

VOLUME 3, NO.8 • WWW.EMMITSBURG.NET • WWW.MYFAIRFIELD.NET • AUGUST 2011

NEWS

It's South Mountain Fair Time! This 89th annual fair highlights the agricultural industry in this area. Page 4

Off Broadway at Carriage House Inn

Gettysburg: The Musical is a musical history lesson that will leave you knowing a little more about the Battle. **Page 4**

COMMENTARY

View from the Track

Get involved at the local level to demonstrate that you can make a difference! **Page 10**

Down Under

The word "cabal" has come to mean a group of men who work together in secret to create or establish something they wish to bring about. **Page 11**

ARTICLES

The Book of Days

Superstitions and sayings regarding the moon and the weather. **Page 13**

In the Country

A look at invasive plants crowding out our native plants and how to control them. **Page 15**

Pets Large & Small

He's got one soul he confides in – and she seems to understand. Her name's Copper. **Page 18**

The Master Gardener

Gardening in the Dog Days of Summer. **Page 20**

Cold War Warriors

The Air Force wanted something really simple and reliable - something as simple as "light fuse and get away." **Page 26**

JOURNALS

The Retired Ecologist

We are in the middle of the ancient season that the Romans used to

Emmitsburg to hold elections

The Emmitsburg town election will be held Sept. 27 with residents voting for who will fill the seats currently held by Emmitsburg Mayor James Hoover and Town Counsel President Chris Staiger. While both men have announced their intention to run for re-election, as of July 26, no one had yet officially filed.

"I think a lot of people are capable of serving," Staiger said. "I just don't think many of them want to take the time to get involved with town government."

Hoover will be running for his fourth term in that position. Staiger will be running for his third term as a town commissioner and he said that he is pleased to see that a lot of the burning issues when he ran previously have been put to rest. He is looking at the issues that will need to be dealt with in the future. He said that the town needs to do a better job with economic development and not leave local businesses to shoulder that burden. "We've got to make this a place where people want to come to do business," he said.

Town residents are going to see

an increase in their sewer tax rates during this next term. The State of Maryland mandated that the town upgrade its sewer facilities, a project that is estimated to cost around \$20 million. While the state "Flush Tax" is paying for 75 percent of the project, the town has to fund the remaining \$5 million or so.

"We're going to need to collect an additional \$400,000 to \$450,000 a year in sewer fees. That means our rates will increase and we have to increase the rates at all levels as a condition of our getting the grant funding," Hoover said.

The next Mayor and board of commissioners will have to finalize the rates and put them into effect. They will also have to deal with the complaints that will likely come from residents who are shocked by their increased bills. Construction on the project is expected to begin in 2012.

The town's property tax rate has remained at its current level since 2002. While this is good news for residents, it has meant that the tax revenues have decreased as proper-



ty values have fallen. This has led to decisions about trimming and cutting to create a balanced budget each year. One such decision was to reduce the number of community deputies from three to two.

Staiger noted that while the board's decision was unanimous, it has been somewhat controversial in the community. While the decision has already been made, he said that he is not averse to having the community create a ballot initiative about whether the town should have a community deputy at a cost of five cents more in their property tax rate or maintain the two deputies.

The last day to file to run for either mayor or commissioner this year is Aug. 29. The last day to register to vote in this year's election is Sept. 2. Candidates for election must be Emmitsburg residents and registered voters in the town. Emmitsburg has around 1,500 registered voters, though only about 12 percent of that number vote (based on election numbers from 2000 to 2010).

The Mayor draws a salary of \$8,000/year while commissioners are paid \$4,000/year.

Pippinfest committee gears up

The St. Mary's Church Men's Club used to fundraise by selling pit beef and ham sandwiches at the annual Pippinfest in Fairfield. Last year, the group decided to pass working the festival.

"Each year the amount of the money we made went down and down," a representative from the group told the Pippinfest Committee.

He said it had gotten to the point where the club would raise more money with less work hosting a spaghetti dinner than running a booth for Pippinfest. approve all of them. That was a tough decision, too, because they didn't want to turn vendors away, especially if they had been part of previous shows. It's all part of rebuilding the festival, though.

"This is going to be a rebuilding year," Thomas said. "You don't want to tell people, 'no,' but we're looking to get back to where we were."

Pippinfest began in 1980 as a one day street festival. Nowadays, it is a two-day event full of crafts, yard sales, live music, food, demonstrations and other events. It typically at-



call dies caniculares, better know as the Dog Days of Summer. Page 14

The Graduate

It is my last month before I join the ranks of America's working force and begin my full-time job teaching at Delone Catholic High School. **Page 33**

In My Own Words

It's pregnancy and no, you can't catch it. **Page 34**

Simple Servings

During these hot-as-Hades summer months, rotisserie chickens are hands-down the best friends a man could ask for. **Page 36**

Complementary Corner

Life lessons that we can learn by observing the Sheng and Ko cycles within nature and ourselves. **Page 42** It's not the first time that members of the committee had heard that comment. It is something that worries them because bad weather and a poor economy has hurt festival attendance in recent years so the committee doesn't want to take actions to add to that.

"We're trying to get it back to the way it used to be," said Chairwoman Sally Thomas.

Pippinfest used to be a Main Street festival that featured hand-crafted items. However, over its 31 years, more and more booths have been moved off Main Street and nonhandmade items started appearing at booths.

By the middle of July more than 50 vendor applications had been received, though the committee didn't tracts 12,000 to 15,000 people over the weekend.

"When Pippinfest started, it was to be a venue for community groups to have a showplace and raise money," Thomas said.

Though the committee had to turn down some vendors when reviewing applications, they were pleased to see a number of new vendors applying who had products that fit into the Pippinfest goal. These include a maker of wooden bowls and pots, a man who makes furniture from recycled wood, and a face artist. They have even approved a new food vendor who will be selling Thai food. St. Mary's Men's Club will also be back with their pit beef and ham. The committee also agreed to try out some new entertainment in the form of a stiltwalker and clown who will be on the street on Sunday, Sept. 25 from 11 a.m. to 2 p.m.

"It adds a kind of festive atmosphere," said committee member Linda Junker.

The apple dessert bake-off contest will also be returning to Pippinfest after its successful reintroduction last year. The bake-off is something that hadn't been done at Pippinfest since the early years of the fall festival.

The Pippinfest Committee also pushed for a couple of administrative

changes in the hopes of improving attendance. There is no longer a permit fee for property owners who want to have a yard sale, though Saturday continues to be the yard sale day at the festival. Also, property owners who aren't business owners can use their residence to set up a booth on Sunday and pay just \$30 or half of the regular vendor fee.

Pippinfest will be one Sept. 24 and 25 this year. For more information about the festival, visit www.pippinfest.com.

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NEWS

Around the Borough

The realities of trying to Jon Van Volkenburgh. stretch the current and expected revenues for the Borough of Carroll Valley were brought up in a number of issues that the Carroll Valley Borough Council had to address during its monthly meeting on July 12.

Cardinal Trail will be repaired All but two of the homeowners along Cardinal Trail showed up at the council meeting to find out why their road had not been repaired since it was damaged during the borough's April 16 flooding.

Resident Debbie Jones, speaking on behalf of the residents, said that the road closure is causing a number of safety concerns. Fire and EMS equipment will have trouble reaching homes on the trail. Because school buses can't travel on the trail, there is also concern about having children walk to the end of the road before they can be picked up.

Repairs to Cardinal Trail for flood damage are estimated to cost around \$42,000. It is part of about \$150,000 in flood damage costs that the council must find a way to pay for.

"We recognize the need to fix the road and we just don't have the money," Council President

"We look at Cardinal Trail as being the priority thing we have to do and we'll get it done as soon as possible," said Councilman Ken Lundberg.

Borough Manager Dave Hazlett told the council he is seeking a more-detailed estimate that will come in lower than the rough estimate the borough used when applying for aid from FEMA.

"The delay to this point was we were really hoping for federal money," Hazlett said.

Because other areas either did not receive as much flood damage or did not apply for disaster funds, the region's total aid request did not reach the threshold required by the federal government.

Borough is \$88,000 in the hole Councilman Bill Reinke gave the council a mid-year update on the borough's budget.

"What was a balanced budget in January is \$88,000 in the red now," Reinke said.

In addition, the borough goes into each new calendar year with leftover funds from the previous year's budget. This is needed to run the borough until the new year's revenues begin coming in.

Currently, the borough has only half of the needed cushion.

In order to save some money, the Borough Finance Committee recommended that Creek View Trail, which was also damaged during April's flooding, was estimated to cost around \$34,000 to repair. However, if the trail was left as a gravel road, the costs of repair would be significantly reduced and the trail could be reopened. The trail can then be given a better surface at a later time when the funds exist.

The council agreed to this recommendation, but they were more divided over a second recommendation to re-explore selling off borough-owned properties to make up for revenue shortfalls.

Lundberg said, "It will be several years before those lots are attractive to anyone."

Police staffing in jeopardy

The Carroll Valley Police Department needs \$12,500 currently in order to continue its current staffing levels. This would allow the department to continue funding half of a full-time equivalent position.

The council decided that, given the borough's current funding needs, it would be impossible to

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come up with the needed money. Van Volkenburgh said that the borough might be able to come up with \$9,000 but \$88,000 would need to be found first in

order to make up the borough's current operating deficit. The council directed Hazlett to look over the borough budget and see if the funds could be found.

Fairfield Notes

airfield Borough Council President Patricia Smith swore in the newest member of the council during the council's monthly meeting on July 26. Amelia Rodriquez is filling the council seat held by Ron Shanks who moved to Tennessee earlier in the year and had to resign from the council.

Shanks receives recognition of service

Former Fairfield Councilor Ron Shanks was presented with a plaque from the Fairfield Borough Council on July 26. Shanks, who was visiting in town attended the council meeting and was given a plaque that thanked him for "four decades of civic leadership and service."

Municipalities reach agreement on workers' compensation

The municipalities that are served by the Fairfield Fire and EMS companies met in July to hash out a new agreement on how much each municipality would pay for the company's workers' compensation premiums. Previously, it had been paid based on census counts that are now outdated.

Carroll Smith, Councilor who represented Fairfield in the discussion, said that there would be two agreements, one for the fire company and one for EMS. Also, rather than population, the percentage paid of the workers' would be based on the number of first response calls the companies responded to in each municipality with a recalculation to be made every three years.

"There were no major disagreements with anything," Smith said.

Also, during the discussion it was discovered that a portion of Franklin Township was part of the first response territory for Fairfield Fire and EMS and yet, the municipality had not contributed anything to the fire company. This is something that will be changing.

Around the Town

The Town of Emmitsburg got community deputies last month, **I** some unexpected savings in its budget on July 18. The town controversial. commissioners had voted to re- Tim O'Donnell wanted to conduce the town's three community deputies by one this budget year. Because of contractual concerns, the change was not supposed to become effective until late December. However, one of the community deputies, retired on July 20 and Frederick County Sheriff Chuck Jenkins offered to end the contract then without the town incurring any penalty. This will save the town around \$55,000 that it would have needed to pay for the third deputy through December.

this decision was somewhat more Commissioner tinue with the third deputy with the hopes of finding other funding, such as grants, to help continue the position.

on public streets and left without any intent to move them. Allowances and conditions were also made to allow trailers to be parked on private property, whether it is a residence or construction site.

- When your dog barks, check it out.
- If something doesn't feel right, call the deputies for help.

Town Manager Dave Haller also

The town will be sponsoring some community pool parties this summer on August 5 and 19 at the town pool.

The free summer concerts will also be going on this month. Drugstore Cowboys will be playing on August 9 and the Fairfield High School Show Choir will perform on August 23. The free concerts will be at the Community Park bandstand.

It also saves the sheriff the problem of having to convince a deputy to accept a six-month assignment.

Though the commissioners had been unanimous in their decision to reduce the number of

However, Commissioners Patrick Joy and Cliff Sweeney disagreed. They felt comfortable that the town would still have enough police coverage. The vote was 2-1 to go ahead and terminate the contract effective July 20.

Trailer ordinance updated

The Emmitsburg Town Commissioners updated the town trailer ordinance to modernize it and make it more suitable to the town's needs.

Town Planner Sue Cipperly told that the commissioners that the goal of the ordinance was to keep trailers from being parked

The commissioners will vote on the final changes during one of their August meetings.

Main Street crime being addressed

Commissioner Tim O'Donnell told the town council that he had been hearing from residents that they were concerned about a rash of break-ins along Main Street.

Deputy Mackley told them that one arrest had been made with the help of a U.S. Marshal. The deputies believe that that arrest should yield useful intelligence for additional arrests.

Mackley also gave residents some tips for how to prevent themselves from becoming victims.

• Lock your car and home doors.

noted that vandalism in the town parks had been on the rise, too. Mackley said that the deputies would keep an eye the situation.

Upcoming town events



NEWS

News Briefs

Emmitsburg seeking election judges

The town of Emmitsburg is seeking election judges to work the day of the town election on Tuesday, Sept. 27. Three election judges and one alternate judge are needed to work from the time the polls open until after the votes are counted and the winners announced. All judges need to be registered voters in Emmitsburg. Judges are paid for the work they perform.

Fairfield Fire Company accused of wrongdoing and replaced

Members of the Fairfield Fire Company voted last month for new officers to lead them. The new officers are Chief Kevin Koons, Deputy Adam Jacobs, Assistant Chief Dave Millstein, EMS Captain Kip Hamilton, EMS Lieutenant Neal Abrams,

Vice President Robert Fitez, Director Doug Tompko, Director Gayle Marthers and Acting President Bill Jacobs.

The action was brought about after three of the former officers were accused of actions that were not in the best interest of the company and its membership. EMS Captain Roy Kent, Chief Adam Brown and President A.J. Aldrich were all removed from their positions during a closeddoor, executive session. The Fairfield Fire Company's Board of Directors sent a letter to the company members, listing the wrongdoings of the officers and asking the members to remove them from office.

James Hammett, Neal Abrams, H. Lawrence Schneider, Kip Hamilton, William Jacobs, David Millstein and Chuck Schussler wrote the letter that

claimed that EMS staff was committed to cover Bike Week events for a "shameful donation/ cheap price." The reason the action was considered reason to remove Kent from office is because he is also a member of the Bike Week staff, which constitutes a conflict of interest, and the decision to work the events was not authorized by the company membership.

Kent and Aldrich demoted and reduced the pay of EMS Supervisor April Bowmaster with any supporting documentation, which could be a violation of state law, according to the letter. Not only did Bowmaster have excellent performance reviews, the entire board of directors is the responsibility of the full board of directors.

Other complaints include doing things to make the paid staff quit, not completing tax firms, showing poor leadership, lying about public statements and sabotaging equipment. (See Kip Hamilton's View From the Track for more details.)

First Gettysburg Bike Week in Fairfield goes well

The first Gettysburg Bike Week to be held in Fairfield went fairly smoothly with only four arrests made in Carroll Valley and Fairfield for DUI. Thomas Matthew Weiss, 37, of Baltimore, Md.; Robert C. Strausbaugh, 55, of Fairfield, Pa.; Michelle Nicole Friend, 22, of Frederick; and Ashley N. Rice, 24, of Biglerville, Pa., were arrested in four separate incidents for DUI and a variety of other charges.

The DUI drivers were taken to Gettysburg Hospital for blood alcohol or drug tests and released to responsible parties.

"We did prepare for the Bike Week event occurring closer to the Fairfield/ Carroll Valley area this year," said Chief Richard Hileman, II. "We weren't sure how much more traffic and so forth we might experience. While we did experience an increase in traffic especially on Saturday, for us it went fairly smoothly."

Hileman also added that only one of the arrests came from a Bike Week event.

"Local restaurants seemed to have a large increase in business especially on Saturday but they were well prepared for it, so we had no problems. We had met with several of them ahead of time to see how we could help each other make sure things went as smoothly as possible," Hileman said. "We had quite a lot of visitors to the Budweiser Clydesdales that were staying in a parking area at Liberty Mountain Resort in Carroll Valley, which was a terrific free event for local families. All in all we were as prepared as we could be with the staffing we have to work with and everything went well for us."

Daughters of Charity break ground for senior housing ty has been decreasing for years leaving many apartments in the building empty. Also, various

The Daughters of Charity broke ground for low-cost affordable senior apartments that would be developed from an underused wing of St. Joseph Provincial House on South Seton Avenue. Representatives of Emmitsburg's Catholic community, the Daughters of Charity funding and development partners and the Town of Emmitsburg gathered on July 12 for what was called the Provincial House Transformation Groundbreaking Ceremony.

Sister Claire Debes, Visitatrix for the Daughters of Charity, told the group of around 100 people that with the arrival of Mother Elizabeth Ann Seton in Emmitsburg in 1809 that "the seeds of a wonderful ministry of education and service to those in need" had been planted. However, as the needs of those whom the Daughters served changed so the Daughters needed to change.

The number of women becoming Daughters of Chari-

building empty. Also, various Daughters of Charity organizations around the country are combining under a single leadership to free up more sisters to provide field service and moreefficiently use their resources. This is causing an additional reduction of the number of sisters in Emmitsburg.

The new senior housing, which will be called the Holy Family House, will be developed in two phases. The first phase will have about 45 affordable apartments

50 units. To qualify for one of the housing units, a resident's average income must between \$10,000 and \$40,000 a year.

"Change is good and a sign of life and continued growth," said Lori Stewart with Seton Heritage Ministries.

The Holy Family House will share the building with St. Joseph Provincial House that holds offices for the Daughters of Charity in Emmitsburg, an enlarged archive for the Daughters of Charity, the National Shrine of Saint Elizabeth Ann Seton, St. Catherine Nursing Center, Villa St. Michael and St. Vincent Care Center for retired Daughters of Charity.

These other operations will also see benefits from the Provincial House transformation. St. Catherine's is expected to add patient beds. The archives from different Daughters of Charity provinces will be consolidated at Emmitsburg. The building's heating and air conditioning system is already being upgraded to the benefit of everyone in the building.

Rocky Ridge Carnival closes out the season

efore the fall festivals start up Dnext month, there's one last summer carnival and this one is old-fashioned. The Rocky Ridge Carnival runs from Aug. 15 to 20 in the big slide park across from the Rocky Ridge Fire Hall at 13515 Motters Station Road in

started soon after the company organized in 1949. The Rocky Ridge Carnival features plenty of home-cooked meals and live music throughout the week. Monday features a cake auction and on Wednesday there's a

been going on for 60 years. It and sweet tea are very popular. We'll eat and sit around to talk or listen to the music."

> Besides fried beef and ham sandwiches, you can also purchase homemade soups, pies and other items. You'll also find typical carnival foods

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Rocky Ridge.

"We're the last carnival of the season so it doesn't hurt us because we're different," said Bonnie Hurley with Rocky Ridge Fire Company.

The carnival is the Rocky Ridge Fire Company's major fundraising event, which has

parade through town at 7 p.m. CB Pickers, Paul Ledford Band, River's Bend, Brush Fire and Roll the Dice are providing the music. What you won't find are the typical carnival rides.

fellowship and the food," Hurley said. "Our fried meat sandwiches

like hamburgers, hot dogs and French fries.

Attendees can enjoy a hay ride or play on the big slide, both of which are free.

About 35,000 people attend "People come mainly for the carnival each year. Guests are welcome to the carnival each night beginning at 4:30 p.m.

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NEWS

Here comes the South Mountain Fair!

The 89th Annual South Moun- \$23,000 in premiums each year. L tain Fair will be held Aug. 16-20 at the South Mountain Fair Grounds in Arendtsville, Pa.

"The South Mountain Fair is a small fair that highlights the agriculture industry in the area," said Joanne Irvine, a fair board member.

The fair has eight barns filled with farm animals including beef and dairy cattle, sheep, goats and swine being judged throughout the week.

"The poultry exhibit is new this year," Irvine said. "The youth (4H/ FFA) rabbit exhibit is also new."

In the main exhibit building visitors will find arts and crafts, needlework, home baked and canned goods, fruits, vegetables and flowers. A smaller building dedicated to amateur photographers showcases over 100 photos. There is also a display of over 100 pieces of antique farm machinery. In all, visitors will find about 3,000 exhibits that award

Each year, about 11,000 visitors come to the South Mountain Fair; some from as far away as Dover, Del., though most of them live within 30 miles of the fair. Some of the most popular things they come to see are:

- Baked goods auction on Tuesday, Aug. 16 at 7:30 p.m. Proceeds go to a local charity.
- Draft horse pull on Wednesday, Aug. 17 at 6:30 p.m.
- Fireworks on Thursday, Aug. 18 at 10 p.m.
- Draft and light horse show on Saturday, Aug. 19 at 9 a.m. 4H/FFA livestock sale on Sat-
- urday, Aug. 19 at 4 p.m.

"Of course there's the great fair food," Irvine said. "We have everything from hamburgers and french fries to BBQ ribs, cotton candy and funnel cakes!"

Kids will enjoy the South Moun-



tain Fair carnival rides and games. There is also a hayride run by the South Mountain Antique Engine Association, cotton candy, funnel cakes and other sweet treats.

The fair does not get its support

from large, corporate sponsors. It is supported by ticket sales and fairground rentals during the rest of the year for other events.

Admission to the fair is \$4 for adults. Children 12 and under are free and parking is also free. Gates open at 4 p.m. during the week and 10 a.m. on Saturday.

For more information, visit the South Mountain Fair web site at www.southmountainfair.com.

Carriage House Inn hosts Civil War musical

Tmagine if the Civil War had oc-Lourred in the 1960's rather than the 1860's and you will have an idea of what Gettysburg: The Musical is like. Col. Frank Sinatra sings "My Kind of Town." Then there's Buck Private Dean Martin who is one of the Stuebenville Shooters. "Not sharpshooters, just shooters," he says. "We like to drink a little bit." Then there's Sammy Davis, Jr. singing, "I've Got to Beat Meade."

Gettysburg: The Musical is a funny, musical history lesson that will leave you knowing a little more about the Battle of Gettysburg. "I never enjoyed a history lesson so much," one guest said after the show.

Gettysburg: The Musical is playing every Friday night at the Carriage House Inn in Emmitsburg as a dinner theater. It is an original twoperson show written by and starring Billy Finch, a celebrity impersonator from Silver Spring.

Finch and his wife do the entire show. Finch impersonates Sina-

tra, Davis, Martin, Jack Nicholson, Johnny Cash, Rodney Dangerfield and more. Carol Finch plays female characters and, for one song, a Civil War general in drag. The costumes are fairly simple. Sinatra is dressed in a Civil War uniform, but he wears a fedora. "Union Jack" Nicholson wears dark sunglasses and a Civil War uniform. Some character changes just come from a change of expressions by Finch.

"We had wanted to do something to tie in with the 150th Civil War anniversary and this fit perfectly," said Kristy Shriner, the Carriage House dining room and marketing manager.

Finch has a repertoire of around 40 celebrities and he uses more than a dozen of them in the show. The songs are familiar tunes with new lyrics about the Battle of Gettysburg. For instance, "Pickett and Pettigrew" is sung to the tune of "Love and Marriage," and "Gray Tide" is sung to the tune of "Rawhide."

The show premiered on July 1 and will run through September.

Shriner said the response to the dinner theater has been so good that it is definitely something they will do again. "This is something new and unique," Shriner said. "It's history and entertainment with a twist."

Besides being a celebrity impersonator, Finch is also a history buff. Finch and his booking agent came up with the idea for the show and Finch contacted Bob Hance at the Carriage House in May. Hance said the show has been doing even better than he had expected it to.

Finch has been doing impersonations since he was in elementary school. "I'm doing right now what I did in the fourth grade," Finch said. "It's fun to be somebody else. You get to say things you wouldn't normally say."

Doors open at 5:30 p.m. and dinner is at 6 p.m. Tickets are \$45 or \$80 per couple. To reserve your seats at the show, call the Carriage House at 301-447-2366. For more information, visit carriagehouseinn.info or billyfinch.com.





HISTORY

One hundred years ago this month

August 4

Manager Neely Runs Off With Our Goat

Thirteen hits for 18 bases and dopey baseball tells the tale of Emmitsburg defeat at the hands of Fairfield last Friday. Everything looked charming until they began to find Sellers and the dope began to work.

A word or two about Fairfield. Horner was absent tinkering with a new gas engine, but the age was kept up to the general average by the comeback of Cunningham, a veteran of many forgotten games. As a sample of the game we take no pleasure in giving a detailed account of one inning. Shryock came to the bat and after two strikes hit safely. He was as determined to get the second and Sebold and Sellers were to hold him on first. Three or four times he was held by the nose to the bag, but at last he let go. Sebold pegged the ball to Mondorf, who was fairly frothing at the mouth to bite him, but the ball went through him and Frailey was picking his teeth with a rye straw and failed to back up the throw.

The game went downhill from there with Fairfied scoring six runs in the remainder of the inning. The best thing about the game, outside of the noise from the sidelines, was Dr. Rowe's catch of a low driver foul ball in the sixth inning.

Wednesday Storm

On Wednesday evening the barn on Mr. Daniel Shorb's place in Liberty Township, was struck by lightning and burned to the ground together with its contents, hay, straw, harnesses and several vehicles. The heavy rain that accompanied the storm kept the fire from spreading.

Mr. Joseph Hoke had an exciting experience during the storm. He had gotten as far as the Middle Creek Hill, on his way to Emmitsburg from Gettysburg when lightning struck a tree near the road and his horse was thrown to the ground. Mr. Hoke was partially incapacitated by the bolt but 'Slim Jim,' a well-known hobo who was in the bridge, came to his rescue. Both the horse and Mr. Hoke were

er to the ground with considerable force. Dr. Brawner was summoned and found that no bones were broken. Another riding accident occurred on Sunday afternoon when Mr. Robert Caney, who lives at "Tanglewood" near town, sitting a young colt, was thrown to the ground when the animal bucked, and suffered a broken collarbone. Drs. Brawner and Jamison reduced the fracture.

Traffic in Emmitsburg

Last Saturday night was the busiest in Emmitsburg for many months. Ninety-two teams, by actual count, were hitched along Main Street alone, which was crowded with pedestrians. Last Sunday holds the record for the number of automobiles that were in town in a single day. All morning, afternoon and late into the evening motorists streamed through the town.

Log Cabin Dismantled

This week witnessed the dismantling of the little log cabin that stood opposite the high school building on Frederick Street. This was probably one of the oldest buildings in town and was recognized as a landmark of the place.

August 11

Roads to be Resurfaced

The town commissioners, so we are informed, will soon give their attention to resurfacing the streets of Emmitsburg. This will be in keeping with the very decided improvements made to the sidewalks by the progressive people of the community. This summer has been great advancement, all on the line, and it is understood that more painting and more construction will be done before the season is over.

Nathaniel Rowe Turns 90

Nathaniel Rowe was born on his family's farm just outside of town. At the age of 17 he began his apprenticeship to Mr. Armstrong, a gunsmith, and at the age of 20 began making rifles for himself. The history of this community for the last 70 years is fresh in his mind. A Cholera epidemic of 1853 that was instrumental in reducing our population from 700 to 350 is as fresh in his memory as if it had occurred last year. When the Civil War broke out he was 39 years old and, of course, remembers the stirring scenes along the borderline in the 60s. Before the battle of Gettysburg, Union troops were stationed along the Meadows, north of town and in the fields near St. Joseph's. Six New York officers took supper with Mr. Rowe before the battle. On the day after the victory, mourning the loss of two of their companions killed in the carnage on the third day's fight, the four surviving officers again were Mr. Rowe's guests.

During the retreat of the Army of Virginia, Mr. Rowe was halted near Mount St. Mary's by Gen. Stuart for reliable information concerning the roads. While the invaders passed him by, Mr. Rowe noticed hundreds of horses captured in Pennsylvania by the invaders. Among the men was a Mr. Carr, an Emmitsburg carpenter who had gone south to fight for the Confederates.

Gardens Bursting

Mrs. Michael Hoke's gardens are producing the finest tomatoes in town. A specimen of the famous beefsteak variety plucked from one of Mrs. Hoke's vines and sent to the Chronicle office weighed 1 lb. 9 oz. Every branch of a pear tree in Mrs. Adelsburger's garden is bending with a fine fruit it is producing this season. A small branch of the tree sent into this office has so many pears on it that there was scarcely room for leaves.

Emmit House Outing Party

Mr. Breichner, proprietor of the Emmit House, treated his guests to a delightful outing at Gingell's Mill Grove. Dinner and supper were prepared and served in the open, and during the day baseball and various amusements were enjoyed by all. Altogether it was a very delightful day. The party was conveyed to and from the grounds in Mr. Weingardner's automobile.

Broom Company Will Re-Build

At a meeting of the officers of the Emmitsburg Broom Company, it was decided to rebuild the plant on the grounds on Frederick Street, and they hope to be ready to resume business by Dec. 15. Mr. Zimmerman, president of the directors, appointed a committee of three to have charge of erecting the building.

Drunks

Numerous underage drunks have party walked up to Indian Lookbeen noticed frequently in town, out by the way of the college. much to the horror of the authorities. The source of these jags has Quite an enjoyable half hour was been traced to Jamaican Ginger, spent admiring the magnificent Frederick. THE EMMITSBURG ANTIQUE **OVER 120 BOOTHS** Carpeted Air Conditioned Enjoy the memories of the eras gone TES by as you stroll through our 34,000 EDIMITEEUE square feet of antique furniture, linens, **Buses Welcome** quilts, primitives, glassware, china, toys, tools, collectibles and more!



Hikers take in the view of the valley below from Carrick's Knob

a colic cure, sold by grocers. The medicine is 93% alcohol. Schlitz beer, by way of comparison, contains 3.7% alcohol.

August 18

A Mountain Walk

Immediately after dinner Tuesday, a small party of the Emmitsburg Walking Club members walked around Carrick's Knob and the mountain behind it. Before they reached the reservoir, the party had been drenched twice by rain. After leaving the reservoir the crowd was caught in the rain again.

As soon as the last rain was over and the sky cleared, Scout Reiley started the party on the most beautiful walk ever taken by many of the party. The scenery cannot be put down in black and white but must be viewed to be appreciated.

Until the younger set was met by the Emmit House automobile, no stops were made except to take pictures. In all, the

On Sunday afternoon another

scenery. On the return the party was caught in the rain and immediately telephoned to the Emmit House. Without delay a carriage was sent out and the older people returned safely. The rest of the bunch, who had walked, got home at the same time, a tired but happy party late for supper.

August 25

To Riding Millers

"The Riding Millers" passed through town on Wednesday on their way from Frederick to Gettysburg. This gentleman and his wife left run of Canada on June 3 on bicycles for a 10,000 mile tour on a wager of \$1,000 in gold. The conditions of the wager are that they are to have no means of support except what they can derive from the sale postcards bearing a picture. They are to ride the whole distance on bicycles driven by foot power and are to complete the trip in one year.

walk covered about 15 miles and So far they have complied with the terms and have ridden the party reached Emmitsburg over 4,000 miles. Before leaving, around eight o'clock. they both acknowledged that despite all their troubles, they have never ridden over better road than the pike between here and MALL Ample Free Parking Handicap Accessible

uninjured.

A chimney at St. Euphemia's school building was struck and partially destroyed.

Early the next morning another storm passed over Liberty Township. Two horses, one dead and the other nearly so, were found in a field of the Zimmerman brothers' farm. It is supposed they were struck by lightning, although no marks were found to indicate where the bolt hit them. A cow and a calf belonging to Ms. Annie Hardman of French Creek, was killed on the same storm while in the field.

Riding Accidents

Mr. Hugh Roddy was badly bruised about the body on Saturday afternoon when a horse he was riding took fright at an auto car and ran into the machine, throwing its ridThe Emmitsburg Antique Mall, located in the heart of Historic Emmitsburg, is the largest, cleanest and friendliest antique mall in the Gettysburg/ Emmitsburg area!

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GOVERNMENT—SOUTH OF THE MASON-DIXON LINE

From the Desk of County Commissioner Paul Smith Cure Congress of the "Ill Syndrome"

Right now the biggest issues before Congress and the President are whether to cut government entitlements and whether to raise the national debt limit. This is a very difficult issue for Congress because unless you hold a gun to its head they won't cut anybody's entitlement benefits. However, the nation has reached the point where SOME entitlements will have to be cut. Republicans are prepared to make significant cuts, but Democrats and the President are not prepared to make so many cuts because they are inflicted with the "III Syndrome." (I will explain what it is below.) The big national issue is identifying which entitlements will be cut.

Based upon current news reports, there will begin to be some cuts in entitlement programs. These cuts will trickle down to local government, causing a reduction in some services for which the County was the direct provider. When this happens, County services will be scaled back in proportion to fund cuts. This will have a great impact on the few people whose entitlement benefits are cut. But it will have only a negligible impact on local taxpayers. Therefore, this type of issue will be debated, discussed and fought primarily on the federal level-not on the county level. Nevertheless, our role as citizens and local officials is to let our federal leaders know that we support making necessary cuts in entitlement spending so that we can bring all levels of government in line with good spending practices. We cannot continue to spend more then we bring in. Frederick County gets it. Our concern now is to help the State of Maryland, the U. S. Congress and the President to also get it.

The problem in making entitlement cuts is that it almost always results in cutting off financial benefits to some people. How could you be so cold to cut the benefits to these people? That was the question that was thrown at the BOCC when we cut the County contribution to Head Start. And that will be the same question thrown at every legislative body that decides to cut an entitlement. And only legislators with vertebrae will be able to stand up to this inevitable criticism. It will also take legislators with a certain amount of grey matter to have the intelligence to eliminate some entitlements.

The intelligence factor comes into play because the logical result of unrestrained entitlement spending is financial ruin. The problem is that many people do not apply to big government the fiscal policies by which they personally live. For example, the average Joe knows that he cannot continue to send out contribution checks to his favorite charities when he runs out of money. But the same average Joe doesn't always insist that the government abide by the same fiscal policy; some people insist that the state and federal government must provide entitlement benefits to those in need whether or not there are tax monies to fund it. They have learned that entitlements can be funded on credit. Some people have no qualms about borrowing money from China or from future generations of Americans if that is what it takes to fund entitlements. This is irresponsible, irrational and ignorant thinking-Call it the "III Syndrome." Some in Congress are more infected with this syndrome than others. But whoever is afflicted with this syndrome must take immediate corrective measures, or else it will ruin the national economy.

The current recession/depression has caused all levels of government to make cuts and to increase efficiencies. Frederick County has certainly taken many measures in balancing our budget with shrinking revenues. The County is forced to have a balanced budget. Unfortunately, the federal government has not shown any reasonable inclination to live within a balanced budget. Now, I recognize there are times when the federal government may need to pass an unbalanced budget. (That was the case in the first years of our nation's history.) But it is irresponsible, irrational and ignorant for Congress to pass laws giving entitlement benefits that cause an unbalanced budget. Note, againthis is the "III Syndrome."

If Congress does not cure the "III Syndrome" that is afflicting its members, then eventually, by ever increasing our debt and ever funding handouts to more and more people, we will bring about two simultaneous results: (1) We will weaken our military and economic strength (vis-à-vis the Chinese) so that the safety of our nation and our people will be in jeopardy. And (2) We will cultivate a nation of undisciplined, dependent people who would gladly sell their liberty for security—only to learn, too late, that they have lost both.

Meanwhile, back in the County-we will continue to make reasonable changes to our government so that we cut costs, increase efficiencies and continue to operate within a shrinking budget. It is my hope that the first public prayer offered at a BOCC meeting will invoke God's assistance in curing Congress of the "III Syndrome."

From the Desk of Town Commissioner Patrick Joy

Tuly was a slow but productive month for Emmitsburg Town government. At our first meeting, we discussed ways to encourage business and development. Currently, we have two unfinished developments in Town (Southgate and Brookfield). In this soft housing market, we are trying to come up with a way to encourage completion of the developments. The Town Council decided to eliminate the water and sewer surcharges on development. These charges, currently at \$7000 per house or business, were instituted temporarily in 2003. We decided that temporary should mean temporary. We hope that eliminating these charges will help spur development in both housing and business. We will finalize this reduction at our August 1st meeting.

Our second meeting in July consisted of a discussion of trailer/RV parking within town limits, an update on the multi-user trail project and discussion of the Community Deputy contract. In the area of trailer/RV parking, we discussed a revision to our Town ordinance to permit some additional parking of trailers/RVs. We also discussed exempting smaller flatbed trailers (under 12ft) from these restrictions. This will be finalized at our August meeting.

