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Complementary Corner

It's spring, everything is in bloom and growing. What you are seeing is the Qi flowing through all living creation.

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Mount set to graduate Class of 2013

Mount St. Mary's 205th Commencement will honor more than 550 undergraduate and graduate students on Sunday, May 12, 2013. The ceremony is scheduled for 11:00 a.m. in the Knott Athletic Recreation Convocation Complex.

Tickets are required for the main Commencement exercises in the Knott Arena. Tickets for Commencement were distributed to students at the Commencement Fair. There will also be a simulcast of the Commencement exercises on the screen in Marion Burk Knott Auditorium on the main campus. This auxiliary venue featuring a real-time web cast will be available for guests beyond the 7-ticket limit. This venue offers a less formal atmosphere. Seating will be available on a firstcome, first-served basis, and no tickets are required. Unable to attend the Commencement exercises? Watch it on LiveStream at www.msmary.edu. Coverage begins at 9:00 am on Sunday, May 12, 2013.

Archbishop William E. Lori, S '77, installed as Archbishop of Baltimore in 2012, will deliver the Commencement address.

"Archbishop Lori's dedication to maintaining faithful Catholic universities, enhancing Catholic identity, and defending and preserving religious liberty is evident on our campus and in his service to the church," said University President Thomas H. Powell. "We look forward to welcoming him back to the Mount."

He obtained his bachelor's degree from the Seminary of St. Pius X, Erlanger, Ky. in 1973, a master's degree from Mount St. Mary's Seminary in 1977, and a doctorate in sacred theology from The Catholic University of America in Washington, D.C. in 1982. He was ordained to the priesthood for the Archdiocese of Washington by Cardinal William Baum in 1977, and was installed as Auxiliary Bishop of Washington in 1995.

The Emmitsburg News-Journal boasts of four Mount graduates of her own: Kathryn Franke, Megan Kinsella, Beth Puleo, and Sam Strub

Kathryn Franke is a Fine Arts and Communication Studies major with a minor in Spanish. Kathryn is currently the Managing Editor of the ENJ and has been the Editor of the Fine Arts Column. Next year, Kathryn will be pursuing her Master's in Business Administration with a concentration in Marketing at the Mount and will be the graduate assistant in the Mount's Office of University Communications.



The ENJ's Senior Columnist, Samantha Strub, Sports Editor, Beth Puleo, Managing Editor, Kathryn Franke, and English Editor, Megan Kinsella, are members of the Mount's Class of 2013. To say that these four exceptional young ladies have been a Godsend to this paper would be a huge understatement. Read about their contributions to the paper and what they will be doing after graduation on page 37.

Megan Kinsella majored in Communication Studies and earned a minor in English. Megan was a creative writer, Sports Editor, Assistant Editor, and English Editor for the ENJ. Her first article, Red in the Head, about her adventures having red hair, is impossible to forget. After graduation, Megan will be working for a missionary organization called Varsity Catholic for two years. She will be placed on a college campus somewhere in the U.S., where she will mentor and lead bible studies for female college student-athletes.

Beth Puleo majored in Communication Studies and came to the ENJ as a published author of her book, Game Changer, in which she

describes how she was diagnosed with childhood brain cancer and has been able to find happiness despite overcoming many difficult obstacles. Beth has been the Sports writer for the ENJ and hopes to land a job with the Frederick Keys or Baltimore Orioles.

Sam Strub is an English and Education major. Sam is the first Mount student to have written for the ENJ for four years. She has chronicled her life in the "Four Years at the Mount" section of the paper from freshman to senior year. Sam has applied for teaching jobs in Maryland and Wisconsin.

To read more about our four stellar graduates, please read the article "The Four Pillars of the ENJ" on page 37.

County emergency radio grant approved

Por years, emergency responders in Adams County, including police, fire personnel and ambulance personnel, often had to rely on multiple forms of communication to talk to each other during emergencies.

The miss-mash communications network was the result of various emergency response systems having independently evolved from each other, or lack of sufficient funding that allowed an emergency response entity to match the communications equipment being used by a neighboring entity.

That "failure to communicate" advanced a significant step closer towards an end with the acquisition of a \$3,250,000 grant approved for Adams County, and announced at a county commissioner meeting on April 3.

The money will be used to upgrade and unify radio communications in Adams County, an objective that emergency responders and county government has struggled for years to try and accomplish.

County Board of Commissioners Chairman Randy Phiel stated April 3, regarding the approval of the grant, "This is an important and proud day for Adams County, our legislators, our staff, the board of commissioners, and especially our residents." Commissioners Phiel, James Martin and Marty Qually announced going into their election that pursuing the radio system upgrade was one of their priorities. The receipt of the grant, Phiel said, "is a fine example of working together to effectively serve our Adams County residents."

The board chairman said the release of the grant was authorized by Governor Tom Corbett. The money comes from the state Redevelopment Assistance Capital Program.

In order to complete the grant process in order to actually receive the money for the proposed upgrade, dubbed the Adams County Digital Public Radio Network, the board will have to prepare a formal application to the state office of the Budget.

Commissioner Martin stated that, while many consider the coming 150th anniversary of the Battle of Gettysburg as "an Olympic moment, to me this (receiving approval of the grant) is an Olympic moment for Adams County. The grant will help the county in its entirety."

Commissioner Qually said, "We hear how everybody doesn't get along in the world. In Adams County, we constantly work well together." The success at being approved for the grant, he said, "is recognition for you guys (the emergency responders)."

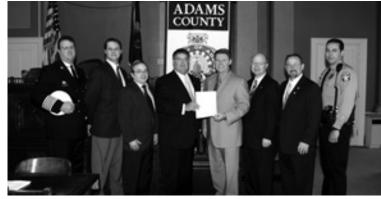
State Senator Richard Alloway said, "I can't say enough (about the efforts of the board of commissioners). This was not an easy thing to put all the pieces together." Sometimes, the board was given a one week notice to get a submission in order.

"This is a great day for Adams Coun-

ty," he said. "A wonderful day for the emergency responders."

Phiel stated, "To be awarded \$3,250,000 for the Adams County radio project is a very, very significant award in this economic climate of grant funding."

"We pledged (in pursuing funding) to reduce the impact to taxpayers by going after grant monies in what was a very difficult grant and funding environment," he stated.



Adams County leadership accepting grant for the emergency radio system

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Letter to the Editor

Brian Dayton for Sheriff

I am writing today, to express my support and endorsement of Brian Dayton, who is running for the position of Sheriff of Adams County, PA. I have known Brian for many years, as a fellow businessman and a courageous law enforcement officer. Brian has both the practical leadership qualities necessary for this important job as well as the professional training and experience necessary to properly

fulfill the duties of Sheriff. Brian has served the Baltimore Police Department with distinction for many years, in roles, such as Detective of the Warrant Task Force, serving multijurisdictional state warrants, court orders, surveillance and intelligence gathering. He is currently Supervisor of the Professional Standards Unit, patrol training. Over his tenor at Baltimore PD he has trained over 1600 local and out of jurisdiction patrolmen, investigators and supervisors. He is currently an officer of the American Legion Post 202 and 19 year member of the Fraternal Order of Police, as well as a member of the National Rifle As-

With the large number of unserved warrants outstanding in Adams County, he will bring his focus and experience forward to do the job Adams County citizens and taxpayers deserve. Vote for Brian Dayton in the primary election, May 21!

Harvey Tegeler

Town begins work on 2014 budget

Emmitsburg's Board of Commission-ers engaged in some 'spring deaning' at their April 15 meeting, settling discussion on a couple of ordinances under consideration since February, and introducing new ones to codify best practices for working with and reporting on the budget.

The new ordinances, proposed by Commissioner Patrick Joy, are intended to standardize and enforce some of the budget processes that the town already employs, with some additional improvements, including a clearer definition of which projects and items should be financed under the Capital Improvement Plan (CIP). Another provision would grant town departments more flexibility with their budgets, allowing them to shift 5-10% of their allocated funds between each other to cover minor shortfalls without raising any red flags. The Town Clerk and Treasurer would monitor the transfers and report them to the Council.

The recommendations were welcomed by the Board, which will begin work on the 2014 Budget this month. The May 6 meeting will include the pre-

sentation of the budget by Mayor Don Briggs, as well as a discussion of the 2014 tax rate and a public hearing on the revised water rates, which were approved by the Board at its April 1 meeting.

Commissioner Joy also presented an ordinance to amend the Town Charter's provisions for filling vacancies on the Board following Commissioner Glenn Blanchard's resignation in February and subsequent appointment of former Mayor Jim Hoover to the Board. Under Joy's proposal, vacancies would be filled at the time of the next general election, with the elected replacement serving out the remainder of the vacating member's term.

While Commissioners Hoover and Cliff Sweeney reiterated their preference for the current practice of having the Board appoint a replacement, they also acknowledged that the process in February felt "rushed" and "uncomfortable."

Citing concerns about transparency and avoiding divisive political appointments at the March 4 Council meeting, Commissioners Joy, Tim O'Donnell, and Chris Staiger voiced support for changing the Charter to drop the appointment op-

"We came to a consensus, at least three of us, to go forward with the general election idea," Joy said. "That's what I brought back."

Joy will work with town staff to finalize wording of the proposal before it is brought back for a public hearing at a future date.

Meanwhile, Commissioner Hoover volunteered to work with staff to put the finishing touches on an ordinance to allow residents to raise and keep hens in backyard chicken coops. The Board's remaining concerns mainly deal with how the language is to be incorporated into Title 6 of the Town Code, which presently deals only with dogs. Since the chicken ordinance presented by Town Planner Susan Cipperly is modeled closely after the language on dogs, Hoover suggested that it may be simpler to expand the current language in order to avoid unnecessary duplication.

Other action was on hold until after the Planning Commission discussed the

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ordinance at its April 29 meeting, and the 2014 budget work may push a final public hearing on the matter into the summer.

Finally, the Board accepted a bid from Serenity Pool Management, LLC, to staff the community pool this summer. The \$44,853 bid covers four lifeguards and one gate guard, as well as special events

and swimming lessons. The only other bid, submitted by American Pools, was withdrawn in March. The town has a history of working with Serenity on multiyear contracts in the past, but switching to a more competitive one-year contract led them to reduce their bid by 15%, according to Town Manager Dave Haller.

County proposes changes to funding of fire & EMS services

Some county residents could see higher taxes as the Board of County Commissioners (BOCC) moves forward with a proposed 2014 budget that would absorb the dedicated fire tax back into the general fund to help close a structural deficit and stabilize emergency service funding. Under the proposal fire & EMS services will be viewed as a county wide service just like education, police, public works, etc.. The Volunteer Fire Company Asso-

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ciation voted unanimously to support the county move.

Under the current system, fire districts classified as "urban" pay \$0.128 per \$100 of assessed property value for fire and rescue services, while suburban districts, which are more reliant on volunteer fire companies, pay \$0.08. The new plan would consolidate both rates into the general fund by increasing the property tax by the higher urban rate, meaning no net change for urban

district residents, but a 4.8 cent rate hike for most of the rest of the county.

Whether a residence is within the urban or suburban districts depends on which ambulance service would be dispatched first to the location, and whether that service is staffed 6 a.m.-6 p.m. on weekdays or 24/7. Emmitsburg pays for 24/7 ambulance coverage, so residents pay the higher urban rate, but Thurmont is weekday only coverage, so it pays the suburban rate.

Since northern Frederick County relies entirely on volunteer fire companies, the "fire tax" is a bit of a misnomer, according to Tim Clarke, president of Emmitsburg's Vigilant Hose Company.

"The fire tax they see on their bill is truly an EMS tax for an ambulance company, and none of that comes to the fire company," Clarke said, adding that he hopes the change to the tax structure will help to alleviate some residents' confusion at tax time.

"I think people need to understand that while we receive an operational budget from the company to make sure we have fuel in the trucks and heat in the building,

the majority of the funds needed to sustain us comes from fundraising and support of the community."

The proposed 2014 budget, which will be presented at a public hearing on May 7, also seeks over \$1 million in budget cuts from the Division of Fire and Rescue Services, to be achieved through eliminating several paid staff positions throughout the county. At the same time the County added an additional \$600,000 in the budget to support the efforts of volunteer companies.

The cuts will require more volunteers to pick up the slack and avoid response delays in the affected districts, but northern Frederick County will be insulated due to its allvolunteer fire service.

"There will be no impact in service whatsoever, either on the fire or EMS side," Clarke said.

A broader shift from paid staff to greater reliance on volunteers would be welcomed by Rocky Ridge Volunteer Fire Company President Dale Kline.

"The best thing we can do in Fred-

erick County is try to keep volunteer fire companies and ambulances where they can manage to run strictly by volunteers," Kline said. "Unfortunately I don't believe there are any ambulance companies run by volunteers anymore."

Recruiting and training volunteers remains a long-term goal of the county, according to Doug Orner, Director of the Frederick County Volunteer Fire and Rescue Association.

"As long as we're able to maintain the service levels with volunteers, that's a definite plus for all taxpayers, and that's what the intent is, so that the commissioners don't have to increase taxes going forward,"

He says the main challenge with volunteer recruitment is retention, as the amount of training required can be prohibitive to those trying to balance work and family obligations. County officials are considering plans that would grant incentives to the volunteer companies in order to entice additional membership.

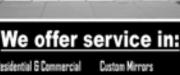


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Council seat filled

The Carroll Valley Borough Council voted at their April 9 meeting to appoint a former councilman to a seat vacated by the March resignation of William Reinke.

Frank Burhman was appointed in a vote of 5-1, with one council member, Dan Patton, being absent. Councilman Neil Abrams voted against the appointment. Resident John Hawk also put his hat in the ring for the vacant council seat, but failed to achieve nomination for candidacy.

Abrams did not publicly state his reason for voting against Burhman's appointment, but prior to the vote, he did question the process, specifically the requirement to vote in public rather than behind closed doors. "[A public vote]" isn't fair to the council and it's not fair to the candidate," he stated. Borough Manager David Hazlett assured Abrams that state law requires a public vote on such appointments.

Burhman was initially appointed

to the council in 2007 to finish the term of Ted Talbertto, who resigned before his term was up in 2011, but chose not to run for election to the seat in 2011. Janis Ashman was subsequently elected in 2011 to fill the vacancy created when Burhman decided not to run. Burhman served on the borough Planning Commission beginning in 1987, then stepped aside when he accepted the council appointment.

Regarding his April 9 council appointment, Burhman stated, "I hope to represent [the residents] in a balanced way," even inviting Hawk to ask him a lot of questions on issues during any upcoming meetings.

The borough Council accepted "with regret" the resignation of fellow member William Reinke at their March 12 meeting. Reike has served as a borough councilman since 2007, as well as an active member of the borough Finance Committee. Reinke explained to the council that "a lot has changed in my personal circumstances since 2007."

"My children have grown in both number and size," he said. "My job situation, which could be optimis-

tically described as under employed in 2007 has swung to the side of the spectrum. And my volunteer position as a marriage mentor has grown into a full-blown calling. I sometimes find these things getting pushed to the edge of my overflowing plate."

"It has been an honor and a privilege to serve with everyone in this room," the resigned councilman stated. "Finally, I would like to thank the residents of Carroll Valley for placing their confidence in me and letting me represent them these last six years."

Stone House restoration may entail variances

proposal to restore an early A "stone house" located on Water Street in Fairfield Borough, and subdivide the land it is on, will likely necessitate a number of variances.

The Fairfield Borough Planning Commission continued its preliminary assessment of the 10 Water Street house and property in question, owned by Gerard and Kathleen Michaels, at their April 8 meeting.

The initial plans for the old house, which is at least 19th Century and possibly older, was presented to the borough Planning Commission at their February 12 meeting by architect Allen Beckett, representing the property owners.

A modular residence is also located on the same tract as the older building, which constitutes a nonconforming use under current zoning regulations. In addition to restoring the old structure, the owners would like to subdivide the land into two parcels, placing each of the two residences on separate plots.

Following the February 12 meet-

ing, Adams County planner Robert Thaeler reviewed the proposed project in an effort to determine how many variances might be needed to proceed with the project, and noted the following at the April meeting:

- · Subdividing the lot would require a lot size variance for at least one of the two lots;
- At least one lot would need a lot size variance;
- The lots may need impervious coverage variances;
- · At least one lot may need a max-

imum front yard depth variance; • At least one lot may need a side

- yard depth variance; At least one lot may need a rear
- yard depth variance; and
- Proposed lot widths may require a variance.

Thaeler stated that it appeared the project would need "three to four (definite variances)" as presently proposed. Such variances would have to be approved before the borough Zoning Hearing Board.

"From a planning perspective," he

said, granting the variances would be "a viable trade-off (to get the abandoned residence restored and to get the existing buildings on separate

The old, unoccupied house found itself on the borough's radar when it began to show signs of disrepair, according to Land & Sea Services, LLC., the firm that manages the borough's code enforcement.

The planning commission took no formal action at the meeting regarding the proposed project.

SGI rezoning approved by Hamiltonban

he Hamiltonban Township ■ Board of Supervisors voted 3-2 to approve a zoning change proposed by a local quarry operation amid a "packed house" of dozens of opponents and proponents at a special meeting held April 13.

The change-of-zoning request was submitted by Specialty Granules, Inc. (SGI), formerly ISP Minerals, seeking to change the zoning of a 110-acre parcel located in the township from the existing zoning of Woodland Conservation to Industrial.

Quarrying would not be permitted in the Woodland Conser-

vation District, but could be allowed in an Industrial District as a conditional use.

SGI wants to quarry a significant deposit of metabasalt which lies in the 110-acre tract in question. Metabasalt is used as granules in the manufacture of shin-

Supervisors Robert L. Gordon, Coleen N. Reemer, and Douglas Woerner voted in favor of the zoning change. Supervisors Harry Rood and James Grinder voted against.

The zoning change will permit SGI to expand its currently-existing quarrying operation into the

110-acre parcel in question, if the operation can also follow-up with the successful acquisition of a conditional use permit and other necessary state permits.

Speaking in favor of the zoning change before the vote was taken, Lacy Hammett, whose husband works for SGI, told the board, "It is not SGI that would be hurt (by a rezoning denial). The community would be hurt."

As for any environmental impact, real or imagined, Hammett said, "A lot of (SGI) employees are avid sportsmen. They wouldn't want the water source polluted... (or support anything) that would kill the deer, that would kill the fish."

The board's decision was initially to have been made at their April 4 meeting.

However, the board then decided to hold a special meeting April 13 to vote on the zoning request after attorney J. Dwight Yoder, representing "a number of property owners and tax payers" in the township, challenged the process of making a decision without previously advertising that the board intended to do so at the meeting.

Gordon told the News-Journal that the conditional use permit SGI would need to proceed with their quarrying plans is not a given. "I see the process as taking another year before they get through this (conditional use application – which they have not yet applied for). There will be other public hearing."

The board chairman described the conditional use permit process as "involved, thorough."

"They have to show us exactly what the propose, where roads will be, where will their buffers be, and what they will do to protect the streams, and on and on and on," he stated. "Then their application has to go to DEP (state Department of Environmental Protection) to get state permits."

Proposed changes to the fire tax districts

From the Board of County Commissioners

The Board of County Com-I missioners would like to share with the Frederick County taxpayers and citizens the proposed changes to the fire tax dis-

The proposed Frederick County Fiscal Year 2014 Operating Budget reflects the consolidation of the fire tax districts into the General Fund. For the past two years, the fire tax districts have been subsidized by the General Fund in the approximate amount of 16 million dollars. When the fire tax districts were established, they were meant to be self-sustain-

For the fund to be self-sustaining, the fire tax would need to be increased to a 17 cent consolidated rate. To avoid this impact, the Board of County Commissioners, in cooperation with the fire and rescue volunteers and the Division of Fire and Rescue Services, is proposing that all fire and rescue services be included in the General Fund.

This proposal will result in the taxpayers having a new recalibrated general property tax rate and the abolishment of the fire tax districts. If the fire tax districts are not consolidated into the General Fund, the general real property tax rate would be below the constant yield tax rate for Fiscal Year 2014. The General Fund will now reflect the total cost of fire and rescue services in the amount of 46.7 million dollars, along with all other county government services. Additional funding incentives have been allocated in the proposed Fiscal Year 2014 Operating Budget to encourage volunteerism in fire and rescue services. As the result of this proposed change, a true comparative budget won't be recognized until the following fiscal year's budget.

The taxpayers will now benefit from

the protection of the homestead property tax credit that provides predictability and stability with their property tax rate. The absence of the homestead credit and the recent decline and volatility of assessments were major factors in the significant deficits in the fire tax

Should you have any questions or concerns regarding this matter, please contact the County Commissioners at 301-600-1100 (countycommissioners@FrederickCountyMD.gov) or Budget Officer Regina Howell at 301-600-3191 (rhowell@FrederickCountyMD.gov).

The Board of County Commissioners will continue to move forward to find efficiencies and savings while maintaining and preserving core services for our citizens. We thank you in advance for your comments and input as we deal with our budgetary issues.

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NEWS

Benefit bingo for Brooke Riggs

L Company (RRVFC) is hosting a cash bingo game on Sunday, May 19, to benefit Brooke Riggs, a 22-month-old girl battling stage 4 Neuroblastoma.

The doors and kitchen open at 11:30 a.m., and games will begin at 1 p.m. Tickets are available in advance for \$20 per person, and \$25 if purchased at the door. At stake are a \$500 jackpot and \$250 junior jackpot, along with other cash prizes.

The Rocky Ridge VFC holds regular cash Bingo games that bring in 45-70 people both from within the community and from further out, and has held benefit games in the past. This one has a special con-

The Rocky Ridge Volunteer Fire nection to the Company, as young Brooke is the granddaughter of Charlie Riggs, a longtime firefighter who, along with his wife Pat, has continued to assist the other volunteers by working in the kitchen and helping out in other ways behind the scenes.

> "Charlie has done just so much for the company, and we just feel we need to do something for the family," said company member Linda Northrup.

Brooke was born June 16, 2011, to parents Becky and Chuck Riggs and 3-year-old sister Paige. She was diagnosed with stage 4 high-risk Neuroblastoma in January of this year, and is currently undergoing treatment at Children's National Medical Center in Washington, D.C.

Neuroblastoma is the most common cancer in infants, with about 700 new cases diagnosed each year, according to the American Cancer

The Frederick community has risen to support Brooke and her family with fundraisers in Myersville, Rocky Ridge, and TJ Middle School, where Becky Riggs has been a 6th grade math teacher since 2010.

For those who are not able to attend the Benefit Bingo but still wish to donate to help Brooke, the family has set up a page at the Patty Pollatos Fund, Inc., at www.ppfinc.org/ Recipients/Brooke_Riggs.htm.



Historic fire truck rededication

The Rocky Ridge Volunteer **▲** Fire Company (RRVFC) will unveil its beautifully restored 83-year-old fire truck at a public open house and re-dedication ceremony on Saturday, May 18 from 1-4 p.m. The ceremony will begin at 2 p.m., and the open house will offer activities for kids, including face painting and a balloon artist, as well as blood pressure readings and fire safety demonstrations.

The star attraction is a 1930 Ford Model A fire truck, painted in its original red color, with a 300 gallon tank and a pump rated at 250 gallons per minute.

"The truck is totally restored and operational," said Dale Kline, president of the RRVFC and a member of the company since 1964. "We could pump water today if we had to."

The truck began its long career in Emmitsburg, bought by

Seagram's

4 Pack Pouches

the Vigilant Hose Company from a local Ford supplier. It was purchased by the RRVFC in 1951, where it was in continual use until it was decommissioned in the mid 70s.

The almost year-long restoration process, which involved stripping the truck to the bare frame, reconditioning the pump and engine, and replacing rare parts, was performed by Bill's Auto Body in Creagerstown. The shop's owner, Bill Wachter, is a RRVFC mem-

'We just wanted to preserve the truck and put it up there as a monument to all the people who used it in our fire company and our community," Kline said.

Some of those former firefighters will be on hand at the re-dedication ceremony. Kline says there are currently six living company members who used the truck back in its heyday and who will see the truck off to the next phase of its life as a local cultural and historical artifact.

In the future the truck will be on display from time to time at Emmitsburg's Fire Museum and at a summer antique fire truck show in Gettysburg. There's no substitute, however, for seeing it at its home station alongside some of the proud volunteers who used it during their decades of service to the region.



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HISTORY

One hundred years ago this month

May 2

Nominations for Burgess and Commissioner

A very enthusiastic meeting of the male citizens of Emmitsburg met at the Fireman's Hall on Tuesday evening, for the purpose of nominating a ticket to be voted on in the town election on Monday. A. A. Horner was made chairman of the meeting, E. C. Moser, Secretary. The meeting was called to order and the following nominations were unanimously made: James H. Matthews for Burgess, Charles M. Rider - Commissioner to serve for three years.

Rural Delivery of Mail Started

Mr. James Bishop accompanied by Mr. Horner, local postmaster, made his first rural delivery by autocar on Monday. Mr. Bishop will continue this mode of delivery during the balance of the season.

St. Euphemia Defeats **Motter's Station**

St. Euphemia's baseball team, having defeated Motter's Station in a close game yesterday by a score of 13 to 12, is desirous of arranging a game with the Emmitsburg High School team.

May 9

Motter's Station Challenges St. **Euphemia's Victory Claim**

According to letters received by the Chronicle from Motter's Station the score of the game "between the nines" from these two places is not accepted as correct by the people in the neighboring vicinity. One letter contains the statement: "The score was 16 to 13 in favor of Motters when the game was stopped." Motter's would like another game with St. Euphemia to prove once and for all Motters fields a better team.

Matthew and Rider Win Town Elections

Monday was Election Day in Emmitsburg - the day for choosing a Burgess to serve for one year and

a Commissioner to serve for three years. John H. Matthews and Charles M. Rider where the candidates of the "Citizens Ticket", Edward Rowe and Harry Harner the candidates of the "Municipal Ticket."

The polls opened at nine o'clock and from that hour until two o'clock, the hour for closing, male voters of Emmistburg filed into Fireman's Hall and cast their ballots for the candidates of their choice. When the official count was ended, Matthew and Rider each had 103 votes to their credit; Rowe 60 and Harner had 58. This was the largest vote count in memory, representing nearly the entire registered mail population of Emmitbsurg, which is 179.

During the day everything passed off quietly, and at night there was a celebration of the event including a serenade of the newly elected Burgess by the Emmitsburg Cornet Band.

Blood Poisoning

Mr. William Buschman is suffering from blood poisoning. About two weeks ago he ran a rusty nail into his hand between the thumb and index finger. Not taking the wound seriously he paid no attention to it until became inflamed, at which time he sought out a physician. Drs. Jamison and Stone lanced the wound. Mr. Bushman is now feeling better.

Autocar Purchases

Dr. Jamison has purchased in E M. F. automobile. The autocar however refused to start and Dr. Jamison had to return home in his trusty horse and buggy. The Emmitsburg motorcar company sold a five passenger Ford automobile to Mr. John Foreman, of Thurmont.

Reward for Information

A liberal reward will be paid for evidence that will lead to the arrest and conviction of the person or persons been taking vegetables and provisions from my premise here in Emmitsburg. (Signed) John Murray

Traveling musicians

Two musicians en route to their

homes near Fairfield, gave some very enjoyable music at several places in Emmitsburg on Wednesday evening.

Wivell-Decateur Marriage

On last Tuesday a very pretty wedding was solemnized in St. John's Catholic Church of Frederic when Miss Maud Helen Decateur of Frederic became the bride of Mr. Frederick Wivell of this place. After the ceremony the bride and groom left for Washington where they spent their honeymoon. After their return they will reside near this place.

May 16

Mr. Wivell is Not Married

In the columns of last week's Chronicle appeared a statement of the marriage of Frederick Wivell of this place and Miss Maud Helen Decateur of Frederick. This statement is not true and I would like to have it corrected through your paper. This appeared I know through no fault of the editor. (Signed) Frederick Wivell.

Oiling of Streets

If communities half as large as Emmitsburg can afford to oil the streets during the summer, it is quite reasonable to suppose that the outlay for this boon to health and pleasure would not be too great for the residents of our town. A number of enterprising citizens are agitating the subject and is to be hoped a season without dust will be the result. If every property holder were to contribute a portion based upon property frontage the desired end would be accomplished forthwith.

Runaways

A horse belonging to Mr. Stoll of Fairfield, ran off last Saturday evening around nine o'clock. The buggy to which it was hitched was demolished and when the animal was stopped it carried with it only a piece of shaft. Both Mr. Stoll and his horse escaped injury. The cause of the runaway is not known but it is suspected a backfire from an autocar startled the horse.



Dorothy Mary Gloninger and Dr. Jamison and his E M. F. automobile.

As Mr. and Mrs. Warren Kugler were returning home Sunday afternoon after spending the day in town, the mule, which they were driving, frightened at two motorcycles and broke a wheel the carriage. No one was hurt.

New Bowling Alley

The bowling alley and poolroom at Matthews's Brothers is nearing completion. It is expected that the bowling alley will be ready for use by Saturday but the poolroom will not be completed before another week.

May 23

Harner Appointed Commissioner

At a meeting of the Burgess and Commissioners of Emmitsburg, Mr. Harry Harner was chosen by the board to fill the vacancy caused by the resignation of Mr. Shoemaker. Mr. Harner who will serve a term of two years was also elected Streets Commissioner.

Harry Troxell injured

While playing with a wire staple used in making wire fence, Master Harry Troxell, was severely cut in the eye. He had driven the staple into a post a short distance, when he happened to give it a blow on the side, which caused it to fly backwards, thus cutting his eye. The sight has not been totally destroyed, but the victim cannot see out of the injured eye. It is expected that the loss of sight to the left eye will result.

Source of Mirage Unknown

Even after carefully comparing notes, exchanging views and speculating on the various theories regard to the mirage that lighted the upper end of town last week nothing definite from those who saw it can be ascertained concerning the cause of this particular phenomenon.

May 30

Bomb Stirs Frederick

A half-gallon glass jar, containing a dry cell battery surrounded by powder and connected with a wire to the works of a clock, exploded with force at one o'clock Monday morning in the field adjoining Clark Place, a fashionable residential section of Frederick. Into the ground a few feet from the bomb was a banner containing the words "Votes for Women." This ignorant action, and the callus lack of regard for the safety of others just goes to prove how much public tranquility will be jeopardized if women should ever get the right to vote.

Interesting Novelty

An interesting novelty seen on the streets of Emmitsburg is a bicycle with a dog for passenger. Mr. Allen Gelwicks provides this amusement for his very intelligent pet, a little black and tan. On the rear of the wheel is a platform from which the clever little animal perches and



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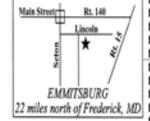




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GOVERNMENT—SOUTH OF THE MASON-DIXON LINE

From the Desk of County Commissioner Blaine Young

The subject of the day in the I local press seems to be the future of the Citizens Care and Rehabilitation Center and the Montevue Assisted Living facility. Of course, as we have come to expect from our local newspapers, you only see one side of the story.

Let me try to rectify that.

First, we have read about the deed, which some claim requires Frederick County to remain in a money losing business, at a cost to the taxpayers of millions of dollars per year - indefinitely. And, of course, we do not read that this is a business that almost without exception throughout the state of Maryland is offered by the private sector, much more efficiently, without taxpayer bailouts.

Now the truth: The county purchased the property (it was not donated as some claim) in 1828. The deed does say the intent of the purchase was for the "benefit of the poor." It says nothing about the county operating a nursing home.

Over time, other uses unrelated to "the poor" have been built and operated on the property: communications facilities, transportation service centers, offices and other public uses. The county attorney has opined that the language in the deed in no way precludes the county from selling the property and facilities. So let's put that one to rest.

Next we hear that the sale of the facility will cause current residents to be "put on the street." Untrue! Maryland law requires

any operator to care for current residents in place at the time of the transfer. In no way would the county permit such a displacement. Period!

The county has circulated a Request for Proposals (RFP) from parties interested in acquiring the property and the facilities. Remember, these facilities cost the taxpayers almost \$40 million to construct, and it is operated at a deficit (funded by tax dollars) of almost \$5 million per year. Some think the elected officials of this county owe it to the taxpayers to explore if there is a way to relieve the burden they (we) are carrying to subsidize this operation. The refusal of prior Boards of County Commissioners to even look into it is not justifiable, and the current board has rectified that.

The fact that an RFP was circulated and responses received does not mean the facilities must be sold. But it does mean that the commissioners owe it to every taxpayer to analyze the responses and make a decision as to what is best for the entire community, not just for a vested few.

There must be good reasons why every county in the state except one has gotten out of the nursing home business. It doesn't mean we don't respect out seniors. In fact this Board of County Commissioners has done much to try to help our seniors buck the trend being set in Annapolis and actually retire and stay in Frederick County and live with dignity.

Not only did we pass a real senior property tax credit, but if go to the Frederick County website you can see a list you click the link below you will see other services Frederick County has available for senior citizens.

For a listing of senior programs and initiatives such as the Senior Tax Credit, Frederick County Health Department programs, senior transportation and TransIT services, Department of Aging programs and activities, prescription discount card, Housing Office subsidies and Sheriff's Office victim's services, visit: www. FrederickCountyMD.gov/seniorguide

Now, I guess I will be called mean spirited and that I have no compassion since I stated the facts. Judge for yourself.

From the Desk of Congressman Chris Van Hollen

■ Representative for Maryland's Eighth Congressional District and I have had the opportunity to meet many people in Frederick County. While different parts of our state sometimes have different concerns, I believe more unites our district than divides us.

I've visited small businesses in places like Emmitsburg and Woodsboro and heard about how owners have worked to keep their enterprises afloat and create jobs these challenging economic times. I've met with local officials in places like Middletown

Tam honored to serve as the for federal investment in infrastructure that would put people back to work rebuilding schools and roads. I've visited Thurmont to meet with farmers to talk about agriculture and seniors to answer their questions about Medicare. I have listened to students - ranging from Frederick County Community College to Thurmont Elementary School - about their hopes for the future and talked to administrators like the President of Mount St. Mary's University about the need to keep investing in education.

As the 113th Congress unfolds, who have emphasized the need I also want to let you know what I'm working on in Congress, and how my office is here to help. Every session, Congress considers legislation that has an impact on the economy, jobs, health care, education, agriculture, national security, transportation, energy, and other matters that are important to Marylanders. As Ranking Member of the House Budget Committee, I am especially focused on accelerating job growth and reducing our long term deficit in a balanced way. I welcome and ask for your input on these issues and any other concerns you may have that come before the United States House of Representatives.

Additionally, I always make the individual concerns of my constituents a top priority. Many people need help getting their Social Security and Medicare benefits from the federal government. The health and financial security of our seniors is extremely important and I will do everything possible to ensure that seniors receive the Social Security and Medicare benefits they have earned.

