

VOLUME 5, NO. 10 • WWW.EMMITSBURG.NET • WWW.MYFAIRFIELD.NET • OCTOBER 2013

NEWS

Emmitsburg approves solar farm project

Contracts have been signed for a solar farm to be constructed at the Emmitsburg wastewater treatment plant. **Page 2**

\$20 million Ski Liberty project approved

Overhaul proposed by Resort & Conference Center will begin in January. **Page 3**

All winners in Harney baseball tournament

The community looks to make the tournament an annual event with proceeds used to support worthy causes. **Page 4**

COMMENTARY

Words from Winterbilt

The U.S. always seems to be involved in the affairs of foreign nations, but has it worked? **Page 10**

Pure OnSense

With a few tweets and a phone call, Iran's President Rouhani may have just opened a new era of relations with the West. **Page 11**

ARTICLES

Book of Days The Wynyard Ghost Story. Page 13

In The Country

An inside look at the Camp Eder's Fall Festival. **Page 16**

An inside look at the 49th National Apple Harvest Festival. **Page 17**

Gardening

The science behind the colors of fall. **Page 20**

History

Part 2 of the 250th anniversary of Piney Creek Presbyterian Church. **Page 24**

Cold War Warriors

An inside perspective on becom-

Town solar project moves forward

A town Board of Commissioners-approved solar energy installation to be constructed at the Emmitsburg wastewater treatment plant site could save the town up to \$1 million over 20 years.

Jack Copus, director of business development at Rockville-based Standard Solar, presented an overview of the project to the town Board of Commissioners at their September 3 meeting, and the board approved a motion in a 2-1 vote at a special meeting held September 23 to move the project forward.

Cliff Sweeney and Tim O'Donnell voted in favor. Joy and Hoover were absent.

Regarding his vote against the motion, Staiger subsequently told the News-Journal, "I think all the guaranteed benefits go to Standard Solar and UGI.Only one, unguaranteed, 'benefit' is offered to the town a non-negotiable, twenty year, escalating rate structure based on a commitment to purchase all of the power produced."

Standard Solar was appointed by the town as the project EPC (engineer-procurement-construct management) through a previously held competitive bidding process.

As the project EPC, Copus stated at the September 3 briefing, "We helped developed this project as far as its current form. We will do the engineering, the procurement, the construction, also we'll operate and maintain the array once it's up and running."

"We have developed a 1.1 megawatt ground-mount which is going to be at Creamery Road at the existing wastewater treatment facility," Copus told the board. "It (the proposed solar facility) is estimated to produce about 1,400 megawatt hours on the first year, which is 1,425,000 kilowatt hours."

"The economics of this project for phase one, the way we've designed it and analyzing the current load for 20 meters throughout town, we'll be able to provide electricity for about 86 percent of the town's (municipal) needs," the project manager stated.

If the Vigilant Hose and Ambulance Company do not choose to participate, production will be closer to 100% of the town's requirement. This could obligate the town to purchase power it does not use.

Copus said, "There is no up-front costs to the town, and the approximate savings is about \$1 million over the 20-year term (except outside lawyer costs and replacement of some existing piping)."

However, Fred Ugast, president of US Photovoltaics, Inc., Frederick, said economic fluctuations in the power industry over the 20-year



If all goes according to plan, the town's septic system drainage will be covered with solar panels like these.

life of the contract could result in less savings.

UGI Utilities, Inc., a natural gas and electric utility serving 630,000 customers in 45 counties in Pennsylvania and one county in Maryland, according to the company, will own the solar production operation for 20 years as a third party.

The contract requires the town to purchase power from UGI for 20 years. In exchange, for producing the solar energy, the town would receive a reduced cost on their energy consumption, which represent as much as a \$1 million savings over the life of the contract.

The cost reduction is estimated over twenty years by those supplying us the power, but is not guaranteed, as it depends on how power rates will play out over that timeframe. This substantial saving is, however, what the company hopes will be the result.

At the end of the 20-year contract, Emmitsburg could then "have the system removed at no cost, extend the terms in one year or five year increments, or purchase the system at fair market value," Copus stated.

The solar installation would be done in two phases, both intended to produce approximate 1.1 million megawatts. Only phase one, due to be online by the end of December, was discussed.

The first phase is 1.1 megawatts. A second phase could be added once our demand increases when the new WWTP is on line.

Bob Jackson's "Bug" creates a buzz

Bob Jackson's campaign for Adams County Treasurer has been sweeping through the Fairfield area. Jackson and his wife Joan have been making their rounds in a 1973 yellow Volkswagen Beetle, complete with campaign signs on its roof and doors. Jackson's supporters have been en-

Jackson said, "My campaign for Treasurer has been focusing on how the commonwealth and federal governments have been steadily reducing funding to local governments. We need leaders who can prepare for these reductions without raising tax-



ing a Russian linguist. **Page 26**

Complementary Corner Fall recipes to warm and soothe the body and soul. **Page 42**

JOURNALS Retired Ecologist

For those who remember what our ecosystem once was like, the future looks less certain as each day passes. **Page 14**

Four Years at the Mount

This month we challenged our Mount writers to reflect on what it means to "follow one's dreams." **Page 32**

The Village Idiot

Part 3 of Jack's thoughtful look at the heroin epidemic killing kids in our community. **Page 35** couraging Adams County residents to "Catch the Jackson Bug!"

Republican, Jackson is seeking to unseat incumbent Democrat, Theresa Adamik in the General Election on November, 5.

Bob Jackson is currently a Liberty Township Supervisor. The Jackson campaign has received a number of endorsements from local leaders. Most notably, State Senator Richard Alloway II and State Representative Dan Moul.

But it was Jackson doing the endorsing at a recent campaign event in Hamiltonban. Jackson endorsed Brad Rigler for the Fairfield Area School Board. Jackson said, "I've always seen a lot of promise in Brad, and the more I get to know him, the more I see. Believe me when I tell you, he's the right man for this job."

es. That's one of the reasons why we need people like Brad Rigler on the School Board."

"It's important that we elect folks who are willing to play an active role in local government. Brad serves on the Liberty Township Planning Commission and he also serves on F.R.E.M.A. Brad demonstrates a dedication to serving our community that makes me proud to endorse him for Fairfield Area School Director."

Rigler and his wife, Vanessa were in attendance at the event. Afterward, Rigler said, "I really appreciate Bob's endorsement. Vanessa and I certainly support Bob Jackson for Treasurer." Like Jackson, Rigler is a registered Republican, although he cross-filed to run for School Director. Rigler and his wife are expecting their first child this fall.

Rigler said, "Our daughter is the in-

Fairfield Board of Education candidate Brad Rigler and Adams County Treasurer candidate Bob Jackson.

spiration for my campaign. The School Board has a huge impact on our community in form of taxes and the quality of education we provide our children. The goal of my campaign is to keep our taxes down and the quality of education up. I'm confident we can do this by spending smarter instead of just spending more."

Brad Rigler is one of five candidates seeking to fill four seats on the Fairfield Area School Board.

Westminster, MD Permit No. 94	Postal Customer	PRE-SORTED STANDARD U.S. Postage PAID	
		Westminster, MD	

NEWS

Four run for two Emmitsburg Town Council seats Joyce Rosensteel pr

The four candidates running include incumbent Patrick Joy, former Commissioner Glenn Blanchard, former Commissioner Joyce Rosensteel, and town Parks and Recreation member Jennifer Mellor.

The two seats, currently being held by commissioners Patrick A. Joy and Jim Hoover, are three-year terms. Hoover was appointed earlier this year to finish out the term of Glen Blanchard who had to step down due to health issues. Hoover chose not to run for reelection to the board.

Pat Joy was elected to his first term on the board in 2010, and would thus be running for his second term as a commissioner.

Glenn Blanchard was elected to the board of commissioners in 2005 and continued to serve as a commissioner until his resignation earlier this year due to immediate health issue - which have since been successfully addressed. Joyce Rosensteel previously served as a commissioner, being elected in 2002 but was defeated in 2005.

Jennifer Mellor is the only candidate who has not previously served on the board of commissioners, but has served on the town's Parks and Recreation Committee.

The town election will be held October 1, and voters can cast their ballots between 7 a.m. and 8 pm. At the former town hall, now serving as the community deputy office, at 22 East Main Street.



1 East Main Street P.O. Box 543 Emmitsburg, Maryland 21727 Office Number: 301-471-3306 Fax: 301-447-3057 www.emmitsburg.com and www.emmitsburg.net

News, events, history, humor and culture for the Historic Toms Creek Hundred geographical area: Emmitsburg, Zora, Carroll Valley, Fairfield, Greenmont, Harney, Rocky Ridge, Detour, St. Anthony's and Zentz Mill. The Emmitsburg News-Journal is published the first day of every month by Toms

Creek Hundred LLC.

Senior Advisers:

Eric Glass, Taney Corporation

Dan Reaver, Emmitsburg Glass

Bo and Jean Cadle, Former Publishers of the Emmitsburg Disptach

Executive Editor, Michael Hillman, editor@emmitsburg.com Managing Editor: Kathryn Franke, (MSM Class of 2013) Assistant Editor: Nicole Jones, (MSM Class of 2014) News Editor: Rick Fulton

English Editor: Megan Kinsella, (MSM Class of 2013)

Cold War Warriors Editor - Commander John Murphy, USN Ret.

Advertising, Sharon Graham, advertising@emmitsburg.com

Graphic Design and Layout, Brian Barth, bbarthdesign.com

Letters to the Editor, notice of upcoming events, news stories, and interesting and creative articles are welcome and may be submitted via regular U.S. Mail to P.O. Box 543, Emmitsburg, MD 21727, by email to editor@emmitsburg.com, or at our office on the square - 1 East Main Street.

"We've had a lot of inquiry into how to memorialize family names," Briggs stated. "The 501C would answer the question for residents who would like to put money into this in memory of their families." The mayor said, "I definitely do think it is doable. The vehicle is there, the service is available. We just have to really be precisely setting it up so it is what the citizens want before we accept a dime."

501C Town Square nonprofit proposed

The Emmitsburg Board of Commissioners learned at their August 19 meeting that a 501C nonprofit is being pursued by the mayor to help support improvements proposed on the Town Square.

The revelation came about during a discussion between the mayor and board members regarding the board's need of a "road map" of where the Town Square project was heading, along with target dates and timelines.

As the issue came up, when asked if the board could see a project timeline regarding the Town Square project, Mayor Don Briggs stated, "We're getting the drawings done, getting some prices, and there will be a 501C so that people can make donations to help out." Briggs further commented, "We potentially already have \$500,000 going into it."

Commissioner Tim O'Donnell asked the mayor if the town is investigating establishing a 501C to which the mayor responded, "We're doing that."

Briggs said, "We went through the Maryland Community Foundation and asked them about having a 501C to amass donations for Town Square improvements. They're open to it. They have a program to help towns to do that."

As far as potential donors, the mayor told the commissioners, "A lot of people said they would like to donate money. We have had somebody say they would pay for the fountain. Someone else said they would pay for the clock. But they need a vehicle to make tax benefits possible."

Briggs subsequently told the News-Journal that establishing a 501C is, at this point in time, "a concept, but we have many things going on right now."

He said the establishment of the 501C "may be something that would unfold next year. We would have to line-up the stewardship of it and a foundation to manage it."

But before launching a 501C to help raise funds for the Town Square, other milestones have to be met. "We have to do the final drawings, which then have to go out to bid," and the project is still awaiting approval by the State Highway Administration, which could take a month or more.

Paving projects planned for October

Several roads will be repaved in October in Emmitsburg.

The roads slated for improvement include Eyster, Gelwicks, Hayes, School, and Armstrong lanes, West North Alley, and Creamery Road.

Town staff was granted the au-

Emmitsburg news briefs...

Town Square timeline submitted

Emmitsburg Town Planner Susan Cipperly present the proposed timeline regarding improvements of the Town Square to the board of commissioners at their September 16 meeting. Projected preliminary costs suggest the total price of the Town Square proposed enhancements and improvement could come-in around \$800,000.

However, the cost could be funded by a combination from state highway monies, grants and donations. If the proposed timeline is somewhat adhered to, construction on the Town Square project could begin after the first of the

year. A finish date hasn't been projected because the final scheme has not been selected from the options available.



thority by the board of commissions in September to award the bid for the repaying project to Frederick County Paving in the amount of \$87,600.

Three other companies submitted bid, but the staff recommended accepting that proposed by Thurmont-based Frederick County Paving.

The motion to award the bid was made by Commissioner Jim Hoover, seconded by Commissioner Patrick Joy, and unanimously approved.



(Must Present Coupon At Time Of Purchase)

2 & 4 WHEEL ALIGNMENT \$499 ON CARS OR TRUCKS FREE Alignment with Purchase of 4 Tires!

GREAT TIRE PRICES! As Aways, FREE Mounting, Balancing, Wheel Weights & Valve Stems!

COUPON	COUP	ON	COUPON				
OIL CHANGE	COMPL	ITER	TIRE				
(Full Service)	SCA		ROTATION				
I \$ 2∆ 95	DIAGN		\$1495				
Includes: oil change, up to 5 gts. of oil & filter. Applies to most vehicles with			Includes: Set tire pressure,				
& filter. Applies to most vehicles with spin on filter.	\$39	99	Inspect brakes & alignment.				
EXPIRES 10/31/13	EXPIRES	10/31/13	EXPIRES 10/31/13				
Labor Rate on Mechanic Work = \$50" p/hr - Mention this ad before services are rendered.							
	nd Boats! ce & Repair NVs, Mowers,	RES	LIGHT LENSE TORATION & LIGNMENT (# YOUR \$6995 TAINE				
YARD SALE SPACES FOR RENT EVERY SUNDAY NEXT TO EMMITSBURG AUCTION. CALL FOR DETAILS! (Tables Not Provided!)							
17307 N. Seton Ave Emmitsburg, MD 21		01-4	47-6274				

Parking enforcement yields \$2,313

Emmitsburg parking enforcement racked-in more than two grans in August, according to town staff.

The enforcement results for August were presented to the town Board of Commissioners at their September 16 meeting.

Enforcement staff issued 78 citations for overtime parking, 16 for parking in a restricted zone, and two for parking facing the wrong direction. The paid citations generated \$750 in revenue.

The balance of the \$2,312.20 was amassed through parking meter money (\$1,326.20), parking permits (\$230), and meter bag rentals (\$6.00).

Street parking arrangements were also made for on funeral in August, according to town staff.

NEWS

\$20 million Ski Liberty project approved

The Carroll Valley Borough Council granted unanimous conditional approval at their September 10 meeting to a \$20 million resort overhaul proposed by Liberty Mountain Resort & Conference Center.

The plans were submitted to the council as a combined preliminary and final plan with the recommendation of conditional approval forwarded to the council by the borough Planning Commission.

The conditions placed upon the approval by the council dealt primarily with stormwater-related issues.

Resort management is planning a multiple phase overhaul of its resort complex, including the recently acquired golf course enterprise, the first phase of which is scheduled to commence in January 2014. Liberty Mountain representatives were seeking approval of only the phase one portion of their multi-year overhaul.

Eric Flynn, president and general manager of Liberty Mountain, told the council that the ski and golf business has developed a master plan which will serve as "our road map of what improvements we would like to make at our resort."

The overall objective is to improve upon the resorts year-round offerings, rather than focusing solely on winter activities.

Some of the objectives of the plan, he said, were to produce a uniform look between the ski side and the golf side of the resort "to allow the golf to fit in with the rest of the resort," improve pedestrian and traffic flow, and deal with "an awful lot of maintenance on the golf side."

Phase one of that plan, which was conditionally approved by the council September 10, calls for the demolition of the existing club house.

The removal of the club house will then pave the way for a new "grand lodge" which will include a conference center, ballroom, two restaurants, an indoor pool, and 30 additional hotel rooms.

A drop-off area for guests will also be constructed to avert traffic congestion issues on Sanders Road, and service vehicles, such as trucks delivering supplies, will have their own access drive. Pedestrian crossing improvements are also planned for County Club Trail, which bisects the resort complex.



Flynn told the council the overall goal of the changes is to "improve guest experiences and make their stay as pleasing as it can be," as well as to "have both sides look architecturally consistent."

"We think it's going to be very

attractive," he said.

Phase one is expected to be completed by April 2015. Flynn told the News-Journal following the meeting that the estimated cost of phase one would be around \$20 million.

Fairfield adopts fire tax

The Fairfield Borough Council became the first municipality in Adams County to adopt a\fire tax in a unanimous vote at their September 24 meeting.

The measure was approved in a 6-0 vote, council President Patricia Smith absent. The tax rate will go into effect in 2014

The council set the fire tax rate at

0.25 mills, which amounts to a tax of 25 cents per \$1,000 of real estate value. For example, a homeowner owning a property valued at \$200,000 would pay an annual fire tax of \$50.

The fire tax was adopted in response to a recent recommendation by the Adams County Council of Governments (COG) to supplement the financial needs of the volunteer fire companies in Adams County. A rate of 0.25 mills was the tax rate suggested by COG.

A study on the state of the emergency services in the county, financed in part by the Adams County Council of Governments (COG), stated, "This action (consideration of enacting municipal fire taxes) needs to be taken now..." Fairfield Borough Councilman Carroll Smith told the News-Journal back in July that the production and consideration of a Fairfield fire tax ordinance "could be imminent."

In fact, he said at that time, "We (council) have already given our attorney (in July) instructions to draft an ordinance which we can entertain."

Explaining the reasoning behind a push for a fire tax, COG explained, "Fire departments have significant operating expenses and they can no longer be expected to offset those costs by conducting fund raisers."

"The fire departments have reached the point that they are unable to cover their costs through fund raising and must receive greater support in order to maintain a volunteer force." the organization stated.

Hamiltonban Iron Springs Plaza advances

Approposal to construct a shopping center in Hamiltonban Township advanced September 3 when the township supervisors conditionally approved project-related agreement documents.

Realtor and developer David Sites, David L. Sites Realty Leasing & Management, Gettysburg, is proposing to construct the Iron Springs Plaza shopping center on a 17-acre tract located at the intersection of Iron Springs and Fairfield (Route 116) roads.

As part of the approval process, the developers needed to acquire approval from the township Board of Supervisors for a proposed stop light maintenance agreement and an indemnity agreement regarding subsurface storm water management structures.

The stop light maintenance agreement ensures that Iron Springs Plaza will be solely responsible for the maintenance of a stop light proposed at the intersection of Iron Springs and Fairfield roads, while the subsurface storm water indemnity agreement ensures the development will be liable for that infrastructure. The approvals were granted on the condition that the developer fulfill a number of "engineering issues" submitted by township consultants.

The board of supervisors unanimously approved the project's subdivision and land development plan in 2011 and planting waiver, as well as a waiver regarding the size of a ditch-like storm water basin.

Conditions placed on the development approval included township attorney sign-offs on any easement and right-of-way agreements (with property owners), receipt of county and local permits or approvals, and the completion of an accepted traffic study.

Robert A. Sharrah, president of Sharrah Design Group, Gettysburg, representing the developer, also noted September 3 that the developers are having a difficult time acquiring some of the necessary easement agreements from property owners adjacent to the shopping center site.

The shopping center project consists of subdividing the land into five lots, one of which will contain a 35,000 square foot grocery store, as the plaza anchor business, and a 7,200 square foot retail business. Sites said Kennie's Markets may be the operators of the new grocery store when the building is complete and available. Food Lion had been considered as the anchor store in an earlier effort to create an Iron Springs shopping center, but the deal ultimately went awry and the overall plans for that project were withdrawn in April 2009.

One of the five lots will be used strictly for storm water management and will not be developed. The remaining three, circa two acre, lots will be available, but do not presently have prospective clients committed to acquiring any of them as yet.

Hamiltonban cuts ribbon on \$1.2 million maintenance facility

Hamiltonban Township supervisors and other members of the township staff gathered on September 14 for a ribbon cutting ceremony marking the official opening of the new municipal maintenance facility off Carrolls Tract Road.

The new facility, consisting of a fueling station, salt sheds, and township vehicle bays, represents the first phase of an envisioned multi-phase effort to consolidate all of the township services, including a recreation park and township offices, to one central location.

Township Supervisor Chairman Robert L. Gordon said the ribbon cutting ceremony represented "a very special day in the history of Hamiltonban Township," by virtue of the official completion of the first phase of several that will culminate in the new municipal complex. The maintenance facility cost around \$1.5 million, according to township Supervisor Chairman Robert L. Gordon.

About a third of the \$1.5 million was supported by a Redevelopment Assistance Capital Program (RACP) grant obtained by the township with the assistance of State Senator Richard Alloway and



State Representative Dan Moul. Additional money was received from the American Recovery and Revitalization Stimulus Allocation funding, which allowed for a 45 percent rebate on any related loan interest payments.

The township board of supervisors began planning for the new complex began seven years ago, which a new maintenance facility high on the priority list.

"Our old maintenance facility (then located on Bull Frog Road) had outlived its usefulness years ago and was in very dilapidated condition," Gordon stated.

Regarding the move of the maintenance department to the new facility from the old, Supervisors Vice Chairman Coleen N. Reamer said, "I think it's really great the guys have equipment to work with and work on without having to worry about a wall collapsing in."

The overall campus project, including the new maintenance facility, was made possible through a land exchange with Valley Quarry, who traded the town ten acres of land the quarry owned adjacent to the existing town ship offices for four acres of municipal land on Bull Frog Road upon which sat the dilapidated maintenance structures.

Phase two of the campus project will be a municipal park which will be located next to the new maintenance building.

Phases three and four will, at some unspecified timeframe in the future, include the construction of a new town hall and police office.

NEWS

All winners in Harney baseball tournament

The Harney baseball coalition of partners has announced the winners of their second annual baseball tournament, and the three finalists donated their winnings to aid a 10-yearold girl in battling a serious illness.

The event, held September 14 and 15, was sponsored by the Harney Volunteer Fire Department, Harney Veterans of Foreign Wars (VFW), and Saint Paul's Lutheran Church. This year's winners were 1st place - Rills Construction Company, Taneytown. 2nd - Bobby Saves the Day, Westminster, and 3rd place was AJ Plumbing, Mt Airy, MD.

Ten teams competed in the single elimination event, which featured cash prizes awarded to the final top three teams. Gift certificates were given to all participating teams.

This year's tournament represented

the second year the event has been held since it was established by the partnership. Frank Rauschenberg, the spokesman for the tournament noted that 100 to 150 individuals attended this year's competition. "It went very well," he said. "I was very pleased with the turnout and the teams playing, the whole concept of reviving the memories of the game, and giving to a charity."

Rauschenberg stated that proceeds from the tournament "will be given to a local family for medical expenses of their 10-year old daughter, Julie Lochary, who is battling a serious illness."

"All three teams donated their winnings to Lochary in showing their support for her," he said. "As a special guest, Lochary along with her brother Jared, participated in the opening ceremony by throwing the first softball pitch. Julie has and continues to fight a long and hard battle with a serious illness.'

"Back in the 50s and 60s, many of the citizens in and around the community of Harney remember the Harney Ball Club at Conover and Bowers Road in Harney," Rauschenberg said. "People from all around came to play and/or watch on any given Sunday afternoon. Then the field lay dormant for many years. Now, the ball field will come alive again."

The field and concession stand were restored for this year's game, along with the addition of a back stop and bases. Additional improvements are already planned for next year's event, which has been given the go-ahead by the event partners, including expand-



The Lockary family: Julie, her brother Jarred, who is throwing the first pitch, and their father and mother, Michael and Laura.

ing the baselines to be "more in accordance with the regulations of the American Softball Association," and the addition of grand stand bleachers.

Service clubs, civic organizations, church assemblies, and com-

munity groups are welcome to organize a team and participate in next year's tournament. There in a per team entry fee. Additional information can be obtained by calling Rauschenberg at 410-756-5444.

Gateway Orthodontics: Sure to make you smile!

Bridgette Nitza MSM Class of 2015

The town of Thurmont has many devoted mothers to thank for the exciting and valuable addition of Dr. Jon A. Moles to their developing community. Dr. Jon A. Moles resides in Urbana, MD, and he has run an orthodontics office for 10 years. When parents of the children on his sports teams mentioned the Main Street of Thurmont, he decided to consider establishing another office in this area. Coincidentally, many of the ladies who work for Dr. Moles live in Thurmont. He then realized how convenient this new office could be.

Currently, Dr. Moles commutes to Thurmont once a week. However, he has seen the potential growth of Thurmont and he hopes to be present on a more regular basis.

Dr. Moles' concern for each individual patient ensures that Gateway Orthodontics will be a wonderful office for Thurmont residents. He expressed interest in developing a special program for students of the surrounding area. His office would like to offer them a close destination for orthodontia services, where all emergencies could be attended to at a reasonable price, while saving the students from having to make a long trip home. Dr. Moles values all student patients, as he has even encouraged some to pursue their own path into the study of orthodontics.

Dr. Jon A. Moles went to school for dentistry but discovered an additional love: the field of engineering. When he realized that orthodontics is a combination of the two professions, he could not have found a more perfect career path.

Dr. Moles specializes in "Wilkodontics," which includes minor surgical procedures that cut the treatment time in half and create bony stability in the patient's mouth.

However, Dr. Moles would usually prefer to use "Sure Smile Technology," which is a combination of 3D imaging, robotics and his 30 years of experi-



Dr. Moles cuts the ribbon on his new orthodontics office as staff and well-wishers look on.

ence, collectively making 95% of cases take 40% less time.

The Office of Gateway Orthodontics is just as bright and welcoming as the orthodontist himself. As soon as Thurmont residents walk through his front door, the they will see that Dr. Moles should have no trouble fulfilling his aspiration: "I dream of building a practice that people want to come to, and I want to be able to pass my business on in the future."

Children commemorate 9/11 with gift baskets

Fran Eyler

n September 11, 2013, the Rock Solid Christian Education kid's group from Trinity United Methodist Church presented the members of the Vigilant Hose Company with 12 baskets of snacks and cards of appreciation.

The firefighters were most generous with their time by talking with the children about fire safety and sharing information about the fire hall and the trucks and equipment and how they are used.

These children, ages 3-10, weren't born when 9/11 took place. They don't fully understand the sacrifices that were made on that day by the first responders. But what they do understand is that God loves them and they love God. God calls us to love our neighbor, be kind, be friendly, and to help others. Even the youngest child in the group can relate to these ideas if only by smiling their most winning smile for others to see.

When a call comes in they don't hesitate to serve. They don't question where the fire is (large house or small apartment) or who was in an accident (nationality or religion). They do the job they have trained for and they do it to the best of their ability.

Trinity's Rock Solid children are not old enough to do mission work in our community but they are strong in God's love, they are The men and women of our lo- cheerful givers, and they enjoy



in giving to the volunteer firefight- Wednesday at 6:30 PM. For more

cal fire company are shining exam- helping their friends and neighples of all that is good and right. bors. They put these values to use

ers. God loves them and so do we! Our group meets at the church at 313 West Main Street every other

information, call 301-447-2723 or visit the church website http://trinityumcemmitsburg.com.



HISTORY

One hundred years ago this month

October 3

Five-year-old Boy Fires Shotgun at Sister

Katherine, the 12-year-old daughter of Mr. and Mrs. Robert Mitch, had her arm nearly shot off Monday evening by her younger brother, Bob. It seems that the little fellow had requested his sister to bring him some candy when she returned from school. When she returned he asked: "Did you bring me any candy home?" The girl replied that she had not because she had no money, and Robert said: "Then I'm going to shoot you."

Katherine did not think her brother was in earnest but a few minutes afterwards she was startled on seeing the boy approach her with a shotgun, which he had found in the house. She screamed and ran, but the boy pulled the trigger and a load of shot lodged in her arm and a few pieces a lead entered shoulder.

The parents were soon at the side their little daughter, whom they found lying upon the floor with blood streaming from her arm. When they asked what was the matter the little boy said: " I told her I was going to shoot her and I did."

The wound was very extensive, the right arm being completely shattered just below the shoulder, and only a few ligaments holding it. The child was immediately taken to the office of Dr. Jamison who, assisted by Dr. Bronner and Stone amputated the arm.

Meeting of the Equal Suffrage League

The regular meeting of the Equal Suffrage League will be held at the home of Mrs. Annan, Friday evening at 8:30 pm. There will be present a speaker of note from Washington, as well as a trouble maker from Baltimore. As always, husbands of women attending this meeting are invited to drink away their shame at the Hotel Slagel's bar on the Square.

Heavy Rains Accompanied by Hail Do Much Damage

Creagerstown, Graceham, Loys and Rocky Ridge felt the effects of the hailstorm which visited this section of the county Tuesday night. Barns were unroofed; buildings upset and window glass in many houses broken. In addition to this standing crops were injured, fences were destroyed and telephones were put out of commission. H. B. Ogle had the misfortune of losing 70 panes of glass in his house. In the neighborhood of Rocky Ridge and further north hail as large as guinea eggs fell. Near Loys, 11 telegraph and three telephone poles were blown down. home was burned and lately he has been engaging in erecting a new dwelling. Monday evening he drove alone to beyond Emmitsburg in order to secure a plasterer. He returned home and went to the barn to unhitch his horses. It is not known exactly what time Mr. Michael return, but later in the night Mrs. Michael became worried that her husband had not returned from the barn.

Several months ago Mr. Michael's

Fearing that something had happened she went to a neighbor's and asked if they would help to search for Mr. Michael. That was about 2:30 AM. An hour or so afterwards Mr. Michael was found lying in the road near the stable with the horses standing nearby only partially unhitched. He was carried to his house and medical assistance summoned. He is survived by widow and nine children.

October 10

Child Kicked by Colt

Maurice Lingg, the youngest son of Mr. George Lingg of near town, was kicked in the head by a colt about six o'clock Tuesday evening. The accident happened while the child was putting the horse in the stable. Dr. Jamison was summoned and dressed the wound which was thought to be serious, but at this writing the child is very much improved.

Runaway

On Tuesday evening last there was quite an exciting runaway in Creagerstown. Mr. Ellsworth Valentine drove a very beautiful sorrel horse to town and hitched it in front of the Hotel Val and while attending to some business the animal put its head down to rest and on raising it caught the bridle and breaking it dashed at breakneck speed for home. In turning a corner the horse took in too much land and the buggy top struck a tree and was demolished. After running for about a mile and a half, he ran in a field where he was caught by Mr. Valentine after making several trips around the field. The animal seems none the worse for it and is gentle as ever, but the new buggy was almost completely demolished

October 17

Party at the Reformed Parsonage

The reform parsonage was the scene of the delightful party on Tuesday evening. It was a surprise party. It was the outcome of a very gracious thought on the part of the congregation of the Reformed Church, each member of which cooperated in a preconceived plan to stock the pantry of Rev. and Mrs. Higby with the fruits of the harvest.

Early in the evening teams and automobiles laden with everything which appeals to the appetite and goes to sustain the inner man, began to arrive in town and before long the parsonage was crowded to its capacity with representatives from nearly every family in the congregation, each bearing a very substantial "donation."

Delicious refreshments, provided and served by members of the church, added greatly to the enjoyment of the occasion, which will be a memorable one not only to the much surprised pastor and his wife, but to all those who entered so heartily into the spirit of the happy affair.

Fined for Being Disorderly

Earl Black and George Willhide of Thurmont were in Frederick last Saturday night and when returning home it is said they became disorderly on the car. The conductor reported the case and on Sunday the Sheriff came to Thurmont to arrest the two boys. They were taken before Justice Black who held them on bail for their appearance on Monday morning. The boys were found guilty and each fined \$12.50. According to the boys, some others on the car were really the cause of the trouble, but we have not heard of any subsequent arrests.

Improvements

Mrs. Colombia Winters is having a double porch added to her residence on W. Main St.. Mr. Edwin Chrismer is adding another story to the east wing of his property. A new porch is being erected at the residence of Miss Anna Riley on Green Street.

Dr. Stone is building a miniature hospital next to his office on W. Main



The Hotel Biddinger ~ 1910

St.. Dr. Jamison is enlarging his office on W. Main St. and is also having a galvanized tin roof put on his residence. Another street crossing is being made by the commissioners between Emmitsburg Saving Bank in the Hotel Biddinger.

October 24

Dr. Sefton in New Office

Dr. Sefton occupied his new dentistry office for the first time this week. The building has been rebuilt by the owner, Miss Winter, and re-papered, repainted and refurbished making it one of the most attractive rooms in town. It is Dr. Sesfton intention to have everything antiseptic and to furnish individual drinking cups to all his patients.

Desirable Property for Sale

Property for sale on East Main St., a lot 60 feet front, 160 foot back, consisting of an 11 room frame house, improved by large brick summer kitchen and shop; large table and carriage house, combined woodshed & chicken house and run, enclosed with new wire fence. Houses in good repair, house and stable both recently shingled. Asking \$925. For further information call Mr. Eugene Rowe.

October 31

Pretty Home Wedding

At the home of Miss Alice McNair in Freedom Township, Adams Coun-

ty, on Wednesday, Miss E. Maude, eldest daughter of the late Harry McNair, was married to Mr. Frank Milford Musselman of Fairfield. The McNair home was tastefully decorated for the occasion with carnations and autumn leaves. Beautiful and unusual gifts were presented to the bride. Their numerous friends wished the couple a happy wedding life.

Struck Good Water Vein

After almost innumerable delays, the new artesian well for Thurmont was finished the beginning of the week at a depth of about 170 feet, when the drill broke through into a twofoot-subterranean stream which is hoped will meet the heavy drain maid on the other wells and relieve the cloudy condition of our drinking water which has existed the past several months. On Thursday, after pumping about six hours delivering about 400 gallons per minute, no material lowering of the water in the well was recorded and the company is highly elated over the prospects for furnishing Thurmont with an unlimited supply of pure water.

Chicken Thieves Scared Away

During the early hours a Thursday morning Mr. Isaac Kelly was awakened by some night-walkers trying to enter his hencoop. However, the quick arrival of Mr. Kelly's son scared the night-walkers away, the only damage being done was the breaking of the lock.

Dies from Stroke

On Monday evening Mr. Marshall Michael was stricken with paralysis while hitching his horse at his home at Maxwell's Mill. Mr. Michael lay in front of the barn helpless and unassisted until his unconscious form was discovered by a searching party, early Tuesday morning. He died about seven o'clock Tuesday evening, never regaining consciousness.

Farm for Sale

As I intend to move from Adams County, I will sell at private sale, for \$850, my property in Greenmont, consisting of four and three-quarter acres of land, a large 13 room dwelling house, stable large enough for four horses, a large shed suitable for automobile or carriages, an out-kitchen and milk house connected with the dwelling, well with abundant supply of excellent pure water, large cistern, two chicken houses and other necessary outbuildings, splendid garden, an orchard of young apple, peach, pear and plum trees, some of which are just beginning to bear. This property is located along Emmitsburg Road, 5 miles from Gettysburg, 3 miles from Emmitsburg. It is on a high, well-drained ground and offers a splendid opportunity for one wishing to carry on the poultry business. Signed H. P. Binham



FROM THE DESK OF . . .

County Commissioner Kirby Delauter

T'll start with an excerpt from an Executive. Here are a few of my ob-Larticle recently written by Chuck Norris, he states:

Everything rises and falls on leadership, as Dr. John Maxwell has put it.

Leadership has built the biggest empires. It has collapsed the greatest corporations. It can unify diversity or divide unity. It can cast visions, catalyze movements, coalesce people and revolutionize industries and culture. Or it can run an organization and country into the ground by hardly trying or making a few wrong moves.

And you get what you pay for in leadership, not just in monetary terms but in quality of leader replication and organizational development.

Now, to move forward and put this his words into perspective for the upcoming County elections. It appears from her website that former County Commissioner Jan Gardner will be running for County

servations from her web page. She wants to restore the trust in government. I wasn't aware that there was an issue with trust in the County government? Maybe she's talking about the playing fields built by parents and volunteers in Urbana a few years back when my company contributed in kind approximately \$150,000.00 of fill material organized by local parents who just wanted to build some playing fields for their kids since the County couldn't seem to find it within the budget to build the fields themselves. Jan and her board didn't trust the parents or volunteers to make this happen so she placed every obstacle known to man in their way, such as prolonged permitting, environmental issues, the list goes on. The fields eventually were completed by my company and volunteers, and after our election I remember the grand opening where Jan stood

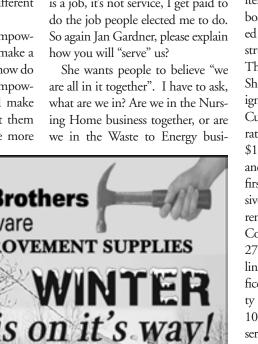
before the very people she scorned

with crocodile tears telling them how wonderful the new fields were and how anything is possible with good government. I was asked to attend the grand opening but declined since I couldn't have brought myself to stand there and listen to her take credit for something she had nothing to do with in the first place.

She says also she wants to Lead with integrity. I wonder if this is the same integrity she had when she met with members of the County ethics board (which she appointed) behind closed doors to change their ethics opinion in a case regarding my company? Her opinion of "ethical government" must be different than mine.

She states she wants to empower people to participate and make a difference. I have to ask, just how do you do that? How do you "empower people to participate and make a difference"? Will she grant them special status? Will she have more public hearings than the current law requires? I'm just at a loss as to how as an elected official she would "empower people"? I hope during her run for office she can provide some clarification on this.

She says she will have dedication to serving people. How will she do this? Will she serve people like she did when she received a six figure job from Senator Mikulski? Who got more out of that service, Ms. Gardner or the taxpayer? As an elected official I don't really feel like I "serve people". I feel if I "serve "something or someone it's pro bono or at no cost to them. I feel my County Commissioner position is a job, it's not service, I get paid to



ness together? I didn't get that feeling of togetherness from Jan Gardner when she closed the door with me on the outside and she met with the Ethics Board to decide my fate. Yes, somehow Jan I just didn't get that warm fuzzy "we're all in it together " feeling when you did that to my family.

She also states she wants Great Schools, Safe Communities, and Efficient, Effective services. I have to shake my head at that statement because who doesn't want these things? The difference is, some people "want" things, other people "do" things. It's easy to want something, the hard part is actually doing it and making it a reality. The current BoCC has funded millions more in Systemic projects along with IT items in the FCPS than the Gardner board. The current BoCC has funded and fast tracked more school construction than the Gardner board. The Current BoCC has reinstated Sheriff Deputy pay scales that were ignored by the Gardner board. The Current BoCC abolished the separate Fire tax that was bleeding over \$13M annually, hired a Fire Chief and laid out a plan to have for the first time ever, a DFRS that is cohesive and financially solvent. The current BoCC was handed a bloated County government with just under 2700 employees, we have streamlined government and will leave office with approximately 1800 County employees, a reduction of almost 1000 employees, without sacrificing services. The Current BoCC took the Gardner board's negative bond rating and moved it to a stable rating. We took their \$48M deficit when we took office and have had \$Millions in surpluses year over year. So Jan, what exactly is your plan to make County government efficient and effective? Please explain.