Commissioner O'Donnell presented an update on the Town's multi-user trail project. The multi-user trail project has been discussed since 2005. The idea is to develop a natural surface trail for the use of pedestrians and cyclists. The trails will be constructed in the Town's watershed and hopefully will one day connect to Community Park. The trails have the support of the Catoctin Land Trust and Mount St. Mary's. Flagging for the trail is underway and we hope to start clearing the surface in August. A call for volunteers to help with clearing will be going out soon. Hopefully the trail will be open to the public this fall.

As part of efforts to balance our budget, in June we voted to reduce our Community Deputies from three to two. Our contract with the Sheriff's office required a six month notice before a reduction could take place. Sheriff Jenkins contacted the Town in July and offered us the option to waive the six month requirement. One of our Deputies after years of dedicated service has decided to retire. The Sheriff offered us the option since it will be difficult for his office to fill the Community Deputy slot for just a five month period. We voted to accept the Sheriff's offer (with Commissioner O'Donnell against). This will save the Town an additional \$50,000 this fiscal year. We thank Deputy Moxley for his service to the Town. Lastly, as we start August, we are entering election season in Emmitsburg. This September we will be voting for both the Mayor and one Commissioner. Even though I was an active volunteer for years before being elected as a Commissioner in 2010, I have found that being an elected official has increased my dedication to the Town. I talk to more neighbors, attend more Town events and discuss local issues on a regular basis. This is a highly rewarding feeling. I encourage all those who love Emmitsburg to consider running for office. You will not regret the decision. Participation in Town Government, either attending meetings, volunteering for committees or voting in Town elections, is the life blood for a small community like ours. Our small size means that it is easy for everyone to make their views known and to speak at Town meetings. I encourage everyone to take an active part in our Government and to vote for your local officials. Candidates should file with the Town office by August 26th.





Election day for the town of Emmitsburg will be Tuesday, September 27, 2011. Ballots will be cast at 22 East Main Street between the hours of 7:00 am and 8:00 pm.

Last day to register to vote at Frederick County is Friday, September 2, 2011.

Registration applications may be obtained at the Emmitsburg Town Offices located at 300A South Seton Avenue.

Candidates must file a written application for candidacy with the Town Clerk no later than close-of-business Monday, August 29, 2011.

A write-in candidate must file an application of candidacy with the Town Clerk.

The position for Mayor and one position for Comissioner are open.



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ELECTION JUDGES NEEDED FOR THE 2011 ELECTIONS

The Mayor and Board of Commissioners are seeking persons to serve as election judges for the September 27, 2011 town election.

In accordance with the Emmitsburg town code, judges must be registered and qualified voters and not hold or be a candidate for any Emmitsburg public office.

To apply and for more information, call 301-600-6300, or email mayorhoover@emmitsburgmd.gov.

Editor's Note: Our regular columnist for this slot, Town Council President Christ Staiger, will be retuning next month after a well deserved vacation!

GOVERNMENT—SOUTH OF THE MASON-DIXON LINE

From the Desk of County Commissioner Blaine Young

N been removed, can the real discussion start? How 'bout really looking at the value of public private partnerships instead of the allor-nothing approach that has been portrayed via the PPP Associates analysis?

As most everyone has presented, there were only two choices before the commissioners - either adopt the PPP evaluation lock-stock-andbarrel, or do nothing.

The PPP Associates report was just that - an evaluation from two individuals who have seen the success first hand and have been involved in creating this new form of service delivery to the citizens. Because this all or nothing approach was the focus and acted as more of a distraction, the Board of County Commissioners voted unanimously on Tuesday, July 19 to remove the report as the focal point.

Tow that the lighting rod has They will continue to move forward with discussion, looking at cost saving measures that will include public private partnerships and opportunities outside of such outsourcing to reduce spending.

Right now many are trying to evaluate which side should declare victory - neither. All sides should now work together to make sure that victory can be declared for the taxpayer.

There were many great suggestions from employees on how to reduce spending and save money. Here are some of them.

- 1.) Reduce the number of paid holidays. Right now county employees get 13, plus elections days.
- 2.) Reduce the amount of sick leave. Right now 0-2 year employees get 9.75 days and the numbers grow as the years of service grow.

- 3.) Reduce the amount of an-
- nual leave. Right now 0-2 year employees get 9.75 days and the numbers grow as the vears of service grow.
- 4.) Increase the amount that employees pay for health care.
- 5.) Increase the contribution that non-uniformed employees make to the retirement plan. Right now employees make a 4% contribution to the defined benefit and county taxpayers make a contribution of 18% of the employee's salary.
- Switch from a defined ben-6.) efit retirement plan for new employees to a 401(k) plan with a matching contribution by the county.
- 7.) Look at furlough days and/ or across the board pay reductions.
- 8.) Transition the rest of the employees from a 35-hourwork week to a 40-hourwork week.
- 9.) Continue to move forward with looking at implementing hybrids and pilot publicprivate partnerships opportunities.

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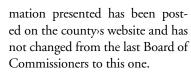
These are just some of the 40plus suggestions that were made by county employees at the two public hearings the commissioners conducted.

Close to 100 employees spoke and over 600 were in attendance to offer feedback. This was wonderful and productive for the most part. Now, we will get feedback from the public on ways to reduce spending.

Other employees wondered why the county, Frederick City, the Board of Education and Frederick Community College have duplicate departments. Why can't consolidation be done to save money?

Many have made this argument for years and I agree. Hopefully all were listening. It is all taxpayers' money and it is not efficient for the citizens and taxpayers to continue to build fiefdoms.

Information was also presented from a member of the finance department that we are not in a crisis mode and that the structural problems being presented are not accurate. The information presented by the finance and budget office has not been altered or changed by any commissioner and the infor-



There is always an argument about fund balance; some call it surplus. In my opinion if it is surplus, then it should not be used to balance the budget unless it is used only for one-time expenditures, not recurring expenditures. The first priority should be to rebate it to the taxpayers.

Beyond fund balance you still have to take into account all the transfers used to balance the current fiscal year budget and the last one.

In 2011 over \$10 million in transfers were used to balance the budget. Money was grabbed from any account available - the bond reserve, recordation, etc.

In FY 2012, the current spending plan, we used a \$3.2 million transfer from Frederick County Public Schools. Do we really think that will continue?

I believe that before these commissioners leave office, there will be requests from the Board of Education for millions above the maintenance of effort standard. Let's hope not.

We are not living in stable times and we should not treat them as such. The financial information presented to the commissioners both past and present - by the Finance Division is accurate. I hope. If not, then the taxpayers have been defrauded. I think it has been accurate, but questions will be asked to make sure.

As I have said, the work of these commissioners will be all about budget, budget and budget. We should not focus on the next election but the next generation. The goal is to reduce the size of government, reduce spending and redefine the role of government.

So, was the PPP Associates report a waste of money? The commissioners voted 4-1 to spend \$25,000 on it. The "no" vote was that of Commissioner C. Paul Smith, not that of Commissioner David Gray as many have thought.

We have gotten more suggesons from the county employ



- Centers, Inc "Current Issues in Society"
- Aug 28 Maryland Delegate Kelly Shultz "Issues & Solutions Facing Marylanders"
- Frederick County States Attorney Sept 3 Charlie Smith "Seeking Justice In Today's Society"
- Sept 10 The Reverend Father James Hamrick
- Sept 17 The Reverend Father James Hamrick Two Part Series: "Are We Losing Our Religion?"
- Sept 24 Inga Olsen, Personal Fitness Trainer Anytime Fitness "Your Body And Fitness"

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ees to reduce spending than at any time in county history. They have come - not from directors and other upper management employees, but from a diverse range of employees with different perspectives.

Some people will argue that the PPP Associates' report was a waste and inaccurate with the only real way to find out if the cost ratios were correct in it is to test it with Requests for Proposals (RFPs).

I think the majority is ready to move on and start the real discussion and be part of the solution. The majority of the Board of County Commissioners is committed to reducing the size of government and reducing taxes and fees on the residents. Rest assured we have not give up on those goals.

GOVERNMENT—NORTH OF THE MASON-DIXON LINE From the Desk of Commissioner Candidate Paul Kellett

In these troubled economic times, it is important to be thrifty, but not cheap. Cheap is not changing the oil in your car- ever. Sure, you save the 25 bucks every few months but in the end, it ends up costing you a lot more. Thrifty is changing your oil a few hundred miles before it is due because the garage is running a special this week only. You save today and it costs you less in the long run-that's thrifty.

Spending on parks and recreation within reason is thrifty. Although the budget axe often severs these budgets, it is a fool's bargain. It is a proven fact that youth participating in parks and recreation programming are much less likely to commit crime or get pregnant. It costs \$56,000 a year to incarcerate just one child; that is more than the salary needed for a director of parks and recreation. The average cost to taxpayers per year of just one teen pregnancy is \$1,647. In 2008, the cost of teen pregnancy to taxpayers in Pennsylvania alone was \$468 million according to The National Campaign to Prevent Teen Pregnancy. 72% of that was state and local tax dollars. These are staggering numbers, and numbers that can be changed simply by being thrifty.

The Municipalities Planning Code does not require either townships or counties to fund parks, but rather it says that either may do so. I am of the opinion that it should be done on a County level. In Freedom Township, we have less than 1,000 residents total. This means we do not have enough kids of the appropriate ages to field even one baseball, football or soccer team let alone have another team for them to play. Therefore, it only makes sense to "do" parks and recreation at a regional level. The County has the ability to spread the burden to

all households, not just the municipalities that have parks. This is only fair, as every municipality has children (and adults) who enjoy parks. The County will also enjoy the savings of not paying to lock up our children and not having to aid them with pregnancies. Similarly, many municipalities realize that parks and recreation are absolutely vital to their community while other municipalities free load by not providing any parks and not helping to pay for the parks their citizens use.

The statewide average for spending on parks and recreation is \$28.37 per person per year. In Adams County the average is less than \$1.50. It is true that many organizations such as the Upper Adams Jaycees as well as many other social clubs and churches do a lot and are not credited in that number, but we need to do more. Having served on the Gettysburg Area Peer To Peer parks and recreation study, it is clear to me that for much less than the statewide average- for just about \$5perperson peryear- we could have a really nice program that would help to keep our kids safe and provide enjoyment for all ages, too.

The reason we can do it for less than the statewide average is that we have many things going for us already. In addition to the parks and programs mentioned above, Strawberry Hill Nature Preserve offers kids a chance to get in touch with nature and does it without taxpayer dollars (I strongly suggest you give them a "tip" for doing such great work). Also the school districts share their playing fields as does Gettysburg College. I really do not think we need more parks, just more activities in our already existing parks to keep our kids out of

trouble, and we need to help maintain them.

My plan is to establish six volunteer regional recreation boards. These boards would each serve areas similar to our school districts. These boards would be tasked with advising the Commissioners with how to best utilize that region's budget. The budget for each region would be determined by the population size. This would eliminate the need for bureaucracy yet get the input needed for wise spending decisions. This would also allow for different regions to emphasize the programs that match their citizens' needs and wants yet retain accountability to the taxpayers.

I encourage anyone who has any thoughts or comments for me on any topic to contact me at: paul@ kellettforcommissioner.com, or call me at 717-337-0217. Ideas are always made better by input.

From the Desk of Carroll Valley Mayor Ron Harris

The Carroll Valley Borough July 4th Celebration was a tremendous success this year with an attendance of approximately 2,500 people. It was "The Place To Be" on the July 4th to enjoy our Nation's birthday. The success of the day would not have been achieved without the involvement of many individuals and local businesses. It is through their participation that we were able to enjoy the day. Special thanks go to Steve Fitez, Bruce Pecher, Jack Ringler, Donny Shaffer, Sterling Shuyler and Jeff Wise for their tireless efforts preparing the Carroll Valley Commons for the day's event. I would like to thank the members of the July 4th (J4) Planning Group who planned the event over a period of a year. They are Brenda Colesanti, Charles Dalton, George Fisanich, Joe Hallinan, Mary Ellen Jester, Robert Jester, Gayle Marthers,

Larry Noel, Dan Sanders, Marie Schwartz, Tim Skoczen, Jay Stroup, and James Whittington.

I would also like to express my appreciation to the following individuals for making it such a special day: Dave Baker, Amanda Bell, Jacqueline Buchheister, Frank Buhrman, Cindy Emory, Nate Gilbert, Mandra Jester, Carl Keller and Family, Meredith Lawler, Clayton Lynch, William McCleaf Jr., Charlee Marthers, Suzanne Samples, and Pastor Dale Williams. I would like to also recognize the generosity of our Fireworks Major Sponsors: Electric Cooperative Adams Inc., Borough of Carroll Valley, and Liberty Mountain Resort & Conference Center. I would like to bring attention to our other special contributors: Buchanan Automotive Inc., Carroll Valley Citizens Association, Comcast, Emmitsburg

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Vigilant Hose Company, Fairfield Area School District, Fairfield Borough, Fairfield Boy Scout Troop 76, Fairfield Fire & EMS, Fine Line Trim LLC, Fountaindale Fire Company, Hamiltonban Township, ISP Minerals Inc., Richard and Susan Murphy, Park's Garbage Service Inc., School Safaris Inc., Shealer's Septic Tank Service, Strawberry Hill Nature Center, and Taverna 5450.

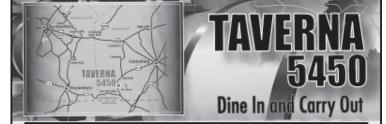
Finally, I personally would like to express my appreciation to Gayle Marthers who managed the day's event to a successful completion and to Dave Hazlett for his help in planning the event and in the preparation of professional looking July 4th brochures and flyers. If interested, 239 pictures have been uploaded to www.ronspictures.net for your viewing pleasure.

Be sure to mark Tuesday, August 2nd on your calendar to attend the Borough of Carroll Valley Police Department's National Night Out (NNO). NNO will be held from 5 to 8 pm at Carroll Commons on Fairfield Road. NNO is celebrated each year across the United States to increase awareness for safety within the community, and to educate residents on how to protect their families and familiarize them with available services. All events are FREE. The seminars: "DUI Highway Safety Education" and "Sexual Abuse Awareness" was so well

attended last year that they are being given again this year. The seminars are given by the Adams County Adult Probation and Parole Department. Child identification kits will be available which will include child fingerprinting and videotaping. If available, a landing will be made by STAT MED-EVAC. Some of the others to be seen on the grounds are: Thurmont K-9 Search and Rescue, Motorcycle Safety, Keeney Fire Extinguisher Company, American Red Cross, Humane Society, Ski Patrol Demonstration, Adams County Transit Authority, Survivors Inc., Adams County Handgunners Association, Children's Advocacy Center, Tobacco Prevention Task Force, Domestic Violence Task Force, and Safe Kids. Children's games will be conducted by the Girl Scouts. Hot dogs, chips and a drink for children 12 years and younger will be FREE. These food tickets will be distributed at the Welcome table located at the entrance of the Foot Bridge to the Pavilion area. Other food vendors include Antietam Dairy, Feed Bag Catering as well as

the American Red Cross is facing a critical blood shortage and has issued an appeal for blood donors. All types are needed, but especially O negative, which can be used to treat any patient. Please consider donating blood. Call the American Red Cross York-Adams Chapter at (717) 845-2751 or launch their website at www. redcross-yorkadamspa.org to make an appointment.

In August, the Borough will start preparing the budget for 2012. The Borough Manager provides the first draft to the Finance Committee on October 5th. This draft budget will be reviewed in detail at the Finance Committee meeting on October 10th. On the following night, it is delivered to the Borough Council. A detailed review by the Borough Council is scheduled for October 18th and again on October 25th, if needed. The reason I bring these meetings to your attention is that these are the times you can participate and voice your opinion on how you believe your tax dollars should be spent. Also be aware that when reviewing the Borough's budget, we are only addressing approximately 11.86% of the total taxes we pay. You need to also consider voicing your opinion to the Fairfield Area School District (65.22%) and Adams County (22.91%) on how they should spend your tax dollars. Check their websites to find out when their 2012 draft budgets will be available for review. Please participate in your school and county government affairs. Borough meetings to be held in August are: Planning Commission (Aug 1st), Council Borough (Aug 9th), and Parks/Recreation (Aug 24th). Remember Carroll Valley's Farmer's Market is on Thursdays in the Ranch Section from 2:00 to 7:00 pm. Please reduce your driving speed when you are in the Valley. If you have any questions call me at (301) 606-2021 or email at mayor@ carrollvalley.org.



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- Wednesday \$6.95 Burgers & \$2.25 Coors Light Bottles
- Thursday \$2.00 Margaritas & Live Music
- Friday PRIME RIB DINNER \$18.95 & A DJ After 10PM
- Saturday PRIME RIB DINNER \$18.95 & A Live Band Or DJ After 10PM

Sunday - DECK PARTY Live Music Outside 6-10PM 1/2 Rack Baby Ribs \$8.95 Includes Fries & Slaw Or Spaghetti & Meatballs \$8.95

5450 Fairfield Rd., 717.642.5887 Fairfield, PA 17320 717.642.5887 Sun. - Thurs. 11am to 10pm; Fri. & Sat. 11am to 11pm others. Fairfield Fire & EMS plans to be there and provide a game that the children will enjoy. Fountaindale Fire Company will provide rides for our young citizens. There will be so much to do. Come out and enjoy an evening of information, food and fun.

I don't know if you are aware that



GOVERNMENT—NORTH OF THE MASON-DIXON LINE From the Desk of Commissioner Candidate Jim Martin

A fter winning the May, 2011, primary nomination for Adams County Commissioner I was extremely honored and truly humbled. Also, I must admit it was very rewarding to know that the hard work and dedicated efforts of our campaign volunteers and supporters had achieved our goal.

Many new residents and recently registered voters have questions about how many commissioners form the commissioners' board and how many commissioners will be elected November 8th. The commissioners' board is composed of three commissioners who are elected every four years. On November 8th voters will elect three commissioners from the four candidates that won primary nominations on May 17, 2011. Of these candidates, the three that receive the highest vote totals will win the three commissioner seats. Voters will be allowed to vote for no more than two candidates.

I entered the race for Adams County Commissioner after serious personal examination of my fitness for the position and with a sincere desire to contribute to the well being of Adams County. From my perspective entering the race was a bold move since I had never run for public office but, I had numerous voters encouraging me to run. I was even challenged by JFK's statement that we were put here to be productive and that we need to be givers (not referring to taxes) and not takers to make our nation and communities strong.

Having the "desire" to be a commissioner is only part of what is needed for this position. Background and work experience are essential components of a successful commissioner. I am confident that my background and experience will serve the county well as I fulfill the duties as an Adams County commissioner. I received a Masters Degree in Agricultural Economics which led to a career as a Farmers Home Administration County Supervisor. In that position I administered credit programs and financial analysis for rural businesses and county economic development. I have had considerable supervisory experience working in the local food processing industry where I learned the value of good budgeting and cost efficiency practices which are valuable experiences to a commissioner. For the past 10 years I have been a real estate agent, allowing me to be in touch with many of the aspects and issues pertaining to Adams County. This familiarity with the county strengthens my capacity to perform as a county commissioner. Another strength that I can bring to the commissioners' office is my forestry background. My forestry degrees provide me with resource management knowledge and experience that can be useful to a rural county like Adams.

I regard Adams County as very unique in that it contains one of the nation's most hallowed historical treasures that attracts millions of tourists annually, it contains the center of Pennsylvania's fruit belt with the state's best apple and peach production, it has significant forest and woodland tracts, and it provides the stage for highly desirable and diverse settings in which to reside. I acknowledge that the challenge is to blend these characteristics with the need for economic and business growth.

Economic growth is vital to tax relief; it provides for greater revenues that can expand the tax base and lessen the tax burden for property owners. Adams County ranks in the lowest 20% of Pennsylvania counties in retail sales per capita while Hanover area sales per capita rank among the highest in Pennsylvania. Also Franklin County, to the west, well exceeds Adams County in retail sales per capita. This indicates that Adams County residents are traveling outside the county to make many of their purchases. Our goal should be to improve the business environment that we may benefit locally by less time and gas in travel and by an improved tax base.

As we look at the future of Adams County, there will likely be unexpected issues to surface. Even though we cannot predict the future, we can prepare for the future. In addition to improving the business environment, the second step of preparation would be controlling the county debt . The ratio of debt to tax revenues must be at a financially sound level. I feel that

we are presently at a critical level and raising tax rates to pay this debt is not an acceptable solution. The third step is to relieve the pressure of rising debt by a serious commitment to operate within our means. This will require a regular detailed accounting report that accurately depicts week by week whether we are behind or ahead of budget. I expect to work closely with the controller to accomplish this task. The fourth step is to put in place the best path method of property reassessment under the advisory of qualified, professional appraisers. In future articles I plan to address other issues related to the welfare of Adams County.

I hope to meet many of you at the South Mt. Fair, August 16^{th} to 20^{th} or at other community events I plan to attend.

See pages 40 and 41 for 'From the Desk of Commissioner Candidate Marty Qually' and the Hamiltonban Township newsletter

From the Desk of Commissioner Candidate Randy Phiel

s I have said many times dur-Adams County has many issues to address and we cannot have tunnel vision regarding any particular issue. As we await the outcome of the reassessment lawsuit, another very significant and costly issue that is about to confront us is the Adams County Radio Project. You may have already heard reports regarding the scope of this project. You will be hearing even more because of this project's importance to our emergency responders and its estimated \$15-30 million price tag.

Why is consideration of this expensive project so important to Adams County residents when we are searching for ways ing replaced.

As a thirty year professional emergency responder, I have a practical, everyday understanding that the most important tool that we can provide for our police, fire, ambulance and civil disaster personnel is an efficient and dependable radio system. To study this issue and make recommendations the present board of commissioners formed a county radio committee of numerous vested organizations and individuals. They were charged with analyzing the present and future needs of the county radio system. The committee then considered and reviewed six proposals. In June as a result of that review, Motorola was selected by the current Board of Commissioners. Adams County Director of Emergency Services Director John Eline stated: "We like Motorola because of their experience. We feel they offer the best product. We are in the digital age, and we presently cannot accommodate digital systems. With the high band 800MHZ system, we will be able to do that." Eline also related that advanced technology and operational effectiveness was the evaluations primary concern.

Although the current Board of Commissioners have identified the radio system as a priority, and have authorized and completed a study as well as selecting the proposed vendor, it has been stated by the current board that the final authorization and finding the funds for implementation will be the task of the new commissioners in January. There can be no doubt that the importance of the radio system, combined with the need to pay for it in these difficult budget times, will present an interesting and significant challenge for the new board. I believe that if we decide to proceed with a new system, it will be the joint responsibility and duty of the new commissioners, Adams County Emergency Services and our emergency responder leadership to assure that we are getting the most value, efficiency and long-term operational capability from the updated system. We must also look to other counties regarding this issue and other issues, and learn from their mistakes and successes. We must ask the question what are the options if any - and how do we most efficiently and practically pay for this system?

It has been my pleasure to lend a hand at several fire company carnivals in the last month and have several more stints planned in August. Not surprisingly, at these events the radio issue has been a key topic of conversation. Jerry Poland, former Fire Chief and current President of the Adams County Volunteer Emergency Services Association, has related to me that the new radio project is imperative because it is serious life and safety issue. Among other issues Poland says there are times the responders are out of contact with the 911 center because of limited technology, geography and new building construction.

I will be visiting with Adams County officials and officials from other neighboring counties to gain an enhanced perspective of numerous issues - including this one. Although there are still many details to be considered, I believe we have a fundamental obligation to our professional and volunteer emergency responders, as well as our residents, to ensure that their welfare and safety is paramount.

Please take a moment and find out when the fire company in your area has events scheduled and support them. Training, recruitment and fund raising are constant chores for our volunteer emergency service organizations. Your support is critical to their mission. You will not only be helping these organizations; you will also be helping your community, family, friends and neighbors.

to hold the line on taxes and reduce the cost of government? Adams County's radio system was last upgraded in 1979 - over 30 years ago. As a result there are currently many deficiencies such as lack of a wider coverage area, dead spots, lack of secure communications, inability to communicate with other agencies, not being able to identify specific units, the need to identify vehicle locations, no telephone interconnect and no mobile data capability. Due to the age of the system many parts are unavailable through normal vendors and must be purchased on line through various sellers. Beside these problems, the current analog radio system can no longer grow. Analog systems are simply outdated and are not be-





COMMENTARY

Words from Winterbilt Balancing the budget....Part II

Shannon Bohrer

ast month we examined the Lbudget and debt problems from the perspectives of reducing government and/or increased revenue, or both. With a national debt of \$47,000 for every person in America, we need to do something. The question then becomes how do we reduce the size of government, reduce government programs and/or benefits and/or how do we increase government revenue. The conventional wisdom is that one party wants to reduce the size of government and the other wants to raise taxes. The party that wants to reduce the size of government wants to reform social security and Medicare and the other party wants to keep social security and Medicare by raising taxes. I think we know where we want to go - maybe the real problem is how do we get there? And maybe the second question should be - can we get there? If we raise taxes, can we still afford social security? If we reduce spending, can we balance the budget?

Contrary to political conventional wisdom the issue of our debt will not be easily solved, it will not be painless, nor will it be quick. As Ross Perot said "If you can't stand a little sacrifice and you can't stand a trip across the des-

ert with limited water, we're never going to straighten this country out," and when he said that the debt was smaller, much smaller. I do believe that we need to reduce our spending and it will be painful. With over 30 years of spending more than we earn, the road to financial stability can only be solved if the sacrifice is large, something we don't want. Maybe if everyone just wrote a check to the government for \$47,000.00, the problem would be solved, or there would be a lot of bounced checks.

"If you can't stand a little sacrifice and you can't stand a trip across the desert with limited water, we're never going to straighten this country out." Ross Perot

The American people are not stupid, well maybe sometimes, but not always. They understand that the financial problems we have can only be addressed by working toward a balanced budget and that someone, some group, etc., is going to have to give up something. In fact I believe they understand that we all have to give up something. But what they will not tolerate is for them to give something, while others don't contribute. A very good case can be made that if we have to give up something, it should be equitable. Cutting, reducing and/or eliminating social security, while millionaires pay 15 percent in taxes (less than I pay), is not equitable.

Think of it like this, we (the entire nation) are all sitting around the dinner table and because times are tight there is not much on our plates. The portion is small and it does not look very appetizing. The resemblance is that of a dirt sandwich. You can look left, right and across from where you're sitting, and everyone has the same thing, almost everyone. One person sits down to a plate of roast beef! You look down at your plate and look at the roast beef and say to yourself, why do I have a dirt sandwich and they have roast beef? The analogy is very simple: we don't mind sacrifice, we understand we can't have everything (well sometimes we don't), but if one group and/or segment in our society is required to sacrifice and another segment/group does not, then it's not equitable, it's not fair.

To this end, neither side is really being honest. We cannot tax our way out of our debt, nor can we reduce our spending enough to make up for the shortfall. It took over 30 years for the country to spend so much that each of us owes \$47,000. If we reduce spending a lot and if we raise revenue (taxes), it will still take many years before the debt is reduced and the budget is balanced.

Some of the honest experts (non-politicians) have stated that the mess we are in will require us to reduce, cut and eliminate some government programs and at the same time increase revenues. To ensure that we all share in the pain the PEA Party (People for Ethical America) suggests the following:

- 1. Our elected federal officials should immediately take a 10 % reduction in pay and benefits. Additionally, their operating cost should also be reduced by 10%. This would show leadership. Of course, that's why they won't do it.
- 2. All government funding, and I mean all funding will be reduced 5% each year until we have a balance budget. This does not address the national debt, but only the annual budget.
- 3. To the individuals and companies that do not pay any taxes, a minimum tax of 10 % on all income, before any deductions should be paid. They have a minimum alternative tax for middle income people, why not for everyone else. Everyone and every company would pay a minimum of 10 %, including non-profits. This would allow everyone to share in the pain.

While the PEA Party believes these ideas are reasonable and equitable they will never be instituted. After all, if your industry paid for a few congress persons you should expect some special treatment. Why should the government expect everyone to contribute when they can extract what they need from those of us who are not represented? Another reason why it will not work is that congress cannot work together. If you could place the congress in a well and started filling the well with water, and then gave congress a pump that required the entire congress to work together to pump the water out of the well, they would drown.

Government is really good at creating solutions for symptoms of problems. In doing so, it often appears that they are addressing the issue. In fact it has been our governments solving of symptoms that created our debt. Both parties chastise the other for spending too much and they are both right. Congress acts as if they woke up one morning and answered a knock at the door. When they opened the door, the National Debt just came in... The debt has been accumulating for a long, long time and congress has continued to spend and ignore the problem for a long, long time.

Next month – why the future looks bright....

To read paste editions of Words from Winterbilt, visit the Authors section of Emmitsburg.net.

View from the Track Back in "The Day"...

Kip Hamilton

urrently my family and I are Jon vacation down in Alabama. In fact, as I write this I'm looking out the window of the camper at the clear water of Lake Guntersville, which is actually a huge widening of the Tennessee River, but they call it a lake. We dropped our youngest son off at Space Camp in Huntsville at the U.S. Space and Rocket Center and my wife & I are enjoying a few precious days alone before we go back for his graduation. We've been spending the early mornings quietly kayaking the still water of the lake and the rest of the day reading and relaxing. Why am I sharing this with you? The long drive down here pulling our 5th wheel camper and the lazy days spent here have afforded a much needed time for reflection on the recent happenings in and around Fairfield. The Independence Day Committee at Carroll Valley did such a nice job with the Borough's community celebration again. Gayle Marthers and Ron Harris and the rest of their crew keep improving the event each

year. There are so many activities going on for folks of all ages. They all deserve a big "Job Well Done!" for all of their efforts. I wouldn't be surprised if Gayle has begun the planning for next year's event already!

I was extremely saddened to hear of the loss of Lynn Wiegand while we have been away. Lynn and his wife moved to Fairfield back in 1980. Lynn had been ill for a while now and passed away on July 12th. He served on the Fairfield Pippenfest planning committee for many years, but I knew him mostly as a fellow Board member and my Bingo team leader at the Fire Company. Lynn had a great personality...kind of the strong, silent type...until you crossed a line that should not have been crossed, then you were certain to hear about it! He was a tireless record keeper. While not even the secretary, at both the Board meetings and the membership meetings Lynn was busily making notes of the goings on and on many occasions we have referred to "Lynn's Notes" to fill in a gap in the official minutes of the meetings. He did

not speak very often, but when he did, he held everyone's attention. He was a great asset to the Fire Company and the Borough of Fairfield, a friend and mentor, and he will be greatly missed around town.

Gettysburg Times headline: "Fairfield Fire Company Removes Three Officers" I suppose you may have seen the July 6th article in the Times or have heard of what happened at the July Membership meeting. Although the article is not 100% accurate, if you read it, you probably got the understanding that something important happened that night. I have really been struggling with this. I thought of not mentioning it at all, but a column about the happenings of Carroll Valley & Fairfield couldn't NOT mention it, could it? The Times article went over some of the specifics and I will refer you to the Times' archive if you are interested. These things are just symptoms of a more "cosmic" problem though. Back in "The Day"...maybe 8-10 years ago, the Fire Company (which includes the EMS service now...it's just easier to refer to it as the Fire Company)

had a very strong and involved

Board of Directors who actually "ran" the company. The officers were just responsible for administering the wishes of the Board and of course the day to day and emergency scene operations. The Company Bylaws charge the Board of Directors with managing the "Business and affairs" of the company. The Fire Company is a registered Corporation in PA and anyone who is familiar with the functioning of a corporation can appreciate that there are rules which must be followed. Well, over the past three or four years or so the Boards have not been so strong and had allowed the "balance of power" to shift from themselves to the individual officers. The problem with that scenario is, of course, that the Board members are the elected representatives of the membership and over the years the Boards had let the power shift from them as the representatives of the members to a few individuals who, in this recent case, apparently considered that usurped power as a mandate for them to do pretty much whatever they wanted to do in running the Company, including ignoring specific directives issued by the Board. The current Board of Directors is of the Old School, however, and realizing that the current officers

were attempting to exercise authority that they did not possess, began the painful process of "retaking" control of the company as the representatives of the Members. The individuals concerned in last month's action resisted and at that point the Directors had no choice, but to then take the matter to the general membership. In two cases, the members voted overwhelmingly in support of the Board's recommendations, which resulted in the outcome that you have heard about. The open positions have been filled and the Fire Company is now more vibrant and dedicated

to its mission than it has been in a long while!

What we experienced here in the little town of Fairfield could be described as a miniature version of what the country as a whole is experiencing now and is a great example of what is possible when people get involved in the process. Our normal monthly meetings have been averaging about 16-20 members. On July 6th, there were 107 members present to be heard; and heard they were...clearly and distinctly.

If you don't like what you see happening around you, using the Fire Company as a model, all you have to do is get involved starting at the local level and let your voice be heard as well! We have demonstrated that you can make a difference!

COMMENTARY

Pure Onsense Debating the DREAM Act

Scott Zuke

A fter a major petition drive, opponents of a new Maryland law that would grant in-state tuition rates to undocumented immigrants attending public colleges appear to have succeeded in halting the policy until it can be put up to a statewide referendum. According to the Washington Post, this is the first time such a petition has forced a referendum vote in Maryland in 20 years.

The immigrant tuition bill, originally titled SB 167, passed in the General Assembly in April and was due to take effect in July. It was a jolt to Maryland's underrepresented conservative population, especially here in Frederick County where illegal immigration has been a heated topic in recent years.

There are a range of passionate and seemingly legitimate complaints against the policy. The most basic fiscal argument is that Maryland can't afford to add a new education subsidy expected to cost a few million dollars over the next five years and continuing to grow from there. Even if it balloons beyond projections, though, it'd be a relatively negligible fraction of the state budget. The cost complaint is thus pretty flimsy except to the most staunch government spending opponents, especially as it ignores the benefits of increasing the educated tax base.

The more frequent and understandable argument is that in-state tuition benefits shouldn't be grant-

ed to illegal foreigners when they aren't available to legal residents of other states, thus putting American students at a disadvantage. The text of the bill does not support this view, however. Though they may not have legal residency status, the students eligible for the tuition break are legitimate members of their communities and the state. The student must have graduated from a Maryland high school after attending for at least three years, and throughout that time, his or her parent or guardian must have paid state income taxes. They must continue to do so as long as the student attends community college. Legal or not, these students have resided in and contributed to the state, unlike out-of-state US citizens.

Another popular argument against the policy is that it will make Maryland a "sanctuary state," essentially rewarding illegal immigration and encouraging more of it. I have not found evidence to support this. It would probably surprise many opponents to learn that in-state tuition benefits to undocumented residents was first implemented in Texas in 2001 and has since spread to 9 other states, including California and New Mexico. As of 2010, Texas Governor Rick Perry, a potential GOP candidate for a 2012 presidential run, backed the policy on the grounds that the benefiting students are now on a path to citizenship. The Maryland law requires all recipients of the aid to sign an affidavit stating they will apply for legal residency when possible.

And while Texas has seen an increase in the number of undocumented residents taking advantage of the policy, illegal immigration from Mexico has been on a steep decline in recent years, slowing to a near stop according to recent non-partisan polling.

Todd Eberly, an assistant professor of political science at St. Mary's College of Maryland, makes a strong moral and social case in favor of the policy in a post for The FreeStater Blog: "There are approximately 2 million undocumented children living in the United States today - these children were born outside the United States, but brought here illegally by their parents at a young age. These kids were raised in America, educated in our schools, they are Americans. Many of these kids would consider America to be their home country and their actual home country to be a foreign land."

I think this is what the policy's opponents continually forget amid their incessant cries of, "What part of 'ILLEGAL' don't you understand?" These are children who have done nothing wrong, have lived with a secondary status in their adopted homeland, and have no connections or prospects back in their parents' home country. It makes no sense to send them away. And since they are already legally guaranteed to receive a free public education regardless of residency status, it is far more sensible to help them along with their education and their efforts to gain legal status so that they can achieve gainful employment.

These arguments will not convince the most outspoken opponents of the policy. Nothing will,



and that's how it goes in a democracy. The question, now that the bill is being put up to a referendum, is which side will be able to convince the majority of Maryland voters? In this I am worried that the bill will have a publicity problem, and the quick success of the petition drive is cause for concern. When put into the short summary form that most voters will read, will the nuances of the policy discussed above make it in? Or will it come off the way many have oversimplified it: a tax-payer funded subsidy benefiting illegal immigrants?

It will be an interesting test run for a kind of direct democracy more common in California than here in Maryland. If the petition signatures are confirmed as valid and the referendum takes place, it will be an opportunity for state Republicans to explore a new tool for exercising power in a Democrat-dominated General Assembly, which Eberly sees as a bad sign for the prospects of getting same-sex marriage approved in Maryland in the near future.

