The phrase "aged out" refers to a boy who did not achieve Eagle by the time of adulthood. There is one exception to this however. The Board of Review can transpire after a scout turns eighteen, if he has the rest of his paperwork finalized. The next two scouts used this circumstance and it can be said that Eagle Scout was probably their hard earned birthday present.

Devin Stafford recently re-

Devin, who graduated from Catoctin High School this May, did his Eagle Scout Project at the new Thurmont Community Ambulance Event Complex. Devin was familiar with the Thurmont Community Ambulance prior to his project. As President of Crew 270, Devin wanted to give back to the charter organization that has supported the crew since 2007. Devin planted 113 mid sized trees at the rocky site. Devin had his Court of Honor, the official presentation of the award, on July 23rd. He reflected on his achievement saying that working towards Eagle Scout "has helped me build my character and morals through the Scout Oath and Law."

Some Eagle Scout Projects build off of each other, meaning that more than one Eagle candidate works at the same site. One Scout who continued the work of another was Dominic Nield, a Taneytown native. Dominic received his Eagle Scout on December 21st 2016. Growing up in a Catholic family, Dominic chose to redevelop the prayer and mediation garden, which had been created by a former Eagle Scout Project at the Catoctin Pregnancy Center, in Emmitsburg. Dom beatified the area by removing weeds, fixing bricks, replacing old benches and flowerpots, mulching, and planting new flowers, bulbs, and bushes. "This prayer garden is a place where worried mothers and families can go as a haven." Dom commented. Dom went a step further and donated his excess funds to the center, which is completely non-profit and relies on the support of the community to operate.

When twins Devin and Dalton Wine went to their Board of Review on March 22nd. For their Eagle Scout Projects both gave back to meaningful things in their life. Devin gave back to Thurmont by renovating the historic trolley trail. On one of the hottest days of the year in late July 2016, Devin rallied his Troop as well as friends and family to stain



(L to R) Newly minted Eagle scouts Alex Mayhew, Dominic Nield, Devin Wine, Dalton Wine, Sean Vietri. Not Pictured Devin Stafford.

gle Scout is an accomplishment in Scouting, but it is also an understanding of the Scout Oath and Law and a commitment to follow them every day."

Dalton Wine chose to preserve the historic Camp Greentop in Catoctin Mountain Park in order to commemorate the place where he received his Arrow of Light (the highest award in Cub Scouting) and bridged over into Boy Scouting. According to the National Park Service, "Camp Greentop is listed on the National Register of Historic Places as a Historic District. Dalton built 42 bulletin boards in a traditional fashion to inform visitors about the cabins, which were built around 80 years ago."

It is important to note that while I categorize the work of a specific project under the Eagle Scout, by no means did he do it alone. In fact, an Eagle Scout Project entails work for more than one person, and must be managed but not carried out by one person alone. Before a project commences, it must first go through a review process by the district, to assure that it fits this requirement.

All of this information is pertinent because I too am an Eagle Scout. I had my Board of Review on July 26th. Eight years ago I did not receive my Arrow of Light. At the time I was frustrated and disappointed. Boy Scouting was a fresh start for me. My father, an Eagle Scout himself, told me "If step back and allow me to have my own Scouting experience has been very rewarding. Even though it took me awhile to get where I am today, every step of the way helped shape me as a leader and a person. For my Eagle Scout Project, I cut up firewood, removed debris, developed a plot of land, planted trees, and seeded and laid straw for what is now a field at the Walkersville Watershed, a municipal owned campground and recreation area.

Each of the afore mentioned young men have helped me attain this achievement, whether it was moving wood, assisting me in cooking, or helping me with paperwork. One thing distinctive to Scouting is that it is a group of boys from various backgrounds, whose mutual love of the outdoors and commitment to moral development binds them together towards a common goal. In my perspective, an Eagle Scout is one who inspires others to get outside and make the world a little bit better by living the Scout Oath and Law. There are a number of Boy Scout Troops in our area. Troops exist in many parts of Northern Frederick County, Western Carroll County, and Southern Adams County. Thurmont, Emmitsburg, Taneytown, Woodsboro, Fairfield, Littlestown, even Orrtanna all have scout troops. The next time you see a Scout cleaning up your street or putting a plastic bag on your door, ask him about his expe-

TANEYTOWN (0) 친 친 (0) Saturday, September 9 - 11-4 p.m. Taneytown Memorial Park - 120 E. Baltimore St., Taneytown Admission \$10 - Children Under 12 FREE! WINE & BEER AVAILABLE Call 410-756-4234 for Tickets Entry Fee: \$50 - Call or RSVP biz@taneytownchamber.org to enter competition

# WWI NEWS REPORTS FROM THE FRONT

# The crisis in Russia continues

## August 3

The Battle of Flanders has begun and indications are that it will be the biggest battle of the war. The offensive of the French and British allies has been expected for some weeks past, although the French and British official communications gave no inkling of it, German reports showed clearly a large-scale operation was preparing.

The importance attached to this drive into German held territory in this sector must be gauged not only by the reclaiming of Belgian soil from the invaders, but the threat it offers to the German submarine bases along the Belgian coast. A push much further eastward along the present line of events will be bound to shake the security of the German coastline.

The first part of the battle has been carried out with complete success. What has been affected fully justifies the Germans' apprehensions and the French jubilations. French military observers say it is not too much to hope that the Germans will soon be cleared out of French and Belgian Flanders if things continue to go as well as they did this week.

The terrain of the new battle zone presented tremendous difficulties for the attacking troops. For three years the opposing armies have been embedded in this portion of the line, which has come to be looked upon as impregnable for either side. The present battle zone was in no man's land within which borders lay marshes, which in winter months are impassable. This formidable natural barrier was rendered still stronger by the inundation of large areas by the release of water from canals by the Germans.

The Germans and Allies alike, seeking bits of dry land for footing, has resulted in their lines being swung in some places to a distance of three miles apart. The area is filled with deserted farms dotted with pools of brackish water and cut into strange shapes by drainage ditches.

The situation is rendered still more

difficult by the presence of a large number of waterways that must be crossed by means of bridges that may, at any moment, be destroyed by gunfire. This difficulty however, was overcome by a brilliant feat of British engineers who threw seventeen bridges across the waterways in the face of terrific gunfire.

# August 10

The War Department announced that registered men who resist the Selective Draft Law face a court-martial for desertion and the possibility of execution for desertion in time of war. This announcement was made in response to reports from North Carolina, Georgia and Oklahoma of anti-draft disturbances. The Justice Department announced that the man arrested on charges of resisting the draft in connection with the Oklahoma uprising will be tried for treason and that the death penalty will be asked by the government.

Allied troops along the new battlefront in Flanders are leading a semi-aquatic existence, splashing about in waterlogged trenches and sinking almost calf deep at every step. Meantime the rain, which began to fall on Tuesday, continues in a steady downpour, adding to the discomfort and difficulties of the situation and giving little hope that even should the storm end immediately that the sun would dry out the land sufficiently to render the movement of infantry and artillery easy for several days.

The great squadron of tanks, which went into action with British infantry, proved their right to a place among the modern engine to war. The Battle of Flanders is the most comprehensive test of the worth of these monsters as fighting machines which has yet been given, and they came through with flying colors, notwithstanding the fact that they're operating under the most trying conditions of terrain.

Fewer tanks were knocked out by direct hits than any other previous engagement. The material damage that



the tanks did to the enemy defenses was enormous, and prisoners stated that tank fire inflected heavy casualties on the Germans.

That the enemy is extremely afraid of tanks is without question. In numerous instances, Germans surrender freely on the mere appearance of one of these machines. At one place a German officer surrendered without question as a tank rolled up and threatened to open fire, and 60 soldiers were captured by the single tank.

In another battle, the Germans, believing tanks were helpless because they were stuck in deep mud, advanced in hope of capturing some of the monster machines. However, the tanks opened fire on the advancing line and mowed the Germans down in large numbers.

For the most part, tanks proved that they were capable of moving over the most difficult ground, but in a few cases they were stalled at times in holes. More than once when this happened the officers and crew rushed out under heavy fire in order to set up their machine guns in more advantageous positions, although they would have been comparatively safe in the tanks. Some of these intrepid crews fought until the last man was either killed or wounded, and it was due to such acts as these that many of the tank casualties resulted.

The crisis in Russia continues to grow by the day. It is reported that the military governor of Petrograd was killed when he was treacherously shot in the back. Elsewhere, the former Commander of the Russian armies on the southern Russian front has been arrested. It is said that he had been ordered to resign because he objected to interference from the Council of Workman's and Soldiers Delegates with the Provisional government.

Meanwhile, the Russian Minister of Justice has ordered the arrest of Leon Trotsky and Nicolai Lenin for the part they played in the uprisings in Petrograd last month. The men are international Socialists and leaders of the leader of the Maximalist wing of the Council of Workman's and Soldiers Delegates. Trotsky was arrested late yesterday.

Leon Trotsky lived in the United States at the outbreak of the revolution, and when its success was known he left for Russia. Trotsky came to the United States when he was expelled from Europe for preaching peace.



Leon Trotsky, known as the 'good communist' was a Marxist theorist. Along with Lenin he led the Bolsheviks during the 1917 October Revolution. His laws expelled Russia for opposing the dictatorial practices of Stalin, and in 1940 was assonated under orders of Stalin.

The Pope gave unqualified approval of President Wilson's plans for the avoidance of future wars by the creation of some form of international organization to govern world affairs. Pope Benedict declared that along with such a splendid project must go an effective arrangement for reduction of armaments to a point just sufficient for defensive purposes or to carry out the mandate of the World Court.

Meanwhile, newspapers in Germany report that Field Marshal von Hindenburg's offensive against the Russians and Romanian armies has attained all its operative aims and that the German public should expect a gradual holding of the push. German military critics argue that their enemies would like nothing better than to see the German armies advance deep into Russia and get lost there.

The question of paramount interest is what will be the next military step by the Germans. Berlin indicates that nothing further is to be feared from Russia and that the Russian armies will surely go into winter quarters and a virtual armistice would ensue along the entire Eastern front for the balance of the war. This would fit nicely into the German leadership's plans to withdraw numerous divisions from the Russian and Romanian fronts for use against Italy.

Military leaders have long maintained that the Germans consider Italy the key to ending the stalemate on the Western Front. The German military considers the Italian army inferior. The dream of turning the deadlock Western Front into two war fronts with France has long fascinated the High German staff officers. Meanwhile, word has been received that Nicholas Romanoff, the deposed Russian Emperor, and members of his family, were spirited away under circumstances of extreme mystery to an unknown destination, which the Provisional government firmly refuses to reveal. No one except the local military officials, specially sent from Petrograd, witnessed the departure. Instead of the gorgeous Imperial train in which Nicholas was taken into seclusion in March, an ordinary train composed of three sleeping cars, a dining car, and several third class coaches was sent. A second train was assigned to take the baggage

and servants, 50 of who accompanied the Emperor and his family into exile.

According to the government, the removal of Nicholas was decided on after a series of secret sessions of the Council of Ministers late last month. The motive of the ministers was both political and military. It was decided to get Nicholas out of the way before circumstances arose making it difficult. At the time of the revolution, Nicholas was at the front. On his way back to the capital he was arrested and taken to the Imperial palace fifteen miles south of Petrograd, where the former royal family has since been confined.

"When will they let us get into the trenches, we want to fight." These expressions are frequently heard among the American soldiers in France. They seem undaunted by any anticipation of heavy casualties or by the stories of hardship, the merciless reign of fire, deadly gases or other dangers of trench life. Officers and men are confident that our forces will make a wonderfully credible showing once the opportunity comes for real action.

Cool-headed soldiers are handling grenades like baseballs. Several officers were watching a company of our men throwing grenades, one man swung back his arm, and the handle of the missile flew off and the grenade dropped at his feet in the trench. Instead of jumping out and running away the man coolly reached down, picked up the deadly bomb, and hurled it into a shell hole 40 yards away. That is just one instance showing that our men are becoming veterans, commented an officer. The men had a cause for rejoicing when they saw the first movie show arrive in the shape of a Red Cross motor truck, equipped with a projecting machine, which throws the antics of favorite comedians, languishing vampires and other scenes on an open air screen. The truck makes a one night stand in each camp.

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# August 17

A peace proposal made by Pope Benedict has been delivered to all the belligerent governments. There was no disposition to describe any but the loftiest motives to Pope Benedict. In eloquent language, the Pontiff describes the terrible conditions existing in Europe, which, he declares, is headed for destruction unless the belligerents are willing to listen to the appeals of disinterested friends to cease a suicidal war. Such conditions, the Pope feels, amply justified taking the present opportunity to suggest what may be, he hopes, at least the foundation upon which peace negotiations may be initiated.

# August 24

Notwithstanding protests from some of the southern states, the War Department has decided that all units of colored troops attached to National Guard organizations shall accompa-

# **AUGUST 1917**



In August, the Kerensky government evacuated the Romanovs to the Urals as a winter refuge to protect them from the rising tide of revolution, until the family could be sent abroad into exile. There they lived in considerable comfort. In October 1917, however, the Bolsheviks seized power from Kerensky's Provisional Government and conditions for the former Czar and his family soon changed.

ny those organizations to the divisional camps where they are to be trained for service in Europe. Most of these camps are in the South. This decision was reached after long and careful consideration, it is said, on the general theory that an army being raised to spread the principles of Democracy throughout the world cannot sanction racial or class distinctions.

In accordance with this policy, the newly organized colored regiments of the New York National Guard have been ordered to accompany the other units of that organization to their encampment in South Carolina. It is understood that the congressional delegation from South Carolina will make formal protest to the Secretary of Defense tomorrow, against the assignment of colored and Puerto Rican troops to camps within the borders of that state.

A delegation of Elders from the Amish sects in Indiana called on the Secretary of War to seek relief from the particular situation in which the members of the sect found themselves under as a result of the Selective Service law. Not only is the order opposed to the participation of its members in hostilities, but they also forbid the taking of oaths or swearing allegiance in any form.

The young men of this sect who have been summoned for service under the draft are, by regulations, to be assigned to noncombatant works behind the fighting lines, provided they make affidavits that their religious beliefs forbid them to take part in actu-

facilities to double or triple the output of destroyers during the next eighteen months was the objective of the conference between the Secretary of War and representatives of 25 or more ship and engine builders.

The Secretary said no additional Submarine Chasers would be ordered at present. The Chasers are valuable for harbor patrol work, but the destroyer's seagoing qualities make them a far greater value in all ways compared to the small Chasers.

Navy officers believe that destroyer convoys guarantee a large degree of security from submarine attack. The thing needed, in their view, is an adequate number of destroyers to make it certain that supply lines are not interrupted.

The Cologne Gazette is the first German paper to take seriously the American war preparations. In a leading article it warns the German general public that it may be worthwhile to watch the United States.

"America's Army," says the Cologne Gazette, "becomes stronger daily." The country's factories are doing all they can to turn out fighting machines, ships are being built at all the yards - everything is being done to increase the military value of the Army to the highest possible point.

"No wonder that a new hopefulness is noticeable in the souls of our enemies, who are encouraged to hold out another winter, after which, with new troops from America they hope to defeat the Central Powers and bring the pected dramatic announcements of events. The Congress is likely to take the form of a struggle of the cabinet backed by the Socialist left against the bourgeoisie, consisting of Constitutional Democrats, discontented Moscow businessmen, and dismissed generals, who all have criticized the Provisiona Government and Premier Kerensky's policies, demanding radical changes. If no agreement is reached between the contending groups, open conflict must follow.

Meanwhile, General Purgasoff, a veteran who has been in active service since the beginning of the war, has been killed by soldiers who refused to recognize a newly appointed commander. General Purgasoff ordered the company disbanded and the leaders of the mutiny arrested. The mutineers then surrounded the general and beat him to death with the butt of their rifles.

## August 31

Uncertainty surrounds the opening of the Moscow conference where sharp divisions of opinion are openly expressed. The conference will result either in a much-strengthened government or something akin to a Civil War. It is no exaggeration to state that the fate of Russia hangs on the decisions of the Moscow conference. Unless the government is armed with authority and force, even darker days face the Russian people.

Premier Kerensky's task has never been greater, but there is a feeling here that he will prove equal to it. He must banish all political parties and build up a spirit of unity or everything in the revolution will be lost.

Labor unions are opposing the Moscow conference and have announced a one-day strike in protest. The leaders of the unions declare the conference to be counter-revolutionary and that it was not possible for Democratic organizations to participate. They regard the conference as an effort to deceive the masses. Protest meetings in various factories and works were called for.

Minimalist and social revolutionaries, likewise, are voicing opposition in their meetings, in which it was resolved that the conference was unrepresentative of the people, and announcing in advance that they would not abide by any decisions taken.



Kerensky's major challenge was that Russia's continued involvement in the war was not popular among the lower and middle classes, and especially not popular among the soldiers. Furthermore, Vladimir Lenin and his Bolshevik party were promising peace, land, and bread" under a communist system.

the death penalty restoration, together with other measures, constitutes only a small part of what was necessary in the Army stricken with the terrible evils of insubordination.

"In the present month," General Korniloff said, "soldiers have killed four regimental commanders and other officers and ceased these outrages only when they were threatened with being shot. Quite recently, one of the regiments, which fought so splendidly at the beginning of the revolution, abandoned its position on the front nothing except an order to exterminate the entire regiment caused them to return to their positions. Thus, we are fighting anarchy in the Army," the commander continued, "undoubtedly it will finally be repressed, but the danger of fresh debacles is weighing constantly on the country."