As more and more of our nation's brave veterans return home, it is vitally important that we make sure that they are receiving the benefits that they have earned through their sacrifice and service in defense of our country. If you are a veteran, please know that I can help you with your claims for educational, disability, retirement, medical, burial, and dependents' benefits. In addition, I am happy to provide assistance with requests for military records and medals. Our veterans have fought for us, and I take pride in doing what I can to fight on their behalf when they return home.

My office can also help with passport applications, federal student loans, service academy nominations, health insurance, bill status updates, copies of legislation, and other services. These issues may not be in the headlines, but for the people involved they are vitally important.

I am pleased to announce that my office in Mount Airy will be opening this spring. In addition to the Mount Airy office, please feel free to stop by, call, or email my offices in Rockville and Washington, DC. The contact information for those offices can be found on my website, vanhollen.house. gov, or by calling my office at 301-424-3501. No matter how big or small your problem may be, I am here to serve you, so please don't hesitate to contact me. I want to hear about your experiences, how legislation affects you and your family, and how I may be of service to our community.

Over the upcoming weeks and months, I will continue to introduce myself to new constituents and listen to their concerns. We need leaders who are willing to work with people from across the political spectrum to confront the most pressing issues we face. Compromise can be difficult, but we can't allow it to become a dirty word. I will continue to work across the aisle to get things done and fight for a prosperous future for Maryland's families.





GOVERNMENT—SOUTH OF THE MASON-DIXON LINE

From the Desk of Town Commissioner Patrick Joy

Tknow what you are thinking "Where is Chris Staiger's column?" Well, because of family commitments, he asked me to report on the government's going-ons. Don't worry he will be back next month. April was uneventful for the Town government. It is always a little slow as we get ready to receive the Mayor's budget proposal in May. At our first April meeting, we had a single agenda item. This was a proposal to raise our water rates. For almost a decade, our water fund has run a deficit. In order to make the fund whole, the Town needs to increase the annual amount collected by just under a \$100,000 per year. Those users that have minimal usage (approximately 60%) will not see any increase. The next tier of users which represent 30% of our users will see an increase about \$10 per quarter. The majority of the increase will be placed on the heavy water users since a large amount of the fixed costs to run the water plant is incurred to satisfy those users. The public hearing on the water rate increases will be at the May 6th meeting.

The second meeting saw a new pool contract adopted (YES! the kiddie pool

area will be open this year with a new splash park) and the review of a second draft of a proposal to allow hens within the town limits. The hen ordinance is proceeding slowly. The debate is between how much Town staff involvement should be involved or should we treat hens like we do dogs, cats and rabbits. I personally prefer Town staff to spend their time on finding grants, keeping our parks dean and ensuring our water and sewer facilities function properly. I also introduced two proposals regarding the budget. One will allow greater flexibility for the Mayor on approved budgets and the second gives the Town Council greater visibility on how Town funds are spent. Transparency on how our tax dollars are spent is a priority of mine. Complacency and lack a visibility is how cities in California spent themselves into a hole. Our May meetings will primarily be on the next fiscal year budget. Last year we were able to find budget savings and keep the tax rate unchanged. I do not expect us to increase spending or taxes again this year. Citizen input is helpful as we decide spending priorities and I encourage everyone to attend or watch our meetings and let your elected officials know your opinions.

We will also be spending some time on the plans for the Town Square. The Town Council needs to approve the design features proposed. For example, do we want a fountain and a clock? If we do want those features, the Town Council will need to decide on what corners they will go. Whatever corner gets the fountain will lose a parking space. We will also be hearing from the Town Planner on the status of the negotiations with State Highway on the proposed design. I also hope as part of the budget discussion, the Mayor and Town staff come forward with possible grants to fund the Town square design. Additionally, as part of the Capital Improvement Project budget, the Mayor will be putting forth his timeline for development of the square.

Elsewhere in Emmitsburg, major activities are taking place. April saw the Seton Center's "Passport to Wealth" program. You may have seen green dollar signs around Town. This was all part of giving awareness to this important program. Sister Salvatrice oversaw numerous events throughout Emmitsburg and Thurmont to promote proper budgeting and spending for adults, teens and children. I was lucky enough to attend a few and take part as a panel member on "Biblically Principles of Money Management". Hint: read the Book of Proverbs.

Planning for Emmitsburg Community Heritage Days (formally called Community day) is in full swing for June 28th through the 30th. The Lion's Club is bringing various community organizations together to make this a grand weekend. Activities are planned throughout Community Park and at the Seton Shrine including vendors, a car show, a bike ride, horseshoe contest and an allstar baseball game. Community wide yard sales are also planned and registration forms were included in the last water/sewer bill. The National Fallen Firefighter Memorial will be open and the Knights of Columbus will be sponsoring music from 11am until the fireworks at 9:30pm. The theme for this Heritage Weekend is "Where the Past meets the Future". The Emmitsburg Area Historical Society will be conducting walking tours throughout the day describing the 150th anniversary of the great Emmitsburg fire which burned the east end of town. Kid games, the parade, food and VHC Auxiliary breakfast will take place as usual. The event Brochure will be available in May. Volunteers are needed since we are expecting an influx of visitors due to the events for the 150th Anniversary of the Battle of Gettysburg. If you are interested in taking part or volunteering, please email eburgheritagedays@

The Lion's club will be holding a car wash and barbeque to benefit in order to raise money for various activities. And the Knights of Columbus will be sponsoring the St. Joseph's Church Golf Outing on June 22nd. Please support these events as the money is put right back into the community. I also want to thank the Knights of Columbus Bruté Council for the Emmitsburg Annual Easter Egg Hunt in Community Park. We are blessed to have so many civic minded organizations and individuals in our Town.

From the Desk of Emmitsburg Mayor Don Briggs

Tt is budget time and budget time Imeans to me, how do we prudently make Emmitsburg an even more attractive, affordable place to live and work?

- Refinance the \$5.4 million interim financing loan for the new waste water treatment plant that had cost the town an additional \$85,000+ the previous year. Done.
- Replace town street lights with Low Emitting Diode (LED) lighting. Replacement installations should be completed by June 1st of this year. Energy cost savings for the town is projected to be \$25,000+ a year. Done.
- Renewable Solar Energy for under construction waste water treatment plant (WWTP). It is a large project; a 2 mW project. The town will have no capital outlay. We will provide the land to the winning bidder who will build and maintain the solar arrays and the town will receive the benefit of lower energy costs. The bidders are incentivized by federal tax
- credit, accelerated depreciation and annual solar renewable energy credits (SRECs). The project was advertised and bid out. The energy savings will be significant and can be applied to the WWTP and potentially other town energy expenses.
- Last year for the first time the town put aside \$65,000 for road repairs and \$45,000 for vehicle replacements. These will be annual reserve contributions.
- Connecting the town
- In 2011 opened Brookfield Drive onto Irishtown Road to one way exiting traffic.
- Eliminated on-street parking on Silo Hill Road to enhance traffic sight visibility around the commercial use ac-
- In 2012 completed the sidewalk connecting Northgate subdivision to the town sidewalk net work. Talked about for over twenty years now it is done. Thank you to Mrs. Myers for your cooperation.

- Prioritized with the state request for a Brookfield - Penbrooke sidewalk connection and construction of an Emmit Gardens at E. Main St. sidewalk connection.
- This summer we will complete a sidewalk connection to the pool on W. Lincoln.

Square

• Received two grants and have submitted for another. Design was approved in February after three fruitful public input meetings.

Now awaiting State Highway approval of design and grant approval for drawings (July 2013). Expect a lull in activity until the spring of 2014.

- The town applied for a Maryland Energy grant which can be used for the mentioned or for new projects we are looking into. We estimate that the grant will be about \$20,000.
- Grants have been approved or are being processed for special needs lift

and stairs and splash park. Applications will be submitted for park upgrades in July 2013. Approximately \$70,000 is being invested into upgrading the pool this year.

These are only the highlights of what we are doing and building on. The 2014 budget will be ±\$1,600,000 and the water and sewer enterprise fund will be for \$1,300,000 budget.

I would have written about Boston, but budget time is upon us; prayers to

| GROUP NO. | PART NO. | COLOR | WARR. FREE MONTHS | CA@ 32° F | CCA@ | RC | | WHOLESALE |
|---------------------|----------|-------|-------------------------|--------------|--------------|---------------|---------------|-----------|
| LAWN & | GARDEN / | SMALL | | Ξ | | | | |
| U1L | 4U1L | BB | 6 | | 150 | | | \$33.47 |
| U1L | 7U1L | BB | 6 | 235 | 195 | | | \$35.23 |
| U1L | 8U1L | ВВ | 6 | 275 | 230 | | | \$37.42 |
| U1L | 10U1L | ВВ | 6 | 365 | 300 | | | \$45.15 |
| U1L | 11U1L | ВВ | 6 | 410 | 350 | | | \$50.99 |
| U1R | 7U1R | ВВ | 6 | 235 | 195 | | | \$35.23 |
| U1R | 8U1R | BB | 6 | 275 | 230 | | | \$37.42 |
| U1R | 10U1R | ВВ | 6 | 365 | 300 | | | \$45.15 |
| 22F | 522FMF | BB | 6 | 540 | 425 | 65 | | \$79.77 |
| 22NF | 322NF | BB | 6 | 430 | 360 | 58 | | \$71.30 |
| MARINE STARTING | | | | | | | | |
| 24 | 24M4 | ВВ | 12 | 575 | 460 | 70 | | \$72.40 |
| 24 | 24M5 | BB | 12 | 650 | 550 | 90 | | \$77.69 |
| 24 | 24M6 | ВВ | 12 | 820 | 675 | 115 | | \$90.38 |
| 24 | 24M7 | BB | 12 | 1000 | 800 | 130 | | \$100.39 |
| 27 | 27M6 | BB | 12 | 1050 | 840 | 182 | | \$123.69 |
| GROUP NO. | PART NO. | COLOR | WARR. FREE MONTHS | CA@ 32° F | CCA@ 0° F | MINS@ 23 A | MINS@ 25 A | WHOLESALE |
| MARINE DUAL PURPOSE | | | | | | | | |
| 24 | DP24 | BB | 12 | 685 | 550 | 140 | 120 | \$89.31 |
| 27 | DP27 | ВВ | 12 | 810 | 650 | 175 | 150 | \$101.54 |
| 31 | DP31DT | ВВ | 12 | 875 | 700 | 205 | 185 | \$132.76 |
| MARINE DEEP CYCLE | | | | | | | | |
| 24 | DC24 | BB | 12 | 625 | 500 | 150 | 130 | \$104.60 |
| 27 | DC27 | BB | 12 | 715 | 575 | 200 | 175 | \$119.60 |
| 31 | DC31DT | BB | 12 | 810 | 650 | 225 | 185 | \$140.60 |

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PUBLIC NOTICE

Frederick County Government Boards and **Commissions Volunteer Opportunities**

The Frederick Board of County Commissioners invites interested persons Let to volunteer their time to serve on several boards and commissions that include the Commission on Aging, Board of Appeals, Ethics Commission, Fire and Rescue Board, Solid Waste Advisory Committee, and many others. To view a complete listing of the vacancies, please visit Frederick County Government's website at www.frederickcountymd.gov/boards.

Persons having a desire to serve must be residents and registered voters of Frederick County. If interested, send a letter indicating the specific board/ commission of interest and a current resume by mail or e-mail (fcgboards@ frederickcountymd.gov) to Ms. Joyce M. Grossnickle, Frederick County Government, Winchester Hall, 12 East Church Street, Frederick, MD 21701. Please include current contact information, i.e. home, work and cell numbers, home mailing address and e-mail address.

For more information please contact Ms. Grossnickle at 301-600-1102. All required documentation must be received by 4 p.m. on Friday, May 17. Frederick County Government does not discriminate on the basis of race, color, national origin, sex, religion, age, or disability in employment or the provision of services.

GOVERNMENT—NORTH OF THE MASON-DIXON LINE

From the Desk of Carroll Valley Mayor Ron Harris

There are many holidays to cel-L ebrate in May. Some are bizarre - holidays like "Eat What You Want Day", "Twilight Zone Day," "National Chocolate Chip Day," and "Be a Millionaire Day" to name a few. I do like that "Eat What You Want Day" which is celebrated on May 11th. No one knows who created the holiday or the origin of the day. However, who cares! Mother's day is Sunday, May 12th. There was a program I used to watch on our 12 inch black and white television back in the 1950s called "I Remember Mama". The story was about a Norwegian-American family residing in San Francisco in 1910. The story was told by the daughter of how mama raised her children with love and understanding so they could cope in the world. I grew up in East Harlem, New York city and our family lived in a three room apartment on 116th street First avenue. My mom made sure that I understood good from bad, how to respect and help others even when it meant sacrifice. I learned so much from her and my beautiful wife of 48 years. I watched and learned from my wife, while bringing up

our children, what it meant to prepare them for the future and making the necessary choices so they could be successful in this world. On this Mother's Day we should all remember those "mom moments" that made us who we are

This year the Adams County Police Memorial Services will be held on Friday, May 10th at the Oak Lawn Cemetery in Gettysburg. It is a remembrance performed by all Adams County Police Departments for their fallen officers. The Memorial Services begin at 10:00 am. On Armed Force Day, May 18th, as a retired Air Force Lieutenant Colonel, I do plan to salute all the men and women who are serving in all branches of the service protecting our country. We all should recognize Memorial Day, May 27th. It is a day set aside to commemorate the men and women who have died in military service for their country. Through their sacrifice we are free.

School will be ending in early June and more people, young and old, will be bicycling and walking on our trails. This might be a good time to take a look at our

Pennsylvania laws regarding both. In Chapter 35, Section 3510 of the Pennsylvania Consolidated Statutes book, there is a law that requires all bicyclists age 12 and under to wear a properly fitted bicycle helmet every time they ride their bicycle. As a matter of fact, it is recommended that all bicyclists wear a safety helmet when riding a bicycle. Please note that a bicycle is considered a vehicle and therefore when riding on a roadway must be operated in the same direction as required of other vehicles on the roadway. All bicyclists are required to use hand arm signals while on the road. Section 3507 mandates that bicyclists, who ride after dark, install reflective devices or lights on their bicycle. We know that pedestrians have the "right of way". But what are your responsibilities/duties regarding walking on our trails? Well, Section 3544 states that where a sidewalk is provided and its use is practicable, it is unlawful for any pedestrian to walk along and upon an adjacent roadway. Where a sidewalk is not available, any pedestrian walking along and upon a highway shall walk only on a shoulder as far as

practicable from the edge of the roadway. Where neither a sidewalk nor a shoulder is available, any pedestrian walking along and upon a highway shall walk as near as practicable to an outside edge of the roadway and, if on a two-way roadway, shall walk only on the left side of the roadway. Bottom-line, please follow these laws. They are for you and your family's safety on the road. For us drivers, slow down when in the Valley. Watch out for the unexpected when it comes to people walking, jogging and bicycling on our beautiful trails.

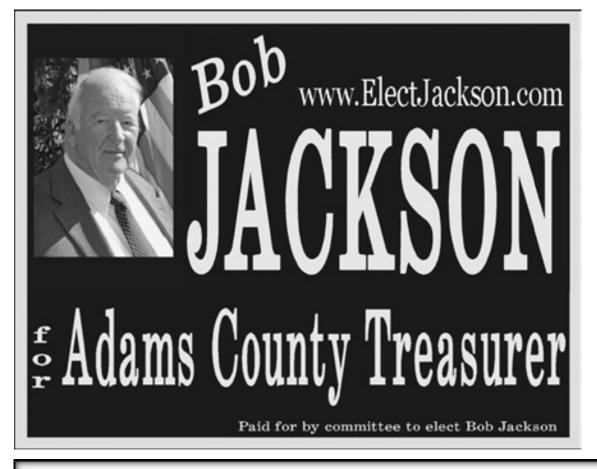
The Borough is starting to paint traffic lines on the trails. The primary reason why the Borough paints lines on some of the trails is for safety. By defining the lanes it makes it appear to the driver that the road(s) are more narrow. This has the effect of slowing traffic. When lines are used, the Federal guideline adopted by Pennsylvania calls for a double yellow line. The Borough only paints lines on those trails that have a lot of traffic.

Did you have the opportunity to attend the April 20th Fairfield Little League Association Opening Day parade on Main Street? I was honored to be asked to throw out the "First Pitch". I shared with everyone that the "First Pitch" in the United States was performed by President Taft in 1910. As a matter of fact, on that same day another baseball tradition was started. Because of President's Taft large frame of about 300 lbs. and sitting in a narrow stadium seat, he got up to stretch during the seventh inning and everyone thought he was about to leave. Everyone out of respect also stood up. The "seventh inning stretch" was born. I also said that when I threw out the first pitch I was also recognizing the other individuals who played a key role in making the parade a reality and they were David Hazlett, Chief Hileman, Fairfield Borough, Hamilitonban Township and PENNDOT. If you would like to see the pictures, go to www.ronspictures.net

The Carroll Valley Citizens Association (CVCA) is holding their 7th Annual Golf Classic on Friday, May 10th at the Mountain View Golf Club, 4099 Bullfrog Road, Fairfield. The cost is \$70 per golfer. The golf fee includes green fees, golf cart, pre-game snacks, beverages, door prizes, awards and postgame meal. Check in registration starts at 8:00 am. The format being used is a four person scramble with a 9:00 am shotgun start. The purpose of the event is to raise money for the July 4th Carroll Valley celebration. If you are interested, contact Charles Dalton at (717) 420-0744. Help us raise the funds needed to continue to provide an old fashion July 4th family picnic in Carroll Valley that has been enjoyed by all for the last nine years.

This year we have Primary Elections on Tuesday, May 21st . I have been honored to serve you as Mayor and I plan to run again. My motivation is public service. I served my country for twenty years in the military. As a subcontractor, I worked for the Government Accountability Office in Washington D.C. on the management of projects. And, for the past eight years I have had the privilege of serving you as Mayor. Please come out and vote. Select the candidate that you think best represents you in your local government. All that I have accomplished is because of your confidence in me and the relationships I have formed with other government and business entities. If you want to see how involved I have been in the community outside of the local government meetings, view my pictures at www. ronspictures.net. I believe there is still more I can do for our community if given the opportunity.

The May Borough meetings are: Planning Commission (Monday – May 6th); Borough Council (Tuesday - May 14th); and Parks & Recreation Committee (Wednesday – May 22rd). The Borough Office will be closed on Tuesday, May 21st - Primary Elections and Monday, May 27th - Memorial Day. Please slow down while driving in the Valley and do not drink and drive. If you have any questions, contact me at mayor@carrollvalley.org or (301) 606-2021.



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GOVERNMENT—NORTH OF THE MASON-DIXON LINE

From the Desk of County Commissioner Jim Martin

s County Commissioners, Amy colleagues and I often have to assess a variety of issues. Many of the issues are related to improving or maintaining the quality of life in our county. Often the issues relate to services and financial matters that impact county residents. One of the priority issues is the sustainability of our volunteer fire departments which continue to provide outstanding service to the county. If volunteer service isn't sustainable, converting to paid career fire departments would come at an extremely high cost to county residents. The loss of volunteer services would, in itself, be extremely problematic. The concern for this ominous situation was overwhelmingly shared by the Adams County Council of Governments (ACCOG).

In response to this concern,

the county and certain municipalities, along with Adams County Volunteer Emergency Services Association (ACVESA) provided funding via the AC-COG to conduct a study. Also the PA Department of Community and Economic Development (DCED) provided the remainder of funding to initiate the study. The study has been completed and its purpose is to help formulate solutions to conditions as they exist today. Giving details of the study would be redundant knowing that media coverage of this study will likely be very adequate. The main point being, that an issue is seriously being addressed and forward actions will follow to better define what can be done for the sustainability of our volunteer fire department. We definitely need them and they need our support.

Another item, of which the commissioners are cognizant, is the need to have an improved county economic and business environment, especially in a struggling economy. An improved economy and an improved business climate have a variety of positive impacts: tax relief, more jobs, stimulates future investments, and improves infrastructure and the property conditions that follow. In today's economic environment, stimulating economic growth takes time and more time. I will have to admit that learning the reality of the pace of economic growth dampens expectations; however we must remain steadfast in our quest for opportunities.

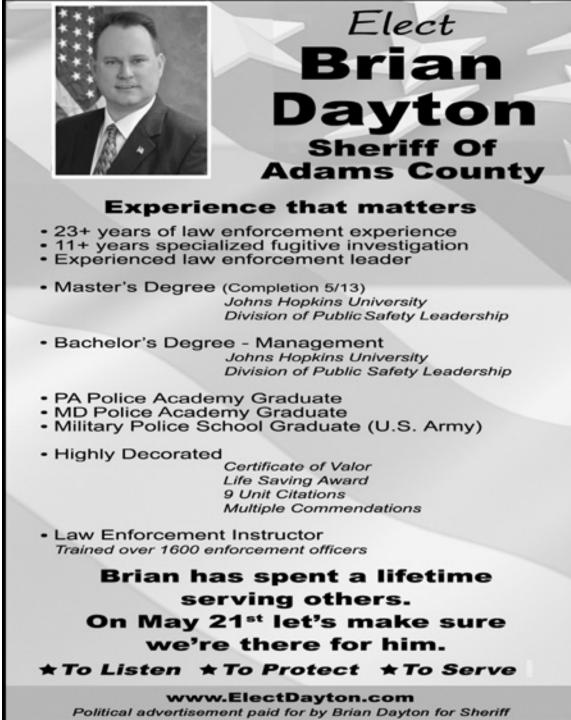
It would be very satisfying to have the infusion of a new industry such as the Marcellus Shale Gas industry. That is definitely a gold mine moment for western PA. In Adams County we are just trying to find some gold nuggets in an environment that historically has not been highly attractive to new business and industry. To that end the Commissioners have decided to facilitate economic development using cash reserves for short term loans. These loans will be used by the Adams County Industrial Development Authority (ACIDA) to enhance the usefulness and salability of their industrial lots, and to purchase and prepare the Gettysburg Station site for future development. The county will be repaid from Redevelopment Assistance grants that the ACIDA will receive from the state upon completion of the projects. These are just the beginning of efforts that have been put in place to create opportunities for economic development.

Another effort to initiate economic development occurred at a round table less than two weeks ago. The Commissioners met with a number of key stakeholders in New Oxford to review a master plan for the revitalization of the New Oxford Square. The goal is to improve a variety of conditions that will enhance the historical character, curb appeal, pedestrian safety, parking, storm water control, and traffic flow. This will strengthen the business district by providing an attractive town square for relaxation and events, convenient shops and restaurants, and a pedestrianfriendly setting. Also our walking tour of the square validated the need for this project and the future economic benefit to the community. We definitely look forward to various partners joining to fund the project. Because of the importance of this project the county planning department is available for planning support. We, the commissioners, also had the opportunity to showcase the project to a representative of Governor Corbett's office to convey the importance of the project and the funding need.

Focusing on a larger gold nugget, which has both national and international interest, is the 150th Anniversary of the Battle of Gettysburg. The potential benefit to our county from this celebration and related events is huge and it will obviously have an impact on our community. Hundreds of hours of discussion on many levels in preparation for the 150th and the many events to follow (150th recognition of Lincoln's Gettysburg Address just to name one) have taken place and will continue as appropriate. A comprehensive overview of events will be presented and the effect on our community will be discussed at the next Commissioners' Forum. The agenda includes presentations from key organizations related to their role and involvement in making this "Olympic Moment" a success. Join us for this special forum on May 7, 2013, at 6:30pm at the Gettysburg Middle School.







COMMENTARY

Words From Winterbilt

Extreme... Are we socialist?

Shannon Bohrer

Twas having a conversation with an Lacquaintance when the individual started talking about our country's problems. He went on to say something about socialism, communism, and the need for a revolution. I was taken aback by his comments and choice of words. This individual is a family man, younger than I, with grown children, gainfully employed, and generally presents the appearance of being a well-balanced individual. I know that there are individuals and groups that use strong language and espouse the need for revolution, but this person did not match my perception of someone that would say such a thing. I responded to him that we have the power to change our country by voting. He then stated that neither party is worth voting for, which is why we need a revolution. While I agree that neither party is the right choice, I believe a revolution is the worst choice.

I thought a lot about his words and I thought a lot about the words and phrases that we hear so often in conversations about politics. It seems to be a national hobby to demean and degrade our politicians, of which to some I ex-

tent I am also guilty. With this in mind, I conducted a little research and I found that Representative Robert Rich of Pennsylvania declared that the president is a socialist and a communist during a debate on the House floor. Senator Simeon Fess stated, "The president's recent statements remove any doubt of his policy of state socialism, which necessitates increased activities of the government in either ownership or operation of industry, or both." While this language sounds familiar, these comments were made in 1934 and 1935 respectively, and they were directed at President Roosevelt. In fact Representative Rich's comments were made when the Republicans hinted they were considering a move to impeach Roosevelt. Well, at least the country survived and we eventually prospered, and I don't think that many people today consider Roosevelt a socialist or a communist.

When the political opposition uses inflammatory language, do they believed the words to be true, or are they just to vilify the opposition? I believe a good case could be made that the reason the verbiage is so demeaning and inflammatory is because it is meant to be so- it is advertising for one side against the other. A recent example is the new Secretary of Defense, Chuck Hagel, who appeared to be having a difficult time prior to his confirmation hearings. It was widely reported that Hagel worked for and was in support of a junior terrorist league of al-Qaida, or some such organization. His political opposition would not stop in their attacks and yet no such organization existed. However, after it was reported that the organization did not exist. But, at least one of his opponents inferred that the organization was so secretive that it was not possible to deny it didn't exist. That makes sense— if your wish is to vilify someone without any facts.

Well, back to socialism. When the socialist Roosevelt was running for president, a well-known newspaper mogul initially supported him. But he gradually became disillusioned with the new president's policies, especially taxes on the wealthy. In 1936, "The New York American published a front-page editorial titled, the Radical Brand on the New Deal. It charged that radical and communist leaders had already given their approval to support Roosevelt against Landon." It added that communists had infiltrated the New Deal and that communism was un-American and undemocratic, and inferred that since Mr. Roosevelt did not refute these accusations there was truth in the words. After the attacks became too much to handle, the White House issued a statement that mentioned "a certain notorious newspaper owner," and stated that the accusations were not true. Then Mr. Hearst shot back in a front-page editorial: "Let me say that I have not stated at any time whether the President willingly or unwillingly received the support of the Karl Marx Socialists, the Frankfurter radicals, communists and anarchists, the Tugwell Bolsheviks, and the Richberg Revolutionists which constitute the bulk of his following." So much for retractions! Do we see a pattern in politics?

In some ways that seems to make the current attacks mild. However, there were attacks that appeared more inflammatory before President Roosevelt. The attacks before President Roosevelt were against the first President Roosevelt, Teddy Roosevelt. When Teddy Roosevelt ran for president, representing the "Bull Moose Party" or known then as the "Progressive Party," the platform of the new party included a lengthy section on "Social and Industrial Justice." The party called for social reforms that included a national health insurance, social insurance for the elderly, and unemployed and disabled benefits. It also included a minimum

wage law for women, a federal securities commission, and workers compensation for work related injuries. But what really labeled him a socialist were the proposed inheritance tax and a constitutional amendment to allow a federal income tax. And of course the fact that he had taken Standard Oil to court and Standard Oil was found to be an "unreasonable" monopoly under the Sherman Antitrust Act. I wonder what he would do with the four banks that are currently left on Wall Street? Too big to fail, too big to exist. And there was more: on the political side, Teddy Roosevelt (the "Bull Moose" party) wanted strict limits and disclosure for political campaign contributions, and they wanted registration for all lobbyists. One hundred years later and the same issues exist. I do believe I see a pattern and I think he was a socialist...

Under the 1st amendment we have free speech, with some restrictions. It is illegal for one to yell fire in a crowded theater and one cannot use hate language and/or language that could incite a civil disturbance. Apparently, the restriction to free speech must have exemptions for political rhetoric.

After some contemplation, I must admit that if Social Security and Medicare is socialism, I might be guilty of being a socialist myself.

To read past editions from Words From Winterbult visit the Authors section of Emmitsburg.net.

Common Cents Beating the bomb

Ralph Murphy

Tn a November 2007 National In-Ltelligence Estimate (NIE), U.S. policy makers allowed that Iran had halted an active nuclear weapons program in 2003, and it remained inactive through 2007. This assessment was well received by Iranian authorities, who had just been hit with UN sanctions for failing to allow inspectors from the International Atomic Energy Agency (IAEA) into their nuclear facility to certify the uranium enrichment wasn't up to a weapons grade of 20%. However, the assessment was met with incredulity from Iran's many enemies who were preparing for significant action against the Shiite regime. Nations that believed that their very existence was threatened. A belief shared by other world powers that were also worried about North Korea, Pakistan, and less directly India and Israel. All but Israel openly admitted to having nuclear weapons stockpiled and ready for offensive delivery.

To digress, Iran launched a nuclear power program at the behest of their former ruler- Shah Reza Pahlavi. This program was set up with American help. This "Atoms for Peace" endeavor was terminated in 1979 following the Iranian revolution which brought Ayatollah Ruhollah Khomeini to power. The

Ayatollah was only slightly more accepting of modern technology than the Amish. He considered the nuclear bomb not only undesirable, but also "anti Muslim". The Iraq- Iran war did, however lead to ground work for a nuclear weapons system which increased dramatically in 1989 following Khomeini's

Iran was a signer and member of the 190-nation Non Proliferation Treaty (NPT) that allowed signatory countries to adhere to the non proliferation of nuclear weapons; engagement in disarmament, and gave them the right to develop nuclear technology for peaceful use. In comparison Israel, Pakistan, and India refused to sign the treaty.

The Iranian government was later found to be non compliant with the NPT and subject to mandatory sanctions. Seven resolutions were handed down between 2006 and 2011 and led to polarity, not compliance. Iranian President Ahmadinejad boasted that Iran could enrich Uranium to 80% levels, and in February 2010 the nation called itself a "nuclear state". Military sanctions are vital to a known belligerent, and usually effective. Economic sanctions have historically led to entrenchment of positions; starving of the masses, and lack of intelligence access to these targets- insuring a festering problem and the possible

need for military action.

On 26 January, 2013 in the periodical "Examiner" Reza Kahlili reported that an Iranian intelligence source claimed a major explosion in Iran's Fordow nuclear facility that destroyed much of the installation and trapped 240 workers 300 feet under a mountain entrance. If true, it shows either extreme negligence, or an intelligence coup by one of Iran's enemy's. No further reporting was offered, and the Iranians will probably simply rebuild from where they left off. The Iranians have been working closely with the Russians to develop their nuclear capacity, both insisting it's for peaceful energy pursuits. If this is true, then why not let the IAEA inspect it?

North Korea and Iran were believed to have received help from Pakistan's top nuclear scientist Abdul Qader Khan, who admitted offering those nations the technology in the 1990's. In 2005 he retracted his statements - claiming that he was a government "scape goat". Pakistan is believed to have gotten sophisticated missile technology from the North Koreans, who along with Iran, have reportedly sent payloads into space. This is technology which can be used for warhead de-

The five permanent members of the UN Security Council all have the bomb, but are considered disciplined players. India was the first country to develop the A-bomb

outside this exclusive club. They were inspired into such action by a 1962 war with China, in which it lost territory. India's first nuclear test took place on 18 May, 1974 following a war with Pakistan. This led to a consensus that both China and Pakistan had to be deterred by a nuclear weapons system. Codenamed "Smiling Buddha", the Indian nuclear weapon was quickly matched by Khan's Pakistani efforts, and on 28 May 1998, several weeks after India's second nuclear bomb test, Pakistan detonated 5 nuclear devices. This led to international condemnation and sanctions, which lasted until that nation became a needed ally in the war against international terrorism in the early 2000's. The U.S. claimed that China played a "major role" in the establishment of Pakistan's nuclear weapons program. An assertion the Chinese flatly denied to Indian press reporters.

Arguably, the greatest concern, in the near term. is with North Korea that has successfully tested its nuclear weapons on at least three occasions. The first in October, 2006. The second in April 2009 that led to more IAEA-led sanctions.

These sanctions appear to be making the "hermit kingdom" even more erratic. The third, and most recent test occurred in mid February and it left potential targets with little, other than the military option. North Korea does, however, reportedly have a strong, chemical weapons capability. South Korea, among others, would be vulnerable to a two-pronged, nuclear- chemical attack. The North

Koreans are a real threat, but are geographically isolated and too remote from potential targets to realistically threaten them with their current missile technology.

Iran operates in an area of vital importance- until the world can come up with a clean, alternative to oil. Speaking to the world about Iran in 2010 President Obama claimed his administration "would not tolerate actions that flout the NPT, risk an arms race in a vital region, and threaten the credibility of the international community and our collective security." So the struggle goes on. Hopefully it will be contained in diplomatic channels, but there is always the possibility that the more aggressive nations will might try to force the west into some type of military action. Hopefully, the 190 nations of the Non Proliferation Treaty will choose the peaceful option and not be held hostage to the whims of a few malcontents!

On March 14th, President Obama appeared on Israeli television and claimed, to the relief of few in the international community, that Iran would need "a year or so" to develop a nuclear bomb. He went on to say that diplomatic disarmament of the Islamic regime's weapons program was viewed as "a more lasting solution" to overt or covert force, but allowed that "all options (are) on the table"!

To read past editions of Common Cents visit the Authors section of Emmitsburg.net.

COMMENTARY

Pure On Sense Searching for a motive

The intense media coverage of the I manhunt following the Boston bombing was almost as much about identifying the motive of the perpetrators as it was about identifying the men themselves. In all the tumult the very ideas of identity and motive twisted together, with some prematurely speculating that it could be right-wing extremists, and others just hoping it wouldn't turn out to be a Muslim.

When the FBI released photos of the suspects there must have been some internal confusion, as they did not fit the visual profile of white supremacists or al Qaeda members. When they were later identified as ethnic Chechens, the picture became even harder to square with acquired expectations. Americans almost had to learn the history of the tiny Russian republic to find what possible complaint it could have against the U.S., but then learned that it's a predominantly Muslim country. For many, that sufficed as an answer to their motive.

Since then we have learned that Tamerlan and Dzhokhar Tsarnaev may have been self-radicalized Muslims,

calling their indiscriminate attack on civilians a response to America's wars in Iraq and Afghanistan. But these details don't aid our understanding of the larger underlying forces that generate terrorism.

Micah Zenko of Foreign Policy Magazine asks whether it even matters what motivated the Boston bombers. "Since answering this question is inherently difficult if not impossible, and will not compel any substantive public policy changes, what then is our motivation to understand terrorists' motivations?"

One answer is that the critical exercise of examining the motive is useful for rooting out some oversimplified theories that lead us not only into bad public policy, but also unwarranted suspicion.