All of this adds up to a democracy-proponent like myself becoming a bit conflicted. Consider Maryland's petition rules: on one hand, some 2% of the population being able to hold up legislation that passed in the General Assembly until a referendum vote seems like too low a threshold, but on the other hand, the rules for validating signatures on those petitions (as we have recently seen in Frederick County's charter board debate) are absurdly strict and do not respect or reflect the intentions of those citizens who sign. If the referendum on the in-state tuition policy is a sign of more direct democracy in Maryland's future, let us hope it can also democratically improve the whole procedure.

To read past editions of Scott's Pure Onsense, visit the Authors section of Emmitsburg.net.

Down Under A powerful vacuum

Lindsay Coker

The love of liberty is the love of others; the love of power is the love of ourselves. —William Hazlitt (political essays, 1819)



no longer be heard. In society, this is the equivalent of a cabal.

The word cabal is derived from the ancient Jewish Kabbalah, the mystical and secret interpretation of Hebrew scriptures, but has come to mean a group of men who work together in secret to create or establish something they wish to bring about. The most famous is the Cabal ministry, a group of four ministers of King Charles the second, the initials of their surnames coincidentally forming the word Cabal. This was not a true cabal in the modern sense, as they fought among themselves and dissolved after a few years. Free masonry, Opus Dei, and numerous other groups have had the title of cabal slapped on them by opponents and detractors, often with some justification, and today the concept is firmly associated with secret government meetings, plans and aims. The participants can be clearly seen, individually heard, and their position known, but their conclave is off the radar. This hardly matters if it is a business, because many businesses are run this way in part, as strategies, plans and possibilities must be kept secret. When it is political, though, things can get dangerous.

Dictatorships run on cabals, but a democracy, by definition, cannot, as it is a government of, by and for the people - not just a few of the people, but all of them. A cabal is un-democratic, then, because its aim is to bring about something that is in the interests of a few, or of some section of the community that may have similar desires. There is one big proviso, however, in the formation of a cabal: It cannot flourish where there ocrats, but looks like losing at the next election to someone so far to the right that he'd make Genghis Kahn look like a communist - and all because the incumbent party is so intent on promoting factional members it cannot get a powerful message out.

In other words, this party has created a vacuum, and it's going to be filled by someone very few people want, someone who runs on cabal time and keeping the population in the dark about the reality of his policies. I understand you too have some issues to be decided soon, and wonder if you have an effective voice on both sides of any debate - or will you too be taken by those who have, cabal like, seized the opportunity of filling a vacuum? If that is the case, I hope you can find a voice to balance the debate. Remember the bell? It's ringing, you can see it, but it is not heard. Until the air is let back in and then it may be too late to deal with the outcome. Take up Mt. Hazlitt's mantra: "The love of liberty is the love of others. The love of power is the love of ourselves."

There's an old saying, 'nature abhors a vacuum,' but as 99% of nature is the vacuum of outer space, the saying is wrong. What it means to convey is that all things on earth flow from a higher pressure to a lower one. It is mankind that abhors a vacuum.

Not a physical one, of course, but a socio-political one. Man is a survivor, a collector of power, a flexer of muscles and a wielder of influence. And by 'man', I mean the human race - men, women, and children - when they get the hang of it. But mankind is also a social animal and needs to live in harmony with his fellows, in whatever social structure he finds himself, because without accord and tolerance the group would eventually

King Charles II

wither away. It is this dichotomy of goals and imperatives that produce both the tensions and advances in society.

There's a very interesting experiment that all high school students are shown: An electric bell is placed inside a bell jar which can be attached to a vacuum pump. The bell is turned on, the sound is heard, then the jar is evacuated. The sound gradually dies away as the vacuum increases, until it can is real, informed opposition. Yes, the price of freedom is eternal vigilance, and the preservation of democracy is the voice of informed debate and a clear setting out of alternatives. Yet cabals exist. How do they get away with it in such strong democracies as ours and yours? Why, a lack of such debate and setting out of alternatives. And that comes about because of opposition infighting, laziness, preoccupation with their own status, or simple ignorance and inability.

For there is no substitute, especially in a democracy, for learning, perspective, dedication and a desire to see the best deal for ALL the population. That is never easy. At the moment in Australia we have a party in power that is somewhat to the left of your Dem-

Trying to let the air in,

Lindsay

TREATISE ON COUNTY GOVERNMENT A charter to stand the test of time

Scott Zuke

This is the second installment in a L series of articles intended to stir some critical thinking about Frederick County's effort to draft, and possibly adopt, a new charter form of government. Last month I gave some initial thoughts on the purpose of county government and introduced some of the central questions that local residents and politicians will have to address throughout the process of revising it. In this article I will cover some recent news regarding the BoCC's investigation into privatizing certain public services and how it relates to the charter discussion. Then I will look to some stories of famous legislators from Ancient Greece and see what lessons can be drawn from them to evaluate how the early stages of Frederick's charter drafting process are turning out.

On Public-Private Partnerships

Frederick County government has been exceptionally active lately, to the point that the charter drafting project has been overshadowed by the commissioners' other controversial actions. In particular, the BoCC's consideration of a report from PPP Associates on the cost-cutting benefits of privatizing an array of county services riled even some of the Board's staunch conservative supporters. While one commissioner said that the report caused "more chaos than good," it seemed more like a growing consensus of suspicion and dissent from county workers, citizen activists, and outside advisers. While the Board has since voted to drop consideration of PPP's report, it remains committed to investigating other privatization options.

Don Kornreich, writing for the Frederick News-Post (July 10), argues that the Board's simultaneous efforts to privatize services and alter the county's system of government are essentially in conflict: "If the BoCC is considering the use of private contractor personnel instead of county employees to perform county services -- which, of necessity, would fundamentally alter the way the county carries out its responsibilities -- why is it important to substitute a new form of government for the current BoCC?"



Aristotle was one of the great cataloguers of early formative attempts at government design.

In effect, we have two proposals working to accomplish a similar goal, but from different approaches, one general and structural, the other particular and functional. The charter board is seeking to reenvision local government in a general way by altering the its structure: division of the legislative and executive duties, centralizing executive power with one individual, and increasing the scope of the local government's powers and responsibilities. Privatization reenvisions the roll of local government by focusing on one of its particular functions that is continuously controversial: the scope of public services provided, their expense to taxpayers, and how efficiently they can be operated.

Attempting both projects at the same time is over-ambitious and risky. The Board has clearly stated its focus on decreasing government spending, but when it comes to outsourcing services, haste can and does make waste. Donald Kettl, Dean of and professor at the University of Maryland School of Public Policy (at which I am currently enrolled as a graduate student), was recently asked by the Frederick branch of the League of Women Voters to review PPP's report. While acknowledging that privatization can have great benefits, he warns that careful contracting and oversight are crucial. The Board responded that the report was about cutting costs, not about implementation, which would come later. But this is the risk of bottom line tunnel vision: poor implementation would quickly erase any benefits of cost savings and could lead to all sorts of problems that would be difficult to untangle. Failing to recognize this risk from the outset is just as ill-advised as passing a new entitlement program without fully studying long-term costs and implementation challenges.

Kettl raised the important question, "Who's going to be governing this relationship so taxpayers get their money's worth?" And as Kornreich is right to point out, this question becomes all the more difficult when we can't even answer the more general question, "Who's going to be governing?"

Shopping for a Constitution

While the PPP report gripped the headlines, the BoCC voted to give the charter-writing board \$25,000 to operate public meetings and to hire an expert to assist with drafting the proposed charter. The figure was chosen after the charter board looked to other examples of Maryland counties that have recently considered charter governance. According to Bob Kresslein, the board's vice chairman, Cecil County spent that amount and successfully adopted a charter, whereas Washington County spent less about half as much on the project and it failed to pass. The process of drafting constitutions by consulting experts and neighboring communities has deep and interesting roots in classical history. The Greeks in particular were fascinated by law codes, not only of foreign lands, but also of their neighboring poleis (city-states). Like the American colonies under the Articles of Confederation, Greek city-states were autonomous and self-sufficient, bound together by language and culture, but not by any national government. This led to a proliferation of constitutions, many experimental in nature. The philosopher Aristotle was one of the great cataloguers of these early formative attempts at government design. He records, for example, the experiment by one Phaleus of Chalcedon, who crafted a constitution that said the property of all the citizens should be equalized by having the wealthy give, but not receive, dowries, and vice versa for the poor. He thus created one of the early "redistribution of wealth" schemes. Various communities attempted abolishing private property, thousands of years before "communism" was coined as a term, and experienced many of the same, predictable flaws endemic to the practice in the modern era.

Lawgivers themselves were known to go on long expeditions to study the ways of distant lands. The Roman biographer Plutarch tells such a story of Lycurgus, who crafted the law code of Sparta: "After leaving Sparta, the first place he visited was Crete, where he studied the various types of government and spent time with the most distinguished men of the island. He admired some of their customs, but did not think much of the rest; the ones he admired he appropriated, with the intention of taking the back home and putting them into practice." He visited modern day Turkey and perhaps even Egypt before returning home and beginning the process of constitutional reform through a peaceful revolution. The benefits of his travels were evidenced by his creation of a mixed constitution," successfully combining aspects of oligarchy and democracy. Interestingly, however, one of his decrees was that the law was never to be written down, but merely passed on through childrens' education.

Solon of Athens took a different route. The Athenians gave him (and him alone) carte blanche in crafting every aspect of the law code imaginable. This included not only criminal justice and property management, but even strick laws of proper public conduct and other such minutia as a minimum distance from which a land owner could plant a tree near his neighbor's property, so as to avoid property border disputes in a time before spite fences. His law code, which was codified and kept on public display, was so comprehensive that people constantly approached him in public asking for additions, revisions, or to remove certain laws, to the point that he finally decreed that his laws were to remain untouched for a hundred years. Then, citing business duties abroad, he departed Athens for ten years, traveling to many of the same regions visited by Lycurgus, and believing that by the time he returned everyone would have grown used to his laws. It didn't go quite as smooth as he hoped, and there were ongoing political power struggles that led to periods of unrest (this was prior to the establishment of the famous Athenian democracy), but many of the laws remained intact even under later rulers.

What lessons can we draw from these two examples? Lycurgus demonstrates the value of learning from the experience of others-evaluating what practices work and would be useful in our local context as well as identifying policies that create more harm than good. The charter board should therefore look to as many case studies as they can in the limited time they have (luckily it is no longer necessary to spend several years traveling the Meditteranean to do so, although that doesn't sound half bad the more I think about it). One expert is good, two might be better.

Solon instructs us in the value of a comprehensive, codified charter, designed to stand the test of time. He also suggests some warnings, though. While an individual (or in our case, a small group) can quickly prescribe laws, the more detailed and invasive they become, the more the citizens will seek to revise or abolish them. As with the US Constitution, there are advantages to keeping laws as simple and general as possible. It will also be important to include as much citizen participation as is feasible throughout the drafting process. After all, the board does not have the kind of power that Solon was given, and whatever is proposed will have to be put up for a vote.

So far, it appears that the charter board is on track to follow these guidelines, and that's a very promising start. The other side of the equation is for citizens to remain actively engaged in the process. One of Solon's laws, apparently a precursor to similar laws in the democracy that developed later, speaks to this idea. I quote again from Plutarch:

"[The law] ordains that anyone who takes neither side in a political dispute is to be disenfranchised. Presumably he means that no one should be so indifferent and insensitive to the common good that he just sees to the safety of his own private affairs and congratulates himself on his distance from the pain and suffering afflicting his country, rather than immediately joining whichever side is acting with a higher degree of integrity and justicethat he should offer them his support and co-operation in the danger they face, rather than waiting safely on the sidelines to see which side gains the upper hand." Lines have already been drawn between competing interests in the charter drafting process, as seen in the attempt to replace what some see as a predominately pro-development group with a more balanced slate. It will be important for citizens unaware of these factions to begin familiarizing themselves with the issues, and to begin deciding which side is merely defending its own interests, and which is aligned with the interests of the county as a whole.



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THE BOOK OF DAYS Moon and the weather superstitions



In connection with Greenwich Observatory, it may not be improper to advert to one of the false notions which that institution has helped to dispel-namely, the supposed effect of the moon in determining the weather. It is a very prevalent belief, that the general condition of the atmosphere throughout the world during any lunation depends on whether the moon changed before or after midnight. Almanacs some-times contain a scientific-looking table constructed on this principle, the absurdity of which appears, if on no other grounds, from the consideration that what is calculated for the meridian of Greenwich may not be correct elsewhere, for the moon may even change before twelve o'clock at Westminster, and after it at St. Paul's.

If I recollect rightly, this was actually the case with regard to the Paschal full-moon a few years ago, the consequence of which (unless Greenwich-time had been silently assumed to be correct) would have been that Easter-day must have fallen at different times in London and Westminster. There are other notions about the moon which are of a still more superstitious nature.

In this part of the world (Suffolk), it is considered unlucky to kill a but still it was done. The boys could not agree what was the right form of words to use on the occasion, but it seemed to be understood that there was a proper formula for it.

Another superstition was acknowledged by them at the same time—namely, that it was unlucky to see the new moon for the first time through glass. This must, of course, be comparatively modern. I do not know what is the origin of it, nor can I tell that of the saying:

A Saturday moon, If it comes once in seven years, Comes once too soon.'

The application of this is, that if the new moon happens on a Saturday, the weather will be bad for the ensuing month. The average of the last seven years gives exactly two Saturday moons per annum, which is rather above the general average due from the facts of there being seven days to the week, and twentynine and a half to the lunation. This year, however (1863), there is but one Saturday moon, which brings the average nearer to the truth. I mention this to illustrate the utter want of observation which can reckon a septennial recurrence of a Saturday moon as something abnormal. Yet many sayings about prognostication of fine or wet weather; but I am happy to think that the saint failed to keep his promise this year, and though he rained on his own day, did not feel himself obliged to go on with it for the regulation forty days.

Another weather-guide connected with the moon is, that to see 'the old moon in the arms of the new one' is reckoned a sign of fine weather; and so is the turning up of the horns of the new moon. In this position it is supposed to retain the water, which is imagined to be in it, and which would run out if the horns were turned down.

The streaks of light often seen when the sun shines through broken clouds are believed to be pipes reaching into the sea, and the water is supposed to be drawn up through them into the clouds, ready to be discharged in the shape of rain. But it is more interesting, perhaps, as an instance of the truth sometimes contained in popular superstitions; for, though the streaks of sunlight are no actual pipes, yet they are visible signs of the sun's action, which, by evaporating the waters, provides a store of vapour to be converted into rain.

The Sea-serpent

On the 6th of August 1848, H. M. S. Dcedalus, on her way from the Cape of Good Hope to St. Helena, came near a singular-looking object in the water. The Captain attempted to wear the ship close up to it, but the state of the wind prevented a nearer approach than two hundred yards. The officers, watching carefully through their glasses, could trace eye, mouth, nostril, and form, in the floating mass to which their attention was directed. The general impression produced was, that the animal belonged rather to the lizard than to the serpent tribe; its movement was steady, rapid, and uniform, as if propelled by fins rather than by undulating power. The size appeared to be very great; but as only a portion of the animal was above water, no exact estimate of dimensions could be made. Neither officers nor seamen ever saw anything similar to it before. The report of this incident caused a stir among the British naturalists, who were eager to meet the popular fancy of the sea-serpent with facts shewing the extreme improbability of the existence of any such creature. The Captain, nevertheless, insisted on the correctness of his report, and many professed to attach little consequence to the merely negative evidence brought against it. On the 12th of December 1857, the ship Castilian, bound from Bombay to Liverpool, was, at six in the evening, about ten miles distant from St. Helena. A monster that suddenly appeared in the water was described by the three chief officers of the ship. Nothing can be more plain than the honest good faith in which the narrative is written. The chief facts, in the captain's own words, are as follows:

'While myself and officers were standing on the lee-side of the poop, looking towards the island, we were startled by the sight of a huge marine animal, which reared its head out of the water, within twenty yards of the ship; when it suddenly disappeared for about half a minute, and then made its appearance in the same manner again-shewing us distinctly its neck and head, about ten or twelve feet out of the water. Its head was shaped like a long nun-buoy; and I suppose the diameter to have been seven or eight feet in the largest part, with a kind of scroll, or tuft of loose skin, encircling it about two feet from the top.

The water was discoloured for several hundred feet from its head: so much so, that on its first appearance my impression was that the ship was in broken water, produced, as I supposed, by some volcanic agency since the last time I passed the island; but the second appearance completely dispelled those fears, and assured us that it was a monster of extraordinary length, which appeared to be moving slowly towards the land.

The ship was going too fast, to enable us to reach the mast-head in time to form a correct estimate of its extreme length; but from what we saw from the deck, we conclude that it must have been over two hundred feet long. The boatswain and several of the crew who observed it from the top-gallant fore-castle, state that it was more than double the length of the ship, in which case it must have been five hundred feet. Be that as it may, I am convinced that it belonged to the serpent tribe; it was of a dark colour about the head, and was covered with several white spots."

These are but examples of many confident reports made by persons professing to have seen the sea-serpent. Between 1844 and 1846, there were reported several appearances of this monster, in the seas fronting the United States and Canada. Twenty years earlier, the seaserpent was repeatedly seen on the coasts of the United States, also about 1818, and in 1806. It is remarkable with what distinctness, and with what confidence, the observers state their notions of what they sawnot meaning, we suppose, to deceive, but in all good faith taking hasty and excited impressions for serious and exact observation.

It is not, however, the prevalent belief of naturalists, that the seaserpent has been in all cases the Squalus Maximus. It seems to be now concluded, that the animal actually seen by Dcedalus, and Castilian was more probably a certain species of seal known to inhabit the South Seas. The creature so often seen on the American coasts, was in all probability a shark, similar to that stranded in Orkney.



pig in the wane of the moon; if it is done, the pork will waste in boiling. I have known the shrinking of bacon in the pot attributed to the fact of the pig having been killed in the moon's decrease; an I have also known the death of poor delayed, or hastened, so as to happen during its increase.

The worship of the moon (a part of, perhaps, the oldest of false religions) has not entirely died out in this nineteenth century of the Christian era. Many persons will courtesy to the new moon on its first appearance, and turn the money in their pockets 'for luck.' Last winter, I had a set of rough country lads in a night-school; they happened to catch sight of the new moon through the window, and all (I think) that had any money in their pockets turned it 'for luck.' As may be supposed, it was done in a joking sort of way,

the weather are, no doubt, founded upon observation; such appears to be the following:

> 'Rain before seven, Fine before eleven.'

At anyrate, I have hardly ever known it fail in this district; but it must be borne in mind it is only about ten miles from Thetford, where the annual rainfall is no more than nineteen inches, the lowest registered at any place in the kingdom. Another saying is, that 'There never is a Saturday without sunshine.' This is almost always true, but, as might be supposed from the low annual rainfall, the same might be said of any day in the week with an equal amount of truth.

The character of St. Swithin's Day is much regarded here as a

THE (retired) ECOLOGIST

Dog day lessons

Bill Meredith

"When 'taters need sprayin,' I bet you're a-prayin' the bugs'll fall offa the vines.... —Hoagy Carmichael & Johnny

Mercer, 1933.

77e are in the middle of the ancient season that the Romans used to call dies caniculares, more recently known as Dog Days. This was a significant time in back then. The Royal Astronomers would mark the time when the sun rose in the constellation of Sirius, the dog star; they could see at dawn on that date that Sirius was getting too close to the sun, so they could predict with confidence that they were in for a period of hot, muggy weather. And they were always right.

We didn't have pre-school or kindergarten when I was young, so much of my early education came from my grandmother, who ran her life by the Bible and the Farmer's Almanac, in that order. She was the first to tell me about Dog Days. When I got to school, probably about the third grade, I learned that the months of July and August were named for Julius and Augustus Caesar. I'm not sure if Grandma knew about Julius Caesar; but she was aware of Augustus; the tax he im-



posed was the reason Mary and Joseph happened to be in Bethlehem when Jesus was born, and I'm sure she could have cited the chapter and verse to prove it.

I was born in the same year that Hoagy Carmichael wrote "Lazy Bones," and my wife has always maintained that he dedicated it to me. While there may have been some basis for that in recent years, back then it didn't apply to farm kids. There was work that had to be done, Dog Days or not, and that in-

cluded everyone. The gardens were producing beans, sweet corn and tomatoes, and the women were canning them in kitchens that were stiflingly hot and humid, since they cooked on coal stoves.

The first cutting of hay had been made in June, and the second crop would be ready about this time, depending on how much rain we'd had, so the men were out in the fields all day; if the hay wasn't ready, fences had to be mended, machinery had to be repaired, and acres of field corn had to be hoed. Kids were kept busy. As a pre-schooler I had the job of picking beetles and caterpillars off the bean and potato plants and disposing of them in kerosene, contained in one of Grandma's Garrett Snuff cans. It was a laborintensive task; folks said kids were well-suited for it, being close to the ground. We also carried a couple of flat rocks for squashing the masses of yellow eggs the beetles had laid on the bottoms of leaves. In those days if you were born squeamish, you got over it. When we got a little bigger, we were assigned to feed the chickens and pigs, gather eggs, and carry jugs of water to the men in the fields; and in a few more years we were working in the fields ourselves. Ah, the Good Old Days.

Besides learning how to work, I learned a lot of things that made my mind receptive when I began to study science. One day my Dad was chopping wood near the house, and I was out in a field some distance away when I noticed something was out of synch. The axe made no sound when it came down on the wood, but when he raised it for the next blow, I heard a solid "WHACK!" as if he had hit an invisible log in the air over his head. He chopped rhythmically through the log, the last sound occurring after he finished. I thought it would be neat if I could do that and amaze people, so I went and asked him how he did it. He looked at me with an odd expression... I was used to that, for my questions often resulted in that look... but after he figured out what I was talking about, he gave me a clear explanation. The axe made its sound when it hit the wood, but sound travels through the air at a fairly slow speed, so he had raised the axe before the sound got to me. I wasn't sure if I believed him at first, but that evening there was a thunderstorm, and he explained that the sound from the lightning travels about 1,000 feet per second, and since there are about 5,000 feet in a mile, if you count the seconds between the flash of light and the thunder and divide by 5, you can calculate how far away the lightning is... five seconds equals one mile. We sat on the porch and timed the approaching storm with his pocket watch, and when the intervals got less than five seconds, he said it was time to go inside. Before long there was a blinding flash, followed instantly by an enormous crash as a tree near the house was struck. It demonstrated the point more vividly than any





lesson I ever had in school.

That was 70 years ago, and things are different now. I still plant a garden each spring, but it is about 1/20th the size of my grandmother's, and the work involved in tending it seems less urgent. How well we will eat next winter does not depend on it. Especially since my retirement, there is more time to stop and look at things. I was tying tomato plants to their stakes the other day when an adolescent chipping sparrow fluttered to the ground a few feet away. It gazed at me as if it wondered whether I might be its mother; meanwhile, the real mother fluttered and chirped frantically from the edge of the lawn. My hearing has deteriorated badly in recent years, but as nearly as I could tell in translation, she was saying, "Not him, you idiot! Me!" Things like that make you wonder how kids ever manage to survive. Later that day, while cutting grass in the yard, I found a baby toad that had survived tadpoledom in the ditch below the house last spring. It was not half an inch long, and its legs were thinner than a blade of grass; hopping from its birthplace to where I found it would have been the equivalent of walking from here to Baltimore. It would not fare well there the next time the lawnmower came by, so I carried it out to a field where all it will have to worry about is garter snakes, raccoons, crows and pesticides.

Dog Days take their toll. Last spring my wife got some tree seedlings for Arbor Day, and when I set them out I put wire around them and supported it with sticks that I had recently pruned from trees. Most of the seedlings died, but one of the sticks sprouted leaves, even though I had stuck it into the ground top-end-first It was a demonstration of the indomitable tenacity of meristematic tissue, and I had some hope that it might take root and survive, but temperatures above 100 in July were too much for it. So, I will stay indoors for a while. Somewhere I have a recording of Nat "King" Cole singing "Those lazy, hazy, crazy days of summer," and if I can find it, I'll put it on and listen to it, if the old turntable still works. It will be a good time to stretch out in the recliner with a good book... nothing too strenuous... maybe re-read Harry Potter. You have to take advantage of Dog Days while they last.



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IN THE COUNTRY Invasive plants of the Mason-Dixon

Rusty Ryan

In my travels throughout Adams County I am overwhelmed of the diversity and dominance of invasive and noxious plants within our developed areas, public lands and especially along our roadways. I'm sure the same could be said of the other Counties along the Mason-Dixon.

An invasive plant is a species that has become a weed pest by growing aggressively, spreading, and displacing other plants. Invasive plants thrive in disturbed areas and most invasive plants have been introduced from other countries and are not native to this area. A noxious weed is an invasive plant taken to the highest level. In Pennsylvania, a noxious plant is defined by the Noxious Weed Law of PA as "a plant that has been determined to be injurious, to public health, crops, livestock, agricultural land or other property".

The most obvious noxious plant that is very visible now is the Canada Thistle. Unfortunately, this plant has gone to seed and the damage is done. Control will not be necessary till next year. Even worse is the fact that many of those same fields were recently harvested while the plants were in full seed thus the thistle that was cut and mixed with desirable crops will be spread to other places. It is also very doubtful that the equipment operator took the time to properly clean the harvesting equipment prior to harvesting the next fields.

Why worry about invasive and noxious plants? The two main reasons to worry are loss of biodiversity and economics. Invasive and noxious plant (and animal) issues are second only to loss of habitat in terms of loss of biodiversity. Both plant types displace and out compete with our native plants for survival. In turn, our native plants and animals suffer. Even entire ecosystems can be taken over by a single plant. For example, a single plant can dominate our wetland ecosystems and provide little to



Ailanthus (tree of heaven)

no value such as the noxious plant called Purple Loosestrife.

Invasive plants of noteworthy in Adams County include Ailanthus (tree of heaven); Japanese Stilt grass, various honeysuckle species, Japanese knotweed, Japanese barberry and Garlic mustard. A complete list is available @ www.dcnr. state.pa.us.

In Adams County, there are two species that the local Conservation District is hoping to control. They are Purple Loosestrife and Japanese Knotweed. These two species are present in the County but the populations are small and scattered. These two species are found around wetlands and streams and they can devastate ecosystems in and along our aquatic resources. A goal of the Conservation District is to inform property owners of the presence of these two species. Once detected and property owner known, the District will inform the property owner of the issue and provide information for the control of the specie.

Noxious Weeds – The state of Pennsylvania does have a Law which makes it illegal to propagate, sell or transport the following plant species: Marijuana, Canada thistle, Multiflora rose, Shattercane, Johnson grass, Purple loosestrife, Giant hogweed, Kudzu-vine, Mile-a minute, Jimsonweed, Goatsrue, Bull/ Spear thistle and Musk/Nodding thistle.

Maryland also has a Weed Control Law that regulates six plants. They are: Canada Thistle, Johnsongrass, Shattercane, Bull Thistle, Plumeless Thistle and Musk/Nodding Thistle. During my research, it appears that Maryland also has a separate Law that deals with the



Canadian Thistle

management of Multi-flora rose but I could not access the information during my internet search.

Control Methods

The problem with both noxious and invasive plants is that they are difficult and costly to control. Control methods include mechanical, cultural, chemical and biological.

Mechanical control can consist of methods such as mowing, pulling, digging and cutting.

Cultural control - an example of this method would be cleaning equipment before leaving an infected area thus minimizing transport to unaffected sites.

Chemical control methods usually consist of applying specific herbicides.

Biological control consists of introducing a pest (insect or disease) the plants native origin.

Invasive and noxious plants also take a heavy economic toll in this country. A Cornell University study estimated that it cost Americans 138 billion dollars to deal with issues pertaining to control of exotics (includes plants and animals).

What can you do?

Learn to identify the various plants. Once identified, create a plan of how best to control those unwanted plants on your own property. It is very important to frequently scout your property at different times of year. Identifying and treating them before they flower is best.

Landscape with native plants. Avoid buying non-native plants.

Minimize soil disturbance. Disturbing soil is a prime way to attract those unwanted plants.

Make sure that equipment is cleaned to reduce transport of noxious and invasive plants. This is something you should insist on when contracting others to manage your property (i.e. mowing services and crop harvesting).

** Remember that controlling those plants is much easier when the plants are detected early and in small numbers!



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THE VILLAGE IDIOT

Control? I dare ya!

Jack Deatherage, Jr.

The teen wanted to quit school (I sympathized with that.) However, I didn't think much of the boy's plan to earn his living selling pot and pills.

The uncle he was arguing with asked me to explain to the boy how he should stay in school. How the drugs would take him nowhere he wanted to go. How he was throwing his life away. How hard it would be to start over once he went down that road.

I watched the boy watching us. He was determined to chase stupidity. The uncle spoke calmly, from his heart. He'd been down that road. There was nothing I could add. The boy would learn, or not.

Alcohol has always been abused here. My generation added pot, pills, LSD and later, cocaine. My son's generation has added drugs I'd not heard of in my youth and seems to think heroin is no biggie. But really, why do we use any drug?

Obviously, we started out drinking because we saw so many of the adults around us doing it. From the town drunk to the town cop (who helped my dad into his car when he was too drunk to even find his car) alcohol was simply the rite of passage into adulthood. (Yeah, that worked so well for so many of us. Us thinking we

were in control as we lost control to al- area's teens control. cohol.)

Once started, I discovered I liked getting, and being, drunk. It beat being bored, but it also seriously interfered with areas of my life that were important to me. I loved fishing, hunting, writing stories and riding motorcycles. I learned early on I didn't enjoy those activities if I attempted them under the influence. I eventually chose alcohol over all of them. An easy choice once I moved into town where drugs were handy and access to the fields, woods and streams of my youth became restricted.

Looking back on those days, I vaguely recall a TV show where an out of control teen is asked by an adult "What do you want?" The kid stares for a moment and says "I want control." Next scene (as I remember it) the pair is in a two-seater airplane at 5,000 feet. The adult tells the kid to take the controls and sits back relaxing as the plane goes into an immediate nosedive. As the kid screams, the adult tells him "You wanted control? You got it. I'm old. I'm ready to die." Of course, the kid manages to gain control of the plane (with advice from the adult) and in the process, the boy's life is forever changed. Why? Because someone gave him control. (Gods, how I envied that kid!)

Someone has decided to offer this



NO LIMITS YOUTH CLUB Mission:

We would provide a safe, supervised environment for the youth of Northern Frederick County. We would accept a range of children from ages 12 through 17, and would be available Monday through Friday, year round.

We would provide indoor and outdoor activities that would enrich and enhance the knowledge of our youth socially, physically and intellectually. As well as engaging them in community activities and services, we would also help them to expand their individual talents and skills. Our focus will be to expose them to new and exciting things while learning.

Our goals:

- A. Eventually provide a muchneeded service to all communities in Northern Frederick County. To encourage and challenge our youth during their most influential stages of life.
- B. Reach out to those who wish to attend, providing transportation and possibly some financial assistance. Helping them overcome all obstacles in order for them to succeed. Leaving no children out!
- C. Encourage a positive "No Limits" outlook on life, so they develop an attitude of: "With hard work and determination ANY GOAL is OBTAIN-ABLE!" They can achieve and overcome all challenges in their lives.
- D. To accustom them to guidelines and boundaries in a "Do What It Takes" atmosphere. To encourage achievements of their goals while giving back to their communities.
- E. To utilize their free time in a constructive manner, while developing a positive outlook on



their lives.

- F. To follow up and provide encouragement to those who move on and become creditable, active members of their communities.
- G. To become a self-sufficient youth club in approximately 5 years.

This is Miss Britt's brainchild; I'm here to help with the delivery. (And may the gods help us all if she needs a non-hacker/slacker like me to get this up and running!) We need to know if there is a desire for such a club and how much support people are willing to commit to it. To that end, a few questions for families with teenagers interested in their children attending a safe, supervised club dedicated to expanding their educations as well as letting them have fun through the summer school break and on through after-school hours during the school

Money is always a component. How much is a teen club worth per child, per day? Per week? Per month?

We're thinking \$10 per day, per child, plus two canned goods for the local food bank. A better deal than

daycare!

What after-school/summer activities would teens be interested in?

We're looking for ideas other than those organized by local communities and schools. Off the top of my head: archery (hunting/paper/3-D target/ Olympic style shooting), cooking (basic, gourmet) baking (breads, cakes, cookies, PIZZAS), gardening (veggies/flowers), jewelry making, animal husbandry, leather crafts, acting, story writing, story telling, investment club, sewing, painting, kite club (design, make and fly), history (local, regional, world), Buccaneer Scholars Club, watershed ecology, photography (digital) and Etsy.com (to sell anything the kids make so they learn to earn). To some of these I can supply materials to get started. Local enthusiasts have tentatively offered their time if we can make the club a reality.

What career choices might the kids be interested in learning more about?

Local professionals have expressed interest in offering their insights concerning educational requirements for specific occupations.

How many days, Monday through Friday, would club members be likely to use the club?

Adult supervisors/office worker(s) would need to be employed. Money again.

Would club members, and their families, be willing to support the club by raising money through teen dances, concerts, yard sales, Etsy.com sales, ect.?



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First, there was an idea.

Now the research is being done. Eventually there will be a club, be it two kids or two thousand two hundred twenty-two!

Anyone interested in the "NO LIMITS YOUTH CLUB" can contact JoAnn Britt at: NO LIMITS YOUTH CLUB PO Box 15 Rocky Ridge, MD 21788 Or via e-mail: Justmepetite143@ aol.com Or: jackdeathjr@juno.com

Would I have joined such a club when I was a teen? Nope. I was lost by age 6. It took me 30 years to find my way back and I'm still not sure I want to be here. If Miss Britt can help even one kid find their way, I'm ready to serve, if nothing else, as a bad example.

IN THE COUNTRY

Long necking at the Catoctin Wildlife Preserve

Brandie Owens Education Coordinator Catoctin Wildlife Zoo

Visitors to the verdant Catoctin Wildlife Preserve now have an exciting new star attraction to enjoy....a real live giraffe in Frederick County, Md.! Booked for a limited time like a country music star this summer and fall only, Rocket the giraffe will provide another up close and personal experience for the zoo's guests, thanks to the hard work of the zoo staff.

"Our mission is to bring people and animals together in a personal, interactive way. Rocket, reared by hand from a baby, is extremely people-friendly, reaching out with his nose to touch and sniff zoo guests. This is a once-in-a-lifetime experience that we are excited to share," says Richard Hahn, executive director of the zoo.

Of all the charismatic animals that we see on television, in movies and books or for that matter on the African veldt, one of the top five would definitely be a Reticulated Giraffe. This statuesque mammal is the tallest of all the living animals. Even a two-year-old giraffe like Rocket is very impressive at 12 feet tall when you are standing on the ground next to him and he is reaching down with his 15-inch tongue to take treats from your hand.

Giraffes were once the gifts that sultans, emperors or kings would send to one another to impress each other with their wealth or power. Although the first giraffe arrived in England over 600 years ago, this one is only the second one ever at the Catoctin Wildlife Preserve in its 78- year history of providing a fun and educational opportunity for people who love animals. The only other giraffe exhibited was at the zoo as a temporary exhibit for several weeks in 1996.

Zoo Director Richard Hahn commented recently that one of the few zoo animals that people routinely ask for on their exit surveys is the giraffe. But until now it has been a step beyond the zoo's resources. And even now help is needed if Rocket is to become a permanent fixture.

"As part of the growing African section of the zoo along with the upcoming Black Wildebeest, African Giant Porcupine, Spotted Hyena, and Red Patas Monkey exhibits and the new Warthog exhibit and African Pygmy Goat feeding area, Rocket the giraffe, even as a temporary exhibit, will really liven up the area."

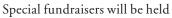
The Zoo staff began preparing for this in 1992 when the current master plan which included a giraffe exhibit was drawn up. More recently in 2008 a twenty-five-acre African section was begun with the opening of the Global Wildlife Safari ride. This guided tour from an army troop carrier called a deuce and a half through four six-acre paddocks in the back portion of the over 50-acre park quickly became an international safari with some African animals like Zebra, African Antelope and Ostrich being joined by North American Bison, Tibetan Yak, Asian Water Buffalo, Scottish Highland Cattle, Indian Nilgai, Asian Mouflon Sheep, European Fallow Deer, Australian Emu and South American Rhea, a veritable smorgasbord of hoofed animals and large flightless birds.