As Dr. John Maxwell said, " Everything rises and falls on leadership". I have yet to see where Jan Gardner lays out any plan to lead the County. Instead I see a lot of feel good rhetoric that along with \$3.99 will buy her a Starbucks Latte' beckoned to her by her County Executive Assistant.

STARRING: STEAMED & FRIED

SHRIMP, STEAK, FRIED CHICKEN, BBQ RIBS & FISH

4271







2 for \$25

la Sieun ∞ Shinnp WEDNESDAYS & THURSDAYS

2 Soups, Fruit & Bread Bar 🛛 Large Variety Salad Bar & Hot Vegetable Bar Dessert Bar with large selection of pies & cakes

Best Value in Frederick County!

Coupon good for Wed. & Thurs. 4pm-close. \$25 for 2 steak & shrimp buffet, includes coffee, tea, or soda. Not valid with any other (includes coffee, tea, or soda) coupons or discounts including 55+ club. Expires 10/31/13. Must present coupon.

301-271-7373 • COZYVILLAGE.COM

GOVERNMENT—SOUTH OF THE MASON-DIXON LINE Emmitsburg Town Commissioner Chris Staiger

Well the big story for September was Solar: the town has now agreed to partner with a solar power supplier to build a generating facility at the wastewater treatment plant.

After working with his 'solar team' for close to a year and a half, Mayor Don Briggs requested that the Board approve a tentative lease and "power purchase agreement" at the September 3rd Board meeting. He claimed both items needed to be approved within two weeks in order to meet the installation timeline, or the whole program would be placed in jeopardy. No other details of the contracts or conditions had previously been provided to the Board for review or discussion.

At the September 3 Board meeting, we heard presentations from the selected partner, First Solar, as well as an analyst hired by the Mayor to evaluate the proposals that were received, and an attorney hired by the Mayor to negotiate the deal. Unfortunately, no actual documentation was provided, so the Board requested copies of the actual agreements before continuing consideration at the September 16 meeting.

Meanwhile, the town office signed a separate contract on September 10 to begin preparing the installation site at the wastewater treatment plant. Although the dollar amount (at less than \$20,000) did not trigger the need for Board approval, there is a second town ordinance requirement that the money is already budgeted for the purpose. The Board has NOT budgeted any money for the installation of a solar plant...

At the September 16 Board Meeting, draft documents were provided, but the Board was informed that negotiations between the supplier and the town were actually still in process. To the Board's credit, they again deferred consideration until a finalized contract was available for review. On September 23, a special meeting was held. The final documents were presented and approved by a two to one vote – Commissioners Sweeney and O'Donnell in favor, me opposed, and Commissioners Hoover and Joy absent. The solar plant should be built and on line by the end of the year...

As far as the structure of the deal itself, all of the guaranteed benefits such as government subsidies, the ability to sell solar credits, and a customer obligated to buy ALL power produced are awarded to the plant operator, Standard Solar, and their partner, UGI.

Only one, unguaranteed, 'benefit' is offered to the town - a non-negotiable, twenty year, escalating rate structure based on a commitment to purchase all of the power produced by the new solar array – whether we actually use it or not. The unguaranteed savings are based on twenty year energy market projections that are, in my view, of questionable accuracy.

Who accurately envisioned the current energy market just ten years ago? The town's current rate is actually going down 8% in October due to increased supplies of natural gas from "fracking" that are used for electricity generation. Check your September electric bill. The program we signed on to only goes up in cost every year.

There is also a real risk that we won't use all of the power produced until the new wastewater treatment plant comes on line in 2015. We were sold the deal with the claim it would provide 86% of our power needs. But this is only if the Vigilant Hose and Emmitsburg Ambulance companies agree to participate.

To date the Mayor has only asked and has no commitment. If those organizations do not join in, we are at "around 100%" according to the energy analyst who spoke at the meeting. Combine this with the reduced power consumption due to our recent transition to LED streetlights and we could be in trouble. Remember, we have to pay for all the power produced - whether we consume it or not.

Regardless, we will slap ourselves on the back for converting to solar and tout the savings that none will bother to verify. Certainly not in ten years when the "introductory rate" has expired and the non-negotiable escalation has kicked in...

This will be my last regular column in the News Journal. Thank you to the editorial staff and Mike Hillman for giving me the opportunity to share my opinions on the goings on in town government for the last four years!

As always, please keep an eye out for opportunities to contribute and don't hesitate to share your opinions with your elected officials by sending an e-mail to towncouncil@emmitsburgmd.gov.

Emmitsburg Mayor Don Briggs

The cupboard is nearly bare. To the most generous people in the world, please drop off food donations at the food bank on East Main St. We do a great job at Christmas, but the need is year round.

Twenty-eight volunteers many from outlying areas pitched in for the Maryland "Day to Serve". Under the direction of Pastor John Talcott, a team starting at each end scoured Main Street. Commissioner candidate Jen Mellor was right there in the thick of things. To all a great job!

Farewell to a great friend of the town, Ron Face, Director of NETC Management Operations and Support Services. Ron who has served the NETC for 32 years is retiring. A wonderful friend of the town.

What they say about an active downtown is true and why we need to strive for one, a place for a lot of casual meetings. On the Day to Serve Saturday the flower lady doing her thing, Christine a jogger from Brookfield, Dave from Pembrook and Conrad from Southgate downtown for a cup of coffee, Jim a retiree from Lincoln on the Park, a man waiting in a car to pick up a friend, a resident sitting on the porch of the old hotel having coffee, Sheila the hairdresser, and a lady from the bank to name a few. All it took was a "hi" and a smile. We can behave like the twelve tribes of Israel or we can come together as one community. A safe, active and fun downtown has proven to be a good place to start. We presented the schedule for the next phase of development for the square at the second town meeting. If all goes right we could be in position to bid out the work by December 2014. The square revitalization is an important part of our overall downtown development.

Former Governor Glendening (1995-2003) recently spoke in Frederick of planning communities for the future. The former governor is a national recognized proponent of Smart Growth. Two population major growth trends are afoot. The growing elderly population is less inclined to retire in Florida. They are choosing "aging in place". Seniors are looking for communities where they can get out of their cars, reduce vehicular miles of travel (VMT). They want to live in communities that provide near places of health care, parks, goods and services. To that end besides the new retail store planning to come here, the Emmitsburg Osteopathic Primary Care Center is planning for a cancer treatment center that will include oncology exam rooms and a chemotherapy treatment room.

The second trend is that 18 -30 year olds are shaping demand therefore the growth of the future. Their preference is for low maintenance homes, small yards and attached housing that are close to work, parks, entertainment and mass transit systems. Jobs follow talent. At one time the place to live was predicated on jobs. The trend now is to choose where to live and then look for a job. These changes are now underway. Now and in the future, communities will have to be attractive, connected, walkable and include development of mixed use downtown of businesses, residential and employment. Car dependent regional malls and office parks are more a thing of the past. What will happen to communities who are not addressing these, especially outlying bedroom communities already affected by higher gas prices? Simply less demand to live there affects real estate values. Lower real estate values lead to lower revenue available for resident services. It is unsustainable. If we put ourselves in the best position for quality of life for us, the rest will take care of itself.

At a special meeting of the commissioners the town solar array system was approved. It's a big step for the town, but the savings are there for us. We are now ahead of the state and county in reducing reliance on the grid by replacing our energy needs with renewal energy. When the solar array is installed by year end, the town will have met its commitment that it did not have to achieve until 2020. Congratulations, it's been a full year of study and negotiations. We are on track for the future.

Finally, thank you Jim Hoover for coming back to serve the community as a commissioner. I respect your decision not to continue for another term, but your knowledge and experience will be missed.



The Frederick Board of County Commissioners invites interested persons to volunteer their time to serve on several boards and commissions that include the Commission on Aging, Public Library Board, Social Services Board, Solid Waste Advisory Committee, and many others. To view a complete listing of the vacancies, please visit Frederick County Government's website at www.frederickcountymd. gov/boards.

Frederick County Government Boards and

Commissions Volunteer Opportunities

Persons having a desire to serve must be residents and registered voters of Frederick County. If interested, send a letter indicating the specific board/commission of interest and a current resume by mail or e-mail (fcgboards@frederickcountymd.gov) to Mrs. Joyce M. Grossnickle, Frederick County Government, Winchester Hall, 12 East Church Street, Frederick, MD 21701. Please include current contact information, i.e. home, work and cell numbers, home mailing address and e-mail address. For more information please contact Mrs. Grossnickle at 301-600-1102. All required documentation must be received by 4 p.m. on Friday, October 18.

Frederick County Government does not discriminate on the basis of race, color, national origin, sex, religion, age, or disability in employment or the provision of services.

Don't Drive to Frederick! We have Office Supplies!



- Copying
- Fax Services
- Office Supplies
- Printer Supplies
- Ink Cartridges

Printer Paper

Personal/Private Mailboxes Courier Services • Public Internet Ship & Receive Services

FedEx Authorized Ship Center

Hours M-F 10:30 - 5:30 • Sat 12 - 4 5B East Main St. • Thurmont, MD 21788 Office 240 288 8463 • Fax 240 288 8494

FROM THE DESK OF ...

Carroll Valley Mayor Ron Harris

It is October. The leaves will start to change into brilliant colors – a last "hoorah" before they fall. The farmers in the area will finish harvesting their crops. The birds will migrate south. We honor Columbus' arrival in America on Oct 12, 1492 and celebrate this event on Monday, October 14th. And then, on October 31st children and adults will dress up in "strange looking" costumes to celebrate Halloween by going around the community proclaiming "Trick or Treat".

Halloween is a 2,000 year old tradition given to us by the Celts in the area known today as Ireland. Halloween is the one night of the year where children get to dress up as anything or anyone they want to be. If you want to be visited by these little goblens, leave your porch light on. There are some safety tips everyone should take into account that evening. The children should be accompanied by an adult or a responsible teenager. According to Safe Kids USA, a national child safety advocacy organization, twice as many children are killed while walking on Halloween on average as compared to any other day of the year. So, make sure your children wear bright, reflective costumes. If they are wearing a costume that would make it difficult for a motorist to see them in the dark, than place strips of reflective tape on their costume, have them carry glow sticks or give them a flashlight. Motorist, be sure to watch for children walking on the trails and darting out from between parked cars. Please be extra cautious. Parents make sure your little ones understand that they should walk on the left side of the trail, facing the cars. Instruct your children not to eat anything until they get home and the treats have been examined. Why all this precaution? It is Halloween. It is a time to have fun. But, you can never be too safe with your kids.

Have you been down to Carroll Valley Commons? One of perks of being a Carroll Valley resident is having such a beautiful and aesthetically pleasing park to visit. Our park certainly provides us a good way to engage in healthy exercise and a place we can socialize with one another, and form lasting ties. The Commons does contribute to the vitality of our community and residents. I would like to take the opportunity to thank Donny Shaffer for his dedication to maintaining the beauty of our park. Another borough employee I would like to recognize is Mr. Richard Cool. He joined us on March 26, 1990 and is retiring after some twenty-three years. Mr. Cool has faithfully served our residents with a tireless work ethic and a level of dedication which will forever be unequalled. At the September meeting, a resolution of the Council in appreciation for Richard Cool's services to the borough was signed by John Van Volkenburgh, Council President and myself. Rich, wish you the best and thank you. Also at the same meeting, I had the pleasure to present to council and the residents of Carroll Valley, a gift given by Laura Scudder of Eagle Trail. Using her artistic talent, engineering skills, and knowledge of stained glass design, created an impressive stain glass version of the Carroll Valley Borough symbol. On behalf of Council thank you Laura for your gift and your

volunteered borough service of 16 years (4 years on Council and 12 years on Planning Commission). To see the stained glass symbol go to www.facebook.com/Mayor-RonHarris.

Every year people lose their lives in residential fires. October 6th - 12 is National Fire Prevention Week (NFPW). This year's NFPW theme is "Have 2 Ways Out!" which focuses on the importance of fire escape planning and practice. This may be a good time to test the smoke alarms in your house and replace the batteries. Most fire victims die from inhalation of smoke and toxic gases, not as a result of burns. It is further reported that deaths and injuries occur in fires that happen at night while the people are asleep. While you are checking the smoke alarms, it might be a good idea to also check and replace the batteries in your Carbon Monoxide (CO) alarm. CO is an odorless gas produced when any fuel is incompletely burned. CO poisoning is associated with malfunctioning home fuel-burning heating equipment such as furnaces, ranges, water heaters and room heaters. Do you have a family fire escape plan? You should. How do you get out of the house? Do the kids know the plan? Do you hold fire drills during the night to see if the children know what to do? For more information go to www.nfpa.org.

The "Medicine Take Back" Program will be held on Saturday, October 26, from 10:00 A.M. to 2:00 P.M. The Medicine Take Back is a collaborative effort between local law enforcement agencies, Adams County Environmental Services and Adams County Collaborating For Youth (CFY).



Laura Scudder gave the Borough a stained glass version of the Carroll Borough symbol that she created.

This program helps those community members who have any unused, expired, and/or unwanted medications (liquids and pills) to properly dispose of them. Disposing the medications properly reduces their availability to youth and contamination of water sources. This year it will be the first time all six of the Adams County locations will be accepting pet medications. No needles or sharps are accepted for disposal. The whole process is anonymous and completely free to those who participate. Once again, there will be members of the CFY Youth Coalition of Adams County and adult volunteers at each site, to help raise awareness of the effects of drug abuse, and also to connect with the community and show support to those who do participate. Our "drop off" location is Fairfield Fire & EMS Department, 106 Steelman Street. On station will be members of the Carroll Valley and Liberty Township Police Departments.

There is a new program coming to Fairfield Area Middle School this fall. For the first time, the Strengthening Families Program



will be held at the Fairfield Middle School (4840 Fairfield Road, Fairfield, PA) on Tuesday nights, starting on October 8 and ending on November 19, from 6:00 P.M. to 8:30 P.M. This program is FREE to all families and prizes are included. Students in grades 4-8 had a paper with a registration form sent home with them from school. The program is to help parents/caregivers and their youth (ages 10 to 14/in grades 4-8) understand the changes and diversity of family life. A free meal is provided each week and free childcare for children under the age of 10 is available on site. During the program, there will be three different sessions. Parents/caregivers will be in a session while their youth are in a separate session. Afterwards, both the parents/caregivers and their youth will come back together for the family session. Each week a different topic is presented. One week it may be resisting negative peer pressure and the next week it could be managing stress. Activities and games are included! Seven different topics and seven weeks of family fun! Registration is required. Hurry and signup! The first 10 families to register and complete the program will receive a \$25 gift card. For more information or registration, contact Samiah Slusser at (717) 338-0330 x 11, email cfycd@cfygettysburg.com, or by fax: (717) 338-0304 with the back of the flyer (registration form), or check out www.cfygettysburg for more information.

Borough meetings to be held

ARE YOU READY FOR WINTER?

- Automatic Delivery of Propane & Fuel Oil
- · 24/7/365 Emergency Service
- Budget Payment Plan
- Heating Equipment Service Plans
- · Safety-Trained Professionals
- Over 80 Years Experience

Call (717) 334-6791 or Today! 1-800-PROPANE

PROPANE

Our Business is Customer Satisfaction



www.suburbanpropane.com

Suburban Propane[®]

in October are: Planning Commission (Oct 7th), Finance Committee (Oct 14th), Borough Council (Oct 15th), Borough Council Finance Workshop (Oct 22nd), Parks/Recreation (Oct 23rd), a Sewer & Water Authority meeting (Oct 28th) and the Borough Council Finance Workshop (Oct 29th) if needed. Please note that a Public Meeting will be held in October (date not determined at this time) on the Zoning Ordinance dealing with the Mallow Tract. When scheduled, it will appear in the Gettysburg Times. I will post it on my Facebook site. Please reduce your speed to make sure you, your loved ones, your friends and your neighbors will be safe. If you have any questions call me at (301) 606-2021 or email at

mayor@carrollvalley.org.

GOVERNMENT—NORTH OF THE MASON-DIXON LINE County Commissioner Marty Karsteter Qually

dams County Connected is a Acommunity-based initiative that has been working towards a connected community in which affordable high-speed internet access is available for all users, whether residential, institutional or commercial. The ACC vision of a connected community also brings citizens across the 'digital divide' and builds community content so that families, schools, businesses, tourists and others can interact using connectivity. After ACC's first year, the County Commissioners appointed a 10-member task force to conduct needs assessment, continue working on community initiatives, and report back to them. The Commissioners will hold a community forum on connectivity and hear the task force report in York Springs on 17th at 6:30 October 2013. The community forum will be held at the newly renovated York Springs municipal building at 249 Main Street, York Springs.

Adams County Connected recently convened a focus group of public school administrators to discuss current uses of technology in the schools and to gain insight on the current and future needs of students, their families and communities. Shannon Harvey, a member of the Adams County Broadband Task Force and Campus Vice President of Harrisburg Community College, Gettysburg Campus, led a small planning committee to plan, host and lead the focus group. All six Adams County school districts and the Lincoln Intermediate Unit were represented at the meeting. It is a credit to the seriousness of this discussion that five of the six Superintendents personally attended.

Instead of attempting to filter or reinterpret the excellent discussions that occurred, the remainder of this article is taken directly from the minutes of the meeting.

The discussion focused on the following three questions:

- 1. How is your institution/ district currently utilizing technology in the delivery of education and services to students?
- 2. What skills, abilities and resources are required by faculty, students and families residing in our county to fully utilize your institution's technology resources, and what is the potential impact for students in households without high-speed Internet access outside the classroom or institution?
- 3. Describe your district or institution's plans for expanded use of technology in the classroom in the next one to three year?

Current utilization

· Laptop programs in Upper Adams school district and Gettysburg Area school district (beginning Fall 2013) provide every high school student with a laptop. Upper Adams uses the philosophy "Internet at school, software at home" to ensure parity for students without connectivity at home. Wi-fi is available outside the high school building allowing students 'driveby access' to submit assignments electronically. Laptop programs require significant upfront training for faculty, and require adequate sustainability funds to ensure repair and replacement of equipment. Graduating students often have an opportunity to buy used equipment at low prices.

- Conewago Valley is instituting a student boot camp to train 7th and 8th graders to be tech helpers for their peers.
- Technology for elementary schools, such as tablets for students and smart screens for classrooms, is often funded by PTO's or other parent organizations.
- School operations such as payroll and reporting are using technology. Computerized SCADA programs are used to manage water, sewer, heating and cooling systems.
- Parent communications are increasingly via email and websites.
- Special services: the Lincoln Intermediate Unit is planning to use technology to deliver services such as speech therapy in a virtual setting. They are also creating wireless access for all migrant services centers.

Connectivity at home

- Upper Adams estimates 20% of students' homes are not connected, which is an improvement over the estimated 30% five years ago. Student solutions to lack of connectivity include visiting peers in homes that have connectivity or using public places such as the library that have Wi-Fi.
- Bermudian Springs estimates 20% of homes are not connected, but the community is more concerned with basic infrastructure needs such as access to cable television and

water and sewer issues.

Conewago Valley estimates the number of homes with internet access has decreased due to the economic recession, and that parents are opting for smart phones instead.

Current challenges

- Training for faculty. Most teachers are tech-savvy but many have not had training in how to teach using technology. There is a change in mindset when teaching with technology. The best faculty are creating their own on-line collections of resources rather than simply making textbooks available on-line.
- Connectivity. Students whose homes aren't connected are missing the opportunity to be able to connect with their peers and the larger community, and explore internet resources outside of school.
- Parent expectations. The new generation of parents has grown up with connectivity and has the expectation that schools will be technological leaders. These parents are pushing schools to keep up with the technology their children are using at home, particularly in kindergarten through 3rd grade. These parents also expect to use technology to communicate with the school and with teachers. Parent discomfort. Some parents are not comfortable with the level of technology, especially when the teacher doesn't use a traditional textbook. Internet security and cyberbullying are also concerns for parents.

- Infrastructure. Those districts with wireless networks have problems when everyone logs in at once, for instance at the start of the school day. Some districts find the cost of wi-fi unaffordable.
- Sustainability funding for technology programs. The State offered a short-term program called Classrooms for the Future, but it did not allow funds to be used for technology that leaves the school (laptops and tablets) nor did it provide funds to sustain the investment. When communities and parents raise money, they want it used for new equipment, not repair and replacement. As one superintendent said, 'The only thing worse than not giving teachers and students technology, is giving it to them and then not being able to sustain it'.
- Preparing students for life. Students are not being taught how to collaborate with technology, work synchronously, etc.
- Coordination with higher education. There is sometimes a gap between public schools and secondary education in terms of expectations for use of technology.
- Competition with basic infrastructure needs. School districts and citizens in some parts of the county are still working to get cable television. In at least one district, water and sewer issues must also be addressed.

Special thanks to Judy Chambers, Penn State Educator, and Shannon Harvey, Campus Vice President of Harrisburg Community College, Gettysburg Campus, for not only facilitating the discussion, but for their contributions to this article.

ment in these areas means jobs, tax revenue and a healthier economy. It just makes sense.

Finally, while we are on the topic of tourism, let me remind you that there is plenty to see and do in Pennsylvania this fall and all year round. For your free, four-season travel guide, go to: http://www.visitpa.com/.

State Representative Dan Moul

Members of the Pennsylva- cently announced it is imposing nia House of Representa- new or revised weight restrictions tives returned to Harrisburg this week to begin work on an ambitious fall agenda that includes work on pro-jobs measures, pension reform and transportation.

Lawmakers need to identi-

on more than 1,000 of Pennsylvania's state, county and locally-owned bridges, including several in Adams County, to slow the rate of deterioration and to help ensure public safety. Postwage is determined, often resulting in inflated public project costs for municipalities. The Act has not been updated since 1963. Another hearing is scheduled for Lycoming County on Sept. 26.

Closer to home, two of Pennsylvania's leading industries -

state spends on tourism promotion, it receives a \$267 return on that investment. Tourism is a \$39 billion industry that generates nearly \$4 billion in annual tax revenue and supports more than 450,000 jobs. Agriculture, the state's top industry, has an estimated \$57 billion impact on Pennsylvania's economy. Invest-

fy how to fund much-needed repairs to the state's transportation infrastructure without overburdening taxpayers. Pennsylvania has the fifth largest state-maintained road system in the nation. The Commonwealth also leads the nation in the number of bridges classified as "structurally deficient." Currently, our transportation system is funded with revenues generated by a tax on gasoline. However, those tax revenues have been on the decline while construction costs continue to rise. The revenue shortfall is making it even more challenging for the state to build and maintain its transportation infrastructure, which includes the 605 miles of roads and 383 bridges in Adams County.

The Corbett administration re-

ing on local bridges will occur after PennDOT discusses the proposed changes with local bridge owners. To view the statewide list of bridges with new or lowered weight restrictions or to learn more about bridge weight restrictions and PennDOT's bridge-inspection program, visit the PennDOT homepage at www.dot.state.pa.us and click on "Bridge Information."

Last week, the House Labor and Industry Committee held another in a series of statewide public hearings on the Prevailing Wage Act. Pennsylvania's Prevailing Wage Act requires municipalities and school districts to pay the "prevailing minimum wage" to those individuals working on public construction projects without specifying how the

tourism and agriculture - are the lifeblood of the greater Gettysburg and Adams County area. As the state representative for Gettysburg, and as a member of both the House Agriculture, and Tourism and Recreational Development committees, I am well aware of how these industries intersect and are interdependent. Last week, I hosted a meeting of the House Appropriations Committee in Gettysburg to explore how Pennsylvania can leverage state spending for tourism and agriculture to grow the state's economy and create jobs. The committee heard testimony from key industry stakeholders who made compelling arguments for continued investment in these areas. It is estimated that for every dollar the



Gettysburg Transmissionsuc



Automatic or Maunal Most Makes, Models & Years Automotive Repair & Services **Certified State Inspection Facility** Custom Exhaust Systems

Over 15 Years Experience ~ All Work Guaranteed

22 Weikert Road, Gettysburg, PA 17325 717-642-9700



COMMENTARY

Words from Winterbilt America's foreign policy also being supported by Hezbollah. Hezbollah has been firing are the s killed Am

Shannon Bohrer

The United States always seems to be involved in the affairs of foreign nations and governments. This often involves foreign aid in the form of money, invasions and government replacements. People often ask why this is the case, and the response is often because we need the influence. Influence sounds like something we would like, but has it worked?

In Egypt, when the demonstrations took place that toppled the Mubarak government, we stood by and watched. There were politicians that criticized our government for not supporting Mubarak- after all he was a friend of ours for thirty years. Sure he was a dictator, but he was our dictator, I mean our friend. Then when Egypt held elections and the Muslim Brotherhood was elected, there were politicians that criticize the election. Then came more demonstrations, along with the military, which toppled the Muslim Brotherhood, we had more criticism. Are we giving aid to a Military that, if they do not like the party in power, they just overthrow it? The majority of the aid goes to the Military so the thought is that no matter who will be eventually in charge, they need the support of the military. Not very idealistic, but logical, at least it sound logical.

Recently we had an individual that spilled the beans about NSA programs and he has sought asylum in Russia. The Russian government has given this individual temporary asylum, by issuing him papers and allowing him to leave the airport. The political response to this has been that we should demand that Russia send this traitor back. It was even said that the United States should boycott the upcoming Olympics to be held in Russia. Maybe some have forgotten that history is full of individuals that took asylum from Russia in the United States of America. And when the Russian government wanted them back, we said no. Why do we even think that we should be able to demand something from a foreign and sovereign nation and that they should comply? We don't give them foreign aid, do we?

Of course a lot of the complaining about Russia is related to the fact that they are supporting President Assad in the Syrian civil war. The Assad regime is lah. Hezbollah has been firing rockets from its military bases in Lebanon at insurgent Syrian Army rebel positions inside Syrian territory. Remember, Hezbollah is supported by Iran and they have been training terrorist to fight in Iraq and of course Iran is our enemy because they are building a nuclear bomb. We don't want Iran to have a nuclear bomb because the terrorist group: Hezbollah would then have access to it. Maybe that's why we are really mad at Russia.

To counter act this we need to support the Syrian rebels, well maybe we do. There was the call to arms by several senators, including John McCain and Lindsey Graham to support the Syrian rebels. Senator McCain visited Syria and during his mission he meets with rebels and appeared in photos with them. Some of which have been identified as; Mohammed Nour and Abu Ibrahim, two members of the Sunni "Northern Storm" brigade, which is a terrorist group. These are the rebels?

Also on the rebel side of the war, which McCain and others would like to support, are other al Qaeda – affiliated groups and Iraqi Sunni insurgents. These are the same Iraqi Sunnis who killed American troops and Iraqi Army soldiers. If the insurgents win we will have helped defeat member of the Hezbollah army, but we will have given rebels affiliated with al Qaeda a place to call home. And this is a very brief summary of the players. Could the Syrian civil war be a regional civil war?

Do we support terrorist, or do we support terrorist? It would appear that supporting either side is good and bad. Good because we would be supporting groups that fight terrorism, and bad because the groups fighting the terrorists are terrorists themselves. Our choice, if we intervene, is between bad and worse. The fact of the matter is the other side is no better, no matter which side we are on. Of course the use of chemical weapons is bad, so we need to- wait a minute... When Saddam Hussein used chemical agents against his own people we ignored it, because he was fighting the Iranians. That's right - the difference is he was our friend then, but not now.

The peace process involving Israel and Palestine has been an ongoing event for more or less about 40 years. The United States had been giving aid to Is-

rael and Egypt since the peace accords in 1979. And at some point Palestine was added to the list. Have our aid packages kept peace in the east region? We, the United States, say to have an election and form a democracy. Then, in 2006, Palestine had an election and Hamas gained a majority and Mahmoud Abbas became the president. After the elections, a letter was sent to President Bush, in which Hamas offered a long term truce with Israel. President Bush did not even answer the letter and US and Israel maintained a boycott of the Palestinian Authority. We do not deal with terrorists, elected or not. Apparently, we are only willing to recognize the elected officials providing they are to our liking. You know, like Egypt?

Then there was Iraq, I'm sorry, I mean Iran. We supported the Shaw of Iran (another dictator) and after he fell – well let's just say we have some issues with Iran. We want a democracy, when they have elections if someone or a party that we do not agree with is elected – we don't recognize it. Apparently, what the United States wants is democracy, when the elected officials resemble what we think would be in our interest.

To read past editions from Words From Winterbult visit the Authors section of Emmitsburg.net.

Common Cents The bear that roared

Ralph Murphy

Georgia on Our Mind

As the Sochi, Winter Olympic Games approach in February 2014, it seems ironic that this "subtropical" site on the Black Sea is within a "stone's throw" of The Republic of Georgia. The country that Russia invaded in 2008. President Carter banned the U.S. team from the 1980 Moscow games following the Soviet Union's incursion into Afghanistan. Today's Russia is successfully supporting Abkhazia (an independent republic in Georgia) and South Ossetia (a former Soviet Republic that declared its independence from Georgia in 1990). Georgia fought for control of South Ossetia in 2004 and 2008. The 2008 conflict led to the Russia-Georgia war in which Ossetia and Russia gained control of the former, South Ossetian, Soviet territory. After the 2008 war, Russia, Nicaragua, Venezuela, Nauru and Tuvalu recognized South Ossetia's independence. Georgia did not. They felt that South Ossetia was being occupied by Russian forces. The Russians, on the other hand followed up their 2008 conquests by mopping up the Islamist insurgency in the Caucasus republic of Chechnya. They, along with their economic allies, also appear to have propped up the minority, Ba'ath regime in Syria. All this, while harboring – Edward Snowden, an international fugitive - and railing against western, missile defenses in Poland. It's not the Cold War, but President Vladimir Putin has shown an aggressive side.

Chechnya- Land of Jihad

The Chechnya campaign has led to two wars by two Russian Presidents - Boris Yeltsin and Vladimir Putin. The first in the mid 1990's that resulted in a cease fire after 14,000 Russians were killed- along with 15,000 insurgents, 100,000 civilians, and another 200.000 injured. As many as 500,000 were displaced. The truce did not hold, the Islamists declared "Jihad" or Holy War which attracted foreign fighters, led to kidnappings and civilian killings as far afield as Moscow. Putin started the second Chechnya war in 1999 and it appears to have slowed the Muslims down a bit, but- once again at a heavy cost.

regime that also has garnered support from Iran and the Hezbollah, Islamic militant group, and political party based in Lebanon. The Syrian government has battled an Islamist insurgency that has left over 100,000 dead. This conflict has displaced over 4 million in Syria, and another 1.8 million have fled to Turkey, Lebanon, and Jordan. Aside from trying to create a pro western opposition in the disjointed insurgency, the U.S. has shown restraint. Meanwhile, on 28 May, the European Union approved a resolution that would allow member nation's to support of BRIC nations (Brazil, Russia, India & China). The two appear willing to help each other "save face" when dealing with issues such as Syria, toxic waste, and the Edward Snowden affair. Beijing recently closed a \$270 billion deal with Russia to import the latter's oil. Moscow is the world's second only to Saudi Arabia in oil production

The BRIC economic and political alliance is important to the member nations. Collectively they account for one fourth of the world's land area, and over 40% of its population. Moscow also enjoys a leadership role in the CIS (Commonwealth of Independent States), that is made up of the former Soviet Republics of Russia, the Ukraine and Belarus'. This CIS also included Georgia until the 2008 war. The CIS was founded in 1991 with the goal of "shared economic trade, finance, lawmaking, and security". The CIS grouping is more like a British or French Commonwealth than a single economic entity like the European Union. This perhaps helps explain its longevity to date.

er role in Syria. This, despite the fact that there is now evidence that Damascus has used chemical weapons and the level of human misery and suffering has reached intolerable levels. On 21 August the world received graphic evidence of chemical weapon use by the Syrians against innocent civilians- including children. YouTube video clips show the agony and death of over 1400 innocent civilians in the Ghouta area near Damascus. These shocking videos have gone viral and are becoming a major game changer. Akin to Sadam Hussein's gassing of Iraqi Kurds in 1988.

Just when the world expected U.S. surgical strikes against Syria ... the Russian Bear appeared on the scene once more. This time with a proposal that international monitors take control of the Syrian, chemical weapons. This has led to intense diplomatic negotiations that many hope will lead to a non violent solution to the Syrian dilemma. The challenges that lie ahead are daunting. The key to success for the U.S. may be to follow an old, Russian proverb that Ronald Reagan learned in the 1980's during the INF (Intermediate-Range Nuclear Forces) treaty negotiations, with Soviet leader Mikhail Gorbachev: "Trust, but verify".

The Syrian Factor

Today Moscow supports its long time ally Syria. Given its record when dealing with insurgencies at home, Russia appears insensitive to the negative impact of supporting Syria's Shiite regime. A the Islamists.

Russia has a great deal at stake in Syria. They have a naval base at Tartus and written off \$10 billion in Soviet-era debt. Also, Russia is selling anti-tank and antiaircraft systems, submarines, MIG fighters, and transport aircraft to the Syrians. They claim all sales are legal under international law. Their close relationship with Syria has committed them to a position at the UN where they have promised to exercise their veto of any Security Council resolutions against the Assad regime. Damascus is Moscow's seventh largest cli-

ent.

The Alliance Factor (BRIC & CIS)

China is a close economic partner of Moscow within the group

Russia is Still Powerful

Russia has the world's eighth largest economy and a powerful military. It uses its considerable, oil reserves as an economic weapon. Europeans need Russian oil and are hesitant to challenge them even when this might be appropriate. The Europeans barely reacted when Russia invaded Georgia and appear to have accepted an observ-

This seems like good advice when dealing with the crafty Russian Bear today.

To read past editions of Common Cents visit the Authors section of Emmitsburg.net.

COMMENTARY

Pure On Sense Khodahafez

Scott Zuke

"Have a nice day!" "Thank you. Khodahafez." This, according to a Twitter account belonging to Iran's President Hassan Rouhani, is how the first direct talks betwen U.S. and Iranian leaders since 1979 concluded on September 27. President Obama ended the 15-minute phone with the Persian equivalent of 'goodbye,' which translates as "God go with you."

Since Rouhani stepped in for former President Mahmoud Ahmadinejad in August, a stunning transformation has occured in Iran's diplomatic stance toward the West--one that is moving so quickly that Iran itself can't seem to keep up. It is a widely-noted irony that Rouhani's Twitter account has become such an important tool of his diplomacy when, for now at least, Iran's citizens are still denied access to Twitter and other social media sites.

In a year marked by overwhelming violence in the Middle East and tinged with a melancholy acceptance of the world's political impotence to resolve the region's numerous crises, the sudden softening of tensions with Iran seems too good to be true. To many Israelis, it's even downright suspicious. It was just over a year ago that the two nations appeared to be on the verge of an armed confrontation over Iran's nuclear program, and now Israel's leaders are warming that Rouhani's gestures are only a tactic to divert attention away from what they believe to be Iran's goal: joining the fraternity of nuclear-armed nations.

That remains to be seen, and it's natural to say that words are not enough--that Iran must make real, tangible actions to back up its friendlier tone (and tweets). But in what has essentially been a three decade-long war of words, a change in rhetoric is significant in and of itself.

It's worth remembering that Israel and Iran have not historically been enemies, nor have they engaged in open hostilities. The idea that Iran could pose an existential threat to Israel has been based almost solely on rhetoric since the 1979 revolution, especially Ahmadinejad's firey and provocative statements over the past decade. But despite all of that, the conflict between the two countries is not marked by the scars of violence and terrorism like other disputes in the region. "In the back of the historical memory of the Israelis, when you speak about Iran, Iran is considered to be a good friend of Israel," said David Menashri, an Israeli expert, in an 2012 CNN article.

While Iran's political trajectory is still ultimately decided by the Supreme Leader, Ayatollah Ali Khamenei, it shouldn't be taken for granted that Rouhani, known to be a moderate very different from Ahmadinejad, was elected with strong support from the Iranian people. This sends a signal to Khamenei as well as the rest of the world, that Iran is under internal pressure to take its diplomatic strategy in a different direction. Yes, Iran will insist on the right to develop its own advanced technologies, especially nuclear energy, and Khamenei will never let go of the Islamic revolution that first put Iran at odds with Israel and the West. But he may come around to the idea that the global community is willing to cooperate with an Islamic Iran, and that such an arrangement would be preferable to isolation and harsh sanctions that have seriously harmed Iran's economy.

The reason that shift of position may just be possible now is due in part to President Obama's Middle East strategy, which has been characterized as "measured and cautious" by supporters, and "leading from behind" by detractors. Either way, it's been a consistent show of restraint compared to predecessors, and as a result, Iran has every reason to feel more secure against the threat of outsider influence and threat of regime change these days. Even the world's current number one pariah, Syria's Bashar al-Assad, has managed to stave off international intervention in his three-year-long civil war. At the same time, the region has seen home-grown revolutions in Egypt, Libya, and Tunisia come to the brink of devolving into civil wars of their own. No rational policymaker would be pushing for a major revolution in Iran right now.

Khamenei's belief that the West and Iran are ideological and mortal enemies, and that the U.S. is always secretly working to engineer a revolution could be characterized as paranoia, were it not for the CIA's recent admission of its role



in Iran's 1953 coup that overthrew the democratically elected Prime Minister Mohammad Mossadegh. Exchaning pleasantries is one thing, but restoring diplomatic trust with such a history will be a long process.

The potential benefits of investing in an improved relationship are certainly worthwhile, though. Driven to isolation, and labeled by former President Bush as a member of the "Axis of Evil," Iran was forced into a positon where it had to pretend to be crazy enough to build--and use--a nuclear weapon. Under Ahmadinejad's strategy, this was seen as the only way to be treated respectfully by the international community, but it put the whole region, and the world, on edge. It also pushed Iran toward building a closer alliance with Russia and China, who have been working to consolidate a coalition with the power to work outside of the rules imposed by the U.S.

through global institutions like the UN.

Iran's sudden turn will not immediately satisfy Israel, nor will it sufficiently alter the political landscape to find a meaningful resolution in Syria, but there's nothing to lose by welcoming the friendly gesture and showing that the door really is open for it to rejoin the international community. The West will have to be prepared to take concrete actions to show good faith as well, though, because just as we have skeptics here, Iran has its own influential players who believe the U.S. will stop at nothing to keep them isolated and vulnerable.

"I don't believe this difficult history can be overcome overnight," President Obama told the United Nations. "The suspicion runs too deep." But a phone call and some tweets are a good start.

To read past editions of Pure OnSense visit the Authors section of Emmitsburg.net.

Down Under

Who cares

Submitted by Lindsay! Melbourne, Australia

How horrible it is to have so many people killed! - and what a blessing that one cares for none of them.