"If Russia wishes to be saved, the Army must be regenerated at any cost. We must immediately take measures such as I have directed." The general then outlined the measures, in addition to restoration of the death penalty, which are: first, restoration of discipline in the Army by the strengthening of the authority of officers; second, appointing other financial positions of officers, who have been in a very difficult position in the recent military operations; third, restrictions on the functions of regimental committees, which although managing economic affairs of the regiment, must not be permitted to take any part in decisions regarding military operations or the appointment of leaders.

The commander went on to say that according to information at his disposal, the condition of the railways was such that by November the Army would not receive any more supplies. In support of the statement he quoted a telegram from the Commander-in-Chief of the Southwestern front saying that the shortage of bread and biscuits on the front amounted to almost famine.

General Korniloff then read figures relating to the production of war materials, which he said, had decreased, compared with the period from October 1916 to January 1917, 60% less guns and shells and 80% less airplanes have been produced. "If this state of affairs continues," he added, "the Russian armies will find themselves incapable of continuing the fighting."

To read past editions of News Reports from the Front, visit the Historical Society section of Emmitsburg.net.



al fighting. Since they cannot make those affidavits, however, the Elders feared the young men might be forced into the fighting ranks. The Secretary assures the Elders that a way would be worked out to ensure the young men are assigned noncombative work.

The President's orders relating to the exemption of married men under the selective service law were made public last night. It draws on the theory that bona fide dependence should be the rule for allowing exemption claims. This is taken to mean that married men whose wives and children naturally are dependent on their support should not be drafted into the Army. However, this only applies to men married before the draft was announced. Men who married after their given an exemption.

Immediate expansion of building

war to a triumphant end. The enemy countries know better than to try to bring about a decision this year, but their people have sweet hopes."

"We cannot doubt that the Americans will fight not only because the great financial and industrial powers in that country do not wish to drop the golden fruit of war orders, but because they look forward to the days of peace when battered Europe will have to be rebuilt with American help. The American government does not know whether next year the Allies, with the help of American soldiers, will win, but it knows that it will need an army to reinforce its position in Central and South America, in the Pacific, and in the far east."

As the day approaches for the opendraft numbers were called will not be ing of the extraordinary National Council at Moscow, newspapers are full of speculation concerning ex-

A meeting of the Provisional Government Commissioners came to the conclusion that Russia was suffering from a state of organized anarchy, due to independent minded local committees. It was resolved that control over their acts was necessary and that the Commissioners should have the power of challenging any act contrary to the policy of the Provisional government. The government went a step further and decreed plenary powers for the Ministers of the Interior and Food Supply, enabling them to take repressive measures against objectionable persons or bodies. At the conference, Premier Ker-

ensky introduced General Korniloff, saying the government had thought it necessary to invite the Commander-in-Chief to lay before the conference the situation at the front and in the Army. General Korniloff said that

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# HISTORY

# The History of Emmitsburg

James Helman Edited by the Emmitsburg **Historical Society** 

### Part 5 – The founding of Emmitsburg

**C** amuel Emmit, the founder of JEmmitsburg, took out a patent May 17th, 1757, for 2,250 acres of land. He was not the earliest settler in this section, but he was a farseeing man, and used his intelligence, knowing towns would be a nucleus for a community, he early sold off lots of land to incoming persons, and established a center here, in this beautiful valley, which has afforded so many returning descendants of the pioneers, as well as strangers pleasure to sniff the fresh, fragrant air that invigorates the spirit of the depressed. One good father in the Roman Catholic Church when asked how he liked his new field of labor (he had been removed to Germantown), replied, "Heaven first, Emmitsburg next." We may seek other places and decry our own, but nowhere on the earth will you find more beautiful surroundings.

The landscape could not be

improved; the health resorts are no better. The genial cities of the 39th degrees, with the exception of an occasional blizzard, which all sections are heir to neither heat nor cold become excessive, a happy Medium reigns. We know it. Do we appreciate it? The mountains hard by are a protection, many storms miss us, they are divided by these mountains; we see them as they flee away to the north or south. There is honor due Mr. Emmit for his perception and selection of such a truly lovely spot. Is it not the theme of the graduate as she pens her verses for the great day of her life, and deplores her department from the shadow of Carrick's Knob?

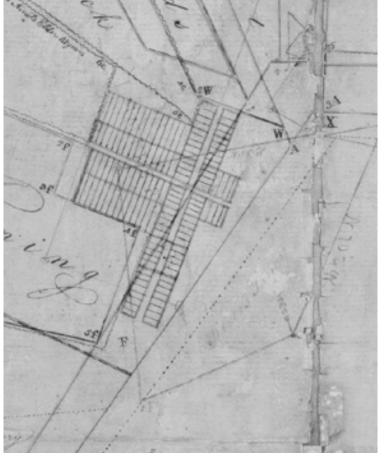
Do we not, with it in view front our infancy, stand and gaze upon it, not only when it is covered with leaves, but in its barrenness, and when the snow covers its peak, and we await the rising moon to increase its splendor. When we ascend its Indian look out and gaze over the landscape, taking in the range of the mountain, then following the course of old Toms Creek, in our vision we behold the grandeur of the valley as it lies beneath our feet, filled

with the well cared for buildings and productive farms. There is a halo of satisfaction around every life, but to him who has proper appreciation of great and grand scenery, he can feast to his fullness here. Yea, if he has not seen the beauties, let him visit some locality where all is level for a hundred miles, and his eye will tire at the sameness of the place, and he will long for the hills and valleys to reinstate him in favor with himself.

This town was laid out in 1785. At a public meeting held at Hockensmith's Tavern (the farm now owned by Meade Fuss), John McGorgan was called to the chair. He proposed to change the name from Poplar Fields to Emmitsburg, in honor of Samuel Emmit, one of the largest landholders in the district. All persons threw up their hats, clapped their hands and hurrahed for Emmitsburg.

The company had quite a merry time, having drunk the health of the newly baptized town; they returned home full of sanguine expectation as to the rapid growth of the infant settlement. The population at this time consisted of seven families: Capt. Richard Jennings, merchant; Adam Hoffman, hatter; John Rogers, tavern keeper; Michael Smith, blacksmith; Frederick Baird, carpenter; James and Joseph Hughes, merchant and architect.

Capt. Richard Jennings built the first house, a one-story log house, on the lot No. 27, now owned by Eugene E. Zimmerman. The first brick house was built adjoining this log house by



The earliest known drawing of the town of Emmitsburg showing the overlap with a pre-existing deed for a track of land called Silver Fancy owned by the Delaney brothers of Frederick. To correct the error, William Emmit had to buy the Silver Fancy track from the Delaneys and have all the deeds for the lots he had sold in his town re-written. The deed corrections would cause confusion years later as some read them to mean the town was once called Silver Fancy. It was not.

Capt. Jennings, known later as the Otter tavern; James and Joseph Hughs built on lot No. 28 where the Spangler house now stands, and lot No. 11 where the bank and Elder's drug store stands. Lot No. 12, Adam Hoff-

man, batter, built a log house where Philip Lawrence lives; lot No. 13, John Rogers, tavern keeper, built the log house where Mrs. F. A. Adelsberger lives; lot No. 22, Michael Smith, blacksmith, built the house now Mi-







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# **OBITUARIES**

chael Hoke's; lot No. 24, the present Presbyterian parsonage, was built by Frederick Baird; said to be the third brick house built in town; lot No. 29, the large brick house burned in fire of 1863, was built by John Troxell. The lots left by Samuel Emmit by will to his wife and children are No. ii to his wife, where Kerrigan's shop stands; lot No.4 to his son Abraham James, the lot of Wm. Lansinger; lot 10 to his grandchild, Wm. Porter, the lot where Dr. C. D. Eichelberger live, Rotering and Charles Zeck occupy; lot 16 to daughter Mary, the lot now owned by F. Payne; lot 17 to his son Josiah, the lot where the Reformed church stands. Abrahain James Emmit lived in house No. 126, the house now owned by Mrs. George Gillelan, where he died. Wm. Emmit was the executor of his father, a magistrate, a bachelor. Deeds are still in existence with his signature attached.

#### **Emmit Family**

Samuel Emmit, an Irish emigrant, in company with Win. Shields, who was married to his sister, came into this locality and took out patents for lands May 7th, 1757; they were not the earliest settlers; they were of the number coming with the third influx, 1730, 1746, 1757. Amongst this third was Key, the father of the national song; the men coming at this period proved to be strong men, as their descendants have evidenced. Samuel Emmit and wife are buried in the Presbyterian cemetery in unmarked graves. Come with me to that hallowed spot where so many of the early settlers sleep, and drop a tear on these lonely graves, not for Mr. Emmit, but for the regret. Over a hundred years has witnessed the changing seasons, yet no man felt interested enough to place a tablet to Emmit's memory. I solicit a contribution of ten cents from each reader of the History of Emmitsburg towards a marker to the memory of Samuel Emmit and wife.

Joseph Crooks and wife lived at Smithsburg, Md.; he is bur-



It is with great sadness that the family of Harry Bradford Gamble, Jr. announces his passing after a battle with cancer, on July 6, at age 68. Harry was surrounded by his family at his home in Emmitsburg.

Harry was born on February 15. 1949 in North East, MD, the son of the late Harry and Dorothy (Lum) Gamble, Sr. After graduating from North East High School, Harry attended the University of Maryland - College Park, earning a degree in business. Harry was the beloved husband of Nancy (Walke) Gamble; loving father to Elizabeth (Todd) Outten, Anne (Greg) Brown, and Caroline (Jared) McDermott; and adoring Pop Pop to Harry and George Brown, Charlotte McDermott, and granddaughter Outten, expected in December. Harry is survived

ied in Chambersburg, Pa. Mrs. Crooks, Richmond, Ohio. The last property in the Emmit name was purchased by David Gamble in 1838, now the George Miller farm. The last record of Samuel Emmit; he was living in 1797.

#### Shields' Addition

William Shields purchased from Samuel Emmit, September 29th, 1787, 106 acres of land, west and adjoining the west end of Emmitsburg, he continued the town and named it Shields' Addition.

A ground rent of ten dollars was included in the purchase of

# Harry Bradford Gamble, Jr.

by his sisters Linda Ingerson, Marietta (Bob) Beal, and Shirley Hawkins and brother Ronnie Gamble, as well as several nieces and nephews.

Harry worked for the Centers for Medicare and Medicaid Services for 36 years and was a nationally recognized expert in the field. After retirement, he continued to work in the industry with his friends at Neil Hoosier & Associates. Harry was a great outdoorsman who had a passion for hunting deer and water fowl as well as foxhunting and also enjoyed making hay on his farm.

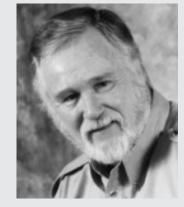
Harry had a larger than life personality and sense of adventure, which drew many friends and stories. He took advantage of every moment of every day and took pleasure in the simple things in life. He will be missed by many, especially his family, who mattered most to him.

A memorial service was held on July 11 at Eyler's Valley Chapel, at 7504 Hampton Valley Road, Emmitsburg. Donations in memory of Harry may be made to Ducks Unlimited and Pheasants Forever. Arrangements have been entrusted to Myers-Durboraw Funeral Home in Emmitsburg. www. myersdurborawfh.com.

each lot, which was collected for many years and abandoned. At odd times prior to the dates of lot owners named, Duphorn, Shockey, Walters, Smith, Cunningham, Moreland, Dugan, owned lots on Main Street. Burket, Duncan, Lucket, colored people lived on alley. The tearing away of the tan yard and sale of lots of the Jacob Motter property was the extension of the west end, as well as the sale of the lot formerly connected with the hotel, Black's Tavern.

#### Part 6 next month

# **Donald Begg**



Donald John Begg, 85 of White Haven, Pennsylvania passed peacefully on July 3, 2017. Don was preceded in death by his beloved wife, Janet Mary, and his eldest son, Kim.

Donald is survived by sons Sean Begg of Hinesville Georgia, Douglas Begg of White Haven, Pennsylvania, and daughters Shelli De-Loach of Holland, Michigan and Pamela Geniac of Eagle Idaho, 12 grandchildren, and 5 great-grandchildren

Don was born September 19,1931 in Toronto, Ontario, Canada. With an Irish mother and a Scottish father, Don was blessed with an entertaining and bawdy sense of humor, one his daughters found simultaneously hilarious and mortifying, while his sons later adopted as their own.

Don was raised in Oakville Ontario where he swam and sailed in Lake Ontario, played hockey, and pursued his love of art. After graduating from High School, Donnie enlisted in the Canadian Merchant Marines. Don graduated from Ontario College of Art in 1952 with a Bachelor's degree in Fine Art with emphasis in Graphic Design and Sculpture.

After earning his college degree, Donald immigrated to the US in 1961 to work for Creative Industries in Detroit, Michigan. He became a naturalized US citizen in 1967. Landing a position as Art Director with the Doty & Phillips Advertising Agency brought Don to Battle Creek Michigan. Don later accepted as director of the FEMA Graphic Arts Dept.

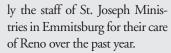
In 1980 Don became Media Director at FEMA's National Fire Academy in Emmitsburg. It was while working at the firefighters academy at that Don designed two symbolic memorials: The National Fallen Firefighter's Memorial and The National Fallen Civil Servant's Memorial. Both memorials reside on the grounds of the National Fire Academy.

With Don, it was always family first. His children have the fondest memories of vacations, cookouts, holidays and church camp.

Per Don's wishes, there was no funeral, but his children embarked on a remembrance road trip, visiting the places that were dearest to him in life and ending at the Gulf of Mexico where he was rejoined to his beloved wife when they scattering his ashes into the sea.

In lieu of flowers or cards, please donate in honor of Donald Begg to the nonprofit society of the American College of Cardiology.

### Reno M. Eyler



Surviving are sisters, Dolores Wivell and husband James "Buff" of Thurmont, Margaret Ott of Emmitsburg, Dorothy Damuth and husband Art of Emmitsburg, and Shirley Smith and husband Richard of Gettysburg; brother, Eugene Eyler and wife Fran of Thurmont; and many nieces, nephews, great-nieces, and great-nephews. He was predeceased by sister, Nancy Eyler and by brothers-in-law, Jack Eyler and John Ott, Sr. The family will receive friends on August 12 from 10 a.m. until the time of a memorial service at 11 a.m. at Elias Lutheran Church, 100 W. North St., Emmitsburg, with Rev. Jon R. Greenstone officiating. Burial will be private. In lieu of flowers, memorial contributions may be made to the Rouzerville Fish & Game Association to benefit "Youth Day", 11721 Woodhaven Rd., Waynesboro, PA 17268. Arrangements have been entrusted to the Myers-Durboraw Funeral Home. Online condolences may be expressed to the family at www.myersdurborawfh.com.





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Blacks Funeral Home 60 Water Street • Thurmont • 240-288-1300 www.blacksfuneralhomes.com Dfield, MD, he was the son of the late Dilly Reno Eyler and Marian (Stonesifer) Eyler.

Dorn March 22, 1939 in Win-

Reno was a concrete carpenter and worked in construction for most of his career. He was a member of Elias Evangelical Lutheran Church. An avid hunter and outdoorsman, he was a lifetime member of the Rouzerville Fish & Game Association and the National Rifle Association. Reno was a gun enthusiast and collector and had a great working knowledge of guns. He enjoyed reading history, especially about the "Old West" and pioneer days. He played many sports alongside his brother Gene. The family wishes to thank the doctors and nurses at both Gettysburg and York Hospitals and especial-

# MOM'S TIME OUT

# Teaching Children the rules

#### **Michele Brown**

s our children grow up we teach A them rules. There are rules for everything from washing your hands to not running with scissors to don't rob a bank. If there is one thing this world has it is an overabundance of rules.

When my children were toddlers the rules began. Don't stick anything in the electrical outlet. Don't bite other people. Eat what we put in front of you (or at least try it). As they moved into the elementary age the rules change, with the understanding that the old rules were still in effect. At this age the rules became more about hygiene and cleanliness. Next, came the middle school years with a whole new set of rules. You may not date yet. You may not have a smart phone. You will shower on a regular basis. In high school the rules were cemented into their subconscious.

If they broke a rule that had been in place for years, when they were in high school, the punishment became more severe. Losing your cell phone for a month (especially with no home phone) is apparently devastating to a teenager. A second infraction would lose them anything that plugged into the wall....gasp! This age also brought about rules of its own. Most of which involved their grades, cleaning their room and people of the opposite sex.

I am very naïve, but not so naïve to believe my children are going to abide by all of my rules, or anyone else's for that matter. That doesn't mean I don't expect them to and raise them to. As children they will test their boundaries and test my patience. They learn from this as well as from the rules we put in place. If my husband and I didn't implement and enforce these rules our kids would struggle more and more over the years with following rules regardless of an understanding of those rules. It is our job as parents to create rule followers. I know this will get under the skin of some people who would say, "What about raising free spirits or free thinkers?" Just because you raise a child to follow rules it does not mean you don't teach them to think for themselves and be creative.