First of all, there's the still common view that Islam has some inherent proclivity toward violence. What the brothers have in common with other radicalized Muslims who resort to terrorism, though, is that they are attempting to justify their acts not with Koranic verses, but with secular, political grievances. Most terrorists, experts say, are in fact religious novices with significant factual misunderstandings about the history and teachings of

A report titled "Rethinking Radicalization" by The Brennan Center for Justice finds that the "available research does not support the view that Islam drives terrorism or that observing the Muslim faith--even a particularly stringent or conservative variety of that faith--is a step on the path to violence. In fact...a strong religious identity could well serve to inoculate people against turning to violence in the name of Islam."

As for their opposition to America's wars in the Middle East, it's true that vengence for U.S. policy abroad is a commonly cited motive of terrorists, but it's still a limited explanation. In Islam: A Short History, Karen Armstrong writes, "All fundamentalists feel that they are fighting for survival...In this frame of mind, on rare occasions, some resort to terrorism," adding, "The vast majority, however, do not commit acts of violence, but simply try to revive their faith in a more conventional, lawful way." So what pushes that small number to take the path of violence while others do not?

In any case, this as a weak excuse coming from the brothers, one having become a citizen last year, and the other on his way to citizenship after years living here. There's been little mention from friends or family of either brother exercising his freedom of speech to voice his political views. They would hardly have been expressing an unpopular opinion, afterall. Most Americans agree that invading Iraq was a mistake, and an overwhelming majority support the imminent withdrawl of troops from Afghanistan.

This doesn't seem like an attack that can be neatly attributed simply to religion, politics, or ethnicity, and why should it have to? None of those factors applied to the Columbine shooters, for example. Several motives were entertained, but ultimately the leader of the pair was a simple psychopath with a venomous nacissism.

Nevertheless, for many people the connection to Islam will be hard to shake. Even though our country has strained to cleanse itself of anti-Muslim sentiment since the fallout of 9/11, there seems to be an undercurrent of mistrust--a sense of "otherness"--towards Muslims that still bubbles to the surface in moments of tension.

It was seen in the outraged opposition to plans to build an Islamic community center, dubbed the "Ground Zero mosque," in lower Manhattan a couple years ago. And it provides tacit justification for law enforcement agencies to infiltrate mosques and monitor Muslim communities for signs of radicalization, even in the absense of a specific perceived threat.

In a famed 1993 essay in Foreign Affairs, Samuel Huntington theorized that, "Civilization identity will be increasingly important in the future, and the world will be shaped in large measure by the interactions among...major civilizations," including the Western and Islamic civilizations, which expand beyond national borders and are the broadest labels by which people identify and separate themselves. "The most important conflicts of the future will occur along the cultural fault lines separating these civilizations from one another," Huntington argues. Religion is an important fault line, but certainly not the only one.

The theory may explain why anti-Americanism--or more broadly, a resistance to domination by Western culture and institutions--is a common thread throughout the otherwise diverse Islamic civilization, from North Africa up into Eurasia.

While the bombers' motive may be impossible to know, their actions may be symptomatic of the "Clash of Civilizations" that Huntington predicted, and that could have important implications for our foreign policy. "The efforts of the West to promote its values of democracy and liberalism as universal values, to maintain its military predominance and to advance its economic interests engender countering responses from other civilizations," he

Recognizing that might not change anything overnight, and maybe it shouldn't, but as conscious citizens of the world, self-critical and concerned about our impact on others, it's a line of thought worth pursuing. And for what it's worth, it's the opposite of what terrorists do.

To read past editions of Pure OnSense visit the Authors section of emmistburg.net.

Down Under

What happened to the electric car?

Submitted by Lindsay! Melbourne, Australia

> The almighty dollar, that great object of universal devotion. -Washington Irvine, 1855

If there's one thing that distinguish-Les us from all other living things, it is our inherent desire to know. To discover, explain, find out and marvel. To depict, record, and improve our lot. It has driven us forward, sent us down long and tortuous dead ends, brought stuttering but lasting progress, created mistrust, wars and horrendous divisions, peace, prosperity and culture, but the quest for understanding has never ceased. That drive has been with us for over one hundred millennia, and while we develop it in varying amounts individually, overall our society is the outcome of the pooling, filtering, and osmosis of all that has gone

This quest has sent many people on paths of study, experimentation, and the desire to create or improve. It is the aim of every school and place of higher learning, every research establishment, and until about fifty years ago it was also the mantra of cutting-edge industry as well as those who simply had caught the incurable bug of discovery - often working without professional facilities. I started out as a young enquirer by building crystal radios, and my first real job was determining the

before.

best method of extracting and purifying cholesterol from wool wax - and what a thrill when they built a plant to do it, based on my work. This was applied research, and the resulting plant was all financed by the company, the largest wool processing plant in Aus-

Industry has been the source of most applied research: that is, processes that have developed from enquiry into unknown areas, unexplained phenomena, and intriguing observations. This, called pure research, is the foundation for modern industrial advance, the most profound of which has been the development of quantum physics, and thus to an understanding of modern communications. Other areas of pure research have led to new ways of producing and storing electricity, pointing the way forward to the possibility of having a viable alternative to petroleum as an energy source for transport. Such a need has grown more obvious as petroleum reserves have become depleted and pollution has increased, as well as the more recent studies proving that the burning of petroleum based products has increased global warming and extreme weather conditions.

One of the biggest industries in the world is the building of cars and trucks, with trillions of dollars worldwide being invested in it. Every company has poured resources into improving its products, with applied research contributing many changes to efficiency and safety. Of the twenty or so major players in the field, General Motors has been by far the biggest, (although it appears Toyota may have now eclipsed them), and their innovations have been both interesting and pragmatic. The thing about all industrial enterprises is the imperative to make a profit, as in general only governments have money to invest in pure research, which by its very nature does not give anything but a very slow return on investment - and often nothing at all.

But, as innovation drives the market in vehicles, hopping on the bandwagon of electrically driven cars was most appealing, at least from a PR perspective. Leading enterprises need to be seen leading, so an enthusiastic team was appointed to get this new wonder on the road. Five years of hyped hopes and bitter budgetary wrangling did it, and a select few managed to snag one, vowing it a miracle. The \$80,000 price tag had not deterred them, but it was then quietly shelved and a different tack taken. A mass market takes mass infrastructure, and the petrol motor had that. The battery one didn't, and even the battery/ petrol hybrid went nowhere. Much easier was to get the laws on emission reductions, passed in California a few years earlier, watered down and then removed, allowing the tried and true petrol motor to keep profits flowing. Of course, a fifty billion dol-

lar bailout of GM didn't exactly hurt, putting a funny kind of quasi-socialism in place. That's when the government buys the company, but cannot be seen to do so - that's communism - and it cannot allow it to fail, because that would seriously dent the capitalist system. The euphemism for this is 'bailout', because the ship is sinking, and you cannot blame the captain or the officers. It's up to the taxpayer to lift the barge and tote the bale. Again.

So what happened to the electric car? Well, it's still coming, but the pure research that had been needed to ensure that a viable battery was available had been insufficient. The rush to get the thing onto the showroom floor had used whatever had been developed up to that time, which proved to be inadequate. The clue to what was needed came from a wonderful little thing that had made laptops, mobile cell phones and a host of new consumer communication devices available: The rechargeable lithium-ion battery. Product courtesy of Japanese science, who used American and other research to show that lithium, the lightest metal on earth and one of the most reactive, could be made to hold a nice little charge, to be recharged over and over, and after addressing several failures while in use, could be made safe.

But a car is not an i-phone; it's a few hundred times more heavy and complex, a modern confabulation of hightech machinery and electronics that requires an enormous input of power to get it under way and keep it moving. A few thousand button batteries joined together would be OK, wouldn't they? Nope, but the American auto makers tried it anyway. In the end the race in North America went not to the latest, but to the oldest - Mr. Benz's 19th century wonder, the petrol driven internal combustion engine. Work went into finding more reserves of oil, and to hell with the environment and the cost. Americans wanted American cars, and loved the smell of gasoline. Didn't they? Well, not exactly.

Although the electric race now seemed to be lost, guess what? Showrooms with the latest versions are to be seen; recharging stations are springing up, the initial purchase price is falling to near the average gas driven car, and those that buy them are ecstatic: No noise, no smell, no complex motor that costs the earth to fix. 0-60 in 12 seconds, drive home, plug it in, and on longer trips pull into a recharge spot the time taken not much more than for a good old dose of inflammable petrolatum. Lithium ions with atomic watts versus flaming fossil hydrocarbon. No contest.

Our Japanese allies smile inscrutably, the Chinese pull out all the stops to do their own thing, Europe jumps on the bandwagon, and GM looks bereft. Some things cannot be hurried. The realisation of visions takes time. Hype, hope and hubris don't work. Had the US auto makers invested more in fundamental research, taken a long and controlled view, they may - nay, would have won this race. The ideas and the desire happened, but those dirty words profit and bigger dividends got in the way. The tortoise won - again.

Most of all, the weather would have been better.

To read past editions of Down Under visit the Authors section of Emmitsburg.net.

250 years of service

Pastor Paul Matthews
Piney Creek Associated
Reformed Presbyterian Church

Since March of 1999 I have served as pastor at Piney Creek. Pastor Paul preaches at the New Windsor ARP Church at 9 AM and then at the Piney Creek Church at 11 AM each Sunday.

If you don't have a home church please feel free to visit us any Sunday at 11 AM., or even come earlier at 9:45 for Bible Study. There is a group for all ages. Our website is pineycreekchurch.org

The church is located on Harney Rd., Route 134, just south of the village of Harney and the Mason-Dixon line. We are often referred to as the church that has the cemetery surrounded by an impressive stone wall with slate roof. The congregation is composed of people who live for the most part on the eastern outreaches of the Emmitsburg News-Journal. On Sunday morning about 40 local residents gather for Bible Study and worship.

Our worship service is for the most part traditional in its form but always seeking to honor God the Father and His Son, Jesus Christ and to be guided by the Holy Spirit.

This year the Piney Creek Church is celebrating 250 years of continuous worship and Christian service. In earlier times we were joined together with the Tom's Creek Presbyterian Church, now Emmitsburg United Presbyterian Church. As you probably remember, they celebrated their 250th anniversary about 3 years ago. Now we are enjoying the same milestone experience.

What follows is a devotional based on a recent sermon delivered in morning worship. I have just finished a series of sermons that took us through the book of 1 Peter.

1 Peter 5:10-11 is our text to think about. "And the God of all grace, who called you to his eternal glory in Christ, after you have suffered a little while, will himself restore you and make you strong, firm and steadfast. 11 To him be the power forever and ever. Amen"

Peter wraps up his letter in the same way he started it, celebrating the grace of God in Christ. In his letter to Christians undergoing difficult sufferings, he tells us that God has called us by his grace and that God has called us for his own glory: He establishes that theme in 1 Peter 1:7 "when your faith remains strong through many trials, it will bring you much praise and glory and honor on the day when Jesus Christ is revealed to the whole world." He goes on to reinforce that we can find hope in the midst of our sufferings because we know that there will be a very good ending to the story.

He offers this encouragement repeatedly in his letter. "They wondered what time or situation the Spirit of Christ within them was talking about when he told them in advance about Christ's suffering and his great glory afterward (1 Peter 1:11). "Instead, be very glad-for these trials make you partners with Christ in his suffering, so that you will have the wonderful joy of seeing his glory when it is revealed to all the world" (1 Peter 4:11). I, too, am an elder and a witness to the sufferings of Christ. And I, too, will share in his glory when he is revealed to the whole world" (1 Peter 5:1). Don't lord it over the people assigned to your care, but lead them by your own good example. 4 And when the Great Shepherd appears, you will receive a crown of never-ending glory and honor" (1 Peter 5:3-4). "God's glory is his inheritance, which is the church, which cannot be destroyed or defiled" (1:4). "His glory endures because his glory is the blessing of his presence with his people for all eternity" (1 Peter 4:14). The Spirit of glory resides with his people even now as they suffer.

Just as Peter has revealed the glory of God in the beginning and result of our salvation, so also has Paul done in Rom 8:29-30 'those whom God has chosen he will glorify'. Paul also said in 1 Thessalonians 5:24 that he who calls you is faithful and he will do it. Peter is offering to us who suffer on account of Christ in this world that we are in good company with Christ and that the end is going to be a very happy one for those who believe in him.

How does this glory come to us? Through the grace of Christ. God is the God of all grace (1 Peter 5:10). God's grace can meet every need. God's grace can be more than sufficient in every situation. And there is no other source of mercy and grace that can compare or accomplish what God's grace and mercy can do. We must look to him, and we do not need to look anywhere else. In trusting Jesus Christ, and only in him, will we find this true grace.

Peter then uses 4 words to describe the power of this grace: restore, make strong, to make firm and to make steadfast. We will consider only the first of these gracious works that God does on our behalf. To restore is to make complete, to put in order, to make right. What was wrong will now be made right. The creation is in chaos now; then it will be restored to peace and righteousness. There will be no suffering for us in the eternal glory. And anything that was lacking will now be filled up fully. Peter himself had personally experienced this restoration (John 21). God's grace had forgiven and restored Peter who had only days before denied his Savior. Does all of this work of restoration take

place only when our suffering has ended? The text at first appearance would seem to suggest that. But we know that God is already restoring us in the image of his son and in the image of our creation (Hebrews 13:20-21).

Suffering for Christ is unavoidable and inevitable in this life. But this suffering is brief (10), not in its shortness in this life, but relative to eternity future and to our eternal glory.

What is it that keeps us going forward in a life filled with suffering? It is the hope we have that God cares for us, that he is in full control over all circumstances, and that he will accomplish His purposes in us and we will benefit greatly from that.

What God is doing in our lives now will one day be completed. This is our hope, our assurance; it is his promise and his accomplishment.

Suffering for Christ is not pleasant nor easy. But rather than pulling away from Christ, our sufferings draw us closer to him. Rom 5:3-4.. " our suffering produces character, and character hope, and hope does not disappoint, because God has poured out his love into our hearts by the Holy Spirit.

As we put our trust in Christ and not in the things of this world, may we find hope, comfort, meaning, and usefulness to show God's grace to a needy and broken world all around us. To God be the glory, Amen.

Josephine Ava Kromer

Josephine Ava Kromer was born at Frederick Memorial Hospital in Frederick, Maryland at 6:27 PM on March 29, 2013, weighing 6 pounds, 19 inches long. She received excellent care from the doctors, nurses and staff at both Frederick Memorial Hospital Labor & Delivery and NICU, as well as the NICU at Children's National Medical Center in Washington DC. A beautiful baby in every way, Josie inherited her father's full lips and long feet and hands, her great-grandmother's gorgeous red hair, and her mama's eyes, ears and cheeks. Everyone marveled at her adorable button nose. At 7:45pm Saturday evening, after 25 hours of fighting hard, our brave, beautiful Josephine passed in to the eternally loving arms of God. In her last moments, Josie snuggled in her mother's arms and was surrounded by her family. Her parents pray that the meaning of Josephine Ava's name, "God will increase life", will become reality in the world through our daily life-giving, loving actions towards one another.

Josephine is survived by her parents, Revs. Tim and Tiffany Kromer; paternal grandparents, Steve and Debi Kromer; maternal grandparents, Bill and Linda Patterson; her uncles Jacob Kromer, Tim Patterson and Ryan Patterson; and her dog-sister, Billie. In addition to many loving extended family, she is also survived by her great-grandparents, Dan and Dodie Glowa, Gerald and Dolly Kromer, Sue and Fred Moomau, Tommy and Joyce Caldwell, and Jane Patterson.

A memorial service celebrating Josie's life will be held Thursday, April 4, 2013 at 10:00 AM at Brook Hill United Methodist Church (located at 8946 Indian Springs Road, Frederick, Maryland 21702). Rev. Dr. Terri Rae Chattin will officiate the service with participation by Rev. Chris Suerdieck and Rev. Mary Kay Totty. There will be a reception following the service. Memorial gifts for Josephine Ava may be made to the Board of Child Care of the United Methodist Church, Attn. Debbie Griffith, 3300 Gaither Rd., Baltimore, MD 21244





BOOK OF DAYS

King Arthur



ccording to British story, at the Time when the Saxons were ravaging our island, but had not yet made themselves masters of it, the Britons were ruled by a wise and valiant king, named Uther Pendragon. Among the most distinguished of Uther's nobles was Gorlois Duke of Cornwall, whose wife Igerna was a woman of surpassing beauty. Once, when King Uther was as usual holding his royal feast of Easter, Gorlois attended with his lady; and the king, who had not seen her before, immediately fell in love with her, and manifested his passion so openly, that Gorlois took away his wife abruptly, and went home with her to Cornwall without asking for Uther's leave.

The latter, in great anger, led an army into Cornwall to punish his offending vassal, who, conscious of his inability to resist the king in the field, shut up his wife in the impregnable castle of Tintagel, while he took shelter in another castle, where he was immediately besieged by the formidable

Uther Pendragon. During the siege, Uther, with the assistance of his magician, Merlin, obtained access to the beautiful Igerna in the same manner as Jupiter approached Alcmena, namely, by assuming the form of her husband; the consequence was the birth of the child who was destined to be the Hercules of the Britons, and who when born was named Arthur. In the sequel, Gorlois was killed, and then Uther married the widow.

Such, according to Geoffrey of Monmouth, and the so-called British historians, was the origin of King Arthur. On the death of Tither, Arthur was unanimously chosen to succeed him, and was crowned at Silchester. No sooner had he ascended the throne than he was called upon to war against the Saxons, who, under a new chief named Colgrin, had united with the Picts and Scots, and made themselves masters of the northern parts of the island.

With the assistance of his nephew, Hoel, King of Brittany, Arthur overcame the Anglo-Saxons, and made them promise to leave the island. But, instead of going to their own country, they only sailed round the coasts, and landing again at Totness, laid waste the country with fire and sword till they reached the city of Bath, which they besieged.

Arthur, leaving his nephew Hoel sick at Alcluyd (Dunbarton), hastened south-ward to encounter the invaders, and defeated them with great slaughter at a place which is called in the story Mount Badon. Having thus crushed the Saxons, Arthur returned

to Alcluyd, and soon reduced the Picts and Scots to such a condition, that they sought shelter in the islands in Loch Lomond, and there made their peace with him.

Not content with these successes, Arthur next conquered Ireland, Iceland, Gothland, and the Orcades; to which he afterwards added Norway and Denmark, placing over them all tributary kings chosen from among his own chieftains. Next he turned his arms against Gaul, which also he subdued, having defeated and slain its governor Flollo in single combat, under the walls of Paris. The conquest of the whole of Gaul occupied nine years, at the end of which Arthur returned to Paris, and there distributed the conquered provinces among his

Arthur was now in the zenith of his power, and on his return to his native land he made a proud display of his greatness, by calling to a great council at Caerleon all these tributary princes, and there in great pomp he was crowned again. Before the festivities were ended, an unexpected occurrence turned the thoughts of the assembled princes to new adventures.

Twelve aged men arrived as ambassadors from Lucius Tiberius, the 'procurator' of the republic of Rome, bearing a letter by which King Arthur was summoned in peremptory language to restore to Rome the provinces which he had unjustly usurped on the Continent, and also to pay the tribute which Britain had formerly paid to the Imperial power.

A great council was immediately held, and it was resolved at once to retort by demanding tribute of Rome, and to march an army immediately into Italy, to subdue the Imperial city. Arthur next entrusted the government

> of Britain to his nephew Modred and his queen Guanhuma

ra, and then embarked at Southampton for the Continent. They landed near Mont St. Michael, where Arthur slew a Spanish giant, who had carried away Helena, the niece of Hoel of

The army of the Britons now proceeded on their march, and soon encountered the Romans, who had advanced into Gaul to meet them; but who, after much fighting and great slaughter, were driven out of the country, with the loss of their commander, Lucius Tiberius, who was slain by Arthur's nephew, Walgan, the Gawain of later romance. At the approach of the following spring, King Arthur began his march to Rome, but as he was beginning to pass the Alps he was arrested by disastrous news from Britain.

Modred, who had been left there as regent during the absence of the king, conspired with the queen, whom he married, and usurped the crown; and he had called in a new horde of Saxons to support him in his usurpation. On hearing of these events, Arthur divided his forces into two armies, one of which he left in Gaul, under the command of Hoel of Brittany, while with the other he passed over to Britain, and landed at Rutupiae, or Richborough, in Kent, where Modred awaited them with a powerful army.

Although Arthur lost a great number of his best men, and among the rest his nephew Walgan, Modred was defeated and put to flight, and he was only able to rally his troops when he reached Winchester. When the news of this defeat reached the queen, who was in York, she fled to Caerleon, and took refuge in a nunnery, where she resolved to pass the remainder of her life in penitence.

Arthur followed his nephew to Winchester, and there defeated him in a second battle; but Modred escaped again, and made his retreat towards Cornwall. He was overtaken, and finally defeated in a third battle, which was far more obstinate and fatal than

those which preceded. Modred was slain, and King Arthur himself was mortally wounded. They carried him to the Isle of Avallon (Glastonbury), to be cured of his wounds; but all the efforts of the physicians were vain, and he died and was buried there, Geoffrey of Monmouth says, in the year 542. Before his death, he resigned the crown to his kinsman Constantine.

Such is an outline of the fabulous history of King Arthur, as it is given by the earliest narrator, Geoffrey of Monmouth, who wrote in the year 1147. The numerous stories of King Arthur, and his knights of the round table, which now swell out the story, are the works of the romance writers of later

There was a time when every writer or reader of British history was expected to put entire faith in this narrative; but that faith has gradually diminished, until it has become a matter of serious doubt whether such a personage ever existed. There are few indeed now who take Geoffrey of Monmouth's history for anything but fable.

The name of a King Arthur was certainly not known to any chroniclers in this country before the Norman period, and Giraldus Cambrensis, towards the end of the twelfth century, bears testimony to the fact that Geoffrey's stories were not Welsh. From different circumstances connected with their publication, it seems probable that they were derived from Brittany, and one of the opinions regarding them is that Arthur may have been a personage in the mythic history of the Bretons.

However, be this as it may, the history of King Arthur has become an important part of our literature; and as it sinks lower in the estimate of the historian, it seems to have become more popular than over, and to have increased in favour with the poet.

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THE (retired) ECOLOGIST

Of trees and aging

Bill Meredith

"Ars longa, vita brevis." ... Hippocrates, ca. 460-370 BC. "A lot of people my age are already dead. You could look it up." ... Casey Stengel

"God, grant me the serenity to accept the things I cannot change...." Reinhold Niebuhr, "Serenity Prayer."

Tf I make it through a couple Lmore weeks, I will become an octogenarian. That in itself is not remarkable; I selected my parents carefully, so I have good genes, and several of my relatives and ances-

still, being 80 is enough to make April, and my daughter, who is visyou stop and think. I used to enjoy thinking; but these days, by the time my brain gets around to it, quite often I have forgotten what the question was. Things are changing, and it's getting harder to keep up. Of course, ecologists know the world has been changing for millions of years, but when you think of time on such a grand scale it becomes a theoretical abstraction. By contrast, the changes we see in a lifetime have an aura of reality about them, and the older we get, the harder it is to adjust

Weather is a good example. As

iting from Minnesota, just got a phone call from her son. He was in need of maternal advice; he had planned to have a barbeque with some friends to celebrate the arrival of spring, and woke up on the appointed day to find nine inches of new snow on the ground. As best I could discern, hearing only one side of the conversation, she told him to go ahead with the party as planned. In Minnesota, they do things like that.

Here in Emmitsburg, the weather behaves in a more civilized manner, but it still isn't as predictable as I would like. One of the things I always used to enjoy in springtime was watching a few new flowers and trees coming into bloom each day, starting with crocuses and wildflowers in March and proceeding in an orderly fashion to the flowering trees in my yard in April and May.. But this year, when the equinox arrived, nothing happened; if you had looked outside then, you would have thought it was still December. According to the records I keep, night-time temperatures were above average only four times from the beginning of March through the first week of April, and during that time there was no sign of anything growing. Plants may not have brains, but that is not to say they are stupid; they just sat still and waited. Then in mid-April, when we had a week of warm nights, everything

came out at once. I couldn't keep up with them.

I raked up the leaves in the yard last fall, but when spring arrived the ground was covered with them again. Some of them came from oak trees which hadn't shed yet when I raked in October, but quite a lot came from the old sycamore tree in the yard just west of us. One morning before spring arrived I was looking out the kitchen window, and one of those leaves came wandering across the lawn, propelled by a slight breeze. It got me started thinking about aging; and that was an instructive exercise.

The sycamore tree stands beside an old stone house which a friend (who is 87) told me was already vacant and falling into disrepair when his family moved to Emmitsburg in 1940. It is not a place where a sycamore normally would be... in nature, they grow in floodplains and along streams ... so I assume it must have been planted there when the house was new, which would make it between 100 and 150 years old. So for the past 100-plus years, that tree has been sucking nutrients out of the soil to sustain its growth. In its normal habitat, most of the leaves would have fallen around the tree and decayed, returning nutrients to the soil, and periodic flooding would have deposited silt with new nutrients to replace those that got away. But here, away from the floodplain and exposed to winds that blow the dead leaves away, there is no way for the soil to remain fertile. The Balance of Nature is a delicate thing.

"Old" is relative, and for a syc-

amore tree 150 years is not a particularly venerable age, but this one has been in failing health for several years. Like an old person who has lost interest in cooking or lacks the resources for maintaining a healthy diet, this tree's resistance has been weakened, making it susceptible to disease. Many of its young branches lose their leaves and die back each year, probably from the anthracnose fungus that appeared around here several years ago. In addition, it has endured the expected environmental stresses of decay where windstorms have broken off limbs, insects,, and more recently, air pollution and climate change. But the last time I talked to it, it seemed content. The wisdom of a tree is to accept the things it cannot change. Perhaps that is where Dr. Niebuhr got the idea for his Serenity Prayer. Aging is more complicated for

us humans, because tradition assumes we will accumulate wisdom as we get older, and stop making stupid mistakes. This appears to happen to a few individuals as they acquire experience and education, but for many of us the experience is limited and the education is tainted by misinformation. For example, when I was 8 or 9 years old I came upon a book that was full of odd "facts" such as those in Ripley's "Believe It or Not," which was popular in those days. One of these said, "The Greek philosopher, H____, who said "Art is long, life is short," lived to be over 100 years old." At that time I didn't know any philosophers, Greek or otherwise, and as I progressed through school and encountered them, it seemed that most of the Greek names started with H. There were Homer, Heraclitus, Hippocrates, and several others, and I never could remember which was which... and then when I got to High School and came upon "Ars longa, vita brevis," I thought it was written in Greek too. The crowning indignity came just recently when, checking to make sure I spelled "Hippocrates" correctly, I discovered that he only lived to the age of 90. I still haven't got up nerve enough to look up what he was thinking about when he got the idea that art is long and life is short. Like many of the students I used to teach, that has always been my problem... getting bogged down in details and missing the really important ideas.

Even a good analogy can only be stretched so far. The sycamore is not a person, and I am not a tree. What we really have in common is that we are both living organisms, sharing the same ecosystem. We share the inevitability that eventually both of us will die; we share the practical reality that we must make the best of what we have while we are here; and we share the hope that the ecosystem will be none the worse for our having lived in it for this brief time.

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IN THE COUNTRY

The lion sleeps tonight

Seasonal Naturalist **Cunningham Falls State Park**

ions don't generally call Mary-Jland home, but it wasn't in the not too distant past that we did in fact have a resident lion population - Puma concolor, or the mountain lion. Mountain lions can go by many names: cougar, puma, panther (in Florida), or catamount. It's a game of semantics, but in North America they all refer to the same big cat. Historically speaking these cats did roam Maryland and much of the rest of the country as well. While relatively common, even as recently as mid 1800's, they are virtually non-existent anywhere west of the Rocky Mountains with the exception of Florida (more on that later).

Mountain lions were extirpated (locally extinct) from Maryland sometime in 19th century. When the Eastern portion of North America was settled by colonists these big cats roamed free and were pretty common. If they were so common then you might be asking yourself where they all disappeared to. These cats suffered from a double blow - hunting and habitat loss. Early colonists saw cougars as both a nuisance and a threat, and arguably rightfully so. They had good reason to fear the animals, because they can be dangerous. They also preyed on livestock farmed by the colonists, which in turn caused a number of problems in terms of financial and basic survival needs. Without further need they turned their rifles on the cats and began to clear the land. However, they didn't just stop at clearing the land of the cats themselves. Logging was a major industry throughout much of the northeast and Appalachia, and as

much of their habitat. This is a common story throughout much of the eastern United States, and the only known population of cougars remaining in the east is located in Florida.

The Florida panther is the only known population of cougars in eastern North America, and it is regarded as critically endangered. In the 1970's it was estimated that a total of 20 remained in the wild. Through serious efforts made by state and federal agencies that number is now believed to be between 100 and 160. This lone isolated population exists entirely in southern Florida, and faces threats mainly from habitat loss via land development.

As a top predator in the food chain in most areas they serve a valuable role in the ecosystem. Much like in the American political system (ideally at any rate) there are checks and balances, and the same is true in nature. Prey species keep their numbers up to ensure survival, while predators keep their numbers in check which ensures things like overpopulation, overgrazing, and more don't occur. Without a keystone species like mountain lions in the area anymore we can see a marked difference in the ecology of the area. Species like deer, which would be prey for cougars, have and continue to explode though the population is managed through measures such as hunting. Inevitably though wherever a vacuum occurs it will be filled, and coyotes have found a niche here. Coyotes traditionally occupied territory west of the Mississippi, but have migrated since westward colonial expansion and can be found in much of the northeast. With the elimination of competing predators coyotes now function as the top predator in many places. Their expansion and reproduction has been so rapid that the state of Virginia estimates that there is an annual 29% growth rate for the population. Maryland is undergoing a similar study, but it stands to reason that similar patterns will be seen here as

The largest problem with this, as with any type of invasive or non-native species, is that the newcomers can and often out compete the native species. The red fox (which we'll consider the home team, as it is native) and the coyote (which we'll consider the away team, because it wasn't documented in MD until 1972) compete for much of the same resources. The covote which is more resilient and adaptable has slowly been displacing the red fox, and there are significant and measurable impacts as a result. Similar results are expected with the gray fox and the bobcat, which is the only documented "big" cat in Maryland.

The whole checks and balances thing can be tricky, but once something is set in motion it can be hard to predict the end result. When colonists were exterminating those pesky mountain lions just 200 years ago they set into motion a line of dominoes that is persisting even to this day. Despite their extermination in the east more than a century ago there are still reported sightings here.

From time to time people will call local police departments or the Department of Natural Resources (DNR) and say they have either seen a cougar or have video or photographic evidence of one in the area. Most of these are a case of mistaken identity and there have been no confirmed cases of a wild mountain lion in Maryland since their extirpation. Most often people describe seeing a brownish cat the size of a German shepherd jump across the road or dart across the trail. While there have been a



In the not too distant past Maryland had a resident Mountain Lion population.

few instances of escaped pet cougars caught over the years (unrelated but worth noting - police on the eastern shore actually found an alligator in a parking lot this past summer), what people usually see are either deer, coyotes, or bobcats.

At the moment I am currently working as a seasonal interpreter at Big Bend National Park in Texas. I was a bit alarmed when I went for a hike in the Chisos Mountains on my first weekend there and was greeted by a rather conspicuous sign that read "Please Do Not Take Children On This Trail" with a picture of a mountain lion plastered next to the message. I can't speak for anyone else, but I received the message loud and clear. The sign gave me pause, and frankly made me pretty apprehensive the whole hike, but I never did see any lions. Big Bend has done many rigorous studies over the past sixty years. Population studies, habitat assessments, and behavioral research are all integral parts of understanding how they work and interact with both the ecosystem and us. There are over 100,000 people who visit Big Bend on an average year, and since the parks inception in 1946 there have been less than a dozen attacks. I think it's important to note that no one has ever died from an

attack in Big Bend, and more people actually die from dog bites in a single year than all mountain lion attacks in Big Bend (which as of this writing is 0). Here, as with everywhere else, better understanding will make life better for both them and us.

While there is some evidence to suggest that mountain lions are gradually pushing their way back into the middle and eastern portions of the country they still face threats in their remaining home ranges. The largest key to their survival and any possible expansion into old territory is habitat protection. Repercussions from the elimination or introduction of a species, new or old, can have ecosystem altering effects, and the impact of their absence is still reverberating to this day. What we're experiencing now is a centuries old experiment that we're still grappling with. The checks and balances not only apply to the natural world, but applies to us as well. It's unlikely that cougars reappear in Maryland anytime soon, if ever, but if people take a balanced approach to development and conservation then a healthy and stable mountain lion population can continue to exist elsewhere.

To read other articles by Tim Iverson visit the Authors section of Emmitsburg.net





IN THE COUNTRY

Camping on the Hill

Autumn Arthur

V/hen you were a child, what did you look forward to the most about summer? Was it the end of classes, the warm weather, getting to sleep in? For me, summer meant summer camp. Camp is a major part of the summer experience for many children; according to the American Camp Association, over 10 million children attend summer camp in the United States each year.

Not just a place or an activity, camp is an experience greater than the sum of its parts. Summer camp promotes a healthy lifestyle and fosters community connections in fun and meaningful ways. Participants also meet children from outside of their school demographics. Strawberry Hill Nature Preserve's Summer Nature Adventure Camps for Kids draw children from as far as Virginia and New Jersey. Each child brings their own life experiences to share with the others and the campers learn from each other and grow.

Today, most children spend only twenty minutes each school day in recess. When they get home, most spend their time indoors on homework, video games, and television. Summer camp gets kids outside

and active. This has direct physical health benefits, which is crucial to consider when the reported obesity rate in children is approximately 20% in Adams County, Pennsylvania, and the surrounding areas, according to the Susquehanna Intermediate Unit Center for Schools and Communities.

Encouraging children to get outside also deepens their connection to nature. At Strawberry Hill's summer camps, children spend their time exploring 600 acres of forests and streams. Their brains get a much needed break from the constant barrage of media they receive on a daily basis.

When I was a child, I tried everything - karate, softball, ballet, swimming, theatre, soccer, girl scouts, you name it - and one of the things I remember most clearly is my time at my township's summer camp. More than anything, this camp was a time to relax and form bonds. These days, being a kid is stressful! Camp provides a safe place for children to enjoy their childhood.

Children in summer camp are guided by their counselors, but are encouraged to make their own choices. It fosters independence in children, helping them learn to consider their actions and develop self-efficacy. Strawberry Hill's "Mystery from History" theme week, July 1-3 at the Gettysburg Borough Recreation Park, will focus on team building through the lens of the Gettysburg National Military Park and its environment. As children participate in team building activities, they gain valuable experience in communication, leadership, and decisionmaking.