—Jane Austin, letter, 1811

Back around 1880 Otto von Bismark, Reich chancellor of Germany, devised the principles of a state insurance scheme. Laws relating to accident and health insurance, provisions for invalids and old age were passed, and by the end of the century some ten percent of the population were enjoying the benefits. Today, that figure is ninety percent. As well, various other forms of social security have been put in place, including insurance for long-term care, the financial consequences of unemployment, and other similar policies. Schooling has always been free, if not entirely uniform in standards as each area is responsible for its own planning, and some 90% of parents have their children enrolled in one of them many courses that are available. Universities operate on very reduced fees, and a high percentage of graduating students attend. This is just one of the many differences between this European success story and your country - and therefore ours - and there are many more. I was truly amazed when visiting Berlin

mid-August at the vast gulf that exists between them and us, particularly in safety, the enormous number of small family enterprises, the lack of tension on the streets, and particularly the lack of aggression from everyone. Sure, we were tourists, but no one tried to accost us, verbal us or make us feel anxious. There were no people sleeping on the streets, not even a drunk , so far as we could tell, and to cap it all it is the least expensive capital city in Europe, certainly not quite half the cost of living in Melbourne.

No armed police visible, no arms of any kind allowed in the general population, and although the behaviour on the streets was often rowdy, we saw no fights, no obvious druggies, just the latest art form - tattoos adorning more skin than we had ever seen before, in a kind of modern art pop. It was so different, not exciting in the way we think excitement needs to be, but full of treasures - like the Alt Deutch Museum - the art, the food, the transport, the shopping, and the overall efficiency - and all done to a plan of social betterment and equality. And with a high percentage of the workforce engaged in running it. Big government, in other words. I know you have real concerns about the size of your government, so here's some round figure stats for comparison: Germany has a population of 81 million, of which 4.6 million are civil servants, or 3.7% of the population. You have a population of 317 million, of which 1.8 million are civil servants (excluding postal), or 0.6% of the population. You have 2.3 million personnel in defence, many more than the civil service, which comes out at 7.3 people per thousand. Germany has 330,000 in defence, or 4 per 1000.

And yet Germany is prosperous, with a high output per capita, and with a net government debt of 57% of GDP compared with your 88%. Tell me again why you believe your government is too big? It's really just one part of it that falls into that category isn't it? The Armed forces. Big sticks cost money, using them costs more. Being policeman to the world wins you no real friends and sends you broke. It does inflate the ego, but surely a big national ego is less important than a well-managed population who feel safe - not from outside terrors, but the ever-present risk of terror from their own. Combatting terror has reduced your civil liberties dramatically. These precious things are still well advanced in Germany, and being safeguarded. The real question is, how did this come about? Well, it comes down to a difference in philosophy. Bismark began by supposing that the state was ultimately responsible for the welfare of its people, The United States began by supposing that welfare was, in general, an individual matter. If a citizen of your country gets into difficulties, they need to get themselves out of them. Theoretically, only rarely and reluctantly will the state do it, and then only if there is good evidence that the need is not a disguise for freeloading. That's the theory, but in practice it seems to be the opposite: little evidence is needed, the handout is made, civil servants

can claim how great they are; where that used to be a community endeavour, now it's a government trough. Another example of lack of regulation and responsibility. Community help has been subsumed. German grass roots assistance is everywhere, but well hidden. The money raised publicly is mostly for overseas aid.

America embraced capitalism and saw it become corporate, because freedom to help yourself get up is freedom to make money any legitimate way possible, which leads to the question of control. Because dishonesty flourishes where there is no scrutiny, or where such scrutiny is performed by the business itself, which in practice turns out to be much the same thing, controls were put in place by the government, requiring more personnel, but which fell to the combined pressures of corporate finance, a weak administration who may well have colluded in the act, with the result that stupidity and dishonesty reigned. And still does. Small government became the mantra, self-regulation the norm, and sufficient hard restrictions impossible. Tax rates have declined for the rich, hawks rule the nest, and the citizens complain. President Obama, seemingly 2% to the left of the conservatives, has struggled to get even minor social improvements passed - and yet the cry is still going up, 'less government, less scrutiny, less ...' Tax rates in Germany run from zero (up to 7,500 euro) to 45% when earnings reach 250,000. A solidarity surcharge of 5.5% is put on top of this for everyone, including corporations, to help finance the reunification of east and west Berlin. Yet people are by

and large prosperous - all this, without a minimum wage! Rents are kept low, corporate intrusion from America is strictly limited, (I saw one Maccas in the whole time - two weeks - that I was there, so the quick food outlets were individually owned, nutritious, wholesome and cheap), and everyone seemed to respect the laws, even though there was no visible presence of police or guards, except at the synagogues.

So who cares? Who takes care? The government or the individual? Is the US government FOR the people, does it care, does it take care? Critics may say that Germany is a socialist hell hole, but it is not, it is in fact a model of modern government in difficult times. Difficult because the tax base is decreasing as the population ages while that also means greater expenditure on that sector. Cconstruction is hot, optimism is high, social action is vibrant, the cities are clean, well cared for, the transport system in the cities is unbelievably good and cheap (\$70 per week, we paid, for all public access), with five times more commuters than in America. Go, go and experience the result of a nation that cares about and for its citizens. Where safety is normal, tolerance expected, littering unthinkable, and even minor infringements are frowned upon. And most people feel free. And then hang your collective heads in shame.

Lindsay, down under in Australia, the next great state of the United States.

To read past editions of Down Under visit the Authors section of Emmitsburg.net.

THE PASTOR'S DESK

"Peace Be With You"

Pastor Bob Marsh Wesley Chapel UMC, Fairfield

What do you think was going through the minds of the Disciples on the day of Jesus' crucifixion? That had to be confused and horrified, don't you think? The events of the day had to be traumatic enough but what about how they had acted. They mostly ran away. Jesus was their Messiah but they just ran away. What were they thinking?

Do you think these disciples were experiencing any feelings of quilt? Do you think as they re-examined their own walks with Jesus and their own choices during the recent events that any of them heard an internal voice asking some hard internal questions? Do you think the disciples were in need of some spiritual healing in light of what just happened? Do you think if these questions were left unanswered that perhaps the disciples themselves may have faced some serious health concerns in the future?

As we move forward in the story we find in the Gospel of John chapter 20, Jesus returning to met with the disciples and in verses 19-23 we see a record of that encounter. "On the evening of that first day of the week, when the disciples were together, with the doors locked for fear of the Jewish leaders, Jesus came and stood among them and said, "Peace be with you!" After he said this, he showed them his hands and side. The disciples were overjoyed when they saw the Lord. Again Jesus said, "Peace be with you! As the Father has sent me, I am sending you."And with that he breathed on them and said, "Receive the Holy Spirit. If you forgive anyone's sins, their sins are forgiven; if you do not forgive them, they are not forgiven." (John 20:19-23 NIV).

Jesus walks through the walls, has his first encounter with many of his disciples after they have fled from him during his crucifixion and offers up the greeting: "Peace be with you". "Peace be with you"...really... that is what Jesus said? No condemnation coming from the mouth of Jesus towards his disciples? No questions from Christ, no long and awkward periods of silence filling up the room. No, none of that. Jesus enters the place where the disciples had gathered and offers up a couple of "Peace be with yous"... Wow! The disciples had to be expecting something else, didn't they? No wonder they were as the scripture said, overjoyed.

But that is not all, let's dig a little deeper, the English translation "Peace be with you" doesn't cover the extent of just what Jesus was saying. The Hebrew word found in the original text for "Peace be with you" is the word "Shalom" and "Shalom" has a much deeper meaning than the English translation can provide.

According to Strong's Concordance Shalom means completeness, wholeness, health, peace, welfare, safety, soundness, tranquility, prosperity, perfectness, fullness, rest, the absence of agitation or discord. Shalom comes from the root verb shalom meaning to be complete, perfect and full.

See, Jesus wasn't just saying hello all you disciples. Jesus by saying "Shalom" was offering a complete and perfect, hello along with wholeness, peace, tranquility, the absence of agitation or discord and so much more. Jesus wasn't just saying hello, he was offering complete and holistic healing for the disciples who, I think, had to be struggling internally. Jesus with his "Shalom" was showing complete concern for every aspect of his follower's live, including the spiritual, mental, and physical elements... Wow!

As Christians we also are charged with striving with God's help and guidance to do our part so God can bring holistic healing to all of God's children. And although the scope and depth of that healing is something that we alone cannot provide for others (that's God's business), God wants us involved. God for some reason has chosen us to be a part of his redemptive plan. Just as Jesus breathed the Holy Spirit onto his first disciples; He is today breathing the Holy Spirit unto us. And just as Jesus told the first disciples "As the Father has sent me, I am sending you." He is telling us the same. God is sending us out into the world in the same way today as modern day disciples.

My name is Pastor Bob Marsh and I have the privilege serving two United Methodist Churches in this area. The two churches I serve, Wesley Chapel UMC, 654 Old Waynesboro Rd, Fairfield and Rouzerville UMC, 11977 Old Route 16, Rouzerville have decided through prayer and discernment that they needed to answer God's calling in their lives by starting a Health Ministry. These two churches have decided that in order to be faithful followers of Christ at this time in their existence, they should be God's hands and feet with a local Health Ministry.

Since the formation of this Health Ministry, it has found itself blessed with many qualified professionals and loving volunteers who provide for the needs of the people served by the ministry. Initially, most efforts were concentrated on the congregations themselves but now the ministry feels it's being called to expand itself into the communities where the churches are located.

With that in mind our Health Ministries team would like to announce an upcoming event. We will be having a Health Fair, October 5th, 2013 from 9am to 1pm at our Rouzerville church location (11977 Old Route 16, Rouzerville Pa.) Everyone is invited and encouraged to attend this FREE event.

Our hope and prayer is that you will take the time to visit with us. Our hope and prayer is that we can do our part to do God's will inside the communities in which we live and gather together to worship.

How are things in your life? Are you in need of any sort of healing? Do you have any health concerns? Is God pushing you or prodding you to address any sort of issues in your life? Is Jesus whispering "Shalom" to you? Will you listen and understand?

I have some really good news for you. God Loves You. He loves you even more than you can understand. God loves you and He is concerned about you, all of you. I invite you to join us at our Health Fair. Stop by for a smile and some conversation. Most of all know wants nothing but Shalom for you and all of his children. We hope to see you at our Health Fair, October 5th, 2013 from 9am to 1pm at our Rouzerville church location (11977 Old Route 16, Rouzerville Pa.)

Health Fair, Saturday October 5, 9-1

Rouzerville United Methodist Church 11977 Old Route 16 in Rouzerville Sponsored by Wesley Chapel and Rouzerville U.M. Churches

Blood pressure screening, massage therapist, exercise demonstrations, breast cancer awareness, children's activities, fire prevention information, free give aways and door prizes and much more.

> There will be healthy food for sale. Please join us for this free event.





For more information call Sarah Keefer 717-642-6767



www.emmitsburgcommunitybiblechurch.com

Worship Time: Sunday 10:00 AM thru 11:30 AM

Location: Emmitsburg Elementary School 300 South Seton Avenue, Emmitsburg, MD 21727

Office Phone Number: 301-447-6565

BOOK OF DAYS

The Wynyard ghost story



Lt. General Sir John Coape Sherbrooke

Oct 15

No modern ghost story has been more talked of in England, than one in which the seers were two military officers named Sherbroke and Wynyard. The men occupied conspicuous places in society, and were universally known as persons of honour, as well as cool good sense; the reality of their vision was attested by a remarkable circumstance which afterwards took place; and every effort of their own or on the part of others to give an 'explanation' has been vain.

John Cope Sherbroke and George Wynyard appear in the army list of 1785, the one as a captain and the other a lieutenant in the 33d Regiment a corps which, some years after, had the honour to be commanded by the Hon. Arthur Wellesley, subsequently Duke of Wellington. The regiment was then on service in Canada, and Sherbroke and Wynyard, being of congenial tastes, had become friends. It was their custom to spend in study much of the time which their brother officers devoted to idle pleasures. According to a narration resting on the best authority now attainable:

They were one afternoon sitting

broke, whose eye happened accidentally to glance from the volume before him towards the door that opened to the passage, observed a tall youth, of about twenty years of age, whose appearance was that of extreme emaciation, standing beside it. Struck with the presence of a perfect stranger, he immediately turned to his friend, who was sitting near him, and directed his attention to the guest who had thus strangely broken in upon their studies. As soon as Wynyard's eyes were turned towards the mysterious visitor, his countenance became suddenly agitated. "I have heard," says Sir John Sherbroke, "of a man's being as pale as death, hut I never saw a living face assume the appearance of a corpse, except Wynyard's at that moment"

As they looked silently at the form before them, for Wynyard, who seemed to apprehend the import of the appearance, was deprived of the faculty of speech, and Sherbroke perceiving the agitation of his friend, felt no inclination to address it as they looked silently upon the figure, it proceeded slowly into the adjoining apartment, and, in the act of passing them, cast its eyes with an expression of somewhat melancholy affection on young Wynyard. The oppression of this extraordinary presence was no sooner removed, than Wynyard, seizing his friend by the arm, and drawing a deep breath, as if recovering from the suffocation of in tense astonishment and emotion, muttered in a low and almost inaudible tone of voice, "Great God! my brother!" "Your brother!" repeated Sherbroke, "what can you mean, Wynyard? There must be some deception follow me;" and immediately taking his friend by the arm, he preceded him into the bedroom, which, as before stated, was connected with the sitting room, and into which the strange visitor had evidently entered. It has already been said, that from this chamber there was no possibility of withdrawing but by the way of the apartment, through

which the figure had certainly passed, and as certainly never had returned. Imagine, then, the astonishment of the young officers, when, on finding themselves in the centre of the chamber, they perceived that the room was perfectly untenanted. Wynyard's mind had received an impression at the first moment of his observing him, that the figure whom he had seen was the spirit of his brother. Sherbroke still persevered in strenuously believing that some delusion had been practised.

They took note of the day and hour in which the event had happened; but they resolved not to mention the occurrence in the regiment, and gradually they persuaded each other that they had been imposed upon by some artifice of their fellow officers, though they could neither account for the reason, nor suspect the author, nor conceive the means of its execution. They were content to imagine anything possible, rather than admit the possibility of a supernatural appearance. But, though they had attempted these stratagems of self delusion, Wynyard could not help expressing his solicitude with respect to the safety of the brother whose apparition he had either seen, or imagined himself to have seen; and the anxiety which he exhibited for letters from England, and his frequent mention of his fears for his brother's health, at length awakened the curiosity of his comrades, and eventually betrayed him into a declaration of the circumstances which he had in vain determined to conceal.

The story of the silent and unbidden visitor was no sooner bruited abroad, than the destiny of

Wynyard's brother became an object of universal and painful interest to the officers of the regiment; there were few who did not inquire for Wynyard's letters before they made any demand after their own; and the packets that arrived from England were welcomed with more than usual eagerness, for they brought not only remembrances from their friends at home, but promised to afford the clue to the mystery which had happened among themselves. By the first ships no intelligence relating to the story could have been received, for they had all departed from England previously to the appearance of the spirit. At length the long wished for vessel arrived; all the officers had letters except Wynyard. They examined the several newspapers, but they contained no mention of any death, or of any other circumstance connected with his family that could account for the preternatural event. There was a solitary letter for Sherbroke still unopened. The officers had received their letters in the mess-room at the hour of supper. After Sherbroke had broken the seal of his last packet, and cast a glance on its contents, he beckoned his friend away from the company, and departed from the room. All were silent.

The suspense of the interest was now at its climax; the impatience for the return of Sherbroke was inexpressible. They doubted not but that letter had contained the long expected intelligence. After the interval of an hour, Sherbroke joined them. No one dared be guilty of so great a rudeness as to inquire the nature of his correspondence; but they waited in mute attention, expecting that he would himself touch upon the subject. His mind was manifestly full of thoughts that pained, bewildered, and oppressed him. He drew near to the fireplace, and leaning his head on the mantel-piece, after a pause of some moments, said in a low voice, to the person who was nearest him: "Wynyard's brother is no more!" The first line of Sherbroke's letter was "Dear John, break to your friend Wynyard the death of his favourite brother." He had died on the day, and at the very hour, on which the friends had seen his spirit pass so mysteriously through the apartment.

It might have been imagined, that these events would have been sufficient to have impressed the mind of Sherbroke with the conviction of their truth; but so strong was his prepossession against the existence, or even the possibility of any preternatural intercourse with the souls of the dead, that he still entertained a doubt of the report of his senses, supported as their testimony was by the coincidence of vision and event.

Some years after, on his return to England, he was walking with two gentlemen in Piccadilly, when, on the opposite side of the way, he saw a person bearing the most striking resemblance to the figure which had been disclosed to Wynyard and himself. His companions were acquainted with the story, and he instantly directed their attention to the gentleman opposite, as the individual who had contrived to enter and depart from Wynyard's apartment without their being conscious of the means.

Full of this impression, he immediately went over, and at once addressed the gentleman. He now fully expected to elucidate the mystery. He apologised for the interruption, but excused it by relating the occurrence, which had induced him to the commission of this solecism in manners. The gentleman received him as a friend. "He had never been out of the country, but he was the twin brother of the youth whose spirit had been seen."

A writer, signing himself COG-NATUS states in Notes and Queries (July 3rd, 1858), that the brother (not twin-brother) whose spirit appeared to Wynyard and his friend was John Otway Wynyard, a lieutenant in the 3rd regiment of Foot guards, who died on the 15th of October 1785. As this gentleman writes with a minute knowledge of the family history, we may consider this date as that of the alleged spiritual incident.

To read more from Robert Chamber's The Book of Days visit www.thebookofdays.com.

	e ford f	ROUT	E 140 TOWN
CALL TODAY! 2014 ESCAPE	Quality A-1 Cars, SU		
Americas	12 Fiesta SEL 4DR 1.6L	16K	\$14,395
	12 Focus SEL 4DR	14K	\$16,595
Up To 33	12 Taurus SE 3.5L	14K	\$18,995
	11 Focus SE 4DR 2.0L	29K	\$13,825
MPG COME ON INI	11 Chevy Cruz LS 1.8L	25K	\$13,959
	11 Crown Victoria LX 4DR	30K	\$16,595

in Wynyard's apartment. It was perfectly light, the hour was about four o'clock; they had dined, but neither of them had drunk wine, and they had retired from the mess to continue together the occupations of the morning. It ought to have been said, that the apartment in which they were had two doors in it, the one opening into a passage, and the other leading into Wynyard's bedroom. There was no other means of entering the sitting room but from the passage, and no other egress from the bedroom but through the sitting room; so that any person passing into the bedroom must have remained there, unless he returned by the way he entered. This point is of consequence to the story.

As these two young officers were pursuing their studies, Sher-



THE (retired) ECOLOGIST

Bittersweet invasion

Bill Meredith

"The only constant is change." Heraclitus of Ephesis, —ca. 500 BC

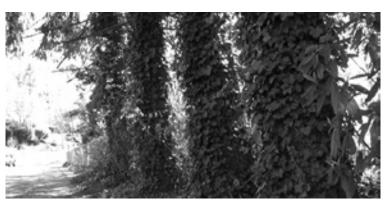
We built our house about 25 years ago, and immediately had to face the problem of landscaping around it. This excited my wife; to her, it was an opportunity for shopping. I was less excited because I knew who would end up doing the work. Her excitement abated considerably when she saw the price tags on new plants; her usual approach of "if you've seen one plant, you've seen them all" took over. So it was that at one nursery she noticed a pile of half-dead potted plants that were available free. She assured me that, since I had taught Botany for 40 years, I would have no trouble making them grow, and we brought home a motley collection of them. Among them was a Japanese Barberry, which now stands by the east corner of the house, snarling at passing birds and daring anyone, man or beast, to come within reach of its ravenous thorns.

The Japanese Barberry was brought to America as an ornamental plant in the 1890s,

and has now invaded forests all over the eastern part of the country. The Frederick Post recently ran an article about it; it grows rapidly, crowds out native vegetation, and creates a habitat for the ticks that transmit Lyme disease. It was a very interesting article, and it got me to thinking... first, about how complicated ecology is, and then about how often we have suffered the consequences of invasive plants and animals. Several years ago I gave a talk to a garden club, in which I listed 40 species of weeds from my garden; only nine of them were native plants. Invasive species, both plant and animal, are all around us. Everyone knows the classic examples... chestnut blight, Dutch elm disease, Russian thistles, kudzu vines, Japanese beetles, stinkbugs, cockroaches, rats, emerald ash borers, English sparrows, starlings, pigeons... you don't have to be a biologist to fill a page with them.

I was aware of invasive species long before I became a biologist. As a small child, my father showed me pictures of multiflora rose in the Farm Journal. The multiflora rose is resistant to several root diseases, so it originally was brought to America in 1866 as a rootstock for grafting ornamental roses. In the 1930s it was being promoted by the Department of Agriculture as a living fence for farms, and it became the classic example of good intentions gone wrong. Botanists tested the seeds and found they didn't germinate, so everyone assumed the multiflora bushes would stay where they were planted. They discovered... too late... that the seed coats of the multiflora fruits contain a chemical that prevents germination, but if the fruit is eaten by a bird, the grinding action in the bird's crop destroys that chemical. So, when the seeds pass on through the bird's gut and are dropped in the soil, they are no longer inhibited from germinating... and they do, with enthusiasm. It took a while to figure this out, and by the time it was understood, it was too late. My dad liked clean fencerows, so he never planted multiflora rose hedges; but they came to our farm anyway. He was not a profane man, but by the time I was in college he had joined farmers all over the country in cursing the Department of Agriculture.

Early last month, my wife and I went to Hagerstown for a Sunday picnic with friends. Since I was not driving, I was able to look at things more closely than usual, and I began noticing more as a result. The weeds along the sides of the road had not been mowed, and in its best Sherlock Holmes manner, my imagination remarked, "Aha! I perceive that the economy has not yet recovered, since the state lacks the money to cut the weeds back." But then I noticed that on the banks by the road, and in the adjacent woodlands beyond the reach of the state's mowers even if they had been working, the trees were being overgrown by vines. I recognized them; they were the



Although beautiful, English ivy will eventually kill the trees on which it grows.

Oriental Bittersweet, an invasive vine that is well known for its ability to grow with such vigor that it smothers the trees it grows on.

The first time I ever saw Bittersweet was in the early 1960s, when I was starting my graduate research on the distribution of crayfish. I was walking along Toms Creek near Shank's Mill, looking for places to collect crayfish, when I saw a vine with red and orange berries climbing up a small tree. I didn't recognize it, so I took a piece of it to the lab and tried to identify it; it was represented in my reference books as a native plant. I made a mental note to get some and plant it; but we didn't own a house yet, and by the time I finished at the university and was able to buy our own place, I had forgotten about it. Then, while driving toward Fairfield some 20 years later, I noticed bittersweet vines growing along the road. A little further research informed me that this plant was not our native American species; it had been introduced from Asia in 1879 as an ornamental. It was planted along road banks to prevent erosion, and spread from there, and it now grows all over the eastern U. S. The berries are quite attractive and often used as decorations around Christmas; they are poisonous to people, but not to birds, which spread them in their droppings. The vines have become so common that they are starting to kill native trees.

When I began studying ecology

60 years ago, it was easy to imagine that I was seeing ecosystems comparable to what had existed when the country was first settled. Of course I knew that lumbering and agriculture had changed things, but even my teachers believed it would be possible to preserve the original fauna and flora in areas like National Parks. It was a naïve hope. Now, everywhere I look, alien species are crowding out the native plants I grew up with; and the communities of animals that depended on them are being forced to change also. The woods that now stand behind my house are full of mulberry trees and Tree of Heaven, both brought here in colonial times in the futile hope of starting a silk industry. There are few native wildflowers in my woods; the ground is covered with Japanese honeysuckle, which smothers smaller plants. The Bradford pears that were planted to shade the streets of local towns have spread to the countryside; in the springtime, their white blossoms outnumber our native dogwoods and serviceberries. And the invasion shows no sign of stopping; within the last 10 years English ivy has come to Emmitsburg, and numerous trees have been killed by it. Things are changing, and for those who remember what our ecosystem once was like, the future looks less certain as each day passes.

To read past editions of The Retired Ecologist visit the Authors section of Emmitsburg.net.



tor more detailor

Join Us For Our New Weekly Specials!

Monday - Crab Dip Night!

Receive a Complimentary Crab Dip Served with Seasoned Homemade Tortilla Chips with the purchase of dinner entrees.

Tuesday - Free Dessert Night!

Complimentary Dessert to share with the purchase of 2 dinner entrees.

<u>Wednesday - Wine Night</u> 50% off your first bottle of wine with the purchase of a dinner entrée

Thursday - Prime Rib Night Slow roasted King Cut Prime Rib Night \$20.00

Friday- Complete Dinner for Two, only \$45.00 Share an appetizer, pick two entrees from our special menu and share a dessert from our popular dessert tray.

Not Valid on Holidays or with any other discount 301-447-2366 200 S. Seton Avenue Emmitsburg Md 21727 www.carriagehouseinn.info



Hours: Monday-Friday 10 am - 6 pm Saturday 9 am - 4 pm Sunday 12 pm - 4 pm



ORGANIC FARMS & MARKET

Visit Our Newly Opened Farm Market!

Local ~ Certified Organic

APPLES ~ PEACHES APPLE CIDER GRASS FINISHED BEEF SOY FREE PASTURED EGGS

The market features a variety of local, specialty & non GMO products!

400 Pleasant Valley Road, Biglerville, PA 17307 717-677-8411

www.oylersorganicfarms.com

Visit us on Facebook

IN THE COUNTRY

Serpentine Aspirations

Tim Iverson Naturalist Cunningham Falls State Park

ctober is a month associated Jwith things that go bump in the night and ghoulish or nightmarish creatures. For many of us, snakes embody that idea year round. Slithering, hissing, forked tongues, and the like evoke different visions and meaning for all of us. In my line of work I've found that most people either love or hate snakes, rarely are people indifferent. Whether they're venomous or not, snakes are truly a vital part of the ecosystem. There is a great deal of mystery and misinformation surrounding snakes so with our proverbial flashlight let's plunge into the darkness and illuminate the darkness.

Snakes the world over get a bad rap. We might trace this to a Biblical tradition where a deceitful snake spring boarded humanity into a descent towards chaos. Perhaps it's something engrained into our DNA from our universal African heritage, where virtually every snake from the continent that birthed early humanity is fatally venomous. In children's stories snakes are usually depicted as villains so we start off early knowing snakes are bad guys. No matter the root cause it's something societies young or old or separated by oceans share - fear of the serpentine. This fear causes all snakes to be killed indiscriminately.

Maryland is home to 27 different species of snakes, only two of which are venomous. The Timber Rattlesnake and the Northern Copperhead, both of which can be found in our area, are the only venomous snakes that call Maryland home. Contrary to popular belief we do not have the Water Moccasin (aka Cottonmouth). There are a few simple ways to differentiate between a venomous or non-venomous snake here in Maryland (disclaimer – these methods do not hold true to all areas of the US or worldwide). First, you can go by



The Northern Copperhead.

the shape of the head. Venomous snakes, in our area, will have a triangular shaped head. Whereas, non-venomous snakes will have a cylindrical shaped head that runs almost seamlessly into the rest of the body. So, if you see a snake and its head looks like the shape of your thumb it is non-venomous. If its head looks like a spade, then tapers off into the body it could be venomous. Many snakes however are aware of this feature and will flatten their heads out to pose as venomous snakes in order to scare of potential predators. Another method of differentiating between the two is by looking at the shape of the iris. A nonvenomous snake will have a rounded pupil, just like you or I. A venomous snake, however, will have an elliptical shaped eye. It will resemble an eye like a cat.

By this time of year though snakes should be relatively inactive and if not already hibernating should be preparing for it. When temperatures fall below 50 degrees is their cue to nestle down. As the temperatures rise in the spring, or even warm fall or winter days they may reawaken for short periods. This helps conserve energy during the winter months when food sources may be scarce.

Just like people growing up, or out, that need newer bigger clothes snakes do too! Snakes will shed their skin anywhere from once a month to just a few times a year depending on many factors. The skin will begin to look ashy and eyes may look blue or "cloudy". Their eyes appear this way because they actually don't have eye lids and the scale covering the eye is beginning to pull away from the eye itself. After a few days of this the skin will begin to flake and resemble sunburn on a person. Snakes will rub their nose and mouth on a rough surface like a rock and the skin begins to peel backwards and inside out. Snakes will wiggle their way out until they shed that skin and don their new threads.

Snakes will kill prey in one of two ways, either through venom (if that's an option) or by constriction. Once a constrictor snake locates prey it will strike and sink their fangs into dinner. Then they will begin to wrap their bodies around the meal and squeeze until their prey is no longer moving it's like the worst hug you've ever had. All snakes can swallow food that is actually bigger than their heads. A human jaw is attached to the skull so movement is fairly constrained. The jaw of a snake is joined to the skull by muscle, tendons, and ligaments. Because of this extra flexibility snakes can open their mouths to about a 150 degree angle. They can stretch their jaws open wider than the width of their bodies to swallow larger prey, but that doesn't mean you're on the menu! Snakes generally want to be left alone.

So if you happen to stumble upon one on a hike or even just in your yard they will want to go the other way. A person is way too big to be eaten by any of our native snakes so the only reason it is going to strike is if it feels threatened. So the best way to avoid being bitten is to just back away and give it plenty of space. If you are bitten you may want to seek medical attention whether it is venomous or not, because an infection could still occur from any bite.

Snakes are crucial to pest and rodent control for the environment and us. Most of what snakes eat is largely rodents. Rodents, like mice for example, are prone to spreading disease. Often they are carriers of ticks. In case you live under a rock: ticks can transmit a plethora of pathogens to people including (but not limited to) Rocky Mountain Spotted Fever and Lyme disease. By indiscriminately killing snakes we are limiting their natural ability to help defend us from these illnesses. Mice don't need help from ticks to spread disease though. They are effective enough at it on their own. Through urine and fecal excrement mice are known to transmit salmonella, hanta virus, and of course plague. Bites or scratches from mice or mites that live on mice can cause rat-bite fever, typhus, and types of pox. We of course can't forget that mice are prolific breeders and chew incessantly, so it can be costly to repair or replace damaged wiring. The last thing I need is for a mouse to chew through my X-Box cables! Snakes are glad to lend a helping hand in protecting us from all this.

Aside from being hugely beneficial, reason alone not to kill them, it is also illegal to kill any snake in Maryland. They are protected by the Nongame and Endangered Species Conservation Act. This act states that that native snakes cannot be killed, possessed, bred, or sold without first acquiring the proper permit from the Department of Natural Resources, and a permit is required for the possession, breeding, and sale of native reptiles and amphibians in the state. When encountering snakes in the wild it is best to leave them alone. If they enter a home you can either attempt to remove the snake yourself or call animal control. You can discourage snakes from becoming a problem by rodent proofing homes, keeping lawns mowed short, making sure entry points (doors, cellars, windows) are sealed tightly.

Snakes are a remarkable and highly beneficial species. Remember snake bites in Maryland are rarely fatal, and if left alone snakes pose no threat to people. While there is a cultural and literary history that vilifies snakes, they are actually our friends. By valuing their assistance and knowing the difference between venomous and nonvenomous snakes we can aspire to all get along much better!

To read other articles by Tim Iverson visit the Authors section of Emmitsburg.net



View Realty R



IN THE COUNTRY

Annual Fall Festival at Camp Eder

Alan Patterson

D undle up and bring the kids to the D35th Annual Fall Festival at Camp Eder. This exciting event takes place on October 19th from 9 am to 4 pm at 914 Mount Hope Road located in the beautiful hills of Fairfield. This event features all the trimmings of a good family-friendly festival: Live music, craft and small business vendors, a renowned pit-roasted pork and turkey meal with all the fixings, children's activities, heritage demonstrations, and a live auction that starts at 9:30 am. The children's activity area is expanding this year with new, fun age-appropriate entertainment including Soolah Hoops, candle dipping, tie-dying, face painting and a great moon bounce. For the more adventurous, test your abilities on the 36' climbing wall. Children and adults alike always enjoy the animals in the petting zoo. Many enjoy a simple hike through the picturesque forest trails.

Michael Peluso's motto is "You dream It, I'll breathe it". Michael has been recognized for being a superb up and coming glass artists on the East Coast. He'll be at the Fall Festival doing glass blowing demonstrations during the day.

An array of very talented musicians will be performing throughout the festivities. The local group Lee Jones and the C.B. Pickers will be performing great country, bluegrass and gospel music in front of Heckman Pavilion. In the dining hall, music will be provided by Randy Fisher who plays praise and worship music, and contemporary Christian recording artist, Leah Hileman. Randy has traveled with his band, Emptiless, sharing the message of the Gospel through music all over the eastern United States and Canada. Leah is a preacher, singer, songwriter, and recording artist who has traveled the country and beyond, sharing her many talents. The music alone is worth a trip to Camp Eder on October 19th.

If you have never seen apple butter being made, this is the place to do just that. Brother Earl Stoval, with over 60 volunteers, stir apple butter in four copper kettles all night long. You had better believe with all that love going into it, that it is absolutely delicious. On Saturday you can watch how it is made and even sample the results. Apple butter will be on sale all day, or until it runs out.

Camp Eder is an agency of the Church of the Brethren Southern Pennsylvania District and is named for the Eder River in Schwarzenau, Germany, site of the first baptisms of the Church of the Brethren denomination. Though it is rooted in Christian outdoor ministry, Camp Eder provides space and lodging for any individual, family, or group seeking a serene environment for camping, retreats, weddings, reunions, small and large group gatherings, daytime events and nature experiences. A variety of lodging options are offered, in addition to food and program services. The Camp has hotel and dorm style lodges, cabins, tent sites, covered wagons, and long huts (added new this year). There is also a picnic pavilion, warm-weather swimming pool, and meeting rooms that can accommodate groups of a variety of sizes.

The Miller Meetinghouse, which is a beautiful stone chapel, sits atop the mountain overlooking the orchards and valley below. Once a Church of the Brethren meetinghouse located in Carlisle, PA, the Chapel was dismantled and moved to Camp Eder property in 2004. The Chapel can be used for worship



If you've never seen apple butter being made, come to the Fall Festival at Camp Eder. Brother Earl Stoval and the crew will be stirring apple butter in four copper kettles all night long.

services or song services and is a perfect setting for a beautiful wedding.

Established in 1958, Camp Eder occupies more than 400 acres of forest, meadows, and orchards. It hosts a variety of events year-round that are open to the public. Senior Citizen Days feature programs and activities in the camp atmosphere geared toward mature adults and usually include a morning snack, two activities and a delicious lunch. Many gather regularly for scrapbooking retreats and create artistic projects which are fantastic. Camp Eder also serves as the home of the Pennsylvania Tourette Syndrome Alliance Conference, an Adams County 4-H camp program, and partners with their neighbors, Strawberry Hill Nature Preserve, to host the annual Waynesboro Outdoor School Program.

A summer camp program runs from June to August and offers age-related and specialty camps to children and teens. Horse Camp, Farm Camp,

and Swim Camp, along with other special interest camps are featured, as well as general camping experiences for children of all ages. Bumblebee Camp offers campers with special needs an opportunity to experience a safe, fun-filled, and memorable week at Camp Eder. During the summer camp season, campers participate in Christian worship, Bible study, swimming, rock wall climbing, hiking, nature, crafts, games, campfires and forging lifelong friendships.

A new highlight this year at Camp Eder was the First Annual Inspirational High Tea which took place in August. Geigley Lodge was beautifully decorated as a Victorian Tea House, the food was out of this world, and the program was very encouraging and inspiring.

In the winter, at Cookie Camp, over 160 dozen cookies are baked and then Camp is decorated for the following weekend's Annual Christmas Tree Festival, a festival celebrating the birth of Christ. Enjoy a brilliant indoor and outdoor lighting display, vote for your favorite Christmas Tree sponsored and decorated by individuals & churches, listen to (and sing along with) your favorite Christmas songs, peruse over 100 nativity sets, and feel the peace of the atmosphere set with luminary's that have been lit in honor and memory of loved ones. At the end of the evening follow the three wise men down to Heckman Pavilion to enjoy a very inspirational outdoor candlelight service. Keep December 13 – 15th open for this year's Christmas Tree Festival. No matter your age, background, level of ability, or special interest, Camp Eder has something to offer everyone. Whether spending a week in the summer camp program or an afternoon with friends and family, Camp Eder is sure to make a difference in the lives of those who visit us. For additional information on any event, to volunteer, support the camp's work, or to book your next retreat, call 717-642-8256 or visit Camp Eder on line at www.campeder.org.







you're Invited! October 19, 2013 🗢 9am-4pm

⇒ Live auction ⇒ All you can eat pit roasted pork and turkey meal ⇒ Children's activities ⇒ Live entertainment featuring The C.B. Pickers ⇒ Craft Vendors

The event is free to attend, the meal will be \$12 for adults, \$7 for children ages 6-12 and children under 6 are free.



IN THE COUNTRY

49th National Apple Harvest Festival

Dawn L. Bodenberg

ccording to the calendar, Au-Atumn arrives this year September 22. With the call of Fall, the 49th National Apple Harvest Festival, a nationally recognized festival, is not too far away. In 2012, the festival was honored by three different news mediums-The National Geographic, smartertravel.com, and this paper-the Emmitsburg News-Journal.

The two-weekend annual event sponsored by The Upper Adams Jaycees, Biglerville, will be held October 5-6 and 12-13, Daily 8 a.m. to 6 p.m., rain or shine, at the South Mountain Fairgrounds, Arendtsville, Pennsylvania. The festival supports projects of Jaycees, including the 92-acre Oakside Community Park located one mile east of Biglerville on Route 394.

The Jaycees is a leadership training and civic organization for men and women, 18 to 41, with 55 members who do not do this alone. It's estimated that 2,100 volunteers-unpaid-work together to honor the harvest of the apple in Adams County, which is first in the state for apple production.

The South Mountain Fairgrounds inviting rustic setting with its brilliant red and gold fall foliage and mouth-watering aroma of smells, offers guests a truly down-home, feel-good, old-time, festival. The countryside surrounding the fairgrounds abounds with visual beauty and encompasses some of the East Coast's most productive agricultural areas. Of special importance, is the famous "Adams County Fruit Belt," where orchards extend for miles along the eastern slope of the South Mountain Range.

When traveling to this crowdpleasing event, remember that the fairgrounds are landlocked by these surrounding mountains and thousands of acres of fruit trees which can be compared to trying to get to and attend a popular sporting event or concert.

With the attendance soaring to

October, one might ask how much food does it take to feed such a crowd? In 2012, 6 tons of beef were pit roasted to make about 10,000 sandwiches. Four thousand gallons of cider and 10 thousand candied apples were sold.

Strolling from one arts and crafts booth to another, indulge in a shopping spree at one of the 222 artisans representing 13 states. They offer unique gem jewelry, handmade pottery, copper sculpting, wrought iron works, and much, much more. The serious shopper won't go home empty handed.

Besides the apple cider and candied apples, the gala has many other delicious and appealing Adams County apple treats including apples, apple butter, apple desserts, apple jellies, apple syrups, applesauce, and apple cider slushies. Don't forget to buy Adams County apples on the way out of the gate!