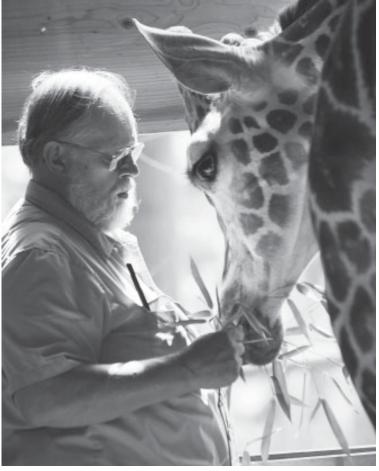
Giraffes, except for two subspecies, are not considered rare in the wild, but there are fewer than 1,500 in zoos worldwide and possibly less than 75,000 in the whole world all in the African wilds. This makes them a much more unusual zoo animal than a lion, tiger or bear. Because of the costs associated with providing for these large animals (a male giraffe can grow to almost 20 feet in height and 2,600 pounds), small zoos rarely display this species. The Catoctin Wildlife Preserve is a medium-sized zoo with well over 500 animals displayed and 50 of its 75 acres developed that would like to become better, but not necessarily bigger. However, expenses, feed, energy, insurance and labor have consistently risen while admissions have remained flat.

"We are fortunate that our income has held even in this recession, but with increasing expenses, we have to attract more people. If the giraffe helps us do that, all the work will have been worth it," says Hahn. "He is a total pussy cat. He can be led with a halter and even puts his head down for the halter. How cool is that? Although we would love to keep this particular giraffe because he is such a gem, I don't even want to think about it until I see the numbers. The costs of keeping him year round are double what we have already invested."

Every day, Rocket will eat the best alfalfa hay, up to 3% of his weight of specially ordered giraffe diet, and up to 100 pounds of fresh-cut browse.

Some fun facts about giraffes: part of a giraffe's scientific name, "camelopard" comes from the ancient Greek name referring to the similarity of its head to a camel and its pattern of spots to a leopard. Giraffes are the opposite of lions that lay around for 23 hours daily: giraffes sleep an average of less than five hours daily. The giraffe's neck is half of its height, but its neck still has exactly the same number of bones as a bat or human's does, seven.



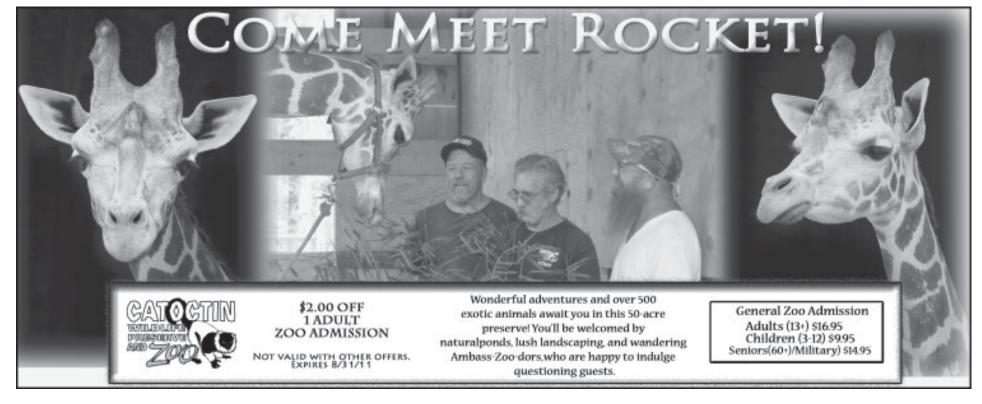


through November to attempt to raise the nearly \$100,000 required to purchase, house and feed Rocket. The first fundraiser will be held Thursday, July 28th from 6-7:30pm when for a small donation, the public can feed, touch and be photographed with the 12- foot star. Please see our website for more information on this fundraiser.

The Catoctin Zoo, located 2 miles south of Thurmont, Maryland on U.S. Route 15 is also looking for sponsors that will support the additional costs of maintaining the giraffe permanently at the Wildlife Preserve. See thezooforyou.com or CWP-Zoo.com or call 301-271-3180 for information on how you or your business can help.

Catoctin Wildlife Preserve and Zoo in partnership with Global Wildlife Trust is a 501(c) (3) nonprofit organization. GWT strives to provide the highest level of competent care for its resident wildlife ambassadors and to support the conservation of their wild counterparts in unspoiled habitats. We are committed to this mission because we believe promoting harmonious coexistence of all species is our duty as stewards of the Earth.





PETS LARGE AND SMALL

Soul mate

Jennifer Vanderau Cumberland Valley Animal Shelter

His life certainly isn't what he thought it would be. Turns out all the beer commercials on television are just trying to sell a product to sportsfans. Imagine that.

He remembers when he was younger, the sky was the limit. He was going to graduate high school, make millions, more than keep up with the Joneses and be a big success.

While he isn't a failure by any stretch of the imagination, he's not where he thought he would be, either. He's got a nice house, reliable car, decent marriage and he's not sure when he became satisfied with adjectives like "reliable" and "nice."

In his youth he wanted fast and instant and wild. Didn't matter if the car needed work, could it hit 60 in a matter of seconds? Man, that was fun. Burning rubber on the asphalt -- now that was the way to live. Racing down country roads with a buddy in the car next to him. Woo, that really got the adrenaline pumping.

Now he's got responsibilities – reasons not to rip up and down the road in a car because it's not safe and

he needs to be around for a while. Plus, he has to keep his car in good shape, so he's learned to treat his vehicle with a little more respect.

Sometimes he laughs at himself – at the dreams of youth – like adults do. Fast cars break down and when you've got a job, you need a vehicle that can get you there. Relationships take work from both people to maintain – they're certainly not like what's portrayed in the action movies he enjoys so much.

He does all this – thinks about gas mileage and makes a point to listen to his wife – because he wants to be a good person. Adulthood has taught him that character counts.

None of this is spoken aloud, though. Not to anyone. Well, almost.

He's got one soul he confides in – and she seems to understand.

Her name's Copper and as crazy as it sounds, she's got four legs and a tail. She's a 5-year-old golden retriever and she's been with him since she was a pup. His family got her at an animal shelter and at first, he had to be convinced. His wife and kids wanted a dog -- and he remembered thinking at the time, wouldn't the Norman Rockwell picture be complete?

The funny thing is, though, as



soon as Copper came into his life, he realized there might just be more to the world than fast cars and exciting times.

He doesn't wax this philosophy to anyone, ever, but in his head, in his gut, he knows how special Copper is. He doesn't have to choose the right words with her. He doesn't have to toe the line, like at work. She understands if he's had a bad day and just needs to relax.

Sometimes he actually talks to her – out loud when no one's around – and he knows it's stupid, but he tells her what scares him and what worries him and what he finds funny and what he misses from when he was younger. And he doesn't have to explain why. She just watches him with those big brown eyes of hers and lets him talk.

He feels weird when he thinks it, but he sometimes believes that she just knows he needs to get some stuff off his chest and she's there to listen. She sits with him during football games and doesn't look at him strangely when he laughs out loud at the comedians on Comedy Central.

He shakes his head at himself. He used to be tough. He had a cool car. His boots were well-worn and made him look like the Marlboro Man. Nothing phased him. Now because of this four-legged, brown-eyed dog he's become mushy and sentimental.

About a year ago, she had some lumps. Scared him so bad he didn't sleep one night wondering what in the world he would do without her. He didn't think he was one of "those people," the ones who form these odd attachments to their pets, but somehow, someway, Copper had wormed her way into his heart, almost without his knowledge and he doesn't think he can remember what his life was like before she came into it and followed him around like he may have literally hung the moon.

The lumps turned out to be nothing of concern and the relief he had felt in the vet's office that day had been nearly staggering. It was that moment that he realized although there were people who would make fun of and mock him, he didn't care if he was one of "those people." Copper was important to him and he wasn't going to apologize for it.

Since then he's come to believe maybe she's got the right idea. She loves her food – eats with gusto. She finds joy in the simplest of things – a walk, playing fetch in the backyard, a nap in front of the fire.

He's started to think, the older he gets, that maybe life is less about being "cool" and having "awesome" stuff and more about knowing what's important – what makes you happy. Copper sure seems to be able to find happiness in things that could be considered boring to humans.

He heard a line from a movie the other day that said, "I think the boring stuff is the stuff I remember the most."

He had smiled; Copper would totally get that.

So even though he sometimes thinks back to the days of his youth





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TRISH ROWE REALTOR/BROKER with an odd sort of yearning nostalgia, and he's a long way from where he thought he would be, he's come to realize that his life, as it is, can be pretty darn good, too.

And he's fairly certain he has Copper to thank for that lesson.

Jennifer Vanderau is the Director of Communications for the Cumberland Valley Animal Shelter and can be reached at cvasoc@innernet.net. The shelter accepts both monetary and pet supply donations. For more information, call the shelter at 263-5791 or visit the website www.cvas-pets.org. Animals available for adoption can be viewed at www.petfinder.org. CVAS also operates thrift stores in Chambersburg and Shippensburg. Help support the animals at the shelter by donating to or shopping at the stores.

PETS LARGE AND SMALL

Camping with horses

Dr. Kimberly Brokaw Walkersville Veterinary Clinic

Tam fond of camping with horses Leven if it does take a fair amount of effort. A day trip for a trail ride is comparably easy. For that I just hook up the trailer and put the tack and the horse in and drive somewhere to ride. Camping requires more planning. I have learned that if I skip any step of the planning, the natural consequences of my laziness will come back and bite me.

My first step is that I have to find someone to house sit and take care of the pets who do not come along. I am extremely picky about the care my pets receive and leave a two-page instruction sheet detailing how to care for a couple horses, a dog, and 20 poultry. Usually I make a family member take care of my pets. My dad offered to take care of them this past weekend, while mentioning having all his buddies up to "the lake house" (i.e. my house with farm pond) for a weekend of fishing. I envisioned the stereotypical party teenage kids have when their parents go out of town. So while I knew my pets would get adequate care, I was expecting to return home to a yard full of empty beer bottles and a filthy house. I warned my father that he needed to behave himself and take good care of my house, as well as my pets.

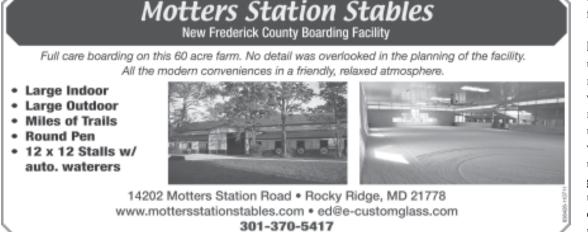
Now that the care of the remaining pets had been arranged, it was time to pack. Whenever I travel with horses I like to remember

rule number one, which is to make a vet clinic. sure that I have everything I might need for the horses. While practicality limits me from bringing the entire contents of my work truck, I do bring a rather large collection of supplies. I want to have everything I need to nail a shoe back on (including extra shoes), as well as materials to treat a minor colic, laceration, eye injury, anaphylactic reaction, etc. As you can imagine that leads to a rather large box of items that hopefully won't even be needed. I have an equally large box of things that I will need such as tack, horse food, and clothes.

My usual co-camper aka "Trip Leader" brings his horse whose soundness is questionable so I put supplies for treating lameness in the box of things that will be needed. So basically I do not travel lightly when going horse camping. At the same time that I was filling the trailer with lots of "probably/ hopefully won't be needed yet in my mind essential" supplies, Trip Leader asked about bringing along a generator and air compressor. Thinking about how full the truck and trailer would be with just my boxes, my immediate and poorly thought out response was "don't bother. Extra tools will just take up space and we won't need them." Given who this response was coming from, the person who packs boxes of unneeded supplies, it was a very hypocritical statement. I figured you could always go to a gas station and get air but you can't purchase Banamine from anywhere but

Trip Leader has a big, roomy trailer. It is well constructed, and everything on it works well. It never occurred to me that the trailer could give us any problem. On my little two horse trailer, I carry a portable horse trailer tire jack, extra water, and a few supplies that are helpful in case of minor breakdowns. Having lived in Virginia where annual trailer inspections are required by the state, I am used to taking my trailer to a trailer place every year for routine maintenance. The bearings are checked and repacked, as worn bearings can cause trailer fires. The tires are replaced every 5 years because dry rot can cause unexpected flat tires. Trailer floors are checked because a horse can fall through an old trailer floor. I don't even think about the routine trailer maintenance. Every year, a reminder card comes in the mail from my trailer place. I drop off the trailer, it is serviced and I don't think about it until the card comes the next year. I forget that many Maryland trailer owners don't do this routine maintenance because they aren't required to have the annual inspection. Unfortunately on this trip, omitting that annual trailer inspection got us into some minor trouble. Rule number two is always do routine annual maintenance on your horse trailer.

On the way down to West Virginia, we stopped at a small general store. When leaving the store Trip Leader noticed that two of the trail-





er tires were flat. Luckily one of the locals let us use his air compressor to fill up the tires so we could make it to the campsite. The crisis was temporarily averted. While we were at the general store, we consulted with each other about what food we had brought. There had been minimal communication about human food and who was bringing what. During the drive down we realized that we had each brought eggs, bacon, and breakfast supplies but had forgotten dinner. We picked up chicken to go with some squash that a client had given me as well as maple syrup for the pancakes. Yes, camping rule number three is make a list of the groceries you need so you don't end up eating eggs and bacon for breakfast, lunch and dinner.

After we got to the campsite, we had to figure out what to do about the tires. Now this goes back to rule number two when camping with horses. Part of routine maintenance for a trailer is to check your tires for dry rot. As it turned out the valves around the tires had dry rotted and were leaking air. When we got to camp, Trip Leader jacked up the trailer using rocks. This reminded me of why they make trailer jacks that you just drive up onto so you

can change a trailer tire easily. I even own one but didn't think to take it out of my trailer and put it into his.

Anyway we were fortunate enough to have met several people at the camp site who told us where to go to get the tires fixed. They also told us stories of the various deaths and injuries that had occurred on those trails over the past few years. In fact a hiker had been missing for over a month at the time we were down there. As it was all this talk scared Trip Leader's friend aka "The Navigator," hence named as he brought a GPS to track how many miles we rode (as well as find our way back to camp). Anyway the Navigator is a new rider and thought that perhaps he would not try his luck on those particular trails. He instead volunteered to take the tires in to the nearest town and get them fixed while Trip Leader and I went riding. I think he was still shook up from the previous day's ride when his horse tried to roll in a mud puddle with him. The horse went down in the puddle and left the Navigator uninjured but with a wet and muddy boot and leg. Navigator had no desire to spend any more time down in a mud puddle.

Part 2 next month

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THE MASTER GARDENER

Gardening in the Dog Days of summer

Sue Bucher & Pat Fergusion Adams County Master Gardeners

Thinking back to April and May, it seemed we had all the rain we wanted. Now we're into long stretches of hot, dry days also known as the Dog Days of Summer. To keep your gardens looking as green as possible takes work, but you'll be amply rewarded once the fall rains begin again. There are many variables to consider when planning your summer watering regime.

We use water every day at home and at work in so many ways, and most of us just take it for granted that it will be there when we turn on the faucet. But will it? We need to rethink our uses of this natural resource and change our attitude.

In 1900, each person used about 5 gallons of water per day. Since our water consumption has increased to an average of 62 gallons per day. Part of this huge increase is due to the many modern conveniences in our homes that use so much water like dishwashers, clothes washers, garbage disposals and home water treatment systems.

Awareness is the first step in conserving water. Be aware of the current drought conditions and also of how much water you use, and find ways to conserve this resource. However, if you are trying to keep your garden fresh looking in the heat of the summer you are going to have to do some watering. I can think of several important reasons why you should be careful about how you water. Most important to many is that you can substantially reduce the cost of watering if you are careful. Seventy percent of municipal water goes to residential use, and of that 50 percent goes to landscapes.

Of equal importance are two other factors. Proper watering is necessary for healthy plants. Excess watering can produce foliage at the expense of fruits, vegetables and flowers. Excess shallow watering encourages shallow root systems and weak plants. Proper watering also reduces the pollution in our watershed. Excess water drains off your property, carrying pollutants like fertilizer, herbicides, insecticides and pet waste into storm drains, streams and local rivers. All of this waste eventually ends up in Chesapeake Bay.

OK, what can you do?

Allow your lawn to go dormant. Cut your lawn to a height of two inches to protect the roots, and stop watering it. Do not put any fertilizer or other chemicals on it until fall. It may turn brown, but even if we receive no rain for the rest of the summer, your lawn will not die. It will green-up in fall or spring. The added bonus to this approach is you will be able to stop cutting your lawn. Of course, if you are just establishing a new lawn (less than one year old), you must continue watering to keep it alive.

Put a rain barrel(s) under your downspout to collect water to use in irrigating plants. One-eighth inch of rain on an average roof will fill a 60-gallon rain barrel. Excess rain that does not go into the barrel can be directed to a garden that will absorb it. Also, direct water from downspouts that do not have barrels into gardens or areas where it can be absorbed.

Water trees, shrubs and plants in order of priority. Because they are substantial investments, your first priority should go to newly planted trees and shrubs. Then water perennials, vegetables, fruit and nut trees and shallow-rooted established shrubs. Finally, if you have the time, water annuals. You will have to water most container gardens every day in order to keep them alive and fresh. If watering becomes too much of a burden, consider allowing container gardens and other annuals to die early. You may also put container plants in the ground to reduce their watering needs.

The best time of the day to water is in the morning, when it is cool and evaporation is at a minimum. Furthermore, if you get the plants wet, they will dry quickly, minimizing the opportunity for diseases to develop. If you cannot water in the morning, evening is the next best time. Water slowly and as deeply as your soil drainage conditions will allow. This will encourage deep roots and healthier plants, and you will not have to water every day. Frequent light watering actually does more harm than good because it encourages shallow root growth. Mulch your gardens to help hold the moisture in.

Use a watering can, or a hose with a bubbler on it to water. Repair leaking hose connections or make sure that leaky connection is lying somewhere where water is needed. Leaking hose connections can waste up to 50 percent of the water flowing through a hose. Water directly at the base of the plants and try to avoid getting foliage wet. Other good options are to use soaker hoses or install a drip system. Both are efficient in their use of water. Use overhead sprinklers only as a last resort. They are extremely inefficient, allowing for a lot of evaporation and generally watering too shallowly. They also cause water to run off the landscape when they throw water on paved surfaces. Is your garden soil mostly clay? If so, you will see that water just runs off instead of soaking in. Add soil amendments (compost or other organic amendments like peat). Perhaps your soil is a sandytype? In this case you will notice that water does not run off, it does go right into the soil. The prob-



Summer is also a hard time for small animals that call gardens home. So when watering remember to put out water for them.

lem is that it drains out immediately. You will need to add soil amendments like peat moss, manures, compost, or organic matter. If you are working with straight topsoil, be sure to add amendments like perlite or vermiculite, peat moss, humus, or composted cow manure because topsoil is so dense.

Plants under the eaves of your house or in southern, southwestern or western exposures need to be watered more frequently since they get very little water from precipitation and the reflected heat from the walls leads to increased water stress and heat stress. Be careful what you plant next to rocks or a blacktop or pebble driveway since these surfaces are so hot and retain heat. Wind can dry out the soil and dry out your plants very quickly. Unfortunately, most people just look at their plants to see if they have begun to wilt, judging that if they are wilted they need water. Alas, if a plant has begun to wilt then it has already suffered water stress. In a weakened condition, that plant cannot cope with the normal problems of insects, diseases, etc. Mulching helps to keep the roots of your plants at a more even temperature, it helps the soil underneath it to retain moisture and nutrients and mulch will also help

keep weeds down. When mulching, remember that, besides water, one of the basic requirements of any plants' roots is oxygen. If you pile up mulch around the base of plants, shrubs, or trees, the roots have little chance of getting the oxygen they need. Pull the mulch out from the base of your plants and trees and make a little circle of the mulch away from the trunks or stems. You'll end up with a kind of well which will hold more of the moisture in the area of the roots.

Plants need deep, thorough soakings. It is truly far better to water less frequently but for a longer period of time. If we are fortunate enough to get one inch of rain in a week, that is generally considered sufficient to a well-established garden. Notice the qualification - "well-established"! If your garden is new or your annuals are planted "high", then you are going to have to supplement that one inch of water. It's better to water in the early morning if you possibly can. Night waterings can create ideal conditions for disease development including fungus.



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The method: Deep soaking is the goal. The most ideal and water-conserving method is one that provides a slow, steady trickle of water. Soaker hoses or irrigation systems set on a very slow set-

THE MASTER GARDENER

ting fill this need. By watering in this manner you achieve several important objectives; the water you use does not run off the soil but instead reaches the roots below making your plant stronger in the long run; the water that reaches the roots helps the plant to conserve the nutrients it needs to grow and develop; and by conserving the plant's nutrients, it becomes stronger over time and more drought-tolerant.

One final word on the subject of watering is the caution not to overdo the thing! Believe it or not, over-watering is as detrimental to your plant's health as under watering! It encourages stunted plants, root rot and fungal diseases. Over-watering also tends to leach nutrients and lime out of the soil causing poor growth and acidity. Finally, overwatering can wash chemicals, fertilizers, weed killers and plant nutrients off your property and into streams, rivers, ponds, and lakes. Such a situation can contaminate groundwater and eventually, drinking water. There is a balance to watering that is easily achieved, it just takes a little practice and knowing your garden conditions.

Other, less immediate things that you can do to water wisely in the future, include - Plant only in the spring and fall, when temperatures are lower and water loss from the soil is reduced. This is also an easier time for new plantings to become established. Make small earthen basins around newly planted trees and shrubs to catch water and

hold it for roots to absorb.

Reduce paved surfaces and lawn areas. They are the greatest source of runoff. Consider using gravel, wood chips, steppingstones and bricks on sand, and other water permeable materials for driveways and walkways. For existing paved areas that are not going to be replaced devise features that will direct runoff into garden areas. Replace sections of your lawns with drought tolerant groundcovers.

Select Plants Carefully. Put water-loving plants together and drought tolerant plants together. This will enable you to water more efficiently. If you do not have a naturally moist area, use primarily drought tolerant plants. Native plants are particularly good because they are fully adapted to our climate. If you have an area that holds water when it rains, and stays wetter than other areas, plant a rain garden containing native plants that normally grow on the edge of wetlands.

Planting and growing water wise plants does not mean that you have to give up beauty, color or fragrance in the garden. These plants with their lush colors will still attract bees, butterflies, and hummingbirds. Some of the more familiar drought tolerant perennials include Yarrow, Butterfly Weed, Bluebells, Trumpet Vine, Lavender, Iris, Gayfeather, Russian Sage, Blanketflower and Coneflower. Annuals like Sunflower, Cosmos, Zinnia, Salvia, Nasturtium, Portulaca, Globe Amaranth, and Or-

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namental Grasses are very decorative and do well with minimal amounts of water.

Hopefully, Mother Nature will be kinder to us in the near future and provide us with some much needed rainfall, but gardeners need to make choices now to ensure themselves the best garden possible this year.

Even though we are in the midst of a drought, we can still have a productive garden this summer. Become aware that we need to change old habits, conserve water and plant intelligently. Start today to help preserve one of our most precious resources, so it will be around not only for this summer's gardens but also for the future gardens of our children and grandchildren.

To read other gardening articles, visit the Gardening section of Emmitsburg.net.

The Small Town Gardener Barrels of fun – for free

Marianne Wilburn

Atter is expensive. It's just a fact of life I'm afraid. I remember well my father rationing our shower time and exercising a general tightening of the lips when the pool had to be topped up after thoughtless children splashed and cavorted in the summer sun. I believe that one good belly flop equaled four gallons of wasted water, and a casual splash squandered two. Granted I grew up in a dry State, a State that has forty-two words to describe differing levels of drought. Water conservation is just a way of life out there, a way of life that seems far away to many of us east of the Rockies.

It has only taken ten years of summer thunderstorms to convert me to the dark side. Now I expect rain like a teenager expects privileges. I plant summer annuals that revel in afternoon showers and perennials that list "moist" and "retentive" as the qualities that they most look for in a good date.

What's more, I find myself expecting that I won't have to water – indeed, that it is a weakness to water anything more than my hanging baskets and the odd bit of container finery. Add to this a genetic predisposition toward water frugality and I set my plants up for a rough time of it when a dry summer rears its ugly head. When that happens, I watch my plants bend with the heat and wilt with the sun and yell at them to send their roots deeper into the soil, like some sort of horticultural staff sergeant. I rarely take out the sprinkler, and when I do, the mites have probably moved in to add insult to injury and my plants are reading pamphlets on the afterlife.

Ironically, their California cousins are probably faring quite well at that point, for their owners have had the foresight to put in drip irrigation lines in anticipation of what will always be a crispy summer.

Penny-pinching people like me are some of the best candidates for installing rain barrels, though frugality is not a prerequisite for success. Many people are starting to harness this free harvest from the sky, and doing so can make a big difference on their water bills and to their plants.

Inspired by a friend's setup several years ago, I installed one water barrel in the front and one in the back. The barrel in the front had spent its first career as a container for whiskey, and was now forced to endure a tee-total retirement. I cut an overflow vent in the side and made it the middleman between downspout and drain. Today, this barrel allows me the freedom to dip and pour with a nearby watering can, and adds a lovely accent to the garden at the same time.

The second barrel is the ugly stepsister of the two, hidden away under the deck far from aesthetically sensitive eyes. Although unsightly, it is nevertheless extremely well-designed, with overflow hoses, water spigot and built in top-screen; and due to the terraced nature of my back garden, a hose hooked up at the bottom of this barrel provides a gravity fed stream of soft rain water to the vegetable beds below.

Rationing is still part of my lexicon. Last year for the first time, I ran both barrels temporarily dry, but friends who have three barrels daisy-chained together fared better. Mosquito dunks are also a necessary purchase, as my experiment with putting three goldfish in a newish whiskey barrel ended with drunken fish that didn't know a mosquito larva from a maple leaf.

You'd be surprised at how quickly they fill up, even after a rapid storm that hardly wets the asparagus bed – and my favorite pastime after a real hum-dinger of a downpour is checking to see how much free water has been collected without any effort on my part.

If you have the space, make a rain barrel part of your garden plan. It's easy, efficient, environmentally friendly and all those other adjectives that make the modern world sigh with collective delight.

Now if I could just teach the perennials how to use the watering can I'd be sitting pretty.



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CIVIL WAR HISTORY

Democrats who opposed the Civil War

John A. Miller Emmitsburg Historical Society Civil War Historian

Part 2

On April 17th, 1863, the Waynesboro Village Record ran an article: "A Copperhead Corns Pinched." It was a rebuttal to an article that appeared in the Chambersburg Valley Spirit, assailing one of the Record's correspondents. The controversy was sparked by the views that disloyal northerners should be "strung up to the telegraph poles along the railroad."

As the Copperheads' reputation grew, so did the editorials in the papers. During the Union Loyal League Meeting held in May it was reported by the Waynesboro Village Record that "the organizational meeting for local chapter of the Union League went off smoothly with the exception of the expected interruptions of several copperheads who, like "slimy reptiles," milled about the hall "bellowing" throughout the evening. The man who asserts that nobody is disloyal in the loyal states must be one of two things, a fool or fullfledged traitor. Who tore down under cover of darkness, in Waynesboro, months ago, the American

flag? Were they loyal hands?"

Franklin County Copperheads would soon be at unease as their leader was arrested. Ohio Representative Clement Laird Vallandigham was the Copperhead faction of anti-war Democrats and was a vigorous supporter of constitutional states' rights. He did not believe in supporting a war to end slavery, which he felt would lead to the enfranchisement of the African American people. He was arrested by the Union Provost because he had violated an army order against the public expression of sympathy for the Confederate States. He was ordered to be confined for the duration of the Civil War. However, on the order of President Lincoln, Vallandigham "the Copperhead traitor" was instead sent to the enemy lines."

On May 22nd, it was reported "The arrest of Vallandigham has sparked considerable unrest among copperheads, even in Waynesboro. Some of his supporters proposed having a rally in town to voice their displeasure with the arrest, but opted not to because it was deemed inexpedient at this time." A week later the Waynesboro Village Record on May 29, 1863, reported "The Original Copperhead, Utilizing an extract from an address given



BEBISATED TO THE SENSAGE CONVERTION.

by Benedict Arnold to validate its claim, the piece casts copperheads as the heirs to his legacy of shame."

Upon returning to Pennsylvania, Company B of the 126th Pennsylvania had their flag inscribed "Copperheads Beware." Unknown to the soldiers at the time, the flag was soon adopted by the Fulton Union League.

While, disarray was all surrounding the arrest of Vallandigham, the Waynesboro Village Record on June 05, 1863, reported that another demonstration was made by the Copperheads at the Waynesboro Square voicing their support to Jefferson Davis and Vallandigham "who, it appears, has become their "pet."

On June 12th, 1863, just days before the Confederate invasion of Pennsylvania, the Waynesboro Village Record reported that close to 2,000 clergymen in France and England have united to condemn the "Slave Aristocracy." The religious leaders assert that the Confederacy, based as it is on slavery, "is at war with Christianity." In fact, proclaims the piece, outside of the South, with the exception of northern copperheads, this sentiment "is the view of the Christian world."

Another article in the same edition read "it is quite easy to determine the motives underlying copperheads' support for the Confederacy: naked self-interest. Proponents of the southern cause in New York advocate "peace at any cost" because they "lost the Southern trade" as a consequence of the war. Similarly, supporters of the rebel cause in Illinois are spurred primarily by the drop in the price of corn occasioned by the onset of the conflict." These malcontents, the article declares, would rather "break up the nation" than sacrifice their own personal economic interests. With the introduction of new

publications in Philadelphia, the Copperheads were given the opportunity to reach a broader audience with their political statement. However, several anti-Copperhead supporters stated that the new publications "Expresses sentiments so treasonable, that a man would have to be a bold, bonified traitor to endorse such opinions." In New York, an elderly gentleman was heckled and dragged from the stage at a copperhead meeting because he asserted that South Carolina started the war.

Soon the Copperheads would be tested in Waynesboro and the surrounding areas as Confederate soldiers would embark upon their town. Many Copperheads had long anticipated this moment, thinking that

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VETERAN'S PROFILE Sergeant First Class Paul T. Nicholls

Paul T. Nicholls

Part 2

n my arrival there I was loaded on a CH-47 Heavy lift Chopper which I came to know as a Shit-Hook for the civilian nomenclature was a Chinook Aircraft. After about a 35 minute flight I landed at An-Son, Lane Army Airfield. I was taken to the office of my new Unit, the 129th Assault Helicopter Co. 7&17th Cav. 1st Aviation Brigade. The Unit consisted of 3 flight platoons 1 Assault unit of AH-1 Assault Helicopters and 2 Platoons of Utility or Slick choppers used for transporting troops and supplies to LZ's.

I was assigned to the unscheduled maintenance and Aircraft recovery section, where I found my new home away from home! I soon found out what the unscheduled maintenance and recovery section did. We had to be on standby every morning when the flight units began their preflight inspections to repair any defects the pilots found on there aircraft. So we had to be really good at our jobs to get the birds in the air in a timely manner.

It wasn't long when I found out about the recovery part of our job was. If a Aircraft went down for any reason we had to fly out to its location and, if need be, air-lift the crew out and either repair the aircraft or rig it for a lift out by a Shit-hook back to Lane or if that was not possible destroy the aircraft so Charley could not use any of it, especially the KY-28 Radio. This had a Top Secret Scrambler and Descrambler built in so the Vietcong could not hear what we were saying over the radios.

On one of my first recovery missions I was told by my section leader to rig the main rotor head for the lift by the Shit-hook, then to sit on top of the rotor and attach the rigging strips with a metal donut to the hook on the bottom of the shit-hook. This can be a horrifying experience. The sight of a 50 thousand lb. aircraft coming down on top of you is a life changer. But little did I know that wasn't the only thing I had to worry about.

You see, when a rotary winged aircraft is flying it builds up a large amount of static electricity. If you happen to touch it and ground it, it will give you a very large jolt of electricity. So I being the newbie, on the job the short-timers thought it was a joke to see the new guy fry a little. So it was a real eye opener when I put that donut ring on the hook of the shit-hook! The crew chief is supposed to tell the pilot of the shit-hook to key his FM radio to discharge the static electricity before the hook! Luckily it wasn't long after my experience we received new nylon donuts that did not transfer the static electricity to the holder. I soon learned the tricks of the trade and felt proficient in my job. It was not long before I found myself as the new section leader, showing the newbies the ropes on how to survive. Our recovery section also had our



own Slick named Snow Snake. It was a D model Huey we had painted a high gloss olive drab instead of the usual flat OD which was on all the other choppers. The avionics door on the front we painted a large white snake wrapped around a big wrench on a blue shield background. This was to symbolize the bite and strike and repair ship aspect. We also had the usual 2 mounted M-60 Machine Guns on both sides operated by my door gunner and myself, the Crew Chief.

Over the following months we would try other types of armament on the ship for more fire power. One time we tried putting a 50 cal. on it but caused so much vibration to the airframe that the rivets were slowly working loose. So, we had to take it off. I also carried my M-16 and M-79 and a 45 cal 1911 that I kept between my legs to protect my gonads. I sat on a steel plate we called a chicken plate, wore a flack jacket, and brought something alone in case we went down in the boonies somewhere!

I remember one day we were called out on a recovery mission to a place south of us which we called Miami Beach, but about 5 clicks west of there. One of our Slicks had had some engine problem and landed in a field near a small mountain, it was getting near dark so we did not have time to repair it or rig it for a sling job so we had to leave it over night which we did not like to do. This was because when left overnight Charlie has the time to do what he does best and booby trap the aircraft to explode when someone opens a door or something. So the next morning when we arrived at the aircraft we were extra cautious when checking out the ship. As we started to go over the ship to check for trip wires and such all hell broke loose. It seems that overnight old Charlie had zeroed in on the exact position of the ship and was lobbing mortar rounds down on top of us from that small mountain west of our position. Well you never saw people move so fast to get out of there and back in Snow Snake. I was the slowest to get to the ship and our pilot Lt. Hellsinger was pulling away as I ran up. I had to do a little belly flop on the floor of the chopper and I almost slid out the other side!

num flying through the ship. It seems that a mortar had exploded right in front of the ship and ripped through the nose bubble and took some of the Lt.'s foot and boot. There was blood all over the inside of the aircraft but the Lt. still managed to get us back to Miami Beach. He was E-VACed out to a hospital in Qui-Nhon.

We decided to call in some F-4s to lay down some Fawcett Rockets which we called nails all over the hill the mortars were coming from. That evening we went back in and rigged the Slick to be lifted out and back to Lane. I also realized when we returned back to Lane I had a pain in my ass and found out I had taken a little of the aircraft with me. I had a piece of aluminum stuck in my butt. I went to the dispensary and they pulled it out to my embarrASSment! They asked if I wanted to be put in for a Purple Heart but I declined for reasons of my own.

Over the next week or two we became very busy recovering downed aircraft. My team and I received a few medals from the Vietnamese Gov. and our own for doing so. We also had things happen that are funny now when I look back on them. One afternoon the Cobra Unit was in a heavy fire support mission north of us and our XO Capt. Powel was so involved in getting his ammo and rockets reloaded on his AH-1 Cobra Gunship after one of his reload trips he didn't notice his fuel tanks were on empty. It wasn't long after he left the airfield we got a call for another recovery mission. When we arrived at the location we found Capt. Powel in the middle of a rice paddy out of fuel. He had auto-rotated to land in the paddy. He had a full load of rockets, 40mm grenades and about 30 thousand rounds of 30 caliber rounds for his mini gun. So we had hover as close to his Cobra as we could with Snow Snake and unload all his munitions to lighten the aircraft then get some JP-4 jet fuel to refuel it all while hovering our aircraft so as not to sink in the rice paddy. After all that it seemed he still had a hard time lifting his cobra out of the mud. It seems that the mud had a suction effect on it. Well after that incident Capt. Powel had a new nickname (Rice Paddy Daddy) which became his new radio call sign for the rest of his tour.

some cards one evening right after dark. We heard some of aircraft takeoff but really didn't pay much attention to it; we thought it was probably the light ships going up to light up the perimeter around the airfield. Well it wasn't long when it sounded like we were under a full scale mortar attack. The next thing I know we where all in our new bunker we had built right outside our hooch. Till this day I don't know how I got there! But we came to find out the attack was from our own gunships that were firing rockets into the wire around the airfield. But it sounded like it was right on top of us!

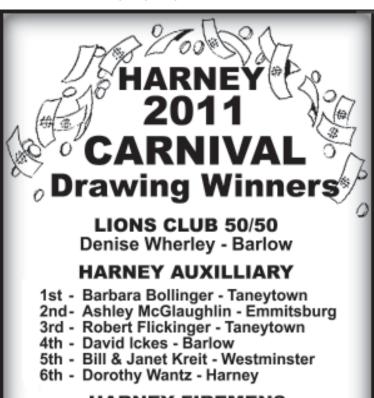
Over the time I spent at lane we lost some good men to hostile fire and as well as to bad accidents. I consider myself a lucky man to have served with so many brave and selfless men in a time when we were not liked at home or at war. I myself felt I needed to do my duty as an American and find a way to get myself and my buddies back home to our families. It didn't seem long when I found myself a short timer and it was time to go home. I think the last few weeks of one's tour can be the most frightening time. You just keep thinking, will I make it these last few days. You hear so many stories of guys getting

killed when they only had to make it 3 or 4 more days till they could go home!