Summer camps can be a realistic manifestation of the old adage that, "it takes a village to raise a child." Community organizations often create partnerships to build a camp experience. This summer, the Adams County 4-H is supporting Strawberry Hill's "Beetles and Bees and Bears, Oh My!" and "Chesapeake Challenge" theme weeks, July 22 - 26 and August 5 - 9, respectively, with activities and guest speakers. The "Junior Forest Steward" theme week is supported by the Penn State University Extension program with activities as well. Campers get to hear from and engage with members of their own community. The Strawberry Hill camps this summer will feature local artists, entomologists, forest rangers, and other guests. Camp can be an important part of connecting children to their community resources and developing positive citizenship.

Beyond the typical summer camp experience, Strawberry Hill's Summer Nature Adventure



Camps for Kids offer environmental education, which stimulates the academic and social growth of young people as it promotes the conservation of the natural environment. Children who are engaged in environmental education become real-world problem solvers and self-directed learners.

The "Camp Champ" theme week will start the summer off with hiking, orienteering, tent building, and for full-day campers, an adventure challenge course. In "The Wild Life" theme week, July 29 - August 2, campers will get to experience the world outside of the present-day mid-Atlantic region. The "Chesapeake Challenge" theme week will connect

campers to their natural water resources as they explore the streams and ponds of Strawberry Hill. This week features a kayak and canoe field trip for full-day campers.

Camps allow children to explore their interests in a low-stakes setting. They can create art in "Do You See What I See?," June 24 - 28, without worry about their teacher's preferences and try science experiments in "The Perfect Storm," July 15 - 19, without worrying about a future test on the subject. Because the campers are in a safe environment, and they are having fun, they are ready to leave their comfort zone and try something new.

It is not only the child that benefits from camp. Summer camps help working parents. They provide a safe place for children to go and play and receive care while parents are at work. Strawberry Hill's new single day option is available for families that are too busy to attend an entire week. Camps also provide an opportunity for family bonding; participants always love to share stories with their family and friends. This year at Strawberry Hill's Summer Nature Adventure Camps for Kids, families and friends are invited to join the children each Friday afternoon for a special theme-related event.

Strawberry Hill's Summer Nature Adventure Camps for Kids offer something for everyone: camping, art, history, forestry, animals and insects, science, food and habitats around the world, and water exploration. Best of all, summer camp is fun. Every week provides games and activities that allow kids to just be kids. As the school year comes to an end, we have to begin planning for summer boredom; it does not take long before children are tired of being at home! Strawberry Hill Nature Preserve's Summer Nature Adventure Camps for Kids are now open for enrollment - this summer, we hope to see you here, where the love of nature be-

For more information on Strawberry Hill Summer Camp call Kay Deardorff@ 7171-642-5840 or visit strawberryhill.org.





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VILLAGE IDIOT

I've been played!

Jack Deatherage, Jr.

Tack, I'm going to KILL you!" So the answering machine in-

Promises, promises I remember thinking before I realized it was the Mad One and she had every right to be angry with me. I'd manipulated her into attempting to make bread and at a crucial moment in the bread building she couldn't reach me for instruction or advice. She'd been calling the factory all that morning demanding and snarling at me over my tricking her into building a bread. (DW, who answers the phone at work, also snarled at me. "No more bread making during the work week. I can't be running the phone out to you every time she has a question! I have work to do!)

This all started the day the Mad One tore a chunk of bread from a good loaf I'd made. After an appropriate amount of "oo"ing and "ah"ing she declared it was nice I could make such bread with all my expensive American equipment, but could I make it as well with the minimum of tools as her mother does? I allowed I didn't know, but I'd find out.

I knew I was being manipulated, but I went along because I'd gotten the insane idea I could teach people, perhaps even women, how to make good bread. (I can teach little girls to shoot a bow or a rifle, but I've seldom taught women anything.) As most people are without all the baking gear I have acquired over the years I was ready to change mixing and baking methods to accommodate the non-fanatic.

Most of my bread books offer hands-on versions of the recipes, and Mom had seldom used a machine to make my childhood memories. I had no doubt I could build the dough without the Kitchen Aid mixer. I wasn't so sure about abandoning my baking stone. The first few loaves I made by hand were baked on the stone and no one knew I'd done anything different in their making. With the easy part out of the way, I removed the stone and checked the oven temperature with a thermometer. Dead on! (Temperature is one of the six main ingredients in bread building: flour, water, yeast, salt and time are the others. Temperature needs be controlled twice in a bread's life; as the dough is built and when it goes into the

Having freshly made ciabatta dough handy, I slid a baking sheet with its pillowy burden into the 500F oven, poured boiling water into the steam pan, closed the door and turned the heat down to 450F for 15 minutes. Then I removed the sheet, swapped the loaves so they'd finish evenly and slid the sheet back into the oven for another 10 or 15 minutes.

I found a number of flaws (I al-

ways do. I'll find even more as I perfect my methods) in the loaves after they were cooling on the wire rack. The bottoms weren't as brown as they have been when baked on the stone. The crusts did not crack and sing, and the loaves had split an inch or so along an end. The splits were caused by the "oven spring", a slightly dried dough skin and a lack of sufficient steam in the oven. Overall, they were as good as most of my recent breads. Considering I'd mixed two methods to build the loaves and hadn't used a baking sheet before, I was quite pleased with the out-

As I was savoring a slice of the newly cooled bread, an idea popped into me head. It was time to teach the Bulgarian that I too could manipulate people. Gathering a dough bucket and a large bowl, I filled each with the flour, yeast and salt they'd require at each stage of the ciabatta I was going to bully the Mad One into building.

She's lamented her inability to make a bread as long as I've known her. Her mother has tried throughout the Mad One's life to teach this child, this sometimes inspired wielder of artist's paints and brushes, to make even the simplest of breads with no luck at all. I knew I would succeed where MaMa had despaired!

Presenting the ciabatta to the Mad One I asked what she thought of it. "Very nice." She said between bites of crust and crumb.

When I told her I'd made it without the mixer or the oven stone she got that smug look on her face I've come to expect when she thinks she's pulled something over on me. "See, you don't need all that expensive equipment to make good bread."

I smiled back at her. Gods, I was savoring the coming moments. "Do you really like this bread?" She did. So I went out to the car and returned with the bread building gear I'd brought and announced she was going to make the same ciabatta!

Oh, it was fun to argue over and defeat each of her objections! I finally beat down all her excuses with a simple comment. "If an idiot like me can make that bread, so can you."

She had the last word of course. "I'll be calling you every time I have a question. Even if you are at work."

And so she did. By the time DW and I got to Luke and Simona's house the bread had been out of the oven long enough to have cooled. Simona was caught between wanting to brag that she'd made bread and yell at me for not being available when she needed me. We discussed why the crust had almost burnt (her oven is 25 degrees hotter than its setting claims), why the loaves were



flatter than mine had been (she'd had to flip them upside down to get the bottoms to finish baking) and how she could improve on the next attempt. She had a very selfsatisfied, justifiable smile on her face. She'd made bread!

I suggested we try pizza dough

"No. You are going to teach me to make the olive oil bread and a Bulgarian version of challah. The olive bread is the best you've made. And I miss sitting in Mom's kitchen with my sister, smoking cigarettes, drinking coffee and talking with them as Mom makes bread for Easter. Our Easter is later than yours so we have time. I can't be with them, but I can have the bread. You will teach me to make it."

It took a moment for what had just happened to sink in. I'd been played. Tricked. Manipulated. I should know better than to try to get one over on the Mad One. She will always win such con-

I guess I don't mind. I could brag that I've finally taught a woman something useful, but I know better. The girls who learn to sling arrows and zing bullets want to do so. Simona wants to make bread like her mom does. She just needed the universe to align properly. It's a damned strange universe that set me up to teach her.

To read more articles by Jack Deathridge visit the Authors section of emmitsburg.net.







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PETS LARGE AND SMALL

I've finally found my forever home

Michael Hillman

My mother always told me that if I was nice and obedient I would find a forever home. I thought I had, but it turned out that I was wrong.

It has been almost four days since I last saw my people. The food and water bowls my bother and I shared have been empty for days. The house, which at one time shone bright at night, is now dark. I wonder: where did my people go? What did I do wrong? I always wagged my tail when I saw my people, I always smiled at them. I thought they liked me.

I sat patiently as my daily plethora of e-mails downloaded. As usual, most of it was spam, which my junk e-mail filter hid from me. But, amongst those that escaped the junk filter, I once again noticed an unusually large number of pleas from animal rescue groups.

A year back, I had sent some money to a shelter in order to help a save sick cat. I thought it was a one-time donation, but a few weeks later, I got another notice to help a injured dog found alongside a road—so, I gave again. Since then, the number of e-mails from rescue organizations seems to grow almost exponentially. I wanted to help them all, but I only have so much money.

I read the day's list of animals in need. A two-year-old male dog named "Spot," whose owners didn't want him any more because he was no longer a puppy, would be euthanized that evening unless rescued. There were twelve-year-old, brother-sister cats, whose elderly owner had died. The woman's kids didn't want the cats, and thought nothing of taking their mother's companions to a high kill shelter. I shook my head in disgust and sadly deleted the e-mails. I could only help so many.

My stomach hurts. I can't remember the last time I ate. It's cold outside, colder than I can ever remember it being. Our people used to let us go inside on really cold days, but no matter how much I

scratch at the door, no one answers.

My brother went to houses with lights on down our street, but every time he got near a door, someone came out and yelled at him. I don't think anyone wants us. We don't know what we did wrong. We're only eight months old. What could we have done wrong?

It's late and I'm tired. As I click through my daily load of e-mails once again, I purposely delete without opening those from the rescue shelters. I feel guilty, but I'm tired of going to bed at night with the faces of those lonely dogs and cats on my mind. I can only help so many. Someone else needs to step up. I've done my part for the

My brother and I struck out to find something to eat today. We were walking down our road when a white truck pulled up along side us and a man got out. I walked up to the man wagging my tail. He spoke to me nicely and patted my

month.

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head. For a moment I thought he was going to feed us, but then he put a chain around my neck and put me into a cage in the truck, and my brother in another.

Before I knew it I was in a building, in a cage, and all around me were barking dogs. I had never experienced this before. I was scared. All I wanted to do was go home to my shed. What had I done wrong? It was a long, scary night.

Days soon become weeks. The nice girl who feeds me always pats my head, but as the days go on, she keeps telling me I need to get adopted soon or else. Or else what I think to myself?

As I was finishing my breakfast one day, I looked up to see a nice woman talking to the man in the

"I'll take her and her brother," she said, "we'll find homes for them."

"Just in time" the man said, "they were on this week's kill list."

That afternoon my brother and I were taken to a farm and allowed to run for the first time in weeks. But before we were let out to play, the nice woman took photos of us.

It was well into the evening before I had time to check my emails; I steeled myself for the daily barrage of rescue e-mails. For some reason I found myself opening and reading them all.

Unlike the past few day however, I had time to read. 35+ precious, friendly dogs and 6+ cats from a gassing-only shelter with death date in two days. My heart sank. I opened the next message. As I scrolled down, I came to a photo of a dog that bore a strong resemblance to one my wife and I had lost due to an accident at much too early an age. I must have been staring at the photo for five minutes when my wife came in to kiss me good night. I showed her the photo. "Doesn't she look like Emma?"

"Yes she does" my wife replied. "What's her story?"

"I don't know, but I'll find out," I said determinately.

I contacted the sender of the e-

mail, and was surprised to get a reply almost immediately. "You need to contact the name next to the dog's photo," the sender replied. "I'm just a cross poster- someone trying to help others trying to help animals in distress connect with as many people as possible across the country."

So I e-mailed the name next to the photo and turned my computer off for the night.

The next morning, while sipping my morning cup of coffee, I check my e-mails. The first one was from the rescue. I check the time stamp: it was sent at 2 a.m. someone was working late into the evening to help this dog.

Over the next 24 hours, a flurry of e-mails was passed. The dog was in Kentucky. Since they couldn't meet me in person, if I wanted to adopt her I had to fill out an application and have a background check done. I felt a little bit insulted-with three dogs and five cats, I thought I had more than proved myself a worthy pet owner. But, they didn't know that. For all they knew, I could be an animal abuser seeking my next victim. So, I filled out the application. I wasn't sure I wanted the dog, but I did know I wanted the option.

I got to drive in the nice lady's car today. We went to a house where a big man looked into my mouth and shined a bright light into my eyes. I was feeling pretty happy until he poked me with something

sharp. I let out a yelp, but the nice lady stroked my head and told me I was alright.

I listened as they talked.

"Bring her in tomorrow at 10 a.m. tomorrow and we will spay her," the man said. "This is another rescue, correct?" he added.

"Yes," she replied.

"Lucky dog," he said. "I was talking to the vet over at animal control the other day. It seems a lot of people are having a hard time making ends meet, and pets are bearing the brunt of it. More people than ever say they are surrendering their petsand most are getting put down for no other reason than they don't have space for them. This is one of the lucky ones. "

I spent the day thinking long and hard about the dog. My life was pretty set— we hand only recently rescued a stray kitten off the street and she was finally coming out of her shell. I was enjoying her and worried that a new dog would cut that time short. By the time I got home, I had decided that if offered, I would turn the dog down—there will always be another, that I was sure of.

I walked into the house and was greeted by a less then amused wife: "So, when where you going to tell me we're going to get a new dog? she asked.

I stuttered. "What? How?"

She explained, "The shelter in Kentucky called to get the vet hos-





PETS LARGE AND SMALL

pital's number - they needed to confirm that we take care of critters. She's getting spayed tomorrow and they will be shipping her North at the end of the week."

I tired to explain to my wife that I hadn't actually "applied" for her yet, but my wife would have nothing to do with that excuse. "You filed an application for a rescue and they are not going to ask twice. She's ours."

We we're both right, but she was righter.

That night I contacted the rescue and sent them the adoption fee. It was a pittance compared to all the vet work they had done on the dog. Having been neglected for a long time, the dog was full of worms and covered with fleas and ticks. That all had to be addressed before the rescue would release her.

I don't feel well today. My stomach hurts really bad when I move, so I try not to. My brother keeps trying to get me to play, but I don't want to. All I want to do is sleep.

The nice lady comes out every few hours and strokes my head and ask me how I'm doing. I want to cry, but I can't, instead I just look at her. She offers me food, but nothing tastes right. I don't even want to drink water. I've never felt this bad before.

Two days after her spaying, we got an e-mail from the shelter. While the spaying had gone well, the pup was so full of worms that she had had an adverse reaction to the worming and was off her feed. While this was not unusual, the rescue stressed, they nevertheless wanted to postpone her ride north until she was eating again.

While my wife and I were disheartened to hear the news, I appreciated the efforts of the shelter to care for what I now considered "our dog." "More money out of their pocket" I thought to myself, "and here, a few days ago, I was whining about not being able to help them all, yet these people are doing more then I can image for someone else's dog. I can learn a lot from them."

I turned to my dogs who were lying at my feet. "Ok guys, you've got a five day reprieve before the new dog shows up, so lets make the best of it— who wants to play

My wife, overhearing the conservation, noted that we had not yet picked a name. We had been toying with calling her Emmatoo, after Emma, her lookalike who we had lost. "Let's not call her that," my wife said, "let's call her Troy."

I agreed immediately. Having long since established a tradition of naming animals after Star Trek characters, Troy fit perfectly. So it was settled.

My stomach feels a lot better today, but I'm lonely. My bother left with the nice lady the other day and never came back. I wonder what happened to him. As far back as I can remember my brother

has always been by my side. People said we were inseparable. But now he's gone. What did he do wrong? What did I do wrong?

The nice lady took me on a long ride today. It was the longest time I had ever spent in a car. She kept telling me I was headed to a "forever home." I don't know what that means, but see seemed pretty happy for me. She said she would miss me but promised to keep tabs on

After what seemed like forever, we arrived at a house. A nice woman came out and sat down to pet me. I didn't know what was going on, but something in their voices told me to trust them, so I did.

"Thanks for getting her up to me Ellie."

"What time will you be leaving in the morning, Becca?" Ellie

"We leave at 8:30. We've got a full lot of lucky dogs to take with us. It'll take us 7 and half hours to get to the drop off point. By the time we get there, we'll all be whooped, including the dogs."

"Did you get her brother to the other rescue?" asked Becca.

"Yes, I did," replied Ellie. "He's safe."

I had a restless night. Once again I was in a strange place, with strange people, and strange dogs. I wanted to go home, but I no longer knew were that was, or where that was. All I could do know was hope for something better.

My wife and I meticulously followed the directions to the drop off point, but as we neared the end, it occurred to both of us somewhere along the way that we had misread the directions. We were lost. As we drove around desperately trying to find someone to ask for directions, I found myself reflecting back on my younger days when I was bachelor and I was always the last person to pick up my dog at the "doggie day care." I would arrive at the barn to find my dog sitting alone waiting for me. Once again, 25 years later, and half an hour late, a

dog was once again waiting for me.

When we finally pulled into the drop-off point, most of the other dogs had already been picked up by their new owners. After exchanging collars - it's a bad omen for a dog to go home with its shelter collar - we thanked Becca for delivering her safely and headed to our car. Troy balked. We couldn't blame her, after having spent the better part of two days on the road, the last thing anyone would willingly do is get into another car.

"I'm going to ride in the back seat with her," my wife said. With a little encouragement from me, Troy was soon in the car with her head nestled on my wife's lap— where it stayed the whole trip home.

As soon as I got out of the car I knew there were other dogs around. I could smell them. As I sat and looked around, the man went to the door and opened it. Out came a small, older dog that waddled up to greet me. Once we were finished exchanging hellos, another dog appeared. She was a big black dog, but from her wagging tail, I knew she would not hurt me. I licked her mouth in joy. Then the door opened again, and another small dog ran out to greet me. He too wagged his tail, or what tail he had. All seemed to greet me as a long lost friend.

They all followed me as I explored the house. I counted 5 cats in all—all said hello, except the kitten, who hissed at me. I tried to say hi, but the more I tried, the more she hissed. When she scratched me on the butt, I decided to give her a wide birth for a while.

Dinnertime was crazy. There seemed to be a routine, but I didn't know it. But no one seemed to care. They kept calling for someone called Troy to eat, I don't know who she was, but I was hungry so I volunteered to eat her food. What a lucky dog, I thought, as I ate out of her fresh new bowl- she even had her own brand new water bowl!

That night I slept with my new pals at the foot of a big bed. It was windy outside and I could hear the rain against the window, but it was warm and quiet inside. My stomach was full, and my thirst was quenched. I had never experienced this feeling before. I wasn't quite sure, but something told this is what they meant by having a "forever home."

I don't know what I did to deserve this, but I'm glad I made it. So few shelter dogs do. I'm one of the few, one of the lucky ones.

My name is Troy. I'm a shelter dog. I'm safe because someone cared.

Now will someone help my friend Tyson find his forever home?



Tyson

Tyson is a 2-year-old border Collie/Chow Chow mix. He was left behind when his previous owners moved out. Tyson needs a family that will have patience with him. He can be a little nervous and timid at first but would love to cuddle on the couch with you. A fenced-in yard may be best for him to get used to going indoors. He may or may not have lived in a home with children. We suggest his future owners have children of at least eight years or older.

For more information on Tyson, call the Cumberland Valley Animal Shelter at (717) 263-5791 or visit the website www.cvas-pets.org.





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THE MASTER GARDENER

Flowering shrubs

Mary Ann Ryan, Penn State **Extension, Adams County**

Spring – the busiest time of year for the gardener – but may also be the most invigorating! I did a presentation this afternoon on gardening. It was 30 minutes, not much time to even talk generalities of gardening, but I tried. We started by covering things like soil and compost, choosing the right plant for the right place, Integrated Pest Management and so on. But as I rushed through the information, I just couldn't help myself but get excited about gardening. Just the idea of going outside this evening after work and pulling weeds or planting seeds gives me something to look forward to.

One of the things that I stated this afternoon was this: if you were to ask me to describe myself if a few words, I would say I'm a mother, a wife, a sister and a daughter - and a gardener. My entire adult life has been spent in the garden, and as a child I was introduced to plants and soil by my Dad, as he was a part time farmer. Oh, there were things I didn't like to do - for instance picking up potatoes on the hottest day of summer in August with my cousins, or picking green beans on a hot afternoon. Heck, I remember when picking those beans I'd pick the plants as well and put both in my bucket so it filled up quicker, just to realize that I had just caused more work for myself, as I had to "re-pick" the beans!

But very early on I decided that working with plants was for me. Although I do remember wanting to be a meteorologist, until I realized I'd probably have to take really hard courses like physics! So plant science was my path, and I haven't regretted it once.

When I do talks relating to gardening, it seems like whatever my topic, it is my passion at that moment. When I discuss trees, I love trees. When the topic is perennials, I love perennials. And when it's shrubs, they become my favorite plant group. So an article is no different. My focus is on deciduous flowering shrubs this month, and, you guessed it, I love flowering shrubs.



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I'm going to list some of my favorites, natives and introduced, that flower in the summer months. Flowering shrubs are often overlooked in the landscape since their leaves drop, but they are some of the most exciting plants you can introduce into the landscape, because they change with every season.

A shrub that has increased in popularity in the last several years is the hydrangea. There are different types of hydrangeas, so when choosing, you should not only consider the color, but also the potential size of the shrub.

Hydrangea arborescens 'Annabelle' is a

native shrub that blooms large, white, ball-shaped flowers in the summer. They bloom on new growth, which means pruning can be done in the fall/winter months. In my garden, it has gotten to be about 4' in height, and about that wide. They like to be shaded from the afternoon sun, but will tolerate some morning sun. A pink variety of H. arborescens has been recently introduced, so keep an eye out for it in the nurseries and

Hydrangea microphylla is often the species we traditionally think of when considering hydrangeas. These are the plants that are blue, lavender or pink in color, and often all three colors are seen on one plant. They do great in sandy soils, making it a common plant to see at the shore. There are quite a few cultivars of this species, and depending on your soil pH, may be more pink or more blue - so it becomes difficult to determine what color exactly your plant will produce. But this just makes it more interesting and fun!

Another native hydrangea is Hydrangea quercifolia, oakleaf hydrangea. This pretty shrub gets quite large, 5'-6' tall and wide. As with most hydrangeas, shading from the afternoon sun is best for this plant. The large, oak shaped leaves turn a nice reddish-copper color in the fall, just adding to the interest of the plant. When pruning this shrub, summer pruning is recommended. Trim out old, dead or dying wood by July. Fall or winter pruning would be reason for this type of hydrangea to no longer bloom since it blooms on old wood, just as the microphylla type hydrangeas.

Hydrangea paniculata is a large hydrangea with white, cone shaped flowers. This is often seen as pruned in a tree form, with a single stem. Of all the hydrangeas, H. paniculata can tolerate sun the most. It blooms on new growth, so pruning in late fall or winter is recommended.

In addition to hydrangeas, there a quite a few other interesting flowering shrubs. One in particular is the Sweet Pepperbush, Clethra alnifolia. This native shrub is fragrant, with white flower spikes in June. There's lots of action around this plant as the bees and butterflies just go nuts! Many cultivars have been introduced, as it is a great substitution for the invasive butterfly bush that so many gardeners grow.

Clethra is naturally found in moist,



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THE MASTER GARDENER

wooded areas of dappled shade. It colonizes, so it will send up shoots from the base, making the single plant more of a group appearance. Some cultivars you may want to check out are 'Hummingbird', Ruby Spice', 'Vanilla Spice', and 'Sixteen Candles'. All have specific attributes that may make them more interesting in your garden.

A native plant that is under-used is Calycanthus floridus, Carolina allspice. This large shrub can be easily used in a shrub border, as it reached up to 8' tall in ideal conditions although I don't think I've seen it any higher than 6 feet. It likes well drained soils and can tolerate sun and part shade. The flowers are a reddish brown color and it too is fragrant. We have this shrub in our Native Plant Garden at the Agricultural and Natural Resource Center in Gettysburg, one of the newest additions, and I'm anxious to see it develop. This is definitely one to try in your garden - I'm sure it will find a place in my garden soon!

Itea virginica, sweetspire, is an interest-

in June, appear to droop from the tips of the branches, creating a white, cascading affect. The fall color is also spectacular in that the leaves turn a nice red color. This plant takes part shade to full sun, and although research tells me that it is not pH specific, my experience is that it prefers a slightly acid soil. I've seen this shrub with iron deficiency when the soil is too alkaline. Many cultivars are available, like 'Little Henry', 'Henry's Garnet', and 'Long Spire'.

Potentilla fruticosa is a summer flowering shrub that loves full sun. It can tolerate dry conditions as well. Very little care is needed to make this plant happy. Typically reaching 4', depending on the cultivar, this shrub will be covered with flowers in the summer. Many varieties are available; colors from white, yellow, and pink are common in the nurseries. Be sure to check this one out.

ing shrub because the flowers, blooming

This is my shrub list – the plants that I'm loving today, and anxious to see blooming in my garden or in others' gar-



Flowers of Clethra

dens tomorrow. Watching shrubs develop and go through the seasons is beautiful and having the opportunity to exercise my

creativity in the garden with shrub combinations is just something that everyone should have the opportunity to experience. Go out and look at the beauty in nature and try your hand at recreating it in your yard. I'm telling you, it's an addiction!

Wondering what chores should be done in May? Here are some ideas to keep you busy in the garden.

Early May:

- Attend the Spring Garden Event on May 4 from 9am - 1pm at the Agricultural and Natural Resource Center. Buy your perennials, annuals, herbs and vegetables for this season. Check out our garden yard sale items and tour our gardens while you're here! Talk to a Master Gardener about your gardening ques-
- · Sow seeds of leafy greens in your vegetable garden or in containers for your deck or patio. Try some of the varieties that have ruffled, red or wavy leaves for texture and color variation. Mix lettuce greens in with your annual pots for something different this spring.
- If you need to prune your forsythia, now's the time, when the flowers have faded! Cut out old wood and any dead, diseased or dying branch-
- Stake any perennials that can potentially fall over, like peonies, delphiniums and tall asters.
- Register your 8 12 year old kids to attend Ag Explorers Day Camp on June 24 – 28. Contact Penn State Extension at 717-334-6271 for de-
- Now is the time to put down broadleaf weed control and fertilizer your lawn.
- Weed, weed, weed!

Mid May:

- Begin pinching back chrysanthemums to maintain size in the gar-
- Plant your containers of annuals for your deck or patio. Danger of frost
- Plant perennials, container shrubs and trees. Be sure to break up the root system when taking them out of the pot, and plant them at the same level in the garden soil as they are in the container.
- · Divide any fall or summer blooming perennials. Don't forget to water!
- It's time to put out your hanging
- Direct sow beans and corn into the garden. Tomato, pepper and eggplant transplants can be planted outside.

 If you haven't done a weed and feed on your lawn, you still have time!

• Continue to weed, weed, weed!

Late May:

- Plant dill and basil in the garden or
- Direct sow cucumbers, squash and melons.
- Take out your tropical plants for the summer months. Be sure to shade them from the afternoon sun.
- Begin mulching planting beds. Too early, and you could delay the

growth of plants as the mulch could hold in the colder soil temperatures. Mulch at the end of May when the soil warms up.

- Lilac shrubs too big? When blooms have faded, cut out old wood, anything dead, diseased and dying for a healthier shrub.
- And don't forget to weed!
- Have gardening questions? Contact a Penn State Master Gardener on Mondays and Fridays from 10am -2pm to get your questions answered.



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CIVIL WAR HISTORY

Monterey Pass

Emmitsburg Historical Society Civil War Historian

Blue Ridge Summit, PA – Seven miles west of Emmitsburg, Maryland lays a Civil War battlefield site that most people have never heard of. And yet, it was fought in the most unusual way. In fact, it was the only battle to be fought on both sides of the Mason-Dixon Line, in the middle of the night, during a severe thunderstorm. The Battle of Monterey Pass is its given name, and was fought on July 4 and 5, 1863, following the close of the Battle of Gettysburg. It is one of many Civil War battles and engagements to be fought during the Confederate retreat from Gettysburg.

There is a brief mention of this battle on the July 4, 1863, Army of the Potomac itinerary sign in front of the Emmitsburg Post Office. Emmitsburg witnessed Union General Judson Kilpatrick's cavalry as they moved to Monterey Pass. Emmitsburg was also where Confederate General JEB Stuart learned of the Battle of Monterey Pass, forcing him to detour toward Creagerstown, and then to Smithsburg. A few Emmitsburg men fought at the Battle of Monterey Pass, serving

as a Union guide or fighting with a portion of the Confederate 1st Maryland Cavalry.

After the Battle of Monterey Pass, the majority of the Confederate army marched through the area, while seven miles to the south, the majority of the Union army marched through Emmitsburg. Many soldiers dubbed Monterey Pass as "Mount Misery," due to the recent rains making road conditions almost unbearable.

Today, a small 501c3 nonprofit organization known as the Friends of the Monterey Pass Battlefield, Inc. (FMPB, Inc.) is working hard to preserve this forgotten battlefield. Several projects are in the works and are close to being completed. Projects include replacement interpretive markers along the driving tour route, a new interpretive center and the Michigan state sponsored marker.

In honor of the 150th Commemoration of the Battle of Monterey Pass, several individuals in the state of Michigan, Washington Township, and the FMPB, Inc. have completed the research and paperwork necessary for a Michigan state sponsored marker. This marker is one of five located outside of the state of Michigan, and is one of two

located along the ridge of South Mountain. The Monterey Pass marker will commemorate General George A. Custer's Michigan Brigade.

After leaving Emmitsburg on the afternoon of July 4, Custer's brigade engaged the Confederate forces at Monterey Pass during the night of July 4 and into the early hours of July 5, before aiding in the destruction of nine miles worth of Confederate wagons and capturing over 1,000 Confederate soldiers. This marker is in production and will arrive in Washington Township shortly before the 150th Monterey Pass event. The 3 foot by 6 foot marker will be unveiled on July 5 at 7:00pm during a dedication ceremony. For more information on this program or a complete listing of 150th commemoration events located near Blue Ridge Summit, please log onto the Monterey Pass Battlefield Park's website www.montereypassbattlefield.org.

Three students from the University of Shippensburg have volunteered their time to lead a project for their preservation class, and could use your help. Several years ago, seven markers for the driving tour were installed and have fallen in disrepair. The Shippensburg students need to raise \$3,500.00 to replace those existing markers, and within a month they have raised a total of \$1,010.00. The larg-



Civil War Round Table of Gettysburg donates \$500 toward the Monterey Pass Battlefield Markers Project.

est donation came on March 28, when the Civil War Round Table of Gettysburg donated \$500.00 to the markers project with a check presentation held at their headquarters in Gettysburg.

The FMPB, Inc. would like to thank Andrew Askins, Marty Zimmerman, and Braxton Berkey for their hard work and dedication on the marker project as well as the Civil War Round Table of Gettysburg for their generous contribution. If you would also like to donate to this project, please send your contribution to FMPB, Inc. c/o Marker Project 13013 Welty Road, Waynesboro, PA 17268. Please note in the memo line of the check "Marker Project."

The FMPB, Inc. is also in the planning stages of the development of an interpretive center. A total of \$75,000 is needed for the construction of an interpretive center at the Monterey Pass Battlefield Park. This facility will be the focal point of the Battle of Monterey Pass, including interpretation of the ten days that followed the Battle of Gettysburg. The interpretive center will help to identify other areas of interest during the Confederate Retreat and the Union Pursuit. Artifacts of the battle will also be exhibited and the center will be fully interpreted with panels that feature several themes that relate to the battle as well as the retreat.

The FMPB, Inc. is now in reach of moving forward with the interpretive center. On April 2, the Blue Ridge Summit Sportsman's Association, Inc. Small Games of



CIVIL WAR HISTORY

Chance contributed \$25,000.00 to the FMPB, Inc, bringing this project within \$15,000.00 to being completed. Currently, the FMPB, Inc. has just over \$60,000.00 for the project.

The FMPB, Inc. would like to extend a heart felt thank you to Blue Ridge Summit Sportsman's Association, Inc. Small Games of Chance for their contribution.

As with any battlefield, land purchases are one of the most important aspects to any preservation project. At the same time, land purchases are also the most expensive. The FMPB, Inc. has a chance to purchase 110 acres of battlefield land for \$200,000. This land is where hundreds of Confederate wagons moved upon during the

retreat. It also saw heavy fighting during the battle itself. After the battle, several thousands of soldiers marched upon this ground and hundreds bivouacked there. The goal is to raise enough money to purchase this privately owned piece of ground and preserve it. At the same time, the FMPB, Inc. would interpret this ground and establish a walking trail for pub-

For more information about these projects, how you can help, or to join the organization, please go the FMPB, Inc. website www. montereypassbattlefield.org.

To read past Civil War articles by John Miller visit the Historical Society section of Emmitsburg.net



Blue Ridge Summit Sportsman's Club. Inc., Small Games of Chance donated \$25,000.00 to help build the Monterey Pass Battlefield interpretive center.

May update for 150th Gettysburg National Civil War Reenactment

The excitement, anticipation 1 and enthusiasm continues to build in the reenactment community, the Gettysburg community and the international community for the 150th Gettysburg National Civil War Reenactment. At this time 9,000 Reenactors, 133 full size artillery pieces (with 10 horse drawn) and 375 registered horses have registered to partici-

In conjunction with the grand opening of the Gettysburg Museum on Seminary Ridge, the 150th Gettysburg Prelude Event, at the historic Lutheran Seminary June 29 through July 2nd, is coming together very nicely. The \$17 million renovation to Schmucker Hall, changing the most historic privately owned building in Gettysburg into a world-class Civil War museum is an experience you do not want to miss.

Besides living history and camping around historic Schmucker Hall, there will be two skirmishes on this historic ground on Saturday and Sunday. Troops at the event will participate in the Museum Grand Opening ceremonies at 10 AM Monday, July 1st - and will also fire the ceremonial First Shot volleys from Seminary Ridge on Monday at 8 AM.

Since its creation in 1995, the Gettysburg Anniversary Committee events, like no other event for the past eighteen years, has set the standard, recognized and valued the importance of Living History by making it a key element of every event since inception. Beside the activities on the field, the two large living History Activities Tents and a vibrant Living History Village are the centerpieces of visitor and Reenactor activity. This year will be no different. Whether it is period religious services, actual civil war weddings, ladies period dress demonstrations, civil war music, generals lecturing in first person, or civil war movie actors describing their experience in the living history tents, or a myriad of activities and portrayals in our living history village, the living history area is a highlight for visitors and Reenactors.