If and when one tires of apples, there is a wide array of foods to please even the pickiest palate. Some of the 48 concessions operated by the many different clubs and civic organizations in the area include Chicken barbecue - first weekend, Adams County Republican Committee; second weekend, 4-H Clubs of Adams County; Apple pies, desserts, fritters - Bermudian Jaycees and Greist Park, York Springs; Bacon, egg, ham, sausage, scrapple sandwiches - Cashtown Community Lions Club; Breakfast, sandwiches, soups - Arendtsville Lions Club; Hard cider products - Good Intent Hard Cider LLC; Apple pizza, hot ham and cheese sandwiches - Biglerville Boy Scout Troop 71; apple pancakes, crepes, sausage - Penn State Alumni Association of Adams County; and, Apple sausage sandwiches - Hershey for Multiple Sclerosis.

Free entertainment abounds in the Apple Auditorium and the Appleseed, Bluegrass Hollow, Cortland Circle, and Rockin' Apple Stages featuring local and regional musical acts. Kids' activities



Besides the apple cider and candied apples, the gala has many other delicious and appealing Adams County apple treats including apples, apple butter, apple desserts, apple jellies, apple syrups, and applesauce.

contests in Kid Country, a Petting Zoo, and hayrides.

At the Make-Your-Own Scarecrow booth in 2012, 700 baby and life-size scarecrows were created and taken by their families to their new homes. Some of them even had names before they left the festival grounds.

View antique and classic autos, small gas engine displays, farm equipment, and a working steam engine and shingle mill.

Appearing the first weekend at the Exhibition Area will be the Native American Dancers. The second weekend, back by popular demand, will be the Middle Creek Tractor Swingers (tractor square dancing). The Demonstration Area will have chainsaw carving and pottery making by the Appalachian Arts Studio.

When tired and needing some rest, hop on the Orchard Tour bus as tours are conducted throughout the day to view local orchards. At 3:45 p.m. each Saturday, a bus tour will visit an Underground Railroad site. Each Sunday, at the same time, a bus tour will visit the site of Mary Jamison who was a French Indian War survivor.

For more information, visit www.

677-9413 or 717-334-6274. General Admission: \$9, Senior Citizens 60 and older: \$8, and Children under 12: Free. Parking and shuttle services are included. No pets are allowed on festival grounds. For families with young children, a diaper changing station is available on the grounds.

Located in the heart of Apple Country USA, visit and take home your basket of memories!



Each weekend a different non-profit organization will be volunteering their haunting skills. Each organization will then receive a portion of the sales for the nights they volunteer. You'll have a great time and be helping a good cause! DO YOU HAVE WHAT IT TAKES TO SURVIVE THE TERROR?

Located 1/2 Mile Off Rte. 15 On Cashtown Rd., 8 Mi. W. Of Visit Our Website For Details! www.RoundBarnGettysburg.com

almost 80- to 100-thousand folks include a Puppet Theatre, oldduring the first two weekends in fashioned games and pie eating

appleharvest.com, email appleharvest@embarqmail.com or call 717-



49th Annual Nationa Apple Harve Festiv First Two Full Weekends in October October 5-6 and 12-13 Apple Desserts • Tractor Square Dancing • Antique & Classic Cars Antique Farm Equipment • 300+ Arts & Crafts Vendors • and much more! 10 miles northwest of Gettysburg at Arendtsville, PA (South Mountain Fairgrounds) 717-677-9413 or 717-334-6274 • www.appleharvest.com * Upper Adams Jaycees, Sponsors

PETS LARGE AND SMALL

Eve's new beginning

Jennifer Vanderau Cumberland Valley **Animal Shelter**

Tneed to tell you all about one L of the happiest endings we've had in a while at CVAS.

In January of this year, an incredibly malnourished pitbull was brought in as a stray to Lincoln Way Animal Hospital in Chambersburg, Pa. I have to say, when I first saw the dog, it was one of the toughest things I've witnessed in a while. The pup -a 3-year-old female -- weighed 25 pounds.

Average weight for an adult pitbull her size would have been at least 50 pounds. Her backbone was actually bowed -- it was almost as though her body was caving in on itself.

She was so cold, her temperature wouldn't measure on the thermometer.

The folks at Lincoln Way immediately took her into foster care for us and named her Eve, because they wanted to give her a new beginning.

Meanwhile, we put out information to the press to see if we could find the owner for this poor girl.

No owner was found.

Her story, though, reached and touched a lot of hearts. We put it on Facebook and had tons of calls with well-wishes and donations. One woman even called from Georgia to say how much she hoped Eve would recover.

Truly, in the beginning, it was touch-and-go. We weren't sure in her condition if she would

make it. She was half the size she should be.

Our little girl was a fighter, though and thanks to the folks at Lincoln Way and a whole lot of positive thoughts, Eve made a full recovery.

She officially went up for adoption -- still maintaining her residence in her foster home because her foster mom didn't want her living in a kennel -- in April of this year.

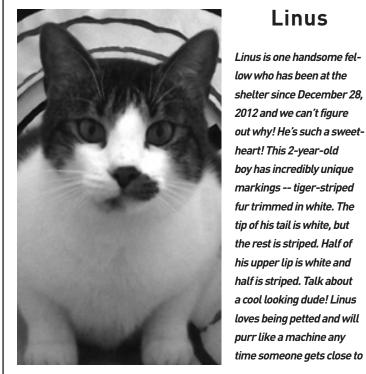
We had some folks who were interested, but because of the other four-legged friends in the home, the situation didn't work out. The thing about Eve is that, since she had been through so much, we wanted to make sure she had the right spot -- where she would get along with every member of the family.

I am beyond thrilled to say that as of August 29, Eve is now in her permanent forever home and all of us at CVAS couldn't be happier.

Eve's is a story of resilience and hope and triumph. Her body almost gave out on her through no fault of her own, but her spirit and those of the humans around her were strong enough to fight for life and a happy ending.

I was talking with her foster mom just today, who says she misses her, but knows that Eve was never supposed to be hers. Eve was one of the many souls that her foster mom was able to help transition into another life -- one filled with a whole lot of love and fun.

Eve's foster mom told me that Eve had visited the other day



his cage. This guy will make someone an awesome friend and we're hoping he can find a home soon.

For more information on adopting Linus, contact the Cumberland Valley Animal Shelter at 717-263-5791 or visit www.cvas-pets.org.

and her foster mom wanted to see how the pup was adjusting. There was a point in time earlier this year when Eve refused to leave her foster mom's side -- even for camera crews or dog walks.

When they saw each other again, there were tailwags and kisses and hugs and I'm sure a few tears, but amazingly enough, Eve spent the visit making sure to stand between her foster mom and her adoptive mom. It was as though she was keeping an eye on both of them to make sure they were okay. This was, even through the bittersweet feelings, exactly what the foster mom was looking for. Eve appeared just as devoted and in love with her new mom as she

Linus

should be. Eve has a canine sister and they run and play so much, if it was possible to bottle the energy, we're all fairly certain it could be sold as a drink for athletes.

When the visit was over and it was time to go, Eve went right out the door, hopped into her new mom's car and didn't look back.

Eve's foster mom had a tear in her eve when she told me this, but she also knew in her heart of hearts that Eve had finally found her place in this world.

If the concept of angels is true, Eve had a lot of them: the folks at Lincoln Way for all the care they gave her; the foster mom who took Eve into her home and loved her so much and worked so hard to get her back into shape; the countless people who were touched by her story and sent out donations for her care and prayers and well wishes every night for her; the adoptive mom who had the exact right spot for this special girl.

Eve's tale is beyond inspirational and is so important to remember in this unsure world.

So, if you're having a bad day and it seems as though there's nothing good left anymore, remember this white pitbull who, nine months ago, had been awfully run down by life. Think of her running and playing with that infamous pitbull smile and remember that new beginnings are possible.

Eve taught us all that.

Jennifer Vanderau is the Director of Communications for the Cumberland Valley Animal Shelter and can be reached at cvascomm@cvas-pets.org. The shelter accepts both monetary and pet supply donations. For more information, call the shelter at 263-5791 or visit the website www.cvas-pets.org. CVAS also operates thrift stores in Chambersburg and Shippensburg. Help support the animals at the shelter by donating to or shopping at the stores.

Tubbs: the EVH's office kittie

Jamie Swinehart **Emmitsburg Veterinary Hospital**

Jubbs, a.k.a. Pumpkin, came to L us on a crisp Friday morning - the 17th of October. One of our clients found a box by the entrance and told us there was a fur in it. In then put her in a cage and gave her food, water and a comfy bed. She instantly started growing on some of the staff. We started blocking off the front reception area and letting her hang out with us there. After a couple of weeks caring for her we fell in love and decided Tubbs should



Tubbs has been here for five years, and she has made quite the impression on everyone she meets. Clients bring her treats. One person, I believe, comes in just to pet her. Young and old alike love to pet her and some even ask if she is real. When she is deeply asleep it is hard to tell. When she is in the mood she will wave for a treat or a petting. But you know how cats are - they have be in the mood. Most of the time she is happy to sit and

watch the girls work - and even sit on their work if it means they will pet her! She is happiest when her guests arrive and she puts on her pretty face. I swear sometimes she is smiling (just ask Dawn).

The only thing Tubbs is not so fond of is dogs. When a dog sniffs around

the box was a very plump dilute calico, one of the most beautiful cats I have ever seen.

We took her to the back and checked her out for any wounds and

stay with us. But how were we going to make this happen? With a lot of pleading our wish came true. Tubbs became our hospital pet for Emmitsburg Veterinary Hospital.

and puts its nose by her bed she has been known to attack. But, she is a cat, and some of those noses are pretty darn big. Who can blame her?

Tubbs knows the daily routine around here. She knows when to expect us, and if we don't tend to her first she will follow one of us around until we do. She hops up on the counter for her medication and daily petting as soon as we get here in the morning.

We never found out where Tubbs came from, but we are grateful she showed up. Her arthritis is getting worse so we carry her on and off the counter. She could probably still jump, but it's the least we can do for her.

Every day since we found a lonely calico left on our doorstep, Tubbs has brought a smile to so many faces. We hope she'll be here for years to come.



Emmitsburg Veterinary Hospital 9436B Waynesboro Pike Emmitsburg, MD 21727 Phone: 301-447-6237

> Dr. Hugh Matthews + Dr. Jan Wimer Dr. Jennifer McDonald

Providing quality care for your pet, offering boarding, grooming, housecalls, and senior citizen discount on Wednesdays

"Helping Pets and People Care For Each Other"

"Like" us on Facebook!

www.emmitsburgvet.com Email: admin@emmitsburgvet.com



PETS LARGE AND SMALL **Dog Discussions: Who follows who?**

Roseann Deluca **Cold Creek Dog Training**

In our last article we started to talk about pack leadership or as we call it now "canine" leadership.

We discussed in depth the importance of how to feed your dog and how to ignore him properly when needed. Ignoring is a form of communication; think of how you feel when your dog ignores you. Sounds "odd" doesn't it that ignoring is communication!

You have probably heard the expression "don't let your dog go out the door first". That's a common thought in dog training and behavior modification. The concept of "going first" is so important in all aspects of life with your dog not just around doorways but all aspect of your relationship with your dog. To understand some of the philosophy of how your dog thinks, think about this: "who ever gets in the lead controls the outcome of the event." Think about all those times your dog is at the end of the leash and pulls you where he wants to go and you willingly follow him to that bush to sniff or rushing up to see a person. Even in these simple examples, he is leading the way and you are following. The doorway carries huge significance to a dog. A leader will always go first to see what's out there and protect the pack, send the pack to hunt, or retreat in fear.

The leader sets the tone of what happens on the other side of the door. Think about that time your dog darted out the doorway and ran off to chase that rabbit, you had to follow behind and get him back, the situation was in his control not yours. To manage the door properly, you will open it, look out, see if the coast is clear - then tell your dog "go ahead" or some similar command to release him out of the door. Don't worry about obedience commands at this point just use your body to control him and block the doorway space. In most cases your dog initially will be too excited in going out to obey obedience commands. (Remember the articles on getting and keeping your dogs attention and the importance of the ability to "get" that



To understand some of the philosophy behind how your dog thinks, think about this: whoever gets in the lead controls the outcome of the event.

attention when you need it) The best scenario is to take a moment and even put your dog on a leash at the door if necessary, use some treats to help him relax and just stand there calmly as you open the door. He should be able to stand or sit with the leash relaxed, then release him with a command such as "go ahead" or step out of the door with him. The same goes for coming back inside for those dogs that are just as crazy to get back inside as to go outside. The important thing is for dog to be relaxed and calm. There are many places to implement this. Stairways are a really important place to have control so your dog doesn't knock you down or trip you, either coming up or going down! Being in charge at the vehicle door is important so he doesn't dart out before you get the leash on him.

-

÷

4

\$

÷

4

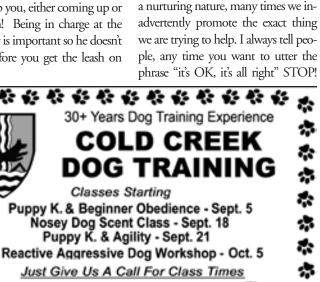
4

\$

**

-

Another really important aspect of understanding the psychology of your dog is understanding the complex relationship of how your emotions affect each other. We have a saying ... "The attitude goes down the leash". Dogs look to the leader in times of danger or stress and will follow the leaders cue. Don't comfort or baby, pet or sooth when the dog is afraid anxious or unsettled. This will make him be more afraid and promote the exact thing you are trying to avoid. Remember behavior you pay attention to by rewarding even with attention is repeated. If you are confident and nonchalant he will be also be relaxed. As people with a nurturing nature, many times we in-



Just Give Us A Call For Class Times

717-339-9862

www.ColdCreekShepherds.com

(Just Off Taneytown Rd. Exit Of Rt. 15 In PA)

Don't do it! Think about what you can do to take your dogs mind away from the situation he is in. Replace or ignore the behavior. Play, do some attention work with high value treats, do some obedience, take a brisk walk, anything to get his mind some place else. The dog should worry only when the pack leader worries. This is especially hard for us as humans since we want to nurture and comfort something we love when it is stressed or even for minor injuries. But this sends the wrong signal to the animal.

This thought of "not babying" is especially important to me this time of year as we all re-live the memories of 9/11. We worked there in the first 9 days of the tragedy as urban search and rescue, canine search specialists for FEMA. I am often asked- did my dog get depressed at the WTC? No she didn't. I worked really hard to keep my emotions in check and my head "clear" while I was working the dog. Dogs don't perceive situations like we do, but the DO feed off the emotions of others, especially their owners with whom they have a close relationship. So some dogs did get depressed but not from the situation, but from reading the emotions of their owners. And just like people many dogs are more sensitive to. I worked very hard to keep any emotions in check while we were searching for survivors. Every firefighter my dog found with joy and excitement that was working below the surface was a "find" for her. I will never forget a young firefighter emerging from working way below the surface, so dirty and coverd with debris you could only see the "whites of his eyes". My dog was barking and barking at him and he was so excited! He said - "Hey lady!!! your dog found someone !!" he was so excited and she did - she found him. The workers were the only live people we found.

The reverse side of the emotional tie is the example of the relationship of a therapy dog and patients (or any person in need). Think about the comfort and calmness a dog brings to the most stressful of situations. Dogs are now being used in many aspects as service dogs to help people with significant anxieties cope with day to day aspects of life. Hopefully we can really appreciate how much our emotions are linked to our dogs emotions and vice versa.

It is a challenge to implement this new thought process of canine understanding in the beginning, but with consistency it will become second nature to you and your family. The hardest part for us as humans is these things are not comfortable human nature but dog nature! You should be able to see some immediate results with some things but like all training it's an ever-evolving process. Its ongoing, understanding of how to live with your dog. Its also important to know that if you give up the "techniques" in canine leadership when the dog has "reformed"; he will slip back into his old ways if you go back to your old ways.

To read other article by Roseann visit the Authors section of Emmitsburg.net.





e.

\$

*

Professional Member IACP

THE MASTER GARDENER Fall color: What's it all about?

Audrey Hillman, Kay Hinkle **Adams County Master Gardeners**

Mary Ann Ryan Adam's County Official Fall Leaf Painter

ctober is the month for fall colors. Leaves are changing before our very eyes!

Many "leaf-peepers" (those who travel to see fall foliage) travel to the New England States to see the colors of autumn. Did you know that you could do the same in the Western part of the United States in the area from Utah north to the Canadian border and parts of Northern California, Oregon and Washington State?

Fall foliage tours are big business; hitting the right time for a

visit is a bit of a challenge since Mother Nature doesn't work on calendar days. As daylight hours lessen and the nights grow cold, a glorious show of colors begins to unfold. This transformation occurs when conditions are just right, and as conditions vary from year to year, so does the peak season for viewing fall foliage.

This fall promises to be a great one if you enjoy the changing colors of the trees around us. Warm sunny days with cool nights will help out. But why are some years good for fall color, when others are not? Many factors such as soil conditions, weather, and genetics all contribute to the equation.

The whole process is a slow one and begins as the length of the



Aronia arbutifolia, red chokeberry, is a spectacular native plant for fall and winter interest.

nights increase. This change in the light causes the plant to produce phytochrome. Phytochrome is the chemical that starts the process of dormancy. A layer of cells is produced between the branch of the tree and the leaf stalk. This layer is called the abscission layer and it blocks the passage of water and nutrients (carbohydrates) to and from the leaf. The production of the green pigment, chlorophyll, which is the predominant pigment, begins to break down.

GP SERIES

1800 - 17500 WATTS

GP1800 & GP3250

PORTABLE GENERATORS GENERAC

BE PREPARED. DON'T GET CAUGHT IN THE DARK!

COMPACT, AFFORDABLE & RELIABLE POWER FOR EVERY USE

STARTING AT \$35900

Without the chlorophyll to color the leaves green we begin to see the other pigments, carotenoids, give the leaf its yellow, orange and brown color. Now here is where the genetics fits in. Some trees also have the ability to form another pigment known as anthocyanin, which gives leaves a red or purple color. For anthocyanins to form there must be sugar present so any weather condition that enhances the production and accumulation of sugars in the leaf helps with the

Compact and Aflordable Portable Power

When you need to take your power with you,

e compact generators are the peried

applications and are sized just right for

tailgating, camping and power tool use

WHAT'S INCLUDED

fixed Kitz (GP3255)

andle K2 (1272/58)

The GP1800 and GP3250 models er an affordable solution for recreation

intensity of the red color.

Sunny days result in a high production of carbohydrates in the leaf and cool nights help to break those carbohydrates down into sugars. The cool nights also help to keep those sugars in the leaf instead of going to other parts of the plant. When the skies are cloudy and the nights warm, less sugars are produced and more are moved from the leaf, leaving us with less intense color.

As the abscission layer gets bigger it divides into two layers. One layer is protective and forms on the branch. The other is a separation layer and forms on the leaf stalk (petiole). Once both layers form there is not much left to hold the leaf in place and down it comes. A popular myth about fall color is that we need a frost to produce good fall color. Killing frosts and freezing temperatures stop the color change and kill the leaves. So let's hope the nights stay cool (40-45 degrees F.), but not cold.

So what are some of the plants that look great in the fall? In choosing trees to enhance your autumn landscape, consider the magnificent fall color of maples that range from reds to yellows: Silver maples show yellow in the fall, sugar maples show great variability, and the maple cultivar 'Autumn Flame' or 'Red Sunset' consistently tend to show a good red color. Choose a member of the birch family for yellow hues, flowering dogwoods for reds, and a member of the oak family for russet to yellow-brown. Here are a few shrubs and trees that will give you great fall color. Hydrangea quercifolia, oakleaf hydrangea, is a large shrub that not only has summer interest with its big, white conical flowers, but also has terrific red to purple fall color. The bark on the shrub is a cinnamon color and peeling. A native shrub it is grown best in part shade, this plant will be generous with its fall color. Typically reaching a height and spread of 6, this plant should be sited in a shrub border or as a specimen plant. Dwarf cultuvars are avail-





 Oakk Statt Galde GP6500E & GP7500E Control Panel Features

THE MASTER GARDENER



Nyssa sylvatica, or blackgum, is an often overlooked native tree. It has a habit similar to the pin oak, which is one of the best trees for fall color.

able as well. Well drained soil is its preference.

Fothergilla gardenii is a great native small to medium sized shrub reaching 4 -6 feet in height as well as spread. Its not only showy in the spring with its white, bottle-brush flowers, but the yellow, orange, and red fall colors are spectacular. This plant is a slow grower, making it a good choice for foundation plantings. It does prefer an acidic soil with good drainage and part sun to full sun.

Aronia arbutifolia, red chokeberry, has proven to be another spectacular native plant for fall and winter interest. You can enjoy this plants bright red fruit from September through January as well as its red fall color in October. It tolerates most soil types, but does prefer well drained soils. It will reach 5-6 and is a good selection for the shrub border.

Callicarpa japonica, beautyberry, is a shrub that will stretch 4 to 6 in height. It likes full sun to part shade and gets lovely purple berries in the fall - hence the fall attraction of this shrub, as purple is not a common color this time of year. Use this plant for a shrub border, or mix it in with some spring blooming plants. The stems with berries are great for indoor arrangements.

Lindera bezoin, spicebush, shows a great yellow fall color. This plant is known for its fragrant stems when broken. However, the yellow color mixes wonderfully with the oranges and reds of the fall palette. It likes part shade to full sun, but becomes more open and wild the more shade you provide it. It is a large shrub, potentially reaching 8, making it a good native plant for the shrub border. gum, is a large native shade tree reaching 60-75 in height. The beautiful tree offers tons of fall color - colors ranging from yellow, orange, red and purple. It wants full sun and will grow well in most soil types. The star-shaped leaves give this tree an interesting texture through the summer months.

Nyssa sylvatica, or blackgum, is a tree often overlooked. This native tree has a habit very similar to the pin oak. The canopy is pyramidal in shape, like the pin oak, but the leaves are oval. The fall color is one of the best of our native trees, changing from dark green in the summer to a brilliant scarlet in the fall. It will stretch to 30 - 40 feet, but is slow growing, making it a good street tree and nice large specimen tree

Hope this helps demystify why a wonderful display of fall color is predicted for this year and gives you a few ideas of plants that can be chosen for the fall color. Enjoy it while it lasts. Soon enough we'll have to be raking all those leaves up and it's nice to think that at one point we really did enjoy them.

To read other gardening articles visit the Gardening section of Emmitsburg.net.

Small Town Gardener No mowing required

Marianne Willburn

Sometimes it's good to get your head out of your own garden and see if there is anything greener on the other side of the fence. If you do so at this time of year, you will no doubt start to notice the not-so-humble tussocks of ornamental grasses that are flowering at their peak and announcing the end of the season with magnificent plumes and foliage. If you can't claim any of these beauties in your own garden, it's a great month to remedy this oversight.

It is fairly typical when starting a garden to forget about the grasses. At first it's all about the annuals. We plant our petunias and our tomatoes and beam with pride. A year or so later we might branch out with a few perennials, entranced by color, but surprisingly and ultimately disappointed with staying power. When we're feeling at the top of our game, we start mixing shrubs and speaking in tongues (Latin). Roses, Weigela, Hydrangea and Salix rub shoulders and give the garden the gravitas that it once lacked. Perhaps we step it up a notch and add an evergreen Daphne or Camellia – but we can't move up that green ladder without a grass or two.

Yes I know, most of us spend our lives pulling out grass by the handful. Bermuda grass tops my list, followed by Johnsongrass, goosegrass, crabgrass and about fourteen other species that make weeding a headache and banish all thoughts of planting something remotely similar anywhere near our precious borders and beds. This is a mistake. An ornamental grass adds texture and substance to most plantings – acting as a superb filler or an anchor where structure is desperately needed – sometimes topping out at ten feet or more.

This year I have added one of my favorites to my sunny border, Miscanthus sinensis "Cosmopolitan" – a tall, stunning cultivar with wide creamy margins. Miscanthus species are some of the most beautiful of the ornamental grasses, growing in a fine range of variegated and non-variegated colors and widths, and tipped with panicles of bronzes and pinks as autumn takes hold of the summer garden.

For a long time, "Zebrinus" was queen of this group, popularized by Gertrude Jekyll at the turn of the century. Sporting bands of yellow transversely across the leaf, it brought pop and sparkle into the mixed border, and still does – though now there are many improved cultivars in the banded group, such as "Strictus," who doesn't feel the need to throw her weight around as much as her older sister.

My Cosmopolitan will not share her space easily. When she attains her final form, she must battle with a Limelight hydrangea and a Southern Gentleman ilex; but the heads of the Limelight will pick out the creaminess of her margins and the upright Southern Gentleman will complement her curves – just as any southern gentleman worth his upbringing should do.

Elsewhere in the garden, Cortaderia selloana is making a statement at the bend in a curving pathway – let's hope it's the right one. In the United Kingdom, a clump of pampas grass in the garden is a not-so-subtle way of alerting the general public that there are couples swinging from the rafters inside the home. Just in case that's true in America, it found a home behind the house.

In some hot, dry climates, pampas grass can quickly become an invasive weed – and it's not just something you easily "pull out" either. A gorgeous specimen plant or a thug in the border... choose your site carefully, this one's a keeper.

And speaking of invasive weeds...if you ever happen to be at a plant swap and someone offers up some Northern sea oats (Chasmanthium latifolium), think carefully before you grab them. Yes, the flat, pinkishgrey seed heads are art in plant form. Yes, it grows quickly. Yes, it is rhizomatic. Yes I will be paying for that particular weak moment for years to come.

I once saw three clumps beautifully displayed in a friend's garden on a dry incline, with little competition from any neighbors (which tend to make it look a bit weedy), and now I am convinced that this should be a specimen plant – or at least should only be planted with others of its kind. Which, if I stop weeding, is precisely what will happen in my garden.

There are of course bamboos, but that is a whole column in itself – and with space at a premium, I technically don't have to mention ever-so-useful liriope or mondo grass, as they share more DNA with the asparagus on your plate than the miscanthus in your border.

The point is, it's the next step. Don't be afraid to add a new texture to your summers, new structure to your winters, and new reasons to stand, stare and smile.



PATRICK ARENTZ GENERAL SERVICES Landscaping, Light Excavation & Backhoe Services Topsoil, Mulch & Firewood Sales Trimming: Trees & Shrubs - Mowing: Lawns & Fields Lot Clearing & Demo - Hauling: Junk & Debris

www.arentzs.com

Liquidambar styraciflua, sweet-

DARK MULCH \$27/YD RED MULCH \$38/YD BLACK MULCH \$38/YD TOPSOIL (SCREENED OR UNSCREENED) COMPOSTED MUSHROOM SOIL or COW MANURE \$28/YD • DRIVEWAY • LANDSCAPING • STONE HAULING • EXCAVATING

SAND|FILL DIRT

LANDSCAPE SUPPLIES

RODNEY MCNAIR 301-447-2675

17618 OLD GETTYSBURG RD., EMMITSBURG Now Accepting Credit Cards



CIVIL WAR HISTORY

The Thirty Days Campaign

John Miller **Emmitsburg Area Historical Society**

n June 15th, 1863, President Abraham Lincoln issued a proclamation calling for 100,000 militiamen to help defend Pennsylvania and Maryland during the Confederate invasion. Lincoln had asked for men from Maryland, Pennsylvania, West Virginia, and Ohio to serve for a period of six months, unless the threat ended sooner. However, this call would not be answered by the many able bodied men in those states. Secretary of War Edwin Stanton, and Pennsylvania Governor Andrew Curtin both appealed to New York State Governor Horatio Seymour to mobilize 20,000 soldiers of the New York State National Guard. The governor of New Jersey was also asked to send troops from its militia.

During the last two weeks of June, New York had mobilized 14,000 soldiers from twenty-six National Guard regiments. The majority of those would protect or work on the defenses of Harrisburg, Pennsylvania, while other units would serve near Baltimore, Maryland. The first to leave their home state of New York was the famous 7th New York State National Guard, where they would serve under the Middle Department. Upon arriving at Philadelphia, they were ordered to Baltimore, Maryland. The 8th New York and the 71st New York Regiments of the National Guard were the first New York soldiers to ender into Harrisburg.

Upon arriving at Harrisburg, the New Yorkers were amazed to



Members of the 7th New York State National Guard in Maryland during their stay in 1861.

see so many able men who had not enlisted into the militia, answering Lincoln's call for manpower. One New Yorker recalled "The people of Harrisburg did not seem prepared or inclined to act on the defensive." Another soldier recalled "Hundreds of strong men in the prime of life loitered in the public thoroughfares, and gaped at our passing columns as indifferently as if we had come as conquerors, to take possession of the city."

While in downtown Harrisburg, many of the New Yorkers noticed the cool reception

GILLAND

they had with the inhabitants of the city. The people there seemed to dislike the New Yorkers event though they were there to protect them during this troubled time. The people of Harrisburg also failed to notice that for this two week period, the eves of the entire northern population looked upon this city as if they were the Confederate target. This did not sit well with the New York National Guardsmen.

Not only did the New Yorkers receive a cold shoulder, but many of the New Yorkers were upset that most of the stores and busi-

GILLAND

MEMORIAL WORKS

Mon.-Fri. 8 am - 4:30 pm

Sat. 8 am - Noon

Sun. evenings by appt.

'Senior Citizen Discount Always Applies!"

Ken Gilland-Owner, Miriam Gilland, Roger Gilland

email: gillandmem@innernet.net

P.O. Box 400 - 14902 Buchanan Trail East

Blue Ridge Summit, PA 17214-0400

Call: 717-794-2981 Fax: 717-794-5689

Cell: 717-773-8119

nesses were closed. Other New Yorkers were dismayed with the inflated prices of goods that the businesses were charging the soldiers for their merchandise. The New Yorkers felt a bit betrayed since they were there to do their duty and to protect the citizens of this great city.

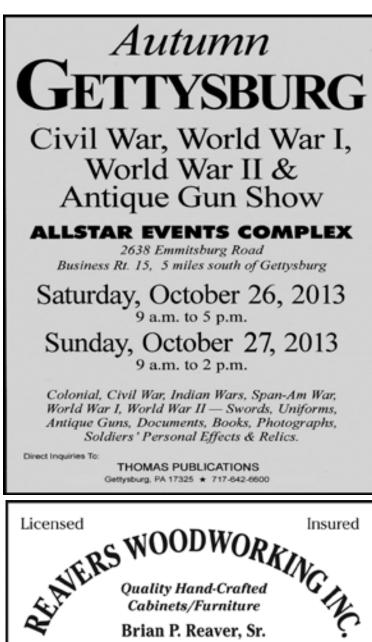
As many of the New Yorkers entered into Camp Curtin, they were disappointed with the living conditions. Many wrote about the foul smells that arose from the camp. Camp Curtin was the Federal training ground for many of Pennsylvania's regiments that had participated in several major battles. No sooner had the New Yorkers made camp, many were ordered out of Harrisburg to guard and picket the various fords along the Susquehanna River.

The 8th and 71st Regiments of the New York National Guard were ordered to Franklin County. They arrived at Shippensburg by rail and marched toward Chambersburg. These two New York regiments operated in conjunction with the Pennsylvania Militia and were ordered to stall the advancing Confederate force, but not to engage in a full-fledged battle. In other words, they were to buy Harrisburg time for the defenses to be completed.

Many of the New York National Guardsmen were ordered to drop their rifles and pick up axes, picks, and shovels to prepare to create the defenses of Harrisburg. Two major fortifications in Harrisburg would be constructed, and then came the improvements in case the Confederate army would make its way there. Forts Washington and Couch were located across the Susquehanna River from Harrisburg. Other New Yorkers were ordered out to obstruct major roadways leading into the city via the Cumberland Valley.

While many of the New York National Guardsmen were stationed in the fortifications at Harrisburg, tempers began to flare.

www.ElectJackson.com



Shop: 301-447-3386 Fax: 301-447-1750

> Kitchens, Armoires Hutches, China Cupboards Computer Stations Entertainment Centers Fireplace Mantels Vanities, Gun Cabinets Children's Furniture Corner Cabinets, Bookcases Dressers, End Tables... etc.

Visit us online at: www.emmitsburg.net/woodworking

Bob Jackson For **Adams County** Treasurer Paid for by committee to elect Bob Jackson

CIVIL WAR HISTORY

Several of the Pennsylvania Militiamen began noticing the New Yorkers attitude. The New Yorkers had a sort of cockiness to them. The Pennsylvania Militiamen felt as if the New Yorkers looked down upon them. These feelings may have come from the fact that many of the New Yorkers came from a higher society and social status in Brooklyn and New York city itself. They were well drilled, well trained, and well equipped. Some had seen combat and some had not. Either way, the Pennsylvania Militiamen did not appreciate the New Yorkers.

Several regiments of the New York State National Guard skirmished with the lead elements of the Confederate army during the last week of June. Each skirmish bought valuable time for the defenses of Harrisburg to be completed. Skirmishes near Greencastle, Shippensburg, Carlisle, Kingston, Oyster Point, and finally Sporting Hill all helped to delay the advancing Confederate forces as they approached Harrisburg. By June 30th, only the Confederate rear guard remained, as orders came for the Confederate concentration at Gettysburg. This forced General Richard Ewell's corps to begin marching to rejoin the main Confederate army. Harrisburg was no longer a target.

Further to the south in Maryland, the 7th New York State National Guard had a much more pleasant experience. Other New

York National Guard regiments would also trickle into Baltimore. For the next two weeks, the 17th, 47^{th} , 55^{th} , 69^{th} , and the 84^{th} Regiments, New York State National Guard would be attached to the Middle Department under the command of General Robert Schenck ,as they departed New York.

Baltimore was a divided city with regard to loyalty to the preservation of the Union. During the early days of the Pennsylvania Campaign, when the Confederate army was marching into the Cumberland Valley, no one knew what their intentions were. Was it Philadelphia or Harrisburg in Pennsylvania? Or would the Confederate army turn south for a possible attack on Baltimore? Either way, the defenses of these cities was important. The 7th New York State National Guard was ordered to serve in the various fortifications surrounding Baltimore.

The 7th New York State National Guard arrived in Baltimore on June 18th. Each company was detailed to serve various duties. Just like those units in Harrisburg, the 7th New York State National Guard would garrison Fort Federal Hill and Fort Marshall. The gray clad New Yorkers also barricaded the streets leading into the country side from the city. Many put their rifles down and picked up axes, shovels, and picks and began to build entrenchments. As Confederate prisoners arrived

from the Western Theater, various detachments of the 7th New York State National Guard would escort those Confederates to Fort McHenry, as well as Fort Delaware. The 7th New York State National Guard also served as the Provost for the city.

On June 20th, the 7th New York State National Guard commander Colonel Marshall Lefferts assumed command of Fort Federal Hill. There was no time for relaxation, and the regiment itself was busy performing their various duties. The 7th New York State National Guard had operated in this area a year before in 1862. They knew about the Southern sympathizers who lived in the city. As Provost, the 7th New York State National Guard searched and seized several arms, and arrested those who were trying to aide the Confederate Army.

On June 28th, there were major changes that occurred in both the Union and Confederate armies. In the Army of the Potomac, General Joseph Hooker was relieved of command, and General George Meade was appointed as the new commander. He ordered the concentration of his army to Frederick, Maryland and from there, early next morning, he would order his army northward toward the Mason Dixon Line. For the Confederate Army of Northern Virginia, General Robert E. Lee had learned about the layout of the Union army and the change of command. He issued orders for a concentration of his army east of South Mountain via Gettysburg. Two of his corps under General Longstreet and Hill was spread out from Cashtown to Chambersburg. At the same time, General Ewell's Corps was spread out from Carlisle to Wrightsville in Pennsylvania. By June 29th, his army began its movements to Gettysburg.

By June 29th, it looked as if Harrisburg was no longer a Confederate target. With the Confederate movements to the east, this caused panic in Baltimore, while easing the minds of Harrisburg citizens. City wide drills in Baltimore were held. In comparison to Harrisburg, Baltimore was ready for a possible attack. But as July 1st dawned, the citizens and the military that were ready for an attack began to breath easier as the Battle of Gettysburg unfolded.

To read other articles on the Civil War visit the Historical Society section of Emmitsburg.net





Test Drive The All New Silverado!

Stop by and take a Test Drive in the All-New 2014 Silverado! With 355 Horse Power and 383 ft. lbs. of torgue, this is a vehicle to compare! Newly designed exterior with a larger Crew Cab, you will want to see for yourself!

410-751-1200



Many

Prizes

1 Chevro Dr., Taneytown, MD

Visit us Online At: www.wantzchevrolet.com Mon.-Fri. 8am-8pm; Sat. 9am-3pm: Closed Sun.

HISTORY

Piney Creek Church 250 Years of Continuous Worship

Part 2

Amanda Woodruff Grant

Piney Creek Presbyterian Church, the small but historic brick structure located between Taneytown, Maryland, and Gettysburg, Pennsylvania, is much more than a little country church. As explained in the April issue of the Emmitsburg News Journal, Piney Creek Church, originating in 1763 has held services continuously for two hundred fifty years. On Sunday, November 10, 2013, Piney Creek's 250th anniversary celebrations will culminate with a 6:00 p.m. candlelight service that will feature messages from previous pastors, special music from the choir, and more. All are welcome to celebrate this special event or to attend on Sunday mornings, as the current minister, Reverend H. Paul Matthews III, fondly referred to as Pastor Paul, continues the traditions set forth by the church's previous ministers. Pastor Paul has held the second-longest record as minister of the church, broken only by a man

who spent his entire life in ministry shepherding Piney Creek's flock of faithful followers.

The installation of the Reverend Robert S. Grier on November 14, 1814, would begin a new era of the church. In his speech, delivered to the Pinev Creek congregation on July 27, 1876 entitled Historical Sketch of the Presbyterian Churches of Emmitsburg and Piney Creek, the late Piney Creek pastor, William Simonton, discusses Reverend Grier's ministry. Reverend Grier's only assignment was to the charge of Piney Creek and Tom's Creek Churches (a church located in Emmitsburg, Maryland). During Grier's fiftytwo years, he held the churches and his own actions in accordance with strict moral principles and religious standards. In the Presbyterian Historical Almanac for 1867, Grier is described as "concise, his delivery natural, his manner solemn, his language pure, plain and direct." To Grier, "simple truth and sound argument were all important . . . [and] as a friend and a citizen, he was sincere and honest." Simonton described Grier as a talented wood carver, but even more so a man who "was mainly devoted to the nobler art of winning souls to Christ, and of polishing gems for the diadem of the Redeemer." Within a few years of coming to Piney Creek, Grier led the congregation in 1818 to build the current brick structure which stands today which consisted of one large room and fifty-eight pews.