So what is my point to all of this rule talk? How do you explain to your children that someone didn't follow the rules at one of their favorite childhood trips and it cost some animals their lives. The two youngest became very sad and shed some tears. My second son wanted names and a day of reckoning. He is all about fighting for the underdog and righting wrongs. For anyone who has followed my articles you know that my oldest is actually having the hardest time with this. If you go to a place of business and they explain the rules (repeatedly), whether you agree or even understand you follow those rules. He may never understand why someone would disobey rules and especially to the detriment of animals. I have tried to explain that I don't believe the people's intention was to hurt the animals in any way. He doesn't want hear that. The fact that the rules were made clear and then ignored will never set with him.

I have used this as a learning experience that will hopefully stick with them for a long time. After many years of attending an indoor play

Gettysburg Transmissionsuc DAVE& JANE'S august is a following rules when they are in place. great time Automatic or Maunal We can respect rules that are posted Most Makes, Models & Years and understand that there is most of-For Crabsi Automotive Repair & Services ten a very good reason for those rules By the Dozen, Bushel or **Certified State Inspection Facility** (whether we realize it at the moment All-You-Can-Eat! Custom Exhaust Systems or not). We can raise and encourage In House our children to understand and re-Over 15 Years Experience ~ All Work Guaranteed orspect that rules are important. As for Restaurant & Loungs 22 Weikert Road, Gettysburg, PA 17325 Carry-Out! Fairfield, PA 717-642-9700 HOURS: 2989 Tract Road, Bill Eiker 717-642-5025 Mon.-Wed. 717-642-6574 4 p.m. - 10 p.m. Take-Out Thurs.-Sun. Major Credit Reservations or Walk-Ins Welcome 11 a.m. - 10 p.m. Come Check Out Our Page On Facebook! mitsburg.net. A Wide Variety Of Crafts & Crafting Supplies Home Decor ~ Gifts ~ Fashion Jewelry Super Saturday Ladies Night Out All In Stock August 19th August 25th **Outdoor Fabric** 9 a.m. - 3 p.m. 7 - 10 p.m. WITH THIS AD! Back Fashion Event! Saturday, Sept. 2nd For the entire month of August! hool 9 a.m. - 3 p.m. DISCOUNT FABRICS USA 1-271-2266 16 West Baltimore Street, Taneytown 108 N. Carroll St., Thurmont, MD 21788 Thursday & Friday 12 - 8 p.m. Saturday 10 a.m. - 3 p.m. w.reddoortaneytown.com 443-331-3933 9:30 a.m. - 5:00 p.m. 6 Days, Closed Sundays www.discountfabricsusacorp.com Heart

must wear under garments". My kids were confused why this was suddenly an important rule. I explained that maybe it had something to do with our last visit. As the kids were playing video games and bowling I noticed a toddler with no "undergarment" have an accident while going down the slide. The bottom line is whether you understand the rule or the motivation behind it you still abide by it. If you choose not to follow a rule then do not frequent the place with that rule. After all, if you don't like a rule that an establishment has you most certainly don't need to go to that place. This was a sad day for my family and many others and an even sadder day for the people who lost their animals. Nothing any of us do or say can change this particular outcome, but we can change future outcomes by

place a new rule was posted by the

indoor slide that read, "All children

me, I will be praying for the people who lost the animals and for the people who most likely caused the loss. To read past editions of Mom's Time Out, visit the Author's section of Em-

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# COOKING

# **Questions about peaches!**

#### **Carol Cogliano** Hollabaugh Brothers

This month's article is going to be slightly different than my norm - no recipes, but lots of information! I was inspired by our customers at Hollabaugh's, who, while shopping for peaches on our Bin Porch, stop and ask all sorts of questions this time of year! The information in this month's article has been provided by my co-workers, who helped address some of Hollabaugh's most "Frequently Asked Questions" about peaches.

Is there a difference between "tree-ripened" and "ready to eat"? Yes -- they are NOT synonymous. "Tree-ripened" is a phenological state at which point a peach has developed the maturity it needs for harvest. "Ready to eat" is an individual person's preference for taste more than anything else, but for peaches, we generally wait until they have softened a bit before we eat them, which happens when they're left at room temperature (or in a paper bag if you really want to speed up the process). We harvest thousands of bushels of peaches on our farm every year, many varieties of which are maturing at a similar rate out in the field, but are affected almost daily by the heat, humidity, rain, etc. Now, imagine waiting until all of those peaches are soft to the touch before beginning harvest. What condition do you think they'd be in by the time they arrived at our farm market, less than a mile from their harvest location? Now imagine what condition they'd be like when they were trucked to Florida, where many of our wholesale customers are located?

Will a peach stop ripening, once it is refrigerated? No. Refrigeration slows down the production and release of ethylene, the naturally occurring chemical all fruits produce to ripen, but it does not STOP the ripening process. Akin to the conversation above, if we didn't refrigerate our peaches, they would have no shelf life, and therefore no marketability.

What is the difference between "free-stone" and "cling"? Just like apples, there are thousands of varieties of peaches, with very different charhave the characteristic "tang" that yellow peaches have (which tend to have higher acidity levels).

Which peaches are good for eating/canning/baking? Folks often ask which variety is best for canning or baking versus eating fresh. The truth is, most any yellow peach is good for most anything! Unlike apples, where you have certain varieties that are extra hard and tart (like a Granny Smith) and other varieties that are softer and sweeter (like a Golden Delicious), most yellow peaches have very subtle differences in flavor, texture, and sweetness such that they're pretty versatile! Of course, just like with anything, often your own tastebuds will steer you towards a personal favorite variety. It's really just a case of personal preference, and at Hollabaugh's, we are happy to let our customers sample any peach before purchase, so please don't hesitate to ask!

Do you freeze your peaches from last year's crop? No, never. Customers sometimes suspect this, because the peaches are sometimes still cold when we put them out, and of course still firm (tree-ripened). As mentioned above, if we did not refrigerate our peaches overnight, when they are not out for sale, they would have no shelf life, and they would not be marketable. They are firm because they are "tree-ripe" and not necessarily "ready to eat". A day or two on the counter at home will solve that, and you will be left with a ripe, sweet, juicy peach!

What are "split seeds"? Split seeds are often the result of a spring frost when the peaches are in bloom and being fertilized. The fertilization process is "disturbed" by the cold temps and an anomaly occurs. These peaches are often some of the earliest (because they bloom earliest - when there is the most risk of cold temps) and are difficult to market. There is wrong with the peach or its flavor eating qualities, but if the

sweet, delicious peaches. They don't split is wide enough, sometimes insects will make their way down in the split, and sometimes moisture collects, and you get mold. We try to weed out the most severe split seeds, but - as mentioned - this is often what occurs in our very early peaches when everyone is screaming for peaches. Throwing them on the ground is not a solution. Rather - we encourage customers to use them and/or refrigerate them - rather quickly - to avoid the things mentioned above.

> Is there a such thing as a "Chambersburg Peach"? Nope! Many of our customers ask for "Chambersburg peaches", but there truly is no such thing. We believe this came about years ago - when the Chambersburg/ Fayetteville area grew a lot of peaches. Produce vendors from the west (i.e. Pittsburgh) would hop on the turnpike, pick up peaches as soon as they could see them (Chambersburg exit off the turnpike) and just call them Chambersburg peaches.

> ...and one last important point for customers to understand: The drier the season, the better the peach. Think of your biology class: You have a beaker of water and put a teaspoon of sugar in? So-so sweet. Have the same beaker of water and add a cup of sugar? super sweet. So - if you have a lot of rain - your beaker suddenly is quite full with moderate sugar. If you get very little rain – the peach is just loaded with sugar - no dilution is taking place. As growers, we will always opt for dry than wet. Too dry and you have a smaller crop, but too wet and fruit fills with water not sugar - and isn't as tasty. The same is true for sweet corn. Also too wet and we're wide open for lots of mold, bug, and decay.

> We hope that our "Peach FAQ" has taught you something new about peaches! Education is a big part of what we do at Hollabaugh's, and we love to share our knowledge of fruits and vegetables with everyone.





Hollabaugh Bros., Inc. will be celebrating our annual Peach Fest on Saturday and Sunday, August 12 and 13 from 12 -5 p.m. each day, featuring: peach samples galore, home-made peach ice cream sundaes and peach baked goods, lawn games, wagon rides, face painting, kids' bounce house, fun kids' activities, Fairy Tale Trail walking storybook path and many peachy deals on peach products.

Our guests will enjoy special music from:

Klinger McFry, Saturday from 12:30-4:30 p.m.: Americana music has a new name and that name is "Klinger-McFry". Playing songs that range from Hank Williams Sr. to Fleetwood Mac, the band puts their own twist on classic songs from all genres of music.

Across the Pond, Sunday from

12:30-4:30 p.m.: Across the Pond is a local Celtic trio entertaining crowds of all ages throughout the northeast and into Canada. They perform traditional and contemporary songs and tunes. This high-energy band also performs hauntingly beautiful slow airs, love songs & ballads.

Be sure to join us for our most popular event of the year! Hollabaugh's is located at 545 Carlisle Road, Biglerville, PA 17307. Visit www.hollabaughbros.com for a full listing of their upcoming events and classes or call 717-677-8412 for more information.

Carol Cogliano is the Director of Events at Hollabaugh Bros., Inc. Visit www. hollabaughbros.com for a full listing of their upcoming events and classes or call 717-677-8412 to register.



Live Music, Events, Food, Wine &

acteristics. "Freestone" (will come off the pit) vs. "semi-freestone" (will not come off the pit), for example: people typically prefer freestone (especially when they are interested in canning), but early in the season, many of the varieties tend to stick to the pit. They are delicious and sweet and juicy, and well worth the effort to fight off the pit. (Sometimes they are referred to as "cling", but Cling is actually a variety of peach that is typically grown in California.) Late season peaches tend to be all freestone, which is why, if you are interesting in canning, it is best to wait until prime peach season - August.

What is a sub-acid peach? Peaches can be either white or yellow fleshed. White peaches tend to be what are called "sub-acid", which means they have a lower acidity level. From an eating standpoint, they're just pure,

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# **LIBRARY NEWS**

### **Blue Ridge Summit** Free Library Events

#### **Standing Events**

Monday- Lego and Wee Build Creation night!!! Let your imagination show its genius! All ages welcome. From 3:30-5:30 p.m.

Wednesday - Coffee club in the community room from 3:30-5 p.m.! Mingle with the gang for coffee, tea, puzzles, board games, coloring books, etc. Food donations appreciated.

Wednesday- VITT (very important teens and 'tweens) night. The community room is reserved for teen use from 6 - 7:30 p.m. Just hang out or play WII, play board games, do puzzles, eat snacks, watch movies, make movies, etc.!

Thursday- The new teen/tween challenge hour will be Thursday from 3:30-4:30 p.m. Engage your brain with crafts, games, and reading challenges.

Saturday - Join us at 11 a.m. for Story and Craft Hour and all of its festivities! What could be better than a great book, a good snack, and a fun craft?

#### **Upcoming Special Events**

Aug 5th will be the last day of the summer reading program. Join us for Miss Nancy's Potluck Picnic and Book Par-Tea from noon until 2 p.m. The Summit Stitchers Quilt Club is meeting on Aug. 15th at 5:30 p.m. New members and new projects always welcome! Any skill level may attend.

On Aug. 29th we will be showing the movie "Guardians of the Galaxy Vol. 2", rated PG-13. The movie will start at 6 p.m.

The Blue Ridge Free Library is located at 13676 Monterey Lane, Blue Ridge Summit, PA. 17214

### Frederick Public Library

Last month I introduced you to a service offered by the library where you can have an online chat with a librarian on your computer at home or on your mobile device, AskUs-Now! This month I will introduce you to Cynthia who performs this service at the Emmitsburg library.

Cynthia, "What do you like best about your work with AskUsNow?" I very much enjoy the questions and interactions with our upper elementary and teen researchers. They are usually so enthusiastic and appreciative of our help in their school assignments and they are often writing reports on the most interesting subjects. I find myself doing further research to answer my own questions!

"How long have you worked at FCPL?" At the end of this coming October, I'll have worked here eleven years.

August 13

"What do you like about your job?" Working with our patrons of all ages and helping them find what they're searching for is totally gratifying to me. From a good book about the underground railroad for a child to specialized cooking techniques for an adult, I so much enjoy helping people discover the many diverse sources and services libraries have available to help them.

"What types of books/genres do you like to read?" Everything. I especially love history so I enjoy readbiographies/autobiographies, ing memoirs, narrative non-fiction and historical fiction.

"What books are you currently reading?" Well, right now I'm reading, Gaining Ground: A Story of Farmer's Markets, Local Food and Saving the Family Farm by Forrest Pritchard. I'm also listening, and greatly enjoying, Don Quixote by Miguel Cervantes on CD while driving.

"Is there a particular format you prefer?" Print is my choice, but I enjoy audio books in the car and have also enjoyed Playaways (a small compact player about the size of a tape cassette that you plug in headphones or ear plugs to listen to), while walking and doing housework.

"Is there anything else you'd like to share with our readers?" I mentioned previously that I enjoy all genres and the main reason is because of our Staff Picks (displayed in our library nook). These sugges-

l/har

PUBLIC

tions have served to broaden my interests and curiosity as I read the picks of my fellow workers from every possible genre!

Once again I'd like to remind you to sign up for the Summer Challenge at the Library. Besides reading and lots of games either on the paper game board or even more on line, there are plenty of chances for you to win lots of prizes. All children and teens are always welcome and for the third year in a row, adults are welcome too! The program runs through August 31st and you can sign up at any branch or on our website at www.FCPL. org/summer. So join the fun!!!

And since the town's swimming pool will be closed this summer for upgrades, the Emmitsburg Branch Library is continuing increased program offerings, so join us for any of our summer programs listed below:

August 2 - Animals of the World presented by Critters and Conservation. Yes I CAN! Learn How to Can and Preserve (adults) 7 p.m. - 8 p.m. Thurmont Regional Library Community Room Learn proper methods and best practices for preserving and storing your garden's bounty.

August 3 - Compost Happens! (all ages) 3 p.m. - 4 p.m. Thurmont Regional Library Children's Program Room. Registration is open. Learn how to start or improve a compost pile right in your own back yard.

August 5 - Junior Gardener: Gourd Decorating (Grades 2-8) 10 a.m. - 11 a.m. Emmitsburg Branch Library. Registration begins 7/15 at 10 a.m. Decorate gourds for indoor or outdoor display with Silver Fancy Garden Club. All materials provided.

August 8 - Music and Movies: Family Night (all ages) 8/8 6 p.m. - 8 p.m. Thurmont Regional Library Community Room. August 8: Finding Nemo (G); August 15: Lilo and Stitch (PG), August 22: WALL-E (G); August 29: Up (PG). Presenter: Children's Services Staff.

August 9 - Futuremakers (Grades 3-5): 12 p.m. - 1 p.m. Emmitsburg Branch Library. Registration begins July 19 at 10 a.m. Hands on science with a make and take project.

August 10 - Read with Keyote and the Frederick Keys (Ages 0-10): 10:30 a.m. - 11 a.m. Emmitsburg p.m. Storytime followed by a short hike. Meet at Visitor Center, 14707 Park Central Rd, Thurmont.

August 12 - Sailboat Regatta (Grades 3-5): August 12, 10 a.m. - 12 p.m. Emmitsburg Branch Library. Registration is open. Build and race sailboats.

August 12 - Teen Clothing Swap (Grades 6-12): 1 p.m. - 3 p.m. Emmitsburg Branch Library. Update your school wardrobe for free. Bring clean and gently-used clothing and accessories to swap.

August 13 - Music on the Deck: Forever Young: 2 p.m. - 3:30 p.m. Cowboy music comes to the Thurmont Regional Library deck along with traditional country, bluegrass and gospel with Forever Young, a duo who recently moved to Frederick County from the heartland of Texas. Dale Young, retired from Navy Seabees, plays bass, sings and writes original music. His wife Kip, has been a musician since her Colorado high school days and has traveled throughout the United States and Japan sharing her talent for singing traditional country, western and cowboy music as well as tributes to the great women of country music, Patsy, Loretta, Tammy and Dolly! Summer Sunday afternoons means Music on the Deck. Series features the best of live, local bluegrass, country and traditional gospel.

August 14 - Hoke Furniture Company: Master Craftsman in Thurmont: 7 p.m. - 8 p.m.. Thurmont Regional Library Community Room. Grandson Steven Hoke presents the story of Hoke Furniture, a premiere American furniture manufacturing company located in downtown Thurmont, opened in 1946. Owners Lloyd and Clara May Hoke and their staff designed and built custom furniture for people across the United States and internationally.

August 15 - R.E.A.D. ® with Wags for Hope (Grades K-5): August 15, 5 p.m. - 6 p.m. Emmitsburg Branch Library, Children read to Reading Education Assistance Dogs. 6 p.m. - 8 p.m. Thurmont Regional Library Community Room

August 19 - Fountain Rock: Animal Architects (Ages 2+): 11 a.m. - 12 p.m. Emmitsburg Branch Library. Meet some resident animals of Fountain Rock Park and Nature Center. Get to know where to find them, what they eat, and how they survive in different habitats.



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Branch Library. Hear a story, ask questions, and take pictures with Frederick Keys mascot Keyote and a Keys player.

Hike at Catoctin Mountain Park (Ages 3+): August 11, 3 p.m. - 4

August 21 - Discover Space: So-August 11 - Storytime and Tyke lar Eclipse Party (all ages): 12 p.m. -4 p.m. Thurmont Regional Library. Experience the 2017 solar eclipse.