Well I did make it home, for a while; I still had about a year left on my enlistment so after a 30 day leave at home I was assigned to a new unit at Ft Stewart, GA. But when I got there I found out that the unit I was assigned to had been moved to Ft Campbell, KY. The original home of the 129th AHC. They wouldn't let me transfer to Campbell so they assigned me to a Quartermaster Unit at Stewart.

There I became heavy wrecker operator because I had a lot of experience using one to lift the main rotors off the Choppers I worked on in 'Nam. They said I was too short to be transferred at that point in my enlistment. It wasn't long before my enlistment was over and they gave me an early out for Christmas but the catch was I had to join a reserve unit at home.

Paul Nicholls is a Life Member of Monocacy Valley Memorial Post 6918 Veterans of Foreign Wars. He was Post Commander 3 years and currently is the Post Quartermaster. Pail also belong to The American Legion, Post 120 in Taneytown and is a member of the Fairfield AMVETS and the Catholic War Veterans.



But as I did I heard a load explosion and there was plexiglass and alumi-

I also remember another time we were all in our hooch playing

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HISTORY

The Wetzel-Munshouer murder

Shocking murder near Emmitsburg

Michael Hillman Emmitsburg Historical Society

THE BODY DISCOVERED

On Tuesday, August 12, 1879, around 4:40 p.m., Jacob Root, along with Oliver Morrison and William Crabster, were making one last sweep of Myer's woods, when all of a sudden Root's horse shied at a sickening smell that originated beneath the leaves. Dismounting, Root cleared away some of the leaves and discovered a piece of bone and a quantity of blood and vermin. Root called to his companions, who quickly joined him. Following the trail of maggots, they quickly found the newly turned earth and all realized that they had finally found "Poor Jim."

Word of the discovery of a grave spread quickly and shovels were soon brought to the scene. Wetzel's body was soon uncovered and the sheriff sent for and, upon his arrival, a coroner's inquest was held at the graveside. William Koontz retold his tale of passing Felix and Wetzel as he headed toward Jim Munshouer's for a dung fork. Koontz noted that he thought it strange that they had disappeared when he had turned around and he now realized that they had turned into the woods.

Charles Troxel told the jury that he had seen Felix come out of Myer's woods, near where the body was found. Though all the facts were circumstantial, the preponderance of evidence weighted heavenly against Felix and the jury voted that he be rearrested and remitted into the hands of the Frederick County sheriff.

As fate would have it, William Ashbaught, a constable from Carroll County who had been assisting in the search for Wetzel, met Felix as he was passing by the area, headed toward Emmitsburg and another night of drinking.

Ashbaught told Felix, "They've found Jim's body." Felix's countenance flashed red. "The hell they did." Replied Felix and, without getting directions, led Ashbaught off at a double-quick pace directly to the grave.

Silence descended upon all as Felix approached the grave. The human wall that had surrounded the body now parted, allowing Felix access to the body. With a cigar in his mouth, Felix presented an almost disinterested attitude as he looked down on the decaying remains of his victim. "Somebody should put a blanket over him." Felix finally said.

A mummer of disgust went up from the crowd. Felix stood silently as the sheriff, handcuffs at the ready, approached. "Felix Munshouer, I place you under arrest for the murder of James Wetzel." Felix once again loudly protested his innocence. The sheriff however listened to none of this and promptly cuffed him.

As Felix was marched away, those that remained behind resumed their efforts to disinter Wetzel's body. It was quickly noted by all that, while the ground around the grave was dry, Wetzel's clothes were soaking wet, as if they had been rained upon.

Once free, the body was loaded onto a wagon and carried a few hundred yards to William Gilson's farm for closer inspection. The entry wound, characteristic of a shotgun blast, was clearly visibly to all. The next morning, Wetzel's body was re-examined by Dr. Annon, who confirmed the conclusions of the night before. As now being well into a state of advanced decay, and with no further purpose for it, the body was quickly buried

FOOD BEER WINE

at Tom's Creek graveyard. The efforts of the community,

which for the past week had been focused on the search for Jim, now shifted gears toward the collection of evidence.

A search of the area around the grave for clues soon revealed boot prints. The length and depth of the heel was measured and recorded. Rentzel's boots were procured and brought to the scene of the crime. The distance from the heel to the toe of the boot fit the boot print near the death scene to a tee. However, as the heel of the boot had just been replaced, it filled the indentation made by the killer's heel with room to spare.

Realizing that the heels were new, a search was conducted of Rentzel's boot smith workshop for the old heels, which were quickly found. The heels, still covered with yellow clay, were inserted into the track. They fit perfectly. A further search of Rentzel's property soon uncovered the clothes Felix had worn the day Jim had last been seen.

Two days after the discovery of the body, the pick ax supposedly used to dig the grave was found near the fence line separating Myer's woods from the Annon farm. When the blade of the ax was inserted into marks near the grave, it fit. Upon its discovery, Rentzel, the man who Felis lived with, came forward and identified it as Felix. Later that week Jacob Myer's came across a shovel near his fence line, which Jim Munshouer, Felix's brother, laid claim to. Isaac Fisher, the bartender at Motter's Station, identified the broken green bottle found near the grave as similar to the bottle he had sold Felix the day the murder had supposedly had been committed.

ARREST AND TRIAL

As word of the discovery of Wetzel's body and the arrest of Felix for his murder, spread, neighbors began to recall seemingly innocuous events involving the two that had occurred on the day of the murder. One of the pivotal pieces of evidence against Felix, however, was discovered almost by accident. While out coon hunting several Sundays after the arrest of Felix, Charles Richardson, one of Oliver Morrison's farm hands, came across some papers stuffed into a hole at the base of a tree. After collecting what he could, Charles turned the documents over to Oliver Morrison. Upon realizing that the papers were receipts for merchandise sold to Wetzel, Oliver asked Charles to lead him back to the tree. With the aid of Isaac Bowers, another farm hand, and William Motter, the hole was widened, and additional papers, including many with Wetzel's signatures, were recovered. Bowers, realizing that this was the same tree he had seen a figure rest under a few weeks earlier. He noted this to Oliver Morrison, who remembered seeing Felix come out of the woods not far from the spot they now stood, around 11 a.m. that same day. Oliver conveyed the information to his neighbor, William Motter, who



Munshouer home place opposite the Old Toms Creek Bridge at Four Points

also recalled seeing Felix. Motter, as he recalled, met Felix and commented on his dirty appearance. Felix, in turn, cursed him for the comment and stormed away.

A week before the trial was set to begin, Wetzel's body was exhumed a second time. Under the careful eye of Dr. James Eichelberger, shotgun pellets were removed from the skull and compared to that used in the suspect shotgun. The shot matched that used by Felix's gun. Upon closer inspection, the pellets on the right side of the wound were bright, as if they were new. Those to the left were gray and, thus, much older.

By early October, the state's prosecuting attorney, John Motter, was ready to proceed with his case against Felix. On Wednesday, October 14, the trial began. One hundred and eleven witnesses were summoned in the case. Due to the extreme publicity surrounding the case, only three of the first 12 potential jurors were found not to have already formed an opinion on the case. At total of 50 addition potential jurors had to be questioned before the required number of 12 was selected.

Upon the seating of the jury, Motter quickly got down to the business of establishing Felix's motive for the murder. Great efforts were taken to clearly establish beyond a shadow of a doubt, the time line of the day's events. Corroborating evidence was submitted to establish the exact time that William Koontz had passed the two on the road, the time of the shot, when Charles Troxel spotted Felix emerging from the woods, and when Felix had arrived at Motter's Station. The trial, with all its witnesses and spectators from Emmitsburg, proceeded in due order through the week. On Friday evening, weary of the week's events, several jury members asked permission to visit a local barbershop for shaves and haircuts. When word of the unauthorized activity reached the judge, he declared a mistrial. The citizens of Emmitsburg, who either out of responsibility as a witness or as curious bystanders, had trekked to Frederick at their own expense, burst into outrage. The cries of shame and foul fell on deaf ears, and the judge directed Motter to begin his case once again when the new court's term began in late December.

THE SECOND TRAIL

On December 28, Felix Munshouer's second trial for the murder of James Wetzel began. With winter now firmly established in the area and with the prospects that the case would lag, the judge made the unusual decision that the case would not only be heard during regular day hours, but at night as well. Once again howls of protest went out from the audience. It was hard enough making the 25-mile trip to the court house in the winter, now the residents of Emmitsburg would have to face either the danger of late night hacks home or the added expense of procuring rooms at local boarding houses for the duration of the trial.



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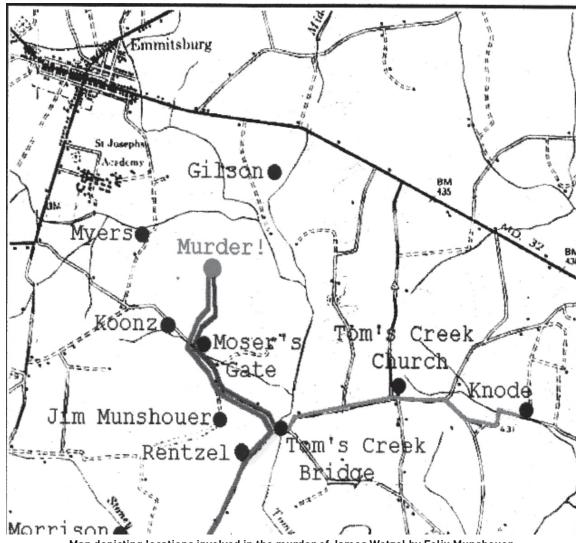
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HISTORY



Map depicting locations involved in the murder of James Wetzel by Felix Munshouer

As he had done in the first trial, Motter quickly got down to weaving the reams of circumstantial evidence into a preponderance of proof. The cross examination of state witnesses by Capt. James McSherry, Felix's attorney, uncovered several inaccuracies, yet the inaccuracies did not fall into a pattern of overt deception and so, to many, the cross examinations seemed to be futile at best.

Upon the resting of the state's case, McSherry outlined Felix's defense. "No one," he noted, "had seen Felix kill his cousin." Thus, the outcome of the case would be decided upon the strength of circumstantial evidenceevidence he believed, he could cast some doubt on.

Prosecutors had focused on the fact that Felix, previously without means, suddenly coming into a great deal of money. McSherry called Grimes to the stand. Grimes testified

Licensed

that Felix had recently brandished about a wad of money "thick as my wrist." In cross examination, Motter successfully called into question the time of this event, alluding that it had taken place several months earlier, after the sale of Felix's parents farm and not recently, as Grimes claimed.

McSherry then called Josephine Shorb, who also testified that she had seen Munshouer with "a wad of money." Motter successfully impinged Shorb's integrity when he questioned her about statements she had made to several witnesses after the first trial that, if Felix had come to her, she would have willing washed the clothes he had worn after killing Wetzel, so that the state would not have them as evidence against him.

McSherry noted that the boot print that matched Felix's boot had not been found until Thursday, two days after the discovery of the body.

Insured

McSherry pointed out that there had been many people around the grave between the day of the discovery of the body and the discovery of the boot print and, thus, there was a good chance that it had been made by someone else.

Unable to shake the time line established by Motter, McSherry called Felix to the stand. McSherry walked Felix through the time line and at each pivotal point, asked Felix if "he had done so." "No sir, I did not go into the woods with him, I left him at Moser's gate and returned to home." "No sir, I didn't kill him." "No sir, I didn't take the pick from Rentzel's shed." "No sir, I didn't take the shovel from Jim's barn." "No sir, I didn't stuff the papers under the tree." On and on it went. McSherry read each point of the state's evidence against Felix and, in each case, Felix denied it.

On Wednesday, January 28, final arguments were heard. Motter walked the jury through the testimony that had been presented. Step by step Motter established that Wetzel had last been seen heading into Myer's woods with Felix, who had been brandishing a shotgun; that, shortly thereafter, a shot blast was heard originating from the woods; that Felix was shortly thereafter seen coming out of the woods alone; and that Felix had recently been existing as a vagabond, but that, immediately after Wetzel's disappearance, Felix was awash in cash.

McSherry, in his closing comments, attacked the circumstantial nature of the case. He pointed out that no one had seen the murder, that Felix had been seen in town on the night the body had supposedly been buried, and that his boot had to be forced into the boot print left by the killer.

At the close of McSherry's comments, the court gave the jury final instructions and, at 9:19 p.m., the jury retired to consider the evidence that had been presented to it. All night long the jury debated the merits of the case, but, like that of many of the residents of Emmitsburg, the final decision was a foregone conclusion. At 11:00 a.m. the next morning, the jury notified the judge that they had reached a decision.

THE VERDICT

The word that a decision had been made quickly spread and those that had been waiting in bars and rooming houses made haste to procure a front row seat. At 11:10 a.m. the jury entered the room. Silence descended upon the court as the judge turned to the jury and asked, "Has the jury reached a verdict?" "Yes, Your Honor, we have. We find the defendant guilty as charged." A drone of background noise immediately erupted from the audience. Felix, who had expressed satisfaction only hours before that he would be found innocent, sat motionless, staring directly ahead, making eye contact with no one.

Like many trials of today, the defense almost immediately filed a motion for a new trial based upon improper instructions to the jury. Specifically, the judge's instruction to the jury that one of two verdicts only could be found, namely, "Murder in the first degree or not guilty," was wrong, inasmuch as the jury had the right to ring in a verdict of guilty of murder in the first degree, murder in the second degree, manslaughter, or not guilty. The court took the motion under advisement, and for the remainder of the year, the fate of Felix Munshouer was held in abeyance.

JUSTICE!

Felix's application for a new trial was eventually denied by the Court of Appeals, and at 9:00 a.m., on January 4, 1881, almost 16 months to the day after the killing of James Wetzel, Felix Munshouer was brought before Judge John Lynch for sentencing. The judge quickly dispensed with the preliminaries and, speaking directly to Felix

said "Felix Munshouer, you have been tried and convicted by a jury of your countrymen of murder in the first degree. Have you any reason to assign why the court should not now pronounce the sentence of the law upon you?" to which Felix replied, "None, sir; except that I am an innocent man."

The judge was unmoved by Felix's final protestation of his innocence. "Nevertheless," stated the judge, "I deem it unnecessary to say anything to you upon the nature of the offense as you are possessed of sufficient intelligence to understand the character of the crime of which you have been convicted. The sentence of the court is that you be taken in charge by the sheriff of Frederick County, and conveyed to the jail of Frederick County until such time as the Governor of Maryland shall appoint for your execution, and there and then be hanged by your neck until you are dead, and may God have mercy on your soul."

During the delivery of the sentence, Felix exhibited no visible emotion whatever; not even a quivering of a muscle on his face was noticeable. He was neatly attired in a dark suit, the coat of which was buttoned closely near the top. His face was cleanly shaven and he still wore his large and handsome dark moustache.

On February 11, Felix was read the governor's warrant for his execution on the 25 of March 1881. At the conclusion of the reading, Felix, who had been listening with the apparent attitude of indifference that had characterized his demeanor from the moment he was charged, broke into violent and abusive language.

The confident hope and expectation that Felix had so long indulged of securing a new trial, which would possibly change the awful judgment into imprisonment, seemed at last to have deserted him. Fortunately for Felix, the writ of error that had been filed by his counsel after his sentencing had been overlooked and the governor's warrant for execution was annulled the following week.

Like his previous appeal, however, the writ of error filed on Felix's behalf was also denied and a new warrant for his execution was issued, and, on November 11, 1881, Felix Munshouer was hanged.



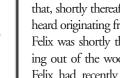
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EPILOGUE

Lest you have any doubt about the correctness of the jury's decision, on April 7, 1884, while cleaning out the house formally occupied by William Rentzel, with whom Felix Munshouer was temporally staying at the time of the murder, Welty's terrier went under the shop and brought out an old calfskin pocket book. When opened, it contained a piece of paper with James Wetzel's signature on it. The purse which Felix had removed from Rentzel after his death, the purse that he had gone through while sitting under the tree in Morrison's woods, the purse that had remained missing for so long, had finally been found. With it, any doubt about the guilt of Felix Munshouer in the death of Jim Wetzel that fateful summer day, 120 years ago, was laid to rest forever.

COLD WAR WARRIORS

Light fuse and get away

Lt. James Berrall, USAF Ret. **Carroll Valley**

Part 1

Tf you had asked me in 1960 what my dream job was, I would have said something like: "I'd like to get a job with a company that makes big solid propellant rockets and I'd have to frequently observe them being tested and then I'd write brief reports about how the test went and my management would love them and I like to be outdoors a lot."

Incredibly and beyond all logic and rationality I did actually get that job. Thiokol Chemical Corporation was expanding rapidly because they had won a big fat juicy contract to fabricate a large number of first-stage rocket motors for the Minuteman missile. They had purchased a large tract of land (some might call it desert) in Utah, north of the Great Salt Lake on which they built a big sprawling complex of buildings, some for offices, some for manufacturing and some for pouring propellant. Then, around the corner several miles away, was the test area. Sometimes now, you can see that same area on TV, when they show a test of some BIG rocket motor which may or may not ever fly. ATK is the name of the company now, but Utah still looks the same.

I had been hired by the Field Services organization and the only reason I can think of is that my last job had been as a Guided Missile Launch officer in the USAF.

There really wasn't anything for field services to do yet, there were no missiles in the field. In fact, the first Minuteman test flight had yet to be made. So I was loaned to program management out the Nozzle Development in Department. This turned out to be very fortunate for me, it was a fascinating and extremely rich learning environment.

At that time Minuteman was the most modern, forward-looking program going and the Minuteman first stage motor was the largest solid propellant rocket ever built. In SAC (if you don't know what SAC was you are too young to be reading this - go play in your room) I had been the youngest launch officer in

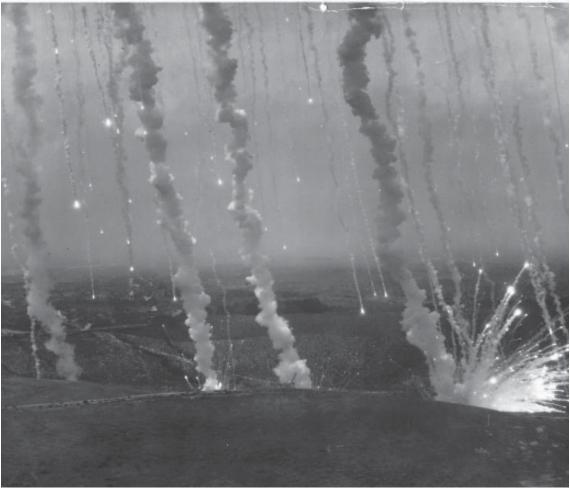
in the Air Force; the SNARK. I don't know who originated the name, but it wasn't Lewis Carroll. Maybe the acronym stood for 'Stellar Navigation and Ranging Kaboom", or something like that. The Northrup Corporation had started to design the Snark in late '40's and it was already obsolete by the time we went operational. Why? Politics.

the oldest guided missile program

The next step in ICBM evolution was liquid-fuel rockets, but early in the game it seemed that they would almost always blow up somewhere in the launch sequence, maybe on the pad, maybe in flight, maybe right overhead if you were in training out on the Cape that day. ("What Cape?" Well no, it wasn't Cape Cod, Tiffany.) Then pieces of Atlas, or whatever it was, would come raining down out of the sky and if your car was in the parking lot this could be serious. A stainless steel pipe about 12 feet long and six inches in diameter came down from a couple of miles high one time and missed my car by about ten feet. And you couldn't just run out and grab a piece for a souvenir either, those pieces were still hot enough to burn your hands. Nevertheless, my collection of souvenirs kept growing.

By getting into the Minuteman program I had nicely sidestepped all that chancy liquid fuel business, (also the attendant drawback of spending my life buried deep in a hole somewhere in Wyoming probably praying that a jackrabbit would trigger the motion-sensing perimeter alarm and create some excitement.)

But the Air Force wanted something really simple and reliable - something as simple as "light fuse and get away"- a message we kids all have seen on fireworks. Of course the business of bombing one's neighbors is a bit more complicated than that, especially if you want to put it right in his living room window. There are things like Coriolis Force and Atmospheric Scattering to consider, but these are easy enough



Debris from a failed missile test falling back to earth

It had to be steered. Steering was done by moving the nozzles and our motor had four of them. Creating a single nozzle that could move in four directions and could hold toghter for sixty seconds in the flame stream was a problem yet to be solved.

A solid propellant rocket motor is just a big tube made of steel (thin, very strong steel) filled with propellant which looked a great deal like the grey rubber in an ink eraser. Theoretically it could not be set off by impact but would only burn if ignited by flame - this fact was crucial to its classification which allowed it to be moved around the country without worrying about a lot of bothersome regulations concerning explosives.

(There was a story, however, about a time when one of the company bigwigs was demonstrating how safe the propellent was to a bunch of visiting Air Force brass, had whacked a little piece of propellant with a hammer, hard and had lost the hammer into the ceiling. The story was that the kinetic energy of the hammer had all turned to heat on impact, ignited the propellant all at once and this had caused the loud bang. Very embarrassing.)

But many tests had been run on motors full of propellant. They had been dropped and they had been mistreated in all sorts of ways and they'd even had bullets fired into them but had never ignited. (Letting one get real hot however, say 500 degrees or so, for over half an hour, well that wasn't a good idea)

So the motor itself was pretty much just a big tube filled with synthetic rubber - nothing much could go wrong with it. But at the end where the flame came out of the nozzles, that was a little tricky.

The nozzles had to move to steer the missile and that meant they had to be able to move in a high velocity, high pressure, white-hot river of flame, without degrading, for at least 60 seconds. I was told that temperatures got up around 5000 degrees where the flame was pinched the most, called the nozzle throat. All I can say for sure is that I have seen pieces of a tungsten throat insert that had obviously melted and run like butter.

The throats were usually tungsten, enough tungsten to make 10,000 light bulb filaments and backed up by many stacked rings of graphite. A lot of different schemes were tried to make nozzle throats that would move and last for 60 seconds without coming apart. Each new design was taken out to the test area and put on a research motor, used only for testing nozzles. The various designs were dreamed

to work out.

One of the things that are more complicated is guidance. You couldn't just let fly and hope that it got there, like a bottle rocket.

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COLD WAR WARRIORS

up by the people in the office where I worked and by several hopeful nozzle suppliers.

Management wanted someone from the office to go out to observe the tests so that they could get an immediate idea of how the test went and how the latest design had held up. Up until then they had been depending on word of mouth and waiting sometimes three weeks for the formal test report. I suppose that going out to the test area was not considered fun duty by the other people in the office, the test area was usually dry and hot, sometimes the wind would be blowing and you could wind up covered with dust. Since it was Utah in the summer the temperature would often be around 100 degrees, so nobody else much wanted to go.

But I still had some romantic notions about space exploration and the big rocket business and loved it. During my younger days I had spent a lot of time making various devices which either made a loud noise or flew up into the air trailing smoke, but this, THIS was the real thing! This was the BIG TIME!

Usually I would watch the test from inside the blockhouse on closed circuit TV. In there you could plainly hear the roar of the motor as it was firing, but that was nothing compared to what it was like outside. I later found that out all too well.

On TV (black and white) it just looked like a squat little black bucket with a broad white line (fire) coming out of it and going up to the top of the screen. Then usually, after about 20 or 30 seconds, the flame would suddenly waver briefly and there might be a few little fragments quickly bouncing around in the test bay. After several tests I realized that that was when the nozzle started to come apart.

Things were much more colorful if you were outside. No one was allowed to get anywhere as near to the test bay as the blockhouse was and there were extremely good reasons for that. When the motor lit off it sounded like a bomb exploding and then a blazing white river of flame would go up vertically into the sky, turning into a huge billow of white smoke that went up and up and stayed there as long as the motor fired. When a nozzle failed there would be a brief twinkle in the flame and then a fistful of what looked like white-hot sparks would go sailing up into the sky, in the flame and smoke, way up, then curving over in graceful arcs and falling to earth. Those were chunks of graphite the size of golf balls and sometimes pieces of tungsten as big as your fist. They had barely

cooled at all when they fell and at times a lot of the sagebrush would catch on fire.

I had my own stopwatch and I began to take it out there with me. After awhile I got so I could get within a second of the actual time of an event (I always took one second off my readings to account for my reaction time). The watch had two sweep second hands, so I could time two events, as for instance if some graphite let go first and then the throat, maybe the whole nozzle came apart a little later. After that I would count seconds mentally until burnout. (In my last job in the Air Force I had become pretty adept at counting seconds, mostly backwards. Backward seconds are longer, but I adjusted.)

Sometimes I and some other people would have to go up in the test area and scout around looking for pieces of nozzle that may have been ejected during the test. Sometimes I'd find things, but usually they were from long ago tests and not much help, I did get some interesting souvenirs though.

I was told to watch out for rattlesnakes too, though I never saw one.

I always felt a little ridiculous, wandering around in the dust and sagebrush, in my business suit and once-shiny shoes. I would have felt a lot more at home wearing jeans and hiking boots. A hat would have been nice, too.

Then I would go back to the office and tell them what I'd seen, then write it up as a brief report. At first there was a lot of scepticism about my stopwatch times. It often took several weeks for them to get the official test reports, but when they did and realised that I was getting within one second of the official electronic timing and giving them actually useful and reliable reports only a hour or so after the test event, I began to get some respect.

It felt good to finally be taken seriously by someone.

That was how I spent that summer - A summer filled with many interesting and exciting events.

There was a small herd of wild horses that roamed around in the test area too (the test area was probably about the size of Rhode Island) and if they happened to be nearby when a test motor lit off, they got excited. There was a story about some observer who was out there when a motor was fired and he nearly got trampled in the stampede. I don't know if that's true or not, but it's a good story and I did see the horses.

One day we were told that something had happened in the test area. It had not been a nozzle test so we had not been notified of it ahead of time. It had been a full-scale motor test and it had not gone well. Rumors flew. I was sent out to find out what had happened. When I got there I saw a scene that looked more like Iwo Jima after the battle than a test bay. There were big chunks of concrete strewn everywhere, there was even one piece of concrete a foot thick and as big as a car, thrown up on the bank next to the test bay. The test bay had been demolished.

Ι got some interesting souvenirs out of that one. I have a lumpy, solidified little puddle of aluminum with a film spindle sticking out of it which was once a movie camera. I also have a chunk of what looks like frothy green glass. That stuff is called "Trinitite" and it was once thought to only be found at ground zero, made from desert sand where an atomic bomb had been tested. But I can tell you with certainty that a large amount of solid rocket fuel burns hot enough to make green glass out of test bay concrete also.

So I returned to the office and wrote my report. Shortly after that I was called into my manager's office. It seems I had committed a great crime. In my report I had used the word "exploded". Our propellant, our motors, I was told, never exploded. Never. That was a word that I must never use. **Part 2 next month**





Education:

- · BS Administration of Justice American University
- Masters Public Administration Shippensburg University
- · Graduate Assistant, Center for Local and State Government, Shippensburg University

Professional:

- U.S. Law Enforcement Ranger National Park Service 1977-2009 (Retired)
- Operations Manager Annual Gettysburg C.W. Reenactment
- Co-Owner R&S Auto Service Center 1998-Present
- Cumberland Township Supervisor
- Cumberland Township Municipal Authority Board

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STAGES OF LIFE

Dad's Corner Vacations are for relaxing

Brian Barth

I t's that time of year again, a time that is supposed to be the most relaxing. So why do I dread the idea of packing for a week and driving nine plus hours to a beach? Much of my concern comes when I look over the list my wife made for the trip and what the kids are pulling from their closets.

My wife is packing her customary 15 bags, and the kids continue to replace their clothes for toys. It quickly turns into a complete disaster, which is typical for family vacation. Nice to see some things never change. With all the bags and provisions, it seems like we are preparing to be gone for three months.

This is the part of the vacation that I really do not like. I find that we end up taking way too much stuff that never gets used.

Trying to keep my temper under control, and knowing it will take a solid hour to bring down all our provisions, I walked up-

stairs to see if I can start bringing down any bags. My wife says, "Don't go there! You know I'm not done."

Walking down the stairs, I said a little too loud, "We should just leave the house open while we are away?"

"Don't start!" She said.

Not convinced that she understands my frustration, I continued, "Even if someone wanted to break-in, they wouldn't find anything." Clearly she didn't find me funny but I got a chuckle out of it.

I decided enough was enough. I turned on the computer and immediately went to the U-haul web site. I printed off pricing for a pull behind trailer and left it on top of my wife's list. Next, I grabbed a "cold beverage" from the refrigerator, sat in my chair and turned on the TV, knowing she was going to be coming back for the list soon and would see what I left for her.

Within 10 minutes of me sitting down I hear her come down the stairs. I had to conceal my

giddiness, knowing the reaction I was going to get from her.

She walked into the kitchen and asked me, "Do you know where my list is? I left it right here on the counter."

"I don't know, maybe you packed it. You've packed everything else in this damn house!" The look she gave me was price-

Next thing I know I hear paper crumpling and being thrown my way. My wife said, "Why do you always get like this before vacation?" I just started to laugh, which I could tell did not help the situation.

It is now 8:30 at night and I still have to pack up the van and drive an hour to my folks' house so my dad, son and I can get up at 5 a.m. to leave. We planned our tee-time for our first day for 3 p.m.

Knowing I wasn't going to get much sleep, I went into a bit of a tirade. My wife asked me to please go down to the basement and have another "cold beverage" and not worry about the bags. She was going to take care of everything.

Sure, I thought to myself.

Finally, the "Great Pack"that is what I decided to call this event—could begin.

In the garage I found the van top-carrier. By this time, the kids continued to ask when were The only problem is when you open any of the doors all the bags are going to fall on top of me.

Finally satisfied that all our provisions were neatly stacked and ready, I walked inside to find there were another five bags of groceries. I looked at my wife and simply said, "You've got to be kidding me?"

Unfortunately for my two older kids who sat in the back, they were slowly running out of space to sit. What was going to be a very comfortable ride for them was now going to be one where they had to sit on or around bags.

Sweating through my cloths, I quickly sped through a shower and begin the process of shutting down the house. I turned off all the water and adjusted the thermostat. I even had time to vacuum the family room and office. My wife said, "Why are you vacuuming?"

Keeping with my one-liners, I said, "Well now that our house is empty I can run the vacuum without any obstacles."

She picked up her purse and only said, "I will be in the van waiting."

Now we can drive an hour to my folks' house to sleep a few hours only to get up and begin the drive to Myrtle Beach.

With a van packed and kids

eager to get to the beach, the questions started to begin. When are we getting there, how long is this ride going to take, can we go to the beach right away? And on and on it went.

I said as calmly as I could, "You guys know we are going to spend the night at Nan and Pop's house tonight. We are not officially leaving for the beach until the morning."

Not happy with my answer, they both said at the same time, "Mom," looking at each other to then say "Jinx!" Then, "Double jinx!" Then they proceeded to ask her the same questions. She said, "Sit back, watch your movie and don't ask that question again."

They got the message loud and clear.

By 4:30 Saturday morning we were all up and ready for our long ride to the beach. Our first stop was Dunkin Donuts. Satisfied we had enough coffee, my dad, son and I began our vacation. Now I can relax and look forward to a week of fun. That is until I have to pack up all the extra beach gear and clothes we brought and newly purchased toys. I quickly fell back into a bad mood.

To read more articles by Brian Barth, visit the Authors section of Emmitsburg.net.

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leaving for vacation? Clearly not in the mood, I said "As soon as I can pack all the bags in the house." They looked at me with SNACK BAR a puzzled expression on their 25% off 🗶 EPPECUE faces. Your Entire Bill! As I tried to squeeze everything into the van, pieces start-BOWLING ed to fit together like a puzzle. Aug. 8th 10 am Play, Learn \$1.00 SHOE to RENTAL and Grow ... 8 pm gether! HUNDERHEAD BOWL & GRILL 4337 Old Taneytown Rd., Taneytown, MD 2177





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STAGES OF LIFE

Here comes soccer!

Katelyn Phelan MSM Class of 2011

Billions of people worldwide are keenly interested in one sport that many Americans don't know the first thing about—soccer. However, our own community is taking big steps to encourage the world's most popular sport for children as young as four-yearsold.

Now, youth ages 4 to 18 can join a soccer league that promotes teamwork, friendship, and discipline. This community can boast of two impressive leagues: AYSO and CY-ASC. AYSO has been a staple of the community for many years and serves mainly Fairfield residents. CYASC, or Catoctin Youth Association Soccer Club, is a relatively new development. Though soccer has always been important in Catoctin, the CY-ASC endeavors to really spread enthusiasm for soccer to the Catoctin area.

The CYASC is guided by new leadership: Long is the organization's new president and he is joined by a new board. Long's history with soccer goes back to his own childhood when he participated in this very same organization. His experience with soccer stretches over the past 30 years and involves playing, watching, and coaching.

The goal of the CYASC is simple at this point: get the word out about the organization. They have tried to increase their visibility through a number of "grassroots efforts" including participation in the Emmitsburg parade and Thurmont carnival. Additionally they've distributed signs and flyers in areas that might attract players to the league.

Though there is a big push to advertise soccer right now, the tradition of soccer in this community goes back to at least 1971. Long guesstimates this founding date based on one fact: "that's when the bank account was started," Long said with a laugh. He looks at the efforts of the CYASC as "rebuilding the rich tradition of soccer in this area" not as starting anything new. The group is merely looking to increase the popularity of a sport which was once a stronghold in the community.

Part of increasing soccer's importance in the communi-

ty is increasing the number of players. Larger enrollment is the CYASC's primary shortterm goal. So far their efforts have been successful and the organization has received positive feedback. Numbers for the fall season are between 250 and 300 players.

So why should your child join soccer this year? Well, soccer promotes a number of important skills for people of all ages. Like any sport, discipline is an integral part of training and practice. Soccer of course requires physical discipline but also mental discipline. Both of which are important in all areas of life, especially for children growing up.

Soccer is also a sport which encourages camaraderie and friendship. These players will not only learn to work together for a common goal, but they will spend time together and develop friendships. Normally these kids would not come into contact with one another until they converged at Catoctin Middle School. If they play soccer together, however, they meet earlier and perhaps develop a love of soccer together. This may ease your child's transition to higher levels of education. Plus the fact that it will bring nothing but good results to the high school soccer team!

Above all, though, joining CYASC or AYSO just gives kids a chance to come out to the field, kick the ball around, and blow off some steam. Both organizations are committed to helping the kids have the best time they can. As such, they have six philosophies to help keep them on track: everyone plays, balanced teams, open registration, positive coaching, good sportsmanship, and player development.

How do these philosophies translate into actual practice? Well every child who wants to play will be able to. This means no tryouts or cuts from the team. It also means that each child will play at least half the game. Neither group is competitive to the point of only playing the "best" players to ensure a win for the team. Here, the most important thing is that kids get the chance to play soccer. Though competition is not the focus of this league, it is undoubtedly an integral part of the game. With this in mind, there is an effort to balance teams to ensure that games are well-matched.

It is CYASC and AYSO's hope that these positive philosophies and benefits of soccer will attract parents and players to this wonderful game. The more participants, the better the season will be. The success of the league's short-term goal of increasing participation directly affects some of the long-term goals which Long described as "a lot of dreaming right now." Those dreams include things like adding a competitive team, which would require tryouts, and increasing the number of fields.

Really the only difference between AYSO and CYASC is location. One of the advantages of having two robust teams is that parents and players do not have to drive extra miles to get to practice. Part of making soccer a community focus is making the game easily accessible to the community. These two groups serve as compliments to one another and they share the same goal: get kids playing soccer. If your child is interested in playing or you are interested in coaching, check out Catoctin's team, CYASC at www.cyasc. com or AYSC's team at 717-642-995 or http://fairfieldayso.clubspaces.com to register for the fall season. Practices will begin in mid-August! Hope to see you out there!



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TEEN'S VIEW

Goodbye for now Eight tips for new high school students



Olivia Sielaff

The time has come. I must leave Emmitsburg, my house, my family and friends to pursue what lies ahead in college. I didn't think this time would come so soon and I didn't expect to have such mixed emotions about it. This past year has been a whirlwind with leaving highschool, prepping for college, getting financially situated, planning for my future, spending every spare minute with friends, and mentally preparing myself for leaving my family and meeting new people. I've had a while to reflect on leaving the nest, and as August 25 draws closer, and more dormroom supplies pile up in my room, all that leaving entails becomes more of a reality.