The Living History programs this year will be one of the largest living history villages that GAC has hosted to date. There will be over 700 living historians that will be entertaining the public and the village will be spread out over 18 acres. We have a wide variety of impressions and artisans that will be able to educate and entertain the public. The village will open at 9am and close at 6pm each day. As GAC has done for many years, they will have two large living history tents for visitors. Each tent holds about 400 spectators. We have programming in each tent with a new program starting every hour over the four-day event.

There will be 9 major battles over the four day event. Pickett's Charge and other daily highlights will be live streamed on the worldwide web. Go to gettysburgbattlecast.com for more information.

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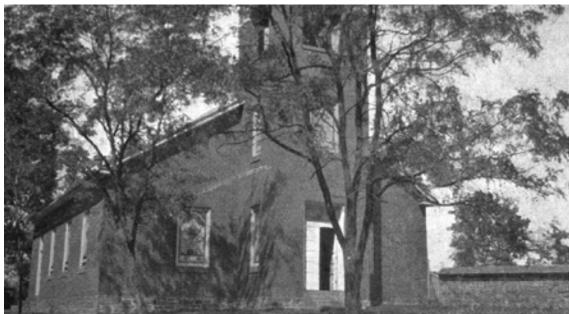
Piney Creek Church – 250 Years of Continuous Worship

Amanda Woodruff Grant

Tistorical Information gathered by: Pastor H. Paul Matthews III, Larry Markle, Brian Martin, Sylvia Gross, and Carol Smith

Piney Creek Associate formed Presbyterian Church, located between Harney and Taneytown, Maryland, celebrates its two hundred fiftieth year of continuous worship of the Lord. With records of services dating back to 1763, Piney Creek members are celebrating a church that began worshipping one hundred years before the historic Battle of Gettysburg. The church has been blessed to withstand several major events that have shaped this great nation, and the far-reaching words and deeds of these members through two and a half centuries has not been overlooked.

Reverend J. F. Minor Simpson writes in his book, Monocacy Valley Maryland Presbyterianism, that "There are few rural Presbyterian churches in the whole North American continent which have made their influence more widely felt than has the one at Piney Creek." Simpson goes on to explain his claim, stating that many sons of the congregation have founded other churches throughout the years and direct descendents of the church's first minister, Revered Joseph Rhea, helped to found the University of Tennes-



see and brought Presbyterianism to the same state. One of the writers of the first draft of the Declaration of Independence, Reverend Hezekiah James Balch, was even a supply minister of the church from 1766-1771, and Reverend John Craighead, interim pastor, was a captain of volunteers during the Revolutionary War.

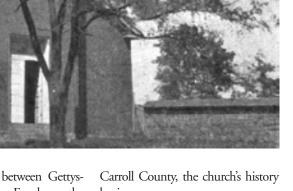
Several current church members trace their own roots in the church back for several generations and many of the senior members recall meetings with the direct descendents of the founders of this influential church. But for all its history, Piney Creek is often only glanced at by travelers on

the Harney Road between Gettysburg and Taneytown. Few know the historic significance and the stories interred with the names on the gravestones behind the uniquely shingled walls of the church's stone cemetery.

The late Pastor William Simonton delivered a speech on July 27, 1876 that was recorded and printed by the congregations in the same year entitled Historical Sketch of the Presbyterian Churches of Emmitsburg and Piney Creek. In describing the founders of both Piney Creek and Tom's Creek churches, Reverend Simonton reveals those in the area "came from Scotland and the North of Ireland . . . designated Scotch-Irish ... a moral, frugal, industrious people. They brought with them the characteristics of their native country. Among these were courage, determination, and an exalted spirit of patriotism. Being lovers of liberty and independence, they were pronounced in their opposition to all political tyranny." Fierce supporters of the Revolution, these men and women "carried with them to their new homes in the wilderness, the Bible, the Confession of Faith, and the Catechism, and as soon as circumstances would permit, they reared for themselves a sanctuary." Accordingly, soon after the settlement of the area now known as just beginning.

Reverend Simonton explains that according to the rules of the Presbytery, "The existence of Piney Creek congregation is to be dated from the time when they first as a collective body supplicated the Presbytery under that name for supplies at that place." As of April 13, 1763, Simonton reveals that "The name of Pipe Creek disappears from the record, and that of Pine-then Piney-Creek is substituted." It is possible that the place of worship also changed location, as Pipe Creek would have been at a location east of the current Piney Creek Church. It is believed that Pine Creek and Piney Creek were derived from the area of land known as the Piney Creek Hundred in which the present day church would have been located. This area of land was bordered on its southern boundary by Pipe Creek Hundred, which might explain the previous name and possible location until 1763. Simultaneously, Pine Creek and Tom's Creek requested a supply. Thus, Rev. Robert McMordie was chosen to preach at Pine Creek on April 24, 1763. Although the church was given a supply minister, they were far from becoming the small brick structure which stands unimposing along Route 134

On February 15, 1771, a deed for two acres of land was drawn up between Abraham Heytor of Frederick County (in the area now known as Carroll County) and Patrick Watson, James Galt, and John Mc-Corkle, also of Frederick County, and to James Barr and James Hunter, both of York County, Pennsylvania. The deed situated the land in Piney Creek Hundred and "a tract of land called Brooke's Discovery on



Simonton states that the mention

of these churches begins in 1760,

when the Minutes for the Presby-

tery of Donegal reveal that "Rev.

Robert McMordie was appointed

to supply at 'Monokasy,' on the sec-

ond Sabbath of September, 1760."

As to where exactly this church ser-

vice occurred, whether Emmitsburg

or the Piney Creek area, it is unclear.

Adding to the obscurity of this re-

quest, Piney Creek was not the

name originally used; Pipe Creek

was instead the name of the request-

ors. Although there were a few scat-

tered church services in these early

years, Piney Creek's history was only





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HISTORY



the Rich Land." Heytor apparently gave the land "for certain pious causes and considerations" which was given "for a seat for a Church or house of Religious Worship and for a Burying place for the use of a Congregation or Society of People called Presbyterians." The transfer of land was for a mere five shillings, and included the two acres of land and the use of a spring of water on the southeast side of the property. Apparently the church building predated the deed, because the deed states that "the Congregation did at their own expence accordingly build or caused to be erected a church or house of Religious Worship." (This very specific wording in the deed would later allow Piney Creek Church to retain its property after severing its ties with the Baltimore Presbytery and the United Presbyterian Church in the United States of America in 1981 when new regulations removing the church's freedoms were imposed. At this time, many other churches lost their prop-

erty to the UPCUSA.) In J. Thomas Scharf's book History of Western Maryland, the original church building was described as "a very plain log structure. Its pews were, '-Straight-backed and tall, its pulpit, goblet formed, half-way up the wall, the sounding-board above." This structure and the transfer of the deed finally provided Piney Creek members with a place to establish a firm foundation for the Lord.

Only a few months after the land was transferred, in April 1771, Piney Creek presented a call to Reverend Joseph Rhea to be the first installed minister of the church, according to Scharf. Reverend Rhea was born in Ireland in 1715 and received a Master of Arts degree from Glasgow University, graduating with honors, Simpson wrote in his book. Simpson explained that Rhea and his family arrived in America in 1769, Rhea joined the Presbytery in 1770, and he was soon offered several different churches in the area. Piney Creek commissioners, Patrick Watson and Matthew Galt, relayed the call to Rhea. As recorded in the "Book of Congregational Affairs," they offered a salary of 110-112 pounds and stated that the church would provide living expenses for him and his family for the first year. At the time, Rhea was wanted by at least four different churches in the area, and disputes between Tom's Creek Church and Piney Creek prevented the gain of a minister for either church.

Although Piney Creek and Tom's

Piney Creek Congregation in 1940

Creek Churches had been sharing ministers for several years, Scharf explains that there were two main disputes between the two churches that needed to be resolved before a minister could be formally accepted by either church. The first dispute arose from the fact that Piney Creek did not want to be joined with Tom's Creek, and they wanted their own pastor. The second dispute was around a boundary line between the two congregations, even though this was supposedly resolved in April of 1765. The boundary line disputes can be more easily understood after reading Reverend Simonton's description of the land during this time period, even though he was writing in 1876. Simonton explains, "The population was then sparse. The still heavily timbered tracts of land far exceeded the clearings. The fields under tillage were yet in the rude stages of cultivation . . . The highways were at certain seasons almost impassable, the streams were unbridged." He goes on to remind his listeners, and later readers, that there were no modern conveniences such as railways or turnpike roads, not to mention "Few newspapers were in circulation, and the family library did not often exceed a dozen standard volumes." Everything was simple and plain, and in general, people only used what they could make or produce on their own. Therefore, boundaries were created quite understandably by natural landmarks, and it was more a matter of which church a person could go to, as opposed to which church a person would want to attend. Nevertheless, these two disputes mattered greatly to the pious church-goers of the day.

In order to resolve the disputes, Simonton explains that records reveal a meeting at Tom's Creek Church in June of 1771 between the moderator, the Commissioners from Piney Creek including Patrick Watson, Abraham Heytor, Benjamin McKinley, James Galt, and James Hunter, and the Commissioners from Tom's Creek including William Blair, William Shields, William Brown, and Samuel Emmit. The "Extract from the Minutes of a Committee of Presbytery, Held at Tom's Creek, the Fourth Tuesday of June, 1771," reads, in reference to the former dispute, that the Committee decided, "It does appear best that said congregation should be allowed to act in a separate capacity. . . inasmuch as Piney Creek appears to be of ability to call and support a minister by themselves; at which period according to the most probably and natural construction of said stipulations, they had a right to sue for and obtain a separation; nor does it appear likely that a longer continuance of that union, would, in the present circumstances, be of any general use. The Committee do therefore dissolve said union." As Piney Creek was granted the separation, they acquiesced to the boundary line, as did Tom's Creek, and the disputes were finally considered settled. Reverend Rhea could be formally called.

Reverend Rhea was installed in 1771 and guided his church members at Piney Creek until 1776. Rhea was interested in the settlers of Virginia and what is now Tennessee. According to Scharf, Piney Creek was unable to pay Rhea's salary as well, and it was in arrears. Whether more frustrated by the back salary, interested in the welfare of the settlers and Cherokee Indians to whom he eventually ministered, or desiring to be a part of the Revolutionary War effort as a chaplain, it is unclear as to the exact reason that Reverend Rhea submitted his resignation in April of 1776. Simpson explains that Piney

solve the outstanding debt, but because of his travels the meeting did not occur before, on a brief return home to move his family to his newly purchased land in Tennessee, Reverend Rhea died on September 20, 1777. According to Simonton, there is record in church paperwork dated October 1778 that shows the arrears in Reverend Rhea's salary were paid to his heirs, "and all the obligations of the congregation to him honorably discharged." Reverend Rhea is buried in Piney Creek Cemetery, but his children moved to Tennessee where they would become famous for various accomplishments within the

After various supply ministers, Reverend James Martin, also an Irish-born immigrant, became the second minster to be installed at Piney Creek Church in 1780. Simpson describes Martin as a "strong preacher respected by people of all classes who exerted a powerful influence upon the people of the community." According to the Appendix in Simpson's book, and from the History of the Presbytery of Huntingdon, by William J. Gibson, D. D., Reverend Martin was a zealous and emphatic preacher who often gave sermons that were at least an hour and a half in length and sometimes much longer. "On a warm summer day, it was not unusual for him to take off his coat, and preach in his shirt sleeves. In the pulpit he was very forgetful of himself and his personal appearance, so intently was he taken up in his subject." Reverend Martin was known to remove his coat, loosen his cravat, "and conclude by taking off his wig, holding it in his hand, and shaking it in the face of the congregation . . . [and] during the course of his sermon, his wig would become all awry, the back part turned to the front, and he all unconscious of the metamorphosis." Unfortunately, the issue of arrears to the pastor's salary again appeared, Reverend Martin submitted his resignation in 1789, and the congregation worked for several years to clear their debt to the Reverend.

The income of the church was not collected in the way churches receive money today through donations and offerings. According to early church treasury records, people would subscribe to the church, or promise to pay a certain amount of money each year. If they did not pay their full amount of money, the church had to decide whether to collect or forgive the debt. In a small farming community, debts were often forgiven, but the church was still required to pay its own obligations.

In 1801, probably because of the financial hardships and burdens faced by these small churches, Piney Creek and Tom's Creek once again found themselves joined together and this time they were sharing a minister. Both churches called the Reverend Patrick Davidson and agreed to share his salary. The alliance created by Piney Creek and Tom's Creek allowed the two churches to flourish and share the burden of the minister's salary, and prevented the arrears which could too easily occur otherwise.

Reverend Davidson preached at the two churches until 1810, when according to Simpson, he resigned to supply the Frederick Presbyterian Church and become the principal of the Frederick Academy. Once again, Piney Creek would be without a minister and would have Sunday Services by various supplies. Even though the church had been officially holding services for over forty years, there had been many changes during their four decades of worship. Piney Creek members sought a minister who would lead and guide them for years to come, and who would help them to grow their church, not only physically but also spiritually. Piney Creek Presbyterian Church is on the precipice of welcoming in a new age of worship, with a minster whose record of years of service to the small but faithful church would be unbroken, even through present-day.

Part two of the history of Piney Creek Church will run in the October issue of the paper.





COLD WAR WARRIORS

From adversity comes strength

Captain Edmond D. Pope **USN Ret.**

This is my third and final article looking back on the 1990's collapse of the Soviet Union and its transition towards a modern, Russian state. The suffering of much of the Russian population during this transition still haunts me. But, when comparing the Russian experience with more recent events in Greece, Spain and other countries, where the economy has taken a severe turn for the worse- the raw courage and determination of the Russian people stands out in stark contrast to the riots and wanton destruction noted in Western countries. It is inevitable that expectations and hopes in life frequently exceed reality and there was no exception to this regarding the political relationship between our countries. But, the greater openness now afforded the people of both countries has moved us closer. If only we could remove the heavy footsteps of hardened, ever-meddling politicians on both sides, we would all be better off.

The Great Confusion

The events of August 1991 were not a surprise to the population of Russia. Like those of us in the West who followed them closely, we were not in the least bit surprised. But we were curious as to what path and time

frame would be taken and how the citizens would cope with the chaos that was to follow. The majority of Russians, in fact, were eager and ready for change. Pretty much anything was viewed as a step towards restoring and/or improving their standard of living. The true legacy of Leonid Brezhnev's regime had finally come to haunt the entire nation. It was certainly not a surprise as their economy had been in free-fall since at least the early-1980's. This is what forced Mikhail Gorbachev to make drastic moves such as perestroika and glasnost, among many others, in efforts to rectify the steep decline in the overall standard of living. During Gorbachev's years, private enterprise was allowed to flourish and helped many in Russia sustain a decent living and provided a much needed service to the population: access to goods and services that the cumbersome communist bureaucracy had never delivered. In the latter days of the Soviet Union, there was no shortage of money, only a lack of things to buy. Many Russians described their life with the metaphor "They pretended to pay us and we pretended to work."

As we shall discuss below, not all Russians suffered equally. In fact, many prepared for the chaos and others took advantage of the situation and between the two lay a vast chasm of means and methods used

to survive. Many did not. During the 1990s the Russian, maximum lifespan for males declined from close to age 70 down to the mid 50's- much of that due to stress and alcohol abuse. At present, the mortality rate is declining and is again approaching earlier norms.

For those of us attempting to engage and help the Russians, it was a very precarious adventure. I could easily provide dozens of examples of good, bad, sad and humorous incidents that I encountered. Virtually all of us who were attempting to engage the Russians shared stories. We often referred to the Russia of the 1990s as the "new wild west". Helping our personal, Russian friends and their families became routine during our travels there. A little bit of hard cash could go a long way back then. Especially if you offered preferred hard currencies such as U.S. dollars or German Marks. They also greatly appreciated specialty food products (e.g. gourmet beans, seeds, spices, etc.) that were still hard to find.

Titanium is one of the many natural resources that Russia, the Ukraine and other former-Soviet republics are blessed with. Titanium is a hard but brittle, non-ferrous metal that is ultra lite-weight, resistant to rust and corrosion, but hard to work into parts. And, of course, it is very expensive. It is used extensively in high performance civil and military aircraft engines as well as many other critical aviation components and has other applications such as for medical prosthetics etc. Having an abundance of this resource, the Russians also became expert in all aspects of titanium application and manufacturing. Unfortunately, most of the applications were for the military - until the collapse of the Soviet Union.

I recall having a strong fascination for titanium that began during my first trip to Russia in 1992. This was when a small group of Russian friends offered to sell me a 600-ton piece of titanium lying in the open in the outskirts of the city of Gorky



Transition from the Soviet communist state to a free market economy left many without hope. Your pension was worthless. Your factory was closed. By the mid 1990s the new Russia was in disarray.

(named Nizhny Novgorod in tsarist days). They even drove me down for an inspection and honored me with the nickname "Captain Titanium" as I was still on active duty at the time. The metal piece took my breath away. It was originally slated to become the outer pressure hull of a nuclear submarine. We shared many laughs that evening as we drank numerous toasts to clever ways as to how I was to get this large, hunk of metal back to the United States of America.

One fascinating story from the Cold War regarding titanium involves the U.S. designed and developed- super-fast (Mach 3), high-altitude spy plane known as the SR-71 -BLACKBIRD (http://en.wikipedia. org/wiki/Lockheed_SR-71_Blackbird). Achieving such speeds and altitudes was no simple feat when it came to survival of the aircraft at the very high temperatures developed due to friction. To solve this problem, Lockheed Corporation's "Skunk Works" manufactured them using close to 90% titanium to achieve the incredible performance of this aircraft. It is said, but this remains a Cold War secret- that a great deal of the titanium used in the SR-71was acquired in the Soviet Union!!

When in Moscow, I frequently visited the large outdoor market area in the Ismailovo District not far from Lefortovo Prison where I would spend close to a year of my life locked up in the year 2000. During earlier and happier days, I often found titanium objects at this market and made a habit of buying them as souvenirs and gifts. One of the items I discovered and bought was a small keychain device that would serve as both a bottle opener and corkscrew.

When I brought these souvenirs home, friends and coworkers would cherish them as unique conversation pieces. Few had ever seen anything quite like them. While I usually paid no more than \$1 for each of them, when I saw how popular they were back home, I tried selling one on eBay. At the end of the auction I netted \$118 for the first one. They were so popular, in fact, that after several trips, one of my Russian friends located someone who worked at a government shipyard and indicated he would be happy to make as many as I wanted for only a little over \$3 apiece. I had him make 500 and gave him a 50% deposit- his eyes were sparkling that day. When I returned to pick them up, he was delighted but told me that he could not make any more as the shipyard had no more titanium. I'm sure he had not paid for the raw stock, but this was all part of what survival meant to many in Russia at the time. When I got home with them, they indeed proved extremely popular as gifts and I also sold a few to close friends. During my "last" trip to Russia in 2000, I had one of these devices in my pocket as I was still trying to find someone who could supply me with more. After my arrest and internment in Lefortovo prison, the Russian secret police looked into everything I had trying to find anything that would help build their case against me. Even the single, titanium corkscrew that I had left in my pocket. Eventually, they decided it must be a spy device of some sort. Under different circumstances I would have found this amusing. However, all their interest did was further convince me of the great lengths to which they were willing to go in their efforts to substantiate their claims against me.

The Clever Thrive

During one of my trips prior to 2000, I did visit the world's largest titanium plant in the Ural Mountains region. It still carried the Soviet name- VSMPO Avisma. This former Soviet factory serves as a good



The latest in modern Russian weaponry- the nuclear, ballistic, missile submarine Yuriy Dolgorukiy.





COLD WAR WARRIORS



Everything was up for sale in the new Russia. Titanium that was used in spacecraft and submarines during the Cold War was now being sold as bottle openers, golf clubs, shovels.

example of a smart, progressive, Russian company that survived the chaos of the post-Soviet era. I was very impressed by their modern approach to business. Today they have offices here in the U.S. and elsewhere around the world and manufacture a wide variety of commercial products. During one trip to Russia, some partners and I ended up buying close to 4,000 titanium shovelheads from them. Originally, they began producing these shovels and selling them to a German outlet during the Gorbachev regime as a "defense conversion" project. Of course, to survive and avoid lower-level, state bureaucracy at the time, their shovels were billed as standard steel. Once they were in Germany, they were reprocessed and an under-the-table deal was worked out so that additional funding could help the plant and it's work force survive. Today, you can buy titanium shovels from Walmart.

I also need to mention two other "companies" that were forward thinking and managed to survive the Soviet transition that I worked closely with: the Krylov Shipbuilding Research Institute (KSRI - http:// www.ksri.ru/eng1/ins/head.htm) and Prometey- the Central Research Institute of Structural Materials. These two institutes were well known by the U.S. Navy and we developed an excellent and professional working relationship with both in the early

Both organizations have paid particular attention to the well-being of their work force. It should be noted that the leaders of both companies-Igor Gorynin (Prometey) and Valentin Pashin (Krylov- KSRI) are currently standing members of President Putin's VPK (Defense Industrial Organization). The Russian Military Industrial Complex that oversees the modernization of Russia's, major defense industry.

It still seems strange to me in fact that, after my pardon and release from Lefortovo prison in 2000, KSRI completed and forwarded to me a technical study they had been working on. I was very satisfied with their product and paid them the full amount of the agreement we had reached prior to my arrest and imprisonment.

The Clever Also Steal

It was inevitable that some degree of opportunism and corruption would infuse itself into the chaos of the post Soviet period. It was certainly a significant factor in Russia's transitional period in the 1990s. In my opinion, the worst offenders were the former, communist party leaders. These crooks, when sensing the end of their "Party" was near, were engaged in massive theft of state property including entire institutes, factories, and towns, etc. All for their personal gain. To secure their stolen property, they first hired former Soviet security personnel and there were plenty of these ready and willing to step in. They were primarily military personnel who were no longer receiving

Also, there were a large number of "goons" - former thugs from Soviet state security services such as the KGB. The thieves were soon recognized by the general population and dubbed the "New Russians" because they openly flaunted their riches and new-found wealth. Their auto of choice was the Mercedes Benz or a General Motors SUV. Most of these former "apparatchiks" lived in gated communities around Moscow and other cities where they could build themselves lavish new homes and collectively share the security costs. In the early days, a shopping trip for these privileged and pampered few would typically involve a flight to Paris to pick up whatever they needed. More recently, luxury department stores have appeared in Moscow and St. Petersburg, but it still appears fashionable to fly to a large west European or American city for a serious, shopping trip. Rather than mount a concerted effort against these criminals- the normal response was to accept them and make jokes about the situation. One of the more common ones at the time was "What does the New Russian do when he has a flat tire on his Mercedes? He buys a new one!!!"

The Rise of Russian Nationalism

Boris Yeltsin took the reins of a foundering Russia amid severe chaos and confusion in the early days of the 1990's, but the actions were not a total surprise to the people of Russia. Neither was it a surprise to Yeltsin or other officials- most had been searching for answers for years. While Yeltsin is often remembered for his drunken antics at Shannon Ireland's International Airport and dancing on stages in downtown Moscow, he did take many actions that were key to helping move Russia in the right direction. Moving it away from the brutal state that Russia had become under the Soviets. He cut the number of state security personnel in halfprimarily the KGB and GRU- whose primary job had been to keep the civil population under tight control. He also established a "Pardon's Commission" which released thousands of wrongly imprisoned citizens from Soviet times for crimes such as speaking their mind; engaging in public protests or simply stealing a can of peas- a well-documented case that had put a starving grandmother in a Soviet gulag. Yeltsin's downfall, unfortunately, was upsetting the system of the powerful military-industrial complex, which included the security services.

When Vladimir Putin, a career KGB officer, was put in office as the new President of Russia- he and his powerful behind-the-scenes "cabal" knew the psyche of the Russian people. He knew just how far he could go in keeping them in check without pushing them to revolution. He has reinvigorated the state security services such as the Federal Security Service (FSB)- his old organization and my capturers and tormentors in 2000. He has tightened personal freedom and liberty; significantly enriched himself and those around him by engaging in nefarious "deals" for their personal benefit; and encouraged Russian nationalism and pride-especially in the military to raise and keep the specter of foreign threats ever mindful.

In January 2013 Russia commissioned the first in a new class of ballistic missile submarines- the Yuriy Dolgorukiy. A nuclear powered, behemoth capable of carrying 16 intercontinental missiles. Each missile will carry multiple, reentry warheads. Three additional units are under construction. Two more are to be built in 2014. The Dolgorukiy Class submarines are a demonstration of modern, Russian power with strong ties to ancient, Russian history. Yuriy Dolgorukiy was a 12th Century Prince and considered the "founder of Mos-

A more recent, highly contentious act by Vladimir Putin directed at the U.S. - was his decree barring Russian orphans from coming here. I have been to several, Russian orphanages and believe that this move will only serve to exacerbate the suffering of thousands of innocent, Russian children. Already, Russian citizens have taken to the streets to protest this move.

Elsewhere, Putin is demonstrating his disdain for human rights by propping up the criminal Assad dictatorship in Syria. While the latest reports suggest the number of Syrian civilians killed in the turmoil may be approaching 100,000, another very recent report suggests that Assad may have taken refuge aboard one of the Russian Navy ships sitting in the port of Tartus, Syria. Meanwhile, the bombing and killing goes on without interruption. Putin's only conceivable motive is to rebuild a position of global power to oppose the U.S.

Any national, economic collapse will generate hard times, but a system of total state control such as the Russians experienced under hardline communism could lead to sheer havoc. Russia has certainly seen just about all the extremes and degrees of this confusion during the past two decades- except the most destructive- a revolution. For this, they are to be admired. Granted, there were ... and still are protests and strong disagreements within Russia, but overall, their transition from a communist state has been relatively mild.

Putin may change all that- unfortunately for the Russian people. In his mind, the Cold War is not over- it has merely taken a temporary step back from the levels of hostility witnessed in the recent past.

Edmond D. Pope is a retired Navy Captain and former Naval Intelligence Officer. Following retirement from the Navy he was employed by Penn State's Applied Research Laboratory. He was accused and convicted of espionage by the Russian government in 1999. More about his adventures in Russia can be found in his book "Torpedoed" and at his Web site http://edmondpope.com/. Edmond Pope currently lives in State College, PA.

To read past Cold War Warrior article visit the Authors section of Emmitsburg.net.



A great deal of the titanium used in US super secret SR-71 spy plane was acquired in the Soviet Union.



MOM'S TIME OUT

Putting motherhood into perspective

Mary Angel

Tt is May already and I can't believe Lit. I have been contemplating a topic of Mother's Day for my article this month, but with life so busy I haven't been able to figure out what that meant to me. Today I realized that this busy month was what being a mom was all

Last month ended and this month began with a bang. I was running er-

rands, trying to get ready to grab the kids and head out of town after school. I had packed too much into my day (as per usual). We were going to visit my parents in Delaware for the kids Easter breaks and I decided I need to drop off my ring to the jewelers in Hampstead, get new tires put on the car, go to the grocery store, take the girls to the doctor and pack the car before school was out. I should have realized when the girls got sick on the way to school that the day

was not going to go as I had planned.

When they were feeling bad as we pulled up to school (for different reasons) I immediately called the doctor and got appointments for both of them at lunch time. In the mean time I explained to them that they had to come with me for my errands which they understood completely. So we went to Westminster to the mechanic to get new tires put on the car. They knew we had a lot going on that day and they were very prompt and helpful, but it still takes an hour and a half minimum to do the paper work and put the tires on. After that we jumped in the car, pausing only for a moment to take note of how much quieter the ride was. In a flash we were on our way to Hampstead to drop off the ring and get back to Taneytown to make their doctors' appointments. Again, I should have realized the day was only going to

Half way to Hampstead my phone rang and I pressed my earpiece to activate it and I instantly heard my mom on the other end asking me where I was. Thinking she was checking to see if we had left early to surprise them, I confi-

dently answered, "we didn't leave early, and the boys are still in school". However, when she asked me to pull over I was pretty sure it wasn't to give me any good news. After I convinced her I was on a road that had no opportunity to "pull over" she continued her story. Apparently my Dad had been with my uncle early in the morning and had a heart attack...WHAT!!! She then went into detail, he had a heart attack and my uncle called 911 and did CPR until the paramedics arrived. When the paramedics arrived they had a hard time stabilizing him, he was in surgery now and had 100 percent blockage of the artery they call the "widow maker". She asked me not to tell the kids yet and to please call and tell my brother.

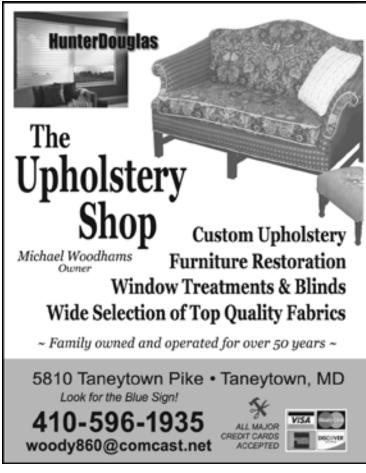
I truly was in shock. I couldn't let on to my girls how upset I was, but I just started crying while I was driving. I quickly got control of myself and from my perspective kept it together outwardly quite well. After we dropped off the ring, mainly because I couldn't think of a quick excuse not to since we were almost there, we headed to the doctor's office. Those appointments were actually a double blessing. First

because I found out one girl had a raging ear infection and the other's eye, although it looked terrible, it wasn't damaged. Secondly I was able to covertly ask the pediatrician some questions about my Dad and his surgery.

The next day my mom gave my brother and I the go ahead to come down and we arrived right before they were getting ready to remove all of the tubes and see if he could breathe on his own and determine if there was brain damage. We saw him and they asked us to leave the room two minutes later. When we returned to the room he looked like my Dad again and snored like him as well. He would wake up and talk to us sporadically, but he doesn't remember any of that. Not even telling my brother to lose weight (every time he woke up). When he was well enough to switch rooms my brother and I came home. Two days after he came home, he was back in the hospital with pneumonia and internal bleeding. He is now home again and feeling much better, but what a roller coast-

In addition to all of this with my Dad I still had all of the day to day stuff here with my family. Chorus practice, dance class, school, homework, housework, yard work, church, bible study, errands, car repairs, clogged toilets, doctor appointments, stomach bugs, and a groin pull in a pear tree! With all of this I kept thinking how much I would miss my Dad, but more important to me was how much my kids would be affected by my Dad passing. I could never stand the thought of my Dad not being here, but the older I get the more that becomes a reality that I know will happen one day. That being said, I don't want that to be a reality my kids have to remember from their childhood. They have already lost their Granddad; they do not need to lose their Poppop too. I guess you could say my Dad's heart attack put motherhood into perspective for me. All the little chores that sometimes wear me down on any given day are the joys of motherhood that I will never get back, and should cherish every day. All that's left to say is count your blessing and Happy Mother's Day to all the moms who embrace those crazy days of motherhood!





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BEDTIME STORIES

The Abject Ant



Amy T. Wilkinson Illustrations by Austin Beach

In the woods, not far from you, there lived a group of bugs. An ant, a beetle, a bumblebee and let's not forget the slug. They worked and played and carried on and got along just swell. Then one day their home was taken, if you like, it's a story I shall tell.

They lived together in a great forest, in the hollow of a tree, The spider, the termite, the ladybug, and a hive of honeybees. Each insect had a special job to help its habitat,

The earthworm, the aphid, and the flea, even the little gnat.

Then came the day they woke from sleep to hear a mighty

It was a sound that filled them all with terror, dread, and

The ant, he was the bravest; he gazed down at the ground below. What he saw confused him; it was a creature he did not know. It was a great big thing that stood up straight and walked on its two legs,



Acreage on Dry Bridge Rd. Call Peggy for details.

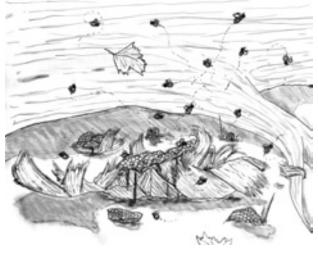
And instead of antennae or feelers, it wore a hat upon its head. In its hands it carried an axe, which it used to strike the

The ant scuttled down the branches, hoping the creature would hear his plea.

"Good sir," the ant called, "Pray, tell me, what's your intention? There is a group of insects who live here, please heed this intervention.

If you continue to chop this tree, our home will be destroyed. It is a fate, I'm sure, not only you, but we all wish to avoid.

The creature turned to face the ant, and gave this short reply; "I am a human, I do as I please. I care not of ants, or flies." The human swung his axe and struck another forceful blow.



The tree swayed back and forth before crashing into the snow.

The first to leave were the honeybees, for their hive was ruined in the fall of the tree. The ant watched them go with pity and regret. He turned back to the human; he might just stop this yet.

"Human, human," he cried out loud, "You must listen to what

You are forcing us to leave our home, won't you please just go away?"

"I have told you, ant," the human screamed, "You will just have

I need this space to build a mall, so chop it down, I must."

For the next few days the bugs looked on as he chopped their

After three days, the beetles left, it was more than they could

The day after that it was the bumblebee who decided to take

"I'm sorry, ant," he apologized, "But there are no flowers left in

\$72,500 ea. or both for \$140,000!

After the trees had all been cut down, the human laid the hot concrete.



It was then the earthworm who had to leave, for he could not bear the heat.

"Mister!" the ant called from his place on the ground, "Just look at what you've done!

You came to our home, kicked us right out, and don't care what we become."

"Now, we must leave, for if we stay, our future looks awfully grim, But you care not a lick for that as long as you have a place to build your gym.

Or mall, or shop, or grocery, to us it's all the same, But, I warn you, keep pushing us out of our homes, soon there will be nowhere we can claim."

So, the ant set off in search of his friends, and he found along the way, The house fly, the slug, and the ladybug, all in a state of deep

They gathered together and built a new home with the thought they could resume,

their lives the way they had been; but then, they heard another mighty boom.







SCHOOL & LIBRARY NEWS

Rigler announces bid for **Fairfield School Board**

Brad Rigler, of Liberty Township held an event recently to announce his candidacy for Fairfield Area School Board. Rigler and his wife, Vanessa surprised supporters when he told them that, "we're expecting our first child in October. This is what we've been praying for, and this is what inspired me to run for School Board."

"As the father of a future Fairfield Knight, I want to improve upon and then preserve the quality of our schools. We can achieve this by following a sustainable path of responsible spending, while remaining true to the Fairfield community's value of education and pride in athletics."

Fairfield Mayor, Bob Stanley, and Liberty Township Supervisor, Bob Jackson attended the event.

Stanley said, "Brad has served the Fairfield area well on F.R.E.M.A. (Fairfield Region Emergency Management Agency), I know he'll show the same dedication on the School

Jackson said, "I recruited Brad to the serve on the Liberty Planning Commission. I'm impressed with his energy and aptitude. He's the right man for the job."