While Grier's time at Piney Creek began long before the Civil War's inception, he disapproved of slavery and preached often on the subject. The Almanac states that Grier "fearlessly espoused the cause of the oppressed, and vindicated all proper measures to deliver them from bondage." Graciously, before his death on December 29, 1865, Reverend Grier was able to see the fruition of his dreams with the eradication of slavery.

The members of Piney Creek felt the loss of this faithful servant. The first entry of the Session minutes following Reverend Grier's death, submitted by John Horner states, "Piney Creek Church which for fifty two years has been





Children of the parish pose for a photo following the Church's Easter egg hunt sometime in the later 1940s.

under the Pastoral care of the Rev. Robert S. Grier, in connection with Tom's Creek Church, was left vacant by his death Dec. 29, 1865; the church at that date consisted of three Ruleing Elders, vis: Eli Horner, Jacob Shoemaker and John Horner. Elders, and eighty one communicants. The following record contains the proceedings of the Session after that date." The tone of Horner's entry is factual but somehow reveals the emptiness. Whether meant to be symbolic or not, the Session at that time begins a new book for their minutes, and it seems as if the emptiness of the congregation is revealed by a brief entry on the first page of an empty book, as if this was indeed the beginning of not only a new chapter, but a new story.

Following Grier's death, Reverend Daniel B. Jackson, supplied both churches until Reverend Isaac M. Patterson filled the role formally on November 13, 1866. During his seven years, Simonton explains that Patterson lead the congregation in securing a manse, remodeling both churches, erecting a wall around the Piney Creek grave-yard, and assisting Tom's Creek in the application of a new name, Emmitsburg Church. Reverend J. F. Minor Simpson writes in his book, Monocacy Valley Maryland Presbyterianism, that the brick structure of Piney Creek

Church was remodeled in 1869. In addition, Simonton credits Patterson with the establishment of weekly prayer meetings and Bible classes and a focus on the education of young Christians. Patterson was also asked to supply the Taneytown church in 1869.

Another change under Patterson's time as minister was the directions from the General Synod, the governing body of the Presbyterian Church of the U.S.A. An entry in the Session Minutes by Patterson notes the request: "It may be proper to state here that the act of the Gen. Assembly, which met in Philadelphia in May 1870, in reorganizing the Synods and Presbyteries of the ... "Old School" and "New School" churches, these congregations of Emmittsburg, and Piney Creek, forming at this time one pastoral charge were separated from the Presbytery of Carlisle, and connected with the Presbytery of Baltimore." On July 27, 1873, Reverend Patterson resigned from the churches to accept a call to Milford, New Jersey.

On December 10, 1873, Piney Creek's leadership would now be passed to Reverend William Simonton. Within eighteen months of his installation, Simonton guided the churches in purchasing new organs, each at the cost of five hundred dollars, and the women of the three church-



If you aren't certain, find out by taking a simple, no-obligation financial assessment that will help you decide. Once you've established goals, I can then provide you with strategies to assist you in achieving them. Are you feeling the need for support with your retirement planning? Let's talk!

Luke Becker, CFP, CRPS Certified Financial Planner Chartered Retirement Planning Specialist Investment Executive, Infinex Investments, Inc. Woodsboro Bank Investments



INVESTMENTS

Securities and insurance offered through INFINEX INVESTMENTS, INC, member FINRA/SIPC. Woodsboro Bank Investments is a trade name of the bank. Infinex and the bank are not affiliated.

NOT INSURED BY FDIC OR ANY FEDERAL GOVERNMENT AGENCY • MAY LOSE VALUE NOT A DEPOSIT OR GUARANTEED BY THE BANK OR ANY AFFILIATE

240-409-2146 • lbecker@woodsborobank.com • 5 North Main Street • Woodsboro, MD • woodsborobank.com

es organized to form Foreign Missionary Societies of the Presbyterian Church.

Simonton also honored in the Session Minutes on January 26, 1879 two of the church elders who had recently passed. About Capt. John Horner and Eli Horner (both members of the Session for nearly forty years) Simonton writes that the session had a "desire to place upon record our appreciation of their character and virtues. Plain, honest, upright in their lives, steadfast in their adherence to the doctrines and order of the church, exemplary in their walk and conversation, and faithful in their attendance." According to reports gathered by Simonton, Captain John Horner, at sixty years old, had gathered together a local group of men to make Company "C," 1st Regiment of the Potomac Home Brigade, Maryland Calvary, to fight in the Civil War, keeping alive the revolutionary spirit which had led the church's forefathers approximately one hundred years earlier.

In annual reports to the Presbytery of Baltimore, Simonton reflected on the strengths and needs of the churches under his care. Of Piney Creek he writes on April 7, 1889, "The obstacles to religious progress are worldliness, formalism, indifference, lack of zeal and consecration to God's services. A higher type of piety is greatly to be desired."

In the church's annual report of 1890, Simonton writes about further challenges. "The attendance has not been as encouraging as usual, especially during the winter months, owing in part to the unfavorable state of the weather and roads. The prevailing sickness (termed grip) and other causes have contributed to the same result." On October 4, 1890, Reverend Simonton resigned from the Piney Creek and Taneytown churches, but continued on with Emmitsburg. According to Miss Anna Galt in her history celebrating the 175th anniversary of the church and printed in the Carroll Record on November 18, 1938, Dr. Simonton resigned from the two churches when his "failing strength made him realize his inability to fulfill his pastoral obligations, this being the days of unimproved roads and horse and buggy transportation." On June 23, 1891, Reverend Pedro Rioseco, a native of Cuba and a graduate of Princeton College and Theological Seminary, took over the pastoral charge of both Piney Creek and Taneytown churches. In his first annual report to the Presbytery, Rioseco writes on April 2, 1892, "This church would report that it has enjoyed a measure of prosperity during the past year . . . The forebodings which many of the Piney Creek people entertained at the time of this dissolution have been dispelled; they have been brought to realize that the change in the relation of the churches has been for the benefit of each church concerned." The new pastor describes

the Piney Creek congregation as giving him their "hearty support, cooperating with him in furthering the interests of the church," and he optimistically claims that "the future is bright and encouraging!" Concurrently with his installation in June, a Sabbath School was formed. These positive words would help to breathe vitality and excitement into the church members, and Reverend Rioseco's own culture would have a lasting impact on the members of the church. Simpson explains that because of Rioseco's origins, the two churches became very interested in missions in Latin America. In 1896, Reverend Rioseco resigned to return to Cuba to continue his ministry in his home country.

After various supplies, the next pastor to lead the churches of Piney Creek and Taneytown was Reverend James Cattanach who was installed on June 15, 1897. According to the Annual Narrative of the State of Religion at Piney Creek Church from April 1, 1897 to April 1st, 1898, James A. Galt, the Clerk of the Session wrote, "Through April we had regular supplies, since then we have had preaching once each Sabbath day, by our faithful and worthy pastor, attendance encouraging, the children and youth are well represented . . . We have a church Sabbath school in which the Shorter Catechism is taught and Westminster Session helps are used, the school has a carefully selected library." Galt's report continues stating, "The encouragement are the loyalty of the people to the church, and the fidelity with which they attend . . . Christian parents faithfully present their children for baptism. The obligation of family worship and the Christian training of children are urged, financial obligations are met with fidelity and temporalities managed by a board of trustees." This favorable report reveals that after many changes in ministerial leadership, Piney Creek Church was continuing to spread the word of God.

On May 11, 1901, more improvements were made to the church grounds when members charged the Trustees with the order "to have a slate roof put on the church building and the wall around the cemetery covered in the most durable manner practicable." The cemetery was covered with matching slate shingles, giving the church another unique characteristic that sets it apart. Cattanach, who "was well thought of by his various congregations and by his fellow ministers" was the Moderator of the Presbytery of Baltimore for a short period, according to Simpson. By 1902 though, Reverend Cattanach had also accepted a call to another church, and once again Piney Creek was left searching for a minister.

After various supplies, Reverend Henry Peter Sanders was installed on June 18, 1903. During his term as minister, a note in an annual report from April 1, 1904 reminds the reader of the challenges still faced at the turn of the twentieth century. Although so much progress had been made in many areas, some problems were still not easily overcome. James A. Galt, Clerk of the Session writes, "The difficulties in the way of progress are scarcity of young people and absorption by the town churches." While Pinev Creek had been sustained by God, these were common challenges faced by rural churches. After four years, Reverend Sanders resigned to accept other calls, and Reverend Herman A. Goff was installed and preached from December 12, 1907 to October 5, 1909.

Piney Creek's next pastor, Reverend Seth Russell Downie, D. D., was installed in 1910 and led the church through several improvements and a rededication ceremony. According to an article published in the Carroll Record, of which Downie was a regular pastoral contributor, "the Rededication Services at Piney Creek Church; Sunday, Nov. 7th, [1915] was an important and imposing day in the history of the Piney Creek Presbyterian Church, of Carroll County." The Rededication Ceremony showcased the improvements to the church, to which "a tower was erected and a large deep-toned bell put in place. Colored, leaded, art-glass memorial windows were installed. A commodious Sunday school room was partitioned off from the main audience room, fitted with new carpet and up-to-the-minute chairs.

"New carpet, circular pews, pulpit furnishings and chancel grace the auditorium. Both rooms were heightened and a metal ceiling put on. The building is warmed throughout by a new steamheating plant. The tint on the walls is a rich cream white; that on the ceiling is a light green. A choir platform completes the changes. A little later, a new lighting plant will be forthcoming. The completed reconstructions cost \$4,000." The article stated that "the completion and rededication of this fine, old church is a splendid testimony to the worth of its work in this community, and a befitting prophecy of its abiding place and continuing influence."

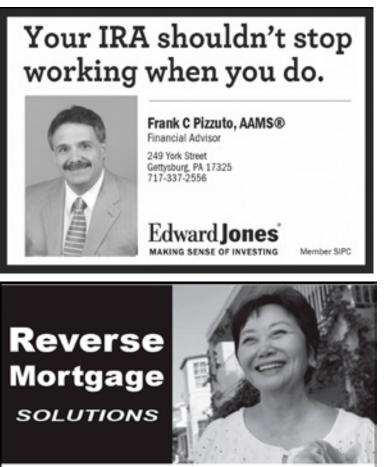
As of May 3, 1919, Piney Creek's state of affairs seemed to be flourishing following the rededication ceremony. Elmer Hess wrote in the Congregational Minutes, "Norman Hess gave a most excellent report for the year 1918-1919 of the receipts and disbursements as church treasurer . . . A vote of thanks and confidence was extended to Mr. Hess by congregation rising . . . "Mr. Judson Hill, Treasurer of our New Era Committee, made a report on the campaign for increased benevolence that proved encouraging."

HISTORY

But Downie's time at Piney Creek was soon over when he placed his resignation on November 30, 1919 to accept a call in Frostburg, Maryland. Piney Creek's response was one of understanding but with sadness and "with recognition of and trust in Providence, who doeth all things well, to guide us in our movements," as listed in the minutes of the Session.

Part 3 next month

To read more articles on local history visit the Historical Society section of Emmitsburg.net.





LOOKING FOR QUALITY

AUTO BODY REPAIR?

We Can Make Your Car Look New Again!

Complete Auto Body & Full-Time Restoration Service!

SERVING OVER 20 YEARS IN THURMONT All Major Insurance Carriers Accepted Lifetime Warranty On All Repairs Car Rentals Available On-Site All Makes And Models

24 HOUR

TOWING

SERVICE



Use your nome equity to:

62 or older?

- · Retire in the comfort of your own home
- Supplement your retirement income tax-free!
- Spend any way you choose, like:
- Cover medical expenses or in-home care
- Make home improvements
- Take a vacation
- · Pay college tuition for the grandkids

No monthly mortgage payments! No credit score requirements! No income requirements!

Call me today to learn more!

James L. McCarron, Jr. CSA Reverse Mortgage Banker NMLS #134401





۲

Consult your tax advisor before choosing a reverse mortgage Atlantic Bay Mortgage Group LLC NMLS 72043.

COLD WAR WARRIORS "Rooskiy" rookie

Commander John Murphy, USN, Ret.

Editor's note: Each major war in the 20th century began with the government finding an urgent need for foreign language interpreters and translators, mostly for military intelligence duties. In the 1940s, Iapanese and German linguists were needed. In the 1950s, Korean linguists were needed. By the mid-1950s, there was a critical need for Russian and Chinese linguists for duty at U.S. embassies and consulates, intelligence centers, and listening posts worldwide. Native linguists could not be trusted in these more sensitive duty assignments and so the linguists had to be trained from scratch. The following is a tale of a young, Irish-American being transformed into a fluent Russian interpreter for the Cold War.

In 1958 I was assigned to the Na-Ltional Security Agency in Washington D.C. Duty at NSA duty was good. In fact ... almost too good. I wanted to get "over there" - at one of the new, "warning sites" that the U.S. was throwing up to monitor the Communist bloc countries. That was where the real action was. Not manning a large, metal desk in a huge, government agency. I was in the Navy! Where were the ships? Where was the water? I asked how I could get an assignment to an overseas warning site. The answer I got most often was "volunteer for Russian or Chinese language training". So I did. I volunteered for Russian language training and after taking oral and written aptitude tests... received orders to the U.S. Naval Intelligence School's, Intensive Russian Program in the summer of 1958. A nine-month course in Washington D.C. I did not know it then, but I was beginning a life long adventure in all things Russian.

Russian Language School Overview

The Russian Language Intensive Russian was conducted in a run down, one story WWII temporary building at the old, Naval Intelligence School in Anacostia, Maryland. It looked kind of like the German Prison of War barracks in the WWII movies. The School had about eight classrooms on either side of a corridor running down the middle. On the right side of the building were classrooms for Chinese, Arabic, German and Spanish classes. The building was in such sad shape that there was hardly any heat in the winter and in the spring of 1959 termites burst through the walls of the main entrance and spilled out into the hallways. We hardly noticed these minor distractions. We were too busy studying.

When I entered in September 1958, the Russian program had about twenty students equally divided between Months 1-3; 4-6 and 7-9. Each class would lose about 1/3rd of its students before graduation through poor grades or mental breakdowns. There were never more that five students in a classroom with a Russian professor at the same time. The professor sat at a large desk that sat atop a raised platform so that he (or she) had a commanding, god-like position ... glowering down at us poor, hapless students. Each week you would have all of your classes in a given professor's classroom. The next week you would move to the classroom next door and work your way up the corridor. After eight weeks you moved back to Professor number one. The brilliance of this simple method was that you were exposed to different sounds of Russian from the very beginning.

I gradually came to realize that most of our professors were all from the same White Russian Regiment in old Czarist Russia. From Colonel Ushakov, the Commanding Officer down to Sergeant Rabotnikoff (who I really liked). One was a former German soldier who had learned Russian as a Prisoner of War in WWII. Talk about an "intense" learning experience. I loved his classes because he was informal and I loved it when he put orange peels on the radiators that clanged away in his office... sending the aroma of fresh orange into the classroom.

There were two women professors who were very formal and what I would describe as "prissy". I remember one day when Rabotnikoff tried to teach us some "dirty" words. He wrote them on the blackboard. Professor Olga passed by the room and saw the



words and went nuts. She went straight to Colonel Ushakov's office and put Rabotnikoff on report. (I would not learn any other Russian dirty words until two years later when NSA published a special glossary. I learned from this, that the Russians seemed to enjoy using very graphic and pornographic language in their daily speech.)

Professor Galitsin was one of my favorites. He was a former, Czarist, cavalry officer and was quick to remind you that he was a nobleman. He looked down on the likes of Sergeant Rabotnikoff, even when Rabotnikoff became the head of the Russian Program.

Of course the favorite of all Russian teachers was not a professor - it was an older woman who was the school's secretary. Mar'ya Krishevitskaya. We called her "babushka" (grandmother). She looked old, but she was a dynamo. Swam 20 laps in the base swimming pool every day.

Babushka was the daughter of a Czarist Navy Admiral Krshevitskiy who was killed in the historic Battle of the Tsushima Strait in the Russo-Japanese war in 1905. During the October Revolution in 1917 she was the secretary to Alexander Kerensky, provisional leader of Russia who was overthrown by Lenin. Following the October Revolution, Mar'ya fled Russia and went to Paris where she became model. Later she emigrated to the U.S. and with the Cold War somehow became the secretary at the Russian Language School.

Mar'ya had a rating system for all former students. They were her vnuki (grandsons). Each was assigned a number. The lower your number the higher your prestige rating at the Language School At her death in the 1960s I was Vnuk #5. Her vnuki stayed in touch with her. Two of her vnuks were at her side when she passed in the early 1970s.

Months 1-3: Words, Words, Words...

I had no idea what to expect when my 9-month program began in October 1958. I was still trying to figure it out at graduation. On the first day of class professor Rabotnikoff explained that they did not expect much of us in the first few weeks. We had three days to master the Russian Cyrillic alphabet. By the end of week one we were expected to be totally comfortable with this set of unique symbols. It was Greek to us. We were surprised to discover that they were right...we really only needed about three days to be totally comfortable with the Russian Alphabet of 28 characters. After the first week we began to be taught 50-100 Russian words each day. We would receive our new word list at the end of classes. They did not care how you learned your word lists, but it was expected that you knew all of your new words by the next morning. By the end of the fourth week I was going crazy trying to master my word lists. My wife said I would be shouting Russian words in my dreams at night. I did not remember any of that, but knew my brain was never rested in the morning.



Naval Intelligence School, Russian Language Class, June 1959. Back row - Professor Galytsin, John Murphy and Mar'ya Krishevitskaya (with katok) and graduate Russian Interpreters.

troduced to a school ritual- the weekly "oosniy ekzamen" or oral exam conducted by the gaunt, hostile looking figure of our own "Ivan the Terrible" - Professor Ushakoff. He would enter the classroom unannounced and begin grilling each of the students present on the previous week's lessons and words. He never cracked a smile or showed any sense of kindness. He was out to intimidate and scare you. He did a good job of it. It was an event I dreaded for 30 straight weeks.

As junior students we were in awe of the students in the 2nd group (Months 4-6) or 3rd group (Months 7-9). During class breaks these groups would stand out in the main hallway and carry on lively discussions in Russian! We were in awe! We could barely remember one word after another and there they were laughing and chatting informally about anything and everything. We were impressed.

Each class would consist of reading 1 page of about 300 words in length. Then a review of the new vocabulary and writing drills at the black board to see if you could read and write Russian in both a printed and cursive style. The subject material in the early stages was pretty basic. "Hello, how are you." Where is a bathroom? What is this? This is a table. This is a pencil. This is a chair. Where do you live? etc. We were so proud as we mastered these simple phrases. We were speaking Russian!

In the afternoon we were introduced to our new word list. You would leave the school in late afternoon and spend the entire evening studying and mastering your new and old words. There was one Navy Lieutenant in our class by the name of Frank Dye who drove us regular students crazy. He had a photographic memory. He would receive his new list of words, scan it slowly with his finger and voila! He knew them all. In about ten or fifteen minutes. The rest of us might be up to midnight or later trying to learn our new words. At the pace we were working I estimate we were learning 1,000 to 2,000 words a month. The pace picked up as the course proceeded. By the 9th month we were told we knew about 70,000 Russian words. Towards the end of the second month Professor Rabotnikoff asked if there was any interest in learning some Russian songs. About six of us jumped at the chance. We started meeting every Friday afternoon for practice. Rabotnikoff provided sheet music for several top Russian songs including Kalinka, Don Peterskoy, Stenka Razin and Steppe da Steppe... just to name a few. We were able to learn

how a real Russian chorus would sing these songs since the Soviet Army had just made a recording of many of them in London before the Queen. In 1958 Rabotnikoff arranged with the Navy Band to have an accordionist accompany us as we performed at several D.C. Embassies during the 1958 holiday season. I found it a bit strange singing Russian songs at the German Embassy at Christmas time.

We liked Don Peterskoy because it was about a guy getting drunk on the streets of St. Petersburg. We didn't have the luxury of drinking while we were in the 9 month course, but it was fun sounding like we were drunk. Steppe da Steppe was also a favorite. It was a song about a lonely coachmen dying on the frozen steppes of Siberia in a blizzard. It was a waltz tune and I have used it many times in meetings with Russians here and in Russia... to loosen everyone up and get them all on the same sheet of music ... so to speak. Stenka Razin gave us a revolutionary experience. This song was a rallying song for czarist era. I later thought that his entire experience was a wonderful way to introduce us to another part of the real, Russian culture. The "Russkaya dusha" (Russian soul}. When meeting with Russian scientists and former Soviet military in Russi I would use my knowledge of these songs many times.

Months 4-6: Grammar Grinding!

In the 2nd phase of the course... We shifted from learning words to learning the grammar of modern Russian. A mind-boggling task. I felt in the first three months we were making wonderful progress, but now we were going backwards. I had studied Latin in college and could see many similarities between Latin and Russian. Russian is what linguists would describe as a "totally inflected language". It was like you were learning a giant matrix of words and "endings" where everything had to agree in Gender (masculine, feminine or neuter), Number (singular or plural) and case (Nominative, Genetive, Dative, Accusative, Instrumental and Prepositional/Locative). The good news was that Russian syntax (sentence structure) is based on English. So you could think in English and put Russian words in the proper gender, number and case. By the end of the sixth month a student's worst nightmare was to find he had formed a perfect sentence as to number and case, but his subject was feminine and not masculine. You think it is confusing read-

Manufacturers of Wood Stairs & Stair Parts

Locally owned continuously for over 50 Years

5130 Allendale Lane, Taneytown, Maryland 21787

Office: 410-756-6671 Fax: 410-756-4103

Visit us at www.taneystair.com

A sponsor of the Emmitsburg News-Journal

After the first month, we were in-

COLD WAR WARRIORS



Black Sea listening post—a Soviet destroyer escort is seen transiting north into the Black Sea from its base in Sevastopol.

ing it here? Try it where the symbols are Cyrillic letters and you are being graded on your speed of translation. Also, you knew by the end of the sixth month that you were about to spend the next three months locked in a room with Ivan the Terrible in multi hour simultaneous, interpretive sessions.

One of our class members had a "breakdown" at this point and was transferred to the Bethesda Naval Hospital for treatment. Right after he had received his orders to his post-course assignment to the U.S. Embassy in Moscow. (The dream assignment for all students in the school.) At any rate the rest of us were about to begin the final three months of the 9-month course. In this lay one of the best-kept secrets of the Intensive Russian program.

Months 7-9: Becoming a Real Russian Interpreter

We had come so far since Week 1 of the Intensive Russian Course. Professor Ushakoff entered our classroom on the first afternoon of our 7th month and I remember my heart sinking as the door clicked shut. "Here it is. We are trapped! With Ivan the Terrible!' Then this gaunt, hostile looking man smiled broadly and explained: "You must help me keep a little secret from the more junior students. We are here to hone your skills. To make you top notch Russian simultaneous, interpreters. But! You must not tell the other students what our afternoon sessions are like." We loved it. Father Ivan liked us. He wanted to be proud of us and we really enjoyed working with him in the afternoon sessions. We learned that the secret to good, simultaneous interpretation was to start with small phrases and gradually work up to longer sentences and whole paragraphs. We were not to make notes. Concentrate! Do it

terly cold, winter day. There were eight Border Guard, soldiers lined up in a row in the yard. They took me, to a small wall, and blindfolded me. . I was about to be executed by a firing squad. My life was over. Shots rang out. Then darkness and silence."

I was not sure if I had got it right, but then I heard Ushakoff shout "Bravo. Well done". There was just one more hurdle to cross - the official Navy Department oral Exam.

U.S. Navy Department Final Exam (June 1959) The six "survivors in my Class drew lots

place. I thought that was good. I would not have to sit around in the hallway waiting for my turn. There were three examiners- Professor Ushakoff - playing the role of a Russian-only speaker. Then there was a Navy Commander (who we heard was fluent in Russian), but supposedly only spoke and understood English. Then there was the Official Navy Department Observer. A course graduate that we did not know. It was a very cold, unfriendly place. Ushakoff told me before that he was glad I was up first because it would make a good impression for the others.

for when we would take our final "Oos-

niy Ekzamen" oral exam. I drew first

The session began with the Navy Commander handing me a recent edition of "Time" Magazine. "Translate this please!" This was quite doable. Going from my language to Russian. It took about 8 minutes for me to translate to the Russian - Ushakoff. Then Professor Ushakoff handed me the latest copy of "Red Star" (a weekly Soviet military newspaper) and told me to translate a two-paragraph article about the Soviet views on NATO. Again, no problem. I had something to read from. Relatively easy. The exam had lasted about 15 minutes at this point. Then came the hard part - simultaneous interpretation. I would be given phrases from Russian to English and then English to Russian. Very fast paced.

Towards the end they started throwing lots of numbers and technical terms at me. I panicked and started making notes. I could see Ushakoff was boiling. I could sense him saying "no notes!" We were done at 30 minutes and I was escorted out of the room. Ushakoff followed me out and admonished me "No notes! You WERE my best student and you let me down!" My world crashed around me. I had failed?

Two hours later... Ushakoff came up to me and said: "I did not mean to be so harsh. As it turns out... You did the best. Congratulations!"

My nine months of misery were over. It was time to pack up the family and move to my next assignment on the Black Sea coast North of Istanbul, Turkey - the real frontier of the Cold War. I might have been a Rooskiy Rookie, but at least I understood the radio broadcasts coming from our Soviet adversaries across the Black Sea. I dremember one day in April 1961 when I had just taken my family to Kilyos on the Black Sea coast northwest of Istanbul. It was a beautiful sunny day and the Black Sea was calm. As we headed

southward towards Istanbul, I turned on Radio Odessa and heard a Soviet announcer proclaiming that Cosmonaut, Yuri Gagarin had just become the first man in space. A triumph for Soviet science. I was stunned and did not want to translate this ... even to my family. Soviet science was winning the Cold War?

At our warning site, I worked with a group of six, Navy, Russian linguists who monitored the daily operations of the Soviet Black Sea Fleet. Pretty routine stuff that seemed to require a vocabulary of about 200 words (e.g. "Roger", "understood", target acquired, I attack now, on course 310, bombs dropped, etc.). Not much of a challenge for a person that had been sent to the Black Sea with 70,000 Russian words in his head. Waiting to be used. This would happen, but over a period of decades as my career and life became more and more intertwined with modern Soviet ... and then Russian society. But, back in 1959 at least I could read the names and signs on the dozens of Soviet ships that were passing my warning site each day. Words such as "No Smoking"; "stand clear of the boom", "beware of radiation" ... it was a start...

To read past editions of Cold War Warriors visit the Authors section of Emmitsburg.net.

"I was diagnosed with prostate cancer in June of 2011. I couldn't afford the down time necessary to recuperate from prostate surgery, so when my son told me about CyberKnife technology, I made an appointment with the FMH CyberKnife Center right away. The Radiation Oncologist at the FMH CyberKnife Center designed my treatment sessions, and the

nurse navigator scheduled all of my appointments. All I had to do was show up on time.

I would lay down on the treatment table and fall asleep listening to my favorite music. The CyberKnife crew awakened

For more

information

the nurse navigator at

240-566-4761.

me after my hour long treatment was over. I got up, ate a donut and had a cup of coffee. What could be easier? The best part is that today, after only five CyberKnife sessions, I am cancer free. ??

Prostate Cancer doesn't have to slow you down.

Frederick CyberKnife uses revolutionary

technology in the fight against prostate cancer. It

treats tumors by focusing pinpoint beams of

radiation that destroy cancerous cells with

Carl Stickley

all in our head. When you didn't know a word or how to say something ... work around it. Go with your instincts. Do your best at communicating something.

We worked slowly and confidently to the final class in late May 1959. We learned that the hardest thing to translate were Russian numbers - with their proper, case endings. Not to panic. Keep trying. The last class day I was the lucky one to have to translate what Ushakoff would later say was the hardest phrase of the entire course. Something we had never seen or heard before. I remember hearing a long, confusing four-sentence paragraph. Something about a wall... A little wall. What was this? I went with my instincts.

My sentence was something like "I was escorted into the courtyard of Camp Number 1245BZ. It was a bitFMH CyberKnife Patient & Prostate Cancer Survivor

State-of-the-art

cancer care, right here at home. CyberKnife Center, visit fmh.org/cyberknife or call

minimal effect to the surrounding healthy tissue. For you, it means five or fewer treatments, compared to 40 treatments with traditional radiation, and a low occurrence of erectile dysfunction. With CyberKnife*, there's no pain, no incision, and no hospital stay.



MOM'S TIME OUT

The lighter side of homeschooling

Mary Angle

s a lot of you know I am one Amonth into homeschooling three of my four children, or am I. This month my whole purpose in writing this article is to bring some comedic relief to my school day and maybe to yours. I am going to spell out for you the trials and tribulations that have occurred in my first four weeks of homeshooling. Let me just say homeschooling two elementary students and one very social middle schooler had not lacked in comedy nor has it lacked in adjustments, bickering, or drama!

Before I started this home school year, unlike last year, I was super organized. I researched, photo copied and wrote lesson plans until I thought I would burst. I also organized the classroom and my newest experiment...workboxes! I spent all of August and a good

Purse Silent Auction

portion of July preparing. I realized many times last year that I had not planned ahead enough and it was our downfall on several occasions. This year, I wasn't going to let lack of planning and organization derail us, not even for a day or two. If we were going to be derailed it was going to be for something much more fun than my lack of organizational skills.

Then suddenly it was the first day of school (for us that was still in August). I had made it clear to the homeschoolers that when their 9th grade brother left the house for the first time to go to high school, that would be the first day of the homeschool career. Our fist day of homeschooling was a blessing and a curse. I could not believe how well the workbox system worked for us. Three children (second, fourth, and seventh grade) were finished all of the days work by noon. We started earlier than I

had expected, since I was home from dropping off at the high school and they were ready to start by eight a.m. In four hours we they had each completed; social studies, science, reading, writing, spelling/voacb., Spanish, math, penmanship, and health. I was in awe of how motivated the workboxes kept them. It was absolutely magical. Until about

By about that time my son was bored to tears and my daughters were bickering with such vigor that I was sure one of them would not survive. I was also beginning to realize that what I loved about homeschooling my older son in then previous year was not going to be seen in the elementary curriculum. I had loved reading and discussing all of the books and short stories. I had enjoyed the advanced math and reading his creative writing assignments. Now suddenly I was trapped in a world of basic facts and stories with little to no creativity at all. That is when it suddenly hit me, something so simple and obvious that I felt stupid taking so long to come to the realization...elementary school is all about repetition. Every day, several

the coming winter now!

Residential ~ Commercial ~ Power Washing

Custom Painting

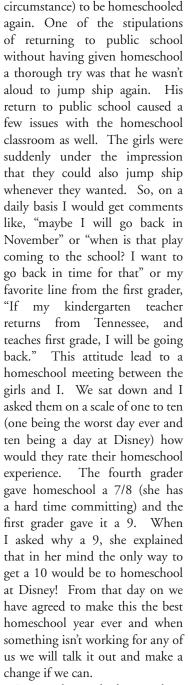
Free Estimates ~ Interior ~ Exterior

11530 Simmons Road, Taneytown, MD

times a day you can hear me ask (or my youngest ask) "what is 9 plus 2", "what is 9 plus 2", "what is 9 plus 2", "what is 9 plus 2". I would hear these basic facts in my head at night until I thought I would go crazy.

Then, it was day two and we were on track to finish early. By about ten in the morning my son came to me and wanted to talk. He had a rather serious tone in his voice to we went into the other room for some privacy. "What if I have changed my mind? What if I want to go back?" He started the conversation that would take much prayer, debate and talking with my husband. Ultimately, we decided to let him go back. But not before he understood realistically what that meant. We reminded him of all the positives and the negatives he had experienced last year, not to scare him into staying homeschooled, but instead to make sure he understood the reality of his decision. He returned to school on Friday of the first week of school.

It was half way through the second week and every couple days since then that he insists he has changed his mind and requests (or demands, depending on the



Last week was the best week so far and yes every week is getting better and better. I have found many creative ways to practice the repetitive stuff and we have been on 2 field trips already! I know there will be plenty of drama (both with homeschool and with public school) but we will work through it the best we can, just like we do every year.



MHC

Views Serving 85

estaurant . Country In



GET COZY THIS HOLIDAY SEASON! ON OR OFF PREMISE CATERING ATERING

Cozy has been celebrating holiday parties for 84 years!

01-271-7373

Call 301 - 271 - 7373to schedule a consultation

> 105 Frederick Road, Thurmont, MD

www.cozyvillage.com

WIDE VARIETY OF MENUS OR PICK YOUR OWN!

Frederick County.

COMMUNITY NOTES

Gentle giants

Jan Tyler

At first glance, the wom-an next to you in the grocery check-out line appears to be your average shopper. It isn't until you ask her about her green tshirt which reads "Gentle Giants Draft Horse Rescue" that you are rewarded with her extraordinary green eyes and engaging smile. Congratulations! You have just been hit with the force of nature that is Christine Hajek, President of the Maryland based draft horse rescue group appropriately named "Gentle Giants Draft Horse Rescue" or Gentle Giants, for short.

How did one woman start a charity that houses over 60 draft horses, and to date has saved hundreds from slaughter? Well, it started with an old sorrel Belgian plow horse in a dusty sale barn. The old fellow had the look of a horse that had lived a hard life; and his soft eyes seemed to plead that he needed a warm stall, gentle hands, and some good hay. The bidding was swift and short, and a few hundred dollars later, Christine was a proud new owner. She settled on the name "Elijah" for her new friend.

When she went to collect Elijah, she found a man beside him sobbing in the stall. When Christine asked him why he was crying, the man replied that the "meat man" had bought his horse; and that this was a good horse, not one who deserved to be meat. Christine assured him that she was the winning bidder - but to please back up - what is this "meat man" that you are talking about? Little did Christine know that this exchange with a stranger would change her life forever.

"Meat men", the buyers contracted by horse slaughterhouses, frequent horse auctions both small and large in order to purchase inexpensive horses. Back then, three U.S. horse slaughterhouses were open, and the sweet and docile Elijah would have



been headed to Illinois for a terrifying, painful, and bloody death. The U.S. plants have been closed since 2007, but the horse slaughter industry still exists today, and horses bought or acquired by meat men are shipped to Canada and Mexico where they are slaughtered. The horse meat is then exported to other countries for human consumption.

Appalled that any horse should end a life of service this way, Christine decided to try to buy one or two draft horses and find them good homes as trail horses. One became two, then three, then four. Finally, her husband, Jamie McIntosh (a fireman with Anne Arundel County), suggested that she start a charity to rescue draft horses on a larger scale. They created "Gentle Giants Draft Horse Rescue" in 2005 and haven't looked back.

As you walk around the 106 acre farm with Christine, she becomes animated and discusses each horse with an enthusiasm usually reserved for grandchildren or sports teams. Here are a few of her favorite rescue stories.

There's Manhattan, the New York City carriage horse with a huge personality and a love for cameras. He was found at slaughter sale in Pennsylvania. He lost his job pulling tourists in Central Park when he suffered a common throat injury that only cost \$600 to surgically repair. There's Gotti and Capone, two mischievous and aptly named purebred Haflingers purchased at auction for a mere \$75. There's also Hoss, a gorgeous grey Percheron, abandoned and left to starve until animal control picked him up and found him salvation at the rescue. And sadly, there are those like Traveler, who despite the rescue's best efforts cannot be saved; but are given as many pain free and happy days as possible, and a place in our hearts and memories forever.

With the good outweighing the bad, Christine and her league of volunteers strive to create a loving environment where the rescued horses are seen by a vet, farrier and equine dentist. Viewing the before and after photos of the horses can be startling. In the before photos, the horses are usually filthy, standing with their heads down, staring blankly at the camera with fearful, sad eyes and sometimes bony bodies.

In the after photos, they appear alert, clean, downright plump and engaged in the world around them.

Christine's dream could not stay afloat without 100% tax deductible monetary donations from the public and the work of dedicated volunteers. Volunteers come with a varied amount of experience and all levels are welcome to apply to be a volunteer. Volunteers are needed every day of the year - the barn doesn't close for holidays or bad weather. If you would like to volunteer, send an email to volunteers@gentlegiantsdrafthorserescue.com. To make a monetary donation, please visit their webpage or call (443) 285-3835. All donations are 100% tax deductible.

Meeting GGDHR's horses is sure to be a highlight of your day, if not your life. Thank you, Christine, for proving if you can dream it, it can happen.

There are several upcoming events to raise funds for the horses. Hawgs4Horses is a motorcycle raffle with the grand prize being a 2013 Harley Davidson. Tickets are \$10 each and can be purchased online at www.hawgs-4horses.com. The charity is sponsoring a Silent Auction for gently used purses on October 27 at Linganore Wineries. On November 22, they are hosting a Private Evening with The Seldom Scene, "America's Bluegrass Band." Tickets can be purchased at www.Missiontix.com.







SCHOOL & LIBRARY NEWS

Your elected school board

Kathryn B. Groth Board of Education of Frederick County

Not all school boards in Maryland are elected. Some, like Frederick County, consist of members who are all elected by the citizens of that county. Other boards are appointed, and still other school boards are a combination of elected and appointed members. In Maryland, school board members are considered non-partisan when they run for election.

Board of Education members receive a commission signed by the Governor of Maryland and stamped with the Seal of Maryland at the beginning of their term of office. In Frederick County, Board members serve 4-year terms, with three members being elected during the Presidential election cycle, and four being elected in the alternate two years. It is through this commission that the Board member is eligible to serve and is found to have met the qualifications as prescribed by law. Additionally, each year a student member of the Board is elected by the high school students of the county. The student member provides valuable insight at Board meetings, insight gained from his or her peers.

Board of Education member responsibilities are outlined in the Education Article of the Annotated Code of Maryland and Title 13-A of the Code of Maryland Regulations. Board members have executive powers, legislative powers and quasi-judicial responsibilities.

Executive powers of the Board include the implementation of Board policy, hiring and evaluating the superintendent, setting standards for leadership and goals of the school system. In addition, the Board members monitor the system's management and ensure that continuous educational improvement takes place throughout the school system.

The legislative responsibility of the Board includes representing the views of the community in education matters as well as interpreting school system needs to the community. This community dialogue is one of the things that make public education in the United States unique in the world. It is the local governance of public schools that sets us apart from the public schools of other countries. The Board also authorizes curriculum development and revision and allocates funding to the system operations. The Board establishes school boundaries and legal settlements. Very importantly, the members of the Board advocate for public funding of the schools and must lobby local, state and federal elected representatives (and funding agencies) to promote their legislative agenda. Approximately half of the funds it takes to run our public schools in Frederick County comes from the state and just a little less than half from county government.

The Board of Education serves in a "quasi-judicial" capacity to adjudicate certain decisions made by the superintendent and to interpret policy application. The Board retains its own counsel when it must act in this role.

The Board of Education is responsible for strategic planning for the school system and for developing a system master plan. This master plan is developed from and based on the vision and goals of the school system as set forth by the Board. It is by using this document that the Board evaluates the progress of the system towards providing the high quality school system that the citizens of the county want and deserve. At the direction of the Board, school system staff develop learning strategies, curriculum and instruction based on the results of student, school and system performance. The Board considers the performance data each year as it seeks to revise the master plan.