After living in the same place for eleven years things have the potential to be somewhat boring and routine. The same roads, the same restaurants, the same buildings, and the same lady who sits on her porch are the same today as they were yesterday. It wasn't too long ago that I couldn't wait to go some place else for a change of scenery. However, something prompted a change in my perspective on living in Emmitsburg. As you might know, my family recently opened Holy Grounds Café (and St. Philomena's) in the town square.

Running a family business is a lot of work, and for us it requires at least one family member to be in the store everyday. So every night when my family sits down at the dinner table we have a story to tell about an interesting request we had at the café or a customer who gave us some good tips for improvement. Not only that, but also we get some 'regulars' in the store who we can expect almost everyday. We also have met many people by participating in community events and supporting other local businesses (my little brother never fails to order a bacon cheeseburger from The Palms when he works on Wednesdays). Besides learning a lot about coffee, my family and I have come to learn so much about the people in our community and how supportive they are for us small businesses. Everyone I've met within these past two months has made me realize that I'm going to miss the people of Emmitsburg and the small-town life that passes by our windows each day. But what I'm also leaving behind for a few months at a time is the everyday life of my family. The longest I've been away from all of my family members has probably been

sleepover. I can't even remember! It's going to be different eating dinner in a cafeteria instead of at the kitchen table every night. But my mom has a plan to Skype me while my family is sitting down for dinner so I don't miss out on my little brother Ben playing with his food or other dinner shenanigans. We'll see how that goes. I'm also going to miss seeing my extended family and babysitting my little cousins. I can't forget about our weekly drives up to Harrisburg to visit my grandparents (and they're freshlybaked cookies). And what about walking my dog every morning? Living away from my family is going to take some time getting used to, but I'm so thankful for all the time we've gotten to spend together because of us kids being homeschooled and my parents working

for a week or maybe an extended

I'm so thankful for all of the support and help my family has given me so far in preparing for college, too! My mom and dad have been through every form, application, and phone call with me and given me all their wise advice. My grandparents and aunt have helped me stock my future dorm room. And my brothers have assured me that they'll be waiting to annoy me when I return on breaks. I can't help but think that if I couldn't have made it this far without my family, then will I be able to make it even farther in college? But I see now that all of the love and encouragement my family has given me will last for a long while.

close to home.

Although I am very excited to start my college life, it's difficult to forget about the life of my family and friends that will be going on back here in Emmitsburg. I suppose college will be like a small "town" but nothing like little Emmitsburg. When Fall comes around, I'll wish to be back to see the mountains change color; and when the first snowfall has me trudging across campus, I'll be thinking of sledding with the Shields family. Not only am I sad to leave this beautiful town with its distinct seasons, but I'm also sad to leave the people I've come to know and appreciate. I wonder if Doc will remember my name when I come back on breaks? And my family. I won't be going to church with them every Sunday morning nor will I help my mom make delicious home-cooked meals. I know that I'll make many new friends and come to feel comfortable as a college student. Yet there are many changes that have to take place before that can happen. My family and friends have guided me through some of those changes already, and I am so thankful for their love and support. However, I can be sure that as much as my life will change, the life and people of Emmitsburg will be the same when I return.



Danielle Ryan

Well school is coming upon us faster than we know it! I will be entering college this month and my sister will be entering high school. I thought I would take this time to write a set of guidelines for her as she enters her first year of high school. These helpful tips are ones that every incoming student should know. The first four tips are common rules that should be followed by every student. The last four are rules that may seem silly, but I find them useful.

Rule number one:

Treat all students and faculty members with respect. There is nothing worse than a student who is disrespectful to his or her fellow students and teachers. Everybody deserves to be treated with respect even if you think they may not deserve it.

Rule number two:

Always remember to get to know your teachers. In high school, you will not always be handed answers and help; you must ask for help if you feel you need it. The teachers are almost always willing to be there to help you if you are struggling in a class or even if you are having trouble outside of your academics. It is always a good idea to find at least one teacher who you know you will be able to trust and talk to.

Rule number three:

Get involved. There are many activities, clubs and sports that a student can become involved in when he or she is in high school. Getting involved in at least one activity not only keeps a student busy, but it allows a new student to make friends with people that may have similar interests with him or her. Also, in the long run, a student's involvement in various clubs and school activities looks very good on a college application, as well as scholarship applications.

Rule number four:

Follow the rules. I know that there will be some rules that you may find pointless and not worth following, but each school rule was placed for a reason. You can avoid any unnecessary confrontations with faculty members if you just follow the rules.

Rule number five:

Do not be one of those kids who think that you can get in front of upperclassmen in the lunch line. I will say that one of the most annoying things about some of the underclassmen is that they always thought that they could get in front of other students who were standing in the lunch line. This rule goes with the rule regarding respect. It is extremely disrespectful to blatantly cut in front of anyone as they are standing in line waiting for food. I know that in past years this has caused arguments between students, and if a confrontation with an older student can be avoided, it is best to see that it is avoided.

Rule number six:

Do not, under any circumstances, mess with the senior class. In high school there is definitely a social hierarchy, as unfortunate as that may be. Freshmen stand at the bottom, and seniors always stand at the top. It is always advised to treat the senior class with respect, even if they may seem rude or ruthless. I promise that they will treat you with more respect and kindness if you show them their respect.

Rule number seven:

I strongly ask all students to avoid standing in clusters in the hallway. At the high school that I attended, students only had three minutes in between each class and the hallways were not that wide. There was enough room for students to be in their lockers and allow other students to walk in both directions to get to their classes. There was not enough room for large clusters of students to stand around and talk while clogging up the hallway. There is a reason that only three minutes were given in between classes: to go to your locker and get to class, not to socialize in huge masses in the hallways.

Rule number eight:

Do not feel like you need to run to lunch, I promise you that there are only a select few lunches that are worth running for. When I was in high school there were four lunches that were justifiably fit for a student to run for. Those lunches were hot wings, chicken fingers, slop (basically my school's version of a thanksgiving dinner), and bricks (grilled cheese). If one of these four lunches is not being offered then there really is no reason to run to lunch.

I hope these eight tips are helpful for any incoming freshmen high school students. I know that as I figured out each of these tips, I was able to get along much better as a freshman in high school.

To read other articles by Danielle Ryan visit the Authors section of Emmitsburg.net.



FOUR YEARS AT THE MOUNT

Sophomore Year A Beautiful Summer

Carolyn Shields

 $S_{\rm to\ the\ ground\ and\ put\ my}^{\rm weating,\ I\ pinned\ a\ guy}$ weight into his side, twisted his arm behind his back ... and laughed. Two of my friends, my sister, and I took self defense classes this summer, and it was the hardest thing to suppress hysterical laughter from bubbling out as we warmed up, swinging our nunchucks in circles, uncoordinated as ever. The instructor never cracked a smile.

I love those moments when on the verge of a laugh I take a step back and say, "Holy smokes, God...what did I do to deserve this beautiful life?" And then I deflect a strangle-grab from my sister and make her tumble onto the mat. She lands with a thump, and I try again not to laugh with the stony faced Commando Krav Maga Instructor looking on. I mean, holy cow, the other participant was calling him 'sensi.' I just wanted to shout, "hi-ya!" and punch the air with my fist.

It's little events that made my summer. Introducing my brother David to my new neighbor and friend by tucking him into David's bed and tossing him a book, so that when David walked in, all he saw was a strange guy reading "Kristen Lavransdatter," a novel that weighs ten pounds. Or laughing in Hershey Park when a friend just puked after a rollercoaster, or cackling over a forgotten joke around a bonfire.

Another event that made my summer was Catholic Live, a high school retreat held every July at the Mount. I'm always easily stirred by my generation's incredible faith. Did vou know half of the marchers at the March for Life are under the age of thirty? And that one third of my generation has been lost by abortion? We young Catholics rally under the banner of Christ—we hold it high. We shout hymns to the beat of

drums and guitar strums. Forget the organ...that's too heavy to carry in addition to our crosses. And until our last day we'll help each other carry them. As Mount students danced around, pumping up the highschoolers at Catholic Live, I had to lower my camera for a moment. How. Beautiful.

Not even events, just moments in time made my summer: playing the guitar until my fingers blistered, editing my book on the South Carolina shore, watching fireworks explode with my family and realizing how much I'll miss them when I'm in Ireland...crashing for the night on a friend's couch, dressed as Luna Lovegood from 'Harry Potter,' and undertaking a rite to womanhood with friends by finally getting my ears pierced. Just moments when I think of all the praise I should offer God in thanks.

Or take this entry from my journal this summer, a passage with no date—I just simply wrote "Next Day" at the top and underneath: "Def. of Beautiful being yelled at to come down for dinner for the second time while sitting on my quilt upstairs after a nap from reading the Bible with John Mayer playing, rain falling outside, and vivid memories of yesterday in the forefront of my mind."

Great events like parties and the beach took up only about 5% of my summer. The rest was filled with work-at the Mount and Holy Grounds Café. In the morning I run around taking photos of kids at camp and at night I might be helping at a punk funk concert. The next morning I may make your latte. I need to love those beautiful moments because they happen all the time.

And I'm thankful for having so many of them. I can sit on a fallen log in our woods for hours (or at least, I could before I knew two black bears are roaming somewhere on this mountain), look out at the horses below, and journal about unexpectedly seeing a friend. I journal about my sister not being a grouch, a photoshoot with a keyboard and Olivia Sielaff in a wheat field, or a promise I'm likely to break about not putting in my article how my grandmother got the condo's microwave and oven mixed up. Simple and beautiful. I journal about wounded hearts, pure memories, and the life I want to live. Flip a few pages and you'll find lines filled with helpless cases, tears over a father in Iraq, and frustrations about classes...

So you can dwell on that guy you thought about every lonely summer night and every quiet morning, but as Audrey Assad sings in "Run Forward," one of my favorite songs: "You treat your time like you own it. It's slipping fast away, and you're not getting younger. Not even a bit, no, not even at all." You can stare at a clock, you can roll over in your mind those words they said to you, and you can complain about that 5:30 a.m shift at Holy Grounds or those 14.5 hours you're scheduled to work the day after the Harry Potter midnight premier, but then you lose sight of it all.

Lose sight of what? The BEAUTY! The utter and total beauty that kisses your life gently each and every second, handed down by God to Mary's gentle hands and planted on your rosy cheek! Life is too beautiful to keep annoying thistles near your

heart. "The end for which we are created invites us to walk a road that is surely sown with a lot of thorns, but it is not sad; through even the sorrow, it is illuminated by joy," said Pierre Giorgio Frassati. Another saint said, "Happiness is not found in you. It is not found outside of you. Happiness is only found in God, and if you find him, you will find it everywhere." Want to find that joy? Want to find that happiness? Keep life simple, make it sincere and be humble... and do it all for Him.

To end with words from the singer, Matt Maher: "Isn't it beautiful?! Isn't it marvelous? The God of the Universe, He became one of us! We cry out and then love comes down again."

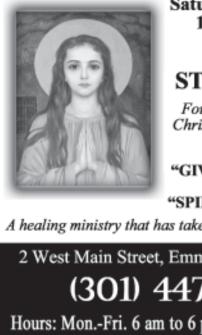
To read other articles by Ed Reaver's granddaughter Carolyn, visit the Authors section of Emmitsburg.net.





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FOUR YEARS AT THE MOUNT

Junior Year Come on, Maggie, Get the Squirrel...Oh Wait...

Samantha Strub

The Strub vacation at the cabin this year started off normally. It gave us a chance to take time off work and enjoy my father's safe return from Iraq with friends and family. This was the first time in two years that I had been able to join the rest of my family for a summer vacation. I was excited to have the luxury of sleeping in, spending time with my cousins, reading, and sun bathing. My boyfriend, Paul, was even able to come up from Washington, D.C. to spend the week with us.

Everyone, especially city-boy Paul, came to an unexpected awakening when we found out that, because of bad storms in northern Wisconsin, hundreds of trees were down and the towns hit the worst were out of power. The power wasn't supposed to be back on for at least a week, which looked to be the whole time that we were going to be there. Most people would find this appalling, but the Strubs are quite used to not having running water or lights. For years we had to use the outhouse and shower in the lake. Only about four years ago, when my grandparents retired and sold their other house and moved into the cabin full time, did they finally add a bathroom. Our biggest problem was how to keep the food cold for 24 people. On the way up, my dad bought a generator to keep the refrigerators going and carried lots of bottled water that we could use for brushing teeth and washing dishes, while the rest of my aunts and uncles brought up ice for the coolers.

It was hard to notice anything different when we first got there, except the fans weren't running in the garage and it was a little darker than usual. My grandpa collects everything-hats, noodles for the pool, movies, books, cars, tools, and this year he also found extra coolers. The garage is the size of a warehouse. It's two stories tall; the lower level has all his cars, his tractor and his tools, while the upper level has a mini kitchen along with his many collections, which are stacked in boxes all over the place. In between these boxes of who-knowswhat are seven beds where my family sleeps every time we go up. It's perfect being able to sleep in the garage



because in the morning I can sleep in without my cousins waking me up. The only downside is without power it's really hot and stuffy.

Even without electricity we still had tons of fun, sleeping in, then putting on our swim suits right away and tanning. We swam and played card games for the rest of the day. We were there over the $4^{\rm th}$ of July so we went to a parade and had a wonderful firework display courtesy of my dad, who always has way too much fun putting on a better and better show every year. My cousins and I pretty much lived in the water, swimming for a while, then getting out to read, tan and just chill with the family or in my case with my boyfriend, Paul. One day we swam across the lake with a canoe, sank it and then proceed to stand both inside and on top of the canoe while it is in the water and swim out to the middle of the lake while standing on it, for an hour at least. The sinking of the canoe is a tradition in my family that has been passed down from generation to generation. I remember being shocked when my Dad took my brother and me out in the canoe then suddenly flipped it over and then started messing around with it. Now it was time to pass that tradition down to the next generation, but the older cousins still took it out for a spin, even if we used the excuse that we had to show Paul how it was done.

It seemed that the week was go-

thing halfway up a tree about ten feet away from me. I assumed that it was a squirrel because she had been chasing after them all week, but just when I was about to walk by, I saw a black furry creature limp up the same tree, barking wildly. I knew something fishy was going on because squirrels are not black and Maggie's hair was standing up on edge. This black furry thing I saw run up the tree was actually a bear!

I was mesmerized by this beautiful animal that couldn't have been much more than a year old, sitting in a tree ten feet away from me. I was standing there, just taking it all in, watching this bear look nervously down at Maggie, while she continued to bark. Then the bear decided she wasn't worth it and settled in a ball up in the tree and started munching away. This made Maggie even more upset, as this strange creature was making herself at home on her property.

By this time, I was able to breathe again, as I heard my little cousins starting to make their way up from the lake. I understood the dangers this bear could pose for my family, and I figured out why it was so close to the cabin during daylight. My dad, sister and cousin Teresa were scaling and cutting fish for dinner. Maggie had chased the bear from the fish house, which happens to be in the same area as the outhouse. With this realization, I started yelling at everyone to get inside the cabin because a bear was right by the garage. I yelled out again, telling my father and grandpa to get over here now because Maggie had a bear up a tree. I heard my aunts, grandma and mom

telling everyone to come inside. My dad got my sister and Teresa into the cabin and came over, followed by Paul, my cousin Kaitlyn and her mother Michele with the camera. My grandpa followed not long after with his gun or as we called it the bear discourager.

It took a little while to calm Maggie down enough to grab her and put her on a leash. However, Maggie kept that bear up long enough for us to comprehend that our dog had just chased a bear up a tree, get pictures, and even bring out the younger cousins to see a wild animal! My six-year-old cousin, Amanda, wanted me to hold her while we went to look at the bear and as she looked she turned and asked if I could get Maggie away so the bear could come down and I could bring her to pet the bear like she saw the people in the zoo do. I was mortified but explained that this bear wouldn't let anyone pet it because it was wild and it would want to hurt you instead of wanting to be petted.

Once we took the children back into the house, got the dog on a leash and started dragging her away, the bear decided that it was safe to come down and go look for the fish. My grandpa figured that the bear might decide to head back in that direction, and he wasn't going to have any of that, so he took his bear discourager and planted himself in between the two. My Aunt Michele, Kaitlyn, Paul and I went with Maggie into the garage. WE realized what Grandpa was about to do, and we yelled, asking him not to kill the bear as it tested its luck by inching toward the smell he came for in the first place. So instead my Grandpa took his bear discourager and shot inches away from the bear. That bear took off at a run in the opposite direction as the dirt sprayed into his face. We waited awhile to see if our new friend was going to come back. Luckily, it didn't; otherwise fish may not have been on the menu. However we did get an exciting new story to tell at the dinner table during our card games and to pass on to future generations. Our old bear story was getting old anyway. You always need some new excitement, right?



ing to pass as uneventfully as the plot of the novel I brought with me, but we got a huge surprise when I walked outside the garage to see my dog, Maggie, lunging after some-



THE GRADUATE

Last month of freedom

Katelyn Phelan MSM Class of 2011

ugust. The eighth month A of the year. For most people that's all August is, the eighth month of the year. For me it is my last month before I join the ranks of America's working force and begin my full-time job teaching at Delone Catholic High School.

Actually it's not even my last month because about half-way through August I begin going to orientation, in-service days, and retreat. Then the real fun begins-classes. Really though I'm excited for the year. So far I've been getting together some lesson plans. My freshman class will begin by reading Homer's Odyssey. So I've been brushing up on Greek history and the elements of epic poetry. We'll also be working on vocabulary units, grammar, and lots and lots of reading.

There's already been reading assignments and the year hasn't started yet! All freshmen are required to read Whirligig and one other book. They can choose one other book from three options: House on Mango Street, The Hunger Games, or Murder on the Orient Express. Of course as the teacher I get to read all four selections. The books are good though, and should be quite appealing to the students. One of the selections, The Hunger Games, is very popular right now and will be turned into a movie coming out in 2012. As any English teacher will tell you though, the book is always better!

Freshmen will also be treated to a variety of great poems, short stories, and plays. Near the end of the year we will read one of the greatest and most tragic love stories of all time-William Shakespeare's Romeo and Juliet. Though Shakespeare can be difficult for students to read, his stories are so captivating and mimic life to such a high degree that the dense language is easily



freshman English I'm teaching two other subjects-speech and creative writing. Speech is a required class for all freshmen and is only one quarter long. By the end of the year I will have taught the entire freshman class! I'll also be teaching creative writing to juniors and seniors which I'm pretty excited about. Though that class will be a lot of reading and grading for me, it's a great thing for the students. They'll do exercises to get their creativity flowing but they'll be able to express themselves in a way that they aren't often allowed to do in school.

In addition to teaching I'm also in charge of the library. I'll get to help students access different resources which will help them do research papers or projects. I'll help them find books or online resources plus take care of regular library maintenance.

Though I'm certainly excited about teaching my classes, at the moment I'm most excited to set I got a bunch of great posters including vintage travel, book covers, and move posters from allposters.com. I've also gotten a bunch from vendors on eBay, for example a poster of William Shakespeare purchased at The Globe Theatre.

I'm most proud of posters which are actually my own photos, though. There are many websites online where you can email your photos in and have them printed very large. I chose some of my photos of Europe-Florence, Rome, and Greece-plus one of my photos of Mount and had them printed on 2 foot by 3 foot paper. I was so impressed by the quality of the print job that I was tempted to print all my favorite photos in this format! But I exercised some restraint, no need to spend my entire first paycheck on posters! Though I haven't actually set-up my classroom yet, so there's still a chance I could lose my resolve... One of the things that August will bring is the chance to meet the people I'll be working with this year. There's a Mount graduate working at Delone who I had an art class with a few years also; it'll be nice to have a familiar face around. And I've met with the chair of the English department several times, and she is wonderful. She's been so welcoming and helpful that I've been put at ease immediately. She has nothing but good things to say about Delone, her fellow teachers, and the students. She's a very positive person which makes me eager to work with her and also to meet the rest of the Delone faculty and staff. Though I am thrilled and excited to be starting this new job, it's also a little strange to be working as a teacher instead of being a student.

Instead of attending class I'll be running it! I won't be "Katie" but "Miss Phelan" instead. It's quite different, but exciting nonetheless.

I will miss the Mount though. Normally I would be preparing to head back to Emmitsburg and catch up with all my friends. It is a little strange not to be getting my things together for my move and anticipating a hectic reunion. Though I'll miss the Mount, at this moment I'm delighted about not having to move anywhere. I HATE moving! And since I plan to commute from Carlisle to Delone for at least a year, I have quite a while before I have to deal with that headache!

At times this summer I've missed being an undergraduate. I miss having the opportunity to take classes and learn about different cultures and read different stories. However I anticipate that I'll be learning quite a bit in my new job. My lessons probably won't deal with say, Russian literature, but they'll be valuable all the same.

Though I won't be an undergraduate, I will be taking classes, just not those that I get to choose. I'll be working on

teacher certification for the state of Pennsylvania while I teach my first year. I'm doing this through Wilson College, which is easily the most flexible and welcoming program I've looked at. Many of the others were not helpful or put ridiculous restraints what I could or could not do.

For example, one program demanded that I student-teach one day a week at a different school. When I explained that I was already teaching full-time and therefore would not stop teaching at my job in order to teach somewhere else one day a week, they refused to work with me and allow me to do my teaching at Delone. Needless to say, I rejected that program. Wilson seems to be a great fit for me, though, and I've spoken with several people who have been very pleased with it.

I'll be very busy next year with teaching three different classes, taking courses myself, and adjusting to a new job. So I'm trying to enjoy my two weeks of freedom before the madness starts. I hope to read one last book, relax on the beach for a few days, and work on my tan a bit. To be sure, though, I couldn't be more excited about teaching at Delone Catholic High School!



surmountable.

In

up my classroom. All summer addition to teaching I've been buying posters online.





IN MY OWN WORDS

Pregnancy is not a cold

Jackie Fennington MSM Class of 2010

am trying to find that line be-L tween pregnancy being the only thing people acknowledge about me and it being the one thing people awkwardly avoid. I have come to the conclusion that there are two types of people in the world - those who love pregnant women and those who try everything in their will to avoid it as if they might catch it just by acknowledging your baby bump. I admit, there are obviously better ways to divide the population, but as an eight month pregnant woman, I rest my case as such.

Some people treat pregnancy like a disease and want absolutely nothing to do with you. For example, the trick to getting a seat to yourself on the metro is to be pregnant. Men will not sit next to you if you are pregnant. It looks like they are heading your way to snag that open seat next to you, until they get close enough to see that baby bump and they decide to rough out their morning commute and just stand in the aisle. News flash: pregnancy is not contagious. Women tend not to be as frightened by the large lump protruding from my front side.

The people who love pregnant women are usually one of the following – a mom, an expecting mother, a wannabe mother, a guy who doesn't get grossed out by pregnancy (usually a father), or a prenatal yoga instructor.

Women who used to be pregnant or who are pregnant love talking about their pregnancy and swapping stories with other expectant mothers. How far along are you? How are you feeling? Boy or girl? Any morning sickness? Have you been having really weird dreams lately?

Wait....what???

Yes, another pregnant woman in my prenatal yoga class loves getting into detail about everything she is experiencing during her pregnancy and asked me about my dreams the first time I met her. Of course I am having weird dreams, but my response was an authentic recap of a baby dream without all the weird details. I did not want to scare off a possible friend and I could use a pregnant friend nowadays. The truth is I really did want to tell her everything. We love talking about our experiences! If we're not talking about our pregnancy

we just hope someone else brings it up so we can talk about it.

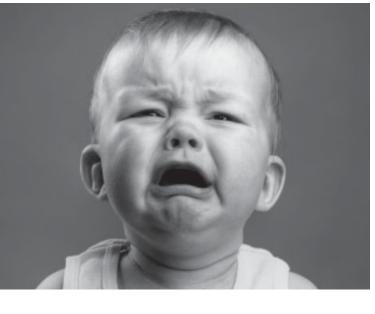
Some pregnant women might be different and actually dislike talking about their pregnancy. I will admit there are times that I would rather not answer the same question about my feelings five times. Do you really want to know about my feelings? Do you really want to know what my raging hormones made me cry about this week? I don't think so.

But if you really did want to know what made me cry, it was spilling my pot of pasta in the sink while trying to drain the water. Not only was I starving, but now I was also furious that I just made a whole pot of pasta and spilled all of it in the sink while draining it ever so diligently. Yes, this was enough to put me over the edge. After I stood over my pasta sobbing tears of frustration, I pulled myself together, rinsed the pasta down the drain, filled up the pot with more water and started boiling another batch. A pregnant woman's gotta eat!

That is another subject everyone asks about. "Do you have any weird cravings?" I have always had cravings for pickles since I was a little girl, so the rumor of pickle cravings during pregnancy is not out of the ordinary for me. Our refrigerator was always stocked with a jar of bread and butter pickles that I had no problem eating out of with a fork. Being pregnant, I simply crave food from every category - fruits, vegetables, carbs, sweets, dairy, meats, etc. I especially like it when my husband decides I could use a little treat and picks up brownies and ice cream. Anything and everything is delicious to me. And the baby likes it too!

How does anyone really know what the baby is feeling or

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thinking in there? Sources suggest that a baby who moves a lot is happy and healthy. When it feels like the baby is trying everything possible to get out of its comfy little bubble, I am tempted to think that he or she is not all that comfortable. Then again, he or she could be very comfortable and it is just me feeling the pain and discomfort. How pleasant!

The first person I told I was pregnant (besides my husband) was an acquaintance at work. I just so happened to be freaking out when I first found out and needed to tell someone who would understand. Who better than another mom who seems very good at keeping secrets at work! Her advice -to stay calm and buy the book What To Expect When You're Expecting.

I began reading all about pregnancy and it did not seem all that bad. I learned what I should be eating and how my lifestyle would change in the next few months and then, of course, for eternity. Then I made the mistake of signing up on baby websites to receive weekly updates of what is happening with my pregnancy. It is funny how fast a week goes by and how quickly the baby or I can develop new habits. Whether it is actually happening or not, the weekly updates make you feel like there are definite changes week by week (e.g. I thought my wrists actually hurt for one week but did not the next week).

Every week they compare your baby's size to a piece of fruit or a vegetable – grapefruit, butternut squash, four naval oranges, or my personal favorite, an English hothouse cucumber. Not joking. Along with the update of body changes for both mommy and baby, the weekly newsletter provides helpful articles that pregnant women usually find of interest. This is when pregnant women should not be allowed to read...

All of the information is meant to be helpful, but we have a tendency to read about symptoms of certain things and then think we have those symptoms, which then leads to a major freak out session. (I am very grateful for my husband's ability to listen, nod and reassure me that everything is fine.) Oh my gosh, I am anemic. I am much more at risk for postpartum depression. I probably have gestational diabetes. The baby isn't sitting the right way. And the worst of them all, I think I am going into preterm labor. While mommy is freaking out and thinking the worst, baby is doing somersaults having a field day.

The worst type of freak-out session is thinking think you have preterm labor symptoms. After mom doesn't answer your freak-out phone calls, you decide to call the doctor because something is definitely not right and it's better to be safe than sorry, right? Before the on-call doctor calls you back, your mom calls you back and reassures you that everything is fine. Pain is normal and you should just take a warm shower. Great - pain is normal. And I have another nine weeks of this? The on-call doctor calls you back and also reassures you that movement, whether painful or not, is good and means your baby is healthy. You are now the annoying pregnant woman who calls the on-call doctor when not necessary. Oops!



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MOUNT CREATIVE WRITERS

Stars in the eyes forever

Chelsea Baranoski MSM Class of 2010

Electrifying fireworks over the Scool waters of the United States Naval Academy. The sweet smell of chocolate wafting out of Kilwins on Main Street. The traditional parade that includes local politicians handing out glossy "Vote for Me" stickers, adorable dogs walked by their proud owners, and candy thrown into the streets for the kiddies. Jumbo lump crabcakes and cream of crab soup. Boat rides on the Severn before the sky turns a beautiful pinkish-purplish-red.

Despite all of these memories, Vanessa didn't know if she wanted to celebrate the Fourth of July in Annapolis this year. The only things that rolled through her head were sticky temperatures that created frizzy hair and endless beads of sweat, bumper-to-bumper traffic that seemed to snake from the waterfront roads of Annapolis to the country lanes of Emmitsburg, and crowds of people that made her feel claustrophobic. And then there was....HIM.

She met him four years ago. She was twenty-one, recently graduated from Mount St. Mary's University, and wondering what the heck she was going to do with her life, and he, Lance Douglas Allen, was twenty-two with an adventurous personality. Known as the "dude with three first names," he had a Semper Fi tattoo on his left bulging bicep and hair that made him look like Shaggy from Scooby Doo. They had met at a corner gas station in North Carolina. She was talking on her cell phone to her best friend when he tapped her on her sunburned shoulder. "Oww," she had said, turning around to see the culprit. "I gotta go, Christine." She slipped her phone into her brown leather bag.

"You're from Maryland, aren't you?" the guy asked, raising an eyebrow.

"How did ya know? Do I have a Maryland accent?"

"I noticed your Maryland license plate. I'm from Naptown." "But what's with the hair?" Vanessa asked. "I mean... you're in the military..."

"I'm not in the Marines yet, small fry. Boot camp doesn't start till next week. Then they will shave off this glorious pile of silky blonde hair," Lance said, winking. "I'm visiting my grandmother in the meantime."

"Small fry? Ok, Shaggy. Gotta go. Good luck with boot camp." Vanessa slapped thirty dollars on the counter and was about to leave when she heard that voice.

"Hey, small fry, what's your real name?"

Vanessa whipped her ponytail around. "Vanessa. Yours?"

- "Lance Douglas Allen."
- "Three first names?"

"Yep," Lance said.

"Alrighty then. See ya, future Lieutenant Lance Douglas Allen." Vanessa practically skipped to her red sedan. She would probably never see this dude again, but he made her feel confident. Vanessa slid onto the seat of her car, buckled her seatbelt, put the key in the engine, and stared ahead. There was a slip of white paper on her window. It was so small she didn't see it before. She unbuckled and slid out. On the piece of paper, she saw Lance Douglas Allen written in small chicken scratch letters and a phone number with a Naptown area code. Lance must have put the piece of paper there immediately after she got out of her car and walked into the gas station. Vanessa shoved the paper into her pocket and hopped back into the sedan. She passed the door of the station on her way out of the parking lot. "Don't forget to call me!" Lance called after her.

"I won't," Vanessa said. She hit the gas and floated down the highway. Questions circled her mind: To call or not to call? Was this guy her Southern gentleman or was this just a cowboy Casanova?

* * * * *

She was glad she called. This one phone call had set off an explosion of fireworks in her heart. It sparked the plan for their first date: spending the Fourth of July in Annapolis following Lance's twelve grueling weeks of boot camp. It led to four years of shared Fourth of Julys: two as boyfriend and girlfriend, and two as husband and wife. Four years of matching red, white, and blue outfits. Four years on that curb outside of Buddy's Crabs and Ribs. Four years of sharing crabcakes and cream of crab soup. Four years of watching Naptown light up with phosphorescent fireworks. Vanessa did not realize how lucky she was to share all of those Fourth of Julys with Lance. It pained her that he wasn't going to be there this year. He wasn't going to be sitting next to her on the curb with his red hat covering his blonde crew cut, his bleached

white shirt clinging to his broad shoulders, and his blue-jean shorts camouflaging the scar on his left thigh. He always joked that he looked just like the American flag; the only thing that was missing was the stars. "But wait, they're in my eyes every time I look at you," he would say with sappy puppydog eyes. Vanessa would tilt her head back toward the bright sun and cackle. The line got cheesier with each passing year. Nevertheless, each year, she laughed like it was the first time she heard it.

* * * * *

Now, a lieutenant in the Marine Corps, Lance had spent months at Walter Reed Army Medical Hospital in Washington, D.C. Injured. Afghanistan. Bullet wound to the left bulging bicep. Right through the Semper Fi tattoo. Shrapnel lodged in both of his legs. Fractured trigger finger. Unsure if the Marines would take him back. He wanted to be with his men and fight for the freedom he celebrated on the curb in Annapolis.

Vanessa wanted to spend the Fourth of July with Lance at Walter Reed. She wanted to sit by his bed, hold his tan hand, examine the Afghani dirt under his fingernails, stroke his blonde crew cut, and press her lips to his scratched cheek. But he said no. "Go to Naptown," he told her, holding both of her hands. "You need to go and tell me all about it. If you miss it, then I'll miss it. I want pictures of the parade and the fireworks. Plus, I want you to bring me back a crabcake. The food here does not compare," he winked.

"I can't leave you lying here in a hospital bed," Vanessa insisted.

"Small fry, I want you to be happy. I know that you look forward to the Fourth of July every year. You like it even more than your birthday. Admit it." Lance pressed her hand tightly.

"You're right, but...." "No buts." Lance shook his head vehemently.



feel his heart beat against hers as she hugged him before leaving the hospital. But she couldn't stop worrying about how long it would take him to make a full recovery and whether the Marines would take him back. She watched a group of children pass by in bleached white Navy outfits. They were probably learning the "Navy Way" at a camp at the Naval Academy. She wondered if Lance ever had a little Marines outfit. Vanessa snapped a few pictures and left the parade route. She would eat dinner at Buddy's before everyone in Annapolis marched toward the smell of crabcakes.

The hostess greeted Vanessa with a friendly smile. "How many?" she asked.

"One," Vanessa said, her voice catching in her throat. The hostess led her to table that overlooked Main Street. The parade was still going on outside. A wash of patriotic colors formed a human American flag on the cobblestone. Vanessa was about to take out her camera when she heard a familiar voice.

"Well, now my outfit is complete. I have the stars in my eyes again!" Vanessa whipped around in her chair so fast that her ponytail almost gave her whiplash. She rushed toward that familiar voice. Lance was in a wheelchair, wearing a red hat, bleached white shirt, and blue-jean shorts. She bent down and encircled Lance in a huge embrace. "But, how…what?"

Lance's Marine buddy, Tony, stood behind Lance. "He begged me to drive him here. Called me every hour, all morning," Tony said, patting Lance's shoulder. "I told him that after the fireworks are over, I'm driving him back to the hospital so he can rest. But don't worry, he's 100 percent stable. The doctor said he has been doing very well these last twenty-four hours. He'll probably be home by the end of this week."

Vanessa looked into Lance's watery blue eyes. "What did you say that sounded so persuasive?"

"I've gotta get my crabcake cuz small fry will probably forget it," Lance chuckled.

Vanessa tilted her head back and laughed just as a premature firework went off in the distance. This was a Fourth of July she would cherish. God Bless Our Troops.



Vanessa smiled. "You must be from Naptown because no one calls Annapolis "Naptown" except for the locals. I'm from Eastport, right next door."

"That's really weird. What are you doing in North Carolina?" Lance inquired.

"Looking for a Southern gentleman. But then again, maybe I should have gone to South Carolina for that. What brought you here?"

"Looking for a Southern Belle," Lance said.

"You're lying," Vanessa nudged his arm.

Lance smiled. He looked like he belonged in a toothpaste commercial. "Yeah, I am. Down here for boot camp," he said, running his hand through that shaggy mane.

* And so there she sat in her red, white, and blue. In front of Buddy's. Missing HIM. She stared ahead. A teenage boy sat on the sidewalk across from her. Same shaggy blonde hair as Lance. Same blue eyes, too. They could have been brothers. Tears clung to Vanessa's long black eyelashes. She brushed them away with the back of her hand. Politicians strolled down the street, handing her colorful brochures and stickers. Candy flew over both of her shoulders. Small children argued about who would get the Laffy Taffy and who would get the Sprees. She wished she could go back to those days when candy was her biggest worry. She knew she was lucky that Lance was alive, lucky to be able to

SIMPLE SERVINGS

No-sweat summer meals, in every sense

Sharon Racine

Porget about dogs – during these Fhot-as-Hades summer months, rotisserie chickens are hands-down the best friends a man could ask for. They may not play fetch or roll over, but they're always ready and waiting to save the next overheated cook from a sweaty night in front of the stove.

Don't underestimate their size, either. A small rotisserie chicken is typically about 2 pounds, or 32 ounces, and can yield a grand total of 3 cups of white and dark meat combined. If you're making a meal for two, that's more than plenty to feed you and your spouse, with leftovers for the next unbearably hot meal night.

But why stop at rotisserie chickens? While they're perfect for making, say, tostadas on a toasty August evening, they represent just a tip of the no-cook-meal iceberg. I have found a virtually endless supply of meal options for those nights when I just can't bear the thought of turning on the oven or burner. Don't judge, but during one particularly brutal July heat wave, I ate a bowl of cold cereal for dinner every night for three nights. It was that bad.