Although Rigler is a Republican, he has cross filed to run for School Board. "This position transcends political affiliation. Our children's education is a bipartisan value."

Rigler said, "In the Fairfield Area School District, sixty cents of every dollar paid in local taxes goes to the school district. And the 2014 Fairfield Area School District budget being considered, includes another increase in the millage rate. However, the combination of higher taxes and fewer students has not resulted in smaller class sizes. The cost per student continues to rise, but in way, our students are receiving less."

The solution to this problem, Rigler believes can be found close home. "Fairfield is traditionally an agricultural community. I grew up on a farm. I learned how farmers find ways to 'make due' using only the resources they have on hand. 'Making due' simply requires ingenuity and creativity, two traits which don't cost a thing but can save us a whole lot. These are a few of the traits I will use in service on the

Board. I'm optimistic this approach will allow us to provide more for our students, while remaining responsible stewards of the taxpayers'

Rigler also discussed Common Core Standards. "It's a controversial curriculum imposed on districts by the Federal Government. Common Core was recently implemented in Pennsylvania. It will eliminate input from parents and the Board on what's being taught in the classroom. That's one of the reasons I'm opposed to Common Core. Parents should have a say in what their children are being taught."

In closing, Rigler told those assembled that "I believe that it is by



serving our community that we best serve our children. I'm asking for your vote in the May, 21st primary."

Brad Rigler, 37 is a licensed Real Estate Agent. He is a member of the Kiwanis and Rotary Club. He and his wife, Vanessa belong to Gettysburg United Methodist

state standard Common core

Frederick County School Board

The infamous "No Child Left Be-▲ hind" (NCLB) has ruled our lives in public education for more than 10 years. Congress hasn't seen fit to fund all the costs associated with this giant Federal mandate. Trying to get the current Congress to agree to anything has not seemed a likely prospect. Then, in 2009, President Obama announced

as one of his signature programs the "Race To The Top," a competitive, Federal grants program. As a result, we have come to see a whole new series of federal mandates. These new national educational standards have been designed to make the United States more competitive globally.

One of the main features of "Race To The Top," is the adoption of the Common Core State Standards (CCSS). This program of new academic standards was developed by the National Governors' Association and the Council of Chief State School Officers. As of now, 46 states are participating in the math and language arts standards. To assess student progress, new measures have been developed by the Partnership for Assessment of Readiness for College and Careers (PARCC). To date, Frederick County Public Schools has placed Common Core standards into new reading and math curricula. As we say, FCPS is "rolling out" the Common Core.

How are these new standards different from what we have used in the past? According to Lawrence Hardy, a writer for the American School Board Journal, standards have been designed to be "fewer, clearer, higher." The hope is that raising and adjusting our national education standards will allow American students to be more competitive when compared to students around the world. We like to say that the new standards will be more rigorous, allowing our students to be better prepared for college and careers. Next year, the new assessments will be developed for use. These assessments are to be aligned with the new standards.

At this time, it remains to be seen just what differences might result from this new effort. We hope to get the community talking about the new standards - how they are making a difference for our students and eventually, for our communities and the nation.

What's new at your library

Erin Dingle

rt and libraries naturally go to-Agether and we're always interested in supporting the local arts scene. On May 18th, bring the family to the Thurmont branch for all kinds of free art related activities for all ages. A special part of the day is an outdoor writing/art project featuring the Catoctin Mountain Artist-in-Residence Diana Friedman. This program is a partnership between Catoctin Mountain Park and the Catoctin Forest Alliance, Inc. Registered participants will explore creativity using different types of media. Everyone visiting the branch will get to add a flower to our 'Library Garden of Art', a community mural and discover altered book art through hands-on projects. Observe "Pop-up Plein air artists" to experience art firsthand and get a chance to ask questions and enjoy gallery exhibitions featuring works by those artists. There will be special make & take projects for kids too as well as a special registration only Pizza Box Art program. Go to our calendar on the website to register today.

Summer Reading Starts Now

It's official! Summer Reading Club and Dig Into Reading started May 1st. This summer, kids will 'Dig Into Reading' and many of them will hear about it when FCPL librarians visit local schools to share the details about signing up, winning prizes and attending exciting programs. Stop by either Thurmont or

Emmitsburg to pick up a reading game board and to start your reading fun. The program is for all ages—from babies to college freshmen. Kids and teens can register online or in person. Kids complete simple reading tasks and receive prizes after completing a certain number. Teens keep track of their accomplishments online and are entered into gift card drawings for each task they complete.

Whether or not your child reads this summer could have an impact on academic achievement. The Summer Reading program at the library is the easiest way to ensure our children have a head start!

Studies have found that children and teens who participate in Summer Reading programs at their library start the school year ready to learn, have improved reading achievement, and display stronger motivation, enjoyment and confidence in reading. Kids need books that interest them, but you don't want the books to be so challenging they get frustrated. A simple way to evaluate if a book is too difficult is to use the "five-finger" rule with your child. Choose a book, let your child read a page or two, and have him put up one finger for each word he can't understand. If he holds up five or more fingers, the book is probably too hard.

Friends of the Library Event

Also on May 11 in front of the library, you are invited to bring surplus plants from home to exchange with others or buy something special for spring. It's a real celebration of spring this year and just in time for Mother's Day. Not only will there be gorgeous plants but other garden activities planned include 'Flower Power' face painting for the kids and a 'Yardening' demonstration from Frederick County Master Gardeners. And if you don't have a green thumb, we even have sale books available for \$1 per bag. And right up until the sale ends, you have a chance to support the Friends when you buy a 50 cent raffle ticket to win gardening goodies now on display in the branch. All funds from the event and the raffle go to the Friends of the Library Emmitsburg Branch.

Featured May Programs for Children & Teens at the Emmitsburg Li-

Gardening with Eric Carle - May 1, 4 pm - Learn about animals like a hungry

caterpillar, a grouchy ladybug, and a very busy spider. We will also create a craft to take home. Presented by staff from the Rose Hill Manor Park & Children's Museum. Registration required.

Go Fish! - May 4, 11 am - Hook, line, and sinker-guaranteed to be fun! We'll use goldfish crackers to explore an array of STEM related fishy activities. Yummy and no worms required. Registration required.

Go to www.fcpl.org to register and to see all of the other activities being offered or call 301-600-7201.



SCHOOL & LIBRARY NEWS

It's carnival time at MSS!

Lynn Tayler

Tdon't know if it's just my neigh-▲borhood, but from November to about April, we all seem to hibernate in our homes. Once the clock springs forward and the heavy coats are packed away, we emerge into the sunlight. The kids ride around on their scooters and bikes, and build forts in the backyard from the giant boxes people leave at the curb for recycle. The swings get put back up, and in place of howling wind, the sound of a squeaky chain swaying back and forth, back and forth, reverberates through the house. "Ah, the sound of Spring," my husband remarked, as he rummaged around for the WD-40.

With longer days and warmer temps, we take more walks and mow the lawn and sit outside to read. This is when we catch up with the neighbors we've hardly seen the past few months, except for perhaps a quick wave as we dash through the sleet from the car to the house. This is the time we regroup as a community, using our HOA fees to rent a dumpster for the block so we can all do mass spring cleaning or having a neighborhood yard sale or block party.

At Mother Seton School, it's much the same. This is also a time of regrouping and renewing old acquaintances. While high schools and universities typically have homecomings for their alumni in the fall, we have our version in the spring with the annual MSS Carnival. Old friends catch up in the Bingo tent, families come out to enjoy the rides and games (and cotton candy!), and our cherished alum pay a visit to their old school. For 31 years, the carnival has been an integral part of our community, bringing together not only our newest families but those who help carry on our legacy. Without the support of our alumni and their families, the carnival couldn't be as successful as it is. It also wouldn't be one of the cornerstones of our community. Terry Smith, our school secretary, has been a part of the carnival committee for over 20 years. Her children are MSS alumni, including daughter Donna Schisler, who is currently one of our Kindergarten teachers. "The carnival always draws in a crowd from all over. We have several alumni and families who visit, from recently graduated students to parents of children who graduated decades ago," she told me. "The community spirit surrounding this event is such a blessing."

Many of our alumni not only come to play, but to pitch in. EJ (MSS '82) and Shelly Small (MSS '83) are the current chairs of the committee, and the generosity of their time that makes the carnival so great is no small blessing. John and Kathy Dowling, who saw three children graduate from MSS in the 1980s, have been involved with the carnival since its inception. Former chairs of the committee, John is now our "pizza guy". And if you've stopped by the bingo tent, you might have heard Mike Florence, a parent of MSS graduates



and a board member, calling out the numbers.

The other great thing about the carnival is how it allows our school to visibly demonstrate our part in this community. We're like the neighbor you say hello to in passing most of the winter, but come spring, we're outside sharing a lemonade with you. (Or in this case, fried dough?) If you are a regular visitor to the carnival,

you may have come to know many of our steady volunteers, if not by name then at least by face. This year, when you come, why not stop and say hello? The carnival may be an opportunity for our old friends to get reacquainted, but it can also be a time to spark a new friendship, to meet your neighbors and become a part of something bigger than just yourself. And isn't that really what community is about?

Hope to see you on the Ferris Wheel May 20- May 25 at the MSS Carnival!

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My favorite person

Lydia Olsen MSM Class of 2016

The best experiences with my mother have been the ones that seem so small in comparison to all she has done for me. The experiences that happen in seconds or moments and stick with you, regardless of the time elapsed, are the ones that mean the most. The little moments are the ones that have the greatest power. They are the ones that make you think a little differently and make you laugh in reminiscence. The best moments in life are the ones shared with loved ones that keep a place in your mind and impact your thoughts and decisions for the rest of your life. Most of these moments for me come from time spent with my mom.

My mom is one of those people who you just want to be around. She lights up a room and fills it with laughter. I have loved spending time with her for as long as I can remember. When I was still in elementary school, I would always fake sick to see her. She is a schoolteacher. While I was in the same school, her classroom was located on the first floor and mine was on the second. I would always act complete-

ly sick so that my teacher would write me a pass to the nurse's office. I would then convince the nurse that my mom had medicine I could take. The nurse wasn't aware that the medicine I wanted was to actually be with my mom. With a pass in hand, I would go rush down to my mom's classroom and hang out for as long as I could get away with. After a few times, my mom caught on and told me that I couldn't come down unless I was actually sick. So I realized I was going to have to be more believable. On the trip down to my mom's classroom, I would run up and down the stairs multiple times so that my mom might think I was warm with a fever. I don't think I ever outsmarted her but it was a good try because even when she turned me away, I still got to spend a few moments with her and receive a hug.

In my opinion, I was raised in the best possible way. It was not in a way where rules were strictly set down; rather, my mother let me learn from my mistakes on my own. When I was younger I used to go to brunch with my mom and one of her friends every Sunday morning. The place we went to had an amazing buffet with nearly every type of food one could imagine. Like many children, the healthy options were not appealing to me and I was not easily pleased. Instead of the buffet, I would wait in the line to get a Belgian waffle. When it became my turn to order, the man making the waffles would ask me what kind I would like. There were many options I could choose from, yet I wasn't exactly interested in a waffle itself. Instead I would ask for a plate of whipped cream. One would often think that this would be a waffle topper, but for me it was an entrée. I would get a plate of whipped cream with sprinkles for brunch and I couldn't have been more satisfied. To my recollection, my mom never told me I couldn't do this. I'm sure she warned me of the consequences, but it was a risk I was willing to take. She let me learn the hard way that getting plates of whipped cream weekly causes cavities, an important lesson one must learn.

I have become a well-rounded person because my mom has always been supportive of any goals or dreams I have had. She has literally provided me with everything I have ever needed to make my dreams come true. She enrolled me in endless activities that I expressed interest in and she made time in her busy schedule for my busy schedule. No matter what she had going on, she would be at every swim team meet, every volleyball match,

and every lacrosse game I had. From the stands, she would cheer me on and afterwards she would assure me that I did a great job. She has been my motivation and has constantly reminded me that I am capable of anything I set my mind to. That seems so cliché, but it is the truth. Her support has been so powerful to me. It has gotten me through everything in my life so far, from being overwhelmed with schoolwork, to participating in extracurricular activities, to simply following my passions. Her support is what makes me strong and what makes success

My mother is the most thoughtful person I know. She goes out of her way to do nice things and she is always thinking about others over herself in every one of her actions. My absolute favorite memory of my mom being thoughtful was one day during the last two weeks of my high school career. I was about to graduate and we both knew I would be going off to college after the summer. I walked out of my high school one day and was approaching my car when I become extremely puzzled. I found that it was covered in pink sticky-notes. On each stickynote, a heart had been drawn in that familiar penmanship. I was very perplexed because it was not my birthday or a holiday or a day of any significance. Not at that

time at least. I called my mom immediately seeking an answer. All she said was, "I was just thinking about how soon, you will not be close enough for me to do something like this." I found this so thoughtful and sweet. I still have one of the sticky notes inside my car and another hanging over my bed in my dorm. I often look at them and think about how silly my mother's actions were, but also about how much they meant to me. Sometimes a very small act has the greatest impact.

My mom has easily been the greatest influence on me. She is so beautiful inside and out and I could not be luckier to have her as my mother. In all honesty, the hardest part about being at college is being away from her, but I will carry with me all she has taught me throughout my life.

Abraham Lincoln once said, "All that I am, or hope to be, I owe to my angel mother." It is miraculous how accurately this describes how I feel about my mom. She has shaped me to be who I am now and has helped me discover who I want to be in the future.

Thank you, Mom, for everything that you have constantly done for me. You are my favorite person in the world and I owe all I am to you.

To read other articles by Lydia visit the Authors section of Emmitsburg.net.

Sophomore Year

Believe in me first

Kyle Ott MSM Class of 2015

Tthink for a long time people knew I was going to be a writer. I had seen the short home movie my mom had recorded of when I was five; I was sitting on a giant stuffed animal pumpkin making up some story about an evil monster, waving my tiny arms around with inflection. My little brother would occasionally stumble into the frame and ask in a tiny voice that slurred words together if I wanted to play with him and the balloon he had found. What's funny is that you can hear my parents laughing outside of the frame while I told my story. My mom gently interrupted it to inform my sibling that I would play when I

had finished. Even when I was five years old, my mom was there to make sure that she did not miss a single word of her little storytell-

With Mother's Day fast approaching, it's no coincidence that I reflect back on the role my mother has played in my development as a man and particularly as a young writer. When I was young, my mom ran a little side project called "Mommy Airlines." For two imaginative young boys who had never flown before, the idea of an airplane ride fascinated us. With very few electronics to speak of, my mom devised the "plane ride" as a way to keep us entertained. She would make us a little snack and then pop in an old movie in the VCR player. One day she decided to throw in the animated version of JRR Tolkein's

"The Hobbit," and my fate was sealed. Once a week I would ardently ask my mother if we could watch "The Hobbit," and she of course would smile and play the movie. No one knew (except for my mother) that at that point, I became an author. Tolkein's world had captivated me in a way that no other had done. There were monsters and warriors, dragons and magic. I was hooked and my mom had created her own kind of

Throughout my life, my love for the written world continued and my mom helped encourage me along a path that would have seemed strange for most parents. At night, I would sneak out of my bed and go into the toy room that was situated further down the hall when I was supposed to be fast asleep. It wasn't the chests of awesome action figures, the boxes of colorful puzzles, or the bags of Legos that interested me in the room. No, what I wanted to find

my way to was the large writing desk with a small lamp. This desk was perfect for the creation of new stories. In the spacious shelves and drawers of that desk I found paper, pens, pencils and crayons, the tools that I needed to make worlds

I vividly recall the night my mom found me huddled up on the desk chair with the lamp on, paper scattered in front of me, my head turned down, and my eyes focused on some new character or exotic land. She scolded me for sneaking out of bed so late at night and said that regardless of what I said or did I had to go to sleep, no matter how good my latest creation was. I shuffled back to bed, more disappointed at being sent away while in the midst of writing something I love than getting in trouble. As I turned to give her one more hug before I went back to sleep, I could have sworn I saw my mom smiling at a boy who was surrounded by all the accouterments of childhood and playing with a pen and paper.

Now that I have matured, I can look back and see the massive role my mother has played in making me the writer I am today. She encourages me to follow a career that seems less concrete than something that might be a little more tangible. She edits my stories and my papers, corrects me on my use of grammar, and makes every piece of literature I churn out so much better in the process. My mom is my creative sounding board and one of the few people who I have trusted (or would ever trust) with a stake in the world that I create every time I put a pen to the page. The running joke in my house is that when I get published for the first time, regardless of my marital status, the children I've had, or the debts to powerful backers of my book, she gets the first dedication page.

While I know she is (half) kidding, there is no one else in this world I would rather dedicate that first page to than my mom, the woman who gave me the love of literature, the book in my hand, the page on the desk and the story in my heart. At the end of the day, our lives and our fortunes are ultimately owed to the person who saw what we wanted to accomplish and said two simple words, "We can." That person for me is my mother. Thanks, Mom. I'm Kyle Ott. Won't you sit and read with me for a while?

To read other articles by Kyle visit the Authors section of Emmitsburg.





HONORING OUR MOTHERS

Junior Year

Mothers make the best friends

MSM Class of 2014

ver time, I've discovered that many people do not have the best relationship with their mothers. That is not to say they don't love their mothers, but rather they find mothers a source of irritation or stress. Mothers are seen as a force holding them in childhood, someone who still wants to enforce rules though they may be 50 or 100 miles apart. It's something I have never quite understood because I feel drastically different about my own mother. We go shopping together; we ride horses together; we keep no secrets from each other. Simply put, we are best friends, and like any amazing mother, she has always been there.

My mom always made a point to take my brother and me to church on Sundays, to youth group on Wednesdays, and to a private Christian school Monday through Friday. She signed me up for Christian summer camps and Neighborhood Bible Time (NBT), and eventually it paid off. I remember when I was about seven years old, I found myself sitting in an audience at an NBT rally. The preacher gave a sermon I no longer remember and then

asked us to bow our heads, fold our hands, and close our eyes. The room full of children twelve years old and younger turned their faces to the ground. The preacher then asked us, "If you were to die today, do you know for sure that you would be going to Heaven?" Children all around the room raised their hands. I could not. He then asked, "If you would like to know for sure, all you have to do is say this prayer with me. Lord, I know I am a sinner, and I know that you sent your Son to die on the cross for my sins, that he was buried and rose again the third day, so that I might not have to pay for my sins. I ask you, Lord, to forgive me of my sins, and I welcome you into my heart. In Jesus' name, Amen." I remember sitting in my seat, repeating the prayer to myself.

"Anyone who just said that prayer with me, I'd like you to come forward and talk to one of the group counselors." At first, I didn't want to move. I slowly raised my head and looked around. A few other kids walked to the front. Everyone else still had their eyes closed. I slid out of my chair, climbed over a few legs, and made it to the aisle. I walked to the front of the room where a lady met me and took me to the side. She sat down and took me through the

Romans Road, making sure I fully understood what my prayer meant. I did. We prayed again, and I returned to the group. I was so excited about what had happened that I couldn't wait for the final song of the service to be over. My mom met me at the door to take me home, and she was the first person I told. She smiled and said, "I know. I saw you." The whole time, she had been sitting in the back of the room, and I hadn't even known.

Five years later, all the popular girls in my sixth grade class were talking about the horses they ride. They had wallet-sized framed photos of their favorite horses displayed on their desks, and they chattered all day about going to the barn after school. I had the notion that horseback riding might be fun, and I should try it. Not to mention, it would help me keep up the conversation at the lunch table. I told my mom that I wanted to start horseback riding lessons. She said, "Alright," and found a riding instructor through a family friend.

I suddenly became nervous. I had to follow through with my idea. What if I didn't like it? What if the other girls just thought I was a copycat? I told my mom that I didn't want to ride anymore. No doubt, just thinking it was the passing fancy of a young girl, my mom did not ask any questions. At school, I continued to hear the barn chatter from the other girls. I couldn't join in. I told my mom that I wanted to take that lesson

after all. Another lesson was arranged. Again I tried to back out. This time, my mom said no. Instead, she took me to see the horses of our family friend and meet my new instructor. No lesson, just a meet and greet. It wasn't long before I caught the horse bug and owned my very own pony.

Four years later, I was competing on my high school's cheerleading squad. The squad mostly cheered at the school's soccer and basketball games, but once a year, we attended a cheerleading competition. They were small competitions, with maybe five other schools competing, but it was exciting nonetheless. The night before, two other girls on the squad slept at my house, and my mom drove us to the competition the next morning. She curled my hair and took pictures, then helped the other girls with finishing touches of glitter in their hair. The squad stretched and warmed up, chatting away our nervousness. The PA system kicked in, "Next up is the Carroll Christian Schools cheerleading squad." We ran out on the floor with our pom-poms, kicking, jumping, and cheering. Mom was front and center in the audience, cheering me on in return.

Two years later, my mom and I were driving home from school. We stopped to pick up the mail before driving down the winding gravel road that leads to our driveway. Mom flipped through the letters and tossed an envelope onto my lap. The Mount St. Mary's logo was stamped

on the upper left-hand corner. I hesitated for a second and then tore it open. Silence, then, "I got in!" We both laughed and Mom cried as I read the letter aloud to her, the bumpy gravel passing unnoticed beneath the car's tires.

Four months later, it was the last week of my high school career. I was having lunch at the local Applebee's with my friends when I received an unexpected phone call. I didn't recognize the number. "Hello?" "Hi, Nicki, this is Pastor Cole," I was worried. Why was my principal calling me? How did he even have this number? "I just wanted to call and let you know that it was really close between you and Brooke Jordan, but you are this year's valedictorian." I thanked him, hung up, and immediately called my mom.

Several weeks ago, I drove home to visit my mom while my dad was away on a golfing trip. I told her that I finally knew what I wanted to do with my life. "I want to be a speech pathologist." When my dad returned from his trip, I brought the same thing up on the phone, "Yeah, Mom told me, but I'd like to talk to you in person about it. I sort of felt left out."

Now, I also have a very close relationship with my father, but the bond my mom and I have is so strong and unique, even he feels a little left in the dark sometimes.

To read other articles by Nicole visit the Authors section of Emmitsburg.net.

Senior Year

Dreams come true

Samantha Strub MSM Class of 2013

This is it. My final weeks at the ■ Mount. I cannot believe Commencement is literally right around the corner. As I'm going about my classes, work, activities and adventures with my friends, I cannot help but think that this will be last time doing this at my University. I'm starting to feel sentimental about my beloved school that has been my home for the past four years of my

My dream of going to college has come true. In just a few weeks I will be walking across that stage, praying that I will not fall in my heels, shaking Dr. Powell's hand and accepting my diploma. Is this for real? I cannot believe that time is here already. My parents always told me that my college years would fly by, but I was always skeptical. When I was a sophomore I couldn't wait for college to be over, but my mom had very wise words for me. I remember that conversation like it was yesterday...

It was on a hot summer day and my mom and I were lying out on our deck. It was a Saturday so neither of us had to work. I took the opportunity of a Saturday off in order to work on my tan. This procedure was always lying out on the deck with a book and headphones by the pool. When the heat became unbearable I would take a dip, flip sides and repeat. My mom came out and joined me. We kept to ourselves

at first because, as a true bookworm, I had to finish just one more chapter, which turned into four. The heat became unbearable and Mom and I both went for a dip. Then we started talking about anything and everything, as many mothers and daughters do. We floated on noodles and talked about everything from the household renovations to my college friends.

During this conversation, I ended up complaining to my mom about drama that was happening and some of my classes that I was frustrated with. I told her that I was sick of college and I just wanted to be done and working. I wanted to be teaching already. I was done with college and the rules that went along with living at home again. I wanted to be moved out and a long way away. When I was done complaining, my mother told me not to worry so much about what the future would bring and instead learn to enjoy the moment. She told me to relax; adult life will not go anywhere. She said it will still be there when I am done with my degree; maybe by then, even though I will be ready, I will not be as excited. She told me that my next two years would be over in the blink of an eye. It will go by a lot faster than I think. My job is to work hard and have fun.

My mom told me that the responsiblities and drama that I was stressing about are a part of life. They will always be there and in fact multiply. If I think my responsibilities are challenging now, just wait until I am responsible for all of the students that I teach or coach. I will be responsible for teaching my students how to read, comprehend and analyze literature. I will bring them into the captivating world while guiding them on all aspects of their life without even knowing it. That, she said, is responsibility. If the responsibility of schoolwork, work and activities is overwhelming me now, simply wait until I enter the adult world that I am so anxious for.

The petty drama of friends and relationships appears to be a huge catastrophe, but in reality it is no big deal. It seems like a big deal because I am living in the moment. Obviously I am not going to get away from it, but I have to find a way to deal with it. Drama will continue to find its way into my life, even in the workplace. There are always business politics that I will have to encounter and handle. College is a good practice for learning how to deal with relationship drama and the business politics. It is all a life lesson that I do not realize I am learning until later. Then my mom proceeded to give me advice on how to handle the immediate drama in my life right now within my relationship and friends.

My mother is so wise. As graduation day fast approaches, I realize that she was right again. I do not know why it surprises me that my mother was right. I have lived with her for twenty-one years. I should have realized by now that my mother knows all.

I remember when I was a teenager. I did not think that my mother's advice was worth much. I thought that I knew everything and she was just that embarrassing woman who drove me places and cooked really good food. I thought she was insane for giving up her career and raising children. I did not understand how lucky I was to have such a self-sacrificing mother. I look back with regret on all the conversations with my mother when I called her crazy for becoming a homemaker and homeschool teacher. I looked at it like she was putting her life on hold, but in reality, she was living her life. She may have been putting aside her professional life, but that was a sacrifice she was willing to make for the sake of her children. In her mind it was not a sacrifice, but a welcomed

Every day I see myself becoming more like my mother. I see more of myself in her (and my father) as I grow older. I guess I did not escape the trend of becoming like my parents. As a teenager I was afraid of that, but now I realize that I'm proud to have turned out like my parents. Of course I'm a different person with different hopes and dreams, but I'm proud that I have grown up to be like my parents. I appreciate more than I ever have before how much my parents have helped and guided me. I couldn't ask for anything more than to have my mother always there, loving me every step of the way, even when I did not deserve it.

My mother is coming to my college graduation, which just so happens to be on Mother's Day. It will be the greatest gift I could give. She has encouraged me in all my dreams from the second she held me in her arms as a child. My mother will get to see me walk across the stage to receive my diploma from Mount St. Mary's University. She will be able to see her oldest daughter fulfilling her dream, which is a dream that she has had since I was born. It was difficult for her to drive away and leave her daughter behind four years ago. In my cluelessness and excitement at starting college, I had no idea that she cried almost all the way home in the car. She has been my number one cheerleader since day one.

Thank you for your immense wisdom and self-sacrifice. I will love you forever, Mom. Enjoy watching both of our dreams come true.

To read other articles by Samantha visit the Authors section of Emmits-



MOUNT SPORTS

Enjoying some intramural sports

Elizabeth Puleo MSM Class of 2013

As a senior graduating this month, I find myself looking back on my four amazing years here at Mount St. Mary's University. I have grown so much as an individual and have gained valuable knowledge that I can apply towards my future. I am confident going on into the "real world" and I know that my degree from a Division 1 university will be well respected by my employers, despite the fact that I was never a D1 ath-

The truth is many students are not able to compete at a Division 1 level, or just choose not to for a variety of reasons, even if they were star athletes in high school. For example, I love to swim. I used to be on a swim team and would compete with them, but I am no Michael Phelps. Because I swam for most of my life, I have developed some good swimming skills. I could have tried out for the swim team, but I would rather just swim for pleasure instead of pushing myself to make a certain time or swim until my arms throb with pain. Also, being a D1 athlete is a major time commitment.

D1 athletes have to be able to balance their practices with school, friends, and sleep. Time management skills are a must! I have so much respect for our Mount athletes who can balance everything; I could never do what they do. I struggle as it is already without even being an athlete.

This is why there are intramurals, though. Intramurals were originally started for people who are athletic but are not able to play on a D1 team or are not able to commit themselves to a sport like some of our D1 athletes do. Intramurals are sports programs that exist on almost every college campus across the country. They are designed to encourage recreational activities. Intramurals provide an outlet for students to get their mind off of schoolwork and have fun while still getting exercise and building strong relationships with fellow participants.

Intramurals here at the Mount are kind of a big deal, and around 900 students participate in some sort of intramural sport each year. The intramurals at the Mount are open to all students, whether graduate or undergraduate, employees of the University and seminarians, who I've heard are very

Casual Dining

Our Intramurals Office, or the Office of Campus Recreation, is in charge of the sports that are offered to students. The office breaks up the span of the academic year into four different seasons, mostly because of weather since playing something like volleyball in the snow would be a little difficult. The first season of the semester is called Fall I. The sports that are offered are Flag Football, Beach Volleyball and Kickball. Fall II is the second session. Because the second session starts in late October, most of the sports are held indoors. Some of the sports in that session include Indoor Soccer, Indoor Volleyball, Indoor Basketball, and Dodgeball.

The next session begins after Winter Break and is called Spring I. Since it is the beginning of the semester and it's still freezing outside, all the sports take place inside. Basketball and Wallyball are offered during this session, and you would be surprised as to how many people go crazy when they hear it's time to sign up for Wallyball. Spring II is the final season and since the weather is starting to warm up, everything is outside. The sports included in this season are Soccer and Softball.



At the end of every season, there is a championship game held between the two top teams. Some of these teams are only men or only women, but some teams are coed. Along with offering the four seasons of sports, the Intramural Office also has mini seasons in between each season. The mini seasons consist of Floor Hockey, Ultimate Frisbee, and 4-on-4 Flag Football. In the past, they have also tried Handball and Inner Tube Water Polo, which is hilarious to watch. Along with arranging separate seasons, the Intramu-

ral Office holds tournaments for Dodgeball, 2-on-2 Beach Volleyball, a Punt, Pass, and Kick competition, March Madness Bracket Pick 'em and Fantasy Baseball.

Every year, the Intramural Office hires scorekeepers, officials, and supervisors. These students attend the games, keep track of the score, control the game clock, and have the final say on crucial game decisions. Basically, these students act as referees and control the game. Although intramural sports appear to be rather laid back and based around only having fun, each game is scored and covered play-by-play. Intramurals are sports and the bottom line is that you want to win but win fairly. That is where these student workers come in handy. They play a large role in how intramurals at the Mount are able to be so successful.

The Intramural Office also has club sports with at least 300 participants each year. Club sports differ from intramural sports in that with club sports, athletes/students tend to be more focused on one specific sport and take their sport very seriously. Steven Drasdis, Assistant Director of Campus Recreation, said he is very proud of his club teams. "They do an amazing job," he said. For example, my friend loves playing baseball but he is not on the Mount's team. But even thought he isn't on the team, he still loves to play baseball. So instead, he plays for the club baseball team.

Also, in intramurals sports, teams on campus play other teams on campus, whereas club teams compete against other club teams from nearby colleges throughout the year and often practice several times a week. I suppose you could say club sports tend to be more intense compared to intramural sports. There are 14 club sports on campus including Field Hockey, Men's and Women's Rugby, Dance Team, and Phoenix Karate.

So maybe not everyone who attends the Mount wants to play a Division 1 sport, but with intramurals and club sports, everyone has a chance to play a sport and learn what it is like to represent our great university through athletic performance.







THE GRADUATE

The red-headed writer

Kelly's big sister

 $\mathbf{Y}^{ ext{ou}}$ all have gotten to know "The Red-Headed Writer" (which, actually, you may not know since she is a writer, after all), Kelly Conroy, over the past two years through her articles to The Emmitsburg News Journal. Kelly has written creative articles and commented on various issues during her senior year of college continuing into her time as an MBA graduate student. Well, guess what? As Kelly's older...and let me say, much wiser sister (Kelly, remember that!)...it is now my turn to creatively explore the life of this humble young woman.

Let's start at the beginning. Although Kelly's writing is pretty sophisticated, let me remind you that she was born in 1990. You may question, "The 90's? Oh yeah, the wonderful time of peace and prosperity in our nation." Well, your thoughts are quite appropriate because that description of the 90's is exactly in line with Kelly's demeanor. Kelly - the cutest, petite, fair skinned, angel kissed (*freckled*), carrot top baby and little girl - had one of the most easy going and kind personalities one could ever imagine for such a young person to have. Our mom even admits, despite the fact that her four other children may not like it, Kelly was "the dream child." For example, Kelly was so loving that even when we would play "King and Queen" by taking all of the couch cushions off of the couches and stack them to make royal chairs, Kelly would humbly accept the role as "jack." Our older brother would get the most cushions and wear the longest blanket tied on as a royal robe in order to be the "king," I would get a decent amount of cushions and a crown to be the "queen," and Kelly would get a single cushion on the ground to be "jack" and do gymnastics tricks to entertain the king and queen. I guess one could say that the role of jack is simply the result of being the youngest child at the time, but the situation did not even bother Kelly. Kelly thought she had the best role since she got to do her acrobatics and make the king and queen happy.

Growing up, Kelly continued to take the positive outlook on life that she demonstrated as a young girl. As you may recall from one of her articles published in The Emmitsburg New Journal, Kelly loved being the middle child with 2 siblings older and 2 siblings younger than her. Most people view being "the middle child" as the worst possible situation - that they lose out on all attention and opportunities. Through conversation with others, I have become thoroughly convinced that being "the middle child" is a real syndrome. HOWEVER, Kelly is the perfect example of one who takes full advantage of all opportunities

in life. Kelly always considered being the middle child a blessing, and best of all, she truly believes

I have the best memories of growing up with Kelly as my best friend. We had great imaginations. Some of our typical games included "store" in which each of the kids in our family would open a little business (such as a grocery store with Goldfish and Wheat Thin snacks available or a beauty shop where one could get their hair sprayed with water and done in a very interesting formal style) in the family room. Kelly would always do all the work getting everything set up so that each of the kids would have the most fun possible playing.

The most significant of my memories growing up with Kelly is during our one and only high school year together. I was a senior in high school, and Kelly was a freshman. I would drive Kelly to school each morning and, Kelly, as her "Mount" friends have now learned, was able to fall asleep instantaneously each morning in the car. I would turn up the music, blast the air conditioning, and even roll down the windows, but, nothing could disturb Kelly's sleep. I guess there is something to the saying that those with clear consciences sleep soundly. I loved being Kelly's "cool" older sister and showing her the ropes of high school - from how to make a school uniform skirt look cute to how to dance for homecoming. Everyone at our high school loved Kelly - from the freshmen to the seniors to the faculty and staff.