Thus, the Board of Education of Frederick County is here to serve the citizens of Frederick County and to provide an excellent public education for its children. Currently, there are nearly 41,000 students in our school system. It is the Board's job to see that the best educational opportunities are provided to each child, each and every day.

What's new at your library

Erin Dingle Emmitsburg Branch Library

Nozying up for the cold months ahead? Planning to watch movies from the comfort of your own warm living room? No need to spend money to watch the latest films if you have a Frederick County Public Library card. In addition to the collection of films you find every day on the shelf at the Emmitsburg Branch Library, there's an easy way to have the movies you really want to watch brought to the branch just for you. All you have to do is visit the library's online catalog at fcpl.org, go to Resource Guide and Videos at FCPL to find the direct links to movies. From our online catalog be sure to choose "Power Search' and go to 'Format Type' to choose DVD to browse through the library's DVD collection of over 14,000 films and find a link for new and upcoming films. Even before the film is physically in the library, you can place hold.

Because we have so many DVD's, you will want to use the online power search feature to narrow your

search to find exactly what you want. Choices included children's movies, documentaries, feature films, etc. Library staff can walk you through the power search feature next time you visit the branch or they can search for you and order your films. It doesn't cost you a penny to films on hold and every weekday, the library delivery truck brings materials right to the Emmitsburg Branch and will bring your films as soon as they are available. And choices are not limited to feature films. You can order foreign films, cartoons and even a wide variety of TV Series such as Homeland, Game of Thrones, Friends, CSI and many, many more.

There is an additional link that showcases only the newest films coming to the library. Find it here: http://www.fcpl.org/featuredvideos. Just listed are the feature films Oblivion, Star Trek: Into the Darkness; Iron Man 6; World War Z and Now You See Me. Many more are being ordered every day. Free entertainment for the whole family! And all you need is a Frederick County Public Library card.

Comic Con at the Library

An exciting new event is happening this month at the Thurmont Regional Library for tweens and teens as part of Teen Read Week (October 13-19). The library is hosting a Teen Comic-Con on Saturday, October 19 starting a 1 p.m. A Comic-Con is simply a large comic book convention focusing on comic books, science fiction and fantasy. Although the library's Comic-Con won't be as large as the original (held since 1970 in San Diego, CA) it will be the perfect chance for teens to have some fun. Dressing like a super hero or other comic book character is central to a Comic-Con and awards will be given for costume creativity. For those who don't want to dress up - come anyway. There's plenty to entertain including a movie, free comic giveaways, refreshments and other comic book related fun.

A special presentation of Comic-Con will be a comic drawing workshop presented by artist John Nickerson of the Gnarly Artly Design Shop. This is a unique opportunity to learn the art of comic drawing from an experienced artist. The Library Comic-Con is free and there's no need to register.

An Emmitsburg Library Tradition: Holiday Tea

Plans are now underway for the Annual Holiday Tea that area children have enjoyed for many years. The Friends of the Emmitsburg Library sponsor the tea. Children's Library Associate Cheryl Dillman has some fun changes planned for this popular event to be held in early December. Stay tuned in next month's edition of The Emmitsburg News Journal for more information.

October Programs for Children & Teens at the Emmitsburg Library All Ages: Make a K'Nex-tion Tuesday,

October 8 @ 4:00 pm

Join us for an afternoon with K'Nex construction sets. Build tall buildings, make racecars, have endless amount of STEM fun with K'Nex at the library! The possibilities of what you can create are endless! Best for ages 6 and up with an adult. TEENS: Monsters of Maryland

Thursday, October 17 @ 4:00 pm Susan Fair, chief docent at the Boonsboro Museum of History will be rounding up and introducing us to the bizarre beasts, odd characters and unsolved mysteries of our corner of Maryland. Join us as we learn about Snallygasters, Dogmen and other mountain tales shared by the author of Mysteries & Lore of Western Maryland. Registration Required.

Children's: Pumpkin Jamboree Saturday, October 19 @ 11:00 am

Go crazy for pumpkins! Explore, create, and get inspired by this seasonal favorite. Play games, learn fun facts, and make pumpkin-inspired crafts. Registration Required.

Children's: Monster Mania Saturday, October 26 @ 11:00 am

Stop in for a monstrous good time! Monster inspired games, crafts and activities. Wear your Halloween costume if you like or dress up as your favorite monster! Registration Required.

Grand Opening All American Hot Dog Stand



October 6 at 2 17400 Tract Rd. Emmitsburg



Join us to celebrate our Grand Opening with guest speakers Blaine Young, Sheriff Chuck Jenkins, Mayor Briggs, John Molloy, VFW and Sea Cadet Color Guards and other Patriots. Music by Bo Hek – Rock N Blues

Our daughter Faith will raise a flag flown over Camp Fallujah, Iraq with the assistance of the Color Guards, while Karen Williams sings the National Anthem. We will honor Military, Police and Firefighters who serve, have served and those who gave their lives for our country. Our first fundraiser will benefit the Mother Seton School. God - Country - Family

SCHOOL & LIBRARY NEWS

Grandparents' Day

Lynn Tayler Mother Seton School

Then I was a child, I lived with my grandparents until age 7, when my previously single mother met and married my stepfather. Even though we moved away, I spent almost as much time with my grandparents as I did when I was living with them. My aunts and uncles referred to me as spoiled, and I suppose that's true; I can't imagine any grandparents who spoiled and doted on their grandchild as much as mine did. Their patience with me was infinite, as evidenced by the silly things they used to do to humor me. It's been 18 years since Grandpa passed on and 10 since Nana joined him, but not a day goes by that I don't miss them.

That was what I wanted for my own children. My own parents were too far away to have that constant companionship with my children that I had grown up with, and my dear mother-inlaw passed before my oldest was born. But we moved just a block from my husband's childhood home, where his dad still lived. From the second I brought my children home from the hospital, he was a constant in their lives. He was my go-to babysitter, and as soon as they could talk, my kids would ask when I was leaving so that Papa could come over. Like my own grandparents, he had infinite patience-he would sit on the floor, despite the arthritis, and spend hours putting together puzzles or reading the same book over and over.

When Larisa started Pre-K at Mother Seton School, we were introduced to one of the school's popular traditions most Grandparent's Day. Every September, MSS invites grandparents to celebrate the day with their grandchildren. The kids put on a little program, the grandparents visit the classrooms and take part in activities and games, and afterwards have the opportunity to take their grandchildren home with them, which most do. This was an event tailor-made for my father-in-law. He made such a big deal of the day, and Larisa thrilled to get such special treatment. When my second started Pre-K, he was excited to be included in "Papa's Day". Sadly, my father-in-law passed away at the end of Beckett's Pre-K year, and so that was the last "Papa's Day" for us. The tradition continues, quite successfully, at MSS. It's demonstrative of the value that we place on family here, and is a living part of our mission at the school to "cherish the past". This year, over 250 people attended. I was the photographer, so I witnessed firsthand how much these grandparents enjoyed spending this

day with their grandchildren. To see so many grandparents playing such an active role in their grandchildren's lives was amazing to me. Every child deserves to have that grandparent or grandparents (or grandparent-figure) in their life who will love and enjoy them as they are-no nagging about homework or cleaning their room, just unconditional love and acceptance.

The other great thing about grandparents is that they have enough love to go around when it's needed. While most students have grandparents that participate in the day, there are those like my own children who do not have someone who can visit. I'll be honest, it's a hard day for my kids because all they can think about is how much fun Papa used to make the day, and

I know it can be hard on those who are also missing grandma and grandpa. But these MSS grandparents that visit each year don't hesitate to "adopt" more grandchildren. There were times when I was taking pictures that I wasn't sure who was the grandchild and who wasn't, as both were having too much fun with the visiting grandparent. I think these grandparents realize that when they pass that milestone, they aren't just grandparents of their own family. They become the elders in our society. The truly great ones become everyone's grandparent. And that's what we celebrate each year. Their wisdom, their love, their valuesmost of all, their willingness to give of themselves. It's a wonderful example that they set for the kids, and which they will



someday emulate with their own grandchildren.

The memories my father-inlaw made with my children are something that they will forever cherish. While it's Grandparent's Day to the rest of us, for them this day will always

be "Papa's Day". For some of the other students, it might be "Nana's Day" or "Nonny and Pop-Pop's Day". Whatever memory this day becomes, I'm just grateful that my kids and their friends have the opportunity to be a part of it.





The Center for Breast Health

We know that a woman's breast health doesn't just affect her body. It affects her entire family. So we've brought together a complete team of distinguished breast care specialists-including dedicated surgeons, oncologists and radiologiststo help your family protect the women you love most. For us, this is more than our job. This is our commitment to your family.

Advanced Breast Care All in One Place

- Award-winning radiology
- Step-by-step care coordination
- Support groups, classes and more
- Nationally accredited cancer program
 The latest in breast reconstruction
- Advanced breast care specialists
- Cutting-edge clinical trials
- Complementary health services

Get care and support now. Call 410-871-7080 to talk to a nurse navigator about your questions. Learn more at CarrollHospitalCenter.org/BreastHealth



FOUR YEARS AT THE MOUNT

At the Mount, students are encouraged to discover who they are and what they believe. The result is a campus filled with passionate, opinionated individuals who fervently support worthy causes. This month, we asked our Four Years at the Mount writers to tell you a little about one of the causes for which they advocate. Responses varied from personal to worldwide causes that would all benefit from the support that our writers and readers can give them.

Freshman Year

Colton's wish Leeanne Leary MSM Class of 2017

When I was only four years old, my cousin was diagnosed with stage four Burkitt lymphoma. She was only nine years old at the time. I remember barely understanding the phone conversations that happened as a result. I was confused as to why we were going to Virginia so often when we normally only got to visit a few times a year. I was lost as to why my cousin didn't have any hair anymore and wasn't always home. So many things were changing and everyone in the family was acting differently. However, my cousin never lost her spirit. She was treated at Fairfax County Hospital on a clinical trial medication. She went through a lot, but she had so much support. I remember the quilt her classmates made her, the love her family gave, and the faith everyone had in her speedy recovery. She never backed down. She was always the rowdiest, loudest, and funniest of us all. Most importantly, she never let that go. Even at the age of nine, she knew she had to fight back.

She was recommended to the Make-A-Wish Foundation, an organization whose mission is to "grant the wishes of children with lifethreatening medical conditions to enrich the human experience with hope, strength and joy." This incredible organization realizes that it is not only the doctors or the medical treatment that make the children feel better. Make-A-Wish takes the emotional route and makes a person's dream come true, no matter how absolutely crazy or small it might be. The donors and planners of the foundation have sent families to Hawaii, made little boys into cops and pilots, brought celebrities to meet patients, built personalized dollhouses, and sent my cousin skiing in Colorado.

A common misconception of the organization is that children have to be terminally ill, or that it is only for young children. Neither of these are true; Make-A-Wish will grant a wish to anyone between 2 1/2 and 18 years of age, and anyone with a life-threatening condition, regardless of financial situation or any other factors. This organization changes lives—one every 38 minutes to be exact. Having their craziest wishes come true gives the patients something to look forward to, to fight for, and to hold on to during the hardest time of their lives.

I don't remember every detail of my cousin's battle; I don't remember much honestly. But I do remember the "Anna's better, let's party!" tshirts we made because she won. She beat a cancer she was never expected to live through. Make-A-Wish gave my cousin something to hold on to. I remember hearing all about how her wish was granted. Put simply, it's amazing. From that time on I began to see and hear more about the Make-A-Wish Foundation.

In high school, I was the member of the student Senate. Each year we chose a cause to support, and my senior year we chose the Make-A-Wish Foundation. I was beyond excited when everyone voted in favor of this cause, and we were soon assigned a child in the area. His name was Colton, and we were asked to raise \$4,000 to send him and his family on a vacation to Hawaii. We learned all about his story, his lifethreatening illness, and his wish. We never met Colton, or even learned his last name (as is policy for MakeA-Wish), but he became important to our entire student body. Everyone joined together and did their part to fundraise so that Colton could get to visit his dream destination. I designed t-shirts that were sold to students, staff, and the communityall proceeds benefitting Colton. We held dine-ins, a car wash, dress-down days, penny wars, and so much more. Everyone knew how important this was and the final amount raised was \$4,699.98; we had exceeded our goal!

The best part was watching the entire school and community come together to make a boy's wish come true. It's weird how certain things can bring a small town together. Things like football games, holidays, fire station barbeques, children, and sickness can all unite people. In this case, we were united by Colton. We didn't know him, he wasn't from our town, and we didn't even know his last name, but everyone knew how important this was to him. They knew this might be his last wish, and most importantly, they knew the good this would bring him. Causes like my cousin's and Colton's bring out the best in people and demonstrate the real meaning of community.

Working alongside Make-A-Wish was one of the best experiences I've ever had. I felt driven to remember my cousin while raising funds for Colton, but my inspiration was even simpler than that. I didn't just think this organization, its mission, and the effects it has on the patients are incredible because it was personal; the organization really is just incredible. So incredible in fact that I believe I would have been equally as passionate in my support even if I had never heard of it before. It is an experience, really, working with them and an experience, I'm sure, being on the receiving end. Watching a community come together and being a part of something so lifechanging was, in itself, life-changing for me, as well.

The Emmitsburg News-Journal staff would like to welcome Leeanne Leary to our team. Leeanne is a freshman at Mount St. Mary's University, and she brings with her valuable experience in the fields of Journalism, Marketing, and Graphic Design. She held countless leadership positions with her high school's nationally-ranked yearbook, and she looks forward to using those experiences as she delves deeper into the world of Journalism. She is a passionate writer with an artistic eye, and we look forward to sharing her experiences with you as the new Freshman writer for the Four Years at the Mount column.

Sophomore Year

I support you Lydia Olsen MSM Class of 2016

To the Musician:

You've finally gotten your big break! You are convinced that you are on the road to fame. That is, if anyone spots you playing once a month in the local coffee shop. Nonetheless, you go out and get new guitar strings and tune them up just right. You grab some extra picks just in case. You've been taking longer showers to get all of your vocal exercises in, and so far it sounds like it's paying off. Yet, you are faced with the common belief that you will never make it and that it isn't possible for you to earn a reliable wage from playing a few gigs every now and again. Instead of letting this defeat you, you use it as fuel, and it empowers you to seek and work towards your passions rather than letting them get you down. You know the odds aren't in your

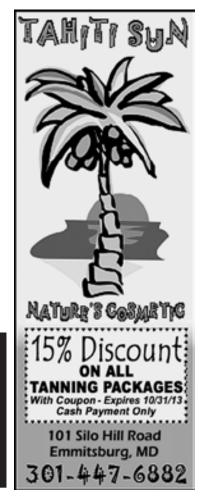
favor, but you are doing what you love, and it makes you happy. Come performance day, you are blowing up all the social media sites with posts and e-vites to everyone within 100 miles of the gig. After the show, you are feeling confident and even more passionate about your music. When someone gets up and walks your way, you pull out that Sharpie you had so casually slipped into your pocket earlier. When she gets closer, you are extremely excited that she has admired your work. However, when she speaks, all she does is ask for directions to the nearest tourist attraction. Well, at least all that penmanship practice will be useful for something.

demonstrate how great it truly is. Come presentation day you anxiously tap your fingers on the table as your coworkers file into the room and take a seat. When your boss enters you start to question your confidence and wonder if what you have to offer is adequate. You stand and hope that your knees don't buckle. You try to take a final deep breath before clicking through the slides. Your nerves cause you to rush and make your sentences jumble. You try imagining everyone in his or her underwear but that only makes you more uncomfortable. It took you a little while, but you finally got into the groove and everything started to flow perfectly. You make it to the end, and you are more than satisfied with how things went. Yet, once you stop talking, the crickets in the room seem to be getting louder, and everyone's eyes are fixed and have yet to shift away from you. Sec-

her coffee from a mug with the college logo purposely positioned in your direction while Dad knows you'll make the right decision based on where he went. Lists of pros and cons line your notebook but always end up being even. You are so confused and lost. Don't let it worry you. You will find your place if you choose with your heart. Even though you don't want it to influence you, what your parents think does have a great impact on you, and part of you is convinced that dad wasn't joking when he said that you couldn't live in his house if you didn't attend his alma mater. Despite what you think, he actually wants you to be happy. You complete the applications for the schools your folks want you to attend and stick them in the mailbox knowing your family is satisfied. But what about your feelings? When the mailman comes the next day, make sure you run out and hand him that envelope you've been hiding...the envelope with the application to the school your heart is truly set on.

a simple smile of reassurance, and other times when we actually need an extended hand. Sometimes all that is essential is to know that someone is there for us and that we don't have to bear the weight alone. Weight is meant to be distributed and we are made to take on the burdens of others. I encourage you to reach out with your hands and with your heart so that you may become a means of support. Let there be room on others' shoulders for you and let your shoulders be open for others.

To read other articles by Lydia visit the Authors section of Emmitsburg.net.



To the Presenter:

I know you have that big conference at work coming up. You've been trying to turn a new idea into a fresh reality. It's a concept you've been thinking about for years. Finally, you have the courage to

onds pass like hours before someone finally clears their throat and begins to speak.

To the Prospective Student:

You are so stressed about which college is the right fit for you. The courses at one look more interesting, but the other offers your intended major. The one has a sweatshirt that looks so good on you, but the other's mascot is way cooler. Your best friend is going to one, but you know more people going to the other. Mom daims it's entirely up to you as she sips

To the Musician, the Presenter, the Student, and everyone in between:

The greatest cause that we can ever support is each other. It is imperative that we care about the well being of those in our local and global communities. How much better would the world be if people always had your back? If someone was there to catch you should you fall? There are times when all we need is

FOR RENT

In town, 2nd floor, semi-furnished, efficiency apartment for rent during the MSM school year. All utilities included in the rent. Call 301-447-2151



ADVOCATING FOR WORTHY CAUSES

Junior Year

Res life's the life for me

Kvle Ott MSM Class of 2015

To throw your support behind **L** something is to throw the weight of your whole being into it. As the old adage goes, where your love is, is where you'll be, and the same holds true for the things that you're doing. If you truly love something, then of course you'll be there, and you'll support it every single day. It seeps into what you do, and who you are.

It may seem odd, but the hard truth of the matter is that I never really had something that I truly supported. That's not to say that I didn't like certain things. On the contrary I REALLY liked certain things. There was nothing better than going out for a long drive with my friends in high school and getting into random adventures. I seriously enjoyed pizza,

and as my steadily increasing gut can attest to, I enjoy it a little too much. But to care about something and to support something, to give it a part of yourself so that it may succeed, is a rare thing-at least for me. Then, being a member of Residence Life came into my life.

I joined the "thin blue line" of Resident Assistants (RAs) when I was a sophomore, and I quickly fell in love with the job. It was something truly amazing to not only be put in charge of enforcing policy, but to also be entrusted with the growth and development of an amazing group of young men. Within a few weeks I came to regard the 20 or so residents that lived in my hall as "my boys," and they knew it. We went to breakfast three times a week. We did homework together, played video games, went on

the time-honored Mount journey that is "the Sheetz Run" together. Within a few months, we became a family. They were a pack of younger brothers to me, and they never ceased to amuse me with their antics. I was a mentor figure to them, someone they could come to for advice. Little by little, I fell in love with the job and with the role that I got to play. Little by little, it started to become something that I passionately supported. I found myself getting up every single day being excited about building something that I could leave behind, something that my residents would fondly remember long after they left my hall.

That love affair with my job that began my first year as an RA expanded this year when I took on a greater role in Res Life as an Area Coordinator. An Area Coordinator is the RA assigned to assist other RAs in their programming, to be there when they have questions about the job or a concern that they felt like they couldn't handle on their own. When I started my journey to becoming an AC, I was honestly unsure of my abilities. I had already done my fair share of leadership, but this was a step above and beyond what I had ever done before. To be a leader was one thing, but to be a mentor for an entire group of leaders was something completely different. Like the prophet Jonah, I sort of wavered awkwardly in the space of whether or not I would take the job. There were days when I would sort of sit around and wonder if I had the right stuff for the job. Then there would be mornings where I would roll out of bed, stretch my arms and declare on that day, "I GOT THIS."

In the end, it was a simple word of encouragement from one of the Professional Staff members that set me loose on the path toward being AC. I figured, why not? The worse that could happen is that I could get denied the position and start another year as an RA.

A few months later, I had the position that I was so nervous about getting in the first place, and I began a new chapter of my life. I had the chance to not only help my hall grow and change, but to also mentor an entire group of wonderful RAs who were doing the same for their residents. My Res Life family didn't change, it just grew bigger, and I got to see what it was like to help something grow from its very beginning. That's how I grew from not only just loving my job, to also supporting it. To being confident and comfortable enough to help the RAs and residents that I love. It is a task to which I have not stopped giving all of my effort and strength. Whenever an RA comes to me with a question about the process or a resident asks if we can hang out, I find myself mentally re-committing to my position and my department. With any luck, all of us can find something that we are so dedicated to that it becomes second nature to throw our strength behind it. May you find that task that asks—no demands your full strength. Until then, I'm Kyle Ott. Won't you sit and read for a while?

To read other articles by Kyle visit the Authors section of Emmitsburg.net.

Senior Year

Two birds, one stone

Nicole Jones MSM Class of 2014

f you looked at my bedroom, Lyou would never believe that when I was little I had trouble reading. Books are everywhere. On the bookshelf, on the nightstand, on the ground, in the closet. The written word is one of my passions. That's why, when I received an email from World Wide Book Drive, I knew I had to play my part.

Two years ago, my sophomore year of college, I started a Harry Potter club on campus. It was a fantasy book nerd's paradise, and like every campus club at the time, we were required to do at least one community service activity to stay in operation.

At the same time, my roommate tion box. We heaved and hauled organization was legitimate. And We only had one semester to coland friend Olivia Gorman signed that intentions matter. and tossed over 1,500 books into lect donations, and only a couple of up for the Susan G. Komen Threethe best part? For each book donatthe bed of my little blue Ford Ranged that fit their (very specific) critebooks a day was not going to raise Day Walk. This event is a 60-mile To read other articles by Nicole visit the er until they threatened to flow over walk over the course of three days ria, World Wide Book Drive would enough to send Olivia on her three-Authors section of Emmitsburg.net. the tailgate. that raises money for national re- in turn pay us one dollar. The stars day walk.

search on breast cancer. She hit one snag in the plan, however. In order to participate, Olivia had to raise \$2,300. That would put a dent in most people's pockets, let alone a poor college student's. Her friends and family donated what they could to the cause, but it was a slow-going train to nowhere. That's when God seemed to intervene, and I received an email from World Wide Book Drive.

They were scouting schools for students or faculty interested in donating books to their cause for global literacy. At first, it sounded too good to be true, and as the saying goes, if it sounds too good to be true, it probably is. I did a little research and looked into the organization. Everything I found was positive and from what I could tell, the

seemed to align. What a perfect way to raise money for Olivia while donating books to those in need!

I emailed the book drive for more information. A couple weeks later, four large donation boxes were shipped to me in the mail along with a sample flyer to get me started. With some help, I placed the boxes throughout campus - in the dining hall, the academic buildings, and even a residence hall. I redesigned the flyer to include information about the Susan G. Komen Three-Day, so that students could know the club's dual purpose. I made fifty copies and plastered the flyers everywhere on campus and handed them out in my classes. We waited. Slowly, books started to find their way into the boxes.

Every day I peered into the bottomless boxes, hoping to find just one more book looking up at me. Some days there were and some days there weren't. That's when I decided that I was not doing enough.

I started advocating among the faculty. After every class, I asked my professors if they had any unwanted books. I encouraged Olivia to do the same. Professor after professor offered piles of books for donation. As a thank-you gesture, we offered to haul the books away for them. I set up appointments with them and, with friends and bags and wheeled suitcases in tow, we travelled around campus picking up books. Looking back on this, we probably could have just tossed the books into one of the donation boxes, but we instead took the initiative to haul them to our room and stack them neatly against the wall. The pile climbed to meet the windowsill, and more books continued to trickle in.

The end of the semester rolled around, and it was time to collect our lot. We started by clearing out the book infestation in our dorm room, and then we made a trip around campus to each collec-

Unloading the books was much faster. Everything from chemistry textbooks to Dr. Seuss was loaded into boxes, stacked on a pallet, and wrapped in plastic, just waiting to be picked up. In the end, the book drive's criterion was too specific for it to be a very profitable endeavor. I admit it was extremely disappointing when our \$25 check arrived in the mail. Worse yet was having to break the news to Olivia. Despite it all, I still consider the whole endeavor a great learning experience.

Looking back, I think perhaps my two-birds-with-one-stone method was the wrong approach to take. When I should have seen books piled in the back of my truck, I saw dollar signs. Even though I did donate the profits, I still approached the book drive as a way to gain rather than to give. I was putting my friend's needs above those of the illiterate. Both are equally important, and both benefited, but I know that my motivations were flawed. If there was one lesson I took away from this literary adventure, it was



THE GRADUATE We are his body

Megan Kinsella MSM Class of 2013

ctober marks the beginning of the third month that I have been in Lafayette, Louisiana, serving as a missionary to the college students at the University of Louisiana. One of my biggest tasks thus far has been reaching out to students and inviting them to the bible studies I lead throughout the week. During the women's basketball team bible study a few weeks ago, we were talking about love and how some parts of our culture seem to have a somewhat warped view of what love truly is. A lot of times, our culture tells us that love is a feeling, an emotional high experience, something that just "happens" to us. But, through discussion and very heartfelt questions, the girls started to paint a true picture of love. They talked about how love is turning the other cheek and forgiving that person in your life that just keeps hurting you. Love is choosing to will the good of another, even if it not something you necessarily want to do in the moment. It is laying down your own desires and needs-laying down your whole life-for another person.

That bible study made me look back on all the weeks I have been here and all the different girls I have met and talked to, and there is a theme that runs through every single conversation

I have had: we all just want to be loved. That sounds so silly and mundane at first, but when you actually take time to talk to people about their lives, ask them why they are angry, why they are sad, why they are anxious and stressed out, the deepest, most hidden, and most universal answer is always going to be that they don't know or feel that they are loved. To be loved is our deepest human desire, and it is the strongest force in the world.

Our presence in the lives of others is our greatest gift, and when we give that to people selflessly and honestly, they can know for sure that they are loved, that they are worthy of someone else's time. People just need someone to talk to, someone to actually listen to them, and this campus is no exception.

There's Dana*, who admitted to me the other day that for 19 years of her life, she has never liked herself. For four hours (and maybe 40 laps around campus), I listened to her story: ever since she can remember, her mom has called her names, and her classmates growing up tormented her for her weight. All of her actions are motivated by a deep-seated self-hatred, and she does not believe she is worthy of love. Why would she believe that if throughout her entire life she has been given the exact opposite message?

Then there's Anna, who was sexually abused from a very young age by a member of her family. She is tormented by feelings of shame, selfloathing, and loneliness. She tells me about how everyone in her life has always left her, even her parents, who have always been emotionally distant. I can see in her eyes that she does not know love or her own worth and beauty.

Abby, a Division One athlete here at UL, comes from a fragmented home. She and her siblings all come from five marriages-all five of them have different sets of parents. Her entire life, she has had to fight her siblings for the affection of her parents. She has opened up to me very slowly over the two months we've known each other, but I've learned the most by overhearing her phone conversations with her parents. I can hear the anger and pain in her voice, even when she tells me she's "fine."

And then there's Maria, another athlete here at UL who, for her entire life, has been given the message by her parents and coaches that she is only worthy of love if her performance is up to their standards. When she performs well, they are happy, and when she performs poorly, they are furious. She is constantly being evaluated, scrupulously watched and picked apart. Her worth as an athlete has become inseparable from her worth as a human being, and it is tearing her apart. Imagine if the love of everyone close to us depended on our performance, instead of being unconditional and freely given.

We have all been hurt in some way; we've been let down or left alone in a time of great need. But this is not the end of the story for us, or anyone else. Our pain and brokenness is actually only the prelude to it all. The real story begins when we are able to realize how deeply and intimately we are loved by the only One who loves perfectly.

After listening to each of these girls, sometimes for hours, I make sure to tell them how much I love them. And then I like to tell them about the Parable of the Merciful Father. We all know this story as the Parable of the Prodigal Son-the story of the bratty son who wishes death upon his father by asking for his inheritance, then goes off into distant lands and spends it all on booze and a reckless lifestyle. But, this story is not so much about our identity as sinners. Rather, it is meant to tell us something about the identity of the loving, merciful father-our Heavenly Father. The Father who does not care about what we do or our performance. The Father who is always waiting for us to come home to Him, so that He can show us how deeply and truly He loves us. The Father who cares deeply for us simply because of who we are, and not what we can accomplish or what has happened to us in our lives. The Father who loves us because we are His daughters and sons, and that is all that matters to Him.

That is what I am here for, and

ultimately what we all exist for. I am here to love. I am here to be a signpost, pointing everyone I meet to Christ, who loves us far beyond our wildest imaginings. I am not here to lead bible studies, to have lunch meetings with students, to plan retreats and lecture series. Yes, those things are all wonderful tools to be used. But they are the means to the end, not the end itself. And the end itself is love. Every person in this world, from the youngest, sweetest child to the seemingly toughest, most hardened individual, just wants to be loved. That's it. Nothing else. And that is why we are here. The great mission of our time on this earth: to love one another, as Christ has loved us.

Christ has no body now but yours, No hands, no feet on earth but yours. Yours are the eyes with which he looks Compassion on this world, Yours are the feet with which he walks to do good, Yours are the hands with which he blesses all the world. Yours are the hands, yours are the feet, Yours are the eyes, you are his body. -Teresa of Avila

*Names have been changed.

Megan graduated from the Mount in May and is now serving as a missionary with FOCUS, the Fellowship of Catholic University Students. Contact her by email (megan. Kinsella@focus.org) for more information about FOCUS and her work at ULL.



We will be closed October 23rd - 30th!

Bob & Phill Mort Locally Owned & Operated

QUALITY TIRE SERVICE 17650 Creamery Rd. • Emmitsburg, MD • 301-447-2909 • Call Toll Free 1-800-717-2909

THE VILLAGE IDIOT

Before you go to war Heroin in Emmitsburg sions, a bit more stops your hear Of slightly less concern, was the

Jack Deatherage, Jr.

Part 3

The engine of my motorcycle pinged as it cooled. I leaned back against the sissy bar listening to a close friend and a passing acquaintance haggle over the price of a baggie of white powder. The deal was struck, money changed hands, the acquaintance nodded to me and was gone. The close friend, a man I'd know as a teenager (we'd fished along the creek, hunted birds together, gotten drunk together, risked our lives together on more than one occasion) turned to me and glared.

"Don't even start about my buying cocaine."

I shrugged. "I'm curious is all. You love your pot. Why're you buying coke?"

He calmed a bit. "I hate coke. But that damned Nancy Reagan has driven all the pot out of the area." He shrugs. "This is the next best thing, and it's cheap."

So cocaine swept in to fill the void the Reagan's War on Drugs had created. Not that coke hadn't been around before Nancy's crusade. I knew a few people who liked the powder, just as I knew various pharmaceuticals had come and gone through this place during the years marijuana was the drug of choice among those who weren't dedicated drunks. LSD, PCP, crystal meth and opium had been in the area as well. It was coke that quickly became the drug of choice. I watched people change as they began snorting. Many of them became nasty, too nasty and suspicious of anyone not sharing their habits. I stopped hanging around with them.

Now there is a growing crusade against heroin. Hooray. Bust them dealers and pushers. Drive them on out of here. Show the world this place won't tolerate such a drug.

Excuse me while I yawn.

Where was I? Oh, so what fills the void if heroin becomes scarce?

We played board games, some so complex as to baffle young minds (Monopoly was literally child's play compared to the Avalon Hill board games we use to spread out over two dining tables and spend three days playing) and still we took up drugs. Maybe because no one spent money on amusing us?

Oh well, throwing someone else's money at a problem seems to be the default solution. Though the problem always gets worse because the root cause is never addressed. After the heroin has been chased away and money has been pissed away on entertaining the youth, what drug will fill the void? There will be another drug.

Ten years or so ago, when I first heard heroin had found a home in this place, I mentioned the growing problem to some of my older friends in the Pagan community. These are fellows who did the "searching for God" routine via magic mushrooms and LSD when they were mere college kids. They tell me there is no high attainable through drugs that can't be reached by way of meditation, but hey, who wants to work at getting high? Sucking a one-hit pot pipe (one hit because today's marijuana is more potent than what I inhaled decades ago) or slipping a needle into a vein is so much quicker and easier than sitting for hours a day, for years, learning to control one's mind. "F' dat! I wanna get high now!"

Anyhow, the void filling drug is probably going to be one, or several of the many growing wild and/or cultivated in our yards and gardens. Yep. The Pagans warned me not to write about Nature's pharmacopoeia growing all around us, but there's this thing called the Internet? Seems like the kids have begun to explore it and what are they finding? Yep, lists of readily available drug sources growing all around them.

One of the reasons the Pagans asked me to avoid writing about these "everywhere" drugs was because of the uncertain nature of their potency "a bit brings you visions, a bit more stops your heart". Of slightly less concern, was the drugs' twisting of reality in such a way as the user can't distinguish the induced hallucination from the real world.

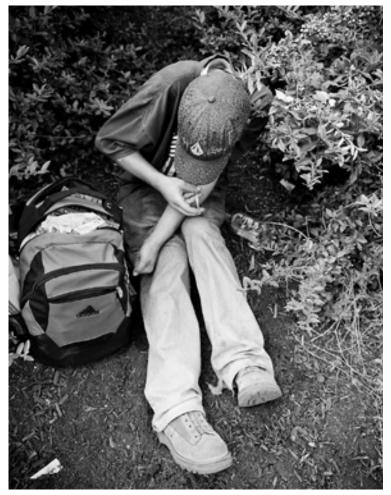
My own Net surfing didn't turn up such concerns about these plant drugs. Mostly the sites cautioned about the toxicity and side effects like shakes, chills, fevers and vomiting. Yeah, those are highs I'd look for.

Then I talked to a boy who'd found something interesting online and readily available near his home. He and a friend took a chance and discovered those less than pleasant side effects. He spent some time puking his guts out in a closet after being chased out of a woods by a few African lions.

Now there are a couple of places within a lion's ranging of this place that keep African lions, but I've never heard of them letting lions escape. Neither had the boys when the drug put those beasts before them. Telling each other the lions weren't real did nothing to stop the lions' charging them. Screaming in terror the boys fled the woods shouting, "They aren't real! They aren't real!" as the drug made them oh so very real.

A somewhat older boy related a story about some mushrooms he found in a cow pasture. After happily eating them and enjoying the high, he found himself surrounded by a curious herd of cows. Not being a farm boy, or in his right mind, he panicked when the herd bull confronted him and fled the field screaming as the herd chased him. Years later, he still shudders when he sees a herd of cows.

So, the "new" old drugs are here in the wings waiting for their stage call. How are the-powers-that-be going to handle this coming tragedy? I think, not well, based on all I've witnessed since first hearing of classmates at CHS overdosing back in 1971. Of course, the failures have been running without let up since the first Wise Man (Homo sapiens) discovered a consciousness-altering substance, probably a mushroom.



With the death of a Fairfield youth last month, the local death count due to heroin use now stands at 6 in the past 12 months. How many more need to die before the community wakes up to the issue?

While there are mycologists who theorize that hallucinogenic 'shrooms caused Early Man's mind to expand, leading to a larger brain, I have my doubts that the drugs we abuse today are taking us in that direction. As a matter of coincidence, another young cousin recently found what comes next via an overdose of heroin.

I'm sick of this topic, but the why of drug usage needs be addressed before any plan begins to change the situation here.

To read past editions of the Village Idiot, visit the Authors section of Emmitsburg.net.



Well, we'll spend money on amusing the kids so they won't turn to drugs!

Hmm... we fished, hunted, played war games in the woods, fields and barns. We collected and built model cars and planes, battleships and tanks. We read books and made up stories. Some of us took up paints and brushes and created worlds on canvas. We hiked up mountains and waded creeks for miles discovering all kinds of critters we'd not seen outside of schoolbooks. We chased each other through the graveyards playing "Fox and Hounds". We formed impromptu ball games and sent each other home sometimes bloody and broken, but always with stories to tell. We held weekend long poker and bridge games, weeklong chess battles.





ARTS AND FESTIVALS

Mount & Thurmont Thespians team up!

Spence Watson

Text month's season opener for the Thespians, "Musical Comedy Murders of 1940" features Mount Saint Mary's graduates, faculty, faculty spouses and a current sophomore in the cast. This mystery-spoof by John Bishop is a satirical look at the pre-war Broadway musical theatre with a twist - there's homicidal maniac (or maybe two?) roaming the Mansion of a wealthy German "angel" which is the setting of the play. It seems the last show this creative team had three fatal stabbings of its chorus girls on its pre-Broadway run-up and the identity of the "Stage Door Slasher", as the killer became known in the New York Press, was never found. 1994 MSM Graduate in Theatre Arts, Michael Brown is directing this diabolical plot-line with the help of other Mount St. Mary's cast that will open for six performances November 1-3 and November 8-10 at the American Legion Auditorium on 8 Park Lane in Thurmont. The storyline begins with the cre-

ative team responsible for a recent Broadway flop assemble for a backer's audition of their new show shows up in the middle of a blizzard at the Chappaqua, NY home of Elsa Grossenknutten, a wealthy producer. The house is replete with sliding panels, secret passageways and a German maid who is apparently four different people-all of which figure diabolically in the comic mayhem that follows when the "Slasher" makes his appearance and strikes again-and again. As the composer, lyricist and actors and director prepare their performance, and a blizzard cuts off any possible retreat, bodies start to drop in plain sight, knives spring out of nowhere, masked figures drag their victims behind swiveling bookcases and accusing fingers point in all directions. With no thanks to the bumbling police detective, the mystery is solved in the nick of time and the "Slasher" unmasked - but

not before the audience has been treated to a sidesplitting good time and a generous serving of the author's biting, satiric and refreshingly irreverent wit.

The cast co-stars current MSM sophomore, Rosalyn Smaldone as "Nikki", a budding actress and dancer. The role of Sargeant Kelly, an undercover NY policeman is played by Dr. Greg Ochoa, Dean of Academic Affairs at the MSM Frederick campus. Also featured in the role of Margorie Baverstock, a co-producer is 1982 Mount Saint Mary's graduate in music and theatre, Eileen (Dwyer) Collins and Paul Smaldone (father of Rosalyn and husband to MSM Seminary Executive Secretary Paula Smaldone) plays the role of Roger, the musical composer.