I should also probably mention that my third-floor city apartment does not feature a single air conditioning unit. There are nights when I come home from work to find the thermostat hovering over the 90-degree mark and my only defense is my army of fans, which does little to fend off the hot, sticky air. To be quite honest, at that point I would hardly notice the additional heat that would come from the stove, in the event that I actually had the motivation to cook something.

Then again, who wants to cook in an already-steamy apartment? Even the most dedicated cooks need to take a night off every now and then. My cold cereal spree is the ultimate example of the demoralizing effects of heat on the cooking motivational scale. I absolutely love cooking when I'm in the mood for it - I love trying new recipes and adding my own twists to tried-and-true classics. But when the heat creeps in and overwhelms my space, I become about as useless as the raw chicken breast that I can't find the desire to cook. Anyway, I digress. My point is that you can create balanced and delicious meals sans-stove; bonus points for the fact that these meals are easier and can actually be healthier, as they typically include lots of fresh ingredients. So even if you do have air conditioning, grab yourself a rotisserie chicken, give it a little pat on the spot just behind where the head



would be, and treat yourself to a simple, stove-less summer feast.

*All recipes adapted from recipes found in Cooking Light magazine.

White bean and roasted chicken salad

Ingredients

Salad:

- 2 cups coarsely chopped rotisserie chicken
- 1 cup chopped tomato $\frac{1}{2}$ cup thinly sliced red onion 1/3 cup sliced fresh basil 2 (16 oz.) cans of cannellini beans or other white beans, drained and rinsed

Dressing:

- 1/4 cup red wine vinegar 2 tablespoons extra virgin ol-

- 1/2 teaspoon salt
- 1/4 teaspoon freshly ground black pepper
- 2 garlic cloves, minced

Instructions:

To prepare salad, place the chicken, chopped tomato, sliced red onion, fresh basil, and cans of beans in 1 medium cucumber, peeled and chopped 1 garlic clove

1 (11.5-ounce) can low-sodium vegetable juice

Relish:

- 1/4 cup finely chopped red bell pepper
- 2 tablespoons chopped fresh cilantro
- 1 tablespoon finely chopped red onion
- 1 teaspoon fresh lemon juice 1 ripe peeled avocado, diced

Instructions:

- 1. Cook shrimp in boiling water for 2 minutes or until done. Drain and rinse under cold water; coarsely chop shrimp.
- 2. To prepare soup base, combine 3/4 cup bell pepper, chopped cilantro, chopped red onion, lemon juice, salt, hot pepper sauce, chopped tomatoes, chopped cucumber, garlic and vegetable juice in a blender; process until smooth. Stir in chopped shrimp. To prepare relish, combine 3. 1/4 cup bell pepper, cilantro, chopped red onion, lemon juice, and diced avocado. Dis
 - tribute relish evenly over soup

Instructions:

- 1. To prepare guacamole, place avocado in a small bowl and mash with a fork. Stir in 2 tablespoons tomato, 1 tablespoon onion, 1 tablespoon lime juice, 1/4 teaspoon salt, and minced garlic.
- 2. To prepare salsa, combine the remaining 1 cup chopped tomato, 2 tablespoons onion, 1 tablespoon lime juice, 1/4 teaspoon salt, cilantro, and jalapeño; toss well.
- 3. Combine the chicken, remaining 1 tablespoon lime juice, and paprika; toss well to combine. Spread about 1 tablespoon guacamole over each tostada shell; top each shell with 1/4 cup chicken mixture and about 2 tablespoons salsa. Enjoy!

Tuna, arugula and egg salad with pita chips

Ingredients

- 3 tablespoons fresh lemon juice
- 2 tablespoons extra-virgin olive oil
- 1 teaspoon Dijon mustard
- 1/4 teaspoon freshly ground black pepper
- 1/8 teaspoon salt

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a large bowl; stir gently to combine. To prepare dressing, combine vinegar, olive oil, lemon juice, mustard, salt, pepper and garlic cloves, stirring with a whisk. Drizzle over salad prepared chicken, tossing gently to coat. Voila! Sweat-free meal for five.

Shrimp gazpacho with avocado relish

Ingredients

Soup:

- 1 pound peeled and deveined large shrimp
- 3/4 cup chopped red bell pepper
- 1/4 cup chopped fresh cilantro
- 3 tablespoons chopped red onion
- 2 tablespoons fresh lemon juice
- 3/4 teaspoon salt
- 1/2 teaspoon hot pepper sauce 1 pound plum tomatoes, seeded and chopped

and prepare to be refreshed!

Chicken and guacamole tostadas

Ingredients

- 1 ripe peeled avocado 1 cup plus 2 tablespoons finely chopped tomato, divided 3 tablespoons minced fresh onion, divided
- 3 tablespoons fresh lime juice, divided
- 1/2 teaspoon salt, divided
- 1 small garlic clove, minced
- 1 tablespoon chopped fresh cilantro
- 1 tablespoon minced jalapeño pepper (seeded, if desired)
- 2 cups shredded skinless, boneless rotisserie chicken breast
- 1/4 teaspoon smoked paprika 8 (6-inch) corn tostada shells

6 cups loosely packed baby arugula 1 cup halved cherry tomatoes 1/2 cup very thinly vertically sliced red onion 1/4 cup chopped kalamata olives 1 tablespoon capers 2 hard-cooked large eggs, halved 1 (5-ounce) can light tuna in olive oil, drained 2 ounces plain pita chips

Instructions:

- 1. To prepare dressing, combine lemon juice, olive oil, mustard, black pepper and salt, stirring with a whisk.
- 2. Drizzle dressing over arugula; toss gently to coat. Divide arugula evenly among 4 bowls; top evenly with tomatoes, red onion, kalamata olives, capers, egg halves, and tuna. Serve with pita chips.

ARTS

Labor Day Rest Fest at Crumland Farms

Kathryn Franke MSM Class of 2013

 \mathbf{S}_{to} you're looking for something to do on Labor Day. Something nearby to avoid the chaos of travel. Something fun, family-friendly, and affordable. Well, right here in our very own Frederick, Morningtown Productions and In Crowd Promotions have joined forces to create a spectacular event for the whole family. It's easy on the wallet and easy on the gas, and it will be fun for people of all ages.

Rest Fest will be an arts and crafts festival and music concert held at Crumland Farms Festival Ground in Frederick, Maryland. Owned by Denny and Judy Crum, Crumland Farms began as a dairy farm and now grows corn, wheat, soybeans, alfalfa and hay. Crumland Farms plays a big role in bringing the members of the community together through its activities and events throughout the year, and the upcoming Labor Day Rest Fest will do just that. Greg Baughman and Scott Gianforte have teamed up to bring us an event that will no doubt be incredible. They wanted to host an event that would have something for everyone to do in one place. It will be a very family-oriented event, appealing to people of all ages through food, music and entertainment.

The festival, which is planned to be-

come an annual event, will take place on Monday, September 5th from 11am to 10pm. Children who are 5 and under get in for free. Tickets are \$5 for ages 6-12, \$10 for ages 12-18, and \$20 for ages 19 and up. VIP tickets are available for purchase for \$50, which include meeting the stars, autographs, drinks and food. Advanced tickets are on sale at www.tix.com. Tickets at the gate will be \$30.00. Tickets are going quickly, so get your tickets now so you don't miss out on a great event for the family!

One of the goals of the festival was to bring together national acts with more local acts, covering many genres of music. New talent is always being introduced, and this event aims to highlight local and regional talent by putting them with "National" acts to help elevate their visibility and, in turn, their careers. Morningtown Productions has a goal of helping artists succeed by putting them on the stage and giving them the opportunity to perform and the experience they need. In Crowd Promotions books bands at venues to help the events be successful. They are two different parts that together make the show happen.

The Rest Fest will feature Blind Melon, Pat McGee and Lukas Nelson, along with many local groups. Blind Melon is best remembered for their 1993 single "No Rain," and they are described as having a neo-psychedelic take on alternative rock. The band formed in California in 1989, and it has members from Indiana, Mississippi, and Pennsylvania. The group's vocalist, Hoon, was associated with Guns N' Roses frontman Axl Rose, and he was a backup vocalist on several Guns N' Roses tracks on the 1991 Use Your Illusion album. Blind Melon's single "No Rain" helped bring the band success and led the album to quadruple-platinum status. Capitol Records released a Classic Masters CD showcasing twelve Blind Melon songs in 2002.

Pat McGee Band recently signed a multi-record deal with Kirtland Records. They will tour with Vertical Horizon this summer supporting their CD Save Me, which contains five previously unavailable bonus acoustic tracks and a video for their single, "Must Have Been Love." Pat McGee Band has performed on "Good Day Dallas," "The Daily Buzz," "Good Day Tampa," WGN-Chicago, Fox 2 Morning News in Detroit, and ES-PN's "Baseball Tonight." They will perform on Fox 25 in Boston on August 1st and ESPN2's "Cold Pizza" on August 2nd.

Lukas Nelson is the son of country icon Willie Nelson, but he has taken his own path as a musician despite their vocal similarities. Lukas dropped out of Loyola Marymount University where he was studying music, and his parents cut him off as a result. However, he had already had a musical education because of his father and his father's friends (Johnny Cash, Waylon Jennings, Kris Kristofferson, and Bob Dylan). Lukas is now leading Promise of the Real, which is a blues-rock band that released its self-titled debut album in December.

Other artists that will be performing include Amish Outlaws, Telesma, Jah Works, the Freddie Long Band, the Knolly Moles, the Golden Butter Band, Frederick Rock School, Lucy, Old Indian and Reid Schoenfelder. Frederick Rock School has provided

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544 (548)

Art Glass Jeweiry



Blind Melon will be appearing September 5th at Crumland Farms' Rest Fest

great opportunities for youth who are interested in performing music. The school has teachers on site, helping the kids play not only on an individual level, but also in a band setting. The kids range from ages 8-16 years old, and the Frederick Rock School has helped them gain the experience and opportunites they need to make their dreams come true, even at a young

Scott Gianforte mentioned that we are all dreamers, and the arts help us to follow our dreams. If you start early and believe in yourself, you can accomplish anything. The Frederick Rock School helps provide children with a jump-start to their dreams, and they will undoubtedly be a wonderful addition to the venue at this event. The festival, while providing everyone with endless entertainment, will help people become more educated and aware of the impact of the arts in their lives. It is all around us, and it can help us do extraordinary things.

There will be over 50 artisans showcasing and selling their arts and crafts, and over 20 food and beverage vendors, each with a different kind of

ed this fall at the A Education Cen

food to "bring to the table." There will be a type of food for everyone, ranging from organic to vegan to those very well known companies like Hooters and Papa John's. People of all ages will find something to enjoy, whether it is pit beef, pizza, seafood, or sno-cones. The goal was to have downtown and local foods but also some larger organizations to ensure that everyone can find something they would enjoy. Throughout the event, artists

will be building things that will be auctioned off at the end of the day. We will see masterpieces from iron workers, painters, sculptors, and so many more. Make N' Music is donating a guitar for the auction that will be signed by all of the artists at the event. Profits from the auction will benefit the Boys and Girls Club of America.

There will be vendors, artisans, giveaways, and contests, and the event will be fun for all who attend. Morningtown Productions and In Crowd Promotions wanted to create an atmosphere that is comfortable and fun for all age groups. There will be food and entertainment for both children and adults. Kids will constantly be entertained by things like moon bounces, go-karts, and trains, and everyone can enjoy non-stop music throughout the night. The event will have two stages next to each other, so when one group stops performing, the other one starts. The music will be continuous throughout the night so that there is always something to do.



Painted Ceramic Baskets Fabric Painting Saturday Sept. 24+9 a.m.-5 p.m. Tuesdavs. Sept. 6 + 9 a.m.-12 p.m. MERIALS \$15 Knife Skills & Kitchen Essentials lesstays, Sept. 6-27 • 5:30-7:30 p.m. Monday Sept. 26 • 6-8:30 p.m. \$29 (\$30) + INTERIALS \$10 Watercolor Pencil Wednesdays, Sept. 7-28 • 5:30-8 p.m. Montays, Oct. 3-24 • 9:30-11-30 a.m. Intro to Photoshop Elements Abstract Painting Thursdays, Sept. 8-29 • 6-8 p.m. Mondays, Oct. 3-24 + 6-8 p.m. Thai Cooking Made Easy Harvest-Themed Ceramic Figurines Saturday, Sept. 17 + 4-7 p.m. Tuesday, Oct. 4 • 9 a.m.-12 p.m. INTERS AT INSTRUCTOR'S \$1,010. \$30 (\$30) • IARDRIALS \$12 Pastels: You Gotta Love 'Em! Wandaya, Sept. 19 & 26 + 6:30-8:30 p.m. Tuestays, Oct. 4-25 + 6-8 p.m. Figure Drawing for Beginners Box Painting with Acrylics liesdays, Sept. 20-Oct. 11 • 1-3 p.m. nesclays, Oct. 3-26 + 6:30-8:30 p.r Introduction to Watercolor Creative Writing 2 Thursdays, Oct. 6-27 + 6:30-8:30 p.m. Vednessbays, Sept. 21-Oct. 12 • 9-11 a.m. Light It Up with Mosaics Fridays, Oct. 14 & 21 + 6-8 p.m. DUMS COUNTY MITS DUCKTION CENTER \$44 (\$48) + IMTERIALS \$25 NE OF THE ADAMS UNTY ARTS COUNCY UNLESS OTHERWISE NETED. TUTTON FOR ACIC MEMORY SUB OTHORS (05), INATENIALS PEES DUE AT PINST CLASS SUB OTHORS (05), INATENIALS PEES DUE AT PINST CLASS SUB OTHORS (05), INATENIALS STREET IN DETTYSOUNC, REDUCTER TODAT OF ADDARGARTS.ORD (01:0717) 301-5006

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Cooking with PA's Fall Harvest Monday, Oct. 24 • 5:30-8:30 p.m.

This event will surely go out with a bang as the night will come to an end with a fantastic fireworks show! So while you are trying to figure out what to do on your day off, consider this: music, food, games, family, and fun. It doesn't get much better than that, does it?

Even for us Mountaineers down Route 15, who unfortunately have to labor through classes on Labor Day, this is an event that you don't want to miss. I plan on going as soon as my classes are over! So bring the family, and prepare for a day filled with fun, food, games, and great music, and make this Labor Day one to remember.

MOUNT SPORTS Summer update

Megan Kinsella MSM Class of 2013

Well, Emmitsburg, here we are. August. The third month of summer vacation. Soon we'll be packing up our cars, waving goodbye to our parents, and heading back to the Mounthome away from home. For the most part, college students are able to relax during the summertime. A lot of us work at part time jobs, and others spend the summer months at the beach, vacationing with family, or on service trips across the country. For three months, we are free from note taking, midterm and final exams, ten page term papers, and 8:00 classes. To be honest, one of the hardest things that I have had to deal with this summer was cleaning up spilled paint at the day camp where I work. Oh, that and the constant, inescapable chorus of "Megan, Megan, Megan, Megan, Megan..." that pursues me everywhere I go from 9:00 until noon every weekday. Can you not see I'm talking to someone else?? Or maybe I'm ignoring you for a reason! I don't think I'm fit for motherhood (yet). Anyway, I digress.

Most college students have it pretty easy during the summertime, right? There is, however, an excep-



tion. Hidden within the walls of Mount St. Mary's University, there is a fighting force of approximately 400 courageous men and women, who are constantly honing their minds and bodies and testing their limits in order to protect titles and

bring glory to their school. Who are these valiant souls I speak of? Yes indeed, I am referring to the Mount's Student-Athlete population. Even when the last exam is handed in on May 12th, the Mount's Student Athletes are far from being finished with their work. Division One sports teams at the Mount are in action all year round, whether they are officially in season or not. This Month's Sports article highlights a few different athletes and what they have been doing this summer to prepare for the 2011-2012 seasons.

Soccer

Let's start off with the Women's Soccer team. The lady Mountaineers have been working hard all summer in preparation for their preseason, which begins on August 20th at Rider University. TJ Burns, the Mount's strength and conditioning coach, provided the team with a strength and fitness packet, which gave them dietary guidelines, track intervals for aerobic workouts, and lifting programs for the summer months. Sadie Winship, a Senior forward said, "The girls came in so fit last year and we are expecting another good transition from summer into preseason. We are about one month away from our first game, so we are all working hard to get ready for the big day." The women's soccer team graduated three star performers this past spring, and while they will be sorely missed, the team is excited to see what kind of talent the incoming freshman class will provide. "I'm really looking forward to just being with the girls again," said Winship. "I think we are going to have a lot of successes and records set for the Mount and it will be great to be a part of it. It's going to be a great year and I can't wait!" Be sure to check out the women during their preseason- their first home game is on Sunday, September 4th at noon!

Basketball

Now on to Women's Basketball. Basketball teams at the Mountmen's and women's alike- only compete against other NEC teams during the late fall into early spring. But that doesn't mean they take it easy the rest of the year! On the women's side, all of the returning players are doing a summer school session, which includes taking a class and working out with TJ Burns five days a week. Workouts consist of running, lifting, and other strength and aerobic exercises. So, while the rest of us enjoy the comforts of home for three months of the summer, the members of the women's basketball team remain in Emmitsburg and work their tails off in preparation for the 2011-2012 season. Speaking of the upcoming season, Tara Lonergan, a rising Junior, commented, "We lost two key seniors and the rest of the team will have to step up to take their place. The incoming freshmen class includes four girls who will all hopefully play a big part in the team's success." The women's team is excited to continue working hard to build upon last year, have a winning season, and compete in the playoffs and post season.

some freshmen to step up but we will also need returning players to take on a bigger role for the team. It will be interesting to see who will accept the challenge and fill those seniors' shoes." The 2011 season was a rebuilding year for the baseball team, and it did not turn out as the players had hoped and anticipated. "I am looking forward to a fresh start," said Quaranta. "I am excited to take some time to rediscover a love for the game and then go back to school ready to go."

Golf

Another group of men and women that are ceaselessly training and striving to perfect their game is the Mount's Golf team. Starting on September 3rd, the Golf team will not conclude their season until late April of next year. As in all things, practice makes perfect, and so the Mount men and women spent the summer taking advantage of great weather to work on their swing and short game in preparation for the fall portion of the season. Rising senior Sarah Roe asserted that "it is important to be confident going into these first few tournaments and practicing a lot definitely allows for that confidence to develop." Summer golfing, along with a bit of weight training, has allowed the team to maintain their strength and conditioning during the "off" season. While two key seniors graduated from the women's team in the spring, three great players are joining the team this fall, and they are excited for great camaraderie on and off the course. The golf team will also be welcoming a new head coach to the line-up, which Roe says is a great change that will add even more stability to the program. "Overall, this will be a great season for Mount Saint Mary's golf," she said. "I'm excited to see the progress we can make in the next year to come."

Lacrosse

Finally, the Women's Lacrosse team: after winning silver at the Northeast Conference tournament in May, the Mounties didn't miss a beat and continued to train for next season. A number of the women remained on campus throughout the summer in order to work on speed, nutrition, and their overall game. One such player, Sarah Jane Leder, commented on what she is most anticipating for next season: "It's going to be a great feeling to be a senior- to be aware that it's my last year and that I have to leave it all on the field every single day, from morning lifts and runs in the fall until our last game in May!" The women's team graduated three seniors in the spring, but have six freshmen coming in to help out. Leder said, "We as a team just need to work together and communicate to step up and fill the spots needed. With our team's positive attitude and enthusiastic energy, I have no doubt that we will succeed in doing that." So Emmitsburg, we're getting ready for you... are you ready for us?



Summer and so are our Favorite Foods! Steak & Shrimp Buffet Every Wednesday & Thursday 4 pm – 8:30 pm Steak, Steamed & Fried Shrimp, BBQ Ribs

Land & Sea Buffet Every

Friday & Saturday 4 pm – 8:45 pm Warm Crab Dip, Clams Casino,

Seafood Augratin, Steamed & Fried Shrimp, 2 Selections of Fish, Fried Oysters, Carved Turkey, Beef & Ham, Fried Chicken, BBQ Ribs

> All Buffets include soups, salads, fruit & dessert bar

> > Ea

Baseball

After completing the 2011 season in early May, the Mount's Baseball team took a few weeks off in order to relax and recuperate, but the relaxation didn't last for long! If they didn't stay in Emmitsburg to work with the school trainer, most of the men went home to play for their hometown summer league teams. In addition to summer ball, the team has been hitting the weight room and running in order to stay in shape for the fall season. "The baseball team graduated twelve seniors this past year and that loss will have a huge impact on next season," explained Junior catcher Mark Quaranta. "We will need

PASTOR'S DESK

False teachers & their message

John Bartlett Chaplain ~ F.O.P. #102

We recently have heard and seen the results of someone who claimed to have a message from God. Harold Camping, president of Family Radio, made a bold prediction that circulated throughout the United States and around the world. He stated that on May 21st, 2011 Jesus would return, the rapture would happen and God's judgment of the world would immediately follow. Camping made similar predictions in 1988 and 1994, which also did not happen. He followed this by explanations as to why his calculations were wrong. Harold Camping was wrong in 1988 and 1994, and again this past May. The sad thing about Camping and all the other false teachers that have come and gone is the devastation they cause to their followers. I had several conversations with people just after May 21st. I listened to them make fun of the false prediction Camping made and even ridicule the return of Jesus Christ, the rapture of the church and the judgment of God. These people, who were not Christians, coupled Harold Camping and his organization with all other true Christian believers. This causes doubt and an even deeper unbelief in God and the message of the Gospel of Jesus Christ to the world through His Word, the Bible.

The Bible warns us about false teachers and their message. False teachers or prophets were active during the Old Testament days and have been active ever since. The Bible tells us that a prophet's prediction will come true if it is from God (Deuteronomy 18:22). A major problem with these false teachers/prophets, as I no one deceives you. For many

have previously stated, is the devastation they cause to the lives of those who believe and follow their message. A lot of Harold Camping's followers sold their possessions, cashed in retirements, and quit jobs to help get his message out. When May 22nd came and Camping's prediction had not come true, these people were left with the loss of their money, retirements, and jobs. Some were bewildered and wondering what went wrong. Camping, as he had in 1988 and 1994, tried to regroup and came out with a statement that his calculations were a little off or the prediction came about in the spiritual realm. Since then, Harold Camping suffered a stroke that affected his speech several weeks after his false prediction. That causes me to wonder if God shut Camping's mouth and put an end to his false messages because of God's love for people.

We also remember what happened to the followers of Jim Jones and David Koresh. Jim Jones, founder of the People's Temple, led his followers to mass suicide in Jonestown, Guyana in 1978. Hundreds of people died at the hands of Jones' leadership. David Koresh, the leader of the Branch Davidian in Waco, Texas, led his followers to their deaths in 1993 when they battled the ATF. These, along with many other false teachers/prophets, have caused great sadness, death, and deception among people.

Jesus, when talking to His disciples just prior to going to the cross, warned them, and us too, about false prophets and their messages. He said that spiritual deception would be a primary sign just before His return. Jesus stated in Matthew 24:4b-5, 11, 24-25, "Take heed that will come in My name, saying, 'I am the Christ,' and will deceive many. Then many false prophets will rise up and deceive many. For false christs and false prophets will rise and show great signs and wonders to deceive, if possible, even the elect. See, I have told you beforehand." The sad thing is that "many" people will be deceived and follow false prophets and their messages. Jesus also stated that these false prophets would be able to "show great signs and wonders". That means that these people will have some sort of supernatural power to lead people astray. The Bible tells us that the devil can disguise himself, as well as his messengers, into something that looks good and appealing, even "religious". 1 Corinthians 11:13-15 tells us, "For such are false apostles, deceitful workers, transforming themselves into apostles of Christ. And no wonder! For Satan himself transforms himself into an angel of light. Therefore it is no great thing if his ministers also transform themselves into ministers of righteousness, whose end will be according to their works." Just because something seems to be supernatural or spiritual does not mean that it is from God. The Bible instructs us to test all things and follow what is of God (1 Thessalonians 5:21-22).

These false prophets/teachers do not necessarily come from other religions or cultic groups. I believe many come from within the true Christian churches. The best way to corrupt the Gospel of Jesus Christ and add to or take away from the Word of God is to attack it from within. Spies, when caught after infiltrating their targets, are always caught within the organization where they seemed to be a true part of its membership. In the same way, these "ministers of righteousness" or false prophets/teachers, infiltrate the church and become a part of it. The Apostle Paul warned the Elders of the church in Ephesus of this very thing in Acts 20:28-31. He stated, "Therefore take heed to yourselves and to all the flock, among which the Holy Spirit has made you overseers, to shepherd the church of God which He

purchased with His own blood. For I know this, that after my departure savage wolves will come in among you, not sparing the flock. Also from among yourselves men will rise up, speaking perverse things, to draw away the disciples after themselves. Therefore watch, and remember that for three years I did not cease to warn everyone night and day with tears." Jude also stated something similar in Jude 3-4. "Beloved, while I was very diligent to write to you concerning our common salvation, I found it necessary to write to you exhorting you to contend earnestly for the faith which was once for all delivered to the saints. For certain men have crept in unnoticed, who long ago were marked out for this condemnation, ungodly men, who turn the grace of our God into lewdness and deny the only Lord God and our Lord Jesus Christ." Paul said that these "wolves" would infiltrate the church from the outside and inside. Jude then tells us that these men would do it by way of stealth, going unnoticed and trying to do damage to the message of Jesus Christ. What the church needs so desperately today are faithful watchmen who care for God's flock and are not afraid of speaking the truth in love.

As we watch and hear about all the crazy things happening throughout the world, we need to be on guard against deception. False teachers will become more and more frequent as we rapidly approach the return of Jesus Christ. Dave Hunt, a Bible teacher and author, stated, "The Bible tells us that God, through His prophets, provides signs of the times (Isaiah 7:14). Jesus rebuked the Pharisees for not knowing and recognizing the prophetic signs of the Messiah's first coming (Luke 12:56). It was, therefore, reasonable for Christ's disciples to ask Him, 'What will be the sign of your coming?' (Matthew 24:3). The very first sign Jesus offered was religious deception, and He emphasized this sign above all others (Matthew 24:4-5, 11, 24)." Harold Camping was right about several things. Jesus will return and God's judgment is coming. The day of His return is unknown (Mark 13:32-33) and the day of God's judgment is yet to come. I believe as we approach both these Biblical events, the world will see many things or "signs" happen as outlined in Matthew 24. Do not follow after the Harold Campings, Jim Jones or David Koreshs of the world. The only One to follow and completely trust is the Lord Jesus Christ. He will lead you and guide you back to the Father in heaven (John 14:6). Follow the clear instruction of the Bible when it comes to testing spiritual things. 1 John 4:1-4 tells us, "Beloved, do not believe every spirit, but test the spirits, whether they are of God; because many false prophets have gone out into the world. By this you know the Spirit of God: Every spirit that confesses that Jesus Christ has come in the flesh is of God, and every spirit that does not confess that Jesus Christ has come in the flesh is not of God. And this is the spirit of the Antichrist, which you have heard was coming, and is now already in the world. You are of God, little children, and have overcome them, because He who is in you is greater than he who is in the world." You see, when we have believed on Jesus Christ and have been made new, the very Holy Spirit of God comes and resides in us and guides us into the truth of God and keeps us from error (1 John 2:27). We need to be cautious when people say they have heard from God or heard a divine message. The question that needs asked next is, "Does it line up with the Bible?" If not, then it should be rejected, and exposed as a false message.

Jesus said of His sheep and their knowledge of and relationship with Him in John 10:14, 28-30, "I am the good shepherd; and I know My sheep, and am known by My own. . . . My sheep hear My voice, and I know them, and they follow Me. And I give them eternal life, and they shall never perish; neither shall anyone snatch them out of My hand. My Father, who has given them to Me, is greater than all; and no one is able to snatch them out of My Father's hand. I and My Father are one." The most important question each of us has to answer is, "Do we really know Jesus?" If we do, we are protected by the Good Shepherd and follow Him because we know Him intimately and love Him. If you do not really know Jesus, you, too, can trust Him and follow Him. He is so faithful and protective of His own. False teachers and their messages lead sheep astray so that the sheep are caught and destroyed by the wolf (John 10:12-13). Follow Jesus Christ and His Word, and this deception can be avoided and even exposed.



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GOVERNMENT NORTH – SUPPLEMENT From the Desk of Commissioner **Candidate Marty Qually**

 $S_{\text{just after watching the Presi-}}^{\text{ince I am writing this article}}$ dent and the Speaker of the House duel over who is the ring leader in yet another political circus, it is hard for me to focus on the challenges facing the next Board of Adams County Commissioners. Too often it is easy to throw up our hands at our politicians, and wish for the day when public servant meant something more. So from the contentious National debate, I would like to turn your attention to the most important under the radar issue facing Adams County government. This year may be the most dramatic year of change ever seen in the Adams County Courthouse. Sorry, nothing as glamorous as what is in the news every night, no countdown timer, no yelling, no behind closed doors deals, just County government going through the most unprecedented turnover in elected officials and staff in the history of Adams County.

While the voters of Adams County clearly wanted new Commissioners next year, most did not realize the historic significance of

the vote they cast. Next year will be the first time in almost 50 years that there is a completely new Board of County Commissioners. Not since 1967 has a clean slate been elected. And on top of that, with the change from a Class six to a Class five County, 2012 will see our County Auditors replaced by a County Controller. Depending on the new Commissioners and Controller, this could change the entire department of finance and has the potential to create conflict between the budget and finance functions of County government. Thankfully, the current Commissioners are not sitting back as lame ducks, but are working on a transition plan to address potential conflicts.

Back in 2007 and again this year the hiring of a County Manager was a hotly debated election issue. Well that debate ended when Adams County hired Albert Penksa as the first County Manager in our history, but the final verdict may still be pending. During the Primary some candidates stated that although the current Board hired a manager, the future Board may not keep him. Hiring Albert Penksa as County manager was one of the successes of the current Commissioners, but as with any change of this magnitude there will be growing pains and potential friction in the Courthouse.

Between 2010 and today the County has also seen the change of six director level positions and the addition of a new County Judge. Judge Thomas Campbell was added to our current bench in 2010 and the Court has done an excellent job assimilating this additional seat and dividing the work load. This year the County hired new Directors of Planning, Probation Services, Victim Witness (and Assistant Director), Court Administrator, Public Defender (and Deputy), and are currently interviewing for a Director of Human Resources (and Assistant Director). With each new hire comes not just a change in leadership within a department, but new personal dynamics and interactions between departments. These directors are part of the backbone that keeps Adams County government healthy. While it is easy to lump everyone in government as just anonymous "bean counters" or "paper pushers", each employee in the county is an important part of the team providing services to residents. While many County employees are concerned about who will be their new Board of Commissioners, the citizens can rest assured that no matter who wins the election, the County will continue to be staffed by dedicated quality employees.

Why should Adams County voters put their faith in me to guide the County through what will be a tough year? In a word: Experience. Of the four candidates running for Commissioner I have the most experience serving on Municipal, County and State Boards both as an elected or appointed official. Currently, I serve as one of the Adams County Auditors, putting me in a unique position to hit the ground running in 2012. I have a working understanding of the current budget, and will be 100% ready to accept or appropriately change the 2012 budget. I have a working relationship with

County staff and have learned this year that, while we elect Commissioners to guide the County, it is the staff that gets the job done. We need a Commissioner, who has experience in County government, knows and supports County staff, and is not coming in blind to the transitions facing County Government. Let's make sure that we have hard working committed County officials willing to work together to get the job done of saving our tax dollars and returning our government to the people.

In order for me to serve you and help County staff have a smooth transition, I need your vote on November 8th for County Commissioner. Like County government, my campaign is not a one man show, it is only with your support and a strong team of volunteers that I will win this election and help our County.

If you would like to discuss any issues or become a part of my campaign team please contact me at 717-339-6514 or at marty@ martyqually.com. And feel free to visit my website at WWW. martyqually.com

Marty Qually Adams County Auditor Cumberland Township



6:30 p.m. Horse Pulling Contest, Rear Arena 7:00 p.m. Open Beef Judging, Show Arena 7:30 p.m. Peak 98 Battle of the Bands - Auditorium - Free 10:00 p.m. Exhibit Buildings Close

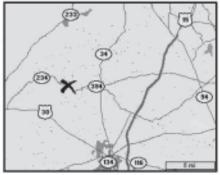
Thursday, August 18, 2011

10:00 a.m. Dairy Color Breed Judging, Show Arena 4:00 p.m. Fair Open 4:00 p.m. Exhibit Buildings Open 3:30 p.m. 4-H/FFA Dairy Beef Judging, Show Arena 5:00 p.m. - 10:00 p.m. Ride Night Special - \$15 5:00 p.m. 4-H/FFA Steer Judging, Show Arena 7:30 p.m. Just Plain Country - Auditorium - Free 10:00 p.m. Exhibit Buildings Close 10:00 p.m. Fireworks Display visible from entire fairgrounds

Saturday, August 20, 2011

9:00 a.m. Open Draft and Light Horse Show, Rear Arena, Free with gate admission 10:00 a.m. Fair Open 11:00 a.m. Exhibit Buildings Open 12:00 p.m. Myotonic (fainting) Goat show 1:00 p.m. - 6:00 p.m. Ride Special - \$15 4:00 p.m. 4-H/FFA Livestock Sale (Steer/Dairy Beef/ Goat/Sheep/Swine) 4:30 p.m. Parade of Antique Farm Equipment 7:00 p.m. Texaco Country Showdown -Auditorium - Free 10:00 p.m. Exhibit Buildings Close,

Only Livestock may be removed



Route 234, Adams County, Mile West of Arendtsville. 8 Miles West of Gettysburg

Sunday, August 21, 2011 2:00 p.m – 4:00 p.m. Fairgrounds open to remove entries for all remaining departments

GOVERNMENT NORTH – SUPPLEMENT Hamiltonban Township Newsletter

It is once again time for our mid-year newsletter. We hope that you find it complete in updating the news that has been happening since January and also in addressing what is coming in the future so please, read on.

Highway news

Wow, what a Spring! We have some extensive damage again this spring to the roadways. With all the rain early in the season it was difficult to accomplish many of the repairs. Please be assured that the road crew is aware of the needs in your area and will be working throughout the summer to correct drainage and ditch problems that have contributed to the washouts. The 1400 block section of Cold Springs Road continues to have drainage problems during recent storms. Our Township Engineer and Roadmaster Harbaugh will be preparing a plan to address those water issues. The plan may encompass several years of a concentrated effort on the Township's part to correct work that was done in 2006 as a result of another rain storm.

Roadmaster Harbaugh has implemented a GIS program for pipe installation that will be a cost savings measure in those engineering plans. The program has plotted each Township roadway crosspipe, sign, road surface application date and other pertinent road information to exact coordinates and measurements.

The lower section of Cold Springs Road is on the schedule for completion this year. We have engaged in a two-year renovation and rebuilding of that section of roadway that will culminate in a new surface by summer's end. Beechwood Drive will have crack sealing done with an applied course of asphalt surface. Various roadways will be sealcoated again this year in order to maintain the integrity of the roadway surfaces.

On Route 16 by Harbaugh Valley Road, Penn Dot has begun a bridge repair project. They have installed stop lights and changed the traffic pattern. Please use caution when traveling through that area until the project is completed.

As soon as the Township receives the "go-ahead" from Penn Dot, Roadmaster Harbaugh will begin the order process and installation of new school zone lights for the Fairfield Area School District school zone. The Township received an ARLE Grant (Automated Red Light Enforcement) this year to cover the costs. This is just one of the five grants applied for. To date we have received four of those submitted grants.

Orrtanna Sewer Plant News

Not all of our citizens may know about

our sewer plant grant and why we applied for its funding. The plant services Orrtanna area residents and therefore is supported by their usage fees. Last year we were notified by Department of Environmental Protection that the treatment plant could no longer meet the State treatment standards because of its age. The Township and Municipal Authority have to perform a major upgrade and change how we treat that sewage. In order to do that it is important to the residents of Orrtanna that we find as much funding as possible to keep their usage costs at a manageable level.

By staying in constant touch with our State Representative, Dan Moul and State Senator Rich Alloway, they were able to greatly assist us in moving our application for an H20 Community Facilities Grant to the final award stage. That grant of \$496,500.00 alone will fund one half of the plant upgrade costs. We are also applying for funding through Penn Vest, a Pennsylvania grant and low interest loan program to complete our funding needs.

In the meantime, we will be continuing with the maintenance program to our manholes and lines. You will notice work going on in downtown Orrtanna in the coming months. Please drive carefully while our men are at work.