# **SCHOOL NEWS**

# Long summer costs

#### Joy Schaefer Frederick County School Board

The summer of 2017 is the longest summer break that Frederick County students have had in a long while. While most students are likely happy about that, they will be paying a price academically for that extra time, and students whose families have the least resources will pay the biggest price.

To understand the impact long breaks in the school calendar have on student learning we first have to understand the concept of the "achievement gap." The "achievement gap" is commonly understood as the continuing difference in academic performance between student groups identified by gender, race/ethnicity, and socioeconomic status.

These gaps in academic achievement and performance affect students' future access to opportunities, and could affect their ability to graduate with a high school diploma, attain an advanced degree, or employment. In Frederick County, we see persistent gaps among our students of different races/ethnicities, our special education students, students from low-income families, and English language learners.

Summertime can increase these gaps especially for students whose families lack the resources to provide quality learning and enrichment opportunities. This summer learning loss is something that has been researched since the early 1900s. Studies revealed that without opportunities to practice skills and learn new ones, the average student loses two months of math computational skills and low-income students can lose more than two months of reading achievement.

More recently, researchers have been examining the relationship

Eclipse viewing glasses provided, while supplies last.

August 23 - Boomer Afternoons: Chair Yoga (adults): 3 p.m. - 4 p.m. Emmitsburg Branch Library. Chair yoga presented by Pivot Physical Therapy. between summer learning loss and achievement gaps, and found summer learning loss that separates students can widen over time, putting some persistently further behind others.

To illustrate the link between the two, let's follow two students one a middle-income student and one a low-income student - from Kindergarten through 5th grade. We will assume they start Kindergarten at relatively the same level academically, and they grow during their first year of school at about the same rate. But during the summer between Kindergarten and first grade, the middle-income student participates in a variety of enrichment opportunities - summer reading, time at museums or libraries, camps, and family trips. Together, those enriching activities allow that student to continue to grow academically. Let's say this student attains a month's worth of growth.

With fewer resources, the low-income student may have limited or, in some cases, no opportunities to participate in these kinds of activities. As the research shows, over multiple summer months, he will lose some learned skills. This means that when school begins in the fall, this student will need a month or two to recover the skills and learning lost.

In our example, the low-income student begins first grade two months behind his fellow student. If both students grow during the year at the same rate, when they begin the summer between first grade and second grade, they will still be two months apart from each other in learning. If they repeat the same pattern of summer learning during the summer between first grade and second grade - gains on the part of the middle-income student and learning loss on the part of the low-income student - they will begin second grade in the fall with a three to four-month gap between them. Research has shown that by fifth grade, the low-income student can be as far as two to three academic years behind their middle-income peer. These gaps can be wider when students have special learning needs and lack access to services over the break.

For many years, the usual, planned summer break for Frederick County Public Schools (FCPS) has been ten weeks. Last year, the governor issued an Executive Order that mandated schools in Maryland begin after Labor Day and end by June 15. That order, coupled with a mild winter and only one school closing for snow conditions, provides a 12-week summer break this year. Future summers will be eleven to twelve weeks long.

Like all education challenges, preventing summer learning loss, closing achievement gaps requires a whole community effort. Schools, families, government, and community organizations will have to work together to leverage resources and capacity to re-engineer summer learning. Summer programs must not only ensure that we are reinforcing learned skills, but allow students to grow by building new ones. During the school year, it is critical to go beyond engaging students with quality instruction and enrichment. We must continue to provide attendance incentives, such as nutritious no or low-cost breakfast and lunch, and work with families to ensure attendance during the school year.

Joy Schaefer, Education Advocate, Frederick, MD. Joy serves on the Board of Education of Frederick County and is President of the Maryland Association of Boards of Education. Her opinions do not reflect the positions of these organizations.

gional Library. Ryan Burns from Stress Free Solutions shares tips about downsizing, de-cluttering excess items and organizing. Gain useful information whether you are transitioning to a new home or just cleaning up around the house. August 28 - Medicare: In Plain English (adults): 7 p.m. - 8 p.m. Thurmont Regional Library Com-



The One Mountain Foundation (OMF) and the Blue Ridge Summit Free Library are pleased to announce this year's recipients of the 2017 Mason Dixon Scholarships. This year's recipients are Matthew Bollinger, Albany Campbell, Austin Paulson, Hunter Ingram, and Maggie Dennis. The Mason Dixon Scholarship is given each year to qualified graduating seniors who reside in the communities of Blue Ridge Summit, Rouzerville, and Fairfield in Pennsylvania, and Cascade and Sabillasville in Maryland. The scholarships are funded through donations and fundraisers held throughout the year by the One Mountain Foundation and the Blue Ridge Summit Free Library. Pictured are Paul Pinkerton (OMF treasurer), Maggie Dennis, and Gregory Stocksdale (OMF Chairman). For further information, please contact the One Mountain Foundation at info@ onemountainfoundation.org.



# QUALITY AUTO REPAIR!

August 23 & 26 - Right Sizing: When to Hold 'Em-When to Fold 'Em! (adults): 6:30 p.m. - 8 p.m. Thurmont Regional Library Community Room. Pre-retirees and retirees can face unique challenges when deciding to either stay in their family home, or right size it to lower expenses, deal with health challenges, and/or invest for future returns. For some, selling your home, and buying a smaller home while utilizing the sale funds remainder to also buy an investment property, means you could achieve passive income each month. Learn more about this trend that gives you more choices when you need them the most!

August 26 - From Pulp to Paper (Grades 6-12): 10:30 a.m. - 11:45 August 26 - Art on the Deck: Carving (adult/teens): 1 p.m. - 2:30 p.m. Thurmont Regional Library Deck. Registration is open. Hands-on art exploration with artist Tom Sterner who will demonstrate the art of carving. Build a better world through art! August 28 - Simple Tips for

Downsizing (adults): August 28,

2 p.m. - 3:30 p.m. Thurmont Re-

a.m. Emmitsburg Branch Library.

Registration begins July 27, at 10

a.m. Transform old scraps of paper

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For more information on any of these events please call 301-600-7212.

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# FOUR YEARS AT THE MOUNT

With the approach of World Youth Day we asked our Mount students to write what they wish to teach or tell the youth of the world. We bid a fond farewell to Micheal Kenney who will be transferring to the University of Notre Dame and welcome Shea Rowell as the new junior writer.

# Sophomore Year

Life is short: live and love

### Angela Tongohan MSMU Class of 2020

Just last October, I turned eighteen. Eighteen is a big year. It's the first year where I am legally considered an adult. I can join the army, I can get a tattoo, I can buy a pack of cigarettes. I was exposed to a handful of opportunities and options that I did not have when I was younger.

However, eighteen felt no different from seventeen, or sixteen, or anything younger. At least, it didn't for me.

The truth of the matter is that age is just a number. And whether I be eighteen or anything under, I am still looked upon as young. I am young. Too young to understand the real problems going on in the world, at least, that's what many in older generations (including my mother) believe.

And on some level, it is true. I am eighteen but I am still cared for by my parents. They pay my tuition; they pay for my car. They give me money for food, clothes, or anything else my brain may temporarily want. I have the lowest possible amount of responsibility, yet I still find ways to get frustrated or angry when things don't go my way.

Now, I am not saying that all eighteen-year-olds are going through the same experience. I am fully aware that there are many eighteen-yearolds that are forced to grow up and mature far before they are ready or should need to. But as someone who has enjoyed "adulthood" the same way as I have enjoyed childhood, I feel I have realized quite a few things about the world.

First things first: It is okay to be childish. Not in the sense of pettiness or baby-like actions, but rather in the way we enjoy life. It is okay to give importance to the small things, the seemingly insignificant things. Like enjoying ice cream or having dinner. I often look at my parents and realize that they are always so stressed. Stressed about everything, anything. So much so that even the things that should bring smiles to their faces are not enjoyed. Family drives on the way to our vacation hotel should be filled with laughter and singing but is more often filled with worried tones and glances at the clock as they try to reach check-in.

Slow down. Life is short. Just because you are an adult and have responsibilities does not mean that you have to be serious all the time. It's okay to have fun. Enjoying life doesn't mean you aren't taking your responsibilities seriously anymore. It simply means you are enjoying everything you've worked hard for.

The second thing I've realized is that I have a lot to learn. And that we never really stop learning. Millennials have been getting a lot of limelight for being lazy, inexperienced, and ignorant. Stereotypes of course, and an easy target for memes, but in reality there are people who actually believe those claims. Times have changed. Technology has become a prominent aspect of life. Children spend more time on their phones than they do outside. There is a definite generational difference between millennials and baby boomers. And I don't want to go into depth about which generation was better or anything like that. I just want to point out the positives about both generations.

Baby boomers have had better experience appreciating the little things in life. They have childhood memories filled with the excitement of playing outside and having fun with other children. And while it seems like technology has only cultivated a society where everyone is separate, and enables each individual person to exist in their own personalized technological world, there are some benefits.

The millennial generation is accustomed to a world far bigger than the people they are able to interact with in person. They are absorbed in a world that include people from all over the world, from different places and backgrounds. They have been taught to be more open to those who may be considered different because they have been exposed to different through the use of social media and the internet.

While it may be true that we millennials are painfully unaware of everyday problems, we are possibly the most involved in worldwide issues. Our Twitters and Facebooks are filled with constant news about world events, politics, and minority abuse.

As a young person, I urge for people to be more open. To be open to ideas that are not their own, and to try and understand points of views that they may not necessarily agree with. The world is so much more than what we see around us, so much bigger than what is going on in our own personal lives.

We should enjoy life. Fill it with laughter and happiness. Accept whomever, however they may be. Treat everyone with kindness and love because everyone is deserving. Life is short, and while many believe you only realize it when you're old, I've realized it while I am still young.

I am thankful. Thankful for life and love and everything the Lord has blessed me with. And I hope that even as I get older, and experience my own problems; even when everything in life seems to be trying to pull me down and make me unhappy, that I am still able to buy an ice cream cone and smile.

To read other articles by Angela, visit the Authors section of Emmitsburg.net.

# Junior Year

# Drinking from glasses half full

### Shea Rowell MSMU Class of 2019

My name is Shea Rowell, and I am the newest member of the Emmitsburg News-Journal's Four Years at the Mount column. I am a junior at the Mount, and I am pursuing majors in English and Music. I am so happy to join the ENJ team as a way to deepen my "real-world" experiences in my field of study, and to participate more fully with the town of Emmitsburg, which has become a second home to me since my first day on campus. Thank you all very much for the opportunity—I'm so excited to be a part of the team!

The world today seems like a dark and dangerous place. With money to make, bills to pay, and deadlines to meet, the harsh realities of living surround us each day. In our lives, we may experience loss or sadness, brokenness or defeat. Looking at the world outside of our own lives can be equally dismal. Five minutes spent watching the news is enough to persuade most people to change the channel, for it reminds us each day of the horrors of our world: crimes against innocent people, disease outbreaks, wars abroad, and distrust of authority flood the news media. Scrolling down a social media news feed releases a torrent of disagreement and not-so-friendly debates. There seems to be more greed than love, more hatred than happiness. Negative messages are everywhere, and their influence is often enough to create a climate of hopelessness and despair. We ask ourselves, will the horrors ever stop? Will humans ever find peace? These questions are difficult to answer, and impossible to do so with certainty. However, a message that the world needs to hear more than any other is that there is goodness in the world. In fact, there is good in everything if we are determined enough to find it. Each person who passes us on the street, each situation that faces us in our day contains some elements that are good. Finding goodness, broadly described as optimism, may be misconstrued as blindness to reality. However, optimism is far from ignorance. Instead it is a conscious choice. An optimist sees a situation as it is, and chooses to focus upon the positive things instead of the negative ones. They see the negativity, acknowledge it, and dedicate their energy instead to goodness.

This is all well and good, but seeing the goodness in a situation doesn't really change anything does it? Changing your attitude about a situation doesn't affect the situation itself. Instead, the positive change is in you. However, this can make a world of difference. Those who focus on negativity reflect it and pass it on to others. Those who see anger and focus on anger share it with others, when they could be sharing peace. Those who see hopelessness and choose to despair spread their despair to others, when they could be spreading hope. Those who see and focus on failure discourage themselves and others, when they could become a source of positive motivation and improvement. Peace, hope, and encouragement, among other positive motives, drive people on to do great things and to lead better lives. It is goodness which inspires change-makers and world-improvers. Goodness is powerful, but how do you find it? Finding goodness in all situations requires a disciplined and open mind. There will always be challenges and losses that face us in our lives. However, the good lies within the way we transform them. Adversity and even suffering can be turned around into resilience and growth of character. Failure can be transformed into a fresh start. Loss can become renewal. Other people who challenge us give us the opportunity to defend what we value and even sometimes to reform our own perspectives. In this way, each difficulty we encounter is an opportunity to find the good and seize it. We are defined by the way we manage the challenges that come our way. Defeat is only for those who welcome it.

If finding the good in difficult situations is challenging, finding the good in people can be even more so. People make mistakes; we're only human. And our humanity is what makes us good. It is easy to get caught up in ourselves and forget that others around us have passions, lives, obligations, and values that define and drive them as much as ours do us. Most people, within the context of their own lives and situations, are simply trying to make life better for themselves and their loved ones. The person on the other end of the political spectrum, while passionately opposing your values, is equally determined to use their vote to make the world a better place. The driver who cuts you off in traffic is just another person trying to get to their destination safely and on time. Each person, regardless of their mistakes and differences, is inherently good and deserving of respect. People aim for the standard they are held to by others. Treating people as if there is good in them can change the way you see them and even the way they see themselves. You never know how much a friendly smile, a forgiving word, or a caring conversation will mean. However, sometimes no matter how hard we try, situations contain no goodness in themselves. Some tragedies are so great that optimism is out of place or even irreverent. In these situations, we have a responsibility to fulfill. Where there is no goodness to be found, we must create it. In the face of hatred we must show love and kindness. Where there is tragedy we must show solidarity and hope. Goodness can be created in

actions big and small. Generous giving, words of encouragement, even a simple friendly smile can change someone's day, or even someone's life, for the better. The best part is, people do this all the time. In every negative situation, there are good people working to improve it. Where there is poverty, there are people showing charity. Where there is illness there are those who bring healing. Where there is division there are those who strive for unity. Even today, in a world which seems so broken and so divided, there is a reason to be happy, and a motive to continue trying to make things better. The world is so full of goodness that we don't have to look far to find it, and it is so in need of goodness that it is our duty as humans to create it ourselves.

To read other articles by Shea, visit the Authors section of Emmitsburg.net.



# WORLD YOUTH DAY

# Senior Year

To whom it may concern

#### Sarah Muir MSMU Class of 2018

I presume to write to the youth of the world. A ridiculous endeavor to be sure since most of the populous get information by a combination of click-bait articles and summaries so there is a very small percentage that will read my words here. However, that has never stopped me from writing before and I see no reason why I should start now.

With the approach of World Youth Day, I offered this theme to these writers and found myself in a tight spot. I had nothing substantial to tell the youth of the world, I cannot offer sound advice to solve whatever problems they face or instruction on how the world works (mostly because I am still learning the ropes myself). I decided to share some general advice and hope that it helps someone.

To begin, the world has over seven billion people on it; seven billion people living and dying, experiencing heartache and heartbreak, love and hate, insurmountable joy and overwhelming loss. In this sea of humanity, you can often feel as though you have been set adrift, but this is never the case. I do not say this to belittle you or to compare your sufferings and triumphs against others in better or worse condition. I say this so that when the world closes in, when all is dark and it feels as though the air has left the room, I want you to know that you are not alone. Out of all those people there must be a handful that empathize with you and if they can continue, then so can you. I am not here to tell you that tomorrow you will wake up and all will be as it should, but I can tell you that sometimes it's okay

to take the time you need and breathe.

The next few pieces of advice should be a bit easier and hopefully lighter. Firstly, read. I cannot stress this enough. For when the world seems like a terrifying place and there is no place of rest, a book can provide sanctuary. In reading we are gifted the ability to share not only information, but ideas, and dreams, and sometimes, if the story is very good, an entire cosmos. Daydream too, not to excess, but enough on which to live. For it is in books and dreaming we can survive even the most trying circumstances. Secondly, great friends are hard to come by and oft times we settle for second rate company. Never underestimate the power of a great friend when finding one my advice can be boiled down to three words; quality over quantity. However, if you manage to acquire both, you are lucky indeed. Thirdly, do not make the mistake of wasting your youth growing up.

To the youth of the world I say this; be gentle with yourself. The fact that you exist in the world should be celebrated with every breath. It is true that the world can often be a difficult and dangerous place, but do not let this make you timid and fearful. The mass and majesty of the world is tremendous, and I do not wish for you to be so frightened by the shadows that you do not see that there is far more beauty in it than viciousness. It may feel, at times, as though it is your duty to change the world, to take it by storm, and refashion it into a better place. Not only that, but it can become frustrating when it appears that nothing has changed. However, your obligation is not to change the entire world in one colossal move, but to alter those lives, those wonderfully small worlds, we touch every day.

If you remember none of the advice above, at least remember this. Remember that every human is a part of the same humanity, the same family and within this family they deserve to be treated with the upmost dignity and respect. Your duty is to those people you meet on the street, in class, on the bus home. They are effected by the world like you are, touched and handled by life which can be hard and, in turn, can make people hard. Do not let it do so to you and help others remember how soft they once were.