Also featured in the cast are Kyle Tirak of Frederick, who plays Eddie the comedian; Bill Collins of Thurmont plays the director, Ken DelaMaize; O'Reilly the Irish tenor is played by Ben Mathis of Thurmont; Elsa Grossenknutten is played by Holly Rife of Sabillasville(the



The Thurmont Thespians' upcoming fall production of "The Musical Comedy Murders of 1940" co-stars Mount Saint Mary's personalities (left to right): Eileen (Dwyer) Collins, C'82, Dr. Greg Ochoa, current Dean of Academic Affairs at the Frederick campus, Rosalyn Smaldone, C'16 (above): Paul Smaldone, father of Rosalyn and husband of Paula Smaldone, currently on the Seminary staff.

Chief Ranger at Catoctin Mountain Park); Jennifer Brown of Woodsboro





plays the role of Bernice the production lyricist; and newcomer Nicole Covington from Braddock Heights plays the various reincarnations of Helsa, a German Maid.

Tickets for "Musical Comedy Murders of 1940" are only \$15 including free intermission snacks and refreshments at every performance except the dinner theater. There will be one dinner theatre evening on Saturday, November 9 starting at 6:30PM catered by Mountain Gate Restaurant with a cash bar open before and during the show for \$35, including the show and dinner. Early reservations for all seats and the dinner theatre evening may be made by calling Mrs. Urian at 301-271-7613.

Thurmont Thespians upcoming fall production of "Musical Comedy Murders of 1940 co-stars these Mount Saint Mary's personalities: (left to Right – Eileen (Dwyer) Collins, Class of 1982, Dr. Greg Ochoa, current Dean of Academic Affairs at the Frederick campus, Rosalyn Smaldone, Class of 2016 (Below): Paul Smaldone, Class of 2016 (Below): Paul Smaldone, father of Rosalyn and husband to Paula Smaldone, currently on the staff of the Seminary. The show opens November 1 for two weekends at the American Legion Auditorium, 8 Park Lane in Thurmont. Call 301-271-7613 for reservations.

Thurmont Thespians upcoming fall production of "Musical Comedy Murders of 1940 is under the direction of 1994 Mount Saint Mary's graduate theatre major Michael Brown (above) The show opens November 1 for two weekends at the American Legion Auditorium, 8 Park Lane in Thurmont. Call 301-271-7613 for reservations. Thurmont Thespians upcoming fall production of "Musical Comedy Murders of 1940 co-stars these Mount Saint Mary's personalities: (left to Right - Eileen (Dwyer) Collins, Class of 1982, Dr. Greg Ochoa, current Dean of Academic Affairs at the Frederick campus, Rosalyn Smaldone, Class of 2016 with show director Michael Brown, Class of 1994. Paul Smaldone (below), is father of Rosalyn and husband to Paula Smaldone, currently on the staff of the Seminary. The show opens November 1 for two weekends at the American Legion Auditorium, 8 Park Lane in Thurmont. Call 301-271-7613 for reservations.

soup pon ervices M.R. Glaziers, Inc. School Safaris, Inc. Specialty Granules, Inc. Thomas Publications Village Book & Table Restaurant SPONSORS C.S. Davidson, Inc. El Vista Orchards, Inc. Jester's Computer Services McKesson House Polish Pottery Monahan Funeral Home FRIENDS Dr. Bonita Portier - EOPCC Needle and Thread Nextstep Martial Arts APPLE DONATIONS Barlow's Orchard ~ Hollabaugh's Orchard Kump Orchard ~ McDannell Farm Oyler's Organic Farm ~ Sandoe's Orchard SPECO ~ Strasbaugh Orchard Woerner's Orchard OTHER DONATIONS Dorothy Corbin Fairfield Landscaping Jim Landis Doug Laptook The Links at Gettysburg S&A Homes



Featuring

Live Music by Hard Swimmin' Fish Fall Fest Beer and Wine Tasting Chairlift Rides Pumpkin Decorating Scarecrow and Ghost Making Delicious Food and Much Much More!

Also, be sure to stop by our 4th Annual Fall Fest Equipment Swap! Consign your gear or shop for new!

Swap & Sale Hours: October 19 8am-4pm & October 20 (Fall Fest) 9am-4pm

www.LibertyMountainResort.com 78 Country Club Trail Carroll Valley, Pa. 17320 (717) 642-8282

ARTS AND FESTIVALS

Getting water from wood

Caroline King MSM Class of 2015

Tf you walk into the art gallery in the Delaplaine Fine Arts Center, located on the Mount Saint Mary's University campus directly in front of the IC chapel, you might make the mistake of thinking that you've wandered into a hidden alcove tucked away somewhere in the forest. Certainly the soft scents of cedar and pine that wash over you when entering the gallery seem to suggest that. The pieces on display in the gallery are so organic, so expressive of the nature they're derived from, that it feels like you might stumble upon something like them on a walk through the trees behind campus rather than finding them inside a building. But these "Mid-Summer Night's Dreamesque" pieces of art are less random happenings of nature and more thoughtfully planned out tamings of wood and other natural elements, created by an artist with full control over her chosen medium.

The artist, Rachel Rotenberg, has created some simply incredible pieces that are on display now. Born in Toronto, Rotenberg received her BFA from York University and is now living in Baltimore with her family. The gallery show, on display until October 10, features items that you would be hard-pressed to find anywhere else. Each piece is so creative and unique, as is the technique that went into making them. Rotenberg has been featured in many different galleries, several schools and colleges, and countless museums. She has exhibited her sculpture in the Baltimore Museum of Art, the Delaware Art Museum, the Hillyer Arts Gallery in Washington, D.C., as well as Towson University, Saint Joseph's University, the Maryland Institute College of Art, and of course, the Delaplaine Visual Arts Center. Her pieces have been featured in galleries since 1983 and now, in 2013, she has come to perhaps her greatest venue yet, the Mount! She's received many awards, including the Art MD 2010 first prize and the 2009 Creative Baltimore Award. It is no surprise that she has been so recognized, as her pieces are so uniquely created, a perfect blend of natural and created elements.

When I attended the gallery opening earlier in August, I had the privilege to hear Rotenberg talk about her artistic process, and I even got to look through her sketchbook. Seeing the artistic process was amazing; it's hard to believe that those simple sketches turned into wall sized threedimensional creations. She has stated on her website, "I begin with drawings. The forms emerge through the pencil lines as I narrate my interior dialogue. With my pencil and eraser, I push the shapes around the page, working the ideas until an image emerges, one that 'calls out.' I begin to cut and join cedar beams to one another, sometimes incorporating sections of twisting vines. I find the details throughout the construction process. I return to my sketch book often. It is important to me to stay flexible and open." Her pieces reflect her planning in a way that makes it seem that the wood simply twisted itself around and naturally grew that way. These works of art are so unique due to their simple flexibility. She certainly lived up to her artist statement, in which she claims, "My goal is to engage the observer in this moment. By hanging, wrap-



This piece by artist Rachel Rotenberg, entitled Echo, was created from wood and oil paint.

ping, weaving, and folding wood forms into themselves and into the spaces they encompass, I present a physical presence that invites the viewer to experience the whole and then to be drawn into the details of their inner and outer surfaces. My sculptures are muscular movements with intimate, provocative and at times humorous moments." The movement found in her pieces is just amazing, and the stories are there, each presenting something different to every individual who sees them.

All the pieces are wood-based, some with vines and metal adorning them, but every single one of her designs are derived from trees and curve as naturally as water. You'll find it difficult to fight the desire to reach out and run your hands over the wood. Certainly the single questions in my mind as I looked at these pieces during the opening of the gallery was, "How do they do that? How did she get them to do that?" At one point I had convinced myself she cultivated and grew the trees she used in her works herself, guiding them through their growth to make them twist the way she wanted. Her pieces just seem too organic and natural with their movement to think they had been forced into being created that way. Rotenberg has taken the very quality of solidness that wood is and manipulated it, making it soft and flexible. My personal favorite piece is titled Limn. It is a large blue creation standing by itself in the center of the room and it was created out of cedar, vine, and oil paint. But it is so natural in its curving movement that you would have no hint of what it is derived from unless you looked inside to see the grain and paneling of the wood used. In fact, this piece seems to resemble a knotted seashell more than slots of wood and bits of lumber. I had to put my hands in my pockets several times to stop myself from reaching out and following the impossible curve of the wood with my fingers. These pieces almost seem to cry out that they want you to touch them; they're extremely interactive.

Her pieces are not just physically fascinating; with several pieces titled as things such as Intervention, stories start to form behind the grains of wood and coatings of paint. The very deliberate usage of vines

Tues, Oct. 29 Thru Dec. 17

10:00 a.m.-11:00 a.m. \$85 (Nonmembers \$95)

and metal in some cases form very expressive pieces, and I'm sure many people have taken away numerous different things from them.

Perhaps the most intriguing piece to me is hung on the far wall of the Delaplaine gallery. Titled simply Echo, it is the only piece that breaks away from the strictly organic mediums to include bits of wire and metal. Reminiscent of perhaps a clock or an old-fashioned phone, this piece has a definite story behind it, though what that story is is up to the observer. A friend and I stood there, staring at the still twisted and flowing piece and wondered why the artist decided to make this choice of metal when none of the other pieces seemed to hold it. I am not ashamed to admit that we got into a little bit of an debate, arguing over what the twisted metal meant for longer than I would have thought a piece could hold my attention. Even with the introduction of non-organic materials on some pieces, they all retain the same flowing sort of feeling.

The movement in all these pieces attracts your eye and makes you wonder once again how anyone could coax water out of wood. Without losing any of the qualities of the nature she used in the pieces, Rotenberg still managed to make the wood flow seamlessly under her hands. All the pieces seem extremely delicate and fluid, like cloth or perhaps a delicate silk curtain more than an unbendable tree. Her dever integration of vines that twist around the pieces like ribbons only increas-

es the movement of the pieces and serves to leave one breathless as they wonder how anyone could coax these shapes and weaving structures out of cedar and wood.

I won't soon forget seeing these incredible, large pieces of art. Out of all the galleries I have been to. this has to be one of the most unique. It is no surprise that Rotenberg's art has been so widely recognized throughout Canada and America. Her skill in her medium is unrivaled. I've never seen anyone make something so inflexible bend so easily to their will, and manage to keep the soft elements of nature in it. She doesn't even disrupt the natural feel with the paint that she uses to bring the pieces together. In fact, it is introduced so seamlessly into the piece that you feel like the tree she harvested for her art must have grown the paint instead of bark. To experience a truly mastered and unique approach of storytelling combined with skillful art, I would strongly urge you to visit the Mount Saint Mary's art gallery, located in the Delaplaine Fine Arts Center.

If you find yourself with time, a trip to this gallery at Mount Saint Mary's will provide not only a decent day trip and reprieve from the ordinary, but it will also provide an amazing opportunity to see a celebrated artist's work. The gallery hours are Monday, Wednesday, and Friday from 9 a.m. to 3 p.m., and Tuesdays and Thursdays from 10 a.m. to 1 p.m., and 2 p.m. to 4 p.m. There is no charge to view the gallery. To get in contact with the gallery staff, call the Mount St. Mary's Department of Visual and Performing Arts at (301) 447-5308. You can also check out more of Rachel Rotenberg's work and history as an artist at www.rachelrotenberg.com.



Monday, Nov. 4, 5- p.m. \$53 (Nonmembers \$57) Serious Sourdough Series Mon., Oct. 7, 14, 21, 6-8 p.m. \$110 (Nonmembers \$121) Time For Tarts Monday, Oct. 28, 6-8 p.m. \$32 (Nonmembers) \$35) Wines For The Season Monday, Nov. 11, 6-8 p.m. \$61 (Nonmembers \$64) Sushi 101 Wed. Oct. 16, 5-7:30 p.m. \$49 (Nonmembers \$52) Mixed Media Tues., Oct. 1, 8, 15 & 22 9:30 a.m. - 12:00 p.m. \$106 (Nonmembers \$119) Painting Portraits/Figures Sat., Oct. 12, 9:30a.m.-3:30p.m. S64 (Nonmembe Basic Drawing bers \$119) Mondays, Oct. 28 Nov. 4, 11 & 18 10:00 a.m.-12:00 p.m. \$85 (Nonmembers \$95) Look Out, You're Gonna Love Them! Thurs., Oct. 3, 10, 17 & 24, 2:00 p.m. 4:00 p.m. \$90 (Nonmembers \$100) Colored Pencil: Dark-To-Light Dramatic Lighting Mondays, Sept. 30, Oct. 7, 21, & 28, 6:00 p.m.-8:00 p.m. \$85 (Nonmembers \$95) Observe & Draw Mondays, Nov. 4, 11, 18 & 25, 6:00 p.m.-8:00 p.m. \$85 (Nonmembers \$95)

NLESS NOTED, TUITION INCLU

Monday, Nov. 4, 5- p.m.

Carrvas & Wire Fun Night! 2 Sessions: (1) Thurs., Nov.7, & (2) Thurs., Dec. 5, 6-8:30 p.m. \$45 (Nonmembers \$48) Shooting Gettysburg Stocking deficiency (Photographically) Sat, Oct. 5, 12, 19 & 26, 9:30 p.m.-11:30 p.m. \$85 (Nonmembers \$95) Intro To Digital Photography Mon., Oct. 7, 14, 21 & 28, 6:00 a.m. \$000 p.m. 6:00 a.m.-8:00 p.m. \$85 (Nonmembers \$95) Intro To Adobe Photoshop Thurs., Oct. 3, 10, 17 & 24, 6:00 p.m.-8:00 p.m. \$85 (Nonmembers \$95) Creative Photography Using Camera & Photoshop Wed., Oct. 30, Nov. 6, 13, 20, 6:00 p.m.-8:00 p.m. \$85 (Nonmembers \$95) Making Extra Bucks As A Freelance Writer Thurs., Nov. 7, 14, 21, 6:00 p.m.-8:00 p.m. \$64 (Nonmembers \$71) Creative Writing Tues., Nov. 5, 12, 19 & 26, 6:00 p.m.-8:00 p.m. \$85 (Nonmembers \$95) Maximize Your Blogging Thurs., Oct. 3, 10, 6:00 p.m.-8:00 p.m. 6:00 p.m.-8:00 p.m. \$43 (Nonmembers \$48) Artist's Way Book Circle Wed., Oct. 30, Nov. 6, 13, 20, 6:00 p.m.-8:00 p.m. \$106 (Nonmembers \$119)

Take a class...and see where it takes you.

bers \$110)

Tues., Nov. 5, 12, 1 6:00 a.m.-8:00 p.m.

\$100 (nonr

Namaste: The Art Of Yoga 2 Sessions: 6 Wks, (1) Tues. Oct. 1-Nov. 5, 5:30 p.m.-6:30 p.m. & (2) Thurs., Oct. 3-Nov. 7, 930 a.m.-1030 a.m. 9/30 a.m.-10/30 a.m. Fused Glass Jewelry Saturday, Nov. 16, 10:00 a.m.-2:00 p.m. \$77 (Nonmembers \$83) Introduction To Wheel Throwing Tues, Oct. 1, 8, 15 & 22, 10:00 a.m.-12:00 p.m. \$163 (Nonnembers \$178) Halloween Pumpkin Halloween Pumpkin Lantern Thurs., Oct. 3, 6:00 p.m.-8:00 p.m. 539 (Nonmembers 542) Make Your Own Mug Thurs., Oct. 10, 6:00 p.m.-8:00 p.m. \$39 (Nonmembers \$42) Stoneware Pie Plate Thurs., Nov. 7, 6:00 p.m.-8:00 p.m. \$39 (Nonmembers \$42) The Art Of Social Media Weds., Oct. 2, 9, 16, 23, 7-9 p.m. \$85 (Nonmembers \$95) Advanced Fused Glass Tues., Oct. 22, 29, 6-9:00 p.m. \$109 (Nonmembers \$116) Beginning Plano For Adults Wed., Oct. 2-Nov. 20, 7-8:00 p.m. \$125 (Nonmembers \$140) S120 (Nonmembers \$140) Guitar 1 & 2 Tues., Oct. 1, 8, 15, 22, 29 & Nov. 5, Guitar 1: 6:30-7:30 p.m. & Guitar 2: 7:40-8:40 p.m. 526 Olexaneher DEC \$85 (Nonmembers \$95) REGISTER TODAY! Details at: adamsart.org

Saturday, October 26 8:00 p.m.

Based in Orlando, VoicePlay has been shattering the a capella stereotype since 2000 with their powerful performances across the U.S. and around the world. Evolving from a street corner barbershop sound and drawing on funk, jazz and blues, VoicePlay is unlike any musical experience around. The group recreates an entire instrumental band with their five voices - a feat which has to be seen to believed! They are able to bring timeless, classic music to life and infuse their beautiful harmonies with a sense of humor and style all their own.

Tickets: \$32; \$29; \$25

For Tickets Call 717-337-8200 or visit our website at www.gettysburgmajestic.org 25 Carlisle Street, Gettysburg, PA 17325

CREATIVE WRITING

The eight words to success

Alexandra Tyminski MSM Class of 2015

then I met with my editor last week, she told me, "June, write about anything." I stared back at Maggie with a puzzled look. My thick eyebrows folded into the middle crease of my face and my big brown eyes shifted right and left as I tried to process the simple yet complex statement from my editor.

"Uh, Maggie, are you sure?"

"Yes June, I'm positive. Mark and I discussed last week about how we would like to stretch your imagination, and by doing that, we are going to let you run free. Or in this case, write free!" Maggie said

"Oh wow, I really appreciate that! I'm happy that you are allowing me to write about what I want." I couldn't help but grin from one rosy cheek to the other.

"Well, there is only one condition," Maggie glanced down at the papers in front of her.

Oh no, I thought. There was going to be some kind of catch. I was going to have to take over another person's article this month, and it was going to be about the annual cow showing. Or worse, the neighbors down the road saved a cat from a tree...again. Not to mention, it was probably their own cat. Expecting the worst, I waited for the catch...

"We want you to write about something that you are passionate about," Maggie said as she looked up at me.

"Oh awesome, that should be easy! It should be done in no time," I said, standing up in an instant. I was too anxious

to get back to my computer and write about something I loved.

"My hand slipped on the damp rock, and my right knee jammed into the crack on the climb. I could feel my palms getting sweaty, and I..." I started to read my article out loud.

"This is not what I want to write about," I mumbled to myself. Why is writing about something I love so hard?

"Okay let's start this over," I sighed and took a deep breath. I dosed my eyes before my fingers touched the keyboard, and I imagined my name on a book cover. It read, "Pick up a Passion," by Jane Edelman.

I opened my eyes and started again. "When I was young, I really enjoyed playing sports and cooking...'

I furiously hit the backspace key as I could feel my frustration getting the best of me. Writer's block is the worst possible thing a writer could experience. I think I was more frustrated that I had writer's block because I was finally able to write something I really felt passionate about. I glanced outside and noticed the beautiful trees blowing through the wind. They were waving a big gesture that was begging me to come and sit with them for a while. Giving in, I grabbed my sweater and quickly walked out of my apartment door.

I walked down the 2-mile trail that took me past a few farm animals and houses. The leaves on the trees were still changing colors, and the October air had never smelled more like fall. The sun hit my face, and I closed my eyes, imagining

Writer's block: when your imaginary friends stop talking to you!

nothing but where I was in that moment. I stopped on a gravel road and leaned over the gate, watching the horses interact with each other while they picked up pieces of hay with their mouths.

POW, a noise came from the ground. I shifted my eyes to the road and saw my cell phone sitting on the ground. It must have fallen out of my pocket. When I bent down to pick it up, I tapped on the screen and a picture of my dad popped

I felt inclined to call him, so I dialed his number.

"Helloooooo!" my dad said on the other end of the line. His raspy, yet cheerful voice was hard to miss.

"How's it going there, pal?" he asked. "Hey, Dad! It's going well! I'm doing awesome! Well actually, I'm not sure what to write about for my article. I'm having trouble deciding what to write about," I

sweetie!" My dad still talked to me like I was a little girl even though I was twentyfour years old.

"It's National Dictionary Day on October 16th!"

"What is that, Dad? I have never even heard of that holiday!"

"It's when you have to learn new dictionary words! Mark your calendar for October 16th!" He said with excitement. "Maybe that will help with your writer's block."

"Thanks, Dad. I will definitely take that into consideration." I giggled to myself, thinking about how silly my dad was.

"Alright, well Dad, I just was calling to say hi and that I hope everything is going

He coughed in the background and said, "It was great to hear from you as always. Good luck with your article! I know you'll get it done. You're a great writer, kiddo. Just keep working and it will come to you soon enough! Love you!"

I headed back down the gravel path towards my apartment, and I started to think about what my dad said.

"National Dictionary Day?" I said out loud, questioning the idea to myself. Is that something I can write about? Let alone even be passionate about? I was never an avid reader when I was younger, but I do love to learn.

When I got back to my apartment, I sat down and opened up a blank document on my computer. I began to type ideas about how National Dictionary Day could help me expand my article and my passion for learning. While struggling to write my ideas, I found that

it was the struggle that helped me discover what I was really passionate about: writing.

Writer's block. There are a few ways to describe it:

Irritable: It is super annoying and frustrating. It causes the mind to become easily distracted. Writer's block is irritable, but it can also be efficacious.

Efficacious: Writer's block can be effective, or efficacious, in helping create some new innovative articles and writing. In this way, writer's block can even be influential.

Influential: Writer's block motivates the writer to really push himself or herself to write about something different, inspiring, and maybe even something mirthful.

Mirthful: Writer's block is not something fun, but out of it can come a rediscovery of why writing can be so gratifying.

Gratifying: Writer's block gratifies a writer's mind. It challenges a writer in a different way to dive deeper into his or her creative talent. In the end, the gratifying challenge is a satisfaction that only passionate writers will achieve, and overcoming that obstacle is so rewarding.

Rewarding: The struggle on the way to the end result may not be a pleasant experience, but finally finding those words that are on the tip of your tongue is such a rewarding feeling. What seemed so out of reach is now finally in your grasp, even though the process was so challenging.

Challenging: It's not easy, that's for sure. It seems like a test of your passion, your skills, and no doubt your mind. But this is what sets truly passionate writers apart. Out of the frustration and struggle brought forth by writer's block, writers gain a newfound perspective. They take a difficult situation and turn it into something positive. They transform their struggle into something inspirational.

Inspirational: All writers go through it at some point, those days when you just can't seem to gather your thoughts enough to put them into words. But writer's block is just a part of the process. If we always had the answers, we wouldn't challenge ourselves and come up with new ideas. Out of writer's block comes inspiration for both the writer and the audience. It promotes creativity and most importantly, revives our passion. It reminds us of why we love to write.

Writer's block is a hard concept to understand. It is irritable, efficacious, influential, mirthful, gratifying, rewarding, challenging, and in many ways inspirational. Writer's block can be defeated in many ways: take a stroll in the park, grab an ice cream cone, call a friend, or maybe even learn a few new words from the dictionary. When there seemed like there was nothing to write about, an old passion was rediscovered while a new one was brought to life. In the process of digesting National Dictionary Day, I found that my passion for writing could not be subdued by writer's block. Learning about National Dictionary Day helped me discover what I've always done best: learn and engage. I guess my dad was right; writing about National Dictionary Day did in fact help my writer's block and make me rediscover my love for writing and learning. I guess Daddy really does know best!



said with a weary voice. "It's okay buddy, you'll figure it out. Hey, actually, why don't you write about my favorite October holiday?" he said. "Dad, I know Halloween isn't your favorite holiday," I laughed. "I am not talking about that holiday, Roddy Creek Automotive

AUTO SERVICE & SALES = DETAILING STORAGE UNITS = UHAUL RENTALS

Highly Experienced ASE Certified Mechanics

Full Service Repairs - Including Oil Changes. Fluid Flushes, Mount/Balance/Rotate Tires, Alignments, Brakes, etc. WE SERVICE Competitive Labor Rates вотн Great Customer Service FOREIGN AND Authorized Uhaul Dealer DOMESTIC October Deal VEHICLES! 10% Of **OIL CHANGE** Just Mention This Ad! WALK-INS WELCOME! WE ARE LOCATED ACROSS FROM GATEWAY CANDYLAND ON RTE 15 (FORMERLY SPEAKS AUTO SALES) 240-288-8320 www.RoddyCreekAuto.com

To read other articles by Alexandra Tyminski visit the Authors section of Emmitsburg.net.

COMMUNITY NOTES

Emmitsburg-Thurmont Community Show



The first participants in the crosscut log sawing contest set the time to beat.



Josh Ruby from Emmitsburg waits with his son, Jameson, just before Jameson goes into the show ring with his calf.







Timeless Trends Boutique "Thurmont's Hidden Treasure"

For a unique shopping experience, Timeless Trends Boutique is the place to be! Located in the historical Creager's Furniture Store, Timeless Trends Boutique offers a wide selection of furniture, home decor, antiques, local artwork, pottery and jewelry. Owner Virginia LaRoche explains, "We pride ourselves on bringing quality one-of-a-kind furniture and home decor to Thurmont. Our customers know we really care about finding them the perfect gifts and establishing a good relationship with them.'

Timeless Trends has both new and restored items for any style. Their Vintage Warehouse showcases repurposed and unique furniture, kitchen and garden items. If you are looking for one-of-a-kind pieces to complete a room or want to find a unique gift, visit Timeless Trends Boutique and the Vintage Warehouse.

At Timeless Trends Boutique, they continue to support many community organizations through their giveback programs, where a portion of their sales are donated to various groups in the community. Timeless Trends Boutique has so much to offer, so come out and see Thurmont's hidden treasure!



240-288-8226 www.timelesstrendsboutique.com www,facebook.com/timelesstrendsboutique Tues., Fri. & Sat. 10-5 | Wed. & Thurs. 10-7 | Sun. 12-5

21 East Main Street, Thurmont, MD





Live Local • Shop Local Support Your Community!

EYEGLASS

Mon. & Thurs. 10 am - 8 pm

PRESCRIPTIONS

"We are a full service eye care center staffed by friendly and highly trained professionals!"

2 East Main Street, Thurmont, MD Visit Us At: www.thurmonteyecare.com Email: amanahan@thurmonteyecrare.com







COOKING WITH LOVE

It's a fall fest!

Brooke Hagerty Chef/Owner Gunner's **Grille at Taneytown**

The month of October has always been one of my favorites as the hot and humid days and nights of July and August are behind us, September's Indian Summer is but a memory and everyone is beginning to bundle up for the winter season. October is the kind of month that leaves me wanting for more; more hearty dishes, more time to cook, more time to play, more time to watch football. This month's recipes allow for all of that and more!

We will be focusing on soups and side dishes this month. Pair any of these recipes with a hearty autumn salad (filled with your favorite nuts and dried berries) and/or simple roast pork for the perfect Sunday afternoon supper.

Up first is a Spicy Pumpkin Soup – this is one of the rare soup recipes that I have "borrowed" over the years. The great thing about this soup is that while it is hearty it is extremely healthy as it is gluten free and vegan; but you would never know it unless I told you.

Spicy Pumpkin Soup

- For the Spicy Pumpkin Soup: 1 Tb. oil
- 1 large onion, peeled and chopped 5 cloves garlic, peeled and chopped
- 1 jalapeno, seeded and chopped
- 1 1/2 Tb. ground cumin
- 1 1/2 Tb. dried oregano
- 1 1/2 tsp. salt
- 8 cups vegetable stock
- 29 oz. can pure pumpkin puree 15 oz. can white beans, drained
- 2 Tb. red wine vinegar
- 2 Tb. honey

For the Toasted Pepita Topping: 1/2 cup pepitas (pumpkin seeds) 1 cup French fried onions (like French's) - we use our own fried onions at the restaurant but for home use (unless you have a Fry Daddy, canned are just fine) Cayenne

Directions:

Salt

Place a large sauce pot over medium-high heat. Add the oil, onion, garlic and jalapenos. Sauté for 3-5 minutes until soft. Stir in the cumin, oregano and salt. Sauté another 2 minutes.

Add the stock, pumpkin puree and beans to the pot. Simmer for 20 minutes, uncovered. Then add the vinegar and honey and simmer another 3-5 minutes.

Use an immersion blender to puree the soup until smooth. *You can also use a regular blender, but be careful! Open the vent in the lid and place a towel over it to protect from hot splashing liquid.

Preheat the oven to 400 degrees F. Spread the pepitas and onions out on a baking sheet. Sprinkle with a dash or two of cayenne pepper and a little salt. Toast for 3-4 minutes.

Serve the soup warm, sprinkled with toasted pepitas and onions.

Next, we have Stewed Apples (which can be served two ways) and Pureed Cauliflower. Both recipes are for two people but are easily adjusted for more and both take less than 30 minutes to prepare from start to finish.

Stewed Apples

Ingredients:

- 3 apples; peeled, cored, and diced (I prefer Gala or Braeburn but choose your favorite!)
- 2 Tbsp. molasses
- 1 2 Tbsp. rum, apple brandy, or water
- 2 Tbsp. unsalted butter
- 1/2 tsp. cinnamon
- 1/4 tsp. ground ginger
- 6 8 grates of fresh nutmeg
- 1/4 tsp. allspice
- Pinch of salt

Add enough rum, apple brandy, or water to a small sauce-pan to just cover the bottom.2. Add all remaining ingredients and stir to blend. Place over low heat, partially cover, and simmer gently until apples are tender - about 30 minutes. This recipe serves two but you can ad-



just it for any number. This is also a great dessert item, just add your favorite granola or nut mix and top with ice cream.

Pureed Cauliflower

Ingredients:

- 2 cups cauliflower florets
- 2 Tbsp. unsalted butter; melted
- 1/4 cup heavy cream; warmed
- 2 oz. crumbled goat cheese (chevre)*
- 1/2 tsp. salt

Hydroponic Produce

Open Friday & Saturday 10 am to 5 pm

138 Brent Road, Fairfield, PA 17320

717-642-1555 · 717-398-7128

www.brentsberryfarm.com

Brent's

Lettuce & Tomatoes

vdr@greens...

- 1/4 tsp. ground white pepper
- A few celery leaves
- 1. Steam cauliflower until tender. Drain.
- 2. Meanwhile, melt butter in heavy cream over low heat.
- 3. Dump cauliflower, still hot, in a food processor or blender and add butter/cream, goat cheese, and salt and pepper. (Note: use an immersion blender for this if you want a creamier version OR if you would like a chunkier version

you can use a potato masher) 4. Process to desired consistency, taste and adjust seasonings. 5. Serve topped with a few celery leaves for a light taste or bacon bits for a heartier palette.

Roasted Porkloin

One of my favorite dishes for the fall is and Encrusted Roast Pork Loin. It is easy and versatile and can be adapted to any taste. For the above recipes I suggest the following "crust"; equal parts Dijon mustard, prepared horseradish, and 1/2 mayonnaise (please, Hellman's), dried Italian seasoning and Panko bread crumbs. Combine all of the ingredients to create a thick paste. Using your hands coat the entire pork loin, place on a baking rack and sheet pan and cook at 350 degrees to 145 degrees (approximately 10 minutes per pound).

Are you hosting a dinner party or your family Thanksgiving dinner? Why not save yourself some time on dishes and serve your soup inside of a baby pumpkin? Simply cut off the tops of your pumpkin or acorn squash, remove the seeds and bake at 325 degrees for approximately 20-30 minutes. Be sure to save the "lids" so you can cover your soup and retain the heat while serving. The cauliflower will also do well inside of the acorn squash - you can even bake it inside of the squash and top with some bread crumbs for an added crunch!

As always, if you have an idea for an article or have any questions do not hesitate to contact me anytime at brooke@gunnersgrille.com or 410.756.1080.





SPORTS

An afternoon at Harney Ball Field

Ryan Golden MSM Class of 2016

This week, I took a break from the goings-on of the Mount's athletic news and decided to get a bit more local. I hopped in the car, hopped off of U.S. Route 15, and then meandered through the acres of cornstalk-plastered farmland bordering Harney Road near the Mason-Dixon line.

In last month's edition, we gave you the backstory of the Harney ball field, as well as the outline of its annual amateur softball tournament. Since the 1940s, working men from in and around the area have gathered in celebration of their favorite game, with spectating family and friends delighting right along with them in the summer heat. Their Sandlotesque escapades were regularity until the end of the 1990s, when a field that was constructed by World War II veterans as a celebration of their return home saw a steep decline in activity. The community rebounded, however, and thanks to the effort and support of the Harney Volunteer Fire Department, the Harney VFW, and St. Paul's Lutheran Church, Harney's field is back in business.

I attended part of the sponsors' annual tournament on Sunday, September 16. After parking in a makeshift lot beside the lazy town road, I walked over to my place in the wooden bench bleachers, which were full of laughing spectators gearing up for the next match. The field is as gorgeous as it is all-natural, with freshly-mowed, moss colored grass that seems to be without a single dry patch. The dirt base lines were neat despite being unmarked, while the spaces between first, second, and third were completely grass. The outfield keeps that consistency before terminating in a rather natural outfield fence, composed entirely of cornfield. A single American flag sat waving on a tall pole in that field, contrasting with the light blue horizon. A passing breeze cooled and comforted those on and off the field. During the bottom of the first inning, both team captains reported to the tournament umpire when an issue surrounding one of the home team's players came up. Perhaps he had been playing for the first time in the tournament and had forgotten to register-he might have been called in to replace another player who couldn't make it to the game. Whatever the case, the ump had delayed the inning until the confusion was sorted out. After standing out in the field for several minutes, the home team's third baseman offered a lighthearted solution to the problem: "Who cares? It's not like he's going to get a hit anyway!" All who were present chuckled in response.

The situation was revealingdespite the fact that the teams were competing for a cash prize, and though they came from miles away, the humorous aspect of grown men playing softball with their friends was never lost. The occasion did not cease to present the nostalgic, oldfashioned feel of a neighborhood pickup game. Players didn't really have set uniforms-most tried to match one another, but matching helmets were given up for the sake of adorning one from each man's own favorite team, and an occasional orange shirt could be spotted on a predominately red-wearing team. The mixture of color and fandom was a very "come as you are" aspect of the tournament, while the cheering and chatter from both sides of the fences mimicked that of kids.

However, these "amateurs" were not devoid of skill. The game that I attended had more than its fair share of eye-opening moments, from diving catches along the base paths to power hits that nearly cleared the makeshift warning track. One younger man, seeing that the right fielder had successively gotten the ball back to the catcher during his attempt to cross home plate, attempted to hop over his opponent's mitt. The catcher seemed surprised for a split second, but was able to put the tag on and prevent what would have been an RBI double. Regardless of the outcome, the play was accompanied by surprise, and both teams commended the acrobat for his nearly successful maneuver.

It wouldn't be fun if I neglected to mention bloopers though, and there were plenty of oddities! One ground ball was hit so blazingly fast toward a third-baseman that it hit off his grounded glove and went straight into the air, leaving him looking in all directions before finally locating it in the outfield behind him. His teammates chided him for it, doing impressions of his frantic stance after returning to the lawn chair dugout.

Comical, entertaining, and competitive all at once, the tournament at Harney is the kind of thing that makes us appreciate the games we love all the while more. For years these pastimes



Vigilant Hose Company's Gene Fauble discusses the rules they are going to ignore with Lehigh Cement's Eddie Weeks, of Union Bridge.

have taken us out of the house, down the street, and straight to our playground of choice. They gave us time with our friends and helped us forge new friendships, and they helped us reclaim that childish bit of innocent fun even as decades pass.

It was this idea that brought the Harney ball field to formation. Clearly, it is the same ideal that permeates it even today.

To read more articles by Ryan, visit the Authors section of Emmitsburg.net.



COMPLEMENTARY CORNER

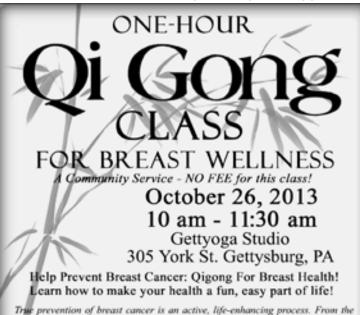
Soothing fall recipes

Renee Lehman

 $F_{\rm crops}^{\rm all}$ is a time for gathering nature's $\,$ Crops before Winter settles in. In nature you can see the leaves changing color and beginning to fall to the earth. This will enrich the soil for next year's Spring growth, along with giving children something to play in. Sap in the trees drops to the roots, light and warmth of the sun grows scarce, and there is an abundance of fruits, vegetables, nuts, and grains. Can you see how

nature's energy is moving downward and inward? There is much less growth occurring (with vegetation), and nature is moving towards dormancy.

Some of the gifts of Fall include crisp, dry air that allows us to breathe deeply (and also on an emotional and spiritual level means to be "inspired"); acknowledge nature's awe, and your own feelings of self-worth; acknowledge the intrinsic value of everything of creation, and realize the richness of life. Also, Fall gives us the gift of letting go and prun-



True prevention of breast cancer is an active, life-enhancing process. From the ancient Chinese medicine perspective, when energy (or Qi) flows freely through the body, then disease, illness, calcifications, etc. cannot set in. Learning how to annain the free flow of Qi through your energy pathways (meridians) is easy and n to do. In this workshop you will learn how to care for yourself using seven selfaling Taoist Wu Ming Qigong movements.

Open to the public, this class is for women everywhere who want to support their health through a guided Qigong practice.

Space is limited - Register soon to reserve your space! Call Renee: 717-752-5728 E-mail: lehmanr@embarqmail.com

ing to make room for new growth in the Spring. Letting go of the old and worn out ideas, beliefs, and actions allows for us to make positive life transformations.

The Fall season in Traditional Chinese Medicine (TCM) is associated with the Metal Element, one of the Five Elements, and also the Lung and Large Intestine organs (see previous articles on the Five Elements within TCM). In TCM, foods are classified according to their energetic essences (or energetic qualities of temperature, taste, and ability to moisten and strengthen the body), and are supporting to us in many ways. During this time of year, consider eating some foods that, based on the TCM perspective, are very nourishing to your Metal Element, and specifically your Lung (especially if you have respiratory issues or bronchitis in the Fall). Consider eating foods that have a pungent taste. Pungent foods are acrid, bitty, and sharp. Aromatic foods like garlic, green onion, onions, ginger, chili pepper, cayenne pepper, horseradish, black pepper, radish, and mustard all are pungent. Think about how your sinuses open up after you have eaten garlic or used black pepper. Also, decrease rich, fatty foods and processed foods because they create phlegm in your respiratory system.

Here are five wonderful recipes to help support the functioning of your Lungs and Large Intestines this Fall (the first 3 are from Nan Lu, OMD of the TCM World Foundation, at www.tcmworld.org and the last 2 are from the

Enjoy Tea Time at Cozy POPULAR TEA SELECTIONS

All teas by reservations.

WE OFFER

Choose from: FULL AFTERNOON LUNCHEON TEA, \$2199

Includes tea, scones, soup or salad (chef's choice), tea sandwiches, fruit & cheese, Cozy tea sweets. Accompanied with clotted cream and jam.

book Recipes for Self-Healing by Daverick Leggett).