Kelly was my double's tennis partner and, I couldn't have asked her to put any more effort in than she did. I was three years older than her and, therefore, had played tennis for that much longer. Kelly, however, never backed down from the challenging practice sessions I would put her through. We were both so determined - we tried to perfect everything on the tennis court, from hitting 100 crosscourt forehands in a row past the service line to hitting specified targets on our first and second serves. Kelly now reminisces that I wouldn't even let her get a drink in the 100 degree Florida weather until we reached a goal. After the tennis training, I would then lead a series of sprints, a long distance run, and conclude

training partner, and Kelly never complained. In fact, she would always be the one encouraging me through our exercises.

One of Kelly's finest moments was the morning of our city tennis championship. We had practiced our hearts out and were so excited for this day with the chance to beat the all-star doubles team from one of the local, and much larger public high schools. On the morning of the tournament, Kelly woke up with a stomach bug. I couldn't believe it. Kelly slept the whole morning until it was time to leave for our match, and then she insisted that she was ready to go (which means that Kelly knew how much this match meant to me). We got Kelly some medicine on the way to the match and she stayed curled up in the now flu infested mini van until the moment the director announced our names to go on court. All of a sudden, Kelly popped up, gave me a high five, and asked ME if I was ready to play! Despite our Dad's hesitation, Kelly and I started the match. We played our hearts out, and Kelly, amazingly, ran down every ball as if she wasn't ready to give in to the flu at any second. Let me remind you that we lived in Tallahassee, FL...a match in April means 90 degree weather and insane humidity....not ideal, especially for a dehydrated red head. Kelly and I took the team to a third set, but we couldn't pull off the win. Kelly collapsed after the match and we took care of her the rest of the day. It's hard for me to believe that any other person would do this for their

I think our tennis training paid off though. Because of her stellar tennis achievements and undeniably successful high school academic career, Kelly was able to go to her dream school, Mount St. Mary's University, and play tennis there while majoring in Communications. Kelly just broke the Mount women's tennis record this spring for the most doubles wins with her partner Samantha Pinchoff...something that she would never mention in her newspaper articles.

Now, onto Kelly's life at the present moment. Kelly graduated from MSM's in just 3 years. Therefore, she was able to start her MBA while playing her last year of tennis. So, this year, Kelly

doubles at the division 1 level, is working a 20 hr/week communications graduate assistantship job, is taking a full load of MBA classes, and writes articles for The Emmitsburg News Journal. Kelly, when you read this, please forgive me...but, this is my one chance to brag about you! Now, most people would think that Kelly's schedule sounds overwhelming. Kelly, however, loves it all. She balances all of this with a very active social and ministryrelated life. I think that Kelly's positive attitude definitely has been reflected through her writings for The Emmitsburg News Journal. One can tell that Kelly, who is only 22, not only is deeply intellectual, compassionate, and driven, but that she has something more to her. She has a faith that gives her such complete joy -

Kelly visited me and my husband over this past Easter. While Kelly is definitely more mature and responsible (which age

a joy that is helplessly contagious

to others.

brings) than when she was a kid, most things about her have not changed. After a few days full of activities, I asked Kelly what her favorite part of the weekend was. She answered, "Best ball golf or watching you and Michael (my husband) fall asleep cuddled on the couch." Hmm...once again, Kelly shows that she is happiest when all those around her are happy; when the boys are dominating the girls in a best ball golf competition or when two are peacefully at sleep after a long

As Blessed Mother Teresa, one of Kelly's favorite people of all time, said, "Give your hands to serve and your hearts to love." Kelly follows this statement to the max. Kelly will finish up her master's degree this summer and then head out into the real world. I hope that just the little of Kelly's life story that I have shared gives testament to all of you who have read this that there is goodness out there and hope for the future! Kelly, you amaze me!









ARTS

It's not goodbye, it's see you later!

Kathryn Franke MSM Class of 2013

Twent to practice that day think-Ling it was just another day, but little did I know how much my life would change within the next few hours. My teammates and I had an 80-minute run that day, so we decided to run for 40 minutes and then turn around to head back to campus. As we hit the halfway point and prepared to turn around, we saw a man who was approaching us with a camera. Odd...

Naturally, we steered clear of him because we had no idea what he was doing, but he yelled out to us stating he was the editor of the local newspaper, and he asked if he could photograph us for the front page of the newspaper. After a brief moment of hesitancy, we agreed and ran toward him, making our form as perfect as we could manage to be sure our five minutes of fame were well spent.

As he took our names for the photo caption, he asked us on the spot if we'd like to write for the newspaper. Keep in mind: all of this occurred within the span of about five minutes, so even after we ran back to campus, it still had not fully hit us as to what had just happened.

In case you didn't figure it out already, that man was our beloved editor, Michael Hillman.

I've always been one to accept any and every opportunity that comes my way, so I was thrilled at my luck that I would just happen to run into an opportunity such as this one (pun very much intended!). I emailed Mike and expressed my interest in writing for the paper, and he immediately had me start shadowing the arts writer at the time so I could get a better understanding as to what the role entailed. The next thing I knew, I was writing monthly full-page articles for the Emmitsburg News-Journal!

As a Fine Arts and Communication Studies major, my position as the ENJ's Fine Arts writer has given me the chance to apply my studies at the Mount and share my love of art with others. I have been able to write about my own personal art experiences and projects, and I have spread the word about the strong presence of the arts in our surrounding community. What better way for me to combine my majors of Fine Arts and Communication Studies than to be a Fine Arts Editor? I get to write, and I get to talk about art....two of my favorite things to do!

As time went on though, I adopted an even larger responsibility with the paper. I initially obtained the role of Assistant Editor of the newspaper as an internship for my Communication Studies major at Mount St. Mary's University. However, after completing my semesterlong internship, Mike asked me to continue as the Assistant Editor, an offer I was obviously thrilled to accept!

That position gave me valuable lessons in both leadership and teamwork, and it taught me the importance of adapting to specific needs of a customer and/or employer in order to carry out the organization's goals. I developed the ability to work in a variety of settings and circumstances as a result of that work and internship experience.

Now, I am the Managing Editor of the newspaper! As my years at the Mount have gone on, I have become more and more immersed in the ENI's creation each month, and the more I become involved with it, the more I love it! There is so much that goes into creating each issue of the newspaper, which has been a learning experience for me in so many ways. In terms of journalism, it has given me valuable firsthand experience with writing a monthly column geared toward a specific audience while still aiming to expand that audience through strong content and diversity of subject matter. It has also taught me the insand-outs of what it takes to create the newspaper: planning the types of articles that should be written, conducting interviews, editing the articles before they are sent to be laid out, arranging the overall layout of the paper, making last-minute decisions, distributing the paper throughout the neighboring communities, and so much more.

Before my experience with the ENJ, I would read a newspaper without really appreciating what went into its creation. Since I started working for the ENJ, I have a much greater appreciation for the hard work that is needed in order to make the visions for each month's publication become a reality.

Besides work experience, the ENJ has brought me lifelong friendships, as well. The ENJ staff has become like a family to me. I get to work with them every month as we join efforts to bring you a glimpse of the community through the eyes of Mount St. Mary's University students.

Mike has done such a wonderful job of developing the paper and giving the Mount students a larger presence in the paper's production. The ENJ is a wonderful link between the Mount and the surrounding area. It gives students the chance to be a part of a closeknit community in terms of both being a part of the newspaper staff and being a voice for the Emmitsburg region.

Mike does not hesitate to share the positive feedback that we get for the ENJ, and the compliments we get are very rewarding because we know that we, as a newspaper staff, are serving the community well. We have been told that our paper is the best small-town paper that individuals have read, and we have even been told that the only criticism an individual had was that it was hard to read, which we actually take as a compliment because our goal is to provide the community with an educated, academic, and thought-provoking newspaper each month.

In a world where print newspapers are being taken over by online media outlets and publications, it is important to maintain the integrity and quality of the ENJ in order to maintain its strong community presence. Our goal is to do just that, for our own personal development as writers and editors, but more importantly, for the benefit of our readers.

One of the most rewarding things about being a part of the ENJ staff is seeing the paper develop over time. Since I started working with the ENJ, I have seen the circulation of the paper grow and I have seen multiple new columns emerge, along with an increase in requests to write for the paper. Seeing my fellow staff's hard work pay off is such



The photo that started it all. One could only wonder what this paper would look like today had this chance encounter not taken place.

a rewarding feeling.

As graduation approaches, I am preparing for the next stage of my life. But, the next stage of my life is not so far away! After graduation, I will be staying at the Mount to pursue an MBA in Marketing. I will be a graduate assistant with the Mount St. Mary's Office of University Communications. I have been a graphic design intern in that office this semester, and through this assistantship, I will be able to continue working with graphic design, photography, and writing. Next year will be the first time I will not be taking art classes since before I can even remember, and although I will surely miss them, I am looking forward to this chance to apply my creativity in a new way. With my graphic design background and my experience with marketing for school events, my hope is that gaining a more complete knowledge of the business side of marketing will make me a well-rounded candidate for a career in that field upon my next graduation.

As for my position as the Fine Arts Editor of the ENJ, I will be passing the reigns to a fellow Mountaineer so that she can have the same wonderful experiences that I had as the Arts writer. Caroline King will be the Fine Arts writer as of next month. Caroline is an English and

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Fine Arts major, and she will be a wonderful addition to our team. She is very passionate about the arts and about writing, and I have no doubt that she will bring an entirely new, fresh perspective on the arts in our community.

Although I will not be writing the arts column after graduation, I will continue my role as the Managing Editor of the ENJ. Being a part of the ENJ has been one of the most amazing experiences of my college career. I have developed so many vital skills as a result of my experiences here. Besides giving me experiences that can be used to answer any job interview question that may come my way, the ENJ has allowed me to be part of a close-knit, passionate group of people. When I look back on my college experience, now and even years from now, I know that working for the ENJ will be one of the things that I will always remember as being one of the most rewarding experiences of my time here at the Mount.

Thank you all for being dedicated readers, and I look forward to continuing to serve as your Managing Editor. For me, graduation is not goodbye; it's see you later!

To read other articles by Kathryn, visit the Authors section of Emmits-



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THE FOUR PILLARS OF THE ENJ

Kelly Conroy Assistant Editor MSM Class of 2012

The Mount is known for her four ■ pillars: Faith, Discovery, Leadership, and Community. The ENJ has also been known for her four pillars: Kathryn Franke, Megan Kinsella, Beth Puleo, and Sam Strub. These seniors have set a standard of excellence for the ENJ that will influence the future of the

Everyone who writes for the ENJ has his or her own unique experience—just ask any of us! This year, the ENJ celebrates the graduation of four Mount St. Mary's senior writers: Kathryn Franke, Megan Kinsella, Beth Puleo, and Sam Strub. They've revolutionized the paper and they'll soon revolutionize the world.

They've been a team with a mission. They've bounced story ideas off of each other, encouraged each other, told each other what they like about articles and what could be improved, spent late nights writing and editing and checked on each other to meet deadlines. And it's all been done with the goal to make the ENJ the best small town newspaper possible.

"The synergy they've created will be impossible to replicate," Mike Hillman, editor of the ENJ explains. "I'm enjoying the moment of having them all together, for I predict this will be the time I look back on when I'm old and grey and think, those were the days!"

Every month, the four seniors have gathered for writer meetings with Mike. At some point, Sam usually talks about horses with Mike. Megan is smiling and talking a bit too loudly for the library. Beth is returning Mike's sarcasm with humor of her own. And Kathryn is organizing Mike's untidy checks and paperwork.

One day, you might just see one of their names in the news covering a fabulous story because they know what good storytelling is all about-and you'll remember it all started with the ENJ. Writing an article will be no problem for these girls who have written articles every month for years. They also spot grammatical errors from a mile away, especially Megan Kinsella, who we like to call the "Grammar Queen" because she has spent a substantial amount of time putting together the style guide for the paper.

The ENJ has better showcased the Mount since these four writers came on board. The ENJ is put through more rigorous editing because of these four writers. A sense of humor and deep intelligence is readily evident in their articles. Even though the writers have been a team, I'd like to take some time to reflect on each of them individually.

Kathryn Franke

Kathryn has put in four years of hard work and has earned her degree. Kathryn is majoring in both Fine Arts and Communication Studies and has a minor in Spanish. The best part of Kathryn's graduation—not having to say good-bye. Next year, Kathryn will be pursuing her Master's in Business Administration with a concentration in Marketing at the Mount and will be the graduate assistant in the Mount's Office of University Communications. She will be able to continue using



her skills in graphic design, photography, and writing through that position. Kathryn will continue to be the Managing Editor of the ENJ, so we look forward to seeing more of her good work in the future!

Kathryn has been involved with too many organizations during college to list all of them. You name it, and she's probably done it. Kathryn has been a captain of the Mount's Division I cross country and track teams, a class officer on the Student Government Association, and President of the Mount's Karate Club. An honors student, Kathryn also spent a summer studying abroad in Salzburg, Austria.

"Kathryn has become my right hand and I'm sure I can't do the paper without her...nor would I want to," said Mike. "Since Kathryn has picked up many of the tasks that come with running a paper, I have been able to resume some semblance of normality in my life. Gone are the days of working on the paper until 3:00 am in the morning, or of going weeks without being able to ride my horses. For the first time since I started the paper, I actually have a full horseback riding competition season scheduled this year. Fortunately for me, I will have Kathryn's help for two more years!"

Megan Kinsella

Megan majored in Communication Studies and earned a minor in English. Megan is one of the happiest and friendliest people you'll ever meet. She is energetic (sometimes a little bit too energetic), a little clumsy (she trips and falls a lot), and extremely hard working (her roommates always joke that she spends more nights in the library than she does in her room). She has brought a lot of laughs to our meetings and to our readers!

Remember Megan's first article with the paper? Here's a snippet from Red

"Women's personalities have increasingly been generalized by one defining feature: the color of their hair. Ac-



cording to popular public belief, 'dumb' blondes have more fun, brunettes have all the brains, and redheads have brutal tempers. I don't know where or when this categorization by hair color began, but I do know one thing: it is completely and unquestionably out of line. Who are you to take one look at Goldilocks and automatically deduce that she scored a 40 on her IQ test? Why lump human beings together according to physical characteristics? The practice is cruel and downright inhumane."

In her article, Megan debunks the stereotypes about red heads, discusses the various nick-names like "carrot top" she has earned for having red hair, and shares the many advantages of having red hair, such as always receiving compliments in the hair salon. Megan's article is a satirical piece—and is extremely entertaining. If you've never read it, be sure to check it out in the Article Archives section of Emmitsburg.net.

During college, Megan was a captain on the Division I cross country and track and field teams, a FOCUS student leader, a member of the George Henry Miles Honors Society and a campus ministry retreat leader for fresh-

"Megan will always hold a special place in the history of the paper because she has held more positions than anyone else. She started off as the sports writer, then moved on to be the creative writer, then Assistant Editor, and finally the English Editor," Mike deems. "Under Megan, grammatical and spelling errors have become rare in the ENJthe mark of a quality paper."

After graduation, Megan will be working for a missionary organization called Varsity Catholic for two years. She will be placed on a college campus somewhere in the USA, where she will mentor and lead bible studies for female college student-athletes.

"I met a Varsity Catholic missionary here at the Mount who helped shape my faith life and who I am as a person," Megan explains. "I'm so excited that I now have the opportunity to do the



Beth Puleo

Beth is one of those people who won't let anything stop her. She lives out these words by John Wooden: "Do not let what you cannot do interfere with what you can do." Beth has already written and published a book entitled, Game Changer, in which she describes how she was diagnosed with childhood brain cancer and has found happiness despite overcoming many difficult obstacles. Beth is an inspiration to all of us!

"Beth has earned my respect as an incredibly talented writer," Mike said. "She can sass me back with the best of them! Nothing stops Beth. Nothing will stop Beth. She's going to take the world by storm."

Beth has enjoyed being a part of the ENJ because she has been able to write and increase her knowledge of sports. Her first article was about the Mount men's golf team, who had just won the NEC Championships. Beth only knew the basics of golf, but she was able to learn about the scoring system and correct terminology through writing the article. One of our favorite articles written by Beth was from March of this year about some of the Mount baseball players who volunteer their time to coach the Emmitsburg Little League.

During college, Beth has been involved in Lighted Corners, the Mount's literary magazine, and the planning committee for Relay for Life. She has interned for two years in the Mount's Sports Information Department, which has also utilized her writing ability by having her draft preview and feature stories.

Beth's dream jobs would be working for the Frederick Keys or the Baltimore Orioles, but she is not sure of her immediate plans after gradua-



Sam Strub

Sam has played a huge role in the ENJ and will be greatly missed! Sam is the first Mount student to have written for the ENI for four years. She has chronicled her life in the "Four Years at the Mount" section of the paper from freshman to senior year. Readers have seen Sam grow from a wide-eyed freshman to a brilliantly talented senior, ready to embrace the real world. We owe Sam a big "thank you" for sharing her experiences, thoughts, joys and struggles with us.

Sam always had a dream to get paid to write—and that dream became a reality with the ENJ. During college, Sam has also been involved with the Club Field Hockey team, Mount Ambassadors, the English Honors Society, and the Arc of Frederick.

Sam is sweet, independent, outgoing, and spunky. We all remember her article about staying in her grandparents' cabin this past summer, when a bear approached the cabin and Sam's dog tried to attack the bear. You'll have to read the article to find out what happened, but you'll surely be enter-

Sam is double majoring in English and Education. She is applying for teaching jobs in Maryland and Wisconsin, her home state.

"Samantha will always hold a special place in my heart as I got to watch her grow up from a freshman to a senior. She was a rider like me and so she frequently visited my farm," Mike said. "Somewhere out there is a school that will be blessed by this future teacher—and knowing Sam, she will help shape minds that will see no boundaries or limits."

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ARTS

Gettysburg Festival

In last month's feature on the Gettysburg Festival, we highlighted the cultural aspect - the Festival's celebration of talent within the community in the areas of visual arts, culinary arts, theater, film, music and children's events, as well as presenting world-renown experts in these categories. A unique aspect Gettysburg Festival has that goes beyond the typical artisan fair is the ability to tap into its deep historical roots. This year's Festival features several exceptional events, which do just that.

Gettysburg Festival, in conjunction with Boritt Films and the Majestic Theater, is pleased to host the world premiere of "The Gettysburg Story," as the closing event of the 10-day festival. Telling the history of the greatest battle fought in the Western Hemisphere, the documentary was written, produced and directed by Gettysburg native, Jake Boritt and is narrated by actor, Stephen Lang ("Avatar," "Gettysburg").

"We are thrilled to have the premiere of 'The Gettysburg Story' as part of Gettysburg Festival this year," explains Randy Prasse, Executive Director. "Not only does it bring a unique element of history to our event, but the techniques used in filming and the artistic interpretation of this storyknown-around-the-world are a perfect fit with our initiative to inspire, entertain and educate. An added bonus... We get to celebrate and show off the talents of one of our own 'hometown boys,' Jake Boritt."

Using cutting edge technologies including high definition radio control aerial drone cinematography, motion control time-lapse footage, dynamic digital geo-location graphic maps and being granted unprecedented access to the 6,000-acre battlefield, "The Gettysburg Story" captures the unique and timeless piece of American history, telling it in a new way.

"This story has been told and retold since the day it happened, using the technology of the time," says Boritt. "From drawings with a pencil and pad to a photographer on the field a few days after the Battle burning images to glass plates, to massive oil paintings and epic black & white silent films, best-selling novels and documentaries and major motion pictures, it is exciting for me to be able to retell my version of the story with the latest cutting edge technology. And, having it coincide with the 150th Anniversary of the Battle makes it even more appropriate."

The movie premiere is slated for Sunday, June 16 at 3:00pm at the Majestic Theater. Tickets are \$10 and can be purchased through the theater at 717.337.8200 or online at www.gettysburgmajestic.org.

Additionally, the film will run at Majestic Theater from June 28-July 12 and is slated for national syndication later this year on Public Television via Maryland Public Television (MPT). Watch your local listings for air times.

Another great event during Gettysburg Festival is the "History of Taps" seminar at the train station pavilion with Jari Villaneuva on Friday, June 7th at 3:00pm, which will kick

of the two-day Brass Band Festival. A retired Air Force Band bugler, Villaneuva is the country's foremost expert on military bugle calls. As a ceremonial trumpeter, Villanueva participated in well over 5,000 ceremonies at Arlington National Cemetery and served as an assistant drum major leading The USAF Ceremonial Brass in funerals at Arlington. Villaneuva has been decorated with many accomplishments and awards, including induction into the Buglers Hall of Fame in 2007. In the program, Villanueva will discuss field music and it's importance during the war and demonstrate calls used in both camp and battle, with calls being played on an original Civil War bugle. The event will be bookended on Saturday, June 8th with a "Taps" performance at the Cupola of Schmucker Hall at Lutheran Seminary as the closing ceremony of the Brass Band Festival. Both the seminar and the Brass Band Festival are free events.

Gettysburg Festival 2013 will also play host to a rare lecture and luncheon with author, Jeff Shaara. Widely regarded as America's most popular and respected author of military fiction, master storyteller Shaara captivates audiences by bringing America's vivid past to life in stories that span from the American Revolution to World War II. Son of Pulitzer prize-winning author, Michael Shaara (The Killer Angels), Jeff wrote a prequel (Gods and Generals, 1996) and a sequel (The Last Full Measure, 1998) to his father's classic work, followed by the creation of ten additional historical novels, every one a New York Times Bestseller. He is the only two-time winner of the American Library Association's "William Young Boyd" Award, among many other accolades, including three different awards from his alma mater, Florida State University. Shaara is a renown speaker and will be bringing his lecture, "History through Storytelling, Jeff Shaara's Journey Through the Legacy of his Father" to the Gettysburg Festival audience Saturday, June 15th at the Adams County Ag & Natural Resource Center. Tickets for the event are \$40 and can be purchased online at www.GettysburgFestival.org.

Working under the mission to provide activities that people of all ages can connect with, these are just a few of the wide variety of events throughout the ten days of Gettysburg Festival. Others include concerts from CMA's reigning New Artist of the Year, Hunter Hayes; iconic romantic trio, The Lettermen; Phil Dirt presents: Surfs Up! A Tribute to the Beach Boys; Blues, Beer & BBQ featuring PA's first lady of Blues, Octavia and Us Army Field Band Volunteers; classical instrumentalists, the Aureole Trio; and the Brass Band Festival. Culinary events include the History Meets the Arts Edible Art Tour showcasing downtown Gettysburg art galleries and amazing culinary creations from top area chefs, and the yearly Pie Auction. And, the visual arts will be celebrated through the Plein Air Art Exhibit and the BarnArt Show.

Information about these and many other events can be found on the Gettysburg Festival website at www.GettysburgFestival. org. Tickets can be purchased there as well.



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CATOCTIN VOICES

For the love of poetry & verse

L. Claire Cantwell

s a little girl, I spent many a Asummer at my grandparent's place in southern Kentucky. It was my summer camp, so to speak, with a big, antebellum brick home painted white. It was summer camp, southern style, with a big, antebellum brick home, surrounded by 300 some acres of prime farm land for exploring. The farm was cut in half by a wide, sparkling spring, which provided a cold drink on hot, breathless days and a daring challenge as I attempted to cross many a log "tightrope." Sometimes I fell into the abyss, always laughing, but quickly exiting before my toes went numb. Those were days primarily spent out of doors. After all, there were pigs and cows to round up for market day. There were ponies to catch and ride from dawn until dark. There was corn to shuck, flower beds to water, eggs to gather and strawberries to pick.

On the hottest of days, when

darting thick about the porch eaves and honey bees could be plainly seen hovering over dandelions in the yard, my grandmother lured me inside to "rest" longer than usual. It was then that she read and recited poetry to me in her soft, southern, alto-range voice. I heard the poetry of Alfred Lord Tennyson, Edgar Allen Poe and Robert Penn Warren to name a few. She had learned Poe's "The Raven" in elocution class. Her low, rhythmic rendition chilled me so much, I couldn't sleep at night without her snuggled up next to me. I assured her that Tennyson's "The Eagle" was one I'd memorize not because it was short, but because I liked eagles. And then there were the sophisticated poems of" Robert

the crimson and black wasps were of humble beginnings became a renowned man of letters who earned the title of first U.S. Poet Laureate Consultant in Poetry.

> So began my life-long yearning for poetry to read, recite and write. I was hooked. As hooked as the catfish and bluegill I reeled in from the neighbor's pond with my grandmother's tough fingers doing the baiting with corn or worms between catches. I found other authors, mostly of the 19th and 20th centuries, that wrote a unique, magnetic verse that when spoken, sounded like a new language. Poets like Robert Frost, Sara Teasdale, Dylan Thomas, Henry Van Dyke, Carl Sandburg, Edna St. Vincent Millay and Emily Dickinson began to fill my bookshelves.

> These days, from our front porch, I watch newborn calves leap about the fields. Just beyond, my neighbor's white sheep appear to be sprinkled atop several verdant hills. All about, the ancient Catoctin Moun

tains hug this secluded mountain valley. It's hard to escape daily inspiration, so I read and write poetry from this place, serenaded by both the trill of songbirds and the rumble of tractor engines. My grandmother's voice has long been silent, but every time I read Tennyson or Poe, I hear her again. Poetry has that affect; it can jolt, enrich, challenge or soothe. Poetry woos readers to go deeper, look at things differently and linger over words that used elsewhere, may seem dull or cliché'. As Webster Schott put it so eloquently in the "Foreword" of the book, Poetry for Pleasure, "Poetry needs readers like the way stars need the sky. For we give poetry its meaning."

Readers and poets are invited to submit their original verse, whether it be rhymed, metered or free, to "Catoctin Voices." The poetry chosen will always be "family friendly," even if the subject is serious. Also, at least one poem will be suitable to read to the children



at bedtime, or whenever it is that they slow down. Next month's poetry will focus on summertime themes. Please email your poetry by the 15th of each month for publication in the succeeding month's issue to poetry@emmitsburg.com. Submissions will be acknowledged, however there is limited space, so not all will published.

L. Claire Cantwell is a poet and freelance writer living in the Catoctin Mountains of Maryland. She is a member of the Gettysburg Poetry Society and Pennsylvania Poetry Society.

The Eagle

by Alfred, Lord Tennyson (1809-1892)

He clasps the crag with crooked

Close to the sun in lonely lands, Ring'd with the azure world he stands.

The wrinkled sea beneath him

He watches from his mountain walls, And like a thunderbolt he falls.

(Tennyson was a very popular poet during the Victorian era. He was selected as Poet Laureate after Wordsworth and is buried at Westminster Abbey.)

Wings Without a Fairy

by Imogene M. Hunt c. 1989

I found her wings in the dew-wet

Penn" as she called him, that I

didn't always understand, but I

liked the way the words sound-

ed. She knew him as a child and

took pride that her school chum

and wondered, how she managed to leave

...without them.

Early morning sunlight illuminates the tiny silver veins painstakingly embroidered on parchment-thin silk ...I want them.

Yet they are so fragile, dare I pick them up

to drape them upon a morningglory's face

...or leave them.

Was her desire for freedom so deep, she forgot

her own existence and silently slipped away

In the night. . .forsaking them?

How far can she have gone? I see no tiny footprints to show the way or the why. . .she left them,

unless a passing hummingbird made good

her escape, not knowing her true identity,

just her need. . . of him.

(Imogene M. Hunt has been writing for 55 of her 65 years. She is a published poet who believes in fairies and lives in Gettysburg)

Spring

by Maggie Abbott

I hear a heart in the forest beating The pulse of life and rhythm and flow

Wishes for warmth to be less fleeting

More spring to thaw the winter

Walking with pole about the

I see the hemlock bow with grace Hide in her skirts newborn daughters

With chartreuse fingers dressed

Smiling back are bloodroot's blossoms

In white dress with gold about

Essence of springtime in her

Dancing in April breeze's trek

Budding sprigs to whisper summer

Too young yet to believe the tale Of heat and draught around the corner

Days too long and air gone stale

Peaking up from the forest floor Thru dry leaves and winter's

Fiddlehead ferns and squaw root corn

Cloaked within their fleecy down

All about the wood is growing Birds sing within the gladdened glen Nearby pastures have cattle lowing

While through the fence come chicks and hens

Bearing with all this season of giving

Where costs of life are born anew When all that is, rejoices in living And only to winter do we bid adieu.

(Maggie Abbott has suffered from words falling into her head since a teenager. She writes from Gettysburg where she loves to also create stories of history by bringing research and textiles together in making historical attire for museums, theater and film.)

Two Sewing

by Hazel Hall (1886-1924)

The Wind is sewing with needles of rain.

With shining needles of rain It stitches into the thin Cloth of earth. In, In, in, in.

Oh, the wind has often sewed with me.

One, two, three.

Spring must have fine things To wear like other springs. Of silken green the grass must be Embroidered. One and two and

Then every crocus must be made So subtly as to seem afraid Of lifting colour from the ground;

And after crocuses the round Heads of tulips, and all the fair Intricate garb that Spring will wear.

The wind must sew with needles of rain,

With shining needles of rain, Stitching into the thin Cloth of earth, in In, in, in,

For all the springs of futurity. One, two, three.

("Two Sewing" from The Collected Poems of Hazel Hall, edited by John Witte, copyright, 2000. Reprinted with permission of Oregon State University Press, www. osupress.oregonstate.edu)



Low carb living!

Brooke Hagerty Chef/Owner Gunner's Grille www.gunnersgrille.com

With the spring and summer months upon us many folks are looking for some quick fixes for the extra pounds that reached our waist lines over the winter, I know I definitely am! This month we are going to concentrate on low carb snacks and light meals and reiterate the "little" things we can do to help burn some extra calories. I am going to revert back to my former "life" in Baltimore where I had a small catering company called Dinner at Your Door. We specialized in the South Beach Diet and actually had several clients whom we made three squares and two snacks and a

dessert for seven days a week. We helped one couple lose a combined total of 80 pounds in six months. Of course, they were also on a regimented exercise plan. I cannot stress to you enough how important it is to exercise and eat right for both your physical and emotional health!

Don't be afraid that low carb means low flavor, trust me, it does not. This month's recipes will show you how flavorful and easy it is to live a low carb lifestyle. I am not saying don't eat carbs, I love my breads and starches but I am saying that too much might be just that, too much! At the restaurant we use a lot of whole wheat flour for many of our recipes including our wonderful Cream of Crab Soup. Again, just a little twist on a traditional comfort food!

For this month let's do a day's worth of eating South Beach Style! Beginning with your morning we will have a full day's worth of food including breakfast, lunch, dinner, two snacks and dessert. Yes, you can even have dessert!

BREAKFAST

Swiss Cheese and Vegetable Frittata be sure to have your ingredients ready as omelets cook quickly and if available use a non-stick pan so your eggs slide off easily.

- 2 teaspoons Extra Virgin Olive Oil (EVOO)
- ½ small onion, thinly sliced
- ½ red bell pepper, thinly sliced
- 1 small plum tomato, diced
- 1/4 teaspoon Italian seasoning or dried basil (I prefer 1 teaspoon fresh basil cut into thin strips)
- 3 eggs, slightly beaten
- 1/4 teaspoon salt and a pinch of black pepper

Heat oil in a non-stick skillet over medium heat. Add onion and pepper and heat until softened, about 3 minutes. Add tomato and seasoning, cook for three minutes. Meanwhile, season eggs with salt and pepper and whisk. Pour directly over vegetable mixture and swirl pan so eggs completely surround vegetables until eggs are almost set, about 5 minutes. Finish off under broiler until eggs are fluffy, about 3-5 minutes. This recipe serves 2.

MID-MORNING SNACK

Peppery Cheese Popcorn - this would be a great dessert to sneak into the movie

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theatre after dinner!

- 6 cups freshly air popped popcorn (1/3 cup uncooked kernels)
- Butter flavored cooking spray
- 2 tablespoons finely grated Parmesan cheese
- 1/4 teaspoon freshly ground black pepper and a pinch of salt

Place popcorn in a large mixing bowl and coat lightly with cooking spray. Sprinkle with cheese, pepper and salt to taste. This recipe serves 2-3.

Bulgur, Cucumber and Mint Salad this is also a great side dish for grilled

- 1 ½ cups water
- 3/4 cup bulgur wheat
- 2 plum tomatoes, diced or 8 grape tomatoes cut in half length wise
- 1 medium cucumber, peeled and seeded,
- 2 tablespoons chopped fresh mint
- 2 tablespoons EVOO
- 1 tablespoon fresh lemon juice
- Salt and pepper to taste
- Bring water and bulgur to a boil in a medium sauce pan, reduce heat to low and cover until water is absorbed and bulgur is tender, approximately 10 minutes. Remove from heat. Spread bulgur on a large plate. Toss in ½ the mint and place in refrigerator to cool for 5 minutes. Transfer to a mixing bowl and fluff with a fork, adding remaining dry ingredients. Whisk together the lemon juice and EVOO and toss the mixture. Garnish with remaining mint. Serve room temperature or chilled. This recipe serves two.

ESTATE

winery

AFTERNOON SNACK Celery with Herbed Cream Cheese and Walnuts

- 1/3 cup walnuts
- 1 8 ounce packet reduced fat cream cheese, at room temperature
- 1 tablespoon fresh chopped chives
- 16 large celery stalks, trimmed
- Salt and pepper to taste

Heat oven or toaster oven to 375 degrees. Spread walnuts on baking tray and bake for 10 minutes or until fragrant and then roughly chop. Combine walnuts with cream cheese and chives in a mixing bowl and add salt and pepper to taste. Using a rubber spatula fill each stalk with mix. This recipe makes 8 servings. (this is a great make ahead snack that will hold for 3-4 days)

DINNER

Lamb Chops with Chimichurri Sauce with Feta, Cucumber and Radish Salad – this Mediterranean style dinner is perfect for dinner on the patio!

- 8 3 ounce lamb chops
- 1/4 cup EVOO
- 1/3 cup fresh parsley leaves
- 2 peeled garlic cloves
- 1 tablespoon fresh lemon juice
- ½ teaspoon dried oregano
- 1/4 teaspoon red pepper flakes
- Salt and freshly ground pepper to

Heat grill to high. Rub lamb chops with EVOO and salt and pepper. Grill 3 minutes per side for medium rare. Remove meat from heat and allow to rest for minutes. Meanwhile combine remaining ingredients in a food processor and combine until just pureed. Season with salt and pepper and serve with lamb. This recipe serves four.

Feta, Cucumber and Radish Salad

- 2 medium cucumbers, peeled, seeded and sliced
- 1 ½ cups thinly sliced radishes
- ½ cup fresh mint leaves
- 2 tablespoons minced red onion
- 2 tablespoons EVOO
- 2 teaspoons red wine vinegar
- 5 ounces reduced fat feta cheese,
- Salt and freshly ground pepper to
- Combine all ingredients (except feta and salt and pepper) and toss in a mixing bowl. Gently toss in feta and salt and pepper to taste. This recipe serves four.