This means, of course you that you merit the same treatment, to be treated with the same courtesy, the same dignity and respect that you have afforded to others. It is impossible for me not to mention my faith in this, so I will leave you with the words of Saint Pope John Paul II, "You are a thought of God, you are a heartbeat of God. To say this is like saying that you have a value which in a sense is infinite, that you matter to God in your completely unique individuality."

To read other articles by Sarah, visit the Authors section of Emmitsburg.net.

# The Graduate

# Leeanne Leary

MSMU Class of 2017

In keeping with the spirit and theme of the upcoming World Youth Day, I spent some time brainstorming this month.

What do I want to tell or teach the world?

Well, as a recent graduate of the Mount's Secondary Education program, I am literally about to teach (some children of) the world, so I've spent some brainpower on this already, naturally.

I have my personal mantras, beliefs that hark back to Catholic teachings, and practices that come from a very small amount of experience.

On the same note, I have minimal experience in the "real" world, probably less than every single person reading this article.

At the conclusion of those rambling thoughts, I decided that experience is pretty much everything. Sure, I have my pretty theories, but without experience there is minimal credibility, practical application, or real reason to invest in that theory. In the Army, experience is everything especially as a brandnew Second Lieutenant. I have a rank that tells the people around me I graduated college and deserve to be in a room, but the same rank essentially tells everyone around me that I don't know much about the Army. I will only have this rank for around eighteen months. After that, the gold bar will turn to black and with the simple switch of the Velcro patch, I'll be expected to know (just a little) more.

expected to have both experience and expertise. Their rank tells me to trust that they do, but really it tells me they have put in the years and have lived and worked through things that I don't yet understand.

In this very simple example, I found that experience is pitted at the center of trust and respect in the Army. That has come to life over the last month at Ft. Lee.

My classmates and I came here, as a requirement, to learn about our field and get experience with supply methods, vehicles, weapons systems, and more. So far, much of what we have done has been what some may recognize as "death by PowerPoint." Most days have been spent in the classroom learning and practicing the basics - terms, ideas, etc. Quite honestly, we had all been growing extremely tired of the monotony and, though we love the air conditioned building, had been itching to get outside and practice. This week, as a natural next step in this story, we finally got out into the field to get real experience in everything we had been learning. Our first task was relatively simple, creating and loading pallets onto a C17 Aircraft. We split up into our four squads and starting, for the first time, attempting to assemble these pallets. As it turns out, assembling them isn't really much of a task - assembling them correctly; however, with 11 people who had never seen it done, was a different story. Every step needed to be pre-planned and thought out. Every time a net was pulled over the top to secure the crates or a crate assembled, we needed to think ahead to transporting whatever we created, the way everything needed to be facing, which rings needed to be lined up where, etc., etc. To an experienced group, the task may be monotonous. To us, each move was calculated. After we got everything together the first time, we tore it down to do it once more.

The second time I may have done more watching than helping because (with this article topic already in my head) I saw something happening. This time, the moves were already calculated and the end result was already a picture in our minds. We didn't need to think about which way to lay a net on the ground, because we knew that the large rings hooked to the small hooks and crisscrossed at each corner. We had already seen it work and watched as the intricacies were taken apart step by step.

Again, I'm all about the simple examples this month, I saw experience in action.

I saw why my dainty ideas about how this could work flawlessly paled next to an experienced teacher. Now, as I like to do every month, I took this small, simple example and applied it to the idea at hand. way of assembling a palette.

My conclusion is relatively straightforward – I would like to share my beliefs with the world and influence people, but not before full understanding and practice. We shouldn't try to assemble a palette without practice and we shouldn't teach Irish poetry without ever reading a line. In the same light, we shouldn't make judgments or conclusions without understanding and experience. We shouldn't seek to impose our opinions on our neighbors without first spending time in the matter.

Experience is essential to full understanding, that is what the Army is teaching me and that is what I would like to share with the world.

To read other articles by Leeanne, visit the Authors section of Emmitsburg.net.



At the same time, a senior enlisted man or woman next to me is I do want to tell the world what I believe and what I know. I want to teach what is right and what is kind. I want to live in the spirit of World Youth Day, but I want to put every part of that to practice along the way.

Every single day in my classroom I can teach lessons on the intricacies in literature because I have spent four years testing my ideas on just that. I wouldn't, however, attempt to stand in from of 30 teenagers and teach Irish poetry because I know nothing about it. I haven't studied it, or read it, or researched it. Before this week, similarly, I wouldn't stand in front of soldiers and preach my preferred



# **FASHION**

# August's fashions

#### Valerie McPhail MSMU Class of 2015

Heralding late in the summer season, the sun's heat waves stroke the human heart, and in response we find ourselves touched by its warmth. Approach August, when such notions refer to imaginations of an endless summer: where the beach tide rolls in an abundance of joy and moments below sunsets painted in lavender purple and bubblegum pink radiate perfectly in memory.

Not far from the beaches of Montauk and the Hamptons, where such sentiments could surface, is a world

quite different in pace and lifestyle: New York City. Even in the summertime, hearts yearn for an endless summer. With distance from the ocean, fashion allows for a tangible form of expression on its city landscape. A similar weight of feeling is expressed in the cult followings of trends; these circulate perspectives on fashion. Labels, brand names and aesthetic all join forces to cultivate strong loyalty among fashion followers. Kicking back the flip flops to experience the entitlement for Gucci boots, swapping a crop top belly shirt for a rock-n-roll Stones tee with a slim fitted blazer and matching trousers - for un-

like Bruce Brown's 1966 documentary surf film, fashion's notions of an endless summer carries impression through clothing design made in the spirit of timeless fashion.

### Teen spirit

The smell of teen spirit rustles in the afternoon warm breeze, where the youth are out skateboarding the cobble stone streets of the city, and hanging about the streets of New York's downtown neighborhood, Soho. Among the young crowd there is a universal interest in graphic t-shirts. The oversized, worn-in, and in some instances, vintage tees replace the out of season, croppedtop apparel. With loyalty to Harley Davidson and the Ramones, Kiss and the Rolling Stones - unity around 80s and 90s punk rock bands are the anthem of current culture. Young adult fashions maturity not through expensive design, nor craftsmanship, but rather by labels and cultural reference. Summer fashion has caught its drift by encouraging its laid back, casual statement.

Memories of rock concerts spent at outdoor pavilions, and at small theatre venues pent up excitement over purchasing my very own band t-shirt as a momentum of the event. Now, vintage stores of all types, curations and customers – The East Village Metropolis, Vintage Twin and Supreme represent communities who appreciate the graphic tee. Worn tucked into shorts, untucked over dresses and styled with Con-

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Darlene Grube



J. W. Anderson's collaboration with Converse trend sets sporty men's fashion.

verses, the graphic t-shirt has become an emblem to identify interest in pop culture and humor. The youthful spirit of it style of clothing has created tangible influence with the accompanied Cobain song.

#### Good sport

With recent runway trends concerning loose fits and baggy business attire fashioned as big and aggressive as the wolf of Wall Street, designers have filled the gaps by creating a new type of noise: loud, rogue, off the charts- informal style far from Brooks Brother fashion.

A recent season at Pitti Ouomo, Florence's men's fashion fair earlier this summer season captured men's fashion interests of the moment: suit pieces and street wear flair for sneakers and polyester collared shirts. Both styles win the hearts of the sartorial and sporty alike. American brand Off-White, Russian designer, Gosha Rubchinskiy and the beloved J W Anderson all showcased styles unfamiliar to an old-fashioned type of gentleman. The sail in the wind has caught direction where more informal style of fashion, the short-sleeved t-shirts

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Proverbs 31: 10-3

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and jeans and Anderson's recent collaboration with Converse have become a definition of menswear fashion. At this time, this community is celebrating with accomplishment: elated feelings are felt present everywhere, and is expressed in the accessibility of this fashion.

#### Dress up

Haute Couture: arguably the strongest definition of fashion; it is a force to be reckoned with. Chanel's classic Flap bag, Gucci's Horsebit Loafer and Yves Saint Laurent's Motorcycle Jacket are unmistakable pieces of fashion. For some, these designs and their contemporary brands are singular definitions of fashion. For couture fashion leads trend setting status. Saint Laurent's spring 2017 Collection made of sheer cheetah dresses, sweetheart shaped bodice tops paired with boyfriend jeans spearhead accessible fashion for the public.

Although New York does not host couture fashion shows during it's annual fashion week season, the people of her city devote their fashion sensibility to the classic Chanel Boyfriend bag, Saint Laurent's rock and roll style and vibrant Gucci mules. For Madame Chanel dedicated her label to dressing women, Yves Saint Laurent provides a platform for New York to express its coming of age and Gucci represents the voice of a true New Yorker: loud and unapologetic. By nature couture is delicate and mistaken for soft spoken or timid. However the strength of its voice comes within the meaning for such detail attention in technique and craft. New York fashion finds value in this treasure.

As the nature of fashion looks ahead with all sights on new styles and attitudes towards design, a loving memory for traditional elements of fashion appears like the a strong sentiment for endless beach bum days and fun in the sun. The key link between similar notions relate on the appreciation for tradition. Memories of the sun setting along the beach, equate to a sentiment for a classic fashion look: a man's pleated suit pant for instance. Both sights create a sense of gratitude that overwhelms the spirit. The only difference is that New York appreciates through fashion, rather than the beach. In this summer season, dreamy memories commence over vintage graphic tees, suits and couture fashion in the same way the mind could mesmerize over a summer's sunset.



A leather-bound collection from Anthony Vaccarello defines classic NYC fashion.







# 202-445-1511

### HOURS:

Friday: 9 AM - 6 PM Saturday: 9 AM - 5 PM Sunday: 12 PM - 5 PM

Email: justin.staudinger@rustbyjustin.com Facebook: Rust by Justin Staudinger

> 38 E. Baltimore Street Taneytown, MD 21787

To read other articles by Valerie, visit the Authors section of Emmitsburg.net.

# **COMMUNITY NOTES**

# Watching the sky go dark locally

#### **Hillary Rothrock**

Tt's like something out of a Twi-Llight Zone episode. I can hear Rod Serling saying "Sometime in the middle of a perfectly normal summer day... the sun slowly started to go out." While we won't exactly be entering the Twilight Zone, it is rare for those of us in the Northeastern United States to be able to witness a practically total solar eclipse from the comfort of our own backyards. Solar eclipses aren't the rare occurrence we think they are; they happen about once every year, but rarely are they total. Which means total solar eclipses that are visible from the U.S. are very rare indeed. The hardest part of catching one is being in the right place at the right time and we're in for a real treat to close out this summer.

On August 21st, those of us in the Emmitsburg/Thurmont area will be lucky enough to be in the vicinity of a total solar eclipse. While locally we won't be able to see the totality of the event, we will be able to see enough to make it a special event of a lifetime. This solar eclipse will leave only a slight crescent, roughly 16%, of the sun visible at its maximum coverage and take about 3 hours from beginning to end. This provides locals plenty of time to go outside, pending no cloud coverage, to witness it. The eclipse will begin in our area at 1:17 pm and finish at 4:00 pm. It will take 2 hours and 43 minutes for the moon to traverse the area between us and the sun. It's not something you see everyday, or even every decade! The last time a solar eclipse of about this magnitude was visible in Thurmont was on Christmas Day in 2000 and before that on May 10, 1994.

Watching a solar eclipse is a lot of fun but it can be very dangerous. The following are ways you can fully enjoy it without getting hurt. Be sure to not only be prepared yourself but also for children in your care as well! What a blessing to be able to witness such a special celestial event.

Wear appropriate eye protection. Regular sunglasses won't be able to protect your eyes from the harmful UV rays and squinting will do nothing. You can find the CE/ISO certified solar eclipse viewing glasses you need at local establishment J. Rothrock Outfitters at 3 East Main Street in Thurmont, Maryland.

If you want to take photos or video with a smartphone, be sure to wear your certified safety viewing glasses so that you don't accidentally expose your eyes to the dangerous rays. Setting up a camera ahead of time to capture the event is a great idea but be sure to use a solar lens or special filter. Don't be surprised if the exposure doesn't work well, unless you do professional photography, it's going to be extremely difficult to get a good photo or video of it.

Do NOT look directly at the eclipse through any camera, telescope, binoculars or any other viewing device, even with the safety glasses. Some lenses can multiply the damaging rays and damage the safety glasses and then your eyes. You can seriously damage your retina, causing temporary or permanent blindness if you don't take safety seriously. Please don't allow children to look directly at the sun at any time.

You can create a pinhole scope which uses shadows to watch the sun disappear, allowing you to watch without looking up directly at the sun. Directions for various handmade indirect viewing mechanisms can be found at your local library.

Above all, don't miss it! Be sure to set an alarm for 2:41 pm on Monday August 21st. This is when the eclipse will be at it's maximum coverage.

Some locals are even traveling to Kentucky, Tennessee, North and South Carolina where the total eclipse can be viewed. They want to catch the blackout of the sun and witness the corona for approximately 2 minutes and 40 seconds. The sky should be as dark as a full moon where you can see the total eclipse. For many this is a once in a lifetime chance. However, if you're unable to travel, here are a few prime viewing locations in the Emmitsburg/Thurmont area.

- Emmitsburg Community Park: 328 Mountaineers Way, Emmitsburg
- Eyler Park: Eyler Road, Thurmont
- East End Park: Westview Drive, Thurmont

Best locations are places you would go to watch the sunset, those with unobstructed views of the sky, particularly the western horizon. Don't forget to leave your viewing spot better than you found it, removing all trash and leaving no damage. Prefer to watch from your own backyard? Go outside today and see if you have a good view of the sun between 1:00 and 4:00 in the afternoon. Please do not park along roads and highways. Find a safe and comfortable place to view and be aware of passing vehicles and other observers.

The next eclipses to look forward in our area are a partial lunar eclipse January 31st, 2018 and a total lunar eclipse January 20th, 2019. The next time we're expected to have a total solar eclipse visible from the U.S. isn't until April 8, 2024!







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# Taneytown Lions Club ffI1() WHEELS 外们 印积和DE AUGUST 18th - 4:45 p.m. Taneytown Memorial Park

#### Use Your Imagination & Creative Decorating Skills To Create An Entry!

Prizes will be given for categories including:

Prettiest, Most Original, Most Colorful, Best Presentation, Most Lionistic, Most Patriotic, Best Use of Imagination, Most Historic & any other category that seems appropriate!

GRAND PRIZE TROPHY WILL BE AWARDED - FREE RIDE COUPON FOR ALL PARTICIPANTS

The parade will form at the carnival grounds beginning at 4:15 p.m. and proceed through the park to the football field. All entries must include at least one wheel and total size can be no larger than a golf cart.

For entry forms and details contact: Bobbie Davis at 410-848-3163



# <u>ARTS</u>

# **Gettysburg Wine and Music Festival**

Wine and music enthusiasts are invited to enjoy central Pennsylvania's premier wine event, the 13th annual Gettysburg Wine & Music Festival, Sept. 9-10 at the Gateway Gettysburg Complex, 95 Presidential Circle, just outside historic Gettysburg.

Sample and purchase wine from 27 Pennsylvania wineries, take in offerings from more than 50 food

and craft vendors and dance to the region's best live music. The event annually draws more than 7,000 attendees.

"We invite you to enjoy a fall weekend in historic Gettysburg at the Gettysburg Wine & Music Festival," said Jennifer McCleaf, event director. "This is your chance to taste some of the best wines from every corner of the state – all at

Gettysburg - The Musical

Billy Finch has toured the country for over 20 years performing his "Musical Legends Stage Show".

His 'spot on' singing impressions of Frank Sinatra, Dean Martin, Elvis, Ray Charles and Louie Armstrong have made him a favorite at corporate functions, conventions and theatres.

Billy was the winner of the 1980 RCA Rodney Dangerfield Look-A-Like/Sound-A-Like Award. He has performed throughout the DC Metro Area, The Kennedy Center and for three Presidents at the White House. He is also an avid Civil War buff. Now, he has combined these two fields of interest in telling the story of the greatest battle ever fought on American soil: Gettysburg, 'the Musical'.

Billy and wife Carol, as The Lovely and Talented Minerva, celebrate American Music. During the "Musical" more celebrities come into play; Billy & Carol portray Mr. and Mrs. John Burns (the only Gettysburg civilian to join the battle). Jack Nicholson tells the story of Union General Winfield Scott Hancock. Rodney Dangerfield is General George G. Mead, the union general who received "No Respect at All'. Carol is Belle Boyd, famous Southern Spy and so much more.

This is the most musical and magical history lesson ever! We honor and hold in highest esteem the men and women who lived and died during the Civil War. It's 'The Rat Pack Meets Pickett's Charge' and so much more.

Gettysburg - The Musical will be showing every Friday in August at the "new" Best Western, Skyview Battlefield Theater, 301 Steinwehr Ave. Gettysburg. Showtime: 7:30 p.m., Doors open at 7 p.m.. For reservation or more information call 301-933-4333 or visit www.GettysburgtheMusical.com. one fun, festive and relaxed event. Where North meets South, let's drink wine!"

Accommodations with packages tailored to wine festival attendees start at \$149 per night and include tickets to the event, overnight accommodations and breakfast. Partners include 1863 Inn of Gettysburg, Aspire Hotel, Comfort Suites Gettysburg, Courtyard by Marriott Gettysburg and Wyndham Gettysburg. Free shuttle service is provided from 1863 Inn of Gettysburg, Comfort Suites and The Outlet Shoppes at Gettysburg.