1. Crunchy Lotus Root

This delicious and crunchy food has been used for thousands of years to support Lung function. The lotus root is actually the rhizome of the lotus plant, and is a great addition to your diet, especially in the Fall. Ingredients:

- 1 lotus root
- 1 bunch of scallions
- Oil
- Salt
 - ½ tsp. sugar
 - Fish sauce
 - Chinese rice wine
 - Water as needed

Preparation:

Peel the lotus root, cut in half lengthwise, and then slice thinly. Chop the scallion in 1-inch pieces, separating the green from the white portions. Heat the wok well, then add the oil and continue to heat. Add a pinch of salt and the white portion of the scallion. Stir in the lotus root and continue to cook for about 1 minute. Add the 1/2 teaspoon of sugar (or to taste), a splash of fish sauce, and toss well for 1 minute. Finish off by adding a splash of rice wine, toss and serve warm.

2. Pears for Coughs

This is a traditional Chinese recipe for coughs. Pears help to relieve coughs. Honey is a food that helps to moisten the Lung when you have a dry cough. Ingredients:

- 4 cups of water
- 1/4 cup of almonds (about a handful), chopped
- 2 pears (any variety), cut into pieces
- 1 or 2 pieces of tangerine peel
- 2 to 3 Tbsp. of honey

Preparation:

Bring the water to a boil in a large pot. Add the almonds, pears and tangerine



peel. Allow the mixture to boil down to two cups. Stir in the honey. Drink while warm once or twice a day for about a week.

3. Scallion and Ginger Tea

This traditional healing tea is very effective for colds with a headache, runny nose and chills.

- Ingredients:
- 5 to 10 scallions (the white part only), chopped
- 2 pieces of ginger, about an eighth of an inch thick, finely minced
- 2 cups of water
- Brown sugar to taste Preparation:

Add ingredients to the water and bring to a boil. Stir in the brown sugar and drink while hot.

4. Brussels Sprouts with Horseradish

Pungent horseradish and cider vinegar make this dish warming, and perfect for a cold day! Ingredients:

• 1 pound brussels sprouts, 1 carrot, and 1 leek

- 2 Tbsp. butter
- 3 Tbsp. creamed horseradish
- 1 Tbsp. cider vinegar
- 1 tsp. dill
- Salt and pepper
- · Small handful of chopped walnuts

Preparation:

Roughly chop and steam the vegetables until tender. The brussels sprouts are best cooked whole with a cross nicked into the base to help them cook all the way through. While the vegetables are steaming, melt the butter in a pan and all of the other ingredients, cooking gently for 1 - 2 minutes. Serve the sauce poured over the vegetables and top with lightly toasted walnuts.

Renee Lehman is a licensed acupuncturist and physical therapist with over 25 years of health care experience. Her office is located at 249B York Street in Gettysburg, PA. She can be reached at 717-752-5728.

FIVE CONVENIENT LOCATIONS	
THURMONT	301.271.9230
FREDERICK	301.663.1157
JEFFERSON	301.473.5900
DAMASCUS	301.253.0896

A WIDE VARIETY OF DELIGHTFUL TEAS



DESSERT TEA, \$1299 Consisting of teas, scones, Cozy tea sweets.

FIRST LADY TEA, \$2599

LIGHT AFTERNOON TEA, \$1699

Call 301-271-7373 to make a reservation! Group "themed" teas available upon request for 15 or more.

105 Frederick Road, Thurmont, MD cozyvillage.com



240.529.0175 URBANA

Our Knowledge & Experience Will Get You Back to Enjoying Life!

- ٠ Orthopedic, sports, automobile, and work injuries
- New patients evaluated within 24hours
- In-network with most insurance companies
- Pediatric Physical, Occupational and Speech* Therapy Services
- Lymphedema Therapy with a Certified Lymphedema Therapist
- Private treatment rooms
- Early morning, evening and Saturday hours



where patients come first - since 1985

amber hill

Owned and operated by Donald J. Novak, PT, DPT

w.amberhillpt.com

*Speech therapy provided by Frederick Pediat Therapy, LLC at the Frederick locati

Keep Moving

Include exercise in your school year routine er demands that c

S chool has been back in session for a few weeks now and it's time to get your exercise sessions back on schedule too. Sometimes with the kids out of school for the summer, vacations and the many other activities of the summer, exercise can be put on hold.

I have given many suggestions for summertime exercise but I do realize even with the best of intentions, you may not have found the time to get started on an exercise program. I hope now you will be able to find the time to do something for yourself. The start of school, sports practice, band practice and the many other demands that come with the fall and winter can put a strain on your time but please consider finding some time for you.

Some schools have taken time away from gym class and recess for the children and you know kids need to run around and burn off that excess energy they seem to have. Finding something that the kids will enjoy along with you will give them a chance to burn their extra energy and will help you find more energy from your workout. Taking a family walk in the evenings or on the weekend will give you a chance to connect with your children on what's happening with in their lives.

I recently read about an ex-

periment where a family went back to the 70's. The family gave up (only for a week) their cell phones, ipads, computers and all the new gadgets that were not around in the 1970's. The younger children even had a hard time using a regular telephone. The beginning of the week was very hard for them and the kids were not at all happy about being part of this. The parents, on the other hand, loved it. They were amazed how much resistance the kids gave them about not being able to connect with their friends the way they were used to.

The reason I am telling you about this experiment is that by the end of the week the children found they had more time with their siblings and family and really enjoyed it. The youngest little girl expressed how she enjoyed being with her sisters and especially one sister in particular that she felt never had time



for her. All the children admitted that they did enjoy more family time and that they didn't realize just how much time they spend alone texting, emailing, tweeting and on the computer.

Their parents really felt they got to know their children better and were more involved with the school activities and friends that week. They all agreed to take a little time away from their gad-

gets and spend more time with their siblings and parents. This may seem like a drastic way to go about it but the parents got their point across and the kids learned just how much they liked being with their family. Exercise can also bring a family closer together. Exercise can be anything from playing ball, taking a walk, bike or horseback riding, using the WII in the house or any activity that gets you moving and gets your heart rate up for a period of time. School's started and so should you on improving your health. A new routine for the winter will hopefully include some time for you and for the family to get some physical activity for a sound mind and body.

FITNESS

If you have any questions, give me a call at 717-334-6009 and I will help get you started. Remember, KEEP MOVING, You'll be glad you did!

Fitness Matters

George Puvel Anytime Fitness Owner

Question: I've been having a tough time with my energy levels for my 6am workouts. I was thinking coffee might help with this, but it seems like it's always getting mixed reviews. Any cause for concern before a workout?

Answer: First things first. If you're experiencing low energy levels, and you're not necessarily focused on fat loss, try having a small breakfast, or even a bar or a shake, before you go workout. This will definitely provide the much-needed energy you're looking for. However, if you're trying to drop body fat and you'd like to avoid calories that early in the morning, coffee is an excellent alternative. The caffeine in coffee is considered a central nervous system stimulant and will provide a boost of energy, though the effect varies greatly among individuals. Caffeine is actually considered an ergogenic aid, meaning it enhances physical performance. In the right amounts, caffeine has been shown to reduce the perception of effort during a workout, which means your workout will seem easier than it actually is. Not bad for a little cup o' joe, huh? Keep in mind, coffee does increase heart rate, respiratory rate and blood pressure, and it can make you a bit jittery if you're a newbie. Luckily, these effects are relatively mild, especially for healthy folks. In fact, much of the research these days is focused on the potential health benefits of coffee, rather than any health risks.

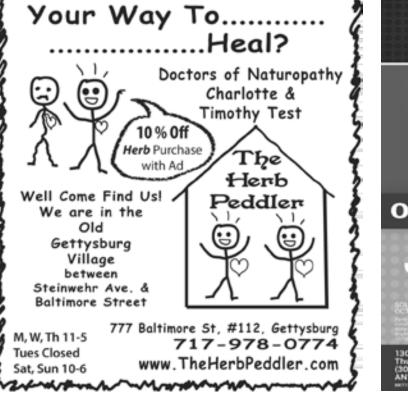
Answer: No, not necessarily. It is true that weight training sessions can be intense, resulting in micro-tears and subsequent muscle soreness for a day or two afterward. This is completely normal, and as the body heals itself, the muscle fibers gradually become larger and stronger. This is the essence of strength training. However, if he was implying that a workout is only effective if pain is involved, he is flat wrong. Mild discomfort is common at the end of a hard set, as fatigue starts to set in, but actual pain is never a good sign during a workout. If you're experiencing this, it usually means you're severely overworking a muscle or you've suffered an injury.

About the author: George Puvel is the Club Owner. To submit a question for future articles, please contact the author at ThurmontMD@ anytimefitness.com.





Question: I was in the gym the other day and I overheard a guy talking about his "No Pain, No Gain" weightlifting philosophy. Do I need to adopt this attitude for my own workouts to see results?



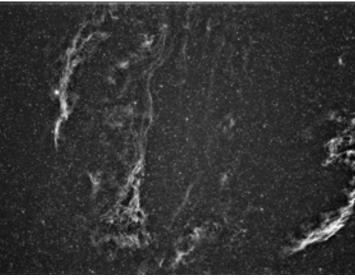


ASTRONOMY The night sky of October

Professor Wayne Wooten

or October 2013, the moon is 6 Γ degrees south of Mars on October 1st in the morning sky, and new on October 5th. The waxing crescent moon makes a nice triangle with Mercury and Saturn on the evening of October 6th, if you have a clear western horizon about an hour after sunset. The waxing crescent moon passes just above brilliant Venus on October 8th. It is first quarter on October 11th. It is full and rises at sunset on October 18th; in American Indian tradition, this is the "Hunter's Moon". This also means the brightness of the full moon will overwhelm most of the peak of the Orionid Meteor Shower on the morning of October 21st. The waning gibbous moon and Jupiter are close together, rising about midnight on October 25th. The last quarter moon is on October 26th, and thus will be a waning crescent in the morning sky for Halloween this year. It is close to Mars again on the morning of October 29th.

Mercury puts on a nice show in the SW evening sky in October. On October 7 the Moon, Mercury, and Saturn all lie in the same binocular field of view, with Mercury below Saturn but brighter. On October 8th, Mercury passes 5 degrees below Saturn, and reaches greatest eastern elongation on the 9th. It will rapidly retrograde between earth and sun



The Viel Nebula, the expanding supernova remnant in the constellation Cygnus.

in the next weeks, and like Saturn, be lost in the sun's glare by midmonth. Venus dominates the evening sky for the next several months. She is closing in on earth, getting bigger in our telescopes but less sunlit in phase. As the month begins, it is 62% sunlit and 19" across and shines at magnitude -4.2, bright enough to spot in broad daylight. By Halloween, she is exactly half lit, at greatest eastern elongation, but now up to 25" across, and even brighter, at magnitude -4.4, very close to her brightest appearance.

Mars is faint in the dawn sky, on the far side of his orbit. A year from now at opposition, he will be much closer and brighter. Jupiter dominates the later eastern sky and sits in the middle of Gemini, rising about 9:30 PM by month's end. Any small scope will reveal what Galileo marveled at 400 years ago; four large moons, all bigger or similar to ours in size, orbit it in a line along Jupiter's equator. So get out the old scope, and focus on Jupiter for a constantly changing dance of the moons around the giant world. Bigger scopes real much detail in its clouds, which have now returned to their familiar two racing stripes. For over a year, the south equatorial belt faded, but has now returned to its normal prominence. Its famed Great Red Spot is still its most distinctive cloud mark, and should be visible at 100X in telescopes 3" or larger in aperture.

The Big Dipper falls lower each evening. By the end of October, it will be only the three stars in the handle of Dipper still visible in the northwestern twilight. By contrast, the Little Dipper, while much fainter, is always above our northern horizon here along the Gulf Coast.

To the southwest, Antares and Scorpius also set soon after twilight, and will be gone by month's end. East of the Scorpion's tail is the teapot shape of Sagittarius, which marks the heart of our Milky Way galaxy. Looking like a cloud of steam coming out of the teapot's spout is the fine Lagoon Nebula, M-8, easily visible with the naked eye. This stellar nursery is ablaze with new stars and steamers of gas and dust blown about in their energetic births. In the same binocular field just north of the Lagoon is M-20, the Trifid Nebula. Many other clusters visible in binoculars as you sweep northward along the Milky Way, and are plotted on the sky map for the month.

The brightest star of the northern hemisphere, Vega dominates the sky overhead. To the northeast of Vega is Deneb, the brightest star of Cygnus the Swan. Just SE of the southern wing of Cygnus (epsilon Cygni) is the location of the very photogenic Veil Nebula, the remains of a supernova that exploded perhaps 8,000 years ago, probably lighting the earth's skies brighter than Venus appears now. The "funeral wreath" for this star now stretches across 3 degrees of sky, and is visible with big binoculars. Our featured photo for October is taken with a 4" refractor and shows the shattered star expanding outward. To the south is Altair, the brightest star of Aquila the Eagle, the third member of the three bright stars that make the Summer Triangle so obvious in the NE these clear autumn evenings. To the east of Altair lies tiny Delphinus, a rare case of a constellation that does look like its namesake.

To the east, the square of Pegasus is a beacon of fall. South of it lies the only bright star of Fall, Fomalhaut. If the southern skies of Fall look sparse, it is because we are looking away from our Galaxy into the depths of intergalactic space. The constellation Cassiopeia makes a striking W, rising in the NE as the Big Dipper sets in

the NW. Polaris lies about midway between them. She contains many nice star clusters for binocular users in her outer arm of our Milky Way, extending to the NE now.

Her daughter, Andromeda, starts with the NE corner star of Pegasus" Square, and goes NE with two more bright stars in a row. It is from the middle star, beta Andromeda, that we proceed about a quarter the way to the top star in the W of Cassiopeia, and look for a faint blur with the naked eye. M-31, the Andromeda Galaxy, is the most distant object visible with the naked eye, lying about 2.5 million light years distant. It is a bigger version of our own Galaxy, which it may collide with about three billion years from now.

Below Andromeda is her hero, Perseus. In his hand is a star most appropriate for Halloween, Algol. This star "winks" at us for six out of every 70 hours, which Arabic astronomers centuries ago found spooky, hence naming it "the ghoul" . We know today it is an eclipsing binary system, with the larger, cooler orange star covering 80% of its smaller, hotter neighbor during the "wink". At the foot of Perseus, the hero of "Clash of the Titans" is the fine Pleiades star cluster, the "seven sisters" that reveal hundreds of cluster members in large binoculars. This might be the best object in the sky for binocular users.

Winter will be coming soon, and in the NE we see yellow Capella rising. It is the brightest star of Auriga the Charioteer, and pair of giant stars the same temperature as our sun, but at least 100X more luminous and about 10X larger than our sun. It lies about 43 light years distant. A little farther south, below the Pleiades, orange Aldebaran rises. It is the eye of Taurus the bull, with the V shaped Hyades star cluster around it making the head of the bull. This colorful giant star is only 2/3 as hot as our yellow sun, but 44X times larger and at 65 light years distant, one of the closest of these monster stars.

and use them to 'bed down' shrubs and plants or include (along with any lawn clippings) to the compost heap. Remove all dead or dying plants and add those to the pile as well.

Check your flower and vegeta-



- Gas and Oil Furnaces and Boilers
- Oil and Gas Parts and Fittings
- Gas Logs and Fireplaces
- Custom Order Premium Grills

- Low cost install - No hidden costs or fees
- Automatic or Will Call delivery - Equal Monthly Payment Plans

Lowest competitive price possible

- Can service almost ANY application

24 Hour Emergency Service

Farmers' Almanac

"There is no season when such pleasant and sunny spots may be lighted on, and produce so pleasant an effect on the feelings, as

to fall while many tribes called it the Big Feast Moon because of the bountiful harvests and Fall Celebrations going on at this time.

- **Gas Emergency Generators**
- Tankless Water Heaters
- Outdoor Living Products



Over 30 Working Gas Logs, Fireplaces and Heaters on Display.



McLaughlin's offers a wide range of tank ns for all your gas needs, from 5 to 1,900 gallons. Inquire today!

We also offer free quotes and estimates for any application you may need for your home or business. www.MclHeat.com

V/SA Located Just Over the Mountain in Rouzerville! A family owned and operated business since 1954. Dedicated to providing your L.P. and Heating Oil needs! 11931 Buchanan Trail East, Waynesboro, PA 17268 Phone: 717-762-5711 | 1-800-463-5711

now in October. -Nathaniel Hawthorn (1804 - 1864)

Mid-Atlantic Weather Watch: Fair and cool (1,2,3,4,5,6,7) with showers and warmer (8,9). STORMS (10,11,12) turning fair and mild (13,14,15,16,17,18,19). Showers and warm (20,21) returning to fair and mild temperatures (22,23,24,25,26,27,28); showers end the month (29,30,31).

Full Moon: The Full Moon in October will occur on October 18th and is the Hunter's Moon for 2013. The Cree Indian Tribe called it the Moon Of Falling Leaves because so many trees lose the last of their leaves in October. It has also been known as Yellow Leaf Moon because of all of the bright foliage yet

Holidays: Columbus Day falls on Monday, October 14th and United Nations Day is celebrated on Thursday, October 24th. The children's most anticipated holiday (next to Christmas, of course!) is Halloween which falls on Thursday, October 31st. Show good safety sense and schedule 'Trick or Treat' activities early and before dusk for the young ones and caution older children to carry flashlights and wear reflective clothing (or costumes!) after dark. Never allow any 'treats' to be eaten until after a thorough examination by parents!

The Garden: Start raking those leaves now! Be sure to give your lawn a good raking so that the fallen leaves won't block vital Fall sunlight to the lawn. Shred those leaves

ble garden soil's pH levels. If too acidic, apply lime. Do not fertilize any trees. Fertilizing will encourage new growth when actually, trees need to retreat into a resting phase and prepare for the colder winter months ahead. One last tip: mix 1 can of cola (not diet), 1 cup of dish soap, and 1/4 cup of ammonia and add to 20-gallon sprayer and fill to top. Saturate the layer of mulch (all those shredded leaves!) or whatever's left on top of your vegetable garden's soil and then say, "Good Night" until the next growing season!

J. Gruber's thought for today's living

"People who are too quick to criticize are usually the slowest in offering words of praise or paying a compliment.'

COMPUTER Q&A

Software to avoid using on your PC!

Aysë Stenabaugh Jester's Computer Tutor

It sounds like a good deal to get your computer moving faster for free. Of course, as many of us know nothing is ever free- unless it's garbage. That is just what these companies are doing – trying to get you to download free garbage to entice you to pay for more garbage. Sounds like a bad deal right? It is!

You have probably seen advertisements like these before, perhaps even on legitimate websites. Advertising is advertising and some people don't care who they sell their products to as long as they get their money. Advertisements like these may mention that they can "speed up" your computer or perhaps they "found" errors on your computer. Well, first of all most of the programs that offer to speed up your computer can do more damage than good. Secondly, they can not tell if your computer even HAS errors until the program is installed and ran, by then it may be too late!

Many of the computers that have been brought in lately for "clean ups" have had a variety of these "garbage" software programs installed on them. This is a huge indication that one (or several) of these "garbage" programs were installed. Many of them even allow pop-ups that tell you that you must purchase additional software to further fix errors or that you must pay more to fix the errors!

Here is a partial list of what we call "garbage" software that does more harm than good when installed:

- FLASHPLAYERPRO V5.4
- LYRICS-MONKEY
- VAFMUSIC2 TOOLBAR
- SEARCH PROTECT BY CONDUIT
- OPTIMIZER PRO V 3.2
- DESK 365
- DEFAULT TAB
- DM UNINSTALLER
- DOWNLOAD TERMS
- MY PC BACK Up

When you click on the advertisement, not only has a bunch of unnecessary software been installed that has nothing to do with speeding up your PC, but you may also notice that some of your system settings like changes to your browser's default search engine have been affected. Additionally these programs can actually slow your computer down! Some of the software listed above can be difficult and sometimes seemingly impossible to remove without professional assistance. A good antivirus will not prevent you from installing this "garbage" software since you as the user are initializing the installation of the software. Technically the above programs are NOT considered viruses but they share many of the same traits that malicious software carries. Those of us in the IT industry has labeled these programs as "Potentially Unwanted Programs" or "PUP". Additional software we recommend uninstalling Any registry cleaner such as CCleaner - These programs are known to do more harm than good!



Any program that claims to speed up your computer or offer a performance boost.

Programs that offer "support" such as 24x7 help – Most are scams and they could steal your information if you allow them to take control of your computer

All toolbars which you are not actively using or do not need - They slow your internet experience down and many of them contain malicious scripts!

Any program "updater" or "download helper" – Again generally junky software and you should always go to the program manufacturer's website for updates, otherwise you may get more "garbage" software bundled in with it.



Special Jackpot will start @ \$500 in 57 #'s or less

Any kind of driver assistance program –Again go right to the manufacturer's website for drivers! A professional computer clean-

up can provide you with a faster, reliable computer!

If you need computer advice or would like to seek help Jester's Computer Tutor provides one-on-one classes and assistance in your home as well as on-site service calls for troubleshooting and networking. Please contact us at (717) 435-7463 or online at help@thecomputertutor.info. You can also visit our website at www.thecomputertutor. info or like us on Facebook to receive free tips & tricks!







UPCOMING EVENTS

Seventh Annual Salsa on the Square

Karl Mattson

The seventh annual Salsa on the Square will take place from 5:30 to 11 p.m. Friday, October 4 in Gettysburg. Sponsored by Project Gettysburg-León (PGL), the event will celebrate more than 25 years of Gettysburg's Sister City relationship with León, Nicaragua, and a Fiesta observing the contribution of Hispanic people to Adams County. Food concessionaires will be open for business at 5:30 p.m. Dancing starts at 6:45 p.m.

The Salsa Dance and Fiesta will take place on the first block of Carlisle Street, which will be closed from Lincoln Square to the railroad tracks. Featured will be the Latin music of Hector Rosado and his eleven-person band "A-che", returning for the fourth year. In addition to salsa, the band performs Latin music including merengue, bachata, and Latin jazz. Also appearing will be the local band Los Plebes de la Sierra. DJ Solalinde will play dance music between the sets.

Eight local groups and restaurants will sell food. Gettysburg College students will organize children's games. Nicaraguan coffee will be for sale.

The event is the local centerpiece of Hispanic Heritage Month, which honors not only Latino contributions to American culture, but the independence of the five Central American countries, including Nicaragua. At 6:30

Mayor Bill Troxell of Gettysburg will present a special proclamation proclaiming Hispanic Heritage Day in Gettysburg.

The event is partially funded through generous grants from the Adams County Foundation, the Adams County Fruit Growers Association, Rice Fruit Company, the Nancy Cushing-Daniels Fund, and the Young Growers Alliance of Adams County, all meant to honor Latino contributions to the economy and culture of Adams County. The Center for Public Service at Gettysburg College is also a major contributor. The Salsa Dance is produced in association with the Gettysburg Area Retail Merchants Association working together with PGL for the greater good of Gettysburg.

A delegation from León, Nicaragua, will be present including the PGL in-country director, Aaron Banas; and Javier Espinoza, the community extension worker in Talolinga, Nicaragua. Espinoza is receiving training as a rural extension worker in coordination with the Young Growers Alliance of Adams County and generous contributions from St. James Lutheran Church, Gettysburg.

To learn more about Project Gettysburg-León, its projects in Nicaragua, and its student and community delegations to that country, see http://www.gettysburg-leon.org.



EOPCC dance fundraiser

Kathryn Franke MSM Class of 2013

Emmitsburg Osteopathic Primary Care Center (EOPCC) is a nonprofit organization "dedicated to providing medical education and patient-centered osteopathic healthcare," but they bring even more to our community. Dr. Bonita Portier of the EOPCC explains, "The health of Emmitsburg and our local communities depends on each and every one of us stepping up to the plate to manifest and commit our resources for the good of all."

To bring that goal into fruition, the EOPCC is excited to announce its October dance fundraiser. The dance will be on Saturday, October 26 from 8 p.m. to 12 a.m. (doors open at 7 p.m.). The Retro-Rockets will be performing, and according to Dr. Portier, "The Retro-Rockets band added so much magic by their fabulous interactive music that truly takes you from just enjoying the 50s and 60s music to feeling like you have just time travelled. This year is our second annual Fall Dance and we look forward to this as a signature event fundraiser bringing wholesome fun for all. Click those heels and come join us as we celebrate the joy of country living!"

The dance will be held at the Emmitsburg Ambulance Hall (17701 Creamery Road). Tickets are \$15 for advanced admission or \$20 at the door. Dr. Portier explains, "The Retro-Rockets Band will provide the energy, but we need you to come and dance the night away with us." Mark your calendars and get ready for great food, raffles, prizes and fun!

To purchase tickets, contact Melissa Wetzel at 301-447-3797.

Gettysburg Festival call for entries

The Gettysburg Festival, Inc., is seeking builders for the 4th Annual Gingerbread Celebration & Holiday Mart to be held Friday and Saturday, December 6 and 7 at the Gettysburg campus of Harrisburg Area Community College (HACC). Featuring an exhibit of gingerbread houses and gingerbread men made by area residents and businesses, the Gingerbread Celebration is a fundraiser for non-profit organizations, Gettysburg Festival and Survivors, Inc. Free and open to the public both days, this year's event will feature new entry categories with prizes, "People's Choice" voting, a live auction of gingerbread houses and a ticketed reception from 5-7 Friday evening. The Gingerbread Celebration will also play host to the popular Holiday Mart, featuring vendor booths from area artisans and crafters, where attendees can purchase unique, holiday-themed gifts.

The Gingerbread Celebration will be accepting entries in the following categories: Families/school-aged children, amateur/home bakers and professional chefs. Area businesses are also welcome to gather co-workers together to submit an entry to win the soon-to-be highly-coveted traveling "Ginger Trophy" in the Business Challenge category.



If the thought of designing a gingerbread house is too daunting, there is also an option to design a Gingerbread Man/ Woman. Entry form submissions are being accepted through November 22nd. An announcement of prizes for each category will be forthcoming. Winners will be determined by "People's Choice" votes submitted throughout the event.

For more information about the Gettysburg Festival, Inc.'s Gingerbread Celebration or to download entry submission and vendor applications, please visit www.Gettysburg-Festival.org or call 717.334.0853.

Emmitsburg Presbyterian Church

"We seek a community of faith that is inclusive of all people, believing that all are equal before God."

Casual Yet Traditional Service - Sunday at 11:30AM Join us before the service at 11:00AM for-coffee and refreshments.

ORGAN CONCERT & OPEN HOUSE Sunday, Nov. 3 - 4:30pm 415 Main St., Emmitsburg, MD

Dr. Elizabeth Krouse, our church organist, will perform classical compositions, including works by Vivaldi/Bach, Mozart, Sweelinck & Vivaldi/Krouse.

Dr. Elizabeth Krouse earned the degree Doctor of Musical Arts in Organ Performance from the University of Missouri at Kansas City; the degree Master of Music from the University of Colorado at Boulder; and the Bachelor of Music degree from Corpus Christie State College, now part of Texas A&M. Her experience includes teaching: both privately and at the college level; performing: years of service in churches as music director and organist; composing: Dr. Krouse is the former organist at the Basilica of the National Shrine of St. Elizabeth Ann Seton in Emmitsburg, MD and currently serves as organist for St. Paul's Lutheran Church in Walkersville, MD and Emmitsburg Presbyterian Church.

A RECEPTION WILL FOLLOW THE CONCERT

"Join us as we embark on a mission of discovery!"

Come Grow With Us

UPCOMING EVENTS

October 4, 5, 6

National Fallen Firefighter Weekend.

October 4

Mother Seton School's Blessing of the Animals. 1:30 p.m. – 2:30 p.m. Join us for a special Blessing of the Animals in honor of the Feast of St. Francis of Assisi. The ceremony will be held in front of Mother Seton School, 100 Creamery Rd. Bring your beloved furry, scaly, or feathery friends! Call 301-447-3161 or visit www.mothersetonschool.org.

October 5

Keysville Lutheran Church's Annual Yard Sale. Large, indoor yard sale with several rooms including clothes, toys, books, and household items. Kitchen will be open and selling food items. Doors open to public at 8am. Clothing for \$1 per bag. The church is located at 7301 Keysville Road, Keymar. For more information call 410-756-6064.

Strawberry Hill Nature Preserve's "A Night of Stargazing". Grab a blanket and the kids for a whole family evening under the stars! We will take advantage of the new moon for maximum star visibility and check out the fall sky constellations after practicing the art of making s' mores. The bonfire will be waiting for you! For more information call 717-642-5840 or visit www.strawberryhill.org.

Tom's Creek United Methodist Church's all you can eat Buffet Breakfast from 6:00am until 10:00am. The cost for adults is \$8, children 5 - 10are \$4, and children under 5 are free. Please join us at 10926 Simmons Rd. For more information call 301-447-3171. **October 5 & 6, 12 & 13** Adams County Apple Harvest Festival. See page 17 for more information.

October 10, 11, 12

Saint Anthony Shrine's Yard and Bake Sale. Space will be available if you are interested in selling your own items -\$15/one day, \$25/two days or \$30/all three days. You must bring your own table/s. Come and enjoy the day with us. For more information call Helen Reaver at 301- 447-6431 or the parish office 301-447-2367.

October 12

St. John's Lutheran Church's Fall Fest Dinner, Fried Chicken, Country Ham and Chicken Slippery Pot - Pie, Adults \$14, Children (7-10) \$7.00, 6 and under free. 8619 Blacks Mill Road, Creagerstown.

YWCA Gettysburg & Adams County's Encore Breast Cancer Awareness 5K. The event, now in its seventh year, benefits the YW's Encore Breast Cancer Support Group. Applications for the Encore 5K are available at the YWCA service desk and at ywcagettysburg.org. Participants may also register online at active.com. For more information, contact Alex J. Hayes at 717-334-9171, ext. 116.

October 12 & 13

Mt. Tabor Church of Rocky Ridge's Ridgefest at Mt. Tabor Park. Apple Butter Boiling demonstration (Sat. only), Food Stands featuring good home-cooked food both days, and Flea Markets. Apple butter will be available for sale on Saturday and Sunday for \$3.50 a pint; all new jars will be provided and no advance orders will be taken. Of course, the Rocky Ridge Fire Company will be making their famous Fried Ham Sandwiches for sale both days and will remain open until 6 pm on both days. Directions to Mt. Tabor Park: follow Route 77 East to Rocky Ridge, turn onto Motters Station Road, the park is just ahead on the left.

Harriet Chapel's FallFest - Giant Yard Sale - clothes, toys, furniture, household items, jewelry, shoes, books, candles, etc. plus sausage sandwiches, hamburgers, chicken-corn soup, hot dogs, pulled pork, baked goods, and beverages available. 12625 Catoctin Furnace Road, Just off Rte 15, 2.5 miles south of Thurmont.

Catoctin Furnace Historical Society's Fallfest featuring handmade crafts, gifts, greenery, children's activities, and refreshments! 12607 Catoctin Furnace Road. For more information visit catoctinfurnace.org or contact Elizabeth Anderson Comer by email at 410-243-2626

Our Lady of Mount Carmel's Colorfest Crabcake & Sausage Stand. The stand is open for breakfast and lunch. For more information call the parish office at 301- 447-2367.

October 17

Adams County Republican Committee's 28th Annual Eisenhower Dinner that will be at the Gettysburg Hotel. Everyone is cordially invited to attend, however reservations are required. For more information and tickets, please contact Jennifer Railing at 717-334-1205.

October 19

35 Annul Camp Eder Fall Festival. See article on page 16 for more information. The Fort Richie Community Cen-

ter's 5th annual Craft show at the Fort Ritchie Community center in Cascade. This year we are partnering with Sound So Good Audio from Waynesboro and having a huge car/bike/truck show called "King of the Mountain Car Show". Proceeds will benefit Children's Miracle Network and the Fort Ritchie Community Center. We have expect to have between 50-60 craft vendors and over 100- 150 vehicles for the show! For more information on the craft show please contact Beverly Coyle, at 301-241-5085 or for the car show call 717-762-6865 and ask for Ben or visit www.theFRCC.org.

October 19

8th Annual Lacie's Legacy Memorial Walk. Carroll Valley Park, Fairfield. All proceeds will be donated to NT-SAD for research and education of Tay Sachs Disease in Memory of Lacie Wivell. Silent Auctions, Raffles, and Door Prizes. \$10.00 per walker (includes Lunch) For more information, please email Rick and Lisa at lisawivell@yahoo.com or call 717-642-6989.

October 25 & 26

Christ Community Church's Drama Program. FREE drama classes in which you or your child will be able to learn acting, stage makeup, stage prep, prop design, publicity, and much, much, more! The CCC Drama Group is for ages are 8-19! We will be performing Peter and Wendy at the end of the school year. Please bring a monologue to read to the judges. For more information call Clair Talcott at 717-778-1640.

October 26

Vigilant Hose Company annual Fire Prevention Open House. For more information visit www. vhc6.com.

October 26

Thurmont's Halloween in the Park. This successful town event has grown over the years with approximately 2,000 attendees. Halloween in the Park provides a fun and safe environment for families, and benefits the food bank via can food items for admission. Halloween in the Park could not happen without the town, and generosity of the business community. If you are interested in making a monetary donation, or a food donation (cookies, cakes, etc.) please call Commissioner Wayne Hooper @ 301.418.8641, or whopper@thurmont.com

October 27

Gentle Giants Draft Horse Rescue will be hosting a Purse Silent Auction fundraiser and Vendor Fair at Linganore Winecellars, 13601 Glissans Mill Road, Mt. Airy. This event will feature gently used purses from such designers as Coach, Vera Bradley, Michael Kors, Fossil, and Nine West. There will be a "\$5-\$20 Cash & Carry" purse table featuring items that can be purchased on the spot. Wines from Linganore Winecellars will be available for wine tasting and vendors featuring unique jewelry, fragrances, cosmetics and pantry items will also have tables set up during this event for your shopping pleasure. Gentle Giants Draft Horse Rescue was formed to facilitate the rescue of Draft and Draft Cross horses from slaughter, abuse, and neglect. For more information about this organization, please visit their website at www.gentlegiantsdrafthorserescue.com.



mount st. mary's university



MOUNTOBERFEST 2013 OCTOBER 5, NOON-4P.M.

All are welcome!

Come celebrate the fall season at Mountoberfest! Join us October 5 from noon-4 p.m. on the Founder's Plaza.

The event features fun for kids of every age—great food, live music feauring *Four on the Floor*, men's and women's rugby games, and kids' activities. You can even take a turn on the Mount's zipline! Bring your appetite—there will be plenty of bratwurst, burgers and beer. Beer tasting (1:30-3:30 p.m.) will be provided by the Flying Dog Brewery from Frederick, MD.

Food and beverages are a la carte; there is an additional cost for the Flying Dog Beer tasting.

Registration fee: \$10 for ages 16 and over; \$5 for children ages 5-15; free for children ages 4 and under.

Visit www.msmary.edu/mountoberfest for the full schedule. Call 301-447-5544 for more information.



MEN'S BASKETBALL SEASON TICKETS ON SALE NOW! Grab your blue and white—the men's and women's basketball seasons tip off Friday,

JUNIOR MOUNTAINEER CLUB WANTS YOU!

The Mount invites all kids 13 and under to join our Junior Mountaineer Club! The Junior Mountaineer Club is a fun and interactive allsports fan club for young Mountaineer fans. The club offers Mountaineer enthusiasts the opportunity to experience the excitement of Mount St. Mary's University sporting events. The Junior Mountaineer Club is your ticket to Mount athletics, so don't miss out! *Find all of the details and the application at www.mountathletics.com*

CALENDAR OF Events

FALL BREAK Oct. 5–13 No classes on the Emmitsburg campus.

MASTER OF HEALTH ADMINISTRATION INFORMATION SESSION

Wednesday, Oct. 9, 4-6 p.m. Mount St. Mary's Frederick Campus 5350 Spectrum Drive, Frederick Learn more about the only accelerated MHA program in Maryland that incorporates Lean Six Sigma methodology.

ADULT UNDERGRADUATE PROGRAM INFORMATION SESSION

Tuesday, Oct. 15, 4–6 p.m. Mount St. Mary's Frederick Campus 5350 Spectrum Drive, Frederick Find out how easy it is to complete your undergraduate degree. Our program is designed for working adults with accelerated evening classes offered year-round at our Frederick Campus.

CONCERT BY CRAIG BICKHARDT

Tuesday, Oct. 15, 7:30 p.m. Knott Auditorium Craig Bickhardt is a gifted singer-

songwriter whose songs have been recorded by many of the legendary artists of our time, including B.B. King, Johnny Cash, Ray Charles, The Judds, Vince Gill, Alison Krauss



and Kathy Mattea. Free and open to the public.

ART EXHIBITION BY TIM VERMEULEN

Thursday, Oct. 17–Wednesday, Dec. 11 Williams Art Gallery Delaplaine Fine Arts Center Artist Reception, Thursday, Oct. 17, 5–7 p.m. Gallery Hours: M/W/F 9 a.m.-3 p.m. T/TH 10 a.m.-1 p.m. & 2-4 p.m. or by

appointment Former Mount professor Tim Vermeulen's works are small, figurative, autobiographical narratives. The narratives, while formed through self-portraiture, are often based on



established stories or series from literary sources, which are put into a contemporary context. The dramas symbolize internal states, social conflicts, and past traumas. While the settings are often familiar, there are unsettling, disquieting circumstances that speak to the mysterious and contradictory nature of existence. Objects, settings, and human interactions carry symbols of the subsection and collective memory.

Nov. 8. The men's team opens its season on the road against the West Virginia University Mountaineers, followed by a five-game road trip. The home opener is on Saturday, Nov. 23, against American University. The women's season begins with the WNIT preseason tournament at St. Joseph's University, followed by the home opener against Davidson on Nov. 12. Both teams are looking to repeat last year's NEC playoff appearances. Season tickets for the Mountaineer men's games are on sale now at www.mountathletics.com. General admission tickets for individual games go on sale on November 1. Check out the men's and women's schedules and buy your tickets today!



subconscious and collective memory.

MID-SEMESTER CONCERT

Thursday, Oct. 17, 7:30 p.m. Horning Theater, Delaplaine Fine Arts Center Join us for a concert featuring the Mount's musical ensembles and the Mount Chorale! Selections include Pharaoh Sander's "The Creator Has a Master Plan," Gerald Finzi's "My Spirit Sang All Day" and Morten Lauridsen "O Nata Lux," as well as pieces from Johan de Meij's "Lord of the Rings" Symphony for Band No. 1."

RECITAL OF PRE-WORLD WAR I WORKS

Sunday, Oct. 27, 4 p.m.

Horning Theater, Delaplaine Fine Arts Center This afternoon of music includes performances by Mount professor Adam Paul Cordle, viola; Anyango Yarbo-Davenport, violin; James Tung, violin; Sarah Beske, violoncello; and Mary Matthews, flute.

FAITH * DISCOVERY * LEADERSHIP * COMMUNITY