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COMMUNITY NOTES

Thespians hold auditions

The Thurmont Thespians will I hold open auditions for children aged 6-13 only for their summer children's musical "Honk!", a retelling of the beloved Hans Christian Andersen fairy tale " The Ugly Duckling" with book by Anthony Drewe music by George Stiles and lyrics by Anthony Drewe. "Honk! is a great reminder of all the things we hope kids learn--accept others for who they are, not what they look like, remember that being different is

okay, and remember that out there somewhere, someone's gonna love you -- warts and all!"

Director Beth Royer Watson will stage "Honk!" the last two weekends of July at the American Legion Auditorium, 8 Park Lane in Thurmont. The dates are Thurs-Sat, July 18-20 and 25-27 at 7:30PM with two Sunday matinees on July 21 and 28 at 2:00

Matthew Albright will be Music Director and Jennifer Buchheister will be Choreographer.

This is an entry level community theatre program, not a summer camp. There are no fees for any children to participate. All children auditioning will receive an on-stage role in the show, providing they obey these three simple requirements. They must attend all performances and mandatory rehearsals; they must memorize their lines and their movements; and they must display courteous, polite professional conduct and

respect to all theatre staff members throughout the rehearsal/ performance cycle. The director reserves the right to terminate a child's participation in the play at any time these requirements are not met.

Auditions and all rehearsals until July 7will be held at the St. John's Lutheran Church Social Hall, 15 North Church Street (MD 550) in Thurmont. There will only be two auditions for all children ages 9-13 on Saturday

morning, May 18, 2013 starting at 9:00AM until concluded and Monday, May 20, 2013 starting at 7:00PM until concluded.

Rehearsals will commence Thurday evening, May 23 starting at 6:30PM and continue approximately three to four times weekly, including Saturday morning and some weekday early evenings.

This will be the 16th annual Summer Youth Musical for the Thurmont Thespians, beginning back in 1998 with "He Lived The Good Life". Each year the casting alternates between middle school pre-teens 6-13 and high school teens 13 and up.

Children's fishing rodeo

he One Mountain Foundation is hosting the 2nd Annual Children's Fishing Rodeo at the Lake Royer on the former Fort Ritchie Army Base in Cascade. An educational and fun filled fishing event for children ages 5 - 12 is planned for Sunday morning, May 19, 2013 from 8:30 a.m. until 11:30 a.m.

The rodeo will consist of three stations - one being an educational presentation from the MD Department of Natural Resources on fish habitat and identification and proper catch and release techniques; two being a hands-on session on casting; and three being actual fishing in the lake. The Rodeo creel limits are 10 bass (14 inches or shorter); a combination of 10 blue gill, sunfish, or crappie; and 5 catfish.

The children will be divided into three age divisions: 5 - 6, 7-9, and 10-12. Prizes will be awarded for the top three biggest/heaviest fish in each of the age divisions. Children must bring their own fishing rod to the rodeo. Parents or guardians may help small children fish, but adults will not fish for the child.

Advanced registration is being held on May 4, 11, and 18, 2013 from 9:00 a.m. to 11:00 a.m. at the small pavilion on the southeast corner of Lake Royer on the former Fort Ritchie Army Base in Cascade. The registration fee is \$5.00. Registration forms will be available at the advanced registration or may be obtained online at www.onemountainfoundation.org/2013events.

Only a total of 100 children will be allowed to enter the rodeo. Advance registration is highly encouraged. For more information or questions, please contact Mr. Frank Mummert,

the Fishing Rodeo Director, at 717-794-2609 or via email at carriemummert@comcast.net, or visit the One Mountain Foundation website at onemountainfoundation.org.

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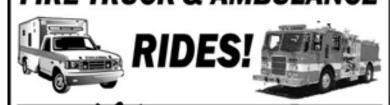
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COMPLEMENTARY CORNER

What's in your Qi account?

Tt's SPRING!!! Trees are produc-Ling leaves, flowers are beginning to grow and bloom, and animals are more active and giving birth to new generations. Overall, everything in nature is much more active. What you are seeing is the Qi (pronounced "chee") flowing through all living cre-

Frequently, when someone uses the word Qi, such as, "I don't have a lot of Qi today," they are implying that their "energy level" is low. However, Qi is a much bigger concept than just your energy to get through the day. Qi is translated to mean the Vital Life Force or the Universal Life Force that flows naturally through all things in the universe. It is what gives you LIFE!

This Qi or Universal Life Force flows through the body on specific energetic pathways called Meridians. When the Qi is balanced, moving smoothly, and in sufficient quality and quantity, health and wellness are promoted. When the Qi is unbalanced or blocked in any way, disease or dis - ease, will occur. This dis - ease may show up as symptoms

on a physical, mental/emotional, or spiritual level. It is important to realize that these symptoms are signals from the body, mind, and spirit that there is a Qi imbalance that needs attention. They are only the end result of a Qi imbalance, so the whole person needs to be addressed, not just the symptoms. In other words, the underlying root of the dis-ease needs to be addressed (issues with the person's Qi) rather than just treating the

So how can you keep your Qi balanced, moving smoothly, and in sufficient quality and quantity?

Build up the Qi in your Checking Account! Checking Account Qi? What is that? Let me use the following analogy to explain.

Imagine that you have a Savings account and a Checking account at your local bank. You pay your bills (debts) from the Checking account. Your Savings account is where you keep your money for "safe keeping," and you don't want this to diminish over time. You may even have overdraft protection, so that when you pay a bill with a check, your bank automatically transfers money from the Savings account to the Checking account so that the check does not bounce. Finally, if you want to have more money in your Checking account, you can either increase the amount of money that you make (and therefore, increase the dollar amount that you deposit into your Checking account), and/ or you can decrease your expenses (cut the number of bills, and debts that you may have).

Imagine that with regards to your Qi, you also have a Savings Account and a Checking Account. Your Savings Account Qi is the Qi that you are born with (your Inherited Qi). This is a finite amount of Qi that cannot be increased. It gradually diminishes over time as we age. This is analogous to a candle which, as it burns gets shorter and shorter. Your Checking Account Qi is the Qi that you create by the way that you live your life (your Acquired Qi). It is based on your lifestyle: your quality and quantity of sleep, the quality of the food that you eat, the amount of time that you work, the amount of time that you have leisure (and the ratio of work to leisure), the type and amount of exercise that you do, the amount of sex that you have, the quality of relationships that you have, how you handle daily stress, etc.

Your "energetic bills/debts" (which we all have at various degrees), are created by typical daily living, and poorer lifestyle choices. At first, the "energetic debts" may show up as minimal symptoms that come and go, but over time they progress to constant illness or disease that limits your normal functioning.

So, as with the actual bank Savings and Checking accounts, you pay your "energetic bills/debts" from your Checking Account Qi. And, this is one time when you DO NOT want overdraft protection! You want to keep your Savings Account Qi as "strong"

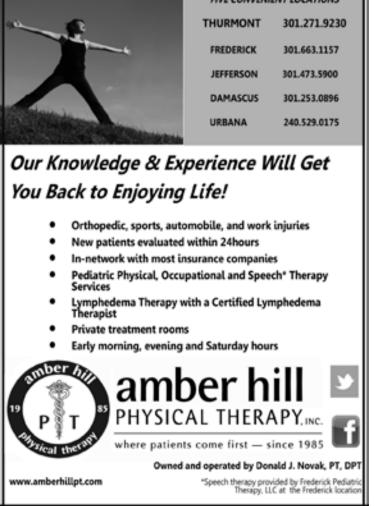
as possible, because when the Savings Account Qi is used up, you pass away. So how can you preserve your Savings Account Qi and build up your "energetic reserves" in your Checking Account Qi? As mentioned above, you can: 1) increase the amount of Qi that you deposit into the account (by improving the way that you live your life); and/or 2) you can decrease your "energetic expenses."

To keep your Checking Account Qi substantial: 1) Eat foods that are healing to the body. All foods have specific effects on our Oi when they enter the human body. 2) Eat cooked foods. This will decrease the amount of energy that the digestive system needs to digest foods. 3) Eat organic food because it has more vital energy than genetically modified foods. 4) Avoid excess fluids with meals, overeating, skipping meals, and eating while working. Less Qi will then go to paying "debts," and more of the Qi from the foods will go into building your Checking Account Qi. 5) Do activities that build your Qi, like yoga, swimming, walking, and Qigong. 6) Begin to cut some of your "energetic expenses" by: getting better quality sleep, removing non-essential activities from your "plate" that don't restore you, learning to handle your stress in a more productive way, taking time to "smell the roses" and consider increasing the amount of leisure in your life (if you are a worka-holic), and listening to your body (your body is wise).

Interested in learning more about having better health/wellness and building your Checking Account Qi? Consider being a participant in The Dragon's Way®. The Dragon's Way program is a six-week class that helps you to understand the miraculous complexity and delicacy of the body and the way it truly works, about how the organs should operate in harmony, and how Qi powers all its functions. This program provides a real owner's manual for the body. The main components and principles of the program are Wu Ming Meridian Therapy Qigong, an Eating for Healing Plan, and learning how your body works from the TCM (Traditional Chinese Medicine) perspective. If you are interested in learning how to increase your Checking Account Qi, please call Renee Lehman at the number given below. A new Dragon's Way class will begin on Wednesday, June 19th in Gettysburg.

Renee Lehman is a licensed acupuncturist and physical therapist with over 25 years of health care experience. Her office is located at 249B York Street in Gettysburg, PA. She can be reached at 717-752-5728.







FITNESS

Keep Moving Portion size can help!

Linda Stultz **Certified Fitness Trainer/ Therapist**

We, as a society of plenty, think bigger is better. That's not true when it comes to helpings of food. Advertisers today want you to think that they have the best deal so they make you want the larger meals to get your money's worth. Try this, super size the meal but share it with a friend. That way you are getting the best deal for the money and the best deal for your health.

More and more people are dining out because of the hectic schedules of work, school and

practices or meetings. You can eat out and still maintain a healthy eating plan. If you know there is more on your plate than you should be eating, put some aside, eat the correct amount and ask for a container to take the rest home. You can make two meals out of one, great money savings, you get a second tasty meal without going out again and, best of all, you are controlling your weight and food intake for a healthier you.

Eating meals at home should be the easiest to control, but sometimes portions can get out of hand there too. Fix a plate with a balanced variety of foods and don't go back for seconds. Take a hearty helping of vegetables and grains, a sensible helping of protein, a small amount of carbohydrates and use the fruit as your desert. Eat this amount slowly. Have a glass of water with your meal and give your body time to digest the food. Studies have shown that it takes about ½ hour to feel full. Eat small portions and get up from the table. Continue with your daily activities and you won't think about more food.

Childhood obesity is a huge problem in our country and is only getting worse. Children need to be guided in a healthy direction when it comes to food. Start them out as babies eating healthy foods and correct amounts. I know the old story of cleaning your plate. I don't believe in wasting anything, especially food so teach your child to take smaller portions right from the start. As they grow and need more food, instruct them on how to increase their portions appropriately. It is better to avoid second helpings to prevent overeating just because the food tastes good. Don't force them to clean their plates. If they do overload on something, put it in a container and they can eat it at another meal. That teaches them to only eat a sensible amount and still not waste the food just because it is too much for now.

If children start eating nutritious food from the start, they will make healthier choices all through life. This will also prevent the problem of being overweight because your choices of food are just as important as the portion sizes in maintaining a healthy weight. Even being overweight by 10 to 20 pounds can cause health problems later in life. Obesity starts slowly and creeps up on you before you know it. Keep your weight in check from the start and it will be easier to correct if it does get away from you for a short while. If your weight has

already increased beyond a few extra pounds, don't panic. Get help from your doctor, family members, a trainer or a weight management program. There are new programs and weight loss plans coming out everyday. Not all plans will work for everyone. Do your research and think about your lifestyle then choose the one that will fit best into your life. You don't have to give up all your favorite foods or going out to eat, just make some changes and see how your weight can go down. The most important thing to remember is that the weight did not accumulate overnight and it is not going to go away overnight. There are NO QUICK FIXES! Don't get discouraged, you can improve your health and lower your weight. Portion size and exercise are the two best ways to achieve your goal.

For more information, please call me at 717-334-6009.

Fitness Matters

Renee Lawyer Anytime Fitness Club Manager, **Personal Trainer**

Question: I love fast food, but I am trying to lose weight and improve my health. Is it okay to eat fast foods while on a diet program?

Answer: Yes, but as always, there are a few important points to keep in mind. We all know fast food isn't necessarily the healthiest meal in town, but we also know that setting realistic goals is an important component of any successful weight loss program. Therefore, it doesn't make sense to completely deprive yourself of fast food, especially if it's appropriate for your specific situation. In other words, if you're crunched for time, fast food may be the only reasonable option. That said, if an occasional trip turns into four or five weekly trips, your weight loss efforts and health goals will likely suffer as a result. The key is to become a savvy shopper and watch out for calorie-laden foods with added sugars, sodium, and fat. Look for a Nutrition Facts pamphlet in local restaurants and educate yourself on their menus. If you make the effort, you'll be able to find a sensible meal no matter where you go. Remember, balance, variety, and moderation are the words to live by when it comes to food. If you apply these principles regularly, you won't have to sacrifice your health and wellness goals when eating out.

Question: I've heard some people say dieting just doesn't work, and that you should focus on exercise if you want to lose weight. Is this true?

Answer: No, this is simply not true. If you've ever looked at food labels and compared them to the calorie counters on your exercise equipment, you'll likely come to some startling conclusions. It is much easier to decrease your calorie intake by 300-500 calories per day than it is to expend that many more calories each day through exercise. Researchers have addressed this issue as well, and it is generally accepted that diet is the more important variable when it comes to weight loss. Exercise is still beneficial however, and actually plays a much more prominent role in weight maintenance. Here's the bottom line... incorporate both healthy eating and exercise no matter where you are in the weight loss process.

Question: My wife thinks she'll get big and bulky if she starts lifting weights with me. How do I convince her otherwise?

Answer: This comes up all the time, and it's one of the biggest myths out there. First of all, women simply don't have the proper hormon-

al balance to put on large amounts of muscle tissue. Secondly, even if they did have the right physiology, it would take some serious training to do it. Getting bigger muscles requires high-volume workouts (lots of sets and repetitions) and a pretty high intensity level as well. Picking up a few weights here and there isn't a recipe for building mass it's what you do and how you do it that really makes the difference. Remind your wife that weight training programs can always be tailored to specific goals, so if she doesn't want to put on large amounts of muscle, that's just fine. Generally speaking, a full-body circuit with higher repetition ranges a few days per week would work well if she's just looking to tone up or maintain her current level of muscle tissue. If she wants to get an individualized program based on her goals, look for a qualified personal trainer in your

About the author: Renee Lawyer is the Club Manager and Personal Trainer at Anytime Fitness Thurmont. To submit a question for future articles, please contact the author at ThurmontMD@ anytimefitness.com.









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ASTRONOMY

The night sky of May

Professor Wayne Wooten

or May 2013 , the last quarter moon rises about midnight on May 2nd. The Eta Aquarid meteor shower, debris from Halley's Comet, peaks on the morning of May 6th, with the almost new moon not a problem; this shower typically produces a meteor every two-three minutes from the south east. This new moon produces an annular solar eclipse for the South Pacific and Australia on May 10th. The waxing crescent moon passes 2 degrees south of Jupiter in western twilight on May 12th. The first quarter moon is high overhead at sunset on May 18th. The waxing gibbous moon passes three degrees south of Saturn on May 24th, and the following evening is the Full Moon, the Rose or Strawberry Moon. The last week of May finds the moon waning in the morning sky, with the moon reaching the second last quarter of May on the 31st.

Mercury and Venus come out into the evening sky after sunset this month, and join Jupiter for a spectacular conjunction on the evening of May 27th. Venus will be the brightest of the trio, with Jupiter just to the left of it, and Mercury, faintest of the three, above Venus. This will be a great

Serving the area



The M-13 globular cluster is faintly visible with the naked eye.

photo op about 45 minutes after sunset, but if also is a final chance to see the giant planet Jupiter before it gets lost in the sun's glare in early June. Venus however will be visible as the "evening star" for the rest of the year, getting higher in the evening sky; at the end of May, it will a tiny telescopic disk, 96% illuminated, but only 10" across. It will get bigger as it overtakes the earth in the next several months, but will wane in its phase as we see more and more of its night side.

Mars is behind the Sun this month, but returns to the morning sky by July. Saturn is the brightest object in the southeast as darkness falls; it lies east of the bright star Spica in Virgo feet now. It is up all night, having reached opposition on April 28th. Its rings are now opened up to 18 degrees, much more visible than when they were edge-on during 2010's Saturnian Equinox.

You may also see some belts and zones on the planet's disk. The largest moon, Titan, will be seen in any small telescope, but others will need larger scopes to spot. As the planet is not now as bright as when the bright rings are tilted more open at solstice in 2017, up to six moons may be spotted with an eight inch telescope.

The winter constellations will soon be swallowed up in the Sun's glare, but Orion is still visible, with its famed Orion Nebula, M-42, seen below the three stars marking his famed belt. Dominating the southwest is the Dog Star, Sirius, brightest star of the night sky. When Sirius vanishes into the Sun's glare in two months, this sets the period as "Dog Days".

The brightest star in the NW is Capella, distinctively yellow in color. It is a giant star, almost exactly the same temperature as our Sun, but about 100X more luminous. Just south of it are the stellar twins, the Gemini, with Castor closer to Capella, and Pollux closer to the Little Dog Star, Procyon.

Overhead, the Big Dipper rides high. Good scouts know to take its leading pointers north to Polaris, the famed Pole Star. For us, it sits 30 degrees (our latitude) high in the north, while the rotating earth beneath makes all the other celestial bodies spin around it from east to west. If you drop south from the bowl of the Big Dipper, Leo the Lion rides high. Note the Egyptian Sphinx is based on the shape of this Lion in the sky.

Taking the arc in the Dipper's handle, we "arc" SE to bright orange Arcturus, the brightest star of spring. Cooler than our yellow Sun, and much poorer in heavy elements, some believe its strange motion reveals it to be an invading star from another smaller galaxy, now colliding with the Milky Way in Sagittarius in the summer sky. Moving almost perpendicular to the plane of our Milky Way, Arcturus was the first star in the sky where its proper motion across the historic sky was noted, by Edmund Halley. Just east of Arcturus is Corona Borealis, the "northern crown", a shapley Coronet that Miss America would gladly don, and one of few constellations that look like their name. The bright star in the crown's center is Gemma, the Gem Star.

Spike south to Spica, the hot blue star in Virgo, then curve to Corvus the Crow, a four sided grouping. As noted earlier, Saturn is the only planet now in the evening sky, and is located to east of Spica, and more yellow in color and slightly brighter than Spica as well. Our large scopes will show members of the Virgo Supercluster, a swarm of over a thousand galaxies about 50 million light years away from us. And the feet of Virgo are home to the ringed wonder Saturn for the next several

To the northeast Hercules rises, with his body looking like a butterfly. It contains one of the sky's showpieces, M-13, the globular cluster faintly visible with the naked eye. Find it with binoculars midway on the top left wing of the cosmic butterfly, then take a look with a larger telescope and you will find it resolved into thousands of stars! This fine photo shows how it looks in an eight inch telescope. It will be a highlight of our stargazes over the next several months.

Farmers' Almanac

"A mother is a person who seeing there are only four pieces of pie for five people, promptly announces she never did care for pie".

—Tenneva Jordan (1904-1988)

Tid-Atlantic Weather Watch: Periods of showers, storms, and warmer temperatures (1,2,3,4,5)turning fair and warm (6,7,8,9). More showers and STORMS (10,11,12) with cloudy skies and warm (13,14,15,16,17,18). Showers in the northern part of the region with STORMS in the southern part (19,20); fair and warmer (21,22,23,24,25) with yet more showers and some STORMS in the south (26,27). The month ends with fair weather and very warm (28,29,30,31).

Full Moon: May's Full Moon will occur on May 24th and has naturally been referred to as Flower Moon or as the Huron Indians called it, BUDDING MOON because of the many flowers that start to emerge and blossom during the month. Farmers came to refer to it as Milk Moon because of the noticeable increase in milk production as the weather warms.

Special Notes: Some very special days to mark in the month of May include National Day of Prayer (Thursday, May 2nd), Cinco de Mayo (Sunday, May 5th), and World No Tobacco Day (Friday, May 31st).

Holidays: Ascension Day falls on Thursday, May 9th. Mothers are honored on Mother's Day which falls on Sunday May 12th (The first observance of Mother's Day was on May 10, 1908 during church services in Grafton, West Virginia and Philadelphia, Pennsylvania). Make her day with a small gesture of appreciation, be it a sentimental card, flowers, or a nice dinner out. Armed Forces Day is Saturday, May 18th, Trinity Sunday is May 26th, and Memorial Day falls on Monday, May 27th. Have fun and start off the 2013 summer season with a barbeque, family picnic, or outing but do not forget those who have served and are still serving in our armed forces. Remember the sacrifices they make every day in order to protect our way of life.

The Garden: Warm season crops can be planted now that the ground temperatures approach 70 degrees Fahrenheit. Go ahead and put out Okra, Pumpkin, Sweet Potatoes, Eggplant, Peppers, Peanuts, Watermelon, Cow Peas, Black-eyed Peas, Crowder Peas, Butter Peas and But-

Start seeds for squash and melons but hold off transplanting them until the end of the month to avoid any infestation of squash bugs and borers. Begin pinching annuals and perennials so the plants fill in and produce more blooms. Prune evergreens when the new growth starts to turn a darker shade of green. Also, prune stone fruits (cherry, almond, peach, nectarine, plum) at bloom time. Plant balled and burlapped shrubs any time the ground can be worked. To minimize weed growth and to help retain moisture after watering or rain, apply mulch around the shrub at lease to 2 to 3 inches deep making sure that the mulch stays a few inches away from its base. Fertilize existing, spring-flowering shrubs in late spring after they finish blooming. Hold off on mowing the lawn for the first time this season until it reaches a height slightly higher than recommended.

J. GRUBER'S THOUGHT FOR TODAY'S LIVING

"There's more to be learned by listening closely and keeping an open mind, even though you often do not agree with the speaker."



COMPUTER Q&A

Kids klutter How to let your kids use the computer without them destroying it

Aysë Stenabaugh (Jester's Computer Tutor)

onths ago when my Mother **L**gave my son a laptop computer to use I promptly created a limited user account to prevent my son and daughter from being able to create chaos on the computer. Eventually I gave my son the password so that he could log on the computer himself. Finally today I used the computer for something only to find that about 20 applications that were junk and un-needed were installed by the kids due to me giving them the password.

It took me about an hour to get the computer running better and get all the junk they had installed on the computer off.

The truth is all this could have been avoided. Anyone who is allowing a small child, or someone who is less familiar with computers, can benefit from using a limited user account. By creating a limited user account you can ensure that what the limited user does while under their own account will not affect other user profiles on the same computer.

Since a limited user account is basically just an account with limited permissions not all things will be accessible without the administrator password. You must have an administrative account user created before you can create a limited user account. You will want to make sure to create a password for the administrative account that other users will not be able to guess. Otherwise, limited users can access the administrative account and disable enable administrative privileges on the account that you want to be limited.

Another great tool to integrate is Windows Family Safety or Parental Controls.

Windows Family Safety is a free program that can be downloaded on your computer.

Windows Vista users can search online for Windows Family Safety Windows Vista.

To download Windows Family safety for Windows 7 or Windows 8 you can search for Windows Family Safety Windows 7 (or 8).*

*Note: After you start your download you will have the option to download Mail and Writer as well. If you do not want these programs you will need to uncheck the box beside the install options.

Parental Controls is an add-in that allows an administrator to set certain controls for limited user accounts. Parental controls can be found in Windows Vista, Windows 7, and Windows 8. Some of the limits that can be set include blocking website access, time restrictions, blocking specific programs, and blocking content based on its rat-

To find out how to download and install parental controls you can search the web for Parental Controls Windows (Vista/7/8)

Filtering the web

If your concern is that your child will come across some inappropriate content there is a free tool available for personal users. K9 Web Protection is a free service that allows you to set rating and content restrictions on websites. This tool even allows you to set time limits or time restrictions! You can find this software free at www1.k9webpro-

For more information on using these products be sure to visit Jest-



er's Computer Tutor's blog at www. thecomputertutor.info/blog here you will also find links to the above software.

Of course if you ever want these setup for you or ever need a computer class to get some assistance in setting restrictions or how to monitor activities please contact Jester's Computer Tutor at (717) 435-7463 for help! For a special discount complete our technology survey at www.thecomputertutor.info/survey or you can visit our website at www.thecomputertutor.info or like us on Facebook to receive free tips and tricks! You can contact the tutor via email at help@

the computer tutor. info

If you are in need of PC computer repair or services please visit Jester's Computer Services located at 5135 Fairfield Road, Fairfield, PA. You can reach Jester's Computer Services by phone at (717) 642-6611 or send an email to: customerservice@jesterscomputers.com.

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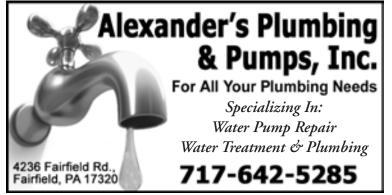


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UPCOMING EVENTS

May 3

St. Francis Xavier Parish's First Friday Dinner at Xavier Center, 465 Table Rock Road, Gettysburg. For more information call 717-334-4048.

May 4 - 6

58th Annual Apple Blossom Festival - Sponsored by the Adams County Fruit Growers As-South Mountain sociation. Fairgrounds, Biglerville more information visit www.appleblossomfestival.info.

May 5 & 19

St. Anthony Shrine's yard sale and flea market. Location at the corner of U.S. 15 and St. Anthony Road. For more information please call.

Hollabaugh Brothers' Farm Market Cystic Fibrosis Foundation event. This annual event raises money and awareness on behalf of 2-year-old Gage Cordero. 545 Carlisle Road, Biglerville. For more information call 717-677-8412.

The Adams County Arts Council Spring Tea at the Arts Education Center, 125 S. Washington Street, Gettysburg. For more information call 717-334-

The Eta Aquarid meteor shower, debris from Halley's Comet, peaks in the morning - with the almost new moon not a problem;

this shower typically produces a meteor every two-three minutes from the south east

May 10

Carroll Valley Citizens Association's golf tournament - proceeds to benefit the Carroll Valley July 4th Celebration. For more information call Charles Dalton at 717-420-0744.

May 11

Sarah's Garden Social, Harriet Chapel, 12625 Catoctin Furnace Road, Thurmont. Come join us for our annual garden social featuring crafts for moms.

Catoctin Furnace Historical Society's Traditional Spring in the Village at the Collier's Log house located at 12607B Catoctin Furnace Road in Catoctin Furnace. The public is invited to visit the log house which will be decorated with Spring flowers, plants and herbs and filled with traditional crafts and call 410-243-2626 or visit www. catoctinfurnace.org

Creagertown's St. John's Lutheran Church Community Dinner. For more information call 301-898-5290.

Strawberry Hill Nature Preserve presents Edible Wild Plants Series, Part 1: Identification at the Penn State Extension of Adams County, Ag Center. For more information call Kay Deardorff at 717-642-5840 or visit www.StrawberryHill.org.

May 12

Catoctin Mt. Parks Spring Wildflower walk at the Owens Creek Picnic Area.

Tanevtown's St. Joseph's Catholic Church Mothers' Day "all you can eat" country style breakfast buffet at Church social hall, 44 Frederick St., Taneytown. Sponsored by: St. Joseph's Knights of Columbus council 11631.

Strawberry Hill Nature Pre-

Walk at the Preserve. Treat Mom to a guided hike through the Preserve. For more information call Kay Deardorff at 717-642-5840 or visit www.StrawberryHill.org.

Music Gettysburg presents the Gettysburg Chamber Orchestra. For more information call 717-338-300 or visit www. musicgettysburg.org.

May 13

Union Bridge Fire Company's Cash Bingo. For more information call 410-775-7891.

May 18 & 20

Auditions for the Thurmont Thespians summer musical "Honk!" for children aged 7-13. The show is a retelling of the beloved Hans Christian Andersen fairy tale "The Ugly Duckling." Honk! is a great reminder of all the things we hope kids learn--accept others for who they are, not what they look like, remember that being different is okay,

and remember that out there somewhere, someone's gonna love you -- warts and all! For more information about Honk Auditions please e-mail director Beth Watson at beth.watson@myactv.net or call 301-416-0864.

May 19

Fairfield Fire Company and EMS Day. For more information visit www.fairfieldfire-ems. org.

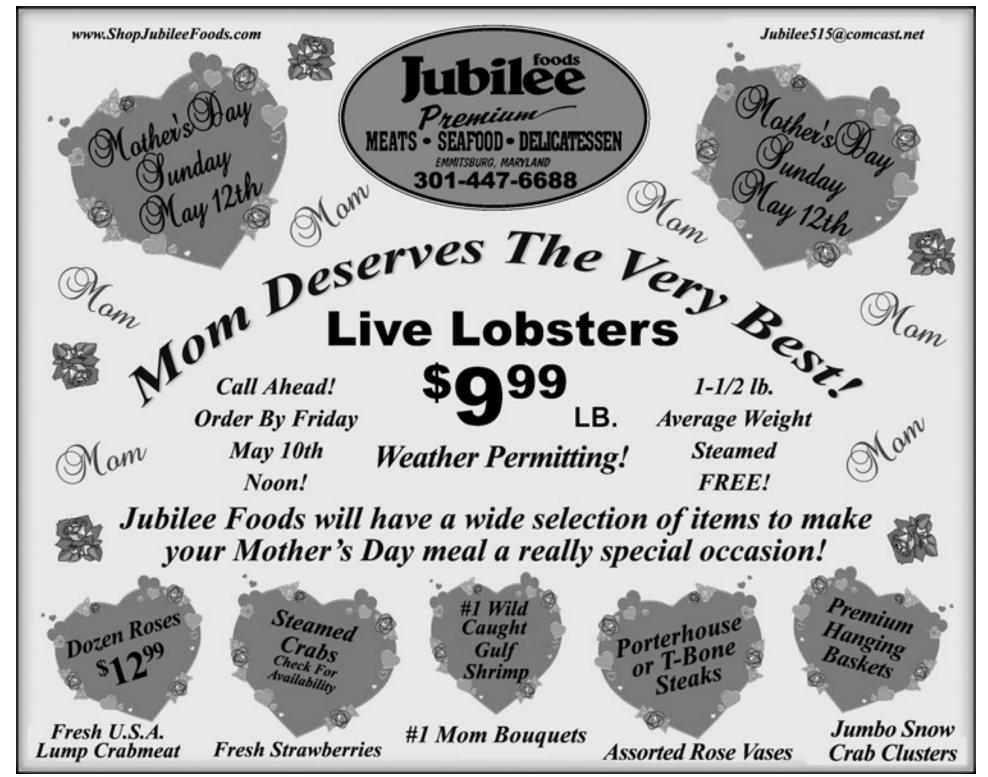
May 23 - 25

Saint Anthony Shrine Yard and Bake Sale. For more information call Helen Reaver at 301-447-6431 or the parish office 301-447-2367.

May 27

146th Annual Gettysburg Memorial Day Parade and Ceremonies. The annual Service at the Soldiers' National Monument in the Soldiers' National Cemetery will follow at 3:00 PM.





MOUNT ST. MARY'S UNIVERSITY

GROTTO VISITOR CENTER To open june 1

The Richard and Mary Lee Miller Family Visitors Center at the National Shrine Grotto of Our Lady of Lourdes will open to the public on June 1. An afternoon Mass will be held.

The Miller Family Visitors Center will serve more than 400,000 visitors who visit the Grotto each year. The 4,000-square-foot facility houses administrative offices, a gallery, gift shop, and museum depicting the history of the Grotto—the oldest known American replica of the Lourdes Shrine in France.

"We have a glorious national shrine on our campus and now we are blessed to welcome visitors with this breathtaking new center," said President Thomas H. Powell. "The generous gift from the Miller family not only enhances the Grotto's historical landscape but also makes it a year-round destination spot for the community."

Richard Miller, graduated from Mount St. Mary's University in 1974, with a degree in business, and earned his MBA from Southern Illinois University. Today, he is the chief executive officer of Virtua—a non-profit, multi-hospital healthcare system headquartered in New Jersey. Chosen by more patients than any other healthcare provider in South Jersey, Virtua is one of the area's largest employers — employing more than 8,000 clinical and administrative personnel, and more than 1,800 physicians serve on the medical staff. It has been recognized six years in a row as the "Best Employer in the Delaware Valley," by the *Philadelphia Business Journal*.



CALENDAR OF EVENTS

Mount Ensembles Concert

May 1, 4 p.m.

Terrace Gazebo

Come outside and celebrate May Day with a short outdoor band concert! Experience music the way your grandparents did—a small band playing standards in a gazebo. A special appearance by the Flute Choir will open the program.

Student Instrumental & Vocal Recital

May 1, 7:30 p.m.

Knott Auditorium

Please join us for our end of the semester student instrumental and vocal recitation.

Senior Art Show II

May 2, 5 p.m.

Williams Art Gallery, Delaplaine FAC

The senior student art show is the thesis exhibition for graduating visual artists.

The following Art Seniors will be presenting their works:

- Lauren Dillon
- · Elizabeth Guevremont

A Race to Wonder: Ode to Joy

May 4, 8 p.m.

May 5, 4 p.m.

International Community Church, 123 Byte Drive Frederick, MD

The Mount Chorale is the host choir for this program, which includes Beethoven's Ninth Symphony. The Chorale joins the Beethoven Festival Chorus, under the direction of Mount Professor Dr. Andrew Rosenfeld.

- Festive Overture, Op. 96, Dmitri Shostakovich
- Symphony No. 8 in B Minor, D. 759 "Unfinished,"
 Franz Schubert
- Symphony No. 9 in D Minor, Op. 125, Ludwig van Reethouse.

Elisa Koehler, Music Director

Andrew Rosenfeld, Choirmaster

Tickets: \$20/Adults, \$15/Seniors, \$10/Students For more information, 301-447-5308

www.fredericksymphony.org

Baccalaureate

May 11, 4 p.m.

ARCC Fieldhouse

A celebration of for all graduates and their families, which includes a Baccalaureate Procession, Liturgy, a dinner and a slide show.

Commencement

May 12 (All Day)

ARCC Fieldhouse

Commencement includes a full Mass and ceremony to celebrate the great accomplishments of the Mount's graduating seniors. There will be LiveStream Coverage of the Commencement Exercises beginning at 9 a.m. Please visit www.msmary.edu for more information.

Elizabeth DiNunzio Memorial 5K Fun Run/Walk.

June 1, 2013, 10 a.m.

PNC Athletic Complex

For more information and to register, visit

www.msmary.edu/race

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