Save 20% by purchasing tick-

ets in advance at \$20 each. Tickets bought at the gate are \$25. Two-day advance tickets are available for \$30. All tickets include a free wine glass, unlimited wine sampling and access to live music. Youth/Designated Driver tickets are \$12 and children 12 and under are free. Special pricing is available for groups of more than 15 people. Parking is free.

New this year, attendees can pay \$19 to rent space for a popup tent. Tents may not exceed 12 feet in length or width. Tent tickets must be reserved online in advance of the event. No unticketed tents will be permitted. Space is limited.

Hosted by the Gettysburg Adams Chamber of Commerce and supported by area businesses and hundreds of volunteers, the festival promotes Pennsylvania wine, boosts the area economy and strengthens the local quality of life. In addition to supporting programs of the Gettysburg Adams Chamber of Commerce, the festival benefits school groups and community organizations.

For more information or to buy tickets, visit www.gettysburgwine.com or call 717-334-8151. Find the festival on Facebook at www.facebook.com/ GettysburgWineAndMusicFestival.

# GCT to hold auditions

Gettysburg Communiity Theatre, the non-profit 501c3 will hold auditions for adults at 7 p.m. August 20th & 21st for the cult rock musical The Rocky Horror Show.

That sweet transvestite and his motley crew do the Time Warp again in this BYOB Adult musical production live on stage. Complete with sass from the audience participation, cascading toilet paper, and more, this deliberately campy rock'n'roll sci-fi gothic is more fun than ever as this year it will be themed "Coven".

At auditions for The Rocky Horror Show, actors should plan to sing and dance. Performances will be held October 19-31. Some shows will be at 8pm and most will be at midnight. Audience participation and costumes are encouraged. This event is BYOB and GCT encourages everyone to please drive safely, or have us call a cab or Uber/Lyft for you. Tickets are already on sale to this and all shows of at GCT. Come see what all there is to do at Gettysburg Community Theatre. Audition for a show or volunteer for crew or ushers list.

If You Give A Kid A Costume is an original children's play being directed by local talent Ann Walsh. The performances will be August 11th and 12th at 7 p.m. and August 12th and 13th at 2 p.m.

CATS the musical is being presented in a way you've never seen before, where a group of 45 children from six different counties meet in an abandoned library and discover "Old Possum's Book of Practical Cats" by T.S. Elliot. Suddenly, the characters "leap" from the page and fill the theatre with Andrew Lloyd Webber's memorable score including the song "Memory". Don't miss CATS performing weekends September 15-30 at 7 p.m. Fridays and Saturdays and 2pm Sundays.

Tickets are also now on sale for The Rocky Horror Show, and Elf the musical (a Penguin Project youth with special needs production). Tickets are available in advance online or via phone.

The box office will be open one hour before each show time IF tickets are still available. As always at GCT, the lemonade, water, coffee, popcorn, and air conditioning is all complimentary. GCT is located at 49 York Street within the first block of Lincoln Square in historic downtown Gettysburg in the building that was once The Elks Lodge. GCT box office phone number is 717-334-2692. Audition, ticket, educational, donation, volunteer opportunities and more can be found online at www.GettysburgCommunityTheatre.org GCT Mission Statement: To inspire creativity and confidence, provide cultural enrichment, and instill a love of the theatre arts in people of all ages and abilities through quality education and performance.





Friday, September 8 Angels in America - Part 1 – 2:15 p.m. Rosencrantz & Guildenstern Are Dead – 6:30 pm Amadeus\* – 7:00 pm

Saturday September 9 Angels in America\* - Part 1 – 10:30 pm No Maris Land – 11:00 am Twelfth Night – 2:45 pm Angels in America\* - Part 2 – 3:00 pm Who's Afraid of Virginia Woolf – 7:00 pm Rosencrantz & Guildenstern Are Dead\* – 7:45 pm

Sunday, September 10 Who's Afraid of Virginia Woolf\* – 11:00 am Amadeus – 12:00 pm Tweifth Night\* – 3:30 pm Angels in America – Part 2 – 5:00 pm No Man's Land\* – 7:30 pm

\*Festival Pass Shows (Note –Show times subject to change)

Tickets: Festival Pass \$175 (includes all 8 plays; Opening Night Reception; Priority Seating: free popcorn & drink at every show) Individual Play Tickets: Adults \$25, Students \$12

Opening Night Reception Only -Thursday September 7th 6:00 p.m. (includes "Obsession" play at 8:00 p.m.) Adults \$40 Students \$25



Gates Open 11 a.m. | Sampling Noon-6 p.m. Gateway Gettysburg Complex



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# <u>ARTS</u>

# 2nd Annual National Theatre live festival

The Majestic Theater in Gettysburg, PA is proud to announce the 2nd annual National Theatre Live Festival! National Theatre Live is a groundbreaking project to broadcast the best of British theatre live from the London stage to cinemas around the world. The Majestic is the only theater in America to feature a festival with these 8 PLAYS in 4 DAYS!

Back by popular demand you can purchase a full Festival pass for \$175 to see all 8 shows in the 4 days, or you can purchase individual show tickets: Adults \$25, Students \$12. This year we have included an Opening Night Reception on-Thursday, September 7th at 7:00p.m. (included in the Festival pass) or you can purchase it separately and it includes "Obsession" show at 8:00 p.m.) Adults \$40 Students \$25. See adjacent ad for individual show times or the website. Pre-show talks will also be available on some of the shows and will be updated on our website gettysburgmajestic.org as we get this information.

The Majestic is excited to present these following shows with their brief descriptions which feature wonderful British actors including Jude Law, Andrew Garfield, Daniel Radcliffe, Lucian Msamati, Ian McKellen,d Patrick Stewart, Imelda Staunton, Conleth Hill and many more! Full show descriptions and videos can been seen on the majestic's website at gettysburgmajestic.org.

Obsession-Jude Law (The Young Pope, Closer, The Talented Mr. Ripley) stars as Gino a drifter, who is down-at-heel and magnetically handsome. At a road side restaurant he encounters husband and wife, Giuseppe and Giovanna. Irresistibly attracted to each other, Gino and Giovanna begin a fiery affair and plot to murder her husband. But, in this chilling tale of passion and destruction, the crime only serves to tear them apart. Ivo van Hove (NT Live: A View from the Bridge, Hedda Gabler) directs this new stage adaptation of Luchino Visconti's 1943 film.

Angels in America (Two shows) Millennium-Part 1 Perestroika-Part 2-America in the midters, Rosencrantz and Guildenstern, take centre stage. As the young double act stumble their way in and out of the action of Shakespeare's iconic drama, they become increasingly out of their depth as their version of the story unfolds.

Amadeus-Wolfgang Amadeus Mozart, a rowdy young prodigy, arrives in Vienna, the music capital of the world - and he's determined to make a splash. Awestruck by his genius, court composer Antonio Salieri played by Lucian Msamati (Luther, Game of Thrones, NT Live: The Comedy of Errors), has the power to promote his talent or destroy his name. Seized by obsessive jealousy he begins a war with Mozart, with music, and ultimately, with God.

No Man's Land -Following their hit run on Broadway, Ian McKellen and Patrick Stewart return to the West End stage in Harold Pinter's No Man's Land, broadcast live to cinemas from Wyndham's Theatre, London.One summer's evening, two ageing writers, Hirst and Spooner, meet in a Hampstead pub and continue their drinking into the night at Hirst's stately house nearby. As the pair become increasingly inebriated, and their stories increasingly unbelievable, the lively conversation soon turns into a revealing power game, further complicated by the return home of two sinister younger men.

Willowdale Drive I

Twelfth Night -A ship is wrecked on the rocks. Viola is washed ashore but her twin brother Sebastian is lost. Determined to survive on her own, she steps out to explore a new land. So begins a whirlwind of mistaken identity and unrequited love. Simon Godwin (NT Live: Man and Superman, NT Live: The Beaux' Stratagem) directs this joyous new production with Tamsin Greig (Friday Night Dinner, Black Books, Episodes) as a transformed Malvolia. an ensemble cast that includes Daniel Rigby (Flowers, Jericho), Tamara Lawrence (Undercover), Doon Mackichan (Smack the Pony) and Daniel Ezra (The Missing, Undercover).

Who's Afraid of Virginia Woolf -Sonia Friedman Productions present Imelda Staunton (Gypsy, Vera Drake, the Harry Potter films), Conleth Hill (Game Of Thrones, The Producers), Luke Treadaway (A Street Cat Named Bob, The Curious Incident of the Dog in the Night-Time, The Hollow Crown) and Imogen Poots (A Long Way Down, Jane Eyre) in James Macdonald's critically acclaimed, 5 star production of Edward Albee's landmark play, broadcast live to cinemas from the Harold Pinter Theatre, London.

Tickets can be purchased by calling 717-337-8200, visiting gettysburgmajestic.org or stopping by the Box Office, 25 Carlisle Street, Gettysburg.

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1980s. In the midst of the AIDS crisis and a conservative Reagan administration, New Yorkers grapple with life and death, love and sex, heaven and hell. Andrew Garfield (Silence, Hacksaw Ridge) plays Prior Walter along with a cast including Denise Gough (People, Places and Things), Nathan Lane (The Producers), James McArdle (Star Wars: The Force Awakens) and Russell Tovey (The Pass).

Rosencrantz & Guildenstern Are Dead -Daniel Radcliffe (Harry Potter, The Woman in Black), Joshua McGuire (The Hour) and David Haig (Four Weddings and a Funeral, The Witness for the Prosecution) star in Tom Stoppard's brilliantly funny situation comedy, broadcast live from The Old Vic theatre in London.Against the backdrop of Hamlet, two hapless minor charac-



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# **SPORTS**

# Catoctin's newest collegiate athletes

#### **Edison Hatter**

Just over two hundred young men and women celebrated the culmination of four years of hard work at Catoctin High School's graduation ceremony in early June. Many of this year's graduates were standout athletes, some in more than one sport. A few dozen of Catoctin's newest graduates will continue their athletic careers in college, including Andrew Douwes (lacrosse), Jaimi Snyder (soccer), Remington Oland (swimming), and Lily Bean (volleyball).

Andrew Douwes played lacrosse all four years during his high school career, three of which were at the varsity level, and will play next year for Frederick Community College. During his time on the varsity team, Douwes was a force to be reckoned with, putting up plenty of goals and assists, while being a strong leader and mentor to the rest of his teammates. Douwes was also a member of the cross country team during his time at Catoctin. While he originally joined the cross country team to stay in shape for the lacrosse season, he became an important part of the team and was a key runner at the 2014 Maryland State Meet, which Catoctin won. He stressed that he will miss his teammates the most when he moves on in the fall. "Whether it was team breakfasts, bus rides, or just regular old practice," Douwes said, "that group of guys was one of a kind and every moment spent together was special."

Frederick Community College recently named Dale Kowatch as their new head men's lacrosse coach for the upcoming season. With Kowatch at the helm, Douwes said that he believes his team next year will have a similar team mentality to Catoctin's this past season: being overlooked by many while trying to upset some big name teams. Last season, Catoctin pulled an upset over Walkersville in the playoffs after losing to the Lions in the regular season and nearly pulled off a huge upset win over Oakdale, falling by only one goal. "The advice I would give to a high school freshman playing lacrosse," Douwes said, "would be to enjoy every moment because before you know it, you will be the one walking across the field during senior night, wondering where the time went."

Lily Bean has played twelve seasons of volleyball since middle school, two of which were on Catoctin's varsity team. When she moves onto college in the fall, Bean said she will miss the camaraderie of her former team the most. She commented that "everyone got along and we all had one goal in common: to win." Bean also feels that volleyball helped her to adjust to high school from middle school. At the beginning of her freshman year, she was intimidated to walk in the hallways, but found comfort in seeing fellow volleyball players pass by. "Sports build confidence, character, résumés, school spirit," Bean added, "and overall make the student a better athlete."

When Bean heads off to Hood College in the fall, she will not be playing volleyball, but she will be coaching nearby at the Frederick Volleyball Club. Bean has experience in leadership positions as she was the president of her graduating class and a key organizer of the Mini-Thon held by Catoctin this past May. This past season, she helped coach a team of fourteen-year old players and she hopes to take on a similar role next year. Bean commented that she enjoys helping younger girls learn the basics of volleyball. As for advice for incoming freshmen, she stressed the importance of pacing oneself and playing multiple sports. Bean, like many athletes today, only played one sport year-round. She wishes that she would have taken the time to participate in Catoctin's Unified Sports program. "With regards to volleyball," Bean shared, "the girls play during the fall for their high school, play club volleyball for a local team from winter to spring, and then prepare for the high school season from during summer. By the time college comes around, the athlete is tired of playing the same sport."

Remington Oland swam during all four years of high school and quickly excelled in the sport. He lettered as a freshman and was already team captain by the end of his sophomore year. His senior year didn't go as planned. Oland envisioned a strong team with the potential to win some titles, but instead, the team had only two boys. Nonetheless, Oland had an impressive year that culminated in a pair of state titles in the 200 yard





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# SPORTS



From left to right: Andrew Douwes, Lily Bean, Remington Oland, and Jaimi Snyder

individual medley and 100 meter backstroke while his time of 50.42 seconds in the 100 meter backstroke set a new state record. While Oland said he had lots of fun with his teammate this past season, he believes it could have been better with more people swimming. With that in mind, Oland's advice to freshmen is to try different sports, even if you aren't the best at them. "Get a group of friends," Oland suggests, "and try a new sport, such as swimming. You may not be the best swimmer in the world, but you will have a group of friends and that's what makes swimming fun."

When Oland heads off to the University of Cincinnati to continue his swimming career in the fall, he admits that he will miss little about Catoctin High School. Oland commented that the high school very rarely recognized swimming as a sport before he won states and set a state record this past year. "There was basically no one in the stands to cheer us on except for parents." Oland said, "When we got to the bigger meets, more people did show up, but really that only accounts for three of our twelve meets a year." When Oland gets to Cincinnati in the fall, he will most be looking forward to being around other people who put swimming as a top priority. "I know so many friends who swim," Oland commented, "but only a few are fully committed. I am glad that I will have a family that is as committed as I am."

Jaimi Snyder played soccer all four years of high school, two of which were at the varsity level, and will continue her career at the collegiate level this fall at Wesley College in Delaware. While she only played one sport during her time at Catoctin, Snyder played numerous types of soccer, including futsal, outdoor, and indoor. She was a pivotal part of the Catoctin soccer program during her four years, leading her team to the regional semifinals this past season and helping teach the younger players the right way to play the game. When asked what she will miss most, Snyder said that she will most miss being able to play with her cousin, Abby Weagley. "We get together very well," Snyder commented, "we know how to push each other, but have a fun time as well." While somewhat sad to move on from high school, Snyder is looking forward to the higher levels of play and competition she will experience at Wesley in a few months.

Snyder faced adversity early in her high school career, suffering a level 3 ankle sprain during her freshman year. A level 3 ankle sprain is medically defined as "a complete tear of a ligament, causing instability in the affected joint." While it took some time for Snyder to recover from her injury, she said that she could "feel herself becoming stronger again" while on the road to recovery. "I was gradually becoming better as a player," Snyder commented, "pushing myself even more than I was before."

Once fully recovered, Snyder began to play on elite teams, including many different club teams, a boys' indoor soccer team in Frederick, two boys' futsal teams, a U18 team in Westminster, and an age 21+ team. As for what teams she enjoyed the most, Snyder said her last two club teams were her favorite. Her coaches taught her to have more confidence in herself and to enjoy soccer whether her team won

or lost. "My advice to incoming freshmen would be to always push yourself to become a better player," Snyder said, "not only for yourself but for your team as well." Similar to Douwes, she also advises younger athletes to "have fun while you're playing because the four years of high school go by very quickly."

While Catoctin's Class of 2017 will be missed, their legacy will continue on for many years to come.

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# **COMPLEMENTARY CORNER**

# Go outside and be!

#### Renee Lehman

Tt is summer! Oh, the longer, warmer days. There is so much more time to be outside at picnics, festivals, enjoying friends and family. It's even a time to be more playful and lighthearted! Have you taken the time to enjoy the gifts of Summer?

If your answer is YES! Wonderful! Keep enjoying the gifts of Summer!

If your answer is NO, what are you waiting for? Get outside, spend time in nature, and play! There is so much benefit to your body/mind/ spirit by spending time outside. What benefits you ask?

Would you be interested in FREE outdoor activities that boosted immune system functioning; reduced blood pressure; reduced stress; improved mood, increased ability to focus, even in children with ADHD; accelerated recovery from surgery or illness; increased energy level; and improved sleep?

Plus, added benefits of incorporating the following outdoor activities into part of your regular routine include: deeper and clearer intuition; increased flow of energy; increased capacity to communicate with the Earth and its species; deepening of friendships; and overall increase in sense of happiness!

Intrigued? What could these activities be?

First, have you heard of Forest Bathing? And second, when is the last time that you went outside and played?

#### **Forest Bathing**

In the 1854 essay Walden: Or,

Life in the Woods, Henry David Thoreau prescribed time in nature for our civilization and its discontent. If you have ever taken a walk in the woods, you may have experienced an improvement in you overall feelings of well-being. Now there's scientific evidence supporting the activity of walking in the woods.