Township Finances

The reassessment has caused us all anguish and has prompted some misunderstandings of the tax rate received by Hamiltonban Township. The tax rate assessed by Hamiltonban Township has not changed over the past six plus years. There has been no property tax increase by this Board of Supervisors. We have consistently generated just over \$300,000.00 in real estate property taxes at the previous 6.5 mills. When Adams County performed and certified its assessment numbers, by law, Township, Borough and County governments cannot receive any more tax than the year prior to the reassessment. Therefore, our tax rate millage was decreased to maintain our collection of the same \$300,000.00.

As a major cost savings measure, the Board of Supervisors recently voted to stop providing health insurance for Board members at the end of their current term. This will result in three (3) Supervisors being ineligible for Township insurance coverage at the end of 2011, with one Supervisor being eligible to continue this expense until the end of 2013 and one other Supervisor eligible to continue his coverage until the end of 2015. After December of 2015, no Supervisor will be eligible for Township funded health insurance and therefore none shall be provided.

Glatfelter/Michaux State Forest Land Exchange

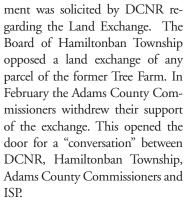
In 2007 Hamiltonban Township supported the acquisition of the former Glatfelter Tree Farm, in part, because of maintaining our Forested Land Use in the area and also to preserve the integrity of Tom's Creek, Middle Creek and the habitats of animals and plants that are present in this beautiful landscape.

In 2008 the Adams County voters passed a Land and Water Bond referendum that enabled the completed purchase of the former Tree Farm.

In 2010 The Conservation Fund who gathered the grant and bond monies together for the purchase, turned control and ownership over to the State of Pennsylvania's Department of Conservation and Natural Resources (DCNR) as an addition to Michaux State Forest.

In 2010 DCNR entered into an agreement with International Specialty Products (ISP) to exchange properties that were of interest to DCNR and would be purchased by ISP for exchange of a 110 acre parcel of the former Tree Farm off of Gum Springs Road.

In January of 2011, public com-



That "conversation" was initiated with the assistance of State Senator Richard Alloway and Mr. Chris Abruzzo, Deputy Chief of Staff to Governor Corbett.

The Hamiltonban Township Board of Supervisors is continuing conversations with the interested parties in the hopes, that should the Adams County Commissioners allow the land exchange to proceed forward, that the Board can represent the interests of all its citizens without the penalization of one citizen's livelihood against another citizen's right to hold and maintain property of value without a negative impact to that value. Not only is that in itself a daunting task but the original intent of trying to preserve and protect the area's habitat and the Tom's Creek waters must also be addressed.

We are hoping for a resolution to this issue in the near future and will do our best to keep our constituents advised of our progress.

Receive Township

Information by e-mail

To better communicate with our citizens, Hamiltonban Township maintains an e-mail distribution list of all residents who are interested in receiving information from the Township via e-mail. Information that is distributed includes emergency notifications and road closures, special notices, news of interest, happenings in the Township and surrounding areas, budget messages, and the like.

We highly encourage you to sign up for these emails so that you may stay on top of all Township news. Please contact the office at 717-642-8509 or e-mail your information to: hamiltonban@embarqmail.com. The Township website www. hamiltonban.com is always up to date with the latest Township information. You can also access meeting minutes, ordinances and Township forms from the site.



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Volunteers are currently needed for the Rec and Park Commission. Please contact the office at 717-642-8509 to volunteer.....Thank you!!

COMPLEMENTARY CORNER Lessons from nature

Renee Lehman

Part 2

The first part of the Lessons from Nature article dealt with observing the natural cycles within nature. The ancient Chinese observed a cyclical pattern of expression in nature, and this pattern was governed by the Five Elements: Water, Wood, Fire, Earth, and Metal. These Elements or energies are felt to be the prime energetic building blocks from which everything in the material world is composed. So, every living thing and every person is a unique embodiment and combination of these Five elements.

The Sheng (pronounced Shang) Cycle is a cycle that demonstrates how each of the five elements is "created" by the element preceding it. The Ko (pronounced Koh) Cycle is a "control" cycle that prevents excessive growth of any one Element by allowing mutual checks and balance among the Five Elements.

This second part of Lessons from Nature will discuss the life lessons that we can learn from observing the Sheng and Ko cycles within nature and ourselves.

Examples in nature and our lives of a balanced and unbalanced Sheng cycle.

Water creating Wood

In Nature: can be seen as rain providing valuable nourishment for the growth of plants, fruits, vegetables, flowers, and other vegetation. When out of balance, if there is too much rain, the vegetation can "drown." If a drought occurs, there will be no new growth and vegetation will become dry and brittle (just look at the Midwest right now).

In Humans: can be seen as the embryo containing the "inherited essence" holding the "blueprint" of a newborn's growth and development. When out of balance, too much water held within the body causes edema, or may show up as someone "babbling" with nervousness. Too little water causes us to be less flexible, and our limbs may become stiff.

Wood creating Fire

In Nature: can be seen at a campfire. The more wood that is placed into a campfire, the brighter, hotter, and longer the fire will burn. When out of balance, too much wood can cause a fire to blaze out of control. If there is not enough wood for the fire, the fire will not generate enough heat to be warming or cook food.

In Humans: can be seen as we follow our "blueprint" and create possibilities so that life will be fuller and brighter. When out of balance, a fire blazing out of control (too much planning and organizing) can end up "burning up" many of your reserves causing you to feel exhausted. Too narrow a personal vision/intention may not allow for a very fulfilling life.

Fire creating Earth

In Nature: can be seen as the ashes from the cooling fire creating new land. When out of balance, a volcano can destroy everything that is in its path, or a prolonged heat wave (like in the Midwest) will not allow the earth to

sustain life.

In Humans: can be seen as we bring warmth and compassion to the world, and are thoughtful and grounded in our interactions with others. When out of balance, we can become "dried up" and act like a sponge, soaking in as much attention as we can get. Too little warmth will not keep our earth at the right moisture level, and we will feel sluggish, "soggy," and sloth-like.

Earth creating Metal

In Nature: can be seen as downward forces (such as gravity) squeezing the minerals of the earth together to form metals and valuable stones. When out of balance, too rocky of soil will not be able to provide nourishment to what is planted. Also, when farmers do not rotate their crops there will be a tendency to deplete the soil of the valuable minerals and nutrients.

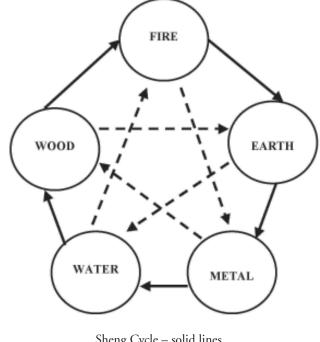
In Humans: can be seen as we are centered and grounded, thus recognizing the value and preciousness of everyone and everything in the universe. When out of balance, standing on "rocky ground" may cause us to not feel stable. Also, if we are not well grounded, we may never see our value and let it shine in the world.

Metal creating Water

In Nature: can be seen as streams and rivers flowing in specific pathways because the ores of the earth provide channels for the water to flow within. When out of balance, water could flow away from where it is needed too easily and not be able to be used.

In Humans: can be seen as we value and respect everyone/everything, thus we are willing to allow things to "flow" as they are and allow others to be as quiet or powerful as they want to be. When out of balance, if we value ourselves too much or too little, then we could potentially attempt to have too much power over a situation, or not even recognize that we do have power over a situation.

Examples in nature and our lives of a balanced and unbalanced Ko cycle.



Sheng Cycle - solid lines Ko Cycles - dashed lines

In Nature: can be seen as water quenching a fire's flames so that it doesn't burn out of control.

In Humans: can be seen as "cooling off" when we are emotionally "overheated." When out of balance, we could be "coldhearted" and not have "warmth" toward anyone. We could also suffer from "burn-out" because we have not "rested" enough.

Fire controlling Metal

In Nature: can be seen as heat melting metal and making it malleable.

In Humans: can be seen as "warming-up" and being less "rigid" in our ways and beliefs so that life is not as "hard." When out of balance we can become so malleable by someone else's love that we loose ourselves and our beliefs. We could also be closed off to someone else's warmth and be "hardened."

Metal Controlling Wood

In Nature: can be seen as a saw cutting down an overgrown tree. In Humans: can be seen as "cutting back" on overextending ourselves, so that we stay "closer" to home. When out of balance we can "cut down" ideas and suggestions of others, or not be able to "let something go" and therefore, have no room for new growth and possibilities.

Wood Controlling Earth

In Nature: can be seen as the roots of a tree keeping soil from eroding.

In Humans: can be seen as our "rootedness" keeping us grounded and having a solid foundation to stand on. When out of balance we could have "loose footing" (like walking on sand) and not feel secure. Also, if we hold ourselves too tightly, we could feel heavy, or strangled.

Earth Controlling Water

In Nature: can be seen as absorbing excess rainwater; thus, preventing flooding. Also, a mound of dirt can be used to dam up water control water (i.e., cranberry bogs).

In Humans: can be seen as our grounding and centeredness prevents us from scattering in many different directions. When out of balance we can be too "boxed in" and not let our potential flow, or physically hold onto too much water which can lead to edema. We could also not contain our resources well enough and let our energies be spent in too many places.

We can see that when the Five Elements are in balance with each other via the Sheng and Ko Cycles, nature will thrive. When it comes to our lives, if all Five Elements are in balance within us, then we are at a state of optimal health/wellness.





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Water controlling Fire



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In the mystery of nature, neither promotion of growth (Sheng) nor control (ko) is dispensable. Without promotion of growth, there would be no development; without control, excessive growth would result in harm. —(Ling Shu; Liu, 1988, p.

53) Renee Lehman is a licensed acupuncturist and physical therapist with over 20 years of health care experience. Her office is located at 249B York Street in Gettysburg, PA. She can be reached at 717-752-5728.

FITNESS AND HEALTH

Exercise and meditation helps ease stress Stress can be good for your body, but being under constant stress is where the trouble comes in. I'm sure

Linda Stultz

We all have stress in our lives. How we handle it is the important thing. Personality plays a big part in how we handle stress. Some people are able to let things go easier than others. When a problem arises, some people deal with it and forget it. These people are better off, health wise, by not dwelling on the problem. Being able to do this is in their personality. People will tell you to just forget it, but it is not easy for some. Exercise and meditation are good for you even if you have the personality I just mentioned, but if you don't, they are of even greater value to your health.

People who dwell on a problem or situation really need to explore exercise and meditation as a tool to help them handle the stress in their

lives. For many, using exercise to help calm themselves and work through a stressful situation would never be thought of. They would think about the problem until they come up with a solution. Thinking about it constantly is not healthy for their body or mind. Take a walk or run. Go for a swim or play a game of tennis to get your mind off the problem. Have you ever tried to balance your check book or solve something at work and no matter how hard you looked for the error, you just could not find it? Finally, you took a break or went home for the day and when you went back to it, there was the answer. That's what a walk or some type of exercise can do for you. Give yourself a break and when you come back to thinking about the problem, maybe it won't seem so impossible to solve.





Fitness matters

Expert answers to your health and wellness questions

Inga Olsen Anytime Fitness Personal Trainer

you have all heard about the instant

stress of our ancestors, having to run

away from a wild animal or fight off

an enemy from another tribe. That

immediate stress was good for their

body. The stress of today that comes

from jobs, family or money is a slow,

continued stress that is not good for

our health. Exercise gives you a chance

to clear your head or to concentrate on

something else for a while. It gets your

blood pumping and your breathing

up to circulate through your body.

Being sedentary is the cause of so

many unhealthy conditions. I know it

is easier to sit on the couch and munch

on those chips but your body will react

in a negative manner after a while.

Once you get up and get moving you

Meditation is another way to

relieve stress. Learning to clear

your mind and keep it on tract

is hard to do but if you practice it

becomes easier. I realize we all have

so many responsibilities and things

on our mind all the time. Everyday

life is filled with so much and all

this causes stress to build up. Sleep

eases and refreshes our mind and

body but so many people do not get

enough sleep or real restful sleep.

The practice of meditation before

going to bed is helpful in clearing

your mind and preparing your

I'm sure your life is already

filled with many things to do and

adding exercise and/or meditation

may seem just another thing to

add to your plate. You may think

it will be difficult to find time for

these activities but I'm sure once

you do, you will find the benefits

will improve your health. Working

exercise into your day may seem

impossible at first but you will find

it to be something you will never

Remember to keep moving!

mind for sleep.

want to give up.

feel so much better.

Question: I keep hearing about the Mediterranean diet. Good, bad, or indifferent?

Answer: The Mediterranean diet is actually more of a lifestyle, and does incorporate many healthy foods and behaviors. For many years, it has consisted of high levels of activity, low stress, and a highlymoderated earthy and nutritious diet. Living in the United States, we don't often see the high activity and low stress combination very abundantly. But no matter where we are in the world or what our situation is, following a Mediterranean meal plan is never a bad idea. Their diet is centered on small portions and an abundance of plant sources: fruits, vegetables, potatoes, breads and grains, beans, nuts, and seeds. They strive to stay away from any processed foods and their main source of fat comes from olive oil. They promote fish a couple times a week and red meats a couple times a month. Fruit is the main option on their dessert platter. Their fitness guidelines are pretty broad, but they do recommend an amount of physical activity that promotes a healthy weight and well-being. In the end, the Mediterranean diet is thought to be one of the healthiest diets out there.

Question: I have a punching bag in my basement—could I be using that to workout?

Answer: Yes, absolutely! Using a punching bag, or boxing, is a very unique and useful way to workout. However, simply punching the bag with no routine or training can lead to injury. Boxing is a great way to improve the body's speed, coordination, endurance, and strength. However, in order to properly utilize this type of workout, you must be educated on the different types of punch-

es. I'm talking about the jab, uppercut, hook, body punch, and so on. You should also try and use a basic routine until you get the hang of things, such as jab, cross, hook, repeat. When you learn the basics of boxing, you can begin to reap the benefits, which include, most notably, stress relief. We all know there's nothing better than relieving a day's worth of stress on a punching bag. Boxers also develop great upper body muscle tone and excellent endurance levels. Also, learning the techniques of boxing is a great way to develop self-defense and could be applied in real-life situations if needed (though we hope it isn't).

Question: Should I be eating my vegetables fresh or should I cook them?

In truth, there Answer: are benefits to both. But one thing is certain-eating vegetables, whether they're grilled, roasted, baked, steamed, boiled, or raw, is always good. Regarding this particular question though, it really depends on the nutrients in the vegetables and how they react to temperature. For example, eating cooked carrots, spinach, mushrooms, asparagus, and cabbage, amongst others, supply more antioxidants to the body when they are cooked. Tomatoes have proven to supply more lycopene when cooked, which is thought to reduce the risk of cancer and heart disease. But when it comes to water-soluble vitamins like B-complex and C, eating raw vegetables may be the way to go. Studies have shown that cooking vegetables with water-soluble nutrients can deplete the amount of these nutrients from the vegetables and



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transfer them to the water. Unfortunately, there's no simple answer to this question. The only way to ensure you're getting the most out of your vegetables is to include a combination of both cooked and raw options.

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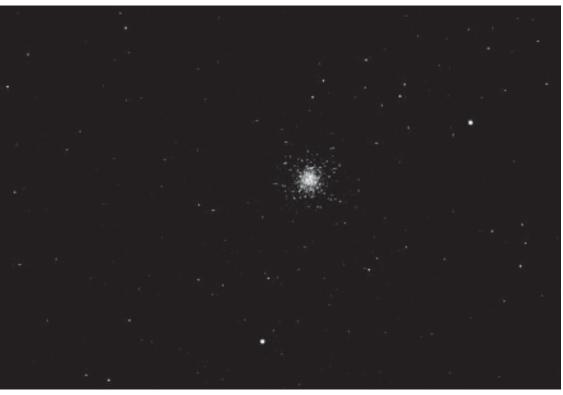
ASTRONOMY

The night sky of August

Professor Wayne Wooten

] or August 2011, the month starts with the waxing crescent moon in the western sky after sunset. On the 4th, it passes seven degrees south of Saturn in the SW sky, and reaches first quarter phase on August 6th. It is full moon on August 13th, which alas means that it will wash out most of the famed Perseid meteors. The morning of August 12th is the peak for the Perseid Meteor Shower, our best annual celestial fireworks show. If you have a dark sky site, you will see about a bright meteor every 5-10 minutes from midnight until dawn, despite the moonlight. They will seem to come out of the constellation Perseus, rising in the NE just before midnight. The waning gibbous moon passes 5 degrees north of Jupiter in the morning sky on August 20th, then three degrees south of reddish Mars on August 25th. The last two weeks find the moon waning in the morning sky, making the darker evening skies ideal for observing the Milky Way.

Mercury will be visible in the evening sky in early August, just to the right of the crescent moon on August 1st. But it soon gets lost in the sun's glare, where Venus also now lies. Mars is in the morning sky in Taurus, rising about 4 a.m. Jupiter rises in Aries about 2 a.m. at the start of August, and about midnight by month's end. It is at opposition on Oct. 29th, rising in the east at sunset and up all night. Those who are used to seeing Jupiter



The M-13 globular cluster in the constellation Hercules

will be glad to know its prominent south equatorial belt, which vanished last year, is apparently growing back to give the giant planet is two racing stripes again. And of course, the four Galilean moons are fun to watch with any backyard telescope. But the best telescopic treat its still Saturn, now moving eastward away from gamma Virginis in the southwestern sky. Enjoy the rings, now open about 8 degrees, for by the end of September it will be lost in the sun's glare in the west.

The Big Dipper rides high in the NW at sunset, but falls lower each evening. Good scouts know to take its leading pointers north to Polaris, the famed Pole Star. For us, it sits 30 degrees (our latitude) high in the north, while the rotating earth beneath makes all the other celestial bodies spin around it from east to west.

Taking the arc in the Dipper's handle, we "arc" SE to bright orange Arcturus, the brightest star of Spring. Cooler than our yellow Sun, and much poorer in heavy elements, some believe its strange motion reveals it to be an invading star from another smaller galaxy, now colliding with the Milky Way in Sagittarius in the summer sky. Moving almost perpendicular to the plane of our Milky Way, Arcturus was the first star in the sky where its proper motion across the historic sky was noted, by Edmund Halley.

Spike south to Spica, the hot blue star in Virgo. Look for Saturn to the upper right of Spica, and drawing closer to it night by night as Saturn revolves around the sun in its slow 30 year orbit. From Spica curve to Corvus the Crow, a four sided grouping. It is above Corvus, in the arms of Virgo, where our large scopes will show members of the Virgo Supercluster, a swarm of over a thousand galaxies about 50 million light years away from us.

Hercules is overhead, with the nice globular cluster M-13 marked on your sky map and visible in binocs as seen in the photo. It is a good approximation of the cluster as seen through the eyepiece of a 6" telescope at about 100X. Larger scopes reveal many more stars, of course. Several other good globular clusters are also shown and listed on the best binoc objects on the map back page.

The brightest star of the northern hemisphere, Vega dominates the NE sky. Binoculars reveal the small star just to the NE of Vega, epsilon Lyrae, as a nice double. Larger telescopes at 150X reveal each of this pair is another close double, hence its nickname, the "double double"...a fine sight under steady sky conditions.

Below Vega are the two bright stars of the Summer Triangle; Deneb is at the top of the Northern Cross, known as Cygnus the Swan to the Romans. It is one of the most luminous stars in our Galaxy, about 50,000 times brighter than our Sun. To the south is Altair, the brightest star of Aquila the Eagle. If you scan the Milky Way with binocs or a small spotting scope between Altair and Deneb, you will find many nice open star clusters and also a lot of dark nebulae, the dust clouds from which new stars will be born in the future.

To the south, Antares rises about the same time in Scorpius. It appears reddish (its Greek name means rival of Ares or Mars to the Latins) because it is half as hot as our yellow Sun; it is bright because it is a bloated red supergiant, big enough to swallow up our solar system all the way out to Saturn's orbit!

East of the Scorpion's tail is the teapot shape of Sagittarius, which marks the heart of our Milky Way galaxy. Looking like a cloud of steam coming out of the teapot's spout is the fine Lagoon Nebula, M-8, easily visible with the naked eye. This stellar nursery is ablaze with new stars and steamers of gas and dust blown about in their energetic births. In the same binocular field just north of the Lagoon is M-20, the Trifid Nebula.

Almanac

eather Watch: Remnants of a tropical storm (1,2,3); showers in the northern part of the region with storms in the south (4,5,6). Fair and less humid (7,8,9,10,11) turning warmer and more humid (12,13,14). Storms, some severe (15,16,17); fair and rather warm (18,19,20,21,22,23). Storms again (24,25) retuning to fair and hot temperatures (26,27,28). Remnants of tropical storm (29,30,31). young students ready for school, which opens soon after. Start by making a list of essentials they will need such as new clothes, school supplies, etc.

The Garden: August is typically hot and humid and your shrubs, plants and vegetables will need special attention. Monitor them all closely and water liberally during dry periods. Consider adding more mulch to help retain moisture. If you choose to water your lawn, do so only when wilted or discolored. If the weather is cool, Fescue can be sown to repair lawns in the last week of August. Early August is your last chance to plant annuals like Zinnias and Petunias for fall blooming. When pulling up spent annuals such as Poppies, Cornflowers and Larkspur shake them vigorously so their seeds will fall where you want them to grow next year. Be sure to

stop feeding trees and shrubs after August 15th. That will encourage new growth that will not have time to mature before winter.

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Tornado Watch: There is a chance of tornados in the Mid-Atlantic Region from August 12th to the 17th.

Full Moon: August's Full Moon rises on August 13th at 1:57p.m. It has been commonly referred to as Dog Moon for The Dog Days of Summer that end on Thursday, August 11th. It has also been called Full Ripe Moon or Fruit Moon because of the many summer vegetables and fruits that come ripe at this time.

Holidays: The Labor Day holiday is right around the corner so get your





COMPUTER Q&A

Back to the basics!

Ayse Jester

There are many easy to use commands and shortcuts located within Windows which are designed to save you time and increase productivity. Many times there are multiple ways to carry out commands' and it may be easier for some to follow one commands shortcut over another.

Copy

Ever want to copy information in a document or off the web? Instead of retyping the information you are able to copy the information and later place it in other locations. Remember when copying information to always follow the appropriate copyright laws. There are two main ways to copy information. (Note some software may block the ability to use this feature in one or more of the described ways. In addition, some programs may use alternate commands. See software's help section for more information on shortcuts within that software.)

Method 1: Using your mouse place your cursor over the beginning or ending of the text you wish to copy. Hold down the left mouse button while dragging the mouse and highlighting all the way to the



end of the text you wish to copy. If the text goes further down the page, placing your mouse at the bottom of the screen will allow you to continue to scroll down the page and continue highlighting. When you have finished highlighting all of the text you want to copy, release the left mouse button and right click inside the

highlighted text and select copy from the menu that appears.

Method 2: Following the instructions for method 1 up until right clicking the mouse to bring up the menu. Instead of using the mouse hold down the control key located on both sides of the spacebar. While the text is still highlighted and while holding down the control key press the C key.

Review:

Step 1. Highlight text using left mouse button and dragging cursor to end of text.

Step 2. While text is highlighted either

- a.) Right click inside highlighted area and choose copy from the context menu
- b.) Hold down the control key on the keyboard and press the C key

Cut

Sometimes you may want to move text instead of just copying text. Using the cut function will copy the text while also removing the text from the highlighted area. This will not remove text from places that do not allow user input such as a news article online.

Method 1: Follow method 1 instructions for copy but select cut from context menu instead of copy.

Method 2: Follow Method 1 instructions for copy but instead of right clicking with mouse, hold down control key on keyboard and press the X key.

Paste

Once you copy or cut something it is placed on an invisible clipboard. Note: You can only store one piece of information on your



clipboard at one time. If you preform the copy or cut function twice in a row you will only be able to paste the last item copied. Once the item is stored in the clipboard you may paste it in any editable field, for example an email, text document or instant message.

Method 1: Use your mouse to place the cursor where you want the text to appear. Right click your mouse and select paste from context menu instead of copy.

Method 2: Use your mouse to place the cursor where you want the text to appear, hold down the control key and press the V key. The text will appear where your cursor is located.

Using CUT, COPY, and PASTE, in Windows.

The above explanation uses text as an example of what you can do with the cut, copy, and paste functions. There are many other ways you can use these functions. For example, in Windows you can cut, copy, and paste files and folders within My Computer. Be cautious as the delete button is located in the context menu as well.

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Signs Technology has Taken Over Your Life

- Your stationery is more cluttered than Warren Beatty's address book. The letterhead lists a fax number, email addresses for two online services, and your Internet address, which spreads across the breadth of the letterhead and continues to the back. In essence, you have conceded that the first page of any letter you write is letterhead.
- You have never sat through an entire movie without having at least one device on your body beep or buzz.
- You need to fill out a form that must be typewritten, but you can't because there isn't

one typewriter in your house, only computers with laser printers.

- You think of the gadgets in your office as "friends," but you forget to send your father a birthday card.
- You disdain people who use low baud rates.
- When you go into a computer store, you eavesdrop on a salesperson talking with customers, and you butt in to correct him and spend the next twenty minutes answering the customers' questions, while the salesperson stands by silently, nodding his head.

LIBRARY NOTES Cultures among the stacks

Caroline Rock

pparently, I am a Dragon. The ADragon represents dignity, authority, luck, and success. It is also arrogant, impatient, over-confident, and highly critical. The Dragon is warned not to marry the Ox, but in her arrogance, that's exactly what she does. As punishment, she gives birth to Beowulf, Aerin Fairhair, and St. George.

Are those references too protracted? That's okay. My children wouldn't get it either.

While the Dragon is one of the most highly regarded animals in the Chinese zodiac, it has long been considered a symbol of evil and ruin among Judeo-Christian cultures. I guess that makes sense. People with the kind of power I have can't help but leave a little devastation in their wake. Yin and Yang. Ouroboros. And, hopefully, Karma.

I've been feeling multicultural lately. Recently I read two books around which there has been some Newbery buzz. Dogtag Summer by Elizabeth Partridge is the story of twelve-year-old Tracey, whose mother was Vietnamese and father was an American soldier. Tracey is now living with her adoptive family in America, but begins having flashbacks to life in her war-torn homeland. With Tracey's strange dreams and the discovery of mysterious dogtags in the garage, Tracey's dad, a struggling Vietnam vet, begins to spiral into alcohol and silence, and the family balances dangerously near collapse. The story was all right, but I felt the father's inner turmoil was too easily resolved, and he was conveniently given a colossal opportunity to prove to the local hippies that he was not a baby killer.

The second book, Thanhha Lai's Inside Out and Back Again tells how Ha and her brothers escape Vietnam with their mother just as

the Viet Cong come to their village. The family flees to the United States and makes its way to Alabama, where kind-hearted people sponsor them and help them adapt to life in America. But Ha speaks no English. Her clothes are not appropriate, and her manners are strange to the other children at school. Based on the author's own childhood experiences, and told in flowing free verse, this book poignantly reveals the pain and confusion the refugees must have felt when they came to our country.

When I was about ten years old, our church sponsored a family of refugees from Vietnam. I have a cloudy memory of helping my father and our pastor carry boxes of food donations up a flight of rickety wooden stairs to the apartment of a young couple. The place was small and dirty, but brightly lit since there were no curtains at the windows. There were ants crawling along the counters and table in the kitchen, and food sitting uneaten in bowls. I remember thinking that these people must be so excited, kind of like I was when our family packed up and went to Ocean City for a week or two each July.

We carried the boxes in, pushing aside the mess to make room, and then stood there smiling and chatting with these people who, clearly, did not understand a word we said. The woman wore a huge smile, but tears rimmed her eyes. I wonder now, after reading Thanhha Lai's book, if this woman was happy and grateful (as I imagined then), or if she was terrified and humiliated.

In addition to these wonderful books for children, I just finished the latest book by Lisa See, Dreams of Joy, which is the sequel to the beautiful Shanghai Girls from 2009. Lisa See is an author I recommend frequently at the Emmitsburg Library. Her stories are rich with Chinese culture, a banquet for the senses, and a "great leap forward"

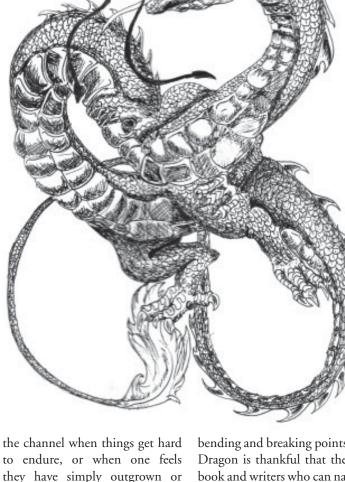
from the typical romance or thriller novel.

I know next to nothing about China in the 1950's, so I was riveted reading about the fear, the hunger, and the utterly bizarre manner in which Mao controlled the people of the country, told from the perspective of an ideological girl. The girl, named Joy, reminded me a bit of myself at that age, and more of my own Horse daughter, now in her twenties and metaphorically packing her bags to set off for a metaphorical China she believes is holding its metaphorical breath to welcome her. Ah, well. I have read the book and I know how it ends!

As I write this, I am also looking forward to seeing the movie adaptation of Lisa See's Snow Flower and the Secret Fan, although I fear it will not be playing in any nearby cinema. I loved this book, but my favorite of Miss See's is certainly Peony in Love. There was something surreal and mesmerizing about Peony's story-a young Chinese girl who pines away for love to her death, and is left wandering the world as a hungry ghost. But maybe I really liked it because it was a testament to the power of literature.

Perhaps, Dragon that I am, my attraction to these books is based on the common theme of leaving what is old and familiar and stepping into a place that is strange and possibly unfriendly. Dragons are allegedly restless for new adventure, although, aside from reading some science fiction as a teen, I have never felt myself particularly restless or adventurous. More precisely, though, many of these characters left a world that was becoming increasingly hostile, or at least unstable, to enter a world that promised protection or relief. I am sure I am not alone in being able to relate to that.

Everyone has left a job or ended a friendship or changed



to endure, or when one feels they have simply outgrown or outstayed the situation. While few of us have ever had to flee a Communist dictator or escape an invading army, we all have our

bending and breaking points. This Dragon is thankful that there are book and writers who can navigate us safely to unfamiliar worlds and wars, immerse us in their emotion and reality, and deposit us without a scratch on a wiser shore.



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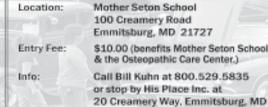
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St. John's Lutheran Church, Creagerstown (8619 Black's Mill RD) from 6:00 to 8:30 p.m. All children ages 3 to 12 are welcome. Pre registration can happen by calling 301-418-1760.

August 2

Strawberry Hills' Woods Women Walk - Calling all nature girls, moms and grandmothers, too! Gals of all ages are welcome to join us for this Woods Women Walk. We'll start at Norm's Nature Nook and head out to explore the Hill. We may just have such a great time that we'll make it a monthly event! Be sure to bring a water bottle and dress for the weather. For more information visit www.strawberryhill.org

August 6, 13, 20 & 27

Catoctin Mt. Parks' Blacksmith Shop Demonstration at the Blacksmith Shop in Camp Round Meadow. Our volunteer blacksmith will demonstrate and explain how metal is heated and shaped into useful and decorative objects. The Blacksmith Shop is located in Camp Round Meadow on Manahan Road. Please call the Visitor Center at (301) 663-9388 for further information.

August 7 & 21

Saint Anthony Shrine Yard Sale and Flea Market located at corner of US 15 and St. Anthony Road, Emmitsburg, MD. \$10/per spot. For more information, please call (240) 529-2737. Lunch rights (food sales) reserved for St. Anthony Parish.

MEATS

August 8 - 12

Fairfield's Fellowship Baptist Church Vacation Bible School. Fellowship Baptist Church invites all children to a Galactic Blast: A cosmic adventure in praising God. Each galactic mission includes a Bible story in the Good News Galaxy, along with science activities at the Orbital Observatory. For more information call 717-642-6767 or visit fellowshipbaptistpa.org.

August 13

much more! There will also be live music performed by The Barnstormers and Bailey's Crossing! A portion of our proceeds with be donated to the Land Conservancy of Adams County. We're Preserving Adams County.....One Peach at a Time!!! 545 Carlisle Road, Biglerville, PA. For more information call 717-677-9494 or visit www.hollabaughbros.com

August 16 - 21

The 89th Annual South Mountain Fair - A small country fair featuring rides for

August 21

St. John's Lutherna Chruch's Sing Fest featuring Rick Hill and others at the Chapel (8619 Black's Mill RD), Creagerstown. For more information contact Judy at 301-898-7218.

August 27

Thurmont Community Ambulance Service's 2nd Annual Flea Market, Car, Truck & Bike Show and Chicken Bar-B-Q on Saturday August 27. This event

will take place behind the Thurmont American Legion. The Flea Market will be held 8 a.m. - 2 p.m. with a 10x10 space for only \$10. The Car, Truck & Bike Show will be from 12 -4 p.m. Registration will start at 10am. There is a \$10 per vehicle entry fee. The Chicken Bar-B-Q will start at 11 am and run until we sell out. For more information or to reserve a flea market space, please contact Amy at 240-288-8119.



24/16.9 OZ. BTLS. SHURFINE **MUSTARD** SHURFINE 24 OZ. BOTTLE Available 8/13 ICE CREAM BARS 36 OZ. PKG. PARTY SUMMER SAVINGS! /\$5.00 ICE LIBRETEL 20 LB. BAG ^{\$2.50} **RUTTER'S** STAYCOOLI FRESH! ICE TEA We are receiving local corn from GALLON JUGS Taneytown & Arendtsville daily. LOCAL This corn is picked early in the SWEET morning & in the store for sale by Available 8/9 CORN! noon. **Taste The Difference!**

MOUNT ST. MARY'S UNIVERSITY

Wellness_Expo 2011

Free Admission

- Vendors*
- Fitness Classes
- Demonstrations
- Door Prizes ٠
- Kids Activities
- Samples
- Seminars

*Interested in becoming a vendor? Contact Lisa Martin, Expo Chair, at lmartin@msmary.edu or 301-447-3810

Eat Right + Be Fit + Live Well

"PARTNERSHIP IN EDUCATION" WITH EMMITSBURG COUNCIL OF CHURCHES

The Mount would like to thank the Emmitsburg Council of Churches for participating in our "Partnership in Education" providing supplies for Angel Rojas and Ariel Velasquez who will be attending the Mount this fall from Paraguay on full scholarship.

Although the scholarships cover the cost of their education, additional funds are needed to provide Angel and Ariel with the range of necessities college freshman require such as basic supplies for classes, dorm room toiletries, and other incidentals.

Participating Churches:

- Elias Lutheran Church
- Emmitsburg Presbyterian Church
- Incarnation United Church of Christ
- Seton Center Inc.

Supplies provided: Twin Extra Long Sheets

Wellness Expo Save the Date! September 10 II a.m.-3 p.m.

Knott ARCC

- Foam Mattress
- Towels
- Wash Cloths
- Blankets
- Bedspread
- Pillow
- Shower Caddy
- •Soap
- Soap Dish
- Aspirin
- First Aid Supplies
- •Shampoo
- Conditioner
- Toothpaste Toothbrush

CALENDAR OF EVENTS AUGUST

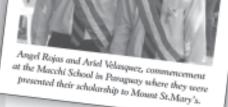
- 18Opening Day (Employees)
- 21-23 New Student Orientation
- 24 Classes Begin

<u>September</u>

3

- Cross Country 5K Duals 1 p.m.
- Soccer Double Header Women vs. St. Joseph's, Noon Men vs. Rider, 4 p.m.
- 10 Wellness Expo 11 a.m.-3 p.m., Knott ARCC

For more information on upcoming events visit www.msmary.edu or contact the office of university communications at 301-447-5366.







August 9, Tuesday 6-7pm rn your Bachelor's or M

- St. Anthony's Catholic Church
- St. Joseph's Catholic Church
- Tom's Creek United Methodist Church
- Trinity United Methodist Church

If you would like more information on the Partnership in Education program please visit www.msmary.edu/partners education or contact Bob Brennan, Vice President for University Advancement at 301-447-7432.

- Dental Floss
- Deodorant
- Razors
- Lotion
- Laundry Bag
- Laundry Detergent
- Dryer Sheets
- Hangers
- Alarm clock
- Personal Fan
- Desk Lamp
- Waste Basket



5350 Spectrum Drive | Frederick, MD | 301-682-8315 | msmary.edu/frederick

FAITH * DISCOVERY * LEADERSHIP * COMMUNITY