Shinrin-yoku is a term that means "taking in the forest atmosphere" or "forest bathing." It was developed in Japan during the 1980s as a part of the national public health program, and has become a cornerstone of preventive health care and healing in Japanese medicine. The idea is simple: if a person simply visits a natural area and walks in a relaxed way there are calming, rejuvenating and restorative benefits to be achieved.

From 2004 to 2012, Japanese officials spent about \$4 million dollars studying the physiological and psychological effects of forest bathing. Qing Li, a professor at Nippon Medical School in Tokyo, measured the activity of human natural killer (NK) cells in the immune system before and after exposure to the woods. These cells are associated with immune system health and cancer prevention. In a 2009 study Li's subjects showed significant increases in NK cell activity in the week after a forest visit, and positive effects lasted a month following each weekend in the woods.

This is due to various essential oils, generally called phytoncide, which trees emit to protect themselves from germs and insects. Forest air doesn't just feel fresher and better-inhaling phytoncide

seems to improve immune system function.

The physiological effects of forest bathing were also studied by the Center for Environment, Health and Field Sciences in Japan's Chiba University. The team measured the subjects' salivary cortisol (which increases with stress), blood pressure, pulse rate, and heart rate variability during a day in the city and compared those to the same biometrics taken during a day with a 30-minute forest visit. "Forest environments promote lower concentrations of cortisol, lower pulse rate, lower blood pressure, greater parasympathetic nerve activity, and lower sympathetic nerve activity than do city environments," the study concluded. In other words, being in nature made subjects calmer and less prone to stress.

Trees soothe the spirit too. A study on forest bathing's psychological effects showed significantly reduced hostility and depression scores, coupled with increased liveliness, after exposure to trees.

Forest bathing, and other examples of nature experiences have roots in many cultures throughout the world. John Muir wrote, "Thousands of tired, nerve-shaken, over-civilized people are beginning to find out that going to the mountains is going home. Wilderness is a necessity."

#### Play

Our society tends to dismiss play when someone becomes an adult. Play is perceived as unproductive or even a guilty pleasure. But just because we reach adulthood, that doesn't mean that we must take ourselves so seriously and make life all about work. "The only kind (of play) we honor is competitive play," according to Bowen F. White, MD, author of Why Normal Isn't Healthy. Why is that? We ALL need to play.

For adults, play is an important source of relaxation and can



Research has shown significant increases in immune system health before and after exposure to the woods. The positive effects lasted a month following each weekend in the woods.

fuel your imagination, creativity, problem-solving abilities, and emotional well-being. Playing can boost your energy and vitality and even improve your resistance to disease, helping you feel your best. In fact, the National Institute of Play (NIP), play is a gateway to vitality. In the words of George Bernard Shaw, "We don't stop playing because we grow old; we grow old because we stop playing." Play generates optimism, makes perseverance fun and leads to mastery. It boosts the immune system, fosters empathy and promotes a sense of belonging and community. Who wouldn't want better connections, and more rewarding relationships?

By playing, you give yourself an opportunity to let go of work and other commitments. There doesn't need to be any point to the activity beyond having fun and enjoying yourself. Dance, throw a Frisbee with a friend, hang out on the beach, play with your dog or cat, play a board game with friends, go for a walk or bike ride with no destination in mind, or just sit and SMILE ..

Sometimes we just need to have

permission from someone to play and enjoy. I'm going to give you permission right now - "Put down the newspaper, and go outside! Take a Forest Bath or just Play!"

"Play is the highest form of research."

-Albert Einstein

"Life must be lived as Play." –Plato

"In every walk with nature, one receives far more than he seeks." –John Muir

"Study nature, love nature, stay close to nature. It will never fail уои."

-Frank Lloyd Wright

"Look deep into nature, and then you will understand everything better." -Albert Einstein

Renee Lehman is a licensed acupuncturist and physical therapist with 30 years of health care experience. Her office is located at 249B York Street in Gettysburg. She can be reached at 717-752-5728.



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# FITNESS AND HEALTH

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Linda Stultz **Certified Fitness Trainer** 

Thile aging is a process of life we would all like to stop, or at least slow down, it is one of those trials of life that we all have to accept. Accepting it is one thing, letting it take over our lives is another. It is a proven fact that people who exercise regularly, eat healthy and keep active are in better shape physically than those who don't.

I realize that as we get older sometimes we do not have as much energy as we use to. Believe it or not, if you exercise you will have more energy. Sometimes we feel too tired to go for that walk or to ride that exercise bike for 30 minuets.

If you get up and push yourself, just a little, you will feel better and have more energy afterward. This probably sounds like a myth to someone who has never tried it, but to those truly committed to getting and staying healthy, it is a well known fact.

Motivation can be your best friend when you are trying to commit to an exercise program. If you need help staying motivated, call a friend, get a video



or work with a trainer. Having someone to share your achievements with (as well as an occasional downfall) can help keep you interested.

Some people need this type of help and encouragement while others prefer to go for a walk or bike ride on their own. Use this time, whether it be to relate with a friend or family member or to be alone and unwind from the stress of the day. Everyone needs some time for themselves.

Set aside a half-hour or an hour, just for you. I know it sounds impossible, but if you are really dedicated to having a healthier life, you will find a way to work it out. And remember, it is so worth the extra effort. Living longer and healthier is what we all hope for, unfortunately, we have to work at it.

We are hearing on the news, reading in the paper and being told by our doctors to eat better and exercise. These are not just words, they are facts. It seems we live in a world where we don't do anything for ourselves until something is wrong. Preventive maintenance is so important, but also so hard to start.

In today's world of video games, computers and remotes, we don't realize how harmful to our health these, so called, conveniences are. I'm thankful for these things too, but we must remember to take care of our bodies before our bodies get lazy and give out on us.

So, find a friend or set out on your own, but do something each day. I'm sure you will soon see and feel the improvement.

Ask your doctor before starting any new exercise or eating plan if you have any doubt or problem you are not sure of. The important thing is to get started!

Keep Moving, You'll be Glad You Did!

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### New Patients Welcome

# **Expert** answers

Jason Blough

Are 5 small meals better then 3? A friend of mine eats 5-6 smaller meals each day and keeps telling me that I should be doing the same. Are there actually any benefits to doing this, especially if 3 meals per day are satisfying?

Experts have been telling us to eat more frequently throughout the day for years now. And the prevailing wisdom says that increasing your meal frequency will increase your metabolism and help with weight loss. The theories behind

these perceived benefits are sound, but unfortunately, much of the research conflicts with these statements. In fact, numerous studies indicate that increasing the number of meals consumed per day has very little impact on overall food intake and body composition. This makes sense since increased frequency doesn't seem to strongly affect total daily energy expenditure or resting metabolic rate either and may end up putting you into a large caloric surplus (not good if you are looking to lose weight). There may be some benefit when it comes to appetite

control and satiety, but the jury is still out on this too. If your energy level waxes and wanes throughout the day, then eating more frequently may be advantageous, just be sure not to eat too much. But if you're satisfied eating three squares a day, then by all means, continue to do so.

About the author: Jason Blough is the Club Manager/Certified Personal Trainer at Anytime Fitness in Thurmont To submit a question for future articles, please contact the author at thurmontmd@anytimefitness.com.



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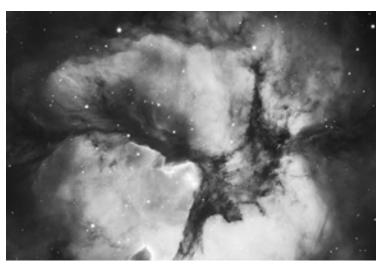
# ASTRONOMY The night sky of August

#### **Professor Wayne Wooten**

] or August 2017, waxing gib-Pour moon passes 3 degrees north of Saturn in the SE twilight on August 3rd. The full moon, the Green Corn Moon, is only August 7th. The Perseid meteor shower peaks on the morning of August 13th, with the last quarter moon rising about midnight and interfering somewhat with the fainter meteors. Expect about a meteor a minute coming out of the NE after midnight. The waning crescent moon passes two degrees south of Venus in the dawn on August 19th.

This new moon is a very special one, for the Moon sits on the ecliptic, directly in front of the Sun for observers in North America. For those on the center line from Salem, Oregon through Charleston, South Carolina, they will witness about 2 minutes of totality! This is the first "coast to coast" total solar eclipse since 1879, and the first totality in the United States since 1979. For those planning to observe you will see first contact, the beginning of the partial eclipse, about 12:05 p.m. locally on Monday, August 21st.

Maximum coverage will be 82% at 1:37 p.m. and the partial eclipse will send with the moon leaving the sun's eastern limb at 3:03 p.m.. This photo from the annular eclipse of May 30, 1984 shows how the



The Trifid Nebula is made up of clouds of glowing gas mingled with dust lanes. The three prominent dust lanes that give the Trifid it's name all come together. Mountains of opaque dust appear on the right, while other dark filaments of dust are visible threaded throughout the nebula. A single massive star near the center causes much of the Trifid's glow.

Sun should appear with most covered by the moon here, but no sunspots can be guaranteed...the sun is near solar minimum now, and often spotless for days at a time.

The waxing crescent moon passes three degrees north of Jupiter in evening sky on August 25th, and the moon is first quarter on August 29th. The next total solar eclipse for America will be in 2024, and takes place well west of us, in Texas up through the NE into Canada.

Mercury is low in the western evening sky as August begins. Venus dominates the dawn sky. Mars lies behind the Sun. Jupiter is visible in SW twilight, but will be getting lost in the sun's glare by September. Saturn is easily seen in the SE in Sagittarius. Enjoy the rings, now 27 degrees open and tilted toward earth and sun; the most beautiful planet falls closer to the western horizon each evening, to be lost in the sun's glare in October.

The Big Dipper rides high in the NW at sunset, but falls lower each evening. Good scouts know to take its leading pointers north to Polaris, the famed Pole Star. For us, it sits 30 degrees (our latitude) high in the north, while the rotating earth beneath makes all the other celestial bodies spin around it from east to west.

Taking the arc in the Dipper's handle, we "arc" SE to bright orange Arcturus, the brightest star of Spring. Cooler than our yellow Sun, and much poorer in heavy elements, some believe its strange motion reveals it to be an invading star from another smaller galaxy, now colliding with the Milky Way in Sagittarius in the summer sky. Moving almost perpendicular to the plane of our Milky Way, Arcturus was the first star in the sky where its proper motion across the historic sky was noted, by Edmund Halley.

Spike south to Spica, the hot blue star in Virgo. From Spica curve to Corvus the Crow, a four sided grouping. It is above Corvus, in the arms of Virgo, where our large scopes will show members of the Virgo Supercluster, a swarm of over a thousand galaxies about 50 million light years away from us.

Hercules is overhead, with the nice globular cluster M-13 marked on your sky map and visible in binocs. It is faintly visible with the naked eye under dark sky conditions, and among the best binoc objects on the map back page when you download the SkyMap pdf file.

The brightest star of the northern hemisphere, Vega dominates the NE sky. Binoculars reveal the small star just to the NE of Vega, epsilon Lyrae, as a nice double. Larger telescopes at 150X reveal each of this pair is another close double, hence its nickname, the "double double"...a fine sight under steady sky conditions.

Below Vega are the two bright stars of the Summer Triangle; Deneb is at the top of the Northern Cross, known as Cygnus the Swan to the Romans. It is one of the most luminous stars in our Galaxy, about 50,000 times brighter than our Sun. To the south is Altair, the brightest star of Aquila the Eagle. If you scan the Milky Way with binocs or a small spotting scope between Altair and Deneb, you will find many nice open star clusters and also a lot of dark nebulae, the dust clouds from which new stars will be born in the future

To the south, Antares rises about the same time in Scorpius. It appears reddish (its Greek name means rival of Ares or Mars to the Latins) because it is half as hot as our yellow Sun; it is bright because it is a bloated red supergiant, big enough to swallow up our solar system all the way out to Saturn's orbit! Just above the tail of the Scorpion are two fine naked eve star clusters, M-7 (discovered by Ptolemy and included in his catalog about 200 AD) and M-6, making one of the best binocular views in the sky. Your binoculars are ideally suited to reveal many fine open star clusters and nebulae in this region of our Galaxy.

East of the Scorpion's tail is the teapot shape of Sagittarius, which marks the heart of our Milky Way galaxy. Looking like a cloud of steam coming out of the teapot's spout is the fine Lagoon Nebula, M-8, easily visible with the naked eye. In the same binocular field just north of the Lagoon is M-20, the Trifid Nebula. Our featured photo is by new EAAA member Orlando DeJesus, with his 8" telescope. The Trifid is indeed broken into three parts by the dust lanes he has shown so well. Just east of the pair is the fine globular cluster M-22, faintly visible to the naked eye and spectacularly resolved in scopes of 8" or larger aperture.

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### Farmers' Almanac

"August creates as she slumbers, replete and satisfied." —Joseph Wood Krutch (1893-1970)

Mid-Atlantic Weather Watch: Hazy, hot, and humid (1, 2) with storms, then heavy rain (3, 4, 5, 6, 7). Hot and humid (8,9) with periods of storms and cooler (10, 11, 12, 13). Hazy, hot, and humid again (14, 15, 16, 17) with remnants of tropical storm, heavy rain, storms (18, 19, 20, 21, 22, 23). Fair and cooler (24, 25, 26) turning cloudy and warm (27, 28, 29; humid and storms (30, 31). Tornado Watch: The Town and Country Almanack predicts possible tornado from August 6th to the 8th.

bor Day will be here signaling the end of summer so enjoy it while you can!

The Garden: August is the peak of the hot and dry season and your plants will need water more than anything during this time. If watering is limited or restricted in your area, concentrate on getting the most to newly planted trees and shrubs. If you use thick mulch and give it a good soak, water will be retained much better over much longer periods of time. Stop feeding trees and shrubs after mid-August. You don't want to promote new growth that will not have time to fully mature before winter sets in. If the weather is cool, Fescue can be sown to repair lawns in the last week of August. To ensure a happy harvest, pick vegetables in the morning hours when the sugar content is highest. Never harvest or do any other garden work when plants are wet or you're likely to spread disease.

J. Gruber's Thought For Today's Living

- Chineber Erring Freemen



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Dedicated to providing your propane and Heating Oil needs! 11931 Buchanan Trail East, Waynesboro, PA 17268 Phone: 717-762-5711 | 1-800-463-5711 **Full Moon:** Augusts' full moon occurs on August 7th. Since August 11th marks the end of the 'Dog Days of Summer', it has been called Dog Moon. Many Native American tribes also referred to it as Fruit Moon or Ripe Moon because of the many fruits and vegetables that become ripe during the month.

Holidays: Before you know it, La-

"Great things are not accomplished by idle dreams but by years of patient study"



# **COMPUTER Q&A**

What's in my computer? – A guide

#### Ayse Stenabaugh Jester's Computer

When purchasing a new computer you may find yourself overwhelmed by all of the technical specifications that are presented to you. It's a good idea to have a basic understanding of what this information means so that you don't end with a machine that can't handle the applications you are trying to us. Read on to find out a little bit about what each component is, our recommended specification for each and how components play a role in your computers performance.

#### Motherboard

Think of your computers motherboard like you do your nervous system. It's a crucial component that links all the other components together. This main board is the primary line of communication between all components. If you buy a pre-built computer most likely you won't know what the motherboards brand is but some computer specifications will relate to the motherboard. All external connections to your device will be made either directly to your motherboard or to your computer case (via cables that lead to the front panel on a desktop computer). Specifications for your motherboard that you should be aware of include video output (HDMI, DVI, VGA, Display port etc.), USB's (3.0 is faster for supported devices), audio outputs, memory card readers and any other kind of external connection.

#### **CPU**

The CPU is your computers brain. All the instructions and commands that are provided to your computer are processed here. Not all processors are created equal and Atom and Celeron processors are the slowest on the market. Most processors have multiple cores including dual-core, quad-core etc. Processors that have multiple cores divide tasks up between the cores to become more efficient. You cannot upgrade the processor in a laptop computer so its highly recommended that you consider the speed you will need for applications you need and when in doubt contact a computer support professional (such as us at Jester's Computers) to get recommendations on what will work well for your needs.

a good idea to have some kind of backup solution in place for anything that you can't live without. Odd hard drive sizes such as 320 GB and 740 GB also tend to have a higher failure rate. Hard drive speeds can vary so if you decide to upgrade or change your existing hard drive make sure your getting a high quality hard drive with the higher speeds to increase computer performance. Solid State Hard Drives will eventually become the standard since they have no moving parts and are much faster and more reliable than standard drives. See our advertisement in this paper to receive a discount when upgrading to a Solid State Drive.

#### Memory

If you consider your hard drive to be

formed faster. When you don't have enough memory to support the applications you are trying to run, your computer's hard drive acts as a temporary short-term storage location which is much slower. Each computer's motherboard works with specific memory speeds and has a maximum amount of memory that can be installed. DDR3 memory and DDR4 memory are the most common types used although DDR4 is not quite as common just yet.

#### Power Supply

Desktop computers have power supplies that can be removed and replaced whereas laptops and most all-in-one devices plug directly into the motherboard. Smaller or slimline desktops that don't have a standard case size require a special power one PC's will have an external power supply box that is part of the power cable for the device, these can go bad over time and can be replaced inexpensively. To minimize the possibility of a surge on your computer, shut your computers down anytime you are expecting a storm or if you are going to be away from your home for more than a day.

#### **CD/DVD Drive**

Many newer laptops don't come with CD/DVD drives and if needed, an external usb cd drive can be purchased for use on these devices. These drives can go bad with use and are not expensive to replace on a standard desktop computer. For those with a slim-line PC, laptop or all-in-one device you may pay extra for installation fees and/or the replacement hardware. Some laptops have what is called a slot loading CD/DVD drive which has no disc drawer, instead these drives have a button that is pressed to eject the disc much like a car stereo.

If you would like to learn more about your computers hardware, software or are interested in having a custom computer built to meet your needs, contact Jester's Computer Services in Fairfield. We can be reached by phone at (717) 642-6611, email at customerservice@ jesterscomputers.com or by visiting us at 5135 Fairfield Road. For more free tips and tricks for your PC visit www. jesterscomputers.com.





#### Hard Drive

The hard drive is where all of the data on your computer is stored including programs, documents pictures and settings. Standard SATA (and older IDE drives) have moving parts inside and with use they can wear out causing data corruption and eventually total failure or data loss. The failure rate of hard drives is higher during the first year of operation (typically from manufacturer defects) and increases again after three to four years of usage. It's important to note that hard drives can fail at any moment. It is always

# **UPCOMING EVENTS**

#### Events at Hollabaugh Bros.

#### August 2, 9, 16, 23, 30

Summer reading program: Read, Learn, Grow! Each week, children will pick a fruit or vegetable correlating to the week's theme. Get the kids out of the house this summer for a fun time on the farm! Learn not only about agriculture, but also about how fun it is to read!

#### August 9

Create a Stained Glass Peach Suncatcher. Cost includes instruction, supplies and light refreshments from our bakery! No experience necessary. This is a beginner class that allows the student to learn each aspect of creating a stained glass piece. The project for this class will be a peach. Purchase tickets by calling 717-752-4593.

#### August 10

Hollabaugh's Best Peaches adult cooking class. Kickoff Hollabaugh's peak peach season by learning several delicious recipes where freshness is the key! Cost is due at registration and includes all supplies – all you need to bring is you!

#### August 19

All you can eat peachy pancake breakfast! What's better than all you can eat pancakes? All you can eat pancakes topped with fresh peaches from the farm! Enjoy all you can eat pancakes, sausages, coffee, and juice. Then, round out your time at the farm by shopping in our beautiful retail market, picking out some peaches from our Bin Porch or doing our Fairy Tale Trail!

#### August 22

"Sunflower Parade" paint-along event. Cost includes all painting supplies needed to complete a 16 x 20" canvas panel, along with some light refreshments from Hollabaugh's bakery! A professional artist will walk you through the entire painting process. The basic design is pre-drawn for you. Bring a friend and enjoy an evening of creativity and fun, or meet some new friends at Hollabaugh's!

#### August 26

Join us for a Mommy and Me "Under the Sea" Tea (for all ages), where we will feast on yummy treats and visit with friends. We will enjoy a special time together, create a craft to take home and make lots of fun memories. This event is open to all ages, but is intended for children, their mommies and their grandmommies.

For more information on any of these events, call 717-334-6274.

#### August 1 - 5

95th Annual South Mountain Fair. A small country fair featuring rides for the kids, barns filled with farm animals, many homemade needlework exhibits, photography, home canned fruits and vegetables, fresh produce and fruits, and beautiful flowers, all on display and lots of food! In addi-

tion there is nightly entertainment in the auditorium, a fireworks display one evening, and the antique tractor and farm machinery parade another evening, and so much more. Something for everyone to enjoy! Unlimited carnival rides are included in the admission price! Children under 36" tall ride for free. All entertainment is also included in the admission. For more information call 717-677-9663 or visit www.emmitsburg.net/smf

#### August 2

Garden Chats with the Master Gardeners. Join the Penn State Master Gardeners of Adams County at the Ag Center in Gettysburg to learn more about the plants in the gardens. There is no fee for this garden tour! Come enjoy our gardens and get ideas for your own landscape! For more information, call 717-334-6271.

#### August 5 & 6

Threshing Days at Rosehill Manor. View old-fashioned wheat threshing and baling demonstrations. Gas engine, tractor and truck displays. Wagon rides, wheat weaving, kids games and more. Farm fun experience for the entire family. Sponsored by the Maryland International Harvester Collectors Club Chapter #39 and Frederick County Farm Muse-



um. For more information, call 301-343-5093.

#### August 5

Thurmont Community Fun Fest, presented by the Town of Thurmont and CYA Football & Cheer Teams. This event will take place at Eyler Road Park. Events include, punt, pass & kick competitions, volleyball, games NFL cheerleaders, food vendors, pet friendly activities fire & EMS demos, giveaways Police K-9 demos, bike rodeo & safety inspections, car seat inspections, music & more!! This is a great opportunity to come out and enjoy a fun day in the park and have a day of community-minded fun!! For more information, call 301-271-7313.

The Second Annual Frederick Wine Festival. This festival is a celebration of the most innovative wineries from across the state of Maryland and is poised to showcase an industry that is quickly growing to include many diverse and critically acclaimed wines. Paired with signature food selections from talented, local chefs, the festival is set to cater to the savviest of food and wine enthusiasts. If Cabernet Sauvignon and Petit Verdot make you swoon, and Albarino and Chardonnay are your go-to summer wines, then mark your calendars to join us in Historic Frederick. This festival will be held rain or shine. For more information call 301-600-2844.

#### August 11 & 12

22nd Annual Civil War Music Muster. The sounds of authentic 19th-century American music will fill the air in Gettysburg for the 21st Annual Gettysburg Music Muster. The free events features ballads, folksongs, popular songs of the day, field music and marches, along dances popular during the Civil War era. Gettysburg Music Muster performers this year are the Fort Delaware Cornet Band, the Irish Volunteer David Kincaid, Steve and Lisa Ball, the Libby Prison Minstrels, the 77th New York Regimental Balladeers, the Susquehanna Travellers, the 46th Pennsylvania Regiment Band, and the Victorian Dance Ensemble. Performances will be held underneath the tent on the front lawn of the Gettysburg National Military



See you next year at the Harney Carnival June 25-30, 2018!

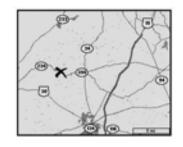
# 95th Annual SOUTH MOUNTAIN FAIR August 1st - 5th



Admission: \$7.00 (Children under 36" tall admitted free)

Early exhibit entries are being accepted until July 17. Save some time during exhibit registration by sending your entries now! No waiting in line to get your exhibitor number and no wasting

time filling out the entry tags. Completed entry tags will be



sent to you. Exhibition registration will be held on Sunday, July 30 - 2-4 p.m. and Monday, July 31 - 4-8 p.m. All information can be found on our website at www.southmountainfair.com.



Hours: Tuesday - Friday - 4 to 10 p.m. Saturday - 1 to 10 p.m. Located along Rte 234, Arendtsville, PA • Phone 717-677-9663

# **UPCOMING EVENTS**

Park Visitor Center. For more information call 717-338-4431.

#### August 11 – 13

Gettysburg Rocks. Gettysburg Rocks is the brainchild of local musician, music promoter and radio personality Rob Simon (aka Bald Rob). The original concept for this multiple venue festival in the town of Gettysburg was just an idea until Rob's daughter Ashley approached him to help her with a fundraiser for Penn State Mont Alto's THON group. Gettysburg Rocks is now a bi-annual music festival and fundraiser for Four Diamonds. Since the creation of Gettysburg Rocks the event has raised over \$80,000 for Four Diamonds. This year's event will feature more than 160 performances at 14 venues over three days. For more information visit hwww.gburgrocks.com.

#### August 12

Rocky Ridge's Annual Big Picnic. Serving: Soup, Sandwiches, Fries, Ice Cream. Baby Show – 24 months and under starting at 4 pm. there will be games for all ages, and the River Bend Band will be playing at 6 p.m. Proceeds benefit the Mt. Tabor Church.

Emmitsburg Veterinary Hospital's Kids Night. This event is geared for children 4 - 10 years old. During our fun activities your child will learn about responsible pet ownership and dog bite prevention. Children should bring their favorite stuffed animal toy to join in on all the fun! For more information, call 301-447-6237.

"Birds With A Gettysburg Address: Four Seasons of Monumental Sightings" - Join Bonnie Portzline at the Park Amphitheater on West Confederate Avenue, as she shares her ongoing birding photography project and slideshow series, "Birds With A Gettysburg Address." This informative and entertaining program documents birds within and around historic Gettysburg National Military Park. The program includes connections between the Civil War and birds of the Gettysburg Battlefield. Gettysburg National Military Park, with 175+ identified species of birds drawn to its vital habitats, has seen increased sightings of adult and immature Bald Eagles, Sharp-Shinned Hawks, Grasshopper Sparrows, and Dickcissels. Among the uncommon species seen have been immature Tundra Swans, a Ross's Goose, and a trio of White-Fronted Geese. One of the species most sought by battlefield visitors is the Red-headed Woodpecker. The battlefield park, a mixture woodland and grassland, supports many kinds of birds and nesting species. To learn more visit www.nps.gov/gett.

#### August 12 – 13

Hollabaugh Brothers peach festival! Two afternoons of peachy fun, featuring: peach samples galore, home-made peach ice cream sundaes and peach baked goods, lawn games, wagon rides, face painting, kids' bounce house, fun kids' activities, Fairy Tale Trail walking storybook path and many peachy deals on peach products. For more information see page 31.

#### August 14 & 28

Mackenzie's Light (a bereavement support group), will meet at the Thurmont Regional Library, Moser Rd., Thurmont. Discussion leader will be Colt Black. Anyone impacted by the loss of a loved one is welcome. Meets second Monday of each month.For more information, call 240-288-1300.

#### August 18

Taneytown Lions "Fancy Wheels Mini Parade" at Memorial Park. Use your imagination and creative decorating skills to create an entry. Prizes will be given for a number of categories including: prettiest, most original, most colorful, best presentation, most lionistic, most patriotic, best use of imagination and most historic. There will also be a grand prize trophy. The parade will form at the Carnival Grounds beginning at 4:15 and will parade through the park to the football field. All entries must include a wheel or wheels. For more information, call 410-848-3163.

#### August 19

Peach & Pickle Festival/Yard sale at Johnsville United Methodist Church. All kinds of peach baked items available for sale. Food served all day with sandwiches, ice cream & peaches. Yard sale spaces for rent. For more information, call 410-775-7217.

Pepper Fest. Did you know Adams County Winery grows peppers on their farm? Join them for their Pepper Fest and enjoy free live music with Finks Constant, vendors, wood fired pizza's and appetizers, spicy drink specials, a gourmet food truck and wine tastings. This event is free. For more information, call 717-334-4631.

4th Gettysburg Brew Fest. The Gettysburg Brew Fest is a 3.5 hour unlimited sampling experience for craft beer (and hard cider) aficionados. The Brew Fest is a production of BrewFest Partners and the Lutheran Theological Seminary at Gettysburg (the non-profit beneficiary of the event and the event host). Free parking and transportation is available. For more information, visit www.gettysburgbrewfest.com.







# Mount St. Mary's University has no strength greater than its people.

As the Mount celebrates the beginning of a new academic year on August 21, we welcome new employees to our community!

Christine L. Adamow, Director of the Palmieri Center for Entrepreneurship

Keenan J. Aungst, Grotto Hospitality Groundsworkers Manager

Kevin J. Barry, Assistant Strength and Conditioning Coach

Scot W. Berry, Maintenance Manager

Jordan L. Brittany, Custodial Worker

Jamie C. Brown, Assistant Director of Residence Life for Housing Operations

Joshua R. Brown, Ph.D., Assistant Professor of Theology Benjamin Buhrman, Instructor/Theatre Technical Director Jack J. Chielli, Vice President for Marketing and Communications

Scott M. Coley, Lecturer of Philosophy Christopher R. Coli, Gratto Haspitality Groundsworkers Assistant Manager

Hannah R. Copenhaver, Assistant Athletic Trainer Trina M. Crum, Administrative Assistant, Admissions Bryan M. Cunningham, Head Men's Soccer Coach Francesca E. Dawson, Admissions Counselor Tripti Devkota, Advancement Database Associate

Lance R. Diamond Jr., Plumber

Brendan D. Dooley, Ph.D., Assistant Professor of Sociology and Criminal Justice

Farrah D. Douglas, Head Women's Rugby Coach John M. Dusel, Ph.D., Visiting Professor of Math

Caitlin R. Eby, Assistant Director of Alumni Engagement Diane L. Favret, Director of Seminary Development and Alumni Engagement

Peter C. Ferguson, Visitor Relations Assistant Kristin R. Fry, Gift Processor

Nicholas W. Fry, Patrol Officer

Ciara M. Geiger, Assistant Women's Basketball Coach Mallory N. Gomes, Assistant Athletic Trainer

Randall L. Goodson, Maintenance Worker

George D. Gorsuch, Support Specialist III

James L. Graybeal, Visitor Relations Assistant

Harold S. Green, HVAC Technician

Stephon U. Green, Custodial Worker

Kathleen M. Kennedy, Assistant Director of Campus Activities

Samantha B. Knapp, Compliance/Academic/ Student Development

Samuel J. Lawrence, Patrol Officer/Dispatcher

Jacob M. Lease, Grounds/Logistics Worker

Patrick M. Lombardi, Ph.D., Assistant Professor of Chemistry

Jordan T. Loveridge, Ph.D., Assistant Professor of English and Communications

Maria A. Marchesano, Head Women's Basketball Coach

Scott E. Meehan, Assistant Men's Lacrosse Coach

Isaac N. Mills, Lecturer of Chemistry

Raymond W. Mills, HVAC Technician

Elizabeth M. Moir, Coordinator of Video Service and Social Media

Rev. Bernard Mulcahy, OP, Associate Professor in the Seminary

Shawn A. Mummert, Electrician

Mark S. Myers, Head Athletic Trainer

Margaret R. Myles, Assistant Women's Ruby Coach

Joseph F. Paciella, Writer/Editor for University Marketing

Stephanie L. Pointer, Part-time Recreational

Facility Supervisor

Joshua A. Poole, Assistant Track Coach

Madison M. Presto, Part-time Certified Athletic Trainer

Athar Rafiq, Assistant Professor of Cybersecurity

Zuhair Rafiq, Support Specialist II

Timothy J. Rainsford, Director of Information Analysis and Assessment

Fred E. Reynolds III, Coardinator of Student Athlete Academic & Third Century Scholars

Frances J. Russom, Administrative Assistant, Information Technology

George A. Staley, Grounds/Logistics Foreman Martin D. Simms Jr., Custodial Worker Shelly J. Sollenberger, Custodial Worker

Candace L. Specht, Assistant Director of Financial Aid





### Events at the National Shrine Grotto of Our Lady of Lourdes

Aug. 5 & 6 Weekend Mass

Aug. 12 & 13 Weekend Mass

Aug. 15 Assumption of the Blessed Virgin Mary Reconciliation, 11 a.m. in the Confessional near St. Mary's Chapel Mass, noon in St. Mary's Chapel

Aug. 19 & 20 Weekend Mass Aug. 26 & 27 Weekend Mass All masses held at poop

All masses held at noon.

#### Join us on a Pilgrimage to the Shrines of France March 5–16, 2018

The cost is \$3,699 | Register before Oct. 15, 2017 For more information visit www.nsgrotto.org/france or call Jessica Root at 301-447-5484.

# University Calendar of Events

#### Aug. 9 at 2 p.m.

Mount St. Mary's University, the Mental Health Association of Frederick County, and the Child Advocacy Center of Frederick County will host Adverse Childhood Experiences: A Film and Discussion about the Biology of Stress and the Science of Hope. The event includes a screening of the documentary "Resilience: The Biology of Stress and The Science of Hope" followed by a moderated panel discussion, at the Mount's Frederick Campus, 5350 Spectrum Drive.

Wayne A. Green, Vice President and Chief of Staff Deirdre B. Himes, Custodial Worker Kevin F. Hipkins, Custodial Worker Grant E. Henry, Admissions Counselor Mark R. Hopkins, Master Plumber Lorretta L. Huff, Custodial Worker Kristin M. Hurley, Director of Human Resources Elizabeth A. Jackson, Coordinator of Social Justice Angy Kallarackal, Ph.D., Assistant Professor of Psychology Karli R. Stenger, Men's and Women's Diving Coach Matthew J. Thibeau, Director of Strategic Planning/Initiatives

Tirrany J. Thurmond, Director of Center for Student Diversity

Rev. John P. Trigilio, Director of Pastoral Formation Linda M. Ulrich, Custodial Worker Patrick D. Warthen, Maintenance Worker Kelly M. Yanucil, Assistant Track Coach

Employees hired August 2016 to present.

Seating is limited. To reserve a seat contact Risa McElroy at mcelroy@msmary.edu.

#### Aug. 5. at 7:30 p.m.

The Frederick Symphony Orchestra's (FSO) Frederick Camerata will hold a free concert at the Mount's Emmitsburg campus in the Horning Theater. The event is free and open to the public. Tickets will be available on a first come, first served basis.

#### **PNC Sports Complex**

Pool closed Aug. 4–20 Fall hours and group fitness classes begin Aug. 21 For more information, pool hours and fitness class schedules, visit www.msmary.edu/recreation.

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www.msmary